

To: High School Head T&F Coaches
From: Kyle Doperalski, Assistant Executive Director

Best of luck at regionals this week.

- Regional entries close today at noon central time. Please print confirmation of your entries if needed. A couple coaches needed them for verification last year.
- The high jump has to start at an “even” height such as 5-8. Not on odd height such as 5-7.
- The pole vault has to start at the exact foot or half foot, such as 9-0 or 9-6. It may not start at 9-1, 9-2, 9-3, 9-4, 9-5.
- It is very possible we’ll have more than 16 qualifiers at state in the vertical jumps because of [ties](#) for non-automatic qualifying spots at regionals.
- A great question from a coach last week: A1 is entered in three individual events and two relays. At the scratch meeting prior to the meet, the coach of Team A wishes to scratch A1 from one individual event to make room for A1 to participate in both relays. This is permissible and is laid out in case play 4.2.2 Situation B in the 2025 NFHS Track & Field Case Book.
 - There are four examples of this type of question on pages 25-26 of the [2025 KSHSAA Track & Field Manual](#).

State:

- When warming up for the 4x100, please have your athletes refrain from putting tape on the track surface on the east side as best possible.
- [Zoom webinar link](#) for Wednesday, May 28 at 7p with WSU Athletic Administration. The meeting will open at 6:55 p.m. and all questions will be through the chat function. A moderator (likely me) will read your question and the appropriate person will respond.
 - Meeting ID: 987 3800 8149
 - Meeting Password: 150692
- Here is a [map](#) of what the team camp areas will look like.
 - Notice there is no team camps on the southwest hill by the shot put.
- Teams will have access to the stadium at 3 p.m. **in this order** to set up team camp areas. If coaches want to pick up their packet on Thursday, they need to do so by 4:55 p.m. We will be closing that table at 5:00 p.m.
- If you need to update your relay line up after regionals, you may do so on the state meet link (not the regional link) on MileSplit between 7a-12p central time on Saturday, May 24. At 12:01p on Saturday, we are numbering the kids and no changes can be made.
- Relative to the last bullet point, please be mindful of this. Both of my years we have had innocent mistakes by a few coaches such as leaving kids off relays, etc. I really do want to help you because I don’t want kids excluded from the state meet. But after 12:01p on Saturday, I can’t help you. We have staff arriving Saturday and Sunday morning that work the entire weekend to help get everything turned around and ready for the meet as quickly as we possibly can.

- One of the steps KSHSAA and WSU are taking to improve the 4x800 check in a clerk process is putting tents on the north portion of the infield where they check in. It will not be big enough for everyone to stand under, but it will also be more than what we've had in the past. This is one of a few things we're doing to try to make that experience better while also verifying what is needed from an officiating/clerking standpoint. As was the case last year, we're evaluate how this goes this year and make necessary adjustments for next year.
- Later today we are printing the list of assistant coaches who have fulfilled the requirements including attending the online rules meeting. If your AD hasn't listed an assistant coach in the T&F directory and verified they have fulfilled the requirements, they will not be given a wristband at packet pick up which means they will need to pay to get into the meet.

Wheelchair

- I am in desperate need of any wheelchair results throughout the state this year. Right now I'm only aware of two girls and one boy wheelchair competitor in the entire state. The top 16 times in each gender qualify for the state meet. There is a qualifying mark in converted from the wheelchair 1500m. If you have a wheelchair athletes that complete a race, they are likely to qualify for state by just finishing the race. We want to make sure they are listed in the program. Right now, only the three I know about will be in the program and on the heat sheets. I don't want to miss anyone.