

SWIMMING & DIVING ANNOUNCEMENTS – May 6



2025 GIRLS STATE CHAMPIONSHIPS

The Girls Swimming & Diving State Championships will take place May 22-24 at the Capitol Federal Natatorium-Hummer Sports Park in Topeka.

Click [HERE](#) to access information including a link to the schedule.

IMPORTANT DATES

Sunday, May 18	5:00 PM Swimming & Diving State Entries DUE to the KSHSAA
Tuesday, May 20	10:00 AM Swimming & Diving State Pass Gate Info DUE to the KSHSAA
Tuesday, May 20	NOON State Championship Merchandise Presales – Team Orders DUE
Wednesday, May 21	6:00 PM Zoom Meeting with 6A Participating Schools (Head Coaches)
	7:30 PM Zoom Meeting with 5-1A Participating Schools (Head Coaches)

SUMMER MORATORIUM = JUNE 30 - JULY 6, 2025

There shall be NO school related athletic activities. During this time coaches (licensed teacher coaches and coach aides employed by member schools) shall be prohibited from engaging in any type of activity involving student athletes whether it be practice, training, weightlifting, conditioning, competition or travel. All member school athletic facilities will be closed during this period to school personnel and students grades 7-12. If member school athletic facilities also serve as non-school community recreation facilities, these facilities may remain open during the moratorium so long as no school teams are playing, and no school coaches are coaching the teams/individuals. During this one-week dead period, students may attend camps or competitions but may not do so with their school coaches. Click [HERE](#) for more info and interpretations.



GUIDANCE FOR COACHES & ATHLETES

If you ever have questions about what coaches and athletes can or cannot do during the school year (outside the season of sport or during the season of sport) or during the summer, please click [HERE](#).

NFHS Rule 3-3-6: Divers may wear tape or wraps for support and may also use temporarily applied adhesives. Swimmers may use tape to treat a documented medical condition, BUT their coach must provide the referee with signed documentation from an appropriate health-care professional (may be an athletic trainer) before permitting a swimmer to compete.

KSHSAA Rule #30 (Section 2, Article 2): A student who is enrolled at the start of a season of sport, must be a member of the squad for the majority of the scheduled varsity contests, in order to be eligible for postseason competition. Majority means over half. Thus, for schools with a 10-meet schedule, a team member must participate in at least 6 of the 10 meets to be eligible to compete in the state meet.

KSHSAA Rule #40 (Section 2, Article 4): No student representing a member school shall participate in more than 10 meets during a season, exclusive of the state meet.

SCHOOLS WITH COOPERATIVE AGREEMENTS

The KSHSAA policy requires that cooperative agreement teams in quasi-team/individual sports (including swimming & diving) compete separately at postseason (state) competition. Leagues have the option of requiring cooperative teams to separate for league championship events. **RELAY EVENT state qualifications must be achieved during the regular season by individual schools.** In other words, if 3 students from School A and 1 student from School B swim together and earn a state qualifying time in a relay event, it cannot be used as an entry qualifying time for either school. For more information, review carefully the K- Form signed and agreed to by each school involved in a cooperative agreement.

STATE MEET ENTRIES - SWIMMING

Team Manager Entries (zip file) must arrive to rgarman@kshsaa.org by **5:00 p.m.** on **SUNDAY** before the state meet (**MAY 18**). **An entry fee of \$10 per contestant per individual event and \$25 for each relay team is required, and participating schools will be invoiced.** The meet will be conducted according to the 2024-25 NFHS Swimming & Diving Rules Book. Entries will be governed as per Rules 3-1-1 (maximum of four entries in an individual event and one team in a relay event), 3-2-1 (maximum of four events per competitor, no more than two of which may be individual events), and 3-2-2 (once officially entered, competitors shall compete in all races unless scratched or legally declared false start). Entries in all events will be limited to those who have met the minimum performance “consideration” standards published in the 2024-2025 Swimming & Diving Manual and on the KSHSAA Website. Qualifying standards must have been met during this season in interscholastic competition.

SEND THE BEST TIME OR SCORE WHICH THE SWIMMER OR DIVER HAS PERFORMED IN COMPETITION THIS SCHOLASTIC SEASON. ENTRANTS MUST PARTICIPATE AS LISTED IN TEAM MANAGER. NO CHANGES WILL BE PERMITTED UNLESS AN EMERGENCY EXISTS.

PLEASE BE ABLE TO PROVIDE PROOF OF THE MEET AND THE DATE THE QUALIFYING/CONSIDERATION STANDARD WAS MET.

- Qualifying/Consideration swimmers must be submitted via TEAM MANAGER in the same file.
- All entries with qualifying time standards will compete.
- If more than three (3) full heats qualify (24), additional lanes will be filled with consideration times.
- Use the correct **TEAM ABBREVIATION** as listed on pages 30-31 of the 2024-25 KSHSAA Swimming & Diving Manual.
- Be sure to **include qualified divers** in your TM entries.
- Include **grade levels** of athletes.
- You may list a swimmer with multiple individual consideration times; however, events will be filled in order.
- All athletes **MUST** be entered via Team Manager to compete in a relay.
- **Relay names must be identified in entries - four alternates per relay allowed (8 total names per relay).**
- Rule 3-2-3: “In each relay event, eight individuals may be designated, and it shall not count as an entry unless the competitor actually competes in the event. Any of these eight individuals may swim provided he/she does not exceed the (four) permitted entries for the meet.” Relay Cards will be provided in coach packets upon arrival and must be completed/submitted with names prior to the start of the meet.
- **A preliminary psych sheet will be emailed to coaches on Monday afternoon. A final psych sheet will be emailed to coaches Tuesday afternoon and then posted on the public website on Wednesday by noon.**

Scratches and declared false starts (DFS) should be taken care of during the Zoom Coaches Meetings on May 21 or prior to the start of the event. Empty lanes due to scratches and/or declared false starts will be filled by alternates.

STATE MEET ENTRIES – DIVING

Diving entries are due by **5:00 p.m.** on **SUNDAY** before the state meet (**MAY 18**).

Along with head coaches submitting divers in their TM entry file, eDive will be used again this year for dive coaches to submit dive entries. When signed-in on the KSHSAA site, school administration and coaches may go under “Activities – Swim & Dive” to access **detailed, step-by-step instructions to submit eDive entries**. Please note the meet host email is: hammerdiving@gmail.com.

Schools are also required to scan and email to rgarman@kshsaa.org an athlete’s qualifying dive sheet with a ref’s signature as proof of qualification including both score and DD from either a 6-dive or 11-dive regular season meet. A 6-dive sheet must include all 5 dive categories: forward, back, inward, twisting, and reverse.

- The State Meet is an eleven (11) dive meet. Therefore, divers must complete the minimum 11-Dive DD qualifying standard at the State Championship Meet.
- Coaches will receive a printed dive sheet for each of their entered athletes upon arrival at the Pass Gate.
- All diving sheets must be completed, signed by the athlete and coach, and submitted to the diving referee an hour before the start time of the diving preliminaries. This will give the diving referee time to check all sheets. See NFHS Swimming and Diving Rule #9 for more details.
- Diving judges are selected from those schools with diving entries. When your State Meet entries are sent to the KSHSAA, you must submit the name of a qualified diving judge (not necessarily the diving coach). Please list their name in the area provided on the pass gate list. This person must be an adult. The names of the judging panel will be assigned by the KSHSAA. The schools who are selected to provide a judge will be notified prior to the meet.
- Divers may warm up for 90 minutes prior to the start time of the diving preliminaries (6A = 9:30 & 5-1A = 4:30) on Thursday, May 22. All Divers will be permitted to complete the preliminaries (5 dives). Diving semifinals, top twenty (20) divers, for each class will be conducted following their preliminary session on Thursday. A 45-minute warm-up will be provided between prelims and semis.
- *The diving well will be open for practice on Friday, May 23 following the swimming preliminaries. 6A diving finalists may only practice after the 6A swimming preliminaries session, and 5-1A diving finalists may only practice after the 5-1A swimming preliminaries session.*
- Diving finals, top sixteen (16) divers in each class, will be conducted as **Event #1** during the combined swimming & diving finals on Saturday, May 24 (6A = 9:00 a.m. & 5-1A = 4:00 p.m.).

2025 DIVING WEEKS – GIRLS (Reference NFHS Rule 9-4-6)

Week 8 (May 5-10) = Inward Group

Week 9 (May 12-17) = Twisting Group

Week 10 (May 19-24) = Reverse Group

PASS GATE FOR TEAMS/SCHOOLS

The Pass Gate document must be submitted online to the KSHSAA by **10:00 a.m. on May 20**.

Keeping numbers per school to a minimum is appreciated due to limited deck/team area.

Only those listed on your school’s Pass Gate List will be admitted.

- Only coaches meeting KSHSAA requirements and in their school’s KSHSAA database will be listed.
- Be sure to include the name of a diving judge if your school has divers qualified.
- Two Student Manager Limit
- One Student Media per school (Must be listed on school’s Pass Gate and present school’s KSHSAA Media Pass upon arrival.)