

Rule 9

FALL and CHRISTMAS MORATORIUMS

Section 1: General Regulations (apply to grades 7-12)

CHRISTMAS HOLIDAY PRACTICE/ACTIVITIES

Art. 1: The Executive Board shall establish a consecutive five-day period (including December 25) where there shall be no school practice or interscholastic contests or activities.

- a. There shall be no interschool activities.
- b. There shall be no staff members present for any interscholastic activities.
- c. There shall be no staff members present for any interscholastic activity practice in activities under the jurisdiction of the KSHSAA.

Art. 2: There shall be no group interscholastic activity practice either on or outside school premises under supervision of school employees.

Art. 3: Music groups may perform, provided there is no practice in the school facilities and their performance is locally and on a volunteer basis only.

Art. 4: Trips by school activity students or groups are permissible, provided the students do not participate physically in any activity related to interschool activities.

Section 2: Senior High Regulations

FALL ATHLETIC BUFFER WEEK

Art. 1: There shall be no athletic practice, off-season conditioning, informal basketball shooting, working out on wrestling mats, etc., in **school-owned** facilities during the Fall Athletic Buffer Week, commencing on Monday of Standardized Calendar Week (SCW) #19, through Sunday, SCW #20. Athletic activities of this nature may not be held under the supervision of a school staff member in non-school facilities. This means a **moratorium** on all school-sponsored **athletic** activities during this week.

Gymnasiums shall not be open to the students during the Fall Athletic Buffer Week for the purpose of shooting baskets, working out with weights, etc., **outside of school hours**. Noon hour and physical education classes are considered part of the school day.

The Fall Athletic Buffer Week does not eliminate football practice for those senior high schools who qualify for football play-offs until such time their football season is over. The same applies to the gymnastics program.

EXCEPTION: Players, no more than three boys and three girls from each participating school's basketball team, will be allowed to participate in clinics designed to promote and improve basketball officiating prior to SCW #20. The following restrictions will apply:

- a. The clinic must be approved by the Kansas State High School Activities Association
- b. Students may participate in only one such clinic per year.

Section 3: Middle/Junior High School Regulations (See General Regulations)