Celebrating Title IX
1977 Girls Cross Country Team State Champs

Class 3-2-1A - Garnett
Pictured - Taylor Briggs, Chapman

Class 5-4A - Manhattan

1977 Individual State Champs
W. Warner, Shawnee Mission West
D. Matthew, Wellington

Pictured - Taylor Briggs, Chapman
Photo by Jeff Jacobsen Action Images Photography, Inc
Celebrate – With Eyes Wide Open

As we head back to school for another year, there are plenty of reasons to celebrate, but we must do so acknowledging and addressing the on-going health challenges in our school communities, across the state, and well beyond the Kansas border. Just like any other August, we are preparing for the start of the school year and having students and staff preparing to engage in teaching and learning which results in student achievement – and that is certainly worthy of celebration.

In addition to the celebration of the start of the year, it is appropriate to applaud and celebrate the medical accomplishments realized in the past year. With a vaccine now available, we have a resource that did not exist a year ago. However, any tool is no good unless it is used. As educators, it is my hope we continue to teach the significant benefit of the vaccination as the best science available to diminish the impact of COVID19. While variants are real, the vaccine will inhibit the spread and also reduce the symptom severity for those who are fully vaccinated. Vaccinations, coupled with continued adherence to good hygiene an appropriate respiratory etiquette, and using testing for screening purposes, provide the best chance for school and activities to continue.

In this particular year, we are also celebrating two significant anniversaries. First, we are certainly fortunate to stand on the shoulders of giants, those who have gone before us and worked diligently in order that we can now benefit from their efforts. Specifically, we celebrate the upcoming anniversary of Title IX and the many leaders who were icons in providing opportunities for our girls to participate in a well-rounded activity program. Please look for our 50 Stories in 50 Weeks as we celebrate the trailblazers who laid the groundwork for activity opportunities for Kansas girls. While we are not done with this work, the continued growth for our girls is worthy of celebration.

Finally, we will always be seeking opportunities to inspire service leadership. One such program which fosters student service in schools and communities is KAY. The Kansas Association for Youth is celebrating 75 years of modeling and teaching this service mentality for middle and high school students. If you do not have KAY in your school, please reach out to KSHSAA and we will support your school in the implementation of this program.

As we celebrate, we know Kansas students will need their coaches, sponsors, teachers and administrators in order to establish a cadence of success with an anticipated normal rhythm in learning and growing this year. We look forward to a year of success and celebrating with you.

Bill Faflick
Executive Director

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Officials Spotlight - Women in Officiating

By Brad Hallier

It was 1990, and Fran Martin was coaching the El Dorado High School girls basketball team during the midseason Lady Wildcat Classic.

As Martin's team took the floor, she noticed something unique about the referee crew - it was all female.

Among those in stripes that night was Meredith Grusing, who recruited Martin to join the track team at Hutchinson Community College while she played basketball for the Blue Dragons.

Martin took note of the rare moment. An all-female referee crew, which is still far from ubiquitous in 2021 but was even more so in 1990.

Others sitting in the stands took note too, but didn't have the same reaction that Martin or her players did.

“For my kids to see three women officials in 1990 was huge,” said Martin, who is now KSHSAA's Assistant Executive Director. “But the fans were horrible. They had to throw one out.”

Women sports officials, referees and umpires have become more mainstream, from youth sports to professional. Sarah Thomas has been a full-time NFL official since 2015. There are five full-time female referees in the NBA. Nine women worked in Major League Soccer in 2020, including Kathryn Nesbitt, who was named the league's Assistant Referee of the Year and was an assistant referee for MLS Cup.

Kansas has had its share of pioneering women officials, which helped pave the way for Martin, who continues to officiate volleyball and basketball; soccer referee Naomi Omenski; and multi-sport official Carmen Doramus-Kinley.

The late Clemma Stone was the first female to officiate a boys basketball game, at the Tournament of Champions in Dodge City no less, in 1962.

Stone’s impact on Kansas girls athletics went deeper than officiating. A multi-sport athlete and graduate of Barnard High School in Kansas, Stone had a 30-year teaching career in physical education. She also coached girls basketball, volleyball and track and field.

Grusing was likewise a pioneering official, known for her wit and work ethic, as well as her whistle and sternness.

Andover Central softball coach Rita Frakes was close friends with Grusing, who died after battling pancreatic cancer in 2009. Through their friendship, Frakes said she learned to watch how officials worked and ways to handle disagreements.

“She was a good official with the kids,” Frakes said. “She was proactive. She talked to them. She tried to keep them calm, but she would talk them up if she had to. I learned to appreciate and respect (umpires) a great deal. If you talk to them, like saying ‘Yes sir’ and ‘No ma’am’, you’ll get a lot further along the way if you treat them right.”

Even up to the months before her death, Grusing was constantly on the move. A volleyball official who worked six state tournaments, and a collegiate basketball referee, Grusing was one of the most trusted officials in Kansas.

“I believe coaches respected her and players were glad to see her at games,” Frakes said. “That’s when you know you’ve done a good job, when players are saying, ‘Oh man, I’m glad she’s our official.’ ”

Doramus-Kinley has continued the legacy of pioneering women officials in Kansas. She has officiated state volleyball and state basketball tournaments. What could be next for the Clearwater native?

How about a state championship football game?
“I started football in 2019. My husband (Keith) was asked if he could put together a crew, and he asked if I would help,” Doramus-Kinley said.

Doramus-Kinley knows that football, and the officiating profession in general, is male dominated. But, just maybe, she can help alleviate that stigma.

“Only a couple of women do high school football in Kansas,” Doramus-Kinley said. “Some encourage it, and some say, ‘You shouldn't be on the field.’ I'm out there working and deserve to be seen as an official, and not just as a woman.”

Doramus-Kinley may have already made a slice of history. Last year, after officiating the Class 4A state volleyball tournament on a Friday, Doramus-Kinley moseyed across the parking lot to Gowans Stadium to help referee a Class 5A football playoff game between Newton and Hutchinson.

State volleyball and a playoff football game on the same day.

While female officials are still slowly breaking into male sports, it is more common to see female officials working volleyball, girls basketball, softball, etc. One sport that appears to be an exception is girls soccer.

This spring, Omenski was one of a couple females to work the three KSHSAA state girls soccer tournaments, although Omenski said she has worked with all-female crews at Missouri high school state tournaments.

Omenski said that there doesn't seem to be as many women working soccer games in and around Kansas City, a hotbed of youth soccer.

“I wanted to see more females in the middle,” said Omenski, who also referees at the college level and has worked under-23 games. “I wish I had the solution for that, to get more girls in the middle. It's kind of a cultural thing - we have good young females, they go to college, meet a guy, have kids, and they stop reffing.”

As the overall number of officials nationwide continues to dwindle for many sports, one possible way to alleviate the shortage is actively recruiting more women.

“We are really trying to encourage young women to give it a shot when they get out of high school,” Martin said. “Women in officiating have the ability to move up quickly. It's a blessing and a curse. They can move up to the college level in two or three years, but then we lose them. We need more women officials to be role models for our young women.”

Doramus-Kinley said she knows what kind of impact being a woman official can have, especially on the football field. In addition to seeing girls in the band or cheering on the sidelines, younger girls might want to emulate a woman in a referee uniform.

“Hopefully, that little girl in the stands says, ‘Mommy, Daddy, maybe I can do that too,'” Doramus-Kinley said.

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**Staff Directory Updates**

All administrators and coaches have their own unique password to use when logging in to the KSHSAA website. Administrators and coaches can change this password at any time by using the Update Password link found after logging in to the website. School administrators can view the passwords of their entire coach/sponsor staff and should initially be prepared to provide this information to all the coaches and sponsors at their school. Any administrator, coach or sponsor can use the Forgot Your Password link on the login page to retrieve their new password.

**Assistant coaches and sponsors should be listed in the online directory for every activity.** When going through the Update Directory process, click on the Assistants link next to the head coach information and add all assistants for that activity. When updating information for either head or assistant coaches/sponsors, schools should provide the status (Licensed Teacher, Rule 10-Supervised or Rule 10-Unsupervised) of every coach/sponsor working in their school's activity program. For existing coaches, click the Update link to provide this information. For new coaches you will be prompted to add this information as you provide the name and contact information of the coach/sponsor.

School administrators should track the coach/sponsor requirements through the KSHSAA website. To view a status summary of the requirements for a specific coach, click the Coach/Sponsor Requirements link at the top of the page and then select the activity. **The CPR/AED coach/sponsor training requirement should be tracked here by recording the date the training was completed.** You may also track the mandatory concussion education and mandatory heat illness education (certain activities) requirements on this page.
Health & Safety Education/Training Requirements

Please be reminded of the following education and training requirements related to student health and safety:

1. Coach CPR/AED Training Requirement (Handbook Rule 10-1-9)
   Any person serving in the role of a head or assistant sport coach/aide or a head or assistant activity sponsor/aide in a KSHSAA member school shall be certified or trained in Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) administration.
   - Certification/training is valid for two years from the date of training.
   - Online only training courses are not acceptable. There must be a hands-on component to the certification/training program.
   - School administrators are responsible to maintain proof of current certification/training for each coach/sponsor through the KSHSAA website.
   - Potential sources for training or locating an instructor:
     • American Heart Association
     • American Red Cross
     • American Safety & Health Institute / Medic First Aid
     • National Safety Council
     • School nurse or athletic trainer
     • Local emergency personnel: EMTs, fire department, police department
     • Local hospital

2. Concussion and Head Injury Education Requirement
   On an annual basis and PRIOR to the first practice of the season, ALL coaches, student participants and school administrators responsible for event coverage are required to complete a concussion education program. This requirement includes cheer and dance sponsors and participating students. Students and coaches involved in more than one sport only need to complete this training one time each year. It is recommended the program be completed prior to the start of practice during preseason team meetings or coaching in-service. Schools may choose to utilize the free “Concussion in Sports” and the “Concussion for Students” courses found at www.nfhslearn.com.

3. Heat Illness Prevention Education Requirement
   On an annual basis and PRIOR to the beginning of fall sports practices, fall activity coaches/directors are required to complete a heat illness prevention education program.
   - This requirement applies to all Fall sport coaches.
   - This requirement applies to all Fall activity sponsors of activities taking place in potentially hot/humid environments including all cheer, dance and marching band sponsors.
   Schools may choose to utilize the free “NFHS Heat Illness Prevention” course found at www.nfhslearn.com.

Additional information related to items #2 and #3
   - Group educational settings are encouraged.
   - Schools may choose to work with local healthcare providers to offer in-person educational sessions to meet these requirements. These educational sessions should cover signs and symptoms, and appropriate management of these conditions.
   - Additional information and suggested resources for meeting these requirements can be found at www.kshsaa.org/Public/PDF/CoachEdRequirements.pdf.
   - School administrators can maintain tracking of these requirements through the KSHSAA website.

KSHSAA Pre-Activity Timeout

Purpose: As a proactive communication measure, schools are expected to designate a time prior to the start of any interscholastic contest to share event critical information with stakeholders. The following information should be shared/reviewed prior to the first contest at each location:

1. Introduction of home and visiting administration on duty (identify primary point of contact).
2. Identify the location of athletic trainer(s) or other qualified medical professionals.
3. Identify the location of the AED(s).
4. Identify emergency entrance/ exits for the facility.
5. Identify the storm shelter location and communication plan for evacuation.
6. Identify the rapid body cooling plan (location of cold water immersion tub).

7. Identify the communication plan for leadership.

8. Identify the communication plan for respective groups (students, coaches, fans).

9. Identify any special events or concerns relative to the event.

These nine items are to be reviewed prior to the event by the ranking school leader of every school involved in the contest. Each participating school is to be represented in this pregame meeting. If an administrative representative is not in attendance, this responsibility belongs to the head coach.

AED Checklist

Sudden Cardiac Arrest (SCA) is the number one cause of sudden death in student-athletes during activity. In the event of a sudden cardiac arrest episode an automated external defibrillator (AED) can save a life. Each minute defibrillation is delayed, the chance of survival decreases 10%. The following can serve as an AED checklist to be sure you are prepared.

☐ The AED is easily accessible at every practice/game location and available for use within 2-3 minutes (ideally it is onsite). The device is NOT in a locked or secured area where retrieval could be a challenge.

☐ Personnel are always available onsite who are trained in CPR and AED use.

☐ The AED is checked regularly to ensure it is working and the pads and battery are not expired.

☐ The Emergency Action Plan has been rehearsed PRIOR to the beginning of the season with everyone potentially involved in the emergency response.

☐ Someone has been designated to retrieve the AED if needed. This person knows the exact location of the device at all times.

Pre-Participation Physical Evaluation Form

The KSHSAA PPE is based on the most recent edition of the PPE: Preparticipation Physical Evaluation, 5th Edition publication. This edition was developed by the American Academy of Pediatrics and other supporting organizations.

Medical Eligibility Page:

This is a new page at the end of the PPE that requires a signature from the healthcare provider AND the parent/guardian. This page contains the student-athlete clearance and parental consent for participation and emergency treatment. This page can also be used to share relevant medical information with coaches (existing allergies, medications, medical conditions, emergency contacts) without needing to give them access to the full PPE.

Signature Requirements:

Healthcare providers must provide two (2) signatures. Page 3 (physical exam page) and page 4 (medical eligibility page) both require the provider’s signature.

Parents/guardians must provide three (3) signatures. Page 2 (health history page), page 4 (medical eligibility page) and page 5 (eligibility checklist).

A cover/instruction page is included with the PPE form outlining the requirements for each entity involved with this process. The current KSHSAA PPE form can always be found on the KSHSAA website.

The PPE is a very important form that should be reviewed closely by the appropriate school personnel. Even though the form may indicate the student is cleared for participation, there is still a lot of information contained in the PPE that has significant relevance for the student’s overall safe and healthy participation experience. Previous or existing conditions such as allergies, asthma, eating disorders, depression, anxiety, diabetes, cardiac conditions, sickle cell trait, concussion history and heat illness history should be indicated on the PPE and shared with the appropriate school personnel to ensure appropriate plans are in place to support these students. Be sure your school has a plan in place to appropriately disseminate the information on the PPE to provide a healthy and safe participation experience for all students.

Concussion Reporting Required

In an effort to continually prioritize student health and safety and minimize risk insofar as possible, the KSHSAA has established an online concussion reporting system where all KSHSAA member schools (BOTH high school and middle school) shall report to the KSHSAA all concussions sustained by their students in school-sponsored KSHSAA sports and activities.

The purpose of this data collection is to better understand concussion prevalence in students participating in KSHSAA sanctioned activities. Through long term concussion data collection, the KSHSAA can make better informed policy/rule decisions related to student safety.

If schools have a full-time athletic trainer, it is recommended that person be responsible to submit and maintain this information. If an athletic trainer is not available, schools have the flexibility to determine who is best suited to provide this information. Whoever submits the information will need to use their unique KSHSAA password.
Online concussion reporting to the KSHSAA is a two-step process:

1. Report any concussion sustained during practice or competition in a preseason or in-season, school-sponsored/KSHSAA sanctioned sport/activity as soon as possible after the injury.

2. Enter the date of return information once the student has received physician clearance and returns to full, unrestricted participation in that sport/activity.

The online reporting system can be found in the Sports Medicine and Safety area of the KSHSAA website, or on the activity specific web pages.

No personally identifiable information is collected in this survey.

**KSHSAA Cross Country Meet Host Guidelines & Recommendations**

KSHSAA member schools hosting cross country meets have unique responsibilities in regard to student-athlete safety compared to many other events. Due to the high number of competitors, size of venue, potential environmental factors and the nature of the sport itself, many different factors need to be considered in managing this type of event. The KSHSAA Sports Medicine Advisory Committee and the KSHSAA Executive Board have set the following guidelines and recommendations for any school hosting a regular season or postseason cross country meet.

**General Guidelines**

1. A written Emergency Action Plan (EAP) shall be in place for the competition venue. The EAP should be reviewed and rehearsed annually (at minimum) by anyone involved in the management of the event. A template to create an EAP can be found at www.kshsaa.org>Sports Medicine>Emergency Action Planning>Emergency Action Plan Template.

   - The EAP should be posted at the race site in high traffic areas such as the medical station, finish line/chute area, ticket booth/entrance, restroom area and concession stand.
   - The host school should distribute the EAP to all participating schools prior to the day of the meet. Distributing the EAP via email and posting it on the school’s website are simple ways to make it available to visiting schools.

2. An Automated External Defibrillator (AED) shall be onsite for every race. Personnel trained in CPR and AED administration shall be onsite.

3. Rapid cooling equipment (cold tub, ice towels, etc.) shall be onsite for every race.

4. Local emergency medical personnel should be notified prior to the day of the meet with information about the meet and the location of the race. Access points for emergency vehicles to the race site should be identified.

5. The host school(s) should make every effort possible to have appropriate medical personnel onsite to coordinate medical coverage of the event. Appropriate sports medicine personnel could potentially include athletic trainers, physicians, physician’s assistants, nurse practitioners, nurses, paramedics, EMTs and/or chiropractors.

6. Host school(s) should communicate well in advance with any participating schools regarding potential event modifications based on forecasted weather.

7. A pre-race meeting should be held with all coaches during which all aspects of the event are covered. Included in this meeting should be a review of the EAP checklist

**Pre-Race EAP Review Checklist**

- [ ] Identify Medical Personnel/Locations
- [ ] EMS Activation Procedures
- [ ] Ambulance Access Points
- [ ] AED Location(s)
- [ ] Rapid Cooling Equipment Location(s)
- [ ] Severe Weather Plan
- [ ] Participant Removal Guidelines Used by Meet Personnel

For the comprehensive set of guidelines and recommendations, go to www.kshsaa.org/Public/CrossCountry/PDF/CCGuidelines.pdf.
KSHSAA Football Preseason Jamboree

A preseason jamboree is an opportunity for member high schools to participate in a controlled scrimmage per the following conditions:

1. A jamboree consists of three (3) or four (4) member school teams. Two (2) team are not permitted. In addition, five (5) or more schools are not permitted.
2. Only KSHSAA member high schools may participate in a preseason jamboree.
3. A member school is limited to one (1) preseason jamboree date.
4. To participate in a preseason jamboree, a member school team must have completed ten (10) days of practice prior to the preseason jamboree date.
5. Each individual player must participate in at least nine (9) days of practice before that individual is permitted to participate in the preseason jamboree.
6. A preseason jamboree can be held no earlier than Friday or Saturday of SCW #8, so long as all other requirements are met. The 2021 dates are August 27 or 28.
7. Participating in a preseason jamboree is optional for member high schools (not required).
8. NO SCHOOL MAY RUN MORE THAN THIRTY-SIX (36) OFFENSIVE PLAYS ON A PRESEASON JAMBOREE DATE. For example, if the jamboree consists of four (4) teams, then each team can run twelve (12) offensive plays against each of the other three (3) teams. No individual player should be involved in running more than 36 offensive plays. Defense is another 36 plays.
9. Each preseason jamboree should be divided into sessions. Team A vs Team B and Team C vs Team D is considered one session. Once a session has been completed, a 5-minute rest period is required before starting the next session. The next session will involve Team A vs Team C and Team B vs Team D, etc.
10. The rotation of teams and where to run the plays from will be established by the participating head coaches prior to the start of the preseason jamboree. For example, some plays may be held on the goal line and others from the 40-yard line, etc.
11. No kicking or special teams are permitted.
12. We recommend schools develop contracts with those schools participating, so all know the details of the preseason jamboree. Please note: If only one (1) team shows up, the preseason jamboree cannot take place with two (2) teams.
13. All NFHS football playing rules shall apply with one exception: Coaches may be on the field to provide instruction.
14. The preseason jamboree shall be officiated by registered KSHSAA football officials.
   a. Consideration should be given for training of officials at these events.
15. Charging admission is up to the host school.
16. Supervision is the responsibility of the host school and all participating schools.

Interpretation:

The 36-play limit is established for each team. For example: In a 3-team rotation, varsity school teams may participate on one end of the field and sub-varsity teams on the other, with both teams getting 36 offensive plays for the event, provided that no player gets more than 36 plays, as stated in the guidelines.
Thank You

The KSHSAA would like to take this opportunity to thank administrators and staff of member schools and collegiate institutions for their assistance and cooperation in making their facilities available for many activities sponsored for Kansas middle/junior and senior high school students. In spite of the challenges encountered, leaders agreed to host and Kansas students were the beneficiaries. Without these schools and individuals, the entire KSHSAA program could not exist. We say with all sincerity, THANK YOU, and look forward to another rewarding year of school activities for Kansas students.

Share the KSHSAA Activities Journal with All Staff

Four times a year the *KSHSAA Activities Journal* is published and distributed to member schools as a means to provide timely reminders, interpretations of rules and share other important information. With the Activities Journal content now available to schools electronically, member schools receive fewer copies in the mail.

Articles and information in the Activities Journal are directed to administrators, coaches and activity sponsors. It is important for school administrators to share the content of the Activities Journal with their staff. In the past, some administrators have routed the Activities Journal among their staff (using the routing report on the back of each issue); some have photocopied specific articles. Now you may choose to send an electronic version to your staff. Regardless of the method you choose, we know you will understand the importance of sharing the Activities Journal with your staff.

We hope you find the *KSHSAA Activities Journal* informative and timely.

Communication Protocol

The *Journal* is designed to answer questions for school administrators. This edition provides updated calendars, beginning of year information, and fall activities information. This year, the KSHSAA will provide three more *Journals* (not one a month) with one dedicated to each traditional season of activities we administer and a final, end-of-year issue before schools break for summer. Between each *Journal*, be sure to look for a weekly email from the KSHSAA Executive Director and administrative team with timely content and important reminders.

KSHSAA Budget Hearing

The Executive Board will hold a budget hearing on Wednesday, September 15, 2021 at 11:30 a.m. in the KSHSAA office, 601 SW Commerce Place, Topeka, Kansas. The Association budget for the 2021-22 school year will be finalized at that time. All interested parties are welcome to attend.

Executive Board Meeting

September 14-15, 2021

The KSHSAA Executive Board will hold its meeting on Tuesday, September 14 and Wednesday, September 15. The meeting format will be announced in weeks prior to the meeting.

May We Direct Your Calls

KSHSAA staff members are not always available for incoming telephone calls. Travel, schedules and meetings may prevent them from accepting your call. Your call will be directed to the appropriate administrator or other available staff members. Voicemails may be left by using extensions.

**Bill Faflick, Executive Director** .......................... EXT: 303 (bfaflick@kshsaa.org)

- General administration of all KSHSAA activities and events requiring Board action, financial matters, eligibility interpretations, investigations, disciplinary and sportsmanship matters, student insurance programs.

**Annie Diederich, Assistant Executive Director** ... EXT: 306 (adiederich@kshsaa.org)

- Administration of Bowling, Gymnastics, KAY, Tennis and Volleyball programs, Hall of Fame.

**Rod Garman, Assistant Executive Director**......... EXT: 309 (rgarman@kshsaa.org)

- Administration of Soccer, Swimming & Diving and Scholars Bowl programs, director of Student Council.

**Jeremy Holaday, Assistant Executive Director** .... EXT: 322 (jholaday@kshsaa.org)

- Communication and sports information, administration of Baseball, Golf and Softball programs, Student Advisory Team, broadcasting, media.

**Mark Lentz, Assistant Executive Director**......... EXT: 307 (mlentz@kshsaa.org)

- Administration of Football, Wrestling and Track & Field programs.

**Craig Manteuffel, Assistant Executive Director**.. EXT: 305 (cmanteuffel@kshsaa.org)

- Administration of Speech & Drama, Music programs, Spirit competition groups, Spirit conferences, approved events.

**Francine Martin, Assistant Executive Director** ... EXT: 308 (fmartin@kshsaa.org)

- Administration of Basketball and Cross Country programs, Coaching School coordinator, Officials Liaison and Registrar.

**Brent Unruh, Office & Operations Manager** .......... EXT: 302 (bunruh@kshsaa.org)

- Office operations, personnel, sports medicine, wellness and health promotion, eligibility database, database administration, online support.

**Lori Brock, Financial Office** ............................ EXT: 312 (lbrock@kshsaa.org)

**Bob Maendele, .................................................. EXT: 329** (bmaendele@kshsaa.org)

- Information Technology & Printing Supervisor

Update Membership Directory

School administrators should update their online membership directory as soon as possible.

Update your school’s administrators, coaches (head and assistant) and sponsors, including correct email addresses, by using the school administrator login information emailed in July to building principals.
Board Adopts Policy on Anonymous Calls
The Executive Board adopted the following policy statement for use in Association publications, dealing with anonymous calls and letters pertaining to member schools:

“Anonymous letters sent to the KSHSAA shall be forwarded to the school administrator of the school in question by the KSHSAA Executive Director with no further action to be taken unless a violation is reported by the member school. Anonymous callers shall be informed that the KSHSAA staff has no authority to act upon anonymous calls or letters.”

Proper School Identification
Member schools are encouraged to adopt the KSHSAA policy of publishing and identifying member schools when hosting an activity.

The name of the city (where the post office is located) along with the name of the school is used by the KSHSAA in listing regional, sub-state and state information. To do otherwise leaves fans and the media wondering what school is involved. Examples are: Buffalo, Chaparral, Carroll, Central, Centre, Cheylin, Circle, Fairfield, Golden Plains, Mission Valley, South, East, Northwest, etc. There are five South high schools in the state of Kansas, four North high schools, two Blue Valley high schools (one in 6A and one in 1A), etc.

The KSHSAA encourages each member school to use the classification listing of high schools when identifying participating schools in their programs.

Media Information Available on Website
The KSHSAA provides a media information page on the KSHSAA website (www.kshsaa.org>Media). This page includes the complete “Media Relations Guide” which may be downloaded or printed. There is also a media listings page that includes news, radio and TV affiliates with current contact information.

Scholastic Achievement Certificates Mailed
The KSHSAA has proudly provided Scholastic Achievement Certificates to students who represented their member schools in activities in 2020-2021. These students were members of a team/squad or activity which maintained an average group GPA of at least 3.0 (on a 4.0 scale).

Senior High: A total of 4,200 Distinguished Scholastic Achievement Certificates (3.25-4.0 collective GPA) were sent to 207 teams/squads representing 32 senior high schools. A total of 1,258 Outstanding Scholastic Achievement Certificates (3.0-3.24 collective GPA) were sent to 34 teams/squads representing 17 senior high schools.

Middle/Junior High: A total of 1,906 Distinguished Scholastic Achievement Certificates (3.25-4.0 collective GPA) were sent to 94 teams/squads representing 23 middle/junior high schools. A total of 277 Outstanding Scholastic Achievement Certificates were sent to 14 teams/squads representing 7 middle/junior high schools.

The KSHSAA reminds its member schools applications for these certificates are online at www.kshsaa.org. Take time to reward high scholastic achievement among your active students.

Liability/Catastrophic Insurance is Mandatory
The Executive Board, for the 39th successive year, adopted a Liability/Catastrophic Insurance Plan for 2021-22. It is mandatory each member school pay its premium prior to students’ participation. Billings were emailed in May and may be found online when logged in with administrator credentials. Payments are due by September 1st, as are membership dues.

2021-22 Approved Schools
For a list of Approved Schools for 2021-22 please refer to www.kshsaa.org. The list of Approved Schools is posted and updated continuously. KSHSAA member senior high schools may not contract games or events with non-member schools who are not on the KSHSAA's list of approved schools.

Coach/Adult Supervisor Must Always Accompany Students
Some KSHSAA schools have programs in an activity with only one or two participants, and it is possible KSHSAA policy dealing with coach/faculty supervision may be overlooked.

No team (or student) shall represent his or her school at any time in connection with interscholastic competition unless accompanied by a coach or another appointed member of the school faculty.

EXCEPTION: A non-certified person may serve as the adult supervisor of activity students when appointed by the administrator, in areas where no coaching/directing takes place. The “adult supervisors” may not coach/direct as outlined in Rule 10. They may simply provide the transportation to and from the activity and be responsible for supervision. Activities which might be included in this area are debate, forensics, cross country, music soloists, tennis. If coaching is permitted to take place in these activities, the “adult supervisor” would not be privileged to provide that service.

All Entry Forms Found Online
All member school entry forms are now found online, by accessing the KSHSAA website (www.kshsaa.org) and signing on via the member school user ID and administrator password. Indexes for all forms are on the site, by activity and in numerical order by due date. All forms identified by letters (transfer, official's contracts, etc.) may also be found online via this method.

Entry forms may be signed by the principal or his/her designee, such as the athletic or activities director. Please note deadline dates for all participation cards and entries. Specific penalties will be enforced for late entries. It is the desire of the KSHSAA that all entries arrive on time so penalties will not be necessary.

PLEASE READ ALL FORMS CAREFULLY. Not all forms are sent to the KSHSAA office. Many forms are sent to the manager or director or the school hosting the activity/event. Please save time and ensure accuracy by sending forms to the correct person or school/office.
Checklist for School Activities Administrators

The items listed below provide a checklist to assist a school activities administrator in getting the school activity season off to a good start and to ensure all students and coaches have a smooth year.

☐ Conduct all interscholastic activity practices and competitions in accordance with local and state board of education and health authorities guidance.

☐ Crisis Response – Schools should develop and rehearse Emergency Action Plans for all performance, practice and competition venues used in all activities.

☐ Require any head or assistant coach/sponsor for any KSHSAA sanctioned activity to be certified OR trained in CPR and AED administration. Report completion on the KSHSAA coach/sponsor requirements page.

☐ Conduct a mandatory in-service on heat acclimatization rules and prevention of heat illness and proper hydration with all coaches/directors of athletic and activities programs (either in group setting or individually). Member schools are strongly encouraged to utilize the free “NFHS Heat Illness Prevention” course or an equivalent program for this purpose. **Must be conducted prior to beginning of sport/activity practice.**

☐ Require all coaching staff, school administrators responsible for event coverage and every student participating in an athletic activity (including spirit activities) to complete a mandatory concussion education program (either in group setting or individually). Member schools are strongly encouraged to utilize the free “NFHS Concussion in Sports” course or an equivalent program (must be conducted prior to the start of practice during preseason team meetings or coaching in-service). Students or coaches involved in multiple sports need only complete training one time during the school year.

☐ Review ejection policy with coaches. Any coach ejected from a contest (at all levels grades 7-12) will be required to successfully complete the “NFHS Teaching and Modeling Behavior” course online prior to coaching in their next event. (Next event would be defined as the next regularly scheduled day of competition. An ejected coach could complete a tournament in progress before completing the course requirement.) Course fee is $20. Recurring ejection(s) result in a requirement to repeat the course. **Send certificate of completion to KSHSAA.**

☐ Review ejection policy with student participants. Any player ejected from a contest for unsportsman conduct or behavior will be required to successfully complete the free “NFHS Sportsmanship Course” online prior to the KSHSAA and school reinstating his/her eligibility privileges. **Retain certification of completion in student’s file at school.**

☐ Review new KSHSAA ejection policy which requires all coaches, athletes or participant to be suspended from school games if they are ejected for physically assaulting an official.

☐ Login at www.kshsaa.org to check for forms that need to be sent prior to the start of the school year. Watch for packets of meeting information and rules exams mailed to your school.

☐ Remind head coaches of required completion of KSHSAA rules meetings in their respective activities. Basketball, swimming & diving, wrestling, baseball, softball and track & field coaches must complete a rules meeting scheduled later in the year. All sports rules meetings are available for attendance credit online.

☐ Recommend each activity sponsor read the KSHSAA Handbook which contains rules and regulations of the Association. Consider providing the head coach or activity sponsor with a copy of the KSHSAA Handbook and Activities Journal. Be certain sponsors and students participating in activities know the rules pertaining to eligibility, prizes, awards, season of activity limitations, contest limits and the importance of starting dates for each season.

☐ Communicate the school’s philosophy of interscholastic activities, especially responsibilities in sportsmanship, to coaches, sponsors, students and parents. Develop an activities handbook which establishes rules, regulations, expectations, practice guidelines and lettering criteria for each activity. Conduct a preseason parent/student-athlete meeting to review the handbook. Give parents a chance to have questions answered.

☐ Thoroughly check all requirements for any transfer student for whom eligibility is being considered, specifically in residence, age and scholastic requirements.

☐ Thoroughly check to ensure each student participating in activities has a valid Pre-Participation Physical Examination (PPE) and Concussion Information Form on file prior to practicing. For the PPE to be valid, it must be signed by a physician (MD, DO), chiropractor (DC), physician's assistant (PA-C) or Advance Practice Registered Nurse (APRN), as well as the parent/guardian and student.

☐ Each student participating in activities must also be submitted on the school's eligibility list prior to allowing participation in competition. Using your school’s user ID and administrator password, submit all eligible students through the KSHSAA website: www.kshsaa.org before competition.

☐ Thoroughly check for academic eligibility requirements for all students prior to entering them on the eligibility database.

☐ Thoroughly check the “citizenship” eligibility requirement ensuring each student is in “good standing” prior to entering them in the eligibility database.

Guidance Counselors and Eligibility Rules - Checklist

Guidance counselors play a key role in communicating KSHSAA eligibility rules. It is important all counselors be fully knowledgeable of the essential eligibility requirements students must meet to represent their school and participate in KSHSAA-sanctioned activities. Counselors are frequently asked by students to advise them on matters dealing with the preparation of, or changes in, their class schedules. In doing so, counselors should be sure they do not advise a course of action resulting in students forfeiting eligibility to compete in interscholastic athletics or activities through violation of KSHSAA eligibility rules, e.g.,
• scheduling a course for which the student has already received credit;
• permitting a student to be scheduled with fewer than five (5) full credit subjects, or equivalent;
• permitting a student to drop a course(s), and thereby placing him/her below eligibility requirements, including college or virtual courses.

Counselors should discuss KSHSAA interscholastic activity eligibility requirements with all students. Member school principals and athletic/activity directors should emphasize to all guidance counselors the importance of having copies of KSHSAA eligibility requirements on file at all times in the guidance office. An eligibility checklist, found online at www.khsaa.org, is provided to all KSHSAA member schools to assist students with eligibility issues. Please be certain all counselors and administrators are provided a copy of the checklist on page 39.

Online Eligibility Lists Must Be Filed for Participants

In 2021-22 Eligibility lists MUST be entered online. Login to the KSHSAA website and go to the Eligibility Section.

All students who represent a school in any interscholastic athletic, spirit and/or spirit group competition must be reported online through the KSHSAA website, on the KSHSAA Eligibility List, prior to the first event for that activity. The Eligibility List documents the student’s physical examination and parental consent, and acknowledges eligibility by the member school. Continuing with the 2021-22 season, Form CW, a non-athletic activity eligibility worksheet, can be found online for school internal use only.

Any student representing a member middle/junior or senior high school in any interscholastic activity must meet eligibility standards outlined in the KSHSAA Handbook. All activities (other than athletic or spirit/performing groups) have a statement of eligibility on the entry card or form which must be signed by the principal or superintendent.

FOR INSTRUCTIONS ON HOW TO ENTER ONLINE ELIGIBILITY, PLEASE LOGIN TO THE ELIGIBILITY SECTION OF THE WEBSITE

Non-Varsity Eligibility

Students representing junior varsity, B-teams, sophomore teams, etc., must meet all eligibility standards required of those students who represent schools in varsity competition, and MUST be reported on the Eligibility List, online.

Physical Examination/Consent Must be Documented

Please note on the Eligibility List and indicate the school has a Student Physical Examination and Parental Consent Report on file for each participant (indicated by date of examination and “yes” or “no”).

The physical examination rule (Handbook Rule 7) applies to any student who participates as a spirit and/or spirit competition group or as an athlete. Principals and coaches should check carefully to be sure no pupil participates in any type of interscholastic athletics until his or her physical examination form is completed properly and signed by the examining physician and the student’s parents.

No Physical = No Practice

Explain Eligibility Expectations in your Student Handbooks

Legal counsel for the KSHSAA, and past experience, suggests each school develop a student handout sheet which incorporates the information published on the KSHSAA physical examination form. This material provides an important summary of student eligibility concerns which should be brought to the attention of students and parents. Also, consideration should be given to incorporating this information into your student handbook. In addition to the information provided on the back of this form, schools may consider adding the following statements to their handbook.

1. Before a student-athlete is permitted to report for practice in a sport, he/she must have a physical examination documented by a completed form furnished by the school. The form requires the student gain permission of a parent or guardian.

2. You, as an individual involved in an activity offered at our school, are recognized as an official representative of the school and its community. Your conduct and sportsmanship on and off the school premises should display the highest possible standards.

Scholarship Requirements Rule 13 “Subject of Unit Weight” Defined

Scholarship Requirements Rule 13-1-3 requires a student to have passed at least five new subjects (those not previously passed) of unit weight, or its equivalency, the previous semester or the last semester of attendance. Member schools are reminded of the following interpretation, authorized by the Executive Board, relating to “subject of unit weight”:

Only those courses offered by a school where “credit” is given may be counted toward the above rule. Whether or not the credit is counted toward graduation does not nullify the course offering from counting, since a school may provide opportunities for “electives” for which they give credit, but do not apply them toward graduation.

A KSHSAA subject of unit weight is synonymous to the Kansas State Department of Education (KSDE) definition of one half unit of credit.

The KSDE accreditation regulations define a unit of credit as follows:

A unit of credit means one unit of credit earned for satisfactory completion of any approved subject taught for a minimum of 40 minutes daily, five periods a week for 36 weeks, or 120 clock hours.

One half unit of credit is earned for approved subjects taught for a minimum of 40 minutes daily, five periods a week for 18 weeks, or 60 clock hours.

The KSHSAA, in establishing eligibility, will only recognize those courses which are recognized by the KSDE.

Please note the exception to Scholarship Rule 13 for incoming seventh and ninth graders in their first semester of attendance.
**Classification Reminder:**

**September 20**

Senior high school classification counts shall be submitted online at www.kshsaa.org on **September 20**. The KSHSAA plans to post this year’s annual classifications by noon, September 24 on the KSHSAA website (www.kshsaa.org).

**Rule 5, Section 2, Article 4 reads:**

Any student, including special education, enrolled in five or more subjects of unit weight, shall be counted for classification purposes.

High school principals, please watch for more information from the KSHSAA regarding classification counts.

**Policy on Eligibility for Students Attending KSDE Accredited Virtual Schools**

The Executive Board has approved the following policy specifying the terms by which students attending virtual schools accredited by the Kansas State Department of Education may establish eligibility at a KSHSAA member public school. The policy was developed with input from staff, members of the Kansas State Department of Education and Kansas virtual school administrators. Since this is an Executive Board policy, it will not appear in the KSHSAA Handbook. The KSHSAA will post this information on its website. See www.kshsaa.org>KSDE Accredited Virtual Schools.

**KSHSAA Executive Board Policy Regarding Scholastic Eligibility of Virtual Students**

With respect to KSHSAA Scholarship Requirements Rule 13 and Enrollment Rule 15, students may count virtual courses for the purpose of establishing eligibility for all KSHSAA sponsored activities, provided local USD policy permits dual enrollment agreements with virtual schools.

The following stipulations will apply:

1. Virtual classes must be taken through a virtual school fully accredited by the Kansas State Department of Education.

2. Students will be eligible at the public school in whose district and attendance area they reside.

3. Virtual students enrolling and establishing eligibility by September 20th must be included in the school’s annual KSHSAA classification count.

4. The student must be currently enrolled and attending a minimum of one (1) class at the KSHSAA member public school where they desire eligibility. If the student desires participation in music, debate or speech activities they must be enrolled and attending in that academic course at the school, if such course is offered and the school requires enrollment for participation.

5. Eligibility for virtual students will be established on a semester basis consistent with traditionally enrolled students. Virtual and traditionally enrolled students are required to pass five units of credit each semester to establish scholastic eligibility. The school is responsible to verify the academic progress of the student with the virtual school administrator prior to submitting the student’s name on KSHSAA eligibility forms and rosters.

6. Virtual students must be enrolled in five units of credit (courses) each semester. At the conclusion of the academic semester, they must have completed coursework sufficient to equal a passing grade in each course, consistent with traditionally enrolled students.

7. All students, virtual or traditional, must pass five units of credit in the previous semester to retain eligibility.

8. Like traditionally enrolled students, virtual students must be currently enrolled in five or more courses not previously passed, to establish and retain eligibility each semester.

9. Local school districts retain the authority to approve dual enrollment agreements with virtual schools.

**RATIONALE:**

It is in the best interest of a virtual student to have daily contact with other students from the school with whom they will be interacting and competing on school teams. The student and the school share an interest in the student being a part of the daily climate and culture of the school.

**Fall Heat Acclimatization Rules - Rule 30-1-8**

In the spring of 2018, the KSHSAA Board of Directors adopted preseason heat acclimatization rules for all fall sports. These rules remain in place as we begin the 2021-22 school year.

**Rule 30-1-8 reads as follows:**

**Art. 8:** Beginning Monday of SCW #7, the following practice rules apply to football, boys and girls cross country, boys soccer, girls volleyball, girls gymnastics, girls tennis and girls golf:

a. Only one practice per day is permitted the first 5 days of practice. All individuals shall only practice once per day for the first 5 days the individual practices, no matter when the person joins the team or if the person misses days due to injury/illness.

b. No single practice may last longer than 3 hours. All warm-up, stretching, conditioning, and weightlifting is included as part of the 3 hour limit.

c. A separate walkthrough is permitted in addition to the single practice. The walkthrough cannot be longer than 1 hour and must be separated from practice by at least 3 hours of rest. A walkthrough is defined as a teaching opportunity with the athletes in which no protective equipment is worn. No physically exerting activity, including any conditioning or weightlifting, may take place during the walkthrough.

d. Beginning on practice day 6, double practice sessions are permitted for any individual who has completed 5 days of single practices. Double practice sessions cannot be held on consecutive days. The day following a double practice day would be either a single practice day or a rest/recovery day.

e. On days of multiple practices, no single practice may last longer than 3 hours and total practice time combined shall not exceed 5 hours.
f. To be deemed a practice, a majority of the squad members must participate in the organized team training session.

**In regards to heat acclimatization and player safety, Football Rule 35-1-1 has also been modified as follows:**

e. Players must have a minimum of one day of rest/recovery during any week (Sunday-Saturday), beginning Monday of SCW #7 through SCW #21. Only injury treatments are permitted on a rest/recovery day.

f. **Week One Guidelines (SCW #7):**
   - Days 1 & 2 of practice: Helmets only (Air and Bags only are permitted.)
   - Days 3 & 4 of practice: Helmets and shoulder pads are permitted. (Day 3: Control permitted; Day 4: Thud permitted.)
   - Day 5 through Saturday of SCW #9 of practice: Full Contact (Air, Bags, Control, Thud and Live Action are permitted) may begin with the following guidelines: On any day involving multiple practices, only one practice may involve Thud and/or Live Action.

During the summer months exertional heat stroke is the leading cause of catastrophic athletic injury. These rules follow the guidelines that have been published and endorsed by the country's leading sports medicine organizations. A gradual and progressive system of early season practices combined with adequate rest periods can better reduce the risk of exertional heat stroke in athletes.

Frequently Asked Questions for Fall Heat Acclimatization Rules can be found at [https://www.kshsaa.org/Public/PDF/HAlinfo.pdf](https://www.kshsaa.org/Public/PDF/HAlinfo.pdf).

**Catastrophic Injuries Reporting is Essential**

Since 1931 the University of North Carolina has researched and collected data on football fatalities. In 1977 football catastrophic injuries became part of that research, and all other sports were added in 1982. The National Center for Catastrophic Sport Injury Research (NCCSIR) has expanded to include three research divisions: Traumatic Injury through the University of North Carolina, Cardiac Injury through the University of Washington and Exertional Injury through the University of Connecticut's Korey Stringer Institute. This consortium is funded through the National Federation of State High School Associations, National Collegiate Athletic Association, American Football Coaches Association, National Operating Committee on Standards for Athletic Equipment and the National Athletic Trainers' Association.

Many important decisions (rule changes, equipment changes, insurance rates, etc.) are based on this data and it is essential in making safety improvements in our activities. Without accurate information and member school involvement, items such as the swimming/diving and pole vault rule changes would not occur. For this research to be valid, all catastrophic injuries need to be reported. Catastrophic injuries are listed as:

1. Fatalities.
2. Permanent disability injuries.
3. Serious injuries (fractured neck or serious head injury) even though the athlete has a full recovery.
4. Temporary or transient paralysis (athlete has no movement for a short time, but has a complete recovery).
5. Heat stroke due to exercise.
6. Sudden cardiac arrest or severe cardiac disruption.

**How to report**

Whenever a fatality or catastrophic injury occurs, please take the following steps in reporting the incident:

1. Contact Bill Faflick at the KSHSAA to report the injury.
2. Complete the appropriate form for the sport involved once contacted by NCCSIR.
3. Have appropriate consent forms signed and attached to injury/fatality form. Consent forms are provided by the NCCSIR.
4. Keep a copy of the reporting form and consent form for your files.

Athletic catastrophic injuries may never be totally eliminated, however with reliable injury data collection systems and constant analysis of the data, these injuries can be dramatically reduced.

**Injury Prevention and Management Recommendations**

1. Mandatory medical examinations and a medical history completed before allowing an athlete to participate.
2. All personnel concerned with training athletes should emphasize proper, gradual and complete physical conditioning in order to provide the athlete with optimal readiness for the rigors of the sport.
3. Every school should strive to have a Certified Athletic Trainer who is a regular member of the faculty and is adequately prepared and qualified. There should be written emergency action plans in place to deal with the possibility of catastrophic injuries. Emergency action plans should be rehearsed annually at minimum.
4. There should be an emphasis on employing well-trained athletic personnel, providing excellent facilities, and securing the safest and best equipment available.
5. **There should be strict enforcement of game rules, and administrative regulations should be enforced to protect the health of the athlete. Coaches and school officials must support the game officials in their conduct of the athletic contest.**
6. Coaches should know and have the ability to teach the proper fundamental skills of the sport. This recommendation includes all sports, not only football. The proper fundamentals of blocking and tackling should be emphasized to help reduce head and neck injuries in football. Keep the head out of football.
7. There should be continued diligence to minimize risk in athletics (rules, facilities, equipment, body cooling process).
8. **Strict enforcement of the rules of the game by both coaches and game officials helps reduce potential serious injuries.**
9. When an athlete has experienced or demonstrated signs and symptoms of a concussion (loss of consciousness, visual disturbance, headache, inability to walk correctly, obvious disorientation, memory loss) he/she should receive immediate medical attention and should not be allowed to return to practices or games without written permission from an M.D. or D.O.

10. Athletes and their parents should be warned of the risk of injury.

11. Coaches should not be hired if they do not have the training and experience needed to teach the skills of the sport and to properly train and develop the athlete for competition.

General Fire and Life Safety Guidelines for School Events

The Fire Prevention Division of the Kansas State Fire Marshal Department requires the following:

1. PRE-EVENT
   a. Verify that all doors leading to exits are operable and in good working order. All emergency exit doors shall be equipped with panic hardware. No other type of lock, latch or bolt shall be used on any emergency door at any time.
   b. Verify that all access corridors leading to exits are kept clear of storage. Verify that exits are properly lighted and exit signs are functional.
   c. Verify that the building fire alarm system is on and operable. Test emergency backup generator and/or battery emergency lighting to ensure it is functional.
   d. Verify the fire extinguishers in the vicinity of the event are in place and operable.
   e. Verify that brief written instructions are available for any public address announcer outlining fire, emergency and severe weather (in season) exiting or shelter procedures.

2. EVENT
   a. At no time shall more than the set maximum number of occupants be admitted to the event. Properly maintain aisles by ensuring they are not blocked by chairs, tables, or spectators.
   b. Ensure that proper fire safety and crowd control procedures are utilized.
   c. If more than 300 people are in attendance at an indoor public event (not necessary for school-only assemblies, etc.), an audible announcement shall be made prior to the start of each program to notify the occupants of the locations of exits to use in case of fire or other emergency. The public address announcement should be similar to the following: “In accordance with the Kansas State Fire Marshal Regulations, we request that you take a moment to identify the emergency exits closest to you. We have checked these exits and other emergency equipment in this building and verify that they are operable in case of emergency.”
   d. In events where more than 1,000 people are in attendance, crowd managers/ushers shall be provided at a ratio of one crowd manager/usher for every 250 people. For events where less than 1,000 people are in attendance, provide sufficient staff/ushers to adequately cover the event.
   e. Any crowd manager/usher used at any event shall be knowledgeable on the duties they are to perform in case fire, emergency or severe weather exiting is necessary. Additionally, employees or attendants shall have received instruction in the proper use of portable fire extinguishers and/or other manual fire suppression equipment (if provided).
   f. Vehicles shall not be parked in any manner which will block the safe exiting of occupants from any emergency exit door.
   g. In situations where severe weather is possible, staff/ushers shall ensure available access to any shelters.

For additional information on these requirements, please contact:

Fire Prevention Division Kansas State Fire Marshal Department
700 S.W. Jackson, Suite 600 | Topeka, KS 66603-3714
Phone: 785-296-3401  |  Fax: 785-296-0151

Sanctioning: Non-Member School Sponsorship Must Be Approved

The Kansas State High School Activities Association (KSHSAA) is responsible for all interscholastic activities under the jurisdiction of the Association, sponsored by outside agencies and non-member schools, and advertised as middle/junior/senior high school events or contests. These activities must be approved by the KSHSAA Executive Board. Member school administrators must verify all conferences and other events sponsored by non-member schools for middle/junior and senior high school students are approved by the KSHSAA Executive Board. A continuously updated list of Approved Events is published on the KSHSAA website on the homepage under “KSHSAA Links.” If an activity is not listed, or if in doubt, administrators should contact the Association regarding such approved conferences and activities.

Activities under the jurisdiction of the KSHSAA include:

Baseball; Basketball; Bowling; Cross Country; Football; Golf; Girls Gymnastics; Soccer; Softball; Swimming; Tennis; Track and Field; Girls Volleyball; Wrestling; Music; Speech (Debate, Forensics, Dramatics); Spirit Groups (Cheerleading, Dance Teams, Drill Teams, Pompon Squads, Flag Teams); Kansas Association for Youth; Student Council; and Scholars Bowl.

All other activities, including academic events not identified as scholars bowl competitions (i.e., head-to-head academic team competition, quick response answers, time limits on questions, use of recognition systems by participants) and those vocational and technical activities which are approved and governed solely by the Kansas State Board of Education are not under the jurisdiction of the KSHSAA, as they are not identified in the KSHSAA Handbook.

Institutions, organizations and individuals planning to conduct such events, conferences and activities in accredited schools...
shall make application for approval to the Kansas State High School Activities Association at least **30 days** prior to such events. Mail applications to KSHSAA, Box 495, Topeka, Kansas 66601. The following information shall be submitted to the Association for consideration:

1. **Date, site and starting time for activity.**
   a. Saturdays are recommended for all one-day events and should be used as one of the days for any activities scheduled for more than one day.
2. **Amount of school time involved, including travel time.**
   a. The event must not require frequent absence of participants from school.
   b. Travel distance for schools and participants must be reasonable and prudent.
3. **A list of schools to be invited to participate or to be represented.**
   a. All invitations and enrollment blanks shall be sent to the school superintendent or principal.
4. **Purposes and objectives of the event.**
   a. Contestants or participants shall not be excluded because of race, color or creed.
   b. The event must not place undue burdens on teachers, students or schools.
   c. The event must serve educational objectives of the schools.
   d. The event must not be commercial, controversial, sectarian nor concerned with propaganda or advertising.
5. **Detailed schedule of the conference, contest or activity.**
   a. The activity must be properly planned and organized.
6. **List of awards and prizes.**
   a. No cash or merchandise prizes shall be awarded to students. T-shirts shall not be considered merchandise. Medals, ribbons and certificates may be awarded. Scholarships payable to the educational institution of the student’s choice are acceptable.

Schools shall not participate in events of this type unless such events have been approved by the Kansas State High School Activities Association and appear on the KSHSAA “Approved Events” list.

### KSHSAA Certificate of Transfer - Rule 18

**KSHSAA Transfer Rule 18-1-1** requires processing a “Certificate of Transfer” for all transfer students. Principals should note, a separate form is provided for each type of transfer or application for waiver of eligibility requirements by the Executive Board. All forms are found online at [www.khsaa.org](http://www.khsaa.org) using the secured administrator access portal.

**Note:** All transfer students should be reported on the online eligibility roster once all paperwork is completed.

**Form T-E—**This is the standard Certificate of Transfer form which must be completed and filed for all transfer students whose families made a **bona fide move** into the vicinity of the

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### Out-of-Season Competition

**Rules 20 and 22**

**STUDENTS NEED TO KNOW:** Students who participate in non-school competition, outside their season of sport, must do so as individuals, not representing their schools, and shall not wear school uniforms, including school team warm-ups.

Many “Road Races” which are being sponsored by various outside agencies, offer cash or merchandise prizes such as shoes, warm-up suits, etc.

**Awards Rule 20-1-3 (a):** “Students who participate in athletic activities, outside of interscholastic competition, shall not accept awards of cash or merchandise. Medals, trophies and T-shirts shall not be considered merchandise.”

“Any student who violates this rule shall be ineligible in that activity for a period of one year from the date of the violation, unless reinstated by the Executive Board.”

**Awards Rule 20**

**The facts about medals and trophies**

**Question:** May individuals receive trophies or plaques for individual achievement in interscholastic competition?

**Answer:** Students may receive medals, recognition certificates or ribbons for individual achievement in interscholastic competition, but they may not personally receive and keep trophies.
or plaques for their achievements. If an individual wins a trophy, the trophy becomes the property of the school. The student could receive a medal as a remembrance for that achievement.

Often the Association has been asked if small trophies could be presented to individuals in lieu of medals. This is not permissible. Remember, medals for individuals; trophies for teams.

Question: What is the limit for school provided awards given to students?

Answer: The limit for awards given to students is $50 per student per activity per season.

Amateur Rule 21 – Athletes

The acceptance of cash or merchandise awards in athletics is in violation of the Amateur Rule and makes a student ineligible for further middle/junior or senior high school competition in that sport, unless reinstated by the Executive Board (see Rule 21 and Awards Rule 20). Recent name/image/likeness changes at the collegiate level do not change high school rules.

Violation: Same Sport Participation During School Season

Principals, athletic directors and athletic coaches should advise all athletes to check with school officials prior to participation in outside athletic contests, especially in the same sport in which they are participating for their school. This regulation (Rule 22) becomes effective Monday of SCW #7 with the first day of practice for a student, through the last day he or she is a member of the school squad. Outside Competition Rule 22 states:

OUTSIDE COMPETITION

Violation of this rule shall make a student ineligible for the remainder of that sport, scholars bowl or debate season, unless he or she is reinstated by the Executive Board.

Section 1: General Regulations (apply to grades 7-12)

Art. 1: A student who is a member of a school athletic, scholars bowl or debate squad, effective Monday of SCW #7 through Friday preceding Memorial Day, may not participate as a member of an outside team or as an independent competitor in the same sport, scholars bowl or debate activity. (See Rule 4 for exception.)

Editor’s Note: The following illustrations were agreed upon by the Executive Board to identify same sport and what would or would not be a violation of Rule 22-1-1.

Not violations: (since they are not the same sport) softball vs. baseball; donkey basketball vs. basketball; Pass, Punt & Kick vs. football; dribble, shoot and pass, vs. basketball; free throw contests vs. basketball; mixed team volleyball vs. girls volleyball; mudvolleyball vs. girls volleyball; triathlons vs. track and field or swimming; “color runs” or run-a-thons (based on laps, miles, etc.—no common starting or finish line) vs. track and field.

Violations: Slow-pitch softball vs. fast-pitch softball; 1 on 1, 2 on 2, 3 on 3, 4 on 4 basketball vs. basketball; 101-yard dash vs. track and field; 10,000-meter run vs. track and field; Fun Run (winners are recognized—common starting and finish line) vs. track and field; girls sand volleyball vs. girls volleyball; mixed tennis matches (B & G) vs. girls tennis; mixed tennis matches (B & G) vs. boys tennis; mixed golf teams (B & G) vs. girls golf; mixed golf teams (B & G) vs. boys golf.

Art. 2: A student shall not be prohibited from competing on a special team within his or her own school such as an FFA team, etc. All members of such teams must be bona fide students, however, and eligible under the rules of the Association.

Art. 3: A student becomes a member of a school’s athletic squad, scholars bowl or debate team when he or she first participates in a practice session. The student ceases to be a squad member after his or her last contest for the school’s athletic squad, scholars bowl or debate team or when the membership on a squad is terminated. (See Rule 14-1-1, Bona Fide Student and Rule 30-2-2, Seasons of Activities.)

Outside Competition Rule 22 – Triathlons and Team Triathlons

From time to time the KHSAA receives questions regarding student-athletes who are members of school cross country, track and field, and swimming and diving teams participating in triathlons outside the school setting.

The Executive Board has an established policy relative to these situations. The following defines the events:

Triathlon: A single competitor participates in all three phases (running, swimming and bicycling) of the event.

Team Triathlon: Three competitors each participated in a single phase of the event. It is a three athlete (relay style) event.

Given the above, Executive Board policy permits a student (grades 7-12) to participate in a triathlon and not be in violation of KHSAA Outside Competition Rule 22. The rationale for this policy is based on the triathlon event differing significantly from the school sport in which the athlete is currently in season.

School athletes may also participate in team triathlons during a school season of sport. In order to avoid violation of Rule 22, school athletes must be careful to not participate in the triathlon phase identical to their school sport. They may only compete in a different phase of the event and not violate the Outside Competition Rule. For example, a swimmer may run or bike, but not compete in the swim phase of the team triathlon. A track and field athlete could bike or swim, but not compete in the running phase.

All athletes should be reminded that KHSAA Amateur Rule 21 and Awards Rule 20 are in effect as it relates to their desire to protect their interscholastic eligibility.

Combining Senior High Students for Activities Permissible - Form K

Ninth, tenth, eleventh and twelfth grade students from member schools may be combined for interscholastic activity competition and field a common participating group per Cooperative Agreement Rule 29-2-1. Aside from the cooperative agreement, students may not practice nor compete for schools other than the school they attend.

The Executive Board has made a distinction between team and individual/team activities in relation to regular
season vs. postseason competition. Quasi-individual/team activities such as cross country, golf, gymnastics, swimming, tennis, track and field, and wrestling will only be approved as combined teams during the regular season. In postseason competition, it will be necessary for the schools to sponsor separate teams or individual entries in those sports.

Schools shall have submitted Form K (found online at www.kshsaa.org) by JUNE 1 for fall activities. The deadline date for winter activities is SEPTEMBER 1, and JANUARY 1 for spring. Detailed information and application forms are online at www.kshsaa.org/Entry Forms/Yearly Letter Forms.

KSHSAA modified Activity Participation Rule 29 in an attempt to provide activities to students who otherwise would not have an opportunity to be involved in their school because of 1) insufficient numbers; 2) lack of staff; or 3) lack of facilities. The Board expressed the philosophy as applications are made that care will be taken not to allow schools to use Rule 29 to gain an advantage over other member schools.

Guidelines for Schools, Coaches and Athletes Outside the Season of Sport

During the school year, coaches may coach their athletes only during the season of sport. Football, volleyball and basketball coaches may coach their athletes in competition during the summer. (See Rule 10-1-6 for summer instruction opportunities.)

The Executive Board has approved the following interpretations per Rule 30, Seasons of Activity:

1. During the school year, but outside of the season of sport, any athletic coach may transport his or her student-athletes to non-school competitions in their sport.

2. During the school year, but outside of the season of sport, any athletic coach may not transport his or her student-athletes to camps and/or clinics in their sport.

3. During the summer, an athletic coach may transport his or her student-athletes to non-school competitions in their sport.

4. During the summer, an athletic coach may transport his or her student-athletes to camps and/or clinics. School owned transportation may be used.

5. Schools may not be involved directly or indirectly with providing facilities, equipment or finances.

Interschool Scrimmages Not Allowed

Schools may not conduct interschool scrimmages (practices) in athletics (other than the exception for varsity football), debate or scholars bowl. (See Rule 30-1-5 and Football Rule 35 for EXCEPTION.)

Interschool is defined as middle/junior high school with another middle/junior high school and senior high school with another senior high school. This does not eliminate scrimmages between alumni and the school, etc.

The Executive Board voted unanimously to prohibit member schools from scrimmaging with or against junior college or college teams. School administrators and coaches must not allow scrimmages with collegiate teams.

Exception: Football teams may be represented in a scrimmage (jamboree) provided all requirements are met in Rules 30 and 35. Please see Football Manual for more information.

Requirements for Ejected Coaches

In previous years, the Executive Board implemented several initiatives designed to address the ongoing need to recruit, train and retain athletic officials in all sports offered by the Association. One of these initiatives is a requirement for coaches who are ejected from a contest to complete a course provided by the NFHS. The following is the full initiative as stated:

“Require coaches who are ejected from a contest (at all levels grades 7-12) to complete the NFHS “Teaching and Modeling Behavior” course prior to coaching in their next event. (Next event would be defined as the next regularly scheduled day of competition. An ejected coach could complete a tournament in progress before completing the course requirement.) Course fee is $20 and can be completed in one hour. The school administrator is responsible to provide KSHSAA with a copy of the coach’s certificate proving completion of the online course. (The coach may print this as the final step of the online course.) Recurring ejection(s) result in a requirement to repeat the course.”

Requirement for Ejected Players

In all sports in grades 7-12 at all levels of play, any player ejected from a contest for unsporting conduct or behavior will be required to successfully complete the free “NFHS Sportsmanship Course” online, prior to the KSHSAA and school reinstating his/her eligibility privileges. Schools will retain certification of completion in student’s file at school.

NEW Requirement for Ejected Participants

In addition to the above requirements for ejected coaches and players, please note the new policy for players, coaches, and spectators. At their June 2021 meeting, the Executive Board discussed and approved the following policy for all interscholastic activities designed to enhance sportsmanship and to support adjudicators:

Any participant (player, coach, spectator) who is ejected for making contact with an official or who is ejected for unsporting behavior directed toward an official, shall be subject to a non-appealable suspension from the next contest at that level and for all contests at any level (in that activity) until the suspension has been served. Local school leadership may levy additional sanctions as they deem appropriate.

The KSHSAA staff reviews all ejection reports.

Note: The requirement for all ejected students to complete the NFHS Sportsmanship course prior to being reinstated remain in effect.
Voluntary Offseason Conditioning Defined

Students throughout the school year and during the summer months, who are not participating in their school’s in-season athletic program, may voluntarily participate in an offseason conditioning program. Students throughout the summer months may voluntarily participate in an offseason conditioning program. Such a format is defined as follows: Running, weight training, flexibility exercise, calisthenics and agility drills may be used; also, any individual or group training and fitness drills that do not require specific equipment for that sport are permissible as long as the following conditions are met:

1. **Participants will furnish their own clothing** (sweatsuits, shorts, shoes, etc.)
2. Specific equipment pertaining to a given sport may not be used. (Items such as footballs, basketballs, volleyballs, wrestling mats, hurdles, shot put, discus, pole vaulting and high jump stands or landing pits, blocking or tackling dummies, charging sleds, high bar, horizontal bar for gymnastics, still rings, parallel bar, horse, free exercise mats and other equipment used specifically for or in a sports activity.) *NOTE: This does not exclude a school from loaning athletes a piece of equipment. It only excludes the use of the equipment while the coach is present.*
3. Students who are members of a school sponsored sports activity team shall not, during the season, participate in an offseason conditioning program under the direction or supervision of personnel from his or her school. A student may attend an early morning lifting session while a member of a school team, provided the session is not part of an offseason conditioning program.
4. **The physical education program shall not enroll a group of athletes for the purpose of getting them ready for any given interschool sports season.** The P.E. program may include instruction in a given sport as part of its yearly program, but the different periods in the daily schedule must offer like or similar programs in its curriculum.
5. All offseason sports conditioning programs must be open to anyone enrolled in that particular school and must be on a voluntary basis.
6. **No conditioning may take place during fall buffer week for senior high,** nor during the five-day Christmas moratorium dates for both middle/junior and senior high. *(See Rule 9.)*
7. **A school may not have more than one** offseason conditioning program.

Open Gyms Defined

Schools may provide an open gym for students during the summer months and/or school year provided the criteria listed below is followed:

1. The time and day(s) of the open gym shall be made known to the *entire student body* by the administration through announcements, bulletin board postings, school paper articles, etc. (Note: It is permissible to identify specific days/periods for restriction to all students of one gender.)
2. The gym must be open to anyone enrolled in the school and must be on a voluntary basis.
3. During the summer or during the school year, a school may not have an open gym at the same time as “offseason conditioning.”
4. **During the school year, no coach can be present in any open gym if there is participation in his/her out-of-season sport.**
5. The person in charge of supervising the open gym may not coach, organize or instruct students in any sport not in season.
6. Participants will furnish their own clothing (sweatsuits, shorts, shoes, etc.).
7. **Schools may furnish** basketballs, volleyballs, basketball standards, volleyball standards, floor mats, wrestling mats, etc.
8. No coach shall require students to attend open gym.

**EXAMPLES OF VIOLATIONS:**

1. Making the open gym available only to specific sport participants.
2. During the school year, the basketball coach (or any other coach) in the gym or vicinity when his/her sport is being played during open gym, except during the season of the sport.
3. The supervisor of the open gym helping a student work on their jump shot, etc., when the sport is not in season.
4. Designated or select group of students working out in the gym at times other than the open gym period.

Senior High - Fall Athletic Buffer Week Interpretations

Buffer week is from Monday, November 8 through Sunday, November 14, 2021.

**Buffer week does not apply to middle/junior high schools.**

Moratoriums Rule 9-2-1 reads as follows:

**Art. 1: FALL ATHLETIC BUFFER WEEK—**There shall be no athletic practice, offseason conditioning, informal basketball shooting, working out on wrestling mats, etc., in **school-owned** facilities during the Fall Athletic Buffer Week, commencing on Monday of Standardized Calendar Week (SCW) #19 through Sunday, SCW #20. Athletic activities of this nature may not be held under the supervision of a school staff member in non-school facilities. This means a moratorium on all school-sponsored athletic activities during this week.

Gymnasiums shall not be open to the students during the Fall Athletic Buffer Week for the purpose of shooting baskets, working out with weights, etc., **outside of school hours.** Noon hour and physical education classes are considered part of the school day.

The Fall Athletic Buffer Week does not eliminate football practice for those senior high schools who qualify for football playoffs until such time their football season is over. The same applies to the gymnastics program.
The Executive Board established the following would not be violations of the Fall Athletic Buffer Week rule:

1. Holding fall sport athletic banquets during Buffer Week.
2. KAY, Student Council and other school clubs conducting athletic activities, such as “powder puff” football games etc., during Buffer Week. (Note: it is not permissible for those same groups to have these activities with other schools in an interscholastic competition.)
3. Cheerleaders conducting a school-sponsored practice during Buffer Week.
4. Checking in gear during Buffer Week for football and other fall sport activities which have culminated.
5. Assigning lockers for winter sports during Buffer Week.
6. Sporting goods salesperson coming after school hours to take fittings and orders for athletic shoes for winter sports.
7. Conducting a meeting (one) with athletes to determine the projected number of participants for winter sports. That same meeting could also include expectations and discussion of chemical health issues, training rules, etc. Parents should also be invited to attend.
8. Sports medicine presentations may be presented during Buffer Week, provided it is held in conjunction with the one group meeting as explained in item #7.

The Executive Board established a violation would occur if:

1. High school students attend a club tryout or a non-school team practice in a school owned facility.
2. Playing postponed fall sport activities during Buffer Week.
3. Playing junior varsity football contest on Monday or any other day of Buffer Week, following the Friday varsity contest with that school.

**Regional Administrator Meetings**

KSHSAA Regional Administrator and Board of Education Meetings are designed to provide a better understanding of the interscholastic activities programs on the middle/junior and senior high school levels. They serve as an invaluable aid in directing, planning and administering the school’s program of activities, and as a forum to discuss emerging issues.

School administrators, board of education members and all other personnel who direct school activities programs are encouraged to attend any of the seven meetings sponsored by the KSHSAA across the state. More information on dates and locations will be sent to school administrators in weekly emails prior to the October meetings. Please look for this information and watch for more on the KSHSAA website.

The topics on the tentative agenda for this October are significant and it will be important for all schools to be represented. At this time, discussion topics include:

1. Public/Private School Classification Multiplier
2. Outside Competition
3. Basketball Seeding Criteria
4. Basketball Shot Clock

**Canceled or Postponed Games**

If it should become necessary, due to an emergency, to cancel or postpone an athletic contest, administrators and coaches should notify the involved schools and officials. The officials should also be notified promptly when two schools agree on a change in date for a game.

Should officials be paid their fee if a game is canceled because of an emergency? Officials should not expect a fee, since schools have no control over emergencies. If a game is postponed, the officials who were originally assigned should be given the first opportunity to officiate the game on the new date agreed upon. Leagues should adopt a cancellation policy relative to officials payment.

**Use only registered officials in varsity contests.** Administrators and coaches should take the responsibility of checking to make sure the officials who are assigned to their varsity high school games are registered with KSHSAA.

**Assignment Criteria for Regional and/or Sub-State Competition**

On June 9-10, 1981, the KSHSAA Executive Board approved the following criteria for making assignments to regional and/or sub-state competition for all athletic activities (except football) and debate:

1. After determining the number of schools participating in a given activity and the number of sites (regional and/or substates), there shall be an equal number of member schools competing at each site insofar as possible.
2. Select the best available site to conduct the activity, taking into consideration the facility, location, and personnel to be involved.
3. Assign schools in a cluster geographically around the host sites, taking into consideration travel (distance and/or time) insofar as possible.
4. If a cluster of schools does not have a best available site, a letter may be sent to the principals of all schools in the cluster seeking possible host sites. From these responses, the Association will select the host site for the cluster.

NOTE: Final assignments are made in the best interest of all schools involved.

**Administrators: ATTENTION!**

“Who’s Who,” “Distinguished,” “Outstanding” — call for careful evaluation before returning the nomination forms!

Editor’s Note: The following paragraphs are reprinted from a section of the publication, “MNASP Advisory List of National Contests and Activities.” This material is prepared by a committee of the National Association of Secondary School Principals after exhaustive research and interviews with organizations, individuals and groups involved with national competition and national recognition of high school students.

Our school administrators are constantly flooded with materials of a “questionable” nature in the form of recognition for “Outstanding Athlete,” “Who’s Who Honor Students,” “Distinguished High School Musicians,” etc.
Administrators are encouraged to read the following excerpt from the “Advisory List”:

**Commercial Recognition Programs**

The NASSP Committee on Student Contests and Activities (www.principals.org) does not list organizations or programs which claim to honor outstanding students through publication of student names in volumes usually titled “who’s who,” “outstanding,” “distinguished,” etc., and which derive their revenue from the sale of these publications to students. The committee views any recognition accorded to students through mere inclusion in such a publication as of little or no tangible value. Furthermore, such recognition is unlikely to provide any future educational or personal benefit for students.

The selection criteria used by most commercial recognition programs are often ambiguous and flimsy. Even when stated the organization is unlikely to be able to verify that students actually measure up to the selection criteria, since nominations ordinarily come from a number of sources. These may include individual staff members associated with a school or individuals in the community at large.

Most of the organizations sponsoring these programs and known to the committee are profit motivated and are not related to educational, philanthropic or professional associations. The organizations often solicit students and their families to purchase the publication or some other type of “award.” The source of the income is usually the recognition program itself. That is, recognition is being sold at a profit in the form of publications which list student names.

**NCAA - Updated Resources for the 2021-22 Academic Year**

The following reminders are designed to help you provide information to students and families and assist them with the registration, initial-eligibility, and certification processes.

NCAA updated resources for the 2021-22 school year can be found on the NCAA College Eligibility Requirements page and include:

- Guide for the College-Bound Student-Athlete
- Initial-Eligibility brochure (tri-fold)
- Quick Reference Guide
- And more!

Also, the NCAA Eligibility Center began a text messaging program to reach out to registered prospective student-athletes. This program will reach out to U.S. phone numbers only and will be used primarily to notify students when critical tasks are open within their Eligibility Center certification account. Texting will be limited to no more than four texts per month per student.

**Artificial Noisemaker Limitations & Explosives**

Artificial noisemakers (including megaphones, cow bells, thunder sticks, air horns, sirens, etc.) are not to be used, and bands are not to play (including the beating of drums) while the game is in progress, indoors or outdoors. If the host school administration questions the safety or appropriateness of any noisemaker it shall not be permitted.

Please refer to the KSHSAA Music Manual, page 24, relating to when bands can play at athletic events.

By policy of the KSHSAA Executive Board, use of fireworks, cannons, air concussion cannons, hand-held explosives and other devices is not permitted at any KSHSAA postseason athletic event. Member schools have the authority to determine if they permit such devices at their regular season events.

**Policy Prohibiting Use of Aerial Drones for KSHSAA Postseason Contests and Events**

Given the increasing number of inquiries staff receive regarding unmanned aerial drones, it was felt adoption of a policy for KSHSAA events was appropriate. Accordingly, the Executive Board voted to adopt the following policy prohibiting use of aerial drones at all KSHSAA postseason events, effective immediately.

**Prohibiting the Use of Drones (Unmanned Aircraft Systems or UAS) at all postseason events.**

Unless granted special permission by the KSHSAA Executive Director, the use of drones (UAS), for any purpose, is not permitted at any KSHSAA state tournament or postseason game or event. This prohibition applies to all fields of play, courts, arena, mats, gym floor or pool, and includes a ban on the entire facility being used as part of the KSHSAA event, including the spectator areas and parking areas.

**No Season of Activities for Middle/ Junior High - Rule 30**

Member middle/junior high schools do not have any specific seasons, other than that all practices and competition are confined between Monday of Standardized Calendar Week #7 and their last day of school.

**EXCEPTION: Football teams must have 13 days of practice before their first competition. Cross country teams must have 14 days of practice before their first competition. Soccer teams must have nine (9) days of practice before their first contest.**

Individual athletes in football, soccer and cross country must participate in nine (9) days of practice prior to their first competition.

A member middle/junior high school is defined as a grade school, middle school or junior high school. The “no season of sports” concept provides schools total flexibility in establishing seasons to better accommodate facilities. The “fall buffer week” does not pertain to middle/junior high schools.

**“Eighteen Weeks” Defined in Bylaws**

KSHSAA Bylaws, Article XIII, Eighteen-Week Semesters, reads as follows:

**Section 1:** Each member school must divide the school year into two semesters, each of which is not less than eighteen weeks in length, or its equivalency, as far as the eligibility of its students for interschool activities is concerned (see Transfer Rule).
Semesters are, by rule, a “use it or lose it” opportunity. There are no “red shirt” years for interscholastic eligibility. If an eighth grader repeats their seventh grade due to transfer, scholarship, etc., the semester(s) during that period shall be counted toward the total number of semesters possible. (See Rule 30-1-1, Seasons of Activities.)

Policy interpretations:

1. Involvement is defined in this policy as being in public view and when students are actually participating under the jurisdiction of coach/director/sponsor/ aide/official.

2. Proper enforcement is expected. Violations shall be reported to the school’s administration and the KSHSAA. The Executive Board expanded the KSHSAA Code of Ethics to include “abstinence from alcohol at least 12 hours prior to a contest.” The KSHSAA Code of Ethics for Coaches, Directors, Aides, Adjudicators, Judges and Officials is Executive Board policy and must be enforced. The KSHSAA Code of Ethics can be found in all KSHSAA activities manuals.

7th & 8th Grade Semester Rule 16

Semester Requirements Rule 16-1-1 reads:

Art. 1: Once the school determines that a student is promoted from sixth grade, middle school/junior high eligibility begins immediately in the following semester. A student shall not have more than two semesters (the initial year of attendance) of possible eligibility in grade seven and two semesters in grade eight. Once the school determines that a student is promoted from eighth grade, high school eligibility begins immediately in the following semester. A student shall not have more than eight consecutive semesters of possible eligibility in grades nine through twelve, regardless of whether the ninth grade is included in junior high or in a senior high school.

NOTE: If a student does not participate or is ineligible due to transfer, scholarship, etc., the semester(s) during that period shall be counted toward the total number of semesters possible. (See Rule 30-1-1, Seasons of Activities.)

Interpretation: Seventh graders are eligible only in their initial seventh grade year. If repeating the seventh grade due to academic failure, they are ineligible both semesters of the repeated year, allowing them to be eligible in their initial eighth grade year. If an eighth grader repeats their eighth grade year due to academic failure, they are ineligible both semesters of their repeat eighth grade year. Once the school determines that a student is promoted from eighth grade, high school eligibility begins immediately in the following semester.

There are no “red shirt” years for interscholastic eligibility. Semesters are, by rule, a “use it or lose it” opportunity.

Coaches - Substance Use is Prohibited

It continues to be the policy of the Kansas State High School Activities Association to declare a student “who uses any form of tobacco, e-cigarette/vaping devices, illegal drugs, alcoholic beverages, etc., at school events” as not being in “good standing.” (See Bona Fide Student Rule 14.)

Keeping in mind this standard set for students, the KSHSAA Executive Board established the following policy:

Coaches/directors/sponsors/coaching aides and contest officials are prohibited from using tobacco products, alcoholic beverages or illegal drugs while directly involved in interscholastic activities.

KSHSAA Online Testing and Online Rules Meetings

The KSHSAA rules testing process for officials and head high school and head middle/junior high school coaches will continue to be administered online only. Rules meetings for coaches can also be completed online. Coaches may also choose to attend one of the in-person officials rules meetings (see schedule online) to fulfill their rules meeting requirement. Officials will continue their rules meeting requirement at an in-person meeting during the 2021-22 school year.

Below is a list of dates available for the online exams and rules meetings for 2021-2022:

<table>
<thead>
<tr>
<th>Activity</th>
<th>Online Rules Meetings</th>
<th>Online Exams</th>
</tr>
</thead>
<tbody>
<tr>
<td>Volleyball</td>
<td>July 29 - Aug. 26</td>
<td>July 29 - Aug. 26</td>
</tr>
<tr>
<td>Tennis (Girls)</td>
<td>NA</td>
<td>July 29 - Aug. 19</td>
</tr>
<tr>
<td>Golf (Girls)</td>
<td>NA</td>
<td>July 29 - Aug. 19</td>
</tr>
<tr>
<td>Football</td>
<td>July 29 - Sept. 1</td>
<td>July 29 - Sept. 1</td>
</tr>
<tr>
<td>Cross Country</td>
<td>NA</td>
<td>July 29 - Sept. 1</td>
</tr>
<tr>
<td>Gymnastics</td>
<td>NA</td>
<td>July 29 - Sept. 1</td>
</tr>
<tr>
<td>Boys Soccer</td>
<td>July 29 - Aug. 26</td>
<td>July 29 - Aug. 26</td>
</tr>
<tr>
<td>Spirit</td>
<td>Aug. 16 - Oct. 3</td>
<td>Aug. 14 - Oct. 4</td>
</tr>
<tr>
<td>Debate, Speech &amp; Drama</td>
<td>Aug. 16 - Oct. 3</td>
<td>NA</td>
</tr>
<tr>
<td>Music</td>
<td>Aug. 30 - Oct. 31</td>
<td>NA</td>
</tr>
<tr>
<td>Scholars Bowl</td>
<td>Sept. 13 - Oct. 18</td>
<td>NA</td>
</tr>
<tr>
<td>Wrestling</td>
<td>Oct. 11 - Nov. 17</td>
<td>Oct. 11 - Nov. 17</td>
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<tr>
<td>Basketball</td>
<td>Oct. 6 - Nov. 19</td>
<td>Oct. 6 - Nov. 19</td>
</tr>
<tr>
<td>Bowling</td>
<td>NA</td>
<td>Nov. 3 - Dec. 1</td>
</tr>
<tr>
<td>Tennis (Boys)</td>
<td>NA</td>
<td>Feb. 3 - Mar. 28</td>
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<tr>
<td>Golf (Boys)</td>
<td>NA</td>
<td>Feb. 3 - Mar. 16</td>
</tr>
<tr>
<td>Swim/Dive (B&amp;G)</td>
<td>NA</td>
<td>Oct. 13 - Nov. 24</td>
</tr>
<tr>
<td>Baseball</td>
<td>Jan. 24 - Mar. 15</td>
<td>Jan. 24 - Mar. 15</td>
</tr>
<tr>
<td>Softball</td>
<td>Jan. 24 - Mar. 15</td>
<td>Jan. 24 - Mar. 15</td>
</tr>
<tr>
<td>Track &amp; Field</td>
<td>Feb. 14 - Mar. 21</td>
<td>Feb. 14 - Mar. 21</td>
</tr>
</tbody>
</table>

*Gymnastics Onsite Meeting: Saturday, August 29, Shawnee Mission North High School, 10 a.m.*
Postseason Contests – New Policy

By KSHSAA Executive Board adoption, the host team will determine one school to be the webcast provider for the contest.

It has been a long-standing policy that member schools may elect to webcast their postseason game at no charge for a rights fee. These are supposed to be educational in nature for students who have interest in the broadcast realm. The no charge option for member schools is still an option, however now it will only be granted to either the host or visiting school. As streaming becomes more efficient many schools have begun to stream their games home or away. During the postseason, the host school athletic director has many items to coordinate. Narrowing down webcasts can aid in the logistics of hosting postseason play.

The host school has first right of refusal to webcast the game. If they elect to webcast the contest, then no other school may do so. If the host school turns down the opportunity, then the visiting school may webcast the contest - all at no charge as in previous years.

With the additions of Pixellot cameras in numerous facilities in Kansas, school broadcasting has become even more efficient. We encourage those schools to expand on the use of their Pixellot camera. Add audio to your broadcast with students and start a curriculum to educate. School broadcasts should be educational as well as versatile. Just adding local radio to your Pixellot feed is acceptable but not a school broadcast and may be subject to the broadcast rights fee. There are 165 active Pixellot cameras in Kansas. If you would like more information on the Pixellot camera or the NFHS School Broadcast Program please contact Jeremy Holaday.

For competitions that involve multiple games, if the host school chooses to webcast the entire tournament, they may, and no other schools will webcast. Otherwise, it will be handled on a per contest basis. Each school should coordinate who will broadcast, if any, then fill out the proper form and send in to KSHSAA, attention: Jeremy Holaday, jholaday@kshsaa.org.

Media Credential Procedures

For the Media - Media members will apply for credentials at the beginning of the school year for a year-long media credential for state events. Contacting the state venue will still be necessary for admittance. Printing and distribution of credentials began August 1st. Passes are blue this year.

For the Schools - The media pass, for KSHSAA purposes, is a postseason pass. The host school of a regular season event may choose to accept these passes for admittance into their event with the pass signifying an approved KSHSAA media member. Media members are instructed that schools are not required to accept these passes during the regular season.

School Media - Passes are issued annually to schools and may only be used by students and/or teachers. The intent is to promote student journalism/photography education and training and provide involvement opportunities for students. New this school year, for KSHSAA postseason contests, students/teachers must be included on their school's KSHSAA Pass Gate List as School Media and possess a KSHSAA School Media Pass for admittance. No entry fee is required. Specific event information will be posted on the KSHSAA website for school media procedures. The decision for entry is up to the host school for the regular season.

Coaching School

Plans are underway for the 2022 KSHSAA Coaching School. It will be held at the Capitol Plaza Hotel, Maner Conference Center in Topeka. Reserve the dates of August 1-2, 2022, this will be a great learning opportunity for coaches.
KHSAA Hall of Fame Nominations
Due Nov. 1

Do you know a Kansan who
• has contributed their time and talent to their school, community and/or state through secondary school activities?
• has exemplified the highest standards of sportsmanship, citizenship, ethical conduct and moral character?
• has demonstrated OUTSTANDING and exceptional abilities in one of five areas: student, faculty, administrator, official, contributor?

Nominations for the Kansas State High School Activities Association Hall of Fame Class of 2022 should be sent to the Hall of Fame Committee, Box 495, Topeka, Kansas 66601-0495, to be received not later than the first business day of November to receive proper consideration for this year's awards. The committee wishes to give careful consideration to each nominee, so prompt action to complete and send in the form and support material is urged. Forms are available from the KSHSAA.

The Hall of Fame recognizes individuals who have made a contribution to Kansas secondary schools in the category for which he/she is being nominated. However, the nominee cannot be currently active in that category (exception - contributor category with 30+ years of service). Note: Nominees in the student category must be graduated five years from high school.

See www.khsaa.org for a list of inductees housed in the KSHSAA offices, 601 SW Commerce Place, Topeka. The Hall of Fame is open to visitors from 7:30 a.m. to 4:30 p.m., Monday through Friday.

See additional information on page 70.

National Activities Week
October 10-16, 2021

Mark Your Calendars Now!
  October 10: Be A Sport Day
  October 11: Fine Arts Activities Day
  October 12: Officials/Judges Day
  October 13: Youth Health Awareness Day
  October 14: Coaches/Sponsors/Advisors Day
  October 15: Fan Appreciation Day
  October 16: Community Service/Participation Day

Help celebrate the KHSAA National Activities Week by honoring those who give of time and talent developing boys and girls physically, mentally and emotionally through high school activities.

Planning and publicity are the key ingredients in gaining essential public, parental and student support of your activities program. National High School Activities Week is a great opportunity for intensified campaigning to inform and gain enthusiastic support of the activity program in your school system.

More information will be on the KSHSAA website, www.khsaa.org>School>ActivitiesWeek.

Member schools will receive KHSAA National Activities Week information (certificates and posters). The brochure outlines activities designed to celebrate sportsmanship, coaches, sponsors, officials, fans and community service in many activities.

National Testing Dates

Test dates for the 2021-22 school year:

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<th>ACT Test Dates</th>
<th>Reg. Deadline</th>
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<td>September 11, 2021</td>
<td>August 6, 2021</td>
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<td>October 23, 2021</td>
<td>September 17, 2021</td>
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<td>December 11, 2021</td>
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<td>February 12, 2022</td>
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<th>SAT Test Dates</th>
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Interstate Activities Sanctioning

Any interstate competition involving two (2) or more schools which is co-sponsored by or titled in the name on an organization outside the high school community (i.e., a college/university, a theme park, a shoe company) in addition to being sponsored by a member school, an approved school or a state association, shall require sanction of the KSHSAA and the NFHS.

The NFHS shall sanction any interstate competition by a member school involving: (a) nine (9) or more schools, at least one (1) of which is from a state that does not border the host state; (b) five (5) or more states, at least one (1) of which does not border the host state. All interstate sanction requests requiring NFHS approval must be submitted to the NFHS online at least 60 calendar days prior to the event to avoid penalty. The online sanction application payment will only be accepted by credit card or electronic mail. The application fee is $200. All host managers/sponsors will have to register at www.nfhs.com/sanctioning in order to be able to apply for NFHS sanction approval.

Sanctioning is required from the KSHSAA but NOT the NFHS for: (a) an interstate event in which four (4) or more schools from two (2) or more border states participate; (b) an interstate event which involves schools from three (3) or more border states. All interstate sanction requests requiring only KSHSAA approval must be received by the KSHSAA at least 30 calendar days prior to the event. Applications for interstate athletic events are made by completing Form G, found online at www.khsaa.org behind the school login.
Certified Spirit Head Coach

1. A certified spirit head coach must take the ANNUAL KSHSAA face-to-face rules meeting and exam (summer KSHSAA camp or fall Spirit Spreader listed on the KSHSAA website under non-athletic/spirit activities) or take the online spirit rules meeting and exam by the deadline of October 3.
   • They must also take the NFHS Coaching Cheer & Dance course ASAP. http://nfhslearn.com/courses/61013 (one time)

Non-Licensed Rule 10 Head Spirit Coach

1. Rule 10 head coach must have a Form A on file at the KSHSAA office. Email or fax it to us.
2. A Rule 10 head spirit coach must take the ANNUAL KSHSAA face-to-face rules meeting and exam (summer KSHSAA camp or fall Spirit Spreader) or the online spirit rules meeting and exam by the deadline of October 3. (Contact Kathy Wilhelm for instructions to take this rules meeting at kwilhelm@kshsaa.org)
3. A Rule 10 head spirit coach must have a (designated) certified person at all competitions and performances in the first year. (This certified sponsor does not need to be at the spirit practices.) The coach must take the KSHSAA online spirit rules meeting by the deadline or in your case before the first school practice.
4. A Rule 10 head spirit coach who is non-competitive, sideline only must take the following ASAP in the first year:
   • NFHS Coaching Cheer & Dance: http://nfhslearn.com/courses/61013 (one time)
5. Rule 10 spirit coaches who have competition teams, the head coach must take the two courses listed below in the first year.
   • NFHS Coaching Cheer & Dance: http://nfhslearn.com/courses/61013 (one time)

COACHES AIDES AND COACHING EDUCATION

Coaches/Directors Must Be Certified Employees

Rule 10 makes it clear that every person employed as a coach or assistant coach of athletics, scholars bowl, speech, or as a music director for a member school must be certified to teach in compliance with standards established by the State Board of Education. Volunteers may not be used as coaches/directors or assistant coaches/directors aides. All coaches aides must be employed by member schools under a supplemental contract.

Coaches/Directors Aides Must Be Employed and Approved

Rule 10 further stipulates a member school may apply to the KSHSAA for a waiver of the requirement of employing a certified teacher and for permission to employ coaches/directors aides. The aide must be employed by the school, and approved by the KSHSAA, before working with youth in interscholastic activities during practice sessions and/or during competition. In response to a number of questions concerning coaches/directors aides, the following summary is presented for clarification:

1. Applications for aides (Form A) shall not be made prior to May 1 preceding the school year for which the aide is employed.
2. An aide or a coach? Supervised coaches aides must always be identified as such in programs and publications. Unsupervised coaches aides may be listed in programs and publications as the head coach if the employing school so chooses.
3. For more information, please refer to Form A found online at www.kshsaa.org.

No Outsiders or Volunteers

Qualifications of Coaches (Athletic or Speech) and Music Directors Rule 10 establishes guidelines for employing individuals to work with youth in interscholastic activities.

VOLUNTEERS ARE PROHIBITED!

Coaches Aide Interpretations

Per Handbook Rule 10-1-2e, the KSHSAA Executive Board recognizes two types of aides:

SUPERVISED and UNSUPERVISED

The supervised aide must be under full-time supervision of a certified educator or unsupervised aide. The extent of supervision is determined by the principal.

ALL coaches aides are to complete the requirement of the Human Kinetics Coaching Education “Coaching Principles” course or the NFHS “Fundamentals of Coaching” course within their first year of employment, as an in-service requirement. If aides fail to do so, they will not be eligible to serve as a “supervised aide” in subsequent years.
The **unsupervised aide** does not require full-time supervision, provided a successful one-year apprenticeship has been met, and the aide has successfully completed a KSHSAA Executive Board approved in-service program such as the Human Kinetics “Coaching Principles” course or the NFHS “Fundamentals of Coaching” course AND the Human Kinetics “Sport First Aid” course or the NFHS “First Aid for Coaches” course.

The **one-year apprenticeship**, referred to above and the first year referred to in Handbook Rule 10-1-4, is interpreted by the Executive Board as a “school year.” An aide will be approved as unsupervised after completion of: (1) an apprenticeship as a “supervised” aide in the same activity during the preceding school year, (2) Human Kinetics “Coaching Principles” course or the NFHS “Fundamentals of Coaching” course, (3) the Human Kinetics “Sport First Aid” course or the NFHS “First Aid for Coaches” course.

An **unsupervised aide** employed by the same school district, in any activity, may be re-employed for continuous service by the school **without KSHSAA approval on Form A**. Satisfactory completion of courses must be on file with the KSHSAA office.

The **Executive Board established interpretations relating to the following scenario:**

School A employs a supervised aide in basketball. During the course of the year, the aide completes the “Coaching Principles” course and “Sport First Aid” course requirements, thereby qualifying as an unsupervised basketball aide the following school year.

Q: If hired by School A to coach volleyball the following year, would the identical aide qualify as an unsupervised coaches aide?

A: Yes, but only if the aide had passed both a NFHS or Human Kinetics Coaching Course and a First Aid course and was approved by the KSHSAA on a Form A. The aide may coach any sport and level within that same school district.

Q: Can School B hire a coaches aide from School A, who was previously approved to be an unsupervised aide, as an unsupervised aide?

A: Yes, a coaches aide may be unsupervised in their initial year at a new school, if they have passed both a NFHS or Human Kinetics Coaching Course and a First Aid course. If the aide was unsupervised at School A, School B could hire them as a coaches aide in their first year at that school as unsupervised.

Q: Can School B employ a coach who teaches in another school district?

A: Yes, a school may employ a teacher as a coach even if they teach in another district. If they are a Kansas certified teacher, no Form A would be necessary, only a supplemental contract to coach.

Q: Do all non-certified coaches, even cheer/dance and bowling, have to be submitted via Form A?

A: Yes. All non-certified coaches (those without a valid teaching license) must be submitted via Form A with proper documentation of course completions.

**KSHSAA Coaches Education Program with Human Kinetics & NFHS Learning Center**

With the requirement that all non-faculty interscholastic coaches in Kansas be trained prior to assuming coaching duties in their second year, Human Kinetics and the NFHS are poised to assist the KSHSAA in reaching this goal.

To become a “Supervised Coaches Aide” (work under a certified teacher) one must pass either:

- Human Kinetics Principles of Coaching course, OR NFHS Fundamentals of Coaching course.

To become an “Unsupervised Coaches Aide” one must pass either:

- Human Kinetics Principles of Coaching course, OR NFHS Fundamentals of Coaching course

  AND

- Human Kinetics Sport First Aid OR NFHS First Aid for Coaches OR an equivalent course.

**Courses that meet the Kansas requirements to become an Unsupervised Coaches Aide are:**

**Approved Human Kinetics/Courses**

- Human Kinetics Coaching Principles
- Human Kinetics Sport First Aid

**Approved NFHS Courses**

- NFHS Fundamentals of Coaching
- NFHS First Aid for Coaches

For cheer and dance coaches - NFHS Coaching Cheer & Dance

Check out the following links on the KSHSAA website for more information – [www.kshsaa.org > Schools > Coaching Education](http://www.kshsaa.org)

**Registration for**

- Human Kinetics Coaching Principles - Online Course
- NFHS Fundamentals of Coaching - Online Course
- Human Kinetics Sports First Aid - Online Course
- NFHS First Aid for Coaches - Online Course

**Human Kinetics Instructions:**

From the link, you can order one online Coaching Principles course individually by clicking on the corresponding icon in the table at the bottom of the Human Kinetics page. Please note sport-specific courses at the Human Kinetics site will **NOT** count for the initial KSHSAA coaches aide requirement.

**Athletic Directors:** A more convenient option for athletic directors is to purchase online Coaching Principles courses together through our multiple Coaching Principles **course bundles** rather than purchasing courses individually. You’ll get multiple courses you need for more than one coach in one transaction. Online Coaching Principles course packages are available for purchase now; just click on your choice of packages from the list on the Human Kinetics page. Or you can order course packages by calling Human Kinetics at **800-747-5698.**
NFHS Instructions:
“Fundamentals of Coaching” is a general coaching course that will meet the first KSHSAA coaches aide requirement. It is listed alphabetically or by searching the courses on the NFHS Learn website. Please note sport-specific courses at the NFHS site will NOT count for the initial KSHSAA coaching aide requirement.

Policy on Unsupervised Aides
Schools are not required to file Form A when RENEWING an unsupervised coaches aide for the SAME school district.

Form A is still required for all applications for supervised aides and first-time applications for unsupervised aides at a school/district. Once an unsupervised aide has been approved by the KSHSAA initially, the aide may be employed in an unsupervised capacity by any other member school, provided Form A is processed.

Late Applications for Coaches Aides Incur a Fine
The Executive Board unanimously adopted a $25 fine for schools who fail to submit application Form A prior to permitting an aide to coach in practice or competition. Schools need not have the approved form back from the KSHSAA before permitting coaching, but must have mailed or faxed the form before that time. Though violations of this rule have been relatively few, such situations create tremendous liability risk to schools and their personnel, as well as the Association. It is hoped the $25 fine will be an important reminder to schools to ensure compliance with the requirements of Handbook Rule 10. Please be certain Form A is submitted prior to allowing a coaches aide to coach in practice or a contest.

Schools must submit Form A:
1. Every year they employ a supervised aide.
2. The initial year they employ an unsupervised aide.

Postseason Officials Recommendations
Each school is to submit names of officials they feel should be considered for postseason assignment during each sport season in which officials are utilized. In order to be eligible for postseason assignment, officials must complete a KSHSAA sponsored rules meeting, score 90% on NFHS test 1, attend sport area supervisory meetings if offered and complete an application. Officials completing these requirements will be listed for schools to recommend.

Dates to submit officials recommendations:
- Gymnastics: September 29 - October 6, 2021
- Volleyball: October 6-13, 2021
- Football: October 6-13, 2021
- Boys Soccer: October 13-20, 2021
- Wrestling: January 26 - February 2, 2022
- Basketball: February 2-9, 2022
- Baseball, Softball, Girls Soccer, Track & Field: May 4-11, 2022

School administrators are to meet with coaches prior to the deadline to submit recommendations and select officials they have observed within the last two years to recommend. Only officials completing requirements for postseason will be listed. School administrators and coaches should encourage officials they feel are worthy of postseason assignment to complete requirements. The KSHSAA Officials Advisory Committee feels listing only officials who make themselves postseason eligible is a more accurate way to select officials for regional, sub-state and state tournaments. It is recommended that officials provide coaches a card with their name and hometown prior to each contest. Only officials completing requirements for postseason will be listed. Failure to submit officials recommendations by the deadline will result in a $50 fine to the school for each sport not submitted.

Newly Registered Officials
All newly registered officials or officials adding a sport are required to complete a new officials orientation meeting “Officiating 101”. This meeting provides information to new officials about the KSHSAA website, education materials, who to contact to get game assignments, Arbiter information, rules books apps from the NFHS and other valuable resources. Officials cannot be assigned to contests until they complete this online meeting requirement.

Official Recruitment
The KSHSAA like other state associations has had a steady decrease in the number of officials working interscholastic contests. In a recent survey conducted by the KSHSAA we asked former officials why they discontinued registering as a KSHSAA official. The top five reasons included: changes in job responsibilities, family responsibilities, poor sportsmanship by adult fans, assigner politics and low game fees. This year the coronavirus pandemic has caused a further reduction in officials due to health concerns. The average age of our 3,216 officials registered last year was 50 years old. The KSHSAA has been offering a scholarship program as an incentive to
get newer officials to register. League commissioners have recommended officials and the KSHSAA has set them up with a mentor. The retention rate of the scholarship officials has been more than 50%.

The development of new officials is an important part of retaining new officials. School administrators need to encourage league commissioners to assign newer officials with veterans to help develop them and get them ready for higher level contests.

Coaches Can Help in Recruiting Officials

Recruitment and retention of officials continues to be a priority for the KSHSAA. Coaches can help in the recruitment of new officials by encouraging players or former players they feel have a good understanding of the game to become officials. Coaches have a major impact on whether former players consider becoming an official based on the way they treat officials during contests. If someone is interested in becoming an official, more information can be found at www.kshsaa.org>Officials.

An official advisory committee conducted their meeting June 21 at the KSHSAA office. The recruiting slogan, “For the Love of the Game...Officiate” will be used for the 2021-22 school year. The KSHSAA has already sent flyers to all college intramural programs, recreation departments and YMCAs, hoping to encourage people to register as officials. Discussion topics included: official shortage, new pay system for regional and substate officials, postseason assignments and sportsmanship policies. The minutes of the official advisory committee meetings are on the officials page of the KSHSAA website. Minutes were also sent to league commissioners and league presidents for review. Members of the official advisory team are: Jeffery Ridgway, William Tunstall, Rodney Palen, Justin Thaw, Adam Buche, Josh Tanking, Nancy Tooley, Carmen Doramus, Gordie Wetmore, Randy Richter, Tom Goldsmith, Armando Espinoza.

School Report on Officials

School administrators and coaches who have concerns relevant to an official are to submit a School Report on Officials. This form is online at www.kshsaa.org in the Yearly Letter Forms section (Form S). The online form will be sent to the KSHSAA administrator for the sport and the officials involved. This form should be used to report incorrect rules interpretations or unprofessional behavior by an official at any time during the season. The report should include an explanation detailing the specific situation in which a misapplication or interpretation of a playing rule was made, or the specific allegations of inappropriate behavior by the official. Officials have also been provided with a form entitled Official's Report of Unusual Situations. They have been advised to use this form to report any unusual situations involving parents, coaches or school team players. It is also recommended that these reports be used to recognize and report positive situations and to pay tribute to outstanding sportsmanship and professional behavior.

All reports sent to the KSHSAA are followed up by an appropriate staff administrator, whether it is a school report on the officials or an officials report of an unusual situation. School administrators/coaches or an official filing a report should receive a response from the KSHSAA acknowledging receipt of the report. Specific sanctions or steps taken by the KSHSAA or member schools relevant to the reports may not be shared with the reporting parties. However, it is important to stress that all reports that reach the KSHSAA are followed up on by KSHSAA staff. Hopefully, concerns are addressed and improvements made before the next contest.

Use of this reporting method, coupled with the system through which schools recommend those officials they believe are capable of working postseason events, is a better system of improving officiating than an end-of-season “rating” system for officials. There are several leagues that have developed additional evaluation systems that are used to evaluate officials for hiring and rehiring purposes.

Remember, these individuals are working as officials because of their love for the sport and enjoyment they receive from working with the middle/high school athlete. The athletic department’s responsibility is to provide the officials (prior to the contest) any necessary information that will assist them before and after the contest.

Officials - Unusual Situations Report

Officials are asked to report any unusual situations (both positive and negative) to the KSHSAA through the submission of an Official’s Report of Unusual Situations. This form is available to all KSHSAA registered officials on the individual officials page of the KSHSAA website - log on using your officials number and password.

By submitting the form online, it significantly speeds up the process through which schools and the KSHSAA can address issues. Additional information concerning these reports can be found in the KSHSAA Officials Handbook.

A report should be submitted for any coach, player and/or spectator ejection. A report should also be submitted any time a contest is stopped due to an issue with a fan.

School Report on Officials

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Arbiter Information

The KSHSAA began providing Arbiter as an assigning tool for schools and league commissioners in 2010. At this time all but one league is using Arbiter as their primary form of assigning officials. Arbiter allows officials to have their game schedule in one place and allows assigns to know if officials are available before assigning them to a date. In addition, school administrators are able to view the officials assigned through their Arbiter account. Each league is provided an Arbiter account for assigning at no charge. This account can be used by the employed league commissioner. Individual schools can also use Arbiter to assign officials to contests at no cost. All officials listed in the KSHSAA Arbiter account must be registered in order to be assigned. If a school administrator would like more information on using Arbiter to assign officials to their contests they may contact Francine Martin at the KSHSAA office.

ArbiterPay

After hearing of the success of other states and our own schools using ArbiterPay, the KSHSAA is utilizing the service to pay officials for postseason. We found ArbiterPay to be a cost and time saving process, as well as the preferred method of payment by the officials. As a result, we’re now supporting the use of this service to schools and believe you and officials will realize the benefits.

What is ArbiterPay?

ArbiterPay is a direct deposit pay service where your district establishes and funds an online account, managed by the Bank of Utah, that then allows for electronic payments to be made to officials directly from your Arbiter login. After the games are worked, you simply login to the Arbiter site and release payments. Having served a number of districts in the state over the past few years, the ArbiterPay team is familiar with Kansas schools’ needs and nuances.

What are the benefits?

- ArbiterPay collects all W-9s and issues all 1099s for your district. The 1099s are sent using ArbiterPay’s Tax ID Number. Not only does this remove a costly and painful task from your district, this method also protects officials’ personal information because it no longer needs to be provided at the game site.
- Direct cost savings in postage, checks, envelopes, stop payment fees and all other expenses associated with issuing paper checks.
- More timely payments to officials.
- Elimination of calls and questions from officials related to payments.

What’s the cost?

For each payment made to an official there’s a transaction fee of $1.95. The fee is charged at the time of payment so there are no invoices. Schools report that total costs (time, mailing, materials) for cutting checks is significantly higher.

How do I get started?

Your district can get started by visiting www.arbiterpay.com and clicking the Sign Up link. If you have any questions along the way please contact Justin Miller at justin.miller@arbitersports.com. We can also provide a list of Kansas schools already using the service if your district would like a referral.

ArbiterPay for State Events

The KSHSAA will use ArbiterPay for payment of all state tournament officials. The KSHSAA purchases the Arbiter assigning program for all schools and leagues to use. Several school districts have decided to use ArbiterPay for payment of officials as it eliminates the need to write checks, collect W-9 forms and send 1099 forms to officials. Schools interested in using ArbiterPay should contact Brent Unruh or Francine Martin at the KSHSAA office for more information.

KSHSAA Registers 3,216 Sports Officials in 2020-2021

The KSHSAA saw a drop of 750 registered officials during the 2020-2021 school year. There were 3,216 officials registered last year. Recruiting and retaining officials continues to be a priority for the KSHSAA. The KSHSAA has developed several initiatives to try to increase the number of officials including: free registrations for officials recommended by league commissioners, mentors for “scholarship officials,” communication with college intramural and recreation departments. The average age of officials in all sports is over 50. Officials continue to age, but the players are all still 14-18 years old.

Principals, athletic directors and coaches should actively recruit persons, young and old, to get involved in officiating. High school seniors should be given information on officiating to keep them involved in athletics after graduation. Officiating is a great part-time job for college students. In addition, parents who no longer have children participating in interscholastic athletics are a group we are targeting to recruit new officials.

The KSHSAA “Official Advisory Committee” discussed reasons given for not registering include: lack of sportsmanship and respect shown by coaches, players and fans; poor pay for the time given; not getting enough game assignments; and not being able to get off work from their primary job. As schools move game times earlier in the day it is not possible for some officials to get off work to arrive on time to officiate contests. This is something that needs to be considered as schedules are developed. Schools must continue efforts to educate coaches, players and fans that without officials there will be no game, and while not all “calls” will go your team’s way, negative behavior has no place in interscholastic athletics. Schools should be proactive in dealing with situations in which fans become unruly. During any contest everyone has a role to play, coaches – coach; players – play; officials – adjudicate rules; and fans – support their team. There is no place in interscholastic athletics for negative comments toward opponents or the officials. In addition, concern about school administrators not being visible and supportive of officials at the game site is given as reasons officials are leaving the profession.

All officials who work senior high varsity events in volleyball, football, soccer, basketball, wrestling, baseball, softball, girls gymnastics and track & field/cross country must be registered. All registered officials must attend a KSHSAA rules meeting and complete an examination over the rules.

Registrations for the 2021-2022 school year are currently being received. Interested persons may also register at the various officials meetings. The registration fee is $55 for one sport and $25 for each additional sport.

Listed below are officials registration numbers in the last three school years.

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Fall 2021
1. What is your payment policy for “Acts of God”?

2. What is the league policy when games are not played for other reasons?
   a. Items that would not qualify as “Acts of God”:
      i. Not enough players to field a team
      ii. Overscheduling of games
      iii. Double booking of officials (more than number necessary for games being played)
      iv. Other issues after officials have been assigned
   b. Officials have “saved the date” for your league in this case – they have a contract and are entitled to a game fee.
   c. If a substitute or replacement game can be found for the official(s) originally contracted, the game should be offered to the originally contracted officials. Official(s) may opt to accept the replacement game. If the official(s) accept the replacement game, then there is no compensation owed to the official(s) for the initial game that was canceled or postponed. If the official(s) do not accept the replacement game, then the official(s) are entitled to the original game fee.
   d. This is why leagues may want to consider adopting a policy and making sure officials know – if we have to cancel a game for something other than an “Act of God” here is how it will be handled.
   e. We are having more and more schools “cancel schedules” after the season has started due to lack of numbers. These officials have a contract and should be paid. If the school/league doesn’t have something in place for compensation, you may want to discuss a policy.

3. When an interscholastic event/game is suspended or postponed due to “Acts of God” after the game has started, the official(s) do not accept the replacement game, then the official(s) are entitled to the original game fee.

4. When an interscholastic event/game is suspended or postponed due to “Acts of God” and the officials cannot return to work the game and the game has not started, there is no compensation owed to the official(s) for the initial game that was canceled or postponed. If the official(s) accept the replacement game, then the official(s) are entitled to the original game fee.

5. Develop a policy concerning officials who accept either a written, electronic, or verbal contract with a KSHSAA member school or league, and who fail to fulfill that contract.
   a. Should the official reimburse the school or league the game fee for that game and any expenses incurred by the school for finding a replacement?
   b. No longer assign the official to contests
   c. Notify the KSHSAA

**Officials Contracts**

Many schools have league commissioners assigning officials for varsity games and most are using Arbiter as the assignment notification method. When officials accept games in Arbiter they are accepting a contract indicating when and where the game will be played and the schools involved. This electronic contract is binding to both parties. Schools not using Arbiter for assigning purposes should provide a written contract for officials so there is no confusion on dates and locations of contests. Written or electronic contracts are important when there is a question about the failure of a party to fulfill a contract.

**Official Assigning Dates**

Officials are independent contractors and can choose which game assignments to accept. In order to provide the best opportunity for all schools/leagues to get the most requested officials the KSHSAA sets an assigning date for each season. This is the day that contracts/game assignments can be offered to officials by league commissioners or schools. It is important that schools and leagues have their schedules completed and to the league commissioners so they can properly assign officials to sites. Commissioners will be able to begin assigning slots in Arbiter at 8:00 AM. Commissioners can’t publish games until 5:00 PM. For the 2021-2022 school year these will be the assigning dates.

- Fall Sports – Sunday, November 7, 2021
  (Football, Volleyball, Boys Soccer, Gymnastics)
- Winter Sports - Sunday, March 20, 2022
  (Basketball, Wrestling)
- Spring Sports – Sunday, May 22, 2022
  (Baseball, Softball, Girls Soccer, Track & Field Starters)

Individual schools/assigners that assign contests/ofer contracts in Arbiter beginning at 5 p.m. on the days listed above since their games automatically generate emails and game assignments, there is no publish feature for contacts in Arbiter.

**Ideas for League Policies Regarding Officials**

Each year the KSHSAA encourages league administrators to review league policies concerning officials on a regular basis. Below are some topics that leagues should consider. Leagues may want to develop specific policies for paying officials if games are canceled due to COVID.

1. What is your payment policy for “Acts of God”?

<table>
<thead>
<tr>
<th>SPORT</th>
<th>18-19</th>
<th>19-20</th>
<th>20-21</th>
<th>DIF</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball (B &amp; G)</td>
<td>1770</td>
<td>1736</td>
<td>1459</td>
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</tr>
<tr>
<td>Football</td>
<td>1241</td>
<td>1270</td>
<td>1144</td>
<td>-96</td>
</tr>
<tr>
<td>Volleyball</td>
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<td>823</td>
<td>694</td>
<td>-93</td>
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<tr>
<td>Wrestling</td>
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<td>256</td>
<td>204</td>
<td>-40</td>
</tr>
<tr>
<td>Baseball</td>
<td>429</td>
<td>447</td>
<td>371</td>
<td>-74</td>
</tr>
<tr>
<td>Girls Gymnastics</td>
<td>12</td>
<td>12</td>
<td>14</td>
<td>+2</td>
</tr>
<tr>
<td>Soccer (B &amp; G)</td>
<td>323</td>
<td>309</td>
<td>266</td>
<td>-37</td>
</tr>
<tr>
<td>Softball</td>
<td>374</td>
<td>367</td>
<td>324</td>
<td>-36</td>
</tr>
<tr>
<td>Track &amp; Field/</td>
<td>107</td>
<td>107</td>
<td>100</td>
<td>-7</td>
</tr>
<tr>
<td>Cross Country</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>5,328</strong></td>
<td><strong>5,326</strong></td>
<td><strong>4,576</strong></td>
<td><strong>-750</strong></td>
</tr>
</tbody>
</table>
6. All contracts between schools and officials should be written. When officials accept a game in Arbiter a contract is approved that is generic, outlining responsibilities, but it does not indicate the amount an official is paid.

7. If leagues are not completing individual contracts with pay amounts and other information, commissioners may want to post the league pay schedule on the announcement page in Arbiter. Officials are entitled to know what the compensation is for the games they are working.

8. Leagues may consider having a timetable to review official fees for each sport every three years. This way leagues would know that certain sport fees will be looked at on a rotation. That doesn't mean they will change, but at least they will be considered. Example – review Football, Volleyball, Soccer one year; Basketball, Wrestling, Swimming and Diving the next; Baseball, Softball, Cross Country/Track and Field the next; then start over – so they are at least being looked at by the league every three years.

## 2021-22 Rules Book Prices

Rules book orders for schools are placed through the Entry Forms section of the website. Non-school personnel may order rules books at [https://kshsaapublications.square.site](https://kshsaapublications.square.site).

<table>
<thead>
<tr>
<th>Rules Book</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>High School Spirit Rules Book</td>
<td>$7</td>
</tr>
<tr>
<td>High School Football (11-Player &amp; 8-Player) Rules Book</td>
<td>$7</td>
</tr>
<tr>
<td>High School Football Case Book</td>
<td>$7</td>
</tr>
<tr>
<td>High School Football Officials Manual</td>
<td>$7</td>
</tr>
<tr>
<td>High School Volleyball Rules Book</td>
<td>$7</td>
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<tr>
<td>High School Volleyball Case Book &amp; Manual</td>
<td>$7</td>
</tr>
<tr>
<td>High School Basketball Rules Book</td>
<td>$7</td>
</tr>
<tr>
<td>High School Basketball Case Book</td>
<td>$7</td>
</tr>
<tr>
<td>High School Basketball Officials Manual</td>
<td>$7</td>
</tr>
<tr>
<td>Gymnastics Rules &amp; Judging Manual</td>
<td>$7</td>
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<tr>
<td>High School Swimming &amp; Diving Rules Book</td>
<td>$7</td>
</tr>
<tr>
<td>High School Wrestling Rules Book</td>
<td>$7</td>
</tr>
<tr>
<td>High School Wrestling Case Book &amp; Manual</td>
<td>$7</td>
</tr>
<tr>
<td>*High School Track &amp; Field/Cross Country Rules Book</td>
<td>$7</td>
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<tr>
<td>*High School Track &amp; Field/Cross Country Case Book</td>
<td>$7</td>
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<tr>
<td>*High School Track &amp; Field/ Cross Country Officials Manual</td>
<td>$7</td>
</tr>
<tr>
<td>*High School Softball Rules Book</td>
<td>$7</td>
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<tr>
<td>*High School Softball Case Book</td>
<td>$7</td>
</tr>
<tr>
<td>*High School Softball Umpires Manual</td>
<td>$7</td>
</tr>
<tr>
<td>*High School Baseball Rules Book</td>
<td>$7</td>
</tr>
<tr>
<td>*High School Baseball Case Book</td>
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<tr>
<td>*High School Baseball Umpires Manual</td>
<td>$7</td>
</tr>
<tr>
<td>High School Soccer Rules Book</td>
<td>$7</td>
</tr>
<tr>
<td>Girls &amp; Boys USTA Rules of Tennis</td>
<td>$7</td>
</tr>
<tr>
<td>Girls &amp; Boys USGA Golf Rules (S&amp;H only)</td>
<td>$2</td>
</tr>
</tbody>
</table>

*(shipping and handling included in price)*

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## 2021 Spring State Officials

### Baseball
- **May 27-28, 2021**
- **Class 4A**
  - Michael Burns
  - Gary Davis
  - Tom Drake
  - Janet Johnston
  - Louis Mignone
  - Tim Waggoner

- **Class 3A**
  - Dan Cerny
  - Brad Eberhardt
  - Mike Holt
  - Kurt Lohse
  - Brian Miller
  - Ron Price

- **Class 2-1A**
  - Mark Brack
  - Brad Cowles
  - Scott Goodheart
  - Mark Kenyon
  - Bill Seidl
  - Ronie Spencer

- **Soccer**
  - May 28-29, 2021
  - **Class 6A**
    - Randall Ashburn
    - Phil Gomez
    - Dana Joras
    - Louis (Drew) Klemp
    - Alan Peil
    - Edward Smarsh

- **Class 5A**
  - Brad Canova
  - Mark Edwards
  - Naomi Omenski
  - Larry Weigant
  - Matt Weigant
  - Gordie Wetmore

- **Class 4-3-2-1A**
  - Troy Fowler
  - Nicholas Guerrero
  - Chris Johnson
  - Klaus Kollmair
  - Mike McNally
  - Sergio Torres

- **Track and Field**
  - May 27-29, 2021
  - **Class 4A**
    - Edward Smarsh
    - Alan Peil
    - Tim Winam
  - **Class 3A**
    - Mark Kenyon
    - Bill Seidl
    - Ronie Spencer

- **Starters**
  - Brad Clark
  - Curtis Conrad
  - Bill Lowry
  - Don Wiens
**SPORTS MEDICINE**

**KSHSAA Adopted Statement on Performance Enhancing Drugs and Nutritional Supplements**

The following statement can be found in the Sports Medicine menu of the KSHSAA website.

In order to promote the health and safety among all student-athletes, reduce health risk, maintain ethical standards as well as reduce liability risk, students should not use any drug, medication (over-the-counter or prescription) or nutritional supplement, as defined by the World Anti-Doping Agency, for the purposes of performance-enhancement. All school personnel, including coaches and school nurses, should never recommend the use of any drug, medication (over-the-counter or prescription) or nutritional supplement, as defined by the World Anti-Doping Agency, for the purposes of performance-enhancement.

School personnel should not dispense or administer any drug, medication (over-the-counter or prescription) or nutritional supplement, unless the student-athlete is under the direct care of a licensed health professional, licensed to practice in the state of Kansas and practicing within their scope of practice as defined by the Kansas Board of Healing Arts, and as prescribed. We recommend that coaches, athletic directors, nurses and other school personnel develop strategies that address the prevalence and growing concerns of using any drug, medication or nutritional supplement for the purpose of performance-enhancement. Athletes should be encouraged to pursue their athletic goals through hard work, appropriate rest, proper hydration and good nutrition, not unsubstantiated shortcuts. School personnel, coaches and parents should allow for open discussion about dietary supplement use, and should strongly encourage obtaining optimal nutrition through a well-balanced diet.

Approved KSHSAA Sports Medicine Advisory Committee and KSHSAA Executive Board, April 2017

**Be Prepared for a Sudden Change of Weather**

**KSHSAA Recommended Procedures to Consider When Inclement Weather Occurs During a Contest**

The safety of participants, spectators, coaches/directors, school personnel and all others present at an athletic contest must be the first and foremost concern to the contest officials and building administrators.

1. When an interscholastic contest has been scheduled and dangerous playing conditions exist or severe weather is anticipated, the following should be considered:
   a. **Prior to beginning an athletic contest**, when severe weather is anticipated, the head contest official and the principals of each school, or their designees, will meet to review the suspension and/or postponement procedures. This would include a review of any applicable playing rules.
   b. **The host school administrator** will be responsible for informing contest officials, visiting school admin-

2. When a suspension of a contest occurs, the following should be considered:
   a. If the suspension is 45 minutes or greater, resuming at a later date should be considered.
   b. When it appears that weather conditions are no longer a threat to the safety of participants, spectators or contest officials, administrators from all schools involved will meet with the head contest official to determine if play will continue. If any administrator or the head contest official casts a negative vote for play to resume, the suspension should continue.
   c. **If play is to be resumed**, contestants will be given at least a 15 minute warm-up period prior to competition.

**Heat Illness: Prepare, Recognize and Act Fast!**

Jennifer Scott Koontz, MD, MPH

Heat illness is a term that includes heat cramps, heat exhaustion and heat stroke, which can be fatal. Because heat illness can have devastating consequences, it is important to be prepared so our student-athletes are protected. Football and cross country athletes are at highest risk for severe heat illness, but heat illness can occur to ANY student participant.

**Heat stroke is 100% survivable when properly recognized and treated in a prompt manner.** Because there is good scientific knowledge on how to prevent and treat heat stroke, the KSHSAA has developed new guidelines over the past few years to help keep students safe. These guidelines include heat acclimatization policies, general education and recommendations for heat illness prevention/treatment, and new cross country race host guidelines. All of this information

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PREVENT
There are several steps you can take to help your student-athletes and teams avoid heat illness:

1. Get used to the heat – Heat acclimatization is the process of your body gradually adjusting to the heat, which is very important to help prevent heat illness. Recommendations for this include a 10-14 day period when the athlete is gradually progressing to longer practices and added equipment.

2. Stay hydrated – Athletes should drink to thirst, watch for light yellow urine, and never start a practice or conditioning session if their body weight is at a 2% or greater deficit from their most recent pre-practice weigh-in. Make sure there are adequate water breaks in the shade and require football players remove their helmets during these breaks. Always allow unrestricted access to water without punishment.

3. Use a wet bulb globe thermometer (WBGT) to assess the risk for heat illness. This instrument takes heat, humidity and sunlight into account and is the most accurate way to assess environmental risk for heat illness. If a WBGT device is not available, the heat index value can be used but may not provide as accurate a picture of the risk. Use these measurements to modify, delay or cancel practices or competitions.

4. Know the risk factors that increase the likelihood a student-athlete will suffer from heat illness. In addition to environmental heat, humidity and sunlight, there are also individual risk factors that must be considered. Some of these factors are a recent or current fever, obesity, dark colored clothing, lack of an acclimatization period, history of heat illness, poor fitness, certain medications (such as those for ADHD), alcohol, caffeine, excess equipment/clothing, sickle cell trait and stomach illness. Know your athletes and their individual risk factors.

PREPARE
Not all heat illness can be prevented, so it’s important to be prepared when heat illness does occur. Taking the steps listed below can help ensure your team is at their best performance and will avoid injury from the heat.

1. Schedule practices to avoid the hottest part of the day, which is typically between 10 a.m. and 5 p.m. Follow your school district and KSHSAA guidelines to modify practices and water breaks based on the environmental conditions.

2. An updated Emergency Action Plan should be in place and practiced annually. A well-prepared plan will help keep students safe! For assistance in creating and/or updating a plan, an EAP template is available in the Sports Medicine and Safety section of the KSHSAA website.

3. Medical coverage for practices and competition is important. An athletic trainer can help identify risk factors in athletes, create Emergency Action Plans, and initiate prompt treatment when needed.

4. Full body cold water immersion is the gold standard for treatment of heat stroke. Be prepared to treat a potential heat stroke by having a cold tub prepared and ready onsite at any practice or competition. You may want to check with a local hardware or farm supply store to find a suitable tub. Often these businesses are even willing to donate or provide a discount on this equipment! Along with the cold tub, other supplies/equipment to have on hand are a suitable water/ice supply, a rectal thermometer to assess core body temperature (healthcare professionals only), tarp (if no tub is available-see TACO method of cooling below) and a phone to activate the EMS system.

RECOGNIZE
The definition of a heat stroke is defined as the following:

- A core body temperature of 104°F or greater (a rectal thermometer is needed to obtain core body temperature and should only be used by a healthcare professional).

AND

- Central nervous system dysfunction which is demonstrated by at least one of the following – irritability, confusion, emotional, unstable gait, dizziness, altered consciousness, collapse or coma.

Additional signs and symptoms of heat stroke include headache, nausea/vomiting, diarrhea, cramps, profuse sweating, lack of sweating, cold/clammy skin, red/hot skin, decreased performance, thirst, rapid pulse, low blood pressure and/or fast/labored breathing.

Other medical conditions such as cardiac issues, seizure disorders, sickle cell crisis and low blood sugar can all mimic heat illness, so it is important to know your athletes. But if heat stroke is the most likely cause of the signs and symptoms, get the student cooled down as quickly as possible. Do not delay cooling if heat stroke is suspected.

TREAT
Once heat stroke is suspected, the student-athlete should be quickly immersed up to the torso in a cold water immersion tub cooled to approximately 50°F. Coaches, parents, medical professionals and others should activate the EMS system while the student is being placed in the tub, so the cooling process is not delayed. Always check and maintain airway, breathing, and circulation, and monitor vital signs. If an ice tub is not available, other options include tarp-assisted cooling (TACO) or full-body cold water dousing. Once an athletic trainer, physician and/or EMS arrives, they will continue the rapid cooling until core body temperature is less than 101°-102°F. Transport to the hospital should take place AFTER the body has been cooled to a safe level. DO NOT DELAY the treatment of heat stroke – the survival rate is 100% when appropriate rapid body cooling is administered within 10 minutes of recognition.

STAY SAFE!
Hot summer months and the start of fall sports are a high-risk time for heat illness, including heat stroke. Have an Emergency Action Plan in place and educate your administrators, coaches, athletic trainers, team managers and student-athletes to prevent, recognize and treat heat stroke. Not all heat illness is preventable, so make sure you are ready to implement life-saving measures once heat stroke is recognized. Water, ice and a tub can save a life at your school this year!

Jennifer Scott Koontz, MD, MPH is a sports medicine physician in Newton, KS and the former chairperson of the KSHSAA Sports Medicine Advisory Committee. She can be reached at jenniferscottkoontz@gmail.com if you have any questions about heat illness or need assistance in creating an Emergency Action Plan.
KSHSAA GUIDELINES FOR LIGHTNING SAFETY

1. WHEN THUNDER IS HEARD OR CLOUD-TO-GROUND LIGHTNING IS SEEN, THE LEADING EDGE OF THE THUNDERSTORM IS CLOSE ENOUGH TO POSE A LIGHTNING RISK. SUSPEND PLAY AND TAKE SHELTER IMMEDIATELY.

2. ONCE PLAY HAS BEEN SUSPENDED, WAIT AT LEAST 30 MINUTES FROM THE LAST SOUND OF THUNDER OR LIGHTNING STRIKE WITNESSED BEFORE RESUMING THE ACTIVITY.

3. ANY SUBSEQUENT THUNDER OR LIGHTNING STRIKE DURING THE 30 MINUTE WAITING PERIOD RESETS THE CLOCK, AND A NEW 30 MINUTE WAITING PERIOD BEGINS.

4. WHEN INDEPENDENTLY VALIDATED LIGHTNING DETECTION DEVICES OR MOBILE PHONE APPS ARE AVAILABLE, THIS TECHNOLOGY COULD BE USED TO ASSIST IN MAKING A DECISION TO SUSPEND PLAY IF A LIGHTNING STRIKE IS NOTED TO BE WITHIN 10 MILES OF THE EVENT LOCATION. HOWEVER, YOU SHOULD NEVER DEPEND ON THE RELIABILITY OF THESE DEVICES AND, THUS, HEARING THUNDER OR SEEING LIGHTNING SHOULD ALWAYS TAKE PRECEDENCE OVER INFORMATION FROM A MOBILE APP OR LIGHTNING DETECTION DEVICE.

   ANYTIME LIGHTNING CAN BE SEEN OR THUNDER HEARD, RISK IS PRESENT!

At night, under certain atmospheric conditions, lightning flashes may be seen from distant storms. In these cases, it may be safe to continue an event. If no thunder can be heard and the flashes are low on the horizon, the storm may not pose a threat. Independently verified lightning detection information would help eliminate any uncertainty.

SCHOOL CONSIDERATIONS:

1. A documented plan for handling severe weather situations such as lightning should be in place.

2. The persons responsible for monitoring weather activity and determining when to suspend practice or competition should be identified. Ideally this person will NOT be a coach or an official involved in the game or practice, as they may be too involved with their other duties to monitor the weather.

3. Each school will need to determine their most effective means of monitoring the weather. No matter how weather is monitored, hearing thunder or seeing lightning should always take precedence in decision making over information obtained from other sources.

4. All personnel, athletes, and spectators should be clearly informed in advance of available safe structures or shelters in the event of severe weather.

5. The most ideal safe structure is a fully enclosed building with plumbing, electrical wiring, and telephone service which all aid in grounding the structure.

6. Fully enclosed automobiles with metal roofs, including school buses, provide adequate shelter as well.

7. Avoid using bathrooms or showers as shelter areas as the plumbing pipelines provide a path for the lightning to enter the structure. Also avoid using corded telephones or headsets during a thunderstorm, and avoid standing near utilities.

8. If communication is necessary during the storm, cellular and cordless phones are considered reasonably safe.

National Federation of State High School Associations. NFHS Guidelines on Handling Practices and Contests During Lightning and Thunder Disturbances.

www.nfhs.org/resources/sports-medicine.
Kansas Law on Concussion Management

All of you should be aware of concussion legislation in the state of Kansas which became effective July 1, 2011. The law regarding concussions, in its entirety, is as follows:

Sec. 72-135. (a) This section shall be known and may be cited as the school sports head injury prevention act.

(b) As used in this section:

(1) “School” means any public or accredited private high school, middle school or junior high school.

(2) “Health care provider” means a person licensed by the state board of healing arts to practice medicine and surgery.

(c) The state board of education, in cooperation with the Kansas State High School Activities Association, shall compile information on the nature and risk of concussion and head injury including the dangers and risks associated with the continuation of playing or practicing after a person suffers a concussion or head injury. Such information shall be provided to school districts for distribution to coaches, school athletes and the parents or guardians of school athletes.

(d) A school athlete may not participate in any sport competition or practice session unless such athlete and the athlete's parent or guardian have signed, and returned to the school, a concussion and head injury information release form. A release form shall be signed and returned each school year that a student athlete participates in sport competitions or practice sessions.

(e) If a school athlete suffers, or is suspected of having suffered, concussion or head injury during a sport competition or practice session, such school athlete immediately shall be removed from the sport competition or practice session.

(f) Any school athlete who has been removed from a sport competition or practice session shall not return to competition or practice until the athlete is evaluated by a health care provider. If the health care provider provides the clearance to return to play or practice, the athlete shall not be liable for civil damages resulting from any act or omission in the rendering of such care, other than acts or omissions constituting gross negligence or willful or wanton misconduct.

(g) This section shall take effect on and after July 1, 2011.

In 2010 the NFHS strengthened rules regarding concussion management requiring any athlete exhibiting signs, symptoms or behaviors consistent with a concussion to be immediately removed from the contest and not allowed to return until cleared by an appropriate health care professional. THE NFHS RULE HAS NOT CHANGED! Officials, coaches and school medical personnel are still required to remove any athlete from a contest or practice in which they believe the student-athlete may have suffered a concussion.

- As stated in section (d) above, schools are now required to have on file a signed concussion and head injury information release form. This form must be signed by both the student-athlete and the student's parent/guardian. This form is required to be submitted to the school each year before the student participates in any spirit or sport practice or competition, similar to the KSHSAA Pre-Participation Physical Exam. We have provided a model form on our website schools may choose to use, or use as a guide to create their own.

- The state law defines a health care provider as a person licensed by the Kansas Board of Healing Arts to practice medicine and surgery. By definition this is a Medical Doctor (MD) or Doctor of Osteopathic Medicine (DO). The state law mandates a student-athlete may not return to participation until written clearance is received from a health care provider.

Below is a summary of our recommendations to our member schools to comply with the state law and the NFHS playing rule. A complete and detailed version can be found on our website in the Sports Medicine and Safety section.

1. If concussion consistent signs or symptoms are observed in an athlete, the student should be immediately removed from the practice or contest.

2. The student should not be allowed to return to any practice or contest until written clearance is obtained from a health care provider (MD or DO).

3. The KSHSAA and the NFHS strongly recommend the athlete not be allowed to return to the practice or contest the same day the concussion consistent signs or symptoms were observed.

4. A graduated return-to-play protocol should be followed before the athlete is allowed to return to unrestricted participation in their sport.

5. A signed concussion and head injury information release form must be on file with the school.

6. Require all coaching staff, school administrators responsible for event coverage and every student participating in an athletic activity (including spirit activities) to complete a mandatory concussion education program (either in group setting or individually). Member schools are strongly encouraged to utilize the free “NFHS Concussion in Sports” course or an equivalent program. It must be conducted prior to the start of practice during preseason team meetings or coaching in-service. Students or coaches involved in multiple sports need only complete training one time during the school year.

The KSHSAA continues to provide access to concussion educational resources directly through our website. Go to the Sports Medicine and Safety section to find the full version of the KSHSAA Guidelines and Recommendations, a sample parent/student information release form, and several links to concussion educational resources including the most up to date information from the Centers for Disease Control.

REMEMBER – WHEN IN DOUBT, SIT THEM OUT!
KSHSAA STUDENT ELIGIBILITY

For Middle/Junior and Senior High School Counselors to Determine Eligibility When Enrolling Students

Schools may have stricter rules than those pertaining to the questions listed below. Contact the principal or Athletic Director on any matter of eligibility. A student, to be eligible to participate in interscholastic activities, must be certified by the school principal as meeting all eligibility standards.

All KSHSAA rules and regulations are published in the official KSHSAA Handbook which is distributed annually and is available at your school principal’s office. A brief summary of some of the rules pertaining to eligibility is listed below. If you have questions, please ask your principal.

RULE 7  Physical Examination — Parental Consent: Students shall have passed an adequate physical examination given by an approved health care provider and have the written consent of their parents or legal guardian. Students and parents must sign and submit the school’s Concussion and Head Injury Form required by state law.

RULE 14  Bona Fide Student: Eligible students shall be a bona fide undergraduate member of his/her school in good standing.

RULE 15  Enrollment/Attendance: Students must be regularly enrolled and in attendance no later than Monday of the fourth week of the semester in which they participate.

RULE 16  Semester Requirements: A student shall not have more than two semesters of possible eligibility in grade seven and two semesters in grade eight. A student shall not have more than eight consecutive semesters of possible eligibility in grades nine through twelve, regardless of whether the ninth grade is included in junior high or in a senior high school. NOTE: If a student does not participate or is ineligible due to transfer, scholarship, etc., the semester(s) during that period shall be counted toward the total number of semesters possible.

RULE 17  Age Requirements: Students are eligible if they are not 19 years of age (16, 15 or 14 for junior high or middle school student) on or before August 1 of the school year in which they compete.

RULE 18  Transfer: If a student changes schools without a move on the part of his/her parents, high school students are ineligible for one calendar year, middle/junior high students are ineligible for eighteen school calendar weeks.

EXCEPTION:

BEGINNING SEVENTH GRADER — A seventh grader, at the beginning of his or her seventh grade year, is eligible under the Transfer Rule at any school in the vicinity of home, which he or she may choose to attend.

BEGINNING NINTH GRADERS IN A THREE-YEAR JUNIOR HIGH SCHOOL — So that ninth graders of a three-year junior high are treated equally to ninth graders of a four-year senior high school, a student who has successfully completed the eighth grade of a two-year middle/junior high school, may transfer to the ninth grade of a three-year junior high school at the beginning of the school year and be eligible immediately under the Transfer Rule. Such a ninth grader must then, as a tenth grader, attend the feeder senior high school of their school system. If they attend a different school as a tenth grader, they would be ineligible for one calendar year.

ENTERING HIGH SCHOOL FOR THE FIRST TIME — A senior high student is eligible under the Transfer Rule at any senior high school he or she may choose to attend when senior high school is entered for the first time at the beginning of the school year.

RULE 19  Undue Influence: “The enrollment in a school, the transfer from one school to another, or the failure to transfer from one school to another because of undue influence by anyone connected, directly or indirectly (including alumni associations, booster groups and similar organizations) with a member school, shall cause the student to forfeit eligibility for a period not to exceed 365 days. Such conduct shall also jeopardize the school’s standing in the Association and shall result in such other action as the Executive Board deems appropriate.”

RULE 20 & 21  Amateur and Awards Rules: Students are eligible if they have not competed under a false name or for money or merchandise of intrinsic value, and have observed all other provisions of the Amateur and Awards Rules.

RULE 22  Outside Competition: Students may not engage in outside competition in the same sport during a season in which they are representing their school. NOTE: Consult the coach, athletic director or principal before participating individually or on a team in any game, training session, contest, or tryout conducted by an outside organization.

RULE 25  Anti-Fraternity: Students are eligible if they are not members of any fraternity or other organization prohibited by law or by the rules of the KSHSAA.

RULE 26  Anti-Tryout and Private Instruction: Students are eligible if they have not participated in training sessions or tryouts held by colleges or other outside agencies or organizations in the same sport while a member of a school athletic team.

RULE 30  Seasons of Sport: Students are not eligible for more than four seasons in one sport in a four-year high school, three seasons in a three-year high school or two seasons in a two-year high school.

KSHSAA STUDENT ELIGIBILITY CHECKLIST

Yes ___ No ___ 1. Are you a bona fide student in good standing in school? (If there is a question, your principal will make that determination.)

Yes ___ No ___ 2. Did you pass at least five new subjects (those not previously passed) last semester? (The KSHSAA has a minimum regulation which requires you to pass at least five subjects of unit weight in your last semester of attendance.)

Yes ___ No ___ 3. Are you planning to enroll in at least five new subjects (those not previously passed) of unit weight this coming semester? (The KSHSAA has a minimum regulation which requires you to enroll and be in attendance in at least five subjects of unit weight.)

Yes ___ No ___ 4. Did you attend this school or a feeder school in your district last semester? If the answer is “no” to Question 4, please answer:

a. Do you reside with your parents? Yes ___ No ___

b. If you reside with your parents, have they made a permanent and bona fide move into your school’s attendance center? Yes ___ No ___

NOTE: If a negative response is given to any of these questions, the counselor should have this enrollee contact his/her administrator in charge of evaluating eligibility. This should be done before the student is allowed to attend his/her first class and prior to the first activity practice. If questions still exist, the school administrator should telephone the KSHSAA for a final determination of eligibility. (Schools shall process a Certificate of Transfer Form T-E on ALL transfer students.)

Date: ___________________________  Student’s Signature: ___________________________
FALL ACTIVITIES

CROSS COUNTRY

Cross Country Practice

Cross country practice may not begin prior to Monday of Standardized Calendar Week (SCW) #7, and shall terminate with the state meet. **Practice may start on Monday, August 16 this year.** Schools must follow the heat acclimatization rules the first week of practice. Coaches must plan practices according to these rules. The policy is included in the Cross Country Announcement Sheet and is available on the KSHSAA website. A student-athlete must participate in nine (9) days of practice before they may participate in a meet. No member school may be represented in a cross country meet until it has had 14 days of training. No student representing a member school shall participate in more than seven cross country meets during a season, exclusive of the regional and state meets.

The cross country announcement sheet was mailed to all schools in July. It can be accessed by going to [www.kshsaa.org>Athletic>Cross Country>Announcement Sheet. The state meet time schedule is listed in the announcement sheet and on the KSHSAA website.

No Outside Competition

Members of a school cross country team may not compete, enter or run along in road races, fun runs or fundraising runs while members of the school team beginning with practice on August 16, 2021. Membership on the school team begins when a student practices with the team. The first possible day of practice is August 16. This means students can’t run in fall festival runs, cancer awareness runs, or other events while a member of the school team. See the cross country announcement sheet for additional information.

Coach Test Requirement

High school boys and girls cross country coaches will be required to complete an open book exam. The test questions are included in the booklet with the cross country announcement sheet mailed to athletic directors in the large summer mailing. Coaches are to complete the test using the cross country announcement sheet, 2021 NFHS Track and Field Rules Book and the KSHSAA Handbook. Answers will be submitted online using the coach/sponsor login information. Answers may be submitted July 29 through September 1.

Race Distances

Both boys and girls will run a 5K at the regional and state cross country meets. Schools hosting invitational meets may choose to have races of a different distance during the season. The maximum race distance for junior high and middle schools is as follows: 7th grade – 2 mile (3200m); 8th grade – 2 mile (3200m); 9th grade – same as high school.

Regional Host Sites Needed

Host sites will use the Hy-Tek program to score the meet. If a school does not have the program the KSHSAA will provide it to use during the regional. If your school is interested in hosting Regional Host Sites Needed is as follows: 7th grade – 2 mile (3200m); 8th grade – 2 mile (3200m).

**KSHSAA Bylaw Article I** indicates that member schools may only participate against other member schools. Schools which do not have a middle school cross country team may not allow 7th and 8th graders to practice with the high school team. Schools hosting meets may not allow students who are not members of a school team to participate in their meet. A school may choose to have a “fun run” or “all comers run” prior to or after the school-sponsored interscholastic races. If a “fun run” is offered, anyone who is not a member of the school team could be given the opportunity to participate. This may include parents, community members and students who are not part of a school cross country team. KSHSAA catastrophic insurance would not cover participants in a race of this type.

Cross Country Course Measured by Shortest Route

The high school cross country course shall be 2,500 to 5,000 meters (1.5 to 3.1 miles) in length. The course distance is determined by the games committee or by state association policy. In Kansas, the course measurements are: high school boys and girls - 5K; 8th grade - 2 mile (3200m); 7th grade – 2 mile (3200m).

**When measuring the course, the distance is based upon the shortest possible route a runner may take.** This method of measurement is a more accurate distance of the actual running route taken by the competitors and ensures all runners will run at least the stated race distance.

There are several methods used to establish the course by walking the course and using a measuring wheel and then following up with a GPS as a back-up. Keep in mind the GPS should not be the primary measuring device. **If using the exact course as previously used with the new method of measurement, the starting line or finish line should not be in the same place as previously located using the old course measurement method.**

Envision the shortest possible route as a string, stretched along the course. Along corners/sharp curves, stay approximately one foot off corner/curve, straight through S-turns and diagonally between corners and curves. You will measure in this fashion:

Regional Meet Information

Regional meets will be held Saturday, October 23, for all classes in boys and girls cross country. Cooperative teams must be separated for postseason meets and those individuals must compete for their own school. Participating schools returning Falls Sports Entry Fee Form ADM-1 will be assigned
to a regional. Class 6A, 5A, 4A, 3A, 2A will be allowed to run seven runners and the top five will be used for team scoring purposes. Class 1A may run seven runners and the top four will be used for team scoring purposes.

Schools may enter up to 10 names of potential runners for boys and girls online by logging onto the KSHSAA website and entering runners on form CC-1 (girls) and CC-2 (boys) by noon on October 18. Regional groupings of schools will be posted on the KSHSAA website by October 1.

Classes 6A, 5A, and 4A will have four regionals with nine schools (if all schools participate) assigned to each regional site. Classes 2A and 3A will have four regional sites with up to 16 schools assigned to each regional if all schools have a cross country program. Class 1A will have three regional sites with the number of schools participating divided up evenly between the three sites. Twelve teams from each classification will qualify for the state meet. Additional individual qualifiers will also be included based on the procedure outlined in the cross country announcement sheet.

The cross country announcement sheet can be found on the KSHSAA website by going to the cross country page and clicking on announcement sheet.

**ACT Test Date Conflict**

The date for the regional cross country meets is October 23, 2021. Regional meets will start in the morning. This is an ACT testing date so students should be aware there will be a conflict and select another testing date.

ACT testing dates for this school year are as follows:

- September 11, 2021
- October 23, 2021
- December 11, 2021
- February 12, 2022
- April 2, 2022
- June 11, 2022

Regional cross country sites will not be known until after classifications are released by noon on September 25. We will plan to release regional assignments by October 1.

**State Meet Information**

Three venues have been secured for the 2021 state meets.

**Classes 6A & 5A**

4 Mile Creek Resort  
13218 SW Tawakoni Rd, Augusta, KS 67010  
Host School: Andover High School  
1744 N. Andover Rd., Andover, KS 67002  
Manager: Clint Cornelser, Athletic Director  
Phone: 316-281-4600  
Fax: 316-733-3681  
cornelsc@usd385.org  
Time Schedule:  
5A Girls – 10:00 a.m.  
6A Boys – 10:40 a.m.  
5A Boys – 11:20 a.m.  
6A Girls – 12:00 p.m.  
Awards presentation after all races are completed.

**Classes 4A & 3A**

Wamego Country Club  
1900 Country Club Drive, Wamego, KS 66547  
Host School: Wamego High School  
801 Lincoln St., Wamego, KS 66547  
Manager: Travis Graber, Athletic Director  
Phone: 785-456-2214  
Fax: 785-456-7382  
grabet@usd320.com  
Time Schedule:  
3A Girls – 10:00 a.m.  
4A Boys – 10:40 a.m.  
3A Boys – 11:20 a.m.  
4A Girls – 12:00 p.m.  
Awards Presentation at Stadium after races.

**Classes 2A & 1A**

Sand Plum Nature Trail  
R.R. 1 (Golf Course Road), Victoria, KS 67671  
Host: Fort Hays State University  
600 Park St., Hays, KS 67601  
Manager: Jason McCullough, FHSU  
Phone: 785-628-5288  
Fax: 785-628-4383  
jmccull0@fhsu.edu  
Time Schedule  
1A Girls – 10:00 a.m.  
2A Boys – 10:40 a.m.  
1A Boys – 11:20 a.m.  
2A Girls – 12:00 p.m.  
Awards presentation after all races are completed.

**State Entries**

If a team qualifies for the state cross country meet the runners entered in the regional meet will automatically advance to the state meet roster. If a school needs to change a team member form CC-3 (girls) and CC-4 (boys) must be submitted to the KSHSAA by noon on Monday, October 25. A qualifying team may list ten runners on the roster, only seven runners may run in the meet. Athletic directors will be sent an invoice for qualifying teams and individuals within two weeks of the completion of the state meet. The entry fee for a team who qualifies is $50. The state entry fee for an individual is $8.

**Pass Gate**

School superintendents, principals and athletic directors will be listed at the pass gate near the entrance and are admitted free. Individual qualifiers, team qualifiers, 2 coaches and 2 managers are permitted in free. Media with proper credentials are admitted free. Others attending the state meet will pay the admission price.

**State Entry Fee Payment**

The KSHSAA will invoice qualifying schools for state cross country fees owed after the event. Please do not send payment until the invoice is received.
FOOTBALL

Season Begins August 16 with Practice Limitation Plan

Football practice will kick off another year with practice starting on August 16, 2021. The opening of the season for games is scheduled for September 3. Each senior high team is limited to a maximum of nine games during one season. The middle/junior high teams are limited to seven games. No student may participate in more than four quarters in any one day and no more than two games in any one week.

Football Contact Limitation and Heat Acclimatization Policy

The following plan has been approved by the KSHSAA Executive Board and Board of Directors for all KSHSAA member high schools and middle/junior high schools. The plan was derived from information provided by the NFHS Concussion Summit Task Force, the KSHSAA Sports Medicine Committee, staff and national data, as a proactive approach to help minimize risk for member school athletes participating in interscholastic football at both the senior high and middle/junior high school level.

Beginning Monday of SCW #7 (August 16), the following practice rules apply:

a. Only one practice per day is permitted the first five (5) days of practice. All individuals shall only practice once per day for the first five (5) days the individual practices, no matter when the person joins the team or if the person misses days due to injury/illness.

b. No single practice may last longer than three (3) hours. All warm-up, stretching, conditioning and weight lifting is included as part of the three-hour limit.

c. A separate walkthrough is permitted in addition to the single practice. The walkthrough cannot be longer than one (1) hour and must be separated from practice by at least three (3) hours of rest. A walkthrough is defined as a teaching opportunity with the athletes in which no protective equipment is worn. No physically exerting activity, including any conditioning or weight lifting, may take place during the walkthrough.

d. Beginning on practice day #6, double practice sessions are permitted for any individual who has completed five (5) days of single practices. Double practice sessions cannot be held on consecutive days. The day following a double practice day would be either a single practice day or a rest/recovery day.

e. On days of multiple practices, no single practice may last longer than three (3) hours and total practice time combined shall not exceed five (5) hours.

f. To be deemed a practice, a majority of the team members must participate in the organized team training session.

Each member school will follow the same levels of contact, which have been defined by USA Football. The levels of contact focus on varying levels of intensity throughout practices to build confidence and to ensure risk minimization. Five intensity levels of contact will be used.

I. Level of Contact Defined by USA Football:
   a. Air = Players run drills unopposed without contact.
   b. Bags = Drills are run against a bag or another soft-contact surface.
   c. Control = Drills are run at an assigned speed until the moment of contact; one player is pre-determined the winner by the coach. Contact remains above the waist and players stay on their feet.
   d. Thud = Drills are run at assigned speed through the moment of contact; no pre-determined winner. Contact remains above the waist, and the players stay on their feet and a quick whistle ends the drill.
   e. Live Action = Drills are run in game-like conditions and are the only time players are taken to the ground.

II. Practice Limitations:
   1. Players must have a minimum of one day of recovery during any week (Sunday-Saturday), beginning on Monday of SCW #7 and continuing through SCW #21. Only team meetings, walkthroughs (no equipment, including helmets), conditioning or weight lifting is permitted on a recovery day.

   2. Week #1 Guidelines: (SCW #7)
      - Days 1 & 2 of practice: Helmets only are permitted (Air and Bags only are permitted)
      - Days 3 & 4 of practice: Helmets and shoulder pads are permitted (Day 3: Control permitted; Day 4: Thud permitted)
      - Day 5 of practice through Saturday of SCW #9: Full pads are permitted (Air, Bags, Control, Thud and Live Action are permitted). On any day involving multiple practices, only one practice may involve Control, Thud or Live Action.

   3. Beginning Monday of SCW #10 and continuing through the remainder of the football season:
      - Full Contact (Live Action and/or Thud combined) is permitted, but may account for no more than 90 minutes total per week of team practice.
      - Players may participate in Air, Bags, Control or Thud only practice periods the day after playing in a game. No Live Action is recommended for those student-athletes.
      - Players may not participate in football games on consecutive days.

Prohibition on Contact To and With the Helmet Continues

In the continued effort to minimize the risk of catastrophic head and neck injuries, the NFHS and the KSHSAA continue to urge keeping the head out of football. While the wearing of a football helmet can never guarantee the elimination of head and neck injuries, all levels of football have increased their focus on reducing these types of injuries as much as possible.

Coaches must insist that players play “heads-up” football by utilizing proper and safe techniques, not only during games, but on the practice field as well. Coaches must shoulder the responsibility of consistently reinforcing with their players that using the top or face of the helmet goes against all tenets of the basic techniques of safe and legal blocking and tackling.
Sportsmanship
When considering sportsmanship, many may first think of only the game participants (athletes and coaches) within the time frame of the game. Sportsmanship includes the actions and behaviors of players, coaches, the student body, parents, adult fans, public address announcers, bands, cheerleaders and all other constituents of the game. These behaviors of good sportsmanship start in the pre-game warm-up, and continue throughout the game and after the game as well.

Certification to NOCSAE Standards and Add-On Helmet Products
OVERLAND PARK, Kan. (May 8, 2018) – The National Operating Committee on Standards for Athletic Equipment (NOCSAE) has released the following statement regarding equipment certified to NOCSAE standards and add-on helmet products.

Products designed to be added to previously certified helmets for baseball, softball, field hockey, lacrosse and other sports are being marketed and sold to consumers. Whether intended to be general improvements or expansions of the helmet’s protective coverage or ability, or to collect impact data, the addition of such products to a helmet previously certified as meeting the appropriate NOCSAE® standard will make the certification voidable by the helmet manufacturer. Such additions to the helmet create a new and untested model, as defined in the NOCSAE standards.

For many years NOCSAE standards have defined a helmet model as a helmet “intended to be identical in every way, except for size.” Any changes, additions or alterations of the model, except for size or color or graphics, even if made by the original manufacturer, requires that a new model name be created, and a separate certification testing data for that new model. This concept of limiting certification to a specific model is commonly found in national and international helmet standards established by other standards organizations including the U.S. Consumer Product Safety Commission, the U.S. Department of Transportation and the Snell Foundation.

• NOCSAE, itself, does not certify any product, it does not “approve” or “disapprove” of any product, and has no authority to grant exemptions or waivers to the requirements imposed by the standards it writes.

• The addition of an item(s) to a helmet previously certified without the item(s) creates a new untested model. Whether the add-on product improves the performance or not, the helmet model with the add-on product is no longer “identical in every aspect” to the one originally certified by the manufacturer.

• When this happens, the helmet manufacturer has the right, under the NOCSAE standards, to declare its certification void. It may elect to allow the certification to remain unaffected, or it may also decide to engage in additional certification testing of the new model and certify the new model with the add-on product, but it is not required to do so.

• Products such as skull caps, headbands, mouthguard, ear inserts or other items that are not attached or incorporated in some way into the helmet are not the types of products that create a new model as defined in the NOCSAE standards, and are not items which change the model definition.

More information on all NOCSAE standards is available at www.nocsae.org.

Helmet/NOCSAE Test Standard
All players shall wear helmets that carry a warning label regarding the risk of injury and a manufacturer’s or reconditioned certification indicating satisfaction of NOCSAE test standards. All such reconditioned helmets shall show recertification to indicate satisfaction with NOCSAE test standard. The coach’s pregame verification to the referee and umpire that all players are properly equipped in compliance with the rules includes the exterior warning label. No stickers can be placed over the warning labels.

Sidelines and Team Box
During a game, the team box may be occupied by the eligible substitutes, coach, assistant coaches, faculty representative, bona fide team managers, bona fide team statisticians, bona fide team athletic trainer or physician, and any disqualified players unless they have been instructed to remove themselves from the team box. This is important for the safety of officials and players.

Restraining Line - Very Important
Outside the sidelines the rules require a “Team Box” be marked. Restraining lines shall be placed around the outside of the field on both sides of the field. They shall extend between the 25-yard lines. If both team boxes are on the same side, each shall extend from the 20-yard line to 45-yard line. These boxes shall be at least two (2) yards from the sidelines. Substitutes and coaches must remain within these boxes when the ball is live.

Youth Football to be Used for Middle/Junior High School
All middle/junior high football games involving 7th and/or 8th graders only shall be played using the “Youth Football.” This eliminates misunderstandings which have occurred in the past on which ball to use.

The ball may have a long axis of 10” to 11” and a long circumference of 26” to 27” and a short circumference of 19” to 20”. Weight may be 12 to 14 ounces. (See Rule 1-3-1 table in the Football Rules Book.) Youth footballs do NOT have the NFHS authenticating mark.

Line-to-Gain Crew
In order for the Head Linesman to serve efficiently as a football official, he must have the assistance of good help in the person of a Boxman and two Chainmen. They should wear white jackets or other distinctive type of uniform so they can be easily identified. In addition, they need to be very attentive with the 40/25 ready for play rule.

Football coaches and school administrators should select these assistants with care. They should have some knowledge of the game and, if possible, the same assistants should be used in each game. They must assume the attitude of an official and perform their duties according to the instructions of the Linesman. They should report to the officials’ dressing room approximately 30 minutes before game time to receive instructions.
**GAME DAY**

2021 KSHSAA Game Day Spirit Showcase Competition

Dance - November 19, 2021 | Cheer - November 20, 2021

Topeka-Stormont Vail Events Center

**ADMISSION:**
- Tickets will be available for purchase onsite. No pre-sales.
- Admission: $15 for adults; $10 for K-12 students—good for ALL DAY EVENT. (Pre-K and below will be admitted free of charge.)
- Superintendents, principals, athletic directors and bus drivers from schools REGISTERED for and PARTICIPATING in the event will be admitted for no charge.
- Administrators, coaches and cheerleaders from any teams NOT registered for and participating in the event must purchase spectator tickets.
- Student school photographers must pay admission and will be allowed access to floor with KSHSAA Student Media Pass.
- A separate TEAM ENTRANCE will be utilized for athletes and coaches included on Team registration.
- Teams will be responsible for submitting the names of those attending as part of registration.

**MERCHANDISE:**
- Event merchandise will be available for purchase onsite the day of the Showcase.

**STORMONT VAIL EVENTS CENTER PARKING FEES:**
(Established by Shawnee County Commission)
- $5 per car; $10 per bus

**MUSIC:**
- All music used at the KSHSAA Game Day Spirit Showcase Competition must be recorded music by a marching band.
- Coaches will be required to provide proof of permission or proof of licensing at registration. Documentation may include:
  - written permission signed by your administrator granting use of school-owned music
  - receipt of legal purchase from approved source or provider
  - proof of purchase of compulsory license granting use of music recorded by your marching band

Please check our spirit activities page for more information, [www.kshsaa.org/Public/Spirit/Main.cfm](http://www.kshsaa.org/Public/Spirit/Main.cfm).

**GOLF**

**Max Score Allowed**

In boys and girls postseason competition a golfer has the option to take a maximum score 12 on a hole. This would eliminate them from medal consideration but would allow the score to count toward their team score. The intent of this rule is twofold. To speed up play at postseason events and also not embarrass golfers who are relatively new to the sport so hopefully they won't quit and have them continue to participate in golf at school. The data shows a golfer who scores 10+ on a hole does not typically contend for medals and team scores are not typically in the top 50% of team scores. This is being implemented from the recommendation of the KCA and adopted by the KSHSAA Executive Board (June 2021).

**Girls Regional Tournaments Monday, October 11**

Schools participating in girls golf have been divided into four classes: Class 6A, Class 5A, Class 4A and Class 3-2-1A. Regional tournaments will be held for ALL classes on Monday, October 11, 2021 unless otherwise stated on the website.

Regional assignments, sites and managers will be posted on the KSHSAA website (www.kshsaa.org) no later than September 25. Coaches should check with tournament managers for the schedule.

Schools must attend the regional to which they are assigned or be subject to disqualification. Girls Regional Golf Entry Card GLF-1 should be submitted online by October 7.

Number of Players—Each school may enter a maximum of six players in one of the regional tournaments. The best four scores shall be totaled to determine the team championship. Three regional tournaments will be conducted in Class 6A, Class 5A, Class 4A and Class 3-2-1A. The top four teams and the next six lowest individual scores that are not members of the three qualifying teams at each regional will qualify for the state tournament. If a team qualifies for the state tournament, all six members shall qualify. If a team enters fewer than four players, they shall compete for individual medalist. Plaques will be awarded to the first- and second-place teams. The top ten finishers in all classes will receive medals.

Due to tournament course time constraints and factors of nature that impact “pace of play,” schools with qualifying teams are encouraged to send experienced players only to the state tournament.

**Etiquette**

It is recommended that coaches spend some time at the beginning of the season teaching golf etiquette. Golf is an exciting sport that pits the individual against the golf course. Some players don't like to face the reality of shooting a poor score. Accepting failure is pretty important in the game of golf. It is a game of honor and if a young athlete cannot accept having a bad day and doing poorly, it defeats the purpose of the game. Courtesy on the course includes safety, honor, quietness, stillness, playing without delay, allowing players in front to clear and leaving the green quickly.
Pace of Play

When we talk pace of play with golf there are many layers to uncover, more than one article can really attempt to address. However, we can look at it from three fronts when it comes to high school golf:

1. The Coach
   a. In all high school activities there are going to be different levels of not just skill but familiarity with the sport. Hopefully, you as the coach have been hired to adjust and teach the spectrum on the roster. The point is, we must teach pace of play. We cannot assume students come into golf knowing how to effectively move around the course.
   b. It is not enough to teach it, enforce it.

2. The Player
   a. Be ready to play when it becomes your turn. Figure the lie, yardage and club selection during your playing partner’s turn.
   b. Limit practice swings.
   c. Golf is a sport; walk to your ball with an athletic pace.

3. The Rules
   a. Time to search for a ball is three minutes.
   b. Forty seconds to take your stroke. Again, limit practice swings.
   c. The rules are in place to help the player. A firm understanding of course markings and the adjudication of the rules when presented can help limit anxiety and pace of play.

Focusing on pace of play should not take away from a good round of golf, but they go hand in hand. If we all work on this across the state hopefully we can produce great competition and an enjoyable experience.

GYMNASTICS

Rules Meeting
All high school head coaches and KSHSAA registered judges are required to attend a KSHSAA rules meeting prior to the start of competition for the 2021-2022 season. This year there will be one rules meeting. It will be conducted at Shawnee Mission North High School (Library) on Saturday, August 28 at 10 a.m.

Rules Exam
All high school head coaches and KSHSAA registered judges are required to complete the NFHS Gymnastics Exam. The exam, along with online instructions, was mailed to all schools in mid-July. Judges will receive their exam in their registration packet. Exams may be completed online between July 29 and September 1.

State Meet October 23
The Girls 2021 State Gymnastics Meet will be hosted by Shawnee Mission West High School. This meet will include all classes and will be held on Saturday, October 23, beginning at 11 a.m. Todd McAtee is the state manager.

All teams participating in KSHSAA high school girls gymnastics are eligible to participate in the state meet. State entry form GYM-3 must be sent/faxed to the KSHSAA by Friday, October 15. For information on state meet rotation, please see www.kshsaa.org/Gymnastics.

Team pictures with identification for ALL GYMNASTICS SCHOOLS must be received at the KSHSAA no later than October 1. (See photo information in announcement sheet at www.kshsaa.org/Athletics/Gymnastics/Announcements.)

The state meet shall be conducted in one day with one session. All four events will run simultaneously using two judges per event.

SOCCER

Official Scorebook Required in All Contests
By KSHSAA Executive Board action, it is REQUIRED that all schools provide a scorer’s table and official soccer scorebook at all interscholastic soccer contests. This requirement includes all varsity and non-varsity contests. This requirement is an effort to help soccer be consistent with other athletic activities and to facilitate good game administration.

Coach Requirements – Rules Meeting & Rules Exam
The KSHSAA Executive Board requires all senior high school head varsity coaches of boys and girls soccer to satisfactorily complete an online open book rules exam and online rules meeting. Effective this school year (2021-22): All junior high and middle school head coaches are required to take the exam and rules meeting as well! All online exam and online rules meeting requirements are completed through the Oncore application, either on a desktop computer, laptop, tablet or a mobile device. Detailed instructions for completing online requirements and a copy of the rules exam were mailed to schools in July.

The online exam and rules meeting for high school boys soccer head coaches MUST BE COMPLETED BY AUGUST 26, 2021. Your head varsity coach must receive a score of 90% or better. If they do not score 90% or better, the coach will be required to take KSHSAA Test II. If the coach fails KSHSAA Test II, the school’s name will be published in the Activities Journal. It is recommended that the HS girls and MS/JH head coaches take the online exam and online rules meeting during the fall. There is an additional timeframe (December 1, 2021 through March 15, 2022) for girls and MS/JH coaches ONLY who were unable to complete the requirements in the fall.

Coaches are welcome and encouraged to attend an in-person rules meeting instead of online. Great discussion and networking! For the dates and locations of in-person meetings visit www.kshsaa.org.
Penalty Fees for Missed/Late Requirements: Any head coach who does not attend a required rules meeting (online or in-person) or submit a required online rules exam for their activity by the published deadline date is subject to a $100 penalty fee for each missed requirement.

Soccer Contest Administration “Keys To Success”

“Interscholastic activities are an important aspect of the total educational process in Kansas secondary schools. Coaches, officials, administrators, participants and fans have equal responsibility to model good sportsmanship and citizenship to all who conduct, play and watch the game of soccer.”

1. School administrators or their designee (certified staff member other than the coach) must be in attendance for the entire contest for purposes of game administration and supervision.

2. “See something, say something.” Please do not hesitate addressing poor sportsmanship and disrespect conduct within spectator and team areas including coaches. An immediate, kind reminder can de-escalate and prevent worse behavior and more serious consequences later.

3. Special attention is to be given to the KSHSAA Soccer Manual concerning the responsibilities of host administration in their duties escorting officials to and from the field of play and greeting officials upon their arrival.

4. “KSHSAA Pre-Activity Timeout” – Schools are expected to designate a time prior to the start of any interscholastic contest to share event critical information including Emergency Action Plan items with the administration of all participating schools. Be sure to review information regarding this important proactive communication measure in the KSHSAA Soccer Manual.

5. The KSHSAA is requiring that all players, coaches and officials give attention to the following points of emphasis.

2021-22 Points of Emphasis

Properly Worn Uniforms and Marked Fields.

It is important that games are played on fields marked in a consistent manner, and players wear uniforms according to NFHS rules. If a field is improperly marked and/or if a team wears an illegal uniform the referee shall contact the state association, who will work with school administrators to make appropriate changes. In addition, during pregame communication with school administration, game officials are also encouraged to communicate these corrective actions directly to administrators.

Reckless and Serious Foul Play.

Soccer is a contact sport and as such officials must be prepared to effectively manage the flow and intensity of the game. Understanding the differences between fair and hard play and a foul that is either reckless or serious is important to ensuring fair play and the safety of the players. Reckless play is defined as “a player has acted with disregard of the danger to, or consequences for, the opponent. A player who displays reckless play shall be cautioned.” Serious foul play is defined as “any play in which the player commits one of the offenses punishable with a direct free kick and uses disproportionate and unnecessary force against an opponent while playing for the ball.” It is critical that officials recognize the differences between the two and the corresponding penalty. Although officials cannot eliminate a player from engaging in reckless or serious foul play, there are preventive mechanics that can be used to control this type of play from occurring during the match by:

- Addressing fair play and good sportsmanship during the pregame meeting with the coaches and captains. Let them know your expectations for competitive and fair play.
- Talk to the players and captains during the match. When the intensity of play increases and fouls become more prevalent, remind the players of your expectations. Control the temperature of play by warning, whistle and when necessary cards.
- Deal with reckless or serious foul play immediately. Be sure to let the players and coaches know that you will not tolerate that level of play during the match. When warranted use cards to address these behaviors.
- Use of Headsets: Officials who have used headsets to communicate between and among the crew have found this to be an effective tool in helping to control play and deal immediately with unsporting and dangerous play.

High School Athletics is Education-Based.

High school athletics are education-based, and for this reason some mechanics of our game are intentionally different from other levels of soccer. Playing sports and participating in interscholastic activities is a privilege that students earn by maintaining academic standards and good conduct in and outside the classrooms.

As an extension of the classroom, the goal of education-based athletics, in addition to core academic subjects learned in the classroom, is that students experience additional educational opportunities through their participation in sports. Beyond the specific skills of a sport, these individuals have the opportunity to learn important principles that can guide them the rest of their lives. Learning the life skills of sportsmanship, playing by the rules, teamwork and perseverance will pay huge dividends throughout these students’ lives. Certainly, improving skills and winning games is a part of the overall goal, but the quest to win games, events and championships cannot come at the expense of providing these educational opportunities.

The required pregame meeting is a time for officials to communicate expectations to both head coaches and captains. This meeting for both head coaches and captains should cover pertinent rules, sportsmanship, the coin toss and legally equipped players. This meeting is a purposeful start to an education-based interscholastic match.

Sportsmanship.

Interscholastic athletic programs must promote good character, enhance the integrity of education, and foster civility in society. Student-athletes, coaches and all others associated with interscholastic athletic programs, as well as those who attend interscholastic athletic events, should adhere to the fundamental values of honesty, integrity, respect, caring, cooperation, trustworthiness, leadership, tolerance and personal responsibility.
The message of good sportsmanship should be addressed by school administration with their students, coaches, parents and spectators alike, which includes a message which prohibits taunting and the use of profanity during games. Coaches and officials should model good sportsmanship during the pregame, game, and post-game. A short but firm statement by the official outlining the action that will be taken for unsporting conduct would be appropriate. Check with your state association. They may have provided a statement for use by officials in the pre-game meeting.

Professional Responsibilities for Officials.
Officials are an integral part of education-based athletics and for this reason it is important that officials conduct themselves in a professional manner that upholds the dignity of this vital role. For this reason, an official shall prepare themselves both physically and mentally, shall dress neatly and appropriately, shall master both the rules of the game and the mechanics necessary to enforce the rules, shall exercise impartial authority in a firm and controlled manner and shall stay up to date with game management and health and safety requirements. Additionally, officials shall uphold the honor and dignity of the profession in all interactions with student-athletes, coaches, school administrators and spectators alike.

It is important that officials take steps to educate themselves with the NFHS Officials Code of Ethics in the soccer rules book as well as their state association’s officials’ handbooks.

Boys and Girls Soccer Manual
The 2021-22 Soccer Manual has been mailed to all member schools. This manual was written for use in the administration of soccer contests and to provide general information for all interested persons.

We feel certain that many of your questions will be answered by thoroughly reviewing the contents of the manual. It contains details covering the state tournament series, regulations and administration of all contests, ticket information, regional and state tournament pairings, state tournament sites, locations, assignments, managers and dates.

Uniforms and Special Event Nights
Home teams wear dark colored jerseys and socks (clear contrast to white), and visiting teams wear solid white jerseys and socks. Read carefully Rule 4-1 in the 2021-22 NFHS Soccer Rules Book regarding uniforms including undergarments.

Schools do NOT need to contact KSHSAA regarding special jersey nights such as “Pink Out” Nights where the home team wears a different color jersey and/or socks, as long as the jersey and/or socks are a clear contrast to white being worn by the visiting team. Common courtesy would be to notify both the officials and the visiting team of these special nights.

Prepare for Postseason Tournament Action and Report Regular Season Scores
For KSHSAA sponsored postseason tournaments, we remind you of the importance of completing all entry forms, squad lists, photographs and pass gate forms required to organize and administer these tournaments.

Also, please be certain your school is reporting regular season varsity contest results in a timely manner by completing the win/loss report (SC-2) after each varsity contest. If each participating school does so, then the soccer standings on the KSHSAA site are accurate for the public.

#1 Team in High School Soccer: Officials, Coaches and Administrators
The KSHSAA reminds those involved of the policies concerning the ethical relationship between coaches and officials during and immediately following a contest. (See the Code of Ethics for Coaches and Officials in the Soccer Manual.)

KSHSAA Rule 11-1-4 states: “Host school administrators and coaches are not authorized to employ officials without the approval of their opponents.” Coaches must support the assigned officials. Under no circumstances should a coach attempt to publicly criticize, berate or intimidate an official.

Officials are expected to honor contracts, arrive on time and be neatly dressed in their designated uniforms. They are expected to call each play as they see it without fear or favor, regardless of the score. Judgment calls are not subject to question or discussion.

Officials should not discuss judgment calls with coaches, players or spectators.

Any violation of this policy should be called to the attention of the KSHSAA as soon after the contest as possible by using the proper report forms supplied by the KSHSAA.

Be the school where officials want to be. They are welcomed, taken care of and their safety is prioritized just like the participants. Be the official schools want to have by being caring, knowledgeable and professional.

Boys Soccer Tournament Information
Schools will be notified of regional tournament assignments in early October after reclassification announcements.

Eight regional tournaments will be held in sections determined by the number of schools participating and their geographical locations. The brackets for these tournaments depend upon the number of schools playing soccer in each geographical section. The winner of each of these eight regionals will advance to the state quarterfinals. Assignments and seeding for regionals will take place on the Saturday before regional tournaments at a predetermined site in each section.

First-round regional qualifying games will be played on October 25 or 26 at the site of the higher seed. Regional finals will be played on Thursday, October 28, at the site of the higher seed. Game times will be set by the regional manager.

The regional winners in each section will participate in the state quarterfinals to be played on Tuesday, November 2. The four winners will be seeded by a win-tie-loss point and percentage basis, one through four. Seed #4 will play at the site of Seed #1, and Seed #3 will play at the site of Seed #2.

The state semifinals and finals will be played Friday and Saturday, November 5 and 6. All schools submitting their Fall/Winter Activities Entry Fee Form ADM-1 along with the entry
fee for soccer have received the 2021-22 KSHSAA Soccer Manual, and will receive additional seeding information in October. Throughout the tournament the higher-seeded team will be home (dark jerseys and socks) and the lower-seeded team will be visitor (white jerseys and socks).

The official rules for soccer competition in Kansas will be the National Federation 2021-22 Soccer Rules Book. All high school competition, including regional and state tournaments, will be conducted under the National Federation Rules. Schools will be permitted to suit up a maximum of 22 players in postseason competition. First-place teams in the regional tournaments will receive plaques. First-, second- and third-place teams in the state tournament will receive trophies, and all final four teams receive individual medals.

Class 6A - Olathe-College Boulevard Activity Center
Class 5A - Wichita-Stryker Complex
Class 4-3-2-1A - Topeka-Hummer Sports Park

2021 Boys Soccer Tournament Schedule
Mon. & Tues., October 25-26 Regional First Round
Thursday, October 28 Regional Finals
Tuesday, November 2 State Quarterfinals
Friday, November 5 State Semifinals
Saturday, November 6 State Consolation & Championship Finals

Boys Postseason Tournament Seeding Meetings Set
On Saturday, October 23, Wichita-Northwest High School and Overland Park-Blue Valley Southwest High School will host the KSHSAA postseason soccer seeding meetings.

Schools entering regional competition must be present at their assigned meeting in order to complete seeding and hosting arrangements for the entire 2021 postseason tournament.

Starting times for the 2021 seeding meetings will be sent with regional assignments. Coaches and athletic directors, consult the 2021-22 KSHSAA Soccer Manual for full details regarding these meetings.

Regional assignments for all competing schools will be posted on the KHSAA website, www.khsaa.org, in early October. (All necessary Entry Forms and deadlines are highlighted in the Soccer Manual. PUNCTUALITY IN SUBMITTING ALL FORMS IS VITAL TO THE SUCCESS OF THE TOURNAMENT.)

Tennis Exam for Head Coaches
The KSHSAA Executive Board requires all senior high school varsity head tennis coaches to satisfactorily complete an “open-book” exam over the contents of the KSHSAA Tennis Manual. Head girls coaches are required to complete this exam in August. If your head coach is the same for both seasons, only one test need be completed. Head coaches for the boys season only will take the exam in February.

Schools were mailed an exam packet in late July. There are 100 questions on the tennis exam. Coaches are encouraged to involve their entire coaching staff in reviewing and answering these questions. Answers will be submitted online. Coaches will be responsible for providing answers to a random sampling of 50 true/false questions.

The 2021 tennis exam is available July 29 - August 19. Head varsity coaches must receive a score of 90% or better or your school’s name will be published in the Activities Journal. Any school whose coach does not complete the test by August 19, 2021 will pay a penalty of $100.

Key Dates for the 2021 Season
Please make note of the following dates for the 2021 girls tennis season:

August 16 - First day of practice
August 20 - First day of competition
October 8-9 - Regional Tournaments (2-Day)
October 9 - Regional Tournaments (1-Day)
October 15-16 - State Tennis Tournaments

NOTE: Regional assignments will be posted on the KSHSAA website in mid-September. State tournament sites are located in the 2021-22 Tennis Manual and on the website (www.khsaa.org).

Girls Regional Tournaments
October 9 & October 8-9

Tournament Format
8 or more tournament courts at the site
In classifications with 36 or fewer schools (max of 18 or fewer entries in each category [singles, doubles] at each site) a 1 day tournament will take place.

Fewer than 8 courts
In classifications with 37 or more schools, a 2 day tournament will be conducted.

Time Schedule: Tournament managers will contact participating schools regarding the time for the coaches seeding meeting. While the manual identifies a 10 a.m. start, this may be adjusted by the manager, taking into consideration the number of matches and courts available for play.

Regional Entry Card: Regional entry card TNS-1, found online at www.khsaa.org, must be filled out, sealed in an envelope and hand delivered to the tournament manager prior to the seeding meeting on October 8 (2 day tournament) or October 9 (1 day tournament). Schools may enter two singles players and two doubles teams. No participant may be entered in
both singles and doubles. Alternates may be substituted for any entrants, provided the tournament manager is informed prior to the seeding meeting on the day of the tournament. No switching between singles and doubles shall be permitted after the entries have been submitted.

**Online Player Records:** The KSHSAA has an online program for ALL HEAD TENNIS COACHES to record their players’ season results. This program is intended for coaches to enter their players’ data online so when records are viewed, especially at postseason time, everyone is looking at the same format/style/report. The program will give all coaches a great way to organize the season matches/results for their players as the season progresses.

Instructions have been emailed to all head tennis coaches and athletic directors. To view the online records visit www.khsaa.org/Athletic>Tennis>OtherInformation>Girls Season Win/Loss Records. Information entered will be sorted by those assigned to each regional tournament. In addition, this information will be available on the public side for all to see. This program will allow anyone (players, coaches, parents, etc.) to follow the progress of a player throughout the season. If the player’s schedule is entered, it will allow individuals to attend said match.

Athletic directors, we appreciate the support you will provide for your coaches to enter records throughout the season. As you know, these records are required for all players participating in postseason competition. **This is the required format that must be used to provide this information.**

If you have any questions with this process, please contact Annie Diederich (adiederich@khsaa.org) or Jennifer Pokorny (jpokorny@khsaa.org)

**Qualifying for State:** In all regional tournaments, winners of the top six places in singles and doubles at four regional tournaments per classification will qualify for the state tournament on October 15-16, 2021.

**Regional Champion Records:** Complete records of singles and doubles regional winners must be emailed to the KSHSAA (adiederich@khsaa.org) no later than 10 a.m. on Tuesday preceding the state tournament (October 12). These records will be posted on the KSHSAA website for state tournament coach review prior to the tournament.

**State Tournaments**

Girls state tennis tournaments for all classes will be conducted in two days: Friday, October 15, and Saturday, October 16, 2021 at the following sites:

**Class 6A - Wichita-Riverside Tennis Center Park**
1437 N Rochester St
Host: Wichita-North HS
Manager: Tony Douglas; 316-691-7553

**Class 5A - Emporia HS**
3302 W 18th Ave
Host: Emporia HS
Manager: Matt Irby; 316-841-9392

**Class 4A - Winfield-TH Vaughan Tennis Center**
1500 Mound St
Host: Winfield HS
Manager: John Kaufman; 316-305-8917

**Class 3-2-1A - Maize South Tennis Complex**
3701 N Tyler Rd
Host: Classical School of Wichita
Manager: Tim Dolloff; 316/631-5948

Girls state tennis payment form TNS-2 and fees DUE to the KSHSAA by Friday, October 22, 2021.

**NEW for 2021-22**

The following information is located in the 2021-22 Tennis Manual.

- Page 12 - Clarification on annual classification and 40/60 format
- Page 16 - Clarification on duties of the Arbitration Committee
- Page 23 - New feed-in locations on 32 entrant bracket

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**VOLLEYBALL**

**Volleyball Season Begins August 16**

Volleyball practice may not begin prior to Monday of Standardized Calendar Week (SCW) #7. **For the 2021 season, practice may start on Monday, August 16.** All competition for senior high schools must be held between August 27 and the state tournament. NOTE: The final date for a member school's athletic practice is the date the school is eliminated from postseason competition. All junior high and senior high athletes must have a physical examination/parental consent form completed and turned in before they are allowed to practice. **Physical forms may not be dated prior to May 1, 2021.**

**Volleyball Coaches Exam and Rules Meeting**

ALL HEAD COACHES (HS/MS) are required to take the volleyball rules examination and attend the rules meeting online. The exam, along with online instructions, was mailed to all schools in mid-July. Exams may be completed online between July 29 - August 26. The rules meeting is available to coaches July 29 - August 26.

NOTE: It is strongly recommended that all schools participating in volleyball require their assistant coaches to complete the volleyball exam and view the online rules meeting. While this is only a requirement of the head coach, all coaches must be aware of the NFHS playing rules and KSHSAA eligibility rules. In addition, many sportsmanship challenges have been traced back to sub-level varsity coaches who are not aware of the playing rules.

**New for 2021-2022**

The following information is located in the 2021-22 Volleyball Manual.

**VOLLEYBALL WILL HAVE 7 CLASSIFICATIONS** - See page 14

With the split of Class 1A into two divisions, there will now be seven (7) classifications in Girls Volleyball. Class 1A Division I will include the schools with the largest enrollment (approximately 50-55); Class 1A Division II will include the smaller enrollments (approximately 50-55).
NO CLASS 1A REGIONAL TOURNAMENTS – See page 14

With the split of Class 1A, this will eliminate the regional tournaments. Both 1A DI and 1A DII will have eight (8) sub-state tournaments with the winners advancing to their state tournament.

STATE SITES – See page 30

6A, 5A – Salina-Tony’s Pizza Events Center (Class 5A competes first on both days)
4A, 3A – Hutchinson Sports Arena (Class 3A competes first on both days)
2A, 1A DI – Dodge City-United Wireless Arena (Class 1A DI competes first on both days)
1A DII – Emporia-White Auditorium

CLASS 3A AND 2A SUB-STATE TOURNAMENTS PLAYED ON TWO COURTS – See page 25

The Executive Board approved the recommendation for sub-state tournaments with eight (8) or more schools to be conducted on two courts.

MATCH WARM-UP – See pages 20-21

Required Postseason Warm-up – The VISITING team will warm up first followed by the HOME team.

Regular Season Warm-up – Based on the safety components for players, in the absence of a defined warm-up for regular season matches, it is strongly recommended that schools use the KSHSAA postseason warm-up procedure.

STATE TOURNAMENT – SATURDAY TIME SCHEDULE – See page 33

Tournament matches will begin play on the second day (Saturday) at 9 a.m. (morning tournament) and 1 p.m. (afternoon tournament).

DON’T FORGET – HEAT ACCLIMATIZATION RULE FOR ALL FALL SPORTS

See the 2021-2022 KSHSAA Volleyball Manual, page 16 for important, required information. This applies to all indoor and outdoor fall sports/activities.

Host Schools to Secure All Officials

A volleyball match is administered by the first referee and the second referee. Assistant officials include scorer, libero tracker, timer and two line judges. All authorized officials shall be secured by the host school (NFHS Rule 5-1-1).

Many first and second referees are assigned by a league commissioner. However, the host school is responsible for securing and training the assistant officials. One person could assume the duties as timer and libero tracker, however these duties are not to be done by the scorer in addition to their duties. Line judges play a key role in the officiating of a match. The KSHSAA Executive Board strongly recommends that schools provide line judges for volleyball matches at all levels. Adult line judges are strongly recommended for all high school varsity matches.

For information on the responsibilities and duties of assistant officials, see the 2021-22 KSHSAA Volleyball Manual, pages 39-40.

Reminders

- 36 Point Schedule for HIGH SCHOOL Teams: Please review Rule 43-2-3: During the regular season no team or girl representing a member high school shall participate in more than 36 competition points. A team/player may play in a maximum of 40 matches. KSHSAA postseason tournaments are not included in this number. Dual Match (one match between schools ) = 1 pt.; Triangular Match (3 schools playing one another) = 2 pts.; Quad (4 schools playing one another) = 3 pts.; Tournament (more than 4 teams or when teams play more than 4 matches in 1 day) = 5 points. Teams and players are limited to no more than 4 tournaments at any level of competition. See Rule 43 for additional information. School ADs and coaches must maintain good channels of communication regarding their season schedule and number of matches per outing.

- 30 Point Schedule for MIDDLE SCHOOL Teams: Please review Rule 43-3-1: During the regular season no team or girl representing a member middle school shall participate in more than 30 competition points. A team/player may play in a maximum of 34 matches. Dual Match (one match between schools ) = 1 pt.; Triangular Match (3 schools playing one another) = 2 pts.; Quad (4 schools playing one another) = 3 pts.; Tournament (more than 4 teams or when teams play more than 4 matches in 1 day) = 5 points. Teams and players are limited to no more than 4 tournaments at any level of competition. See Rule 43 for additional information. School ADs and coaches must maintain good channels of communication regarding their season schedule and number of matches per outing.

- OFFICIALS: Only those officials registered with the KSHSAA may be used by member schools in varsity volleyball competition. It is recommended registered officials be used for non-varsity competition. Host school administration should make officials’ checks available prior to the contest or as soon thereafter, when pre-contest agreements have been signed.

- HOSTING COMPETITIONS: School administrators are reminded of a checklist inside the back cover of the 2021-22 Volleyball Manual intended to assist in match preparation. This checklist is also located online.

- COURTS PROPERLY MARKED: Host schools are responsible to make sure their volleyball courts are properly marked in accordance with NFHS Volleyball Rule 2-1 (rules book, pages 10-11; court diagram, page 6) – also located at www.khsaa.org. Ongoing challenges are 2-1-6 (not properly marking serving area); 2-1-4 (center line marking); and marking large gaps in the boundary lines.

- COMMUNICATION: The KSHSAA recommends communication between officials and schools prior to each contest. Schools should inform officials of proper entrance, where to park, location of dressing facility, etc.

- SUPERVISION: Schools’ attention is called to the “Guidelines for Supervision of Interscholastic Athletic Events,” as published in the KSHSAA Volleyball Manual. Host and visiting school administration and adult supervisors shall make every effort to keep the court clear of spectators prior to and at the conclusion of each match.
- **RECOMMEND POSTSEASON OFFICIALS:** Form VB-1 - School recommendations are a very important part of the officials selection for postseason tournaments. Please be reminded this form is online at [www.kshsaa.org](http://www.kshsaa.org). School recommendations (minimum of 5-10) may be submitted October 6-13.

  Failure to submit Form VB-1 will result in a $50 fine to member schools.

- **VOLLEYBALL MANUAL:** The 2021-22 KSHSAA Volleyball Manual has been mailed to all member schools. **PLEASE STUDY IT CAREFULLY!**

- **ANNOUNCEMENT SHEET:** There will be no announce-ment sheet printed this year.

- **VOLLEYBALL NEWSLETTER:** Throughout the course of the season, the KSHSAA will post a volleyball newsletter each Monday (August 23 - November 1) at www.kshsaa.org>Volleyball>Announcements. This newsletter will include helpful reminders as well as clarification on rules and unusual situations. School administrators, coaches and officials are encouraged to read these weekly newsletters.

### 30 & 36 Point Chart Available Online for Coaches

Middle school volleyball scheduling is based on a 30 point system, and high school volleyball scheduling is based on a 36 point system. Coaches were reminded at the rules meeting of the importance of tracking all players on their points. A sample chart is located in the KSHSAA Volleyball Manual on page 41.

As a reminder, it is possible that not every player who attends an evening of competition (example: quadrangular = 4 teams, 3 matches) will play in all matches. In addition, on evenings where the junior varsity and varsity or 8th grade A and B teams are playing in the same facility, a JV/B team player may also play in a varsity/A team match and still have the same point value as the evening scheduled.

Please see the Volleyball Manual, page 13 for additional information.

### Line Judges Will Use Red Flags

Line judges are an essential and important part of the volleyball officiating team. A valuable part of the team of assistant officials, line judges serve and provide needed assistance to the primary officials in order to give our student participants the best officiated match possible.

Line judges at all KSHSAA high school regular season and postseason volleyball contests will use red flags as they fulfill their duties. The red flags are being used by high school line judges across the country as a means to better communicate with the primary officials during play. The flags will help encourage the line judges to work hard and stay attentive to provide the needed communication for a match.

**Flag Details:** KSHSAA member high schools will be responsible to provide a set of flags for each court being used for play. A set = 2 flags - one flag for each of the 2 line judges required to work. If a school typically uses 2 courts in an evening/tourney-ment, they will need to secure 2 sets of flags (i.e., 4 flags for 4 line judges).

### Securing Flags - The line judge flags should be solid red in color and approximately 12”x12” to 16”x16”. The flag and hand grip should be securely affixed to a pole/rod. There are numerous resources for securing these officiating flag sets. By Googling “red officiating flags” schools can locate numerous options ranging anywhere from $8 to $40 a set.

- **How To Use Flags** - It is the host school’s responsibility to secure, instruct and train line judges (preferably adults). Information is available on the KSHSAA website. In addition, there is specific information from the NFHS Volleyball Rules Book for line judges.

For additional information and Q&A go to www.kshsaa.org/Public/Volleyball/PDF/VolleyballLineJudgeQ&A.pdf

### Competition Volleyballs May Be White or Have Color Panels

The Baden model VX5EC-220 is the official postseason volleyball for the 2021-22 school year. This is a color panel ball and the official colors required for postseason play will be **model 220-light blue, grey and white**.

As in the past, member schools will be permitted to utilize any brand of volleyball in their regular season competitions provided it complies with NFHS playing rules and carries the NHFS authenticating mark.

#### POTENTIAL QUESTIONS

| Q1: Can a KSHSAA member school continue to use an all-white volleyball during regular season competition? |
| A1: YES, as long as the competition volleyball has an NFHS authenticating mark. |

| Q2: When hosting a regular season match, may a KSHSAA member school use a color panel ball in their school colors? |
| A2: YES, as long as NFHS Rule 3-2-1 is observed: **All panels of the ball shall be solid white or a maximum combination of three colors (with each panel being a solid color) and of which at least one-third (1/3) of the panels shall be solid white.** |

#### NOTE: NFHS Volleyball Rule 3-2-2: The home (host) team shall provide the competition volleyball.

| Q3: If a member school is identified with three (3) school colors (example: red, black, grey), may they play with a ball using these three (3) colors? |
| A3: NO. See A2 above. At least one-third (1/3) of the panels shall be solid white. |

| Q4: Can a school play with a competition volleyball that is half white and half one other color? |
| A4: YES. |

### NOTE: Schools selected to host KSHSAA postseason regional and sub-state tournaments will be shipped two (2) Baden VX5EC-220 color panel volleyballs for competition.

The KSHSAA has a contract with Baden Sports to remain the KSHSAA official volleyball for all postseason competitions through December 31, 2023.
One Logo Per Uniform
NFHS playing rules allow only one manufacturer’s logo on each piece of the player’s uniform. This logo rule applies to the uniform top and shorts. The logo may not be any larger than 2¼ square inches and may not interfere with the visibility of the player’s number.

During past seasons there have been numerous violations of the logo rule on player shorts (manufacturer’s name on the waistband plus an additional manufacturer’s logo).

To avoid illegal player uniforms, school athletic directors and coaches are encouraged to work together when ordering uniforms.

Postseason Prep — Forms & Due Dates
SUB-STATES - October 19
Classes 3A, 2A, 1A DI, 1A DII Sub-State Squad List VB-2, DUE to manager
Classes 6A, 5A, 4A Sub-State Squad List VB-2, DUE to seeding manager
ALL CLASSES - October 20
ALL match scores DUE online
ALL SCHOOLS, Win-Loss Record Form VB-3, All scores DUE online
STATE TOURNAMENT PASS GATE LIST VB-4 - October 25
QUALIFYING SCHOOLS, DUE to KSHSAA

Team Photos & VB-4
All high school varsity volleyball teams are reminded to make arrangements for team photos well in advance of the postseason tournaments. School athletic directors should also have information ready to complete VB-4 (state roster).

ALL SCHOOLS THAT QUALIFY FOR STATE TOURNAMENT ACTION need to email a team photo and form VB-4 to the KSHSAA no later than 3 p.m. on Monday, October 25.

Postseason Tournament Information
Postseason tournament action for girls volleyball will begin with sub-state competition for all classes on Saturday, October 23, 2021. There will be eight (8) sub-state tournaments in each classification.

Classes 6A, 5A and 4A schools will be grouped into two (2) groups of 18 schools based on an east/west geographical basis. On Monday, October 18, the seeding manager will seed these 18 schools into four (4) sub-states of 4-5 schools. The top four (4) seeds will host a sub-state tournament with the winner advancing to the state tournament. See page 27 of KSHSAA Volleyball Manual.

Classes 3A, 2A, 1A DI, 1A DII will be grouped into eight (8) sub-states of eight (8) schools and seeded with the winner of each tournament advancing to the state tournament. See page 28 of the KSHSAA Volleyball Manual.

All sub-state tournaments will be played in the afternoon. These tournaments will be one-day, single elimination tournaments.

- Class 1A DI, 1A DII sub-state sites will use one court, starting Sub-State A at 1 p.m.
- Classes 2A and 3A sub-state sites will play on two courts and will begin at 2 p.m.
- Classes 4A, 5A and 6A will play their tournaments on one court. Play-in matches of five team tournaments will begin at 1 p.m. Brackets of four will start competition at 2 p.m.

Schools are permitted to suit up 12 girls for these tournaments. First-place teams at 4-team sub-state tournaments will receive plaques. First- and second-place teams in sub-states with more than four schools will receive plaques. No third-place matches will be played at sub-state tournaments.

At state championship tournaments, first-, second- and third-place teams will receive trophies. Thirteen individual medals (12 for participants and one for the coach) will be presented to the first-, second-, third- and fourth-place teams.

State Tournaments October 29-30
State tournaments will be held at four locations on Friday and Saturday, October 29-30, with two classes at three sites and one class at one site as follows:

- Classes 6A and 5A
  Salina-Tony’s Pizza Events Center
- Classes 4A and 3A
  Hutchinson Community College-Sports Arena
- Class 2A and 1A DI
  Dodge City-United Wireless Arena
- Class 1A DII
  Emporia-White Auditorium

The state tournament will be a two-day format that allows pool play in the top and bottom brackets on Friday, October 29. Classes 5A, 3A and 1A DI will start pool play at 8:30 a.m. on Friday, with Classes 6A, 4A and 2A starting pool play at the conclusion (no earlier than 3:30 p.m.). Class 1A DII will start play at 10 a.m.

On Saturday, the two teams from each bracket with the best record will then be matched to complete a four-team tournament to determine the state champion, second-, third- and fourth-places. The 5A, 3A, 1A DI tournaments will begin at 9 a.m. The 6A, 4A, 2A, 1A DII tournaments will begin at 1 p.m.

Full details are in the KSHSAA Volleyball Manual (pages 30-34).

Volleyball Manual
The KSHSAA Volleyball Manual, for use by member schools and coaches, contains rules, regulations and procedures for conducting a volleyball program in your school, including suggestions for the operation of a volleyball tournament hosted by your school (back cover includes a checklist for hosting volleyball events). The inside front cover contains a checklist for participation in tournaments. Coaches and administrators are encouraged to complete all parts of the forms and send them to the designated place by the printed deadline. Your cooperation is appreciated.
www.kshsaa.org

See www.kshsaa.org>Athletic>Volleyball for the following information:
• Sub-State Assignments
• Sub-State Brackets
• State Pairings & Info
• Postseason Results
• Volleyball Announcement Sheet
• Libero Information
• Volleyball Newsletter
(posted every Monday during season)

25-POINT SETS

High school varsity teams using the best 2-out-of-3 set format must play ALL SETS TO 25 POINTS (no caps).

All other levels (high school, JV, So., Fr. and middle/junior high) may modify the set length.

VB-1 Due October 13

School recommendations for postseason officials are due to the KSHSAA from Wednesday, October 6 through Wednesday, October 13. VB-1 is located with school online forms and is to be completed and submitted online. Only officials who are eligible to work postseason tournaments will be available for schools to select. Please select 5-10 officials you have seen work the past two years.

WINTER ACTIVITIES

BASKETBALL

Required Rules Meeting

Head coaches for middle and high school teams must complete the KSHSAA basketball rules meeting. This can be completed online or by attending an in-person meeting. For coaches the online meeting is available from October 6 to November 19. Instructions on how to login to complete the meeting were included in the test mailing packet. Dates and locations of the in-person meetings were also included in the test packet mailed to athletic directors in mid-September. Failure to complete the meeting results in a $100 fine.

Officials must attend an in-person rules meeting conducted by KSHSAA basketball administrator, Francine Martin. The list of meeting dates and locations is listed below. Officials will pick up an attendance card at the meeting. All meetings start at 7 p.m.

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday, October 6</td>
<td>Chanute High School</td>
</tr>
<tr>
<td>Thursday, October 7</td>
<td>Burlington HS</td>
</tr>
<tr>
<td>Monday, October 11</td>
<td>Ulysses HS (commons)</td>
</tr>
<tr>
<td>Tuesday, October 12</td>
<td>Great Bend HS</td>
</tr>
<tr>
<td>Wednesday, October 13</td>
<td>Salina Central HS</td>
</tr>
<tr>
<td>Thursday, October 14</td>
<td>Eudora HS</td>
</tr>
<tr>
<td>Monday, October 18</td>
<td>Basehor-Linwood HS</td>
</tr>
<tr>
<td>Tuesday, October 19</td>
<td>Manhattan HS (Little Theatre)</td>
</tr>
<tr>
<td>Wednesday, October 20</td>
<td>Beloit HS</td>
</tr>
<tr>
<td>Thursday, October 21</td>
<td>Colby HS</td>
</tr>
<tr>
<td>Monday, October 25</td>
<td>Maize HS</td>
</tr>
<tr>
<td>Tuesday, October 26</td>
<td>Cimarron HS</td>
</tr>
<tr>
<td>Wednesday, October 27</td>
<td>Hays HS (Lecture Hall)</td>
</tr>
<tr>
<td>Monday, November 1</td>
<td>Shawnee Mission Northwest HS</td>
</tr>
<tr>
<td>Tuesday, November 2</td>
<td>Junction City HS</td>
</tr>
<tr>
<td>Wednesday, November 3</td>
<td>Seneca-Nemaha Valley HS</td>
</tr>
<tr>
<td>Thursday, November 4</td>
<td>Derby HS</td>
</tr>
<tr>
<td>Monday, November 8</td>
<td>El Dorado PAC (500 W. Central)</td>
</tr>
<tr>
<td>Tuesday, November 9</td>
<td>Pittsburg HS</td>
</tr>
<tr>
<td>Wednesday, November 10</td>
<td>Olathe South HS</td>
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<tr>
<td>Thursday, November 11</td>
<td>Topeka-Washburn Rural HS</td>
</tr>
<tr>
<td>Monday, November 15</td>
<td>OP-Blue Valley Southwest HS</td>
</tr>
</tbody>
</table>

Required Rules Exam

All high school and middle/junior high head basketball coaches and officials are required to successfully complete the NFHS Basketball Exam Part I by November 19. Directions on how to complete the exam were mailed with the 100-question exam in mid-September. All coaches and officials were provided the same 100 questions to study prior to logging on to take the test. Failure to complete the test prior to the deadline will result in a $100 fine of school coaches.
Coaching Box Compliance Required
The KSHSAA Executive Board approved the optional 28-foot coaching box for the 2021-22 season. The box will be marked with a 2 inch wide and 3 foot long mark off the court at the 28 foot line. Another line is to be placed at the endline off the court indicating the end of the 28-foot box. Coaches may not be closer to the mid-court line than the 28-foot mark and at no time should they be on the court.

By rule interpretation coaches are NOT:
• to kneel/squat in front of the bench;
• to wander toward center court past the 28-foot line;
• to verbally, or with physical animation, react negatively to plays and/or calls;
• shall not be on the playing court at any time.

The purpose of the coaching box is to allow coaches the ability to coach their players, not inappropriately address officials. Coaches acting inappropriately are to be penalized by rule. Officials are to assess a technical foul when the coach is observed out of the coaching box, is out on the court, inappropriately addresses an official, uses profanity or any other behavior that is not appropriate for an interscholastic event.

Once a coach receives a technical foul, he/she loses the use of the coaching box and must remain seated, except in those instances specified by rule. Assistant coaches are not to stand during the game other than during timeouts or to applaud a play and immediately sit down. The official is to submit a Loss of Coaching Box Report to the KSHSAA through the online form. If a coach/school received three technical fouls, the school administration will be notified and corrective action will be determined.

Principals and athletic directors are requested to meet with all coaches at all levels to ensure they have a clear understanding of expectations. In many cases the coaches we are having the most challenges with are at the sub-varsity level.

Basketball Approved
• The 28.5 inch basketball was adopted by the KSHSAA and must be used in all contests involving seventh and eighth grade boys, and middle/junior high and senior high girls.
• The Spalding TF-1000 Legacy Basketball will be used for all postseason games. During the regular season, schools may use any basketball with the NFHS authenticating mark.

KSHSAA Webpage Updates
Principals, athletic directors and coaches should check the KSHSAA website basketball page on a weekly basis to receive updates on rules, tournaments and play interpretations. Much information is included in the 2021-2022 KSHSAA Basketball Manual which is mailed to all schools in September. The manual is also available on the KSHSAA website, www.kshsaa.org>School>Publications.

Scorer Must Wear Striped Garment
NFHS Rule 2-11-12 states that the official scorer is required to wear a black and white vertically striped garment. This could be an official’s shirt or a pinnie pullover. The players, coaches and officials need to be able to quickly and easily identify the official scorer. Requiring the scorer to wear a striped garment will assist in this regard. In addition, wearing a striped garment will make the scorer look more professional. This requirement is for all levels, grades 7-12.

Six Quarter Rule
KSHSAA Handbook Rule 33 permits players to participate in no more than six quarters a day. The intent of this rule is to allow schools who may be limited on the number of players available to participate in sub-level games. Players should not be allowed to “play down” to allow them more playing time when other players are available.

The Executive Board also gave the following interpretation concerning JV and varsity basketball tournaments. Schools having a JV and a varsity team in tournaments the same week may not allow players to play six (6) quarters in one day in two different tournament brackets. A student may not play in two games in one day unless both games are in the same tournament bracket. JV and varsity tournaments are considered separate tournaments. The six (6) quarter rule is applied only during regular season (example: JV/varsity/9th), not tournament games.

Running Clock Option
The NFHS Basketball Rules Committee approved (by state association adoption) a Running Clock Option (Rule 5-5 Note). The KSHSAA Executive Board approved the use of the running clock for all sub-state basketball contests. The running clock WILL NOT be used for state tournament games.

During the regular season the running clock may be used in the following situations:
1. By league adoption
2. By approval of school administrators prior to the beginning of the game

Officials and coaches should be notified prior to the contest if the running clock will be used. If approved, the running clock format would be in the 4th quarter only, when a 30-point differential is reached. Once the clock has started running it will not be stopped except for timeouts, injuries or other NFHS playing rule reasons.

BOWLING

Sign Up for Bowling
Schools planning to participate in interscholastic Unified Bowling and traditional team bowling are reminded to indicate this on Form ADM-1 which is due online by August 19.

Schools interested in hosting a regional tournament are asked to contact Annie Diederich (adiederich@kshsaa.org).
Unified Bowling

The KSHSAA is pleased to announce that they will partner with Special Olympics Kansas (SOKS) to encourage and develop Unified Bowling through school membership in Kansas. Special Olympics United Sports is an inclusive activities program that combines an approximately equal number of Special Olympic students with intellectual disabilities and students without intellectual disabilities on teams for competition and inclusive activities fostering an environment of social inclusion. Unified Bowling will operate like any other KSHSAA activity with all participants meeting individual eligibility requirements.

Season Details:
The opening practice date for Unified Bowling is Monday of SCW 13 (September 27, 2021) and the first competition date is Monday of SCW 15 (October 11, 2021). No student may participate in more than four (4) Unified competition days during the season exclusive of regional/state. The Regional Qualifying Tournament shall be held SCW 19 (November 8-13, 2021) and the State Championship Tournament shall be held SCW 22 (November 18, 2021). Members of the Unified Bowling team are not subject to the limitations detailed in Buffer Week.

General Information:
Schools participating in Unified Bowling will be placed in one classification. Cooperative agreements may be in place between member schools for Unified Bowling. The eight-semester rule may be waived for athletes; however, they may participate for a maximum of four seasons in their high school career. All students are subject to age requirements. Athletes may only participate beyond designated age provided an AGE Hardship is approved, student has four or fewer seasons, and the student has not turned 21. This activity will be conducted in partnership with Kansas Special Olympics.

Manuals and Coach Exams
The 2021-2022 KSHSAA Bowling Manual will be mailed to all participating schools in late August. Schools will receive three or four copies. In addition, the coach exams will be included in this mailing.

Testing Dates
Unified Bowling - August 30 - September 24.
Traditional Team Bowling - November 3 - December 1

Traditional Team Bowling

Season Details
2021-22 will mark the 18th year for the KSHSAA interscholastic bowling program. The KSHSAA is pleased and excited to offer interscholastic bowling for its member school students. This exciting lifetime sport provides a great opportunity for students to experience the rewards of competition, teamwork, discipline and dedication in addition to camaraderie.

The sport of bowling reaches far beyond the regular school athletic offering when it comes to diversified student involvement. In Kansas we are seeing a large number of students participating in interscholastic bowling that have never been involved in school activities. The pride and honor of wearing a school uniform in all activities may be the single most important factor in keeping students in school and maintaining the grades to participate.

Tryouts:
Tryouts for high school bowling may be conducted using the following guidelines:

1. Tryouts may begin on the Monday following Thanksgiving (November 29, 2021.)
2. Tryouts may be one week in length.
3. Tryouts may not be conducted during the KSHSAA holiday non-practice dates of December 23-27.
4. Students must have a physical examination in order to try out. They will need a PPE (physical examination form) on file in the school office prior to their first day of school tryouts in addition to a signed concussion and head injury information release form.

DEBATE

Rules Meetings are Required
Head Debate and Speech coaches (grades 9-12) are required to attend an annual rules meeting, either in-person or online. Any head coach failing to meet this requirement will be fined $100 per KSHSAA Executive Board policy.

Dates for face-to-face meetings are listed below. New coaches are encouraged to attend a face-to-face meeting. Any head coach that cannot attend a meeting in-person may view it online from August 16 until October 3. Email Kathy at kwilhelm@kshsaa.org if you need instructions to access this.

All face-to-face meetings begin at 7:00 p.m. unless noted below.

Tuesday, August 24 Salina-Kansas Wesleyan University
Saturday, August 28 KSCA Convention (Kansas State University)
Monday, August 30 Valley Center High School
Tuesday, August 31 Garden City High School
Thursday, September 2 Hays High School
Tuesday, September 7 Chanute High School
Wednesday, September 8 KSHSAA

Virtual Policy Debate Manual Supplemental Addition
During the June 2021 KSHSAA Executive Board meeting the board unanimously passed a virtual debate policy.


2021-22 Debate Rule Changes
Changes adopted by the KSHSAA Executive Board and published in the 2021-22 Debate, Speech & Drama Manual:

IMPORTANT REMINDER – If your school plans to participate in debate in the fall of 2021, the head coach must ask their athletic director to enter your school. The debate participation card is now a part of the ADM-1 (administrator form) and is due August 19, 2021.
Invitational Debate Tournaments

Sec 1. Debate Competitions—No student may represent his/her high school in more than eight competitive debate events, either invitational or duals, including league and out-of-state. Each student is limited to seven competitive debate events, except that should his/her school host an in-person league or invitational tournament, then he/she may participate in eight competitive debate events. If a school attempts to host a tournament and is unable to do so, it may appeal to the Executive Board for a waiver of this regulation to permit its students to enter eight tournaments.

Sec 10. Virtual Tournaments—Schools may host and attend virtual invitational tournaments. Virtual tournaments still count towards the 7 or 8 in which a student may participate, and schools must host an in-person tournament for their students to be eligible to compete in 8 invitational tournaments. All KSHSAA handbook rules, such as the 500 road mile rule, must still be followed in virtual competition.

Debate Regulations

Sec 8. Electronic Retrieval Devices—If the host is able to offer guest wireless access to participants, the following Internet Use Rules will apply:

A. Contestants may use electronic devices (including laptop computers, tablets, and/or cell phones) to access the internet during debate rounds with the following conditions:

1. Computers or other electronic devices may not be used to receive information for competitive advantage from non-competitors (coaches, assistant coaches, other students) inside or outside of the room in which the competition occurs. Information that would be restricted would include but not be limited to coach/nonparticipating competitor generated arguments, advice on arguments to run, questions to ask during cross examination, and other information not generated by the participating competitors.

2. Internet access may be used to retrieve files, exchange evidence and/or arguments, research arguments, and partner to partner communication. These electronic device guidelines do not limit communication between debate partners during the debate round.

B. Penalty: Contestants found to have violated these provisions will be disqualified from the tournament.

C. Availability of Evidence: Upon request, contestants electing to use computers have the responsibility to promptly provide a copy of any evidence read in a prior speech for inspection by the judge or opponent.

D. Contestants electing to use computers are responsible for providing their own computers, batteries, extension cords, and all other necessary accessories. Tournament hosts will not be responsible for providing computers, printers, software, paper, or extension cords for contestants. Tournament hosts are not responsible for tech support for participants who are unable to access the guest network.

E. Contestants choosing to use laptop computers and/or related devices accept the risk of equipment failure.

Judges and/or contest directors will give no special consideration or accommodation, including no additional speech time or prep time, should equipment failure occur.

If the host is unable to offer guest wireless access to participants, the Electronic Retrieval Devices rules below shall apply:

[retain existing Sec 8 language A-E]

Sec. 17. Debate Judge Constraint Language—Fair competition requires not merely the absence of impropriety but also the absence of the appearance of impropriety. A conflict of interest is a relationship that might reasonably be thought to bias a judge toward or against a competitor. Such relationships may themselves be quite innocent, but they could reasonably be thought to compromise a judge’s impartiality.

To the extent possible, these judge constraints should be declared in advance of the tournament, so that the championship manager and tab staff can prepare as needed.

A judge must recuse them self from judging a student under the following conditions:

1. The judge and the student may be perceived to have a competitive or financial agreement that may bias the judge’s impartial evaluation of the round. Examples include but are not limited to:
   a. The student attends a school that the judge recently (in the past 3 years) attended or coached for.
   b. The judge has a coaching or consulting relationship with the student or school during the same academic year.
   c. The judge has received or provided expressed or implied offers to provide future coaching or consulting to a school or student.

2. The judge and the student may be perceived to have a personal or social arrangement that may bias the judge’s impartial evaluation of the round. Examples include but are not limited to:
   a. The judge and the student are or have been in a familial, physical, or emotional relationship.
   b. The judge and the student have communications of a personal nature over email, telephone, or the internet including social networking sites that goes beyond casual exchanges.

3. The judge does not believe they are able to fairly and impartially adjudicate a competition involving a particular student for whatever reason.

4-Speaker & 2-Speaker Debate Regulations

Sec. 12. & Sec. 10. School Judging Qualifications

D. Immediate family members of a competitor, including at least those who live in the same household as that competitor, shall not judge in the same regional pod or state classification in which that competitor is entered.

E. A judge must complete an electronic paradigm prior to the tournament in a format which can be shared among participating coaches prior to the tournament. Acceptable electronic paradigms include, but are not limited to, Tabroom.com or a Google Form created by the championship manager.
**Computer Tabulation Option**

Each year, the majority of coaches within a classification may vote to adopt the tabulation procedures below as a replacement for the “2-Speaker Debate Scheduling” procedures described in this Manual. If chosen, an online platform such as Tabroom.com shall serve as the electronic tab room for the tournament.

**REGISTRATION**

1. Round I will be randomly preset by computer draw after all teams have arrived. This random draw will be done without respect to sides; thus, a school may have more teams on the affirmative than on the negative, or vice versa. There shall be no code draw at registration.

2. Schools shall be required to register the names of their competitors and judges, along with judge availability, using the selected online platform.

**JUDGE ASSIGNMENT**

1. If available, the use of online balloting is recommended, but paper ballots generated by the tabulation software may be used as a backup option.

2. Once software has selected the judges for a debate, those judges should only be removed in the case of (a) tabulation/pairing error, (b) judge recusal, or (c) changes in judge availability. If a judge replacement is needed, whenever possible, that replacement should be made randomly by two coaches who are not involved in the debate.

**ROUNDS II - VI**

Rounds II through VI will be straight power matched as follows:

1. Power shall be defined as SOP (seed + average opponents’ seed).

2. If a bye is necessary, it should be given to the lowest ranked team based upon power.

3. The remaining rounds should be paired “Hi-Lo” within brackets. If a pull up is necessary, the teams to be pulled up should be those with the worst opposition seed using SOP.

4. In rounds II, IV, and VI, sides shall be equalized. At no time should a team have two debates more on one side than the other.

5. A team shall not meet another team from its own school.

6. Teams who have met previously should not meet again unless no other match is possible. If two teams meet a second time, sides should be switched.

7. The opponents debated, or sides debated, by other teams from the same school are irrelevant after the preset rounds. It is possible to meet the same school numerous times.

**ELIMINATION ROUNDS**

1. Teams will break to elimination rounds based on the following:

   1. Win/loss record
   2. Speaker points (ranks)
   3. Opposition win/loss record
   4. Opposition speaker points (ranks)

2. In elimination rounds, brackets will be broken whenever possible so that teams from the same school will not meet. In breaking brackets, the team with the stronger ranking should remain in its original position and the team with the weaker ranking should move. Keep the teams as close to their original rankings as possible (for example, adjust a team ranked 6 with 7 or 5). For the purpose of breaking brackets, teams who defeat a higher-seeded team should be considered as inheriting their seed; e.g., if the 16 seed defeats the 1 seed in the octafinal round, they should be considered as the 1 seed if quarterfinal brackets need to be broken.

**2021-22 National Debate Topic**

The high school debate topic chosen by the majority of states, including the majority of Kansas coaches, to be used for the 2021-22 school year is: Water Resources

RESOLVED: The United States federal government should substantially increase its protection of water resources in the United States.

**Invitational Debate Tournaments Report Form**

Invitational debate tournament code of ethics report MUST BE COMPLETED by the host manager immediately following the contest and submitted online to the KSHSAA. The report form can be found online by accessing the KSHSAA website, www.kshsaa.org>Schools>Login. Enter your User ID and password. (Please see your school administrator if you do not know the user ID and password.) Once logged in, click on the “Activities” link at the top of the page, scroll until you find the debate section, and click on “Host Tournament Report.” This is an online entry report. Complete the needed information (email address is required) and click “submit” button. You will receive a confirmation email when the report is received by KSHSAA. Print and save this confirmation for your records. Failure to file the report may cause disqualification to regional and/or state competition.

**Need Regional Debate Host Sites**

Email Craig Manteuffel (cmanteuffel@kshsaa.org) by November 1st if you are willing to host Regional 4-Speaker Debate on December 17-18, 2021.

**SCHOLARS BOWL**

Coaches Rules Meeting Required for 2021-22

All head high school scholars bowl coaches are required to complete an online rules meeting over the rules and regulations for scholars bowl. All participating scholars bowl high schools may access the online rules meeting between the dates of September 13 - October 18. Coaches will need to login to the KSHSAA website with their coach/sponsor user ID and password. Please check with your principal and/or activity director to obtain this information. (Please make sure your school has updated their school directory if you are a new coach or have a name change.) There is no separate rules exam to complete.
Number of Competitions – KSHSAA Rule 51 Excerpts

Scholars Bowl students may participate in up to nine (9) competitions per year excluding regional and state if their school hosts a league or invitational tournament during the season. In the past, Scholars Bowl Rule 51-2-3 only allowed eight (8) regular season competitions per student. Hopefully, by increasing the number of allowable regular season competitions, more schools will host an invitational tournament.

Rule 51-2-3: No student may participate in more than nine Scholars Bowl competitions per year, exclusive of regional and state. On those days when schooltime is used, only two competitions may start prior to 3 p.m. C.T.

NOTE: Each student is limited to eight scholars bowl competitions, except that should his or her school host a league or invitational tournament, then he or she may participate in nine scholars bowl competitions. If a school attempts to host a tournament and is unable to do so, it may appeal to the Executive Board for a waiver of this regulation to permit its students to enter nine scholars bowl competitions.

Rule 51-2-2 also sets limits for the scholars bowl season. “Competition shall not begin prior to Standardized Calendar Week #16 . . . “ and “ . . . shall culminate with the State Scholars Bowl Championship.”

Postseason Requirements: Entries, Fees and Question Submission

Schools wishing to participate in postseason scholars bowl competition must submit online form ADM-1 along with the appropriate entry fee to the KSHSAA by August 19.

After submitting Form ADM-1, schools must submit five (5) questions ONLINE in each of the following categories: Social Sciences, Language Arts, Mathematics, Science/Health, Fine Arts, World Language and Year in Review. Coaches are required to submit these 35 questions by October 22, 2021. Go to the KSHSAA website at www.kshsaa.org and login under ‘Schools’ with your school’s user ID and coach/sponsor password. Once you login, you will click on the ‘Activities’ tab, then scroll down to click on ‘Scholars Bowl Question Submission’.

Complete information on how to write questions is published in the Scholars Bowl Manual (pages 15-17). Some important considerations are:

1. All questions must be submitted online.
2. TYPE all questions clearly. Spelling, calculations and answers MUST be accurate.
3. Quality and level of difficulty should be appropriate for regional and state level competition.
4. Coaches should avoid submitting the same questions they will use during the regular season competitions.

Remember, the quality of regional and state Scholars Bowl Championships are affected by the quality of questions submitted.

IT IS IMPORTANT FOR SCHOOLS TO NOTE, ENTRIES FOR REGIONAL COMPETITION WILL NOT BE CONSIDERED FOR AN ASSIGNMENT UNTIL FORM ADM-1, ENTRY FEE AND QUESTIONS HAVE BEEN SUBMITTED TO THE KSHSAA.

The Kansas Association of Scholars Bowl Coaches (KASBC) Question Validation Committee will meet at the KSHSAA office on November 12-13. Coaches interested in helping on the committee should contact Mary Beth Mattingly, KASBC Validation Coordinator at mbmattingly@gmail.com.

Dates and Formats for Regional and State Competitions

Regional Scholars Bowl Tournaments for all classes will be held on Thursday, February 3, 2022. State championships for all classes are scheduled for Saturday, February 12, 2022. Member schools are needed to serve as host sites for the 2021-22 scholars bowl regional and state tournament competitions. Willingness to host is an important service to member schools of the KSHSAA. With increasing numbers of schools participating there is a need for ADDITIONAL experienced and willing host schools. Schools willing to host should contact Rod Garman – rgarman@kshsaa.org. Sites for all regional and state scholars bowl tournaments will be released in December.

Regional (All Classes) & State (1A DI, 1A DII, 2A and 3A) Tournaments – Round Robin Competition Format

In regional and state competitions, if the number of competitive teams is fewer than 12, competition will be a single round robin pool. Prior to the regional and state tournaments the KSHSAA will draw for pool assignments. The round robin pool play competition will take place in each pool of schools with each school competing against every other school in that pool. At the end of the round robin pool play competition, the top three (3) schools from each pool will advance to the championship final round robin competition. Pool play winners are teams with the best win-loss records. In the event of ties, see “Breaking Ties” in the Scholars Bowl Manual. First-, second- and third-place teams in each pool advance to the championship round robin competition. Advancing schools will draw by lot their competition order (A, B, C, D, E or F). Tiebreaking procedures for the championship final round robin competition will use the championship final round robin matches only, not the pool play rounds.

Pool Assignments (EXAMPLE)

<table>
<thead>
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<th>Pool A (6 Teams)</th>
<th>Pool B (6 Teams)</th>
<th>Championship Final Round Robin</th>
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</thead>
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<tr>
<td>#1 vs #2 #1 vs #6</td>
<td>#1 vs #2 #1 vs #6</td>
<td>A vs B A vs F</td>
</tr>
<tr>
<td>#3 vs #4 #4 vs #5</td>
<td>#3 vs #4 #4 vs #5</td>
<td>C vs D D vs E</td>
</tr>
<tr>
<td>#5 vs #6 #2 vs #3</td>
<td>#5 vs #6 #2 vs #3</td>
<td>E vs F B vs C</td>
</tr>
<tr>
<td>#1 vs #3 #1 vs #4</td>
<td>#1 vs #3 #1 vs #4</td>
<td>A vs C A vs D</td>
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State 4A, 5A and 6A Tournaments – Round Robin & Final Bracket Competition Format

In 4A, 5A and 6A state tournaments a single pool of eight (8) teams will be conducted. At the end of the round robin pool play competition, the top four (4) schools from the pool will advance to the championship final bracket competition. The first-place team will meet the fourth-place team, and the
OFFICIALS – All officials must attend a KSHSAA in-person rules meeting and successfully complete the NFHS 2021-2022 Part I Exam online. Only officials scoring 90% or above on the exam are eligible for assignment to regional or state tournaments. There is no re-test or make-up test for officials scoring less than 90%.

In-Person Meeting Dates

Open to coaches and/or officials. (7 p.m. start unless noted)

- Tuesday, October 12: Wichita-Heights HS
- Wednesday, October 13: Garden City HS
- Thursday, October 14: Salina, Smoky Hill Service Center (605 E. Crawford)
- Wednesday, October 20: Shawnee Mission Northwest HS
- Thursday, October 21: KSHSAA, Hall of Fame Room
- Tuesday, October 26: Girard HS
- Wednesday, October 27: Hays HS, Multipurpose Room
- Wednesday, November 3: Olathe South HS
- Thursday, November 4: Goddard HS, Lecture Hall

Dates to Remember

- October 11 - November 17: Online Rules Meeting
- January 26 - February 2: WR-1 (officials recommendations)
- February 9: WR-2 Girls Regional Wrestling Entries due by noon
- February 14: WR-4 Girls State Wrestling Entries and Pass Gate Info due by noon
- February 16: WR-3 Boys Regional Wrestling Entries due by noon
- February 21: WR-4 Boys State Wrestling Entries and Pass Gate Info due by noon
- February 23-24: Girls State Wrestling Tournaments
- February 25-26: Boys State Wrestling Tournaments

Officials Must Register

KSHSAA regulations require that all wrestling officials must be registered in order to work a high school varsity wrestling match. It is recommended that registered officials also be used for high school non-varsity competition and middle/junior high competition. The registration deadline is October 31.

NFHS Rules Books and Case Books

All wrestling matches are to be conducted under the official rules of the National Federation of State High School Associations, with state modifications. The National Federation has published the 2021-22 Wrestling Rules Book and Wrestling Case Book. Each book can be purchased for $7 and can be ordered online from the KSHSAA website, www.kshsaa.org>Schools>Login>Entry Forms>Rules Books Ordering.
SPRING ACTIVITIES

MUSIC

KMEA Meeting

To help future calendar planning, the following Kansas Music Educators Association (KMEA) In-Service Workshop date is provided. The date listed is for Thursday (KMEA Board Meeting and Festival Group first rehearsals), Friday and Saturday. All dates are subject to change.

February 24 - 26, 2022

NFHS-Return to Music Resources

Helping Teachers, Administrators, Students

Phases I, II and III

https://www.nfhs.org/articles/return-to-music-resources-helping-teachers-administrators-students/

2021-22 Music Classifications for KSHSAA/KMEA

6A (32), 5A (32), 4A (56), 3A (64), 2A (64), 1A (approx. 105).

Marching Band


Music Teachers

Continue to check the music page on our website for updates and announcements http://www.kshsaa.org/Public/Music/Main.cfm.

All Music Directors – Deadline September 1, 2021

If you plan to enter any KSHSAA music festivals in the spring of 2022, you must turn to page 5 of the 2021-22 KSHSAA Music Manual (teal spine) and follow the applicable set of directions to register and/or update your “Festival Manager” database. Three or four current music manuals were sent to your athletic director at the end of July. If you don't have a new manual, see your athletic director immediately. All directors who are new and any director who has moved and switched teaching jobs should complete these important instructions prior to September 1, 2021. If you know of a music director who has retired and is no longer teaching, please email us so we can remove them from our list. You must be registered with your current school in order to receive communications from KSHSAA regarding notifications of deadlines, changes of venue, or other music announcements throughout the school year. Annual updates to your profile are essential.

2021-22 Music Festival Dates

April 2 — Regionals (first weekend)
April 9 — Regionals (second weekend)
April 13-14 — State, Large Groups
April 30 — State, Solo & Small Ensembles

Sec. 8 Accompanists

- The same accompanist may not be used at two different sites on the same day.
- It is strongly recommended that accompanists limit their events to less than 12.
- No accompanist may play for more than 22 events.
- There is no charge for piano or non-piano accompanists of vocal or instrumental entries.
- It is important to accurately list your accompanists’ names and email addresses.
- Eliminating schedule conflicts depends on accuracy.

Rule 10 Additional Paid Instructors

Accompanists

- Piano Accompanists (Additional) Paid Instructors - Any coach and/or sponsor that works with students should be paid by a school district and/or school supplemental with a signed school contract. These payments must be made from a school activities or USD supplemental fund account. Booster clubs should never directly pay coaches and/or sponsors for these duties. Booster clubs may contribute money to a school activity fund which then makes the direct payment to the coach/sponsor.

KSHSAA Handbook Rule 10 - Qualifications of Coaches, Directors and Rule 20 - Awards are to safeguard students, directors and schools and should help schools with compliance of IRS school regulations.

Marching Band (Additional) Paid Instructors (such as, but not limited to: drumline, flag corps, color guard, brass specialist, woodwind specialist, etc.)

- Any coach and/or sponsor that works with students should be paid by a school district and/or school supplemental with a signed school contract. These payments must be made from a school activities or USD supplemental fund account. Booster clubs should never directly pay coaches and/or sponsors for these duties. Booster clubs may contribute money to a school activity fund which then makes the direct payment to the coach/sponsor.

KSHSAA Handbook Rule 10 - Qualifications of Coaches, Directors and Rule 20 - Awards are to safeguard students, directors and schools and should help schools with compliance of IRS school regulations.
Understanding Copyright and Compliance Course

The National Federation of High Schools (NFHS) is doing a great job of reaching out to music teachers and music adjudicators in our nation. I want to make you aware of four free online music courses that are available at www.nfhslearn.com.

This course should be taken by ALL K-12 and college/university music teachers! Not complying with music copyright laws could potentially cost you and/or your school district $30,000 per infraction. You need to educate yourself on all copyright laws and what is legal and not legal. This course was written in partnership by the NFHS and NAfME.

Music Director Online Rules Meeting is Required

All high school head music directors are required to complete the KSHSAA online rules meeting each year. The online meeting will be available for credit from August 30 until October 31. Instructions for how to login and view the online meeting were mailed to athletic directors the end of July along with the KSHSAA Music Manual. Please check with your administration for your password. Schools with directors failing to complete the online meeting by October 31 will be subject to a $100 fine and their school will be listed in the Activities Journal.

Online Music Adjudicator Training Videos

The NFHS Music Adjudicator Course is available at www.NFHSLearn.com

Who should participate?
- All music adjudicators
- Current adjudicators looking to improve their skills
- Potential new adjudicators
- Current music directors
- Directors who would like to become an adjudicator
- Directors who would like to know what adjudicators are listening for at State Large Group Music Festivals!

This is an awesome tool for educating your students about State Large Groups!

Marching/Pep Bands at Football Contests

Part of the excitement at many of our interscholastic football games involves the spirited music supplied by marching/pep bands. The performances of the musical group are enjoyed by all attending the game. (See page 24 of the KSHSAA Music Manual for further details.)

To ensure full appreciation of the groups' performances, certain guidelines indicating when to play should be followed. Band directors are reminded that as a courtesy to the teams and cheerleaders of both schools, performances by the band should be limited to certain times. The guidelines listed below indicate appropriate playing times for the band.

1. Bands may play before the game begins, allowing for time to introduce team members.
2. Bands may march or play at halftime of the game.
3. Bands may play at the end of the game if desired.
4. Bands may play during timeouts or the break between quarters. However, cheerleaders need an opportunity to lead cheers.
5. Musical instruments may not be used as noisemakers while the game is in progress. This includes any time the clock is running or ball is marked for play.

Marching bands will be permitted to attend postseason football games at no charge, provided they perform on the field during the halftime of their school's game. In the absence of a marching band at postseason football games, pep bands, not to exceed 50 members plus two directors, are to be admitted free for the game during which their school participates. If more than 50 members are used as a pep band, those in addition to the 50 must pay the regular student admission price.

SPEECH & DRAMA

Rules Meetings are Required

Head Debate and Speech coaches (grades 9-12) are required to attend an annual rules meeting, either in-person or online. Any head coach failing to meet this requirement will be fined $100 per KSHSAA Executive Board policy.

Dates for face-to-face meetings are listed below. New coaches are encouraged to attend a face-to-face meeting. Any head coach that cannot attend a meeting in-person may view it online from August 16 until October 3. Email Kathy at kwilhelm@kshsaa.org if you need instructions to access this.

All face-to-face meetings begin at 7:00 p.m. unless noted below.

Tuesday, August 31  Garden City High School
Monday, August 30  Valley Center High School
Saturday, August 28  KSCA Convention (Kansas State University)
Tuesday, August 31  Garden City High School
Thursday, September 2  Hays High School
Tuesday, September 7  Chanute High School
Wednesday, September 8  KSHSAA

2021-22 Speech & Drama Rule Changes

Changes adopted by the KSHSAA Executive Board and published in the 2021-22 KSHSAA Debate, Speech & Drama Manual:

Invitational Festivals and Tournaments

Sec 1. Speech Competitions—No student may represent his/her high school in more than eight competitive debate events, either invitational or duals, including league and out-of-state. Each student is limited to seven competitive debate events, except that should his/her school host an in-person league or invitational tournament, then he/she may participate in eight competitive debate events. If a school attempts to host a tournament and is unable to do so, it may appeal to the Executive Board for a waiver of this regulation to permit its students to enter eight tournaments.
Sec. 6. Virtual Tournaments—Schools may host and attend virtual invitational tournaments. Virtual tournaments still count towards the 7 or 8 in which a student may participate, and schools must host an in-person tournament for their students to be eligible to compete in 8 invitational tournaments. All KSHSAA handbook rules, such as the 500 road mile rule, must still be followed in virtual competition.

Festival Regulations

Sec. 8. State Qualifications

2. Participate in an invitational, open or league festival at which at least five schools are in attendance, receive a First Division rating and receive a ranking that meets the qualifying standards for individual events.

3. Participate in an invitational, novice, open or league tournament at which at least five schools are in attendance and receive a ranking that meets the qualifying standards for individual events.

Championship Regulations

Sec. 4. State Qualifications

A. Qualified in an “Open” tournament in which at least five schools are in attendance.

Sec. 10. Judging Qualifications

D. Immediate family members of a competitor, including at least those who live in the same household as that competitor, shall not judge in the same regional pod or state classification in which that competitor is entered.

Extemporaneous Speech (Domestic and Foreign)

Sec. 3. Preparation

If the host is able to offer guest wireless access to participants, then students may access the Internet during extemporaneous prep, subject to the following restrictions:

A. Students may not use the Internet to gain help from coaches, other students, or any other person, in a way that would prevent the speech from being the competitor’s original work.

B. Students are prohibited from accessing outlines and speeches that have been prepared prior to their draw time.

C. Tournament hosts are not responsible for tech support for participants who are unable to access the guest network.

If the host is unable to offer guest wireless access to participants, then the following electronic use rules will apply [existing language]:

Speech Festival and Championship Dates

April 23 — Regional Festival
May 7 — State Festival
May 7 — State Championship

Organize a KAY Leadership Program at Your School

- Learning to assume citizenship RESPONSIBILITY
- Acquiring valuable LEADERSHIP skills for lifetime
- Developing an “I Get To” ATTITUDE for leadership and service
- Understanding the power of TEAMWORK
- MAKING A DIFFERENCE in the lives of others
- CHARACTER DEVELOPMENT
- CIVIC ENGAGEMENT

Are You Educating the Whole Student?

As schools prepare to educate the whole student, if you would like to see these qualities in your students, please give strong consideration to organizing a KAY (Kansas Association for Youth) leadership program in your school.

The Kansas Association for Youth (KAY) is a character-building, leadership-training, service organization directed by the KSHSAA. This nationally-acclaimed organization is unique to Kansas and provides students (boys and girls, grades 7-12) an opportunity to learn and assume their citizenship responsibilities by providing service to their schools, community, nation and world.

In 1946, members of the Association acknowledged activities are important to a well-rounded education. The KSHSAA sought to extend, in a very positive way, the dynamic influence which activities have upon their participants. By establishing the Kansas Association for Youth, the KSHSAA provided the opportunity for all students to participate in a rewarding leadership activity.

Open Door to All Students?

Also, of great significance, the Kansas Association for Youth is an open door for all students to belong to a positive group which has a broad base of interests. No special physical, aesthetic or even leadership talents are required to belong. KAY is creatively designed to identify and develop individual talents, whatever they may be. It emphasizes that each student's role as a Kay is vital to the club's success, and state awards are presented on the basis of total membership participation.

KESA and the KAY Program – Educating Kansas Students Together

The KSHSAA is aware of the Kansas Education Systems Accreditation (KESA) that accredits all school districts in our state. There is a strong focus on the SECD Standards (Social, Emotional, Character Development) and Civic Engagement.

As you know, the KSHSAA serves Kansas students by providing leadership for the administration of education based
Interscholastic activities. A student-centered organization, the Association believes that activities play an important role in providing our young people with memorable experiences as they mold their character and receive lifelong skills.

The KSHSAA has one program in particular that fits many expectations in place for KESA and that is the KAY program. KAY (Kansas Association for Youth) is a character-building, leadership-training, service organization that has served thousands of Kansas students over the past 74 years. The life lessons, leadership skills and “I Get To” attitude for service students receive from their participation in KAY parallel nicely with the standards and outcomes in place by the KSBE.

If you are interested in the Kansas Association for Youth and would like more information on the KAY organization and how to charter a KAY club in your school, see the KSHSAA website: www.kshsaa.org>Non-Athletic>KAY or contact Annie Diederich, KAY State Director, KSHSAA, Box 495, Topeka, Kansas 66601-0495; 785-273-5329; adiederich@kshsaa.org.

Helpful Information for New Sponsors

Welcome to all new KAY sponsors! We are excited to have you join the ranks of this exciting and rewarding “character-building, leadership-training, service organization”! Please see information on the KSHSAA website regarding “Helpful Information for New KAY Sponsors” in addition to other information regarding the KAY Program: www.kshsaa.org>Non-Athletic>KAY.

The Power of One

“The Power of One” will be the theme the 2021-2022 school year for KAY clubs across Kansas. This summer, many KAY clubs began preparing for an exciting year of leadership and service at KAY Leadership Camp. As the school year begins, clubs will experience how leadership, service, appreciation, enthusiasm, and responsibility can help them and their club. These qualities will truly have an impact on those they encounter. The excitement will continue at fall regional conferences and winter unit conferences. As KAY student leaders experience the rewards they receive from giving, they will not only make a difference for others—they will also gain valuable skills and an attitude of leadership and service for a lifetime!

IMPORTANT - Form KAY-1

All schools participating in the Kansas Association for Youth (KAY) program will need to complete a KAY PARTICIPATION FORM KAY-1 located online at www.kshsaa.org.

Schools participating in KAY are to complete the form and mail or fax it to the KSHSAA anytime after August 1 and before August 20. NOTE: Upon receipt of this form, your KAY club will be mailed information, materials and membership cards for the 2021-22 school year.

Please check your online handbook materials for complete details concerning conferences and other important deadlines as you plan your first meeting. Be sure to double check with your principal concerning meeting times and dates which need to be placed on the school calendar. Throughout the year, be sure to check the KAY section of the Activities Journal for KAY Klips and timely information!

The 2021 KAY Leadership Camp Staff was “SUPER-FANTASTIC”

All KAY Campers and Cheryl Gleason, KAY Camp Director and Annie Diederich, KAY Camp Director Elect, wish to extend a big THANK YOU to the 30 staff members who helped make this year’s camp the best ever! Thanks for your enthusiasm and teamwork!

Senior Staff

Mason Bandré, Stockton, CA; Trish Bandré, Salina; Katlin Bryan, Topeka; Luke Bryan, Topeka; Marlene Cailteux, Lenexa; Angie Etheredge, Park City; Chris Fantasky, Grove, OK; Lydia Fuqua, Lawrence; Hannah Gabel, Wichita; Kelly Garcia, Edmond, OK; Jolene Goodheart-Peterson, Clay Center; Alyssa Holsworth, Olathe; Linda Janzen, Burron; Quinn Johnson, Tulsa, OK; Karla Liebham, Lenexa; Carol Lutz, Richmond; Saige MacKay, Justin, TX; Stacey Merando, Shawnee; Kim Oatney, Waterville; Abraham Pfannenstiel, WaKeeney; Kelsey Pinkerton, Prairie View; Angel Romero, Topeka; Jenny White, Wilson, OK; Olivia Worden, Derby

Junior Staff

Ashleigh Boyd, Emporia; Dillon Dunn, WaKeeney; Kacie Dunn, Topeka; Libby Frost, WaKeeney; Kinsey Stuewe, Wabaunsee; Liza Ward, Hoisington

Your KAY Team

As KAY clubs across Kansas prepare for a new school year it is important to not overlook a key ingredient to fuel your journeys of leadership and service—TEAMWORK!

Teamwork is the ability to work together toward a common goal. It is the ability to direct individual accomplishments toward organizational objectives. It is the fuel that allows common people to attain uncommon results.

During the 2021-22 school year KAY clubs and their members have unlimited opportunities to “make a difference” through leadership and service to their schools, community, the nation and the world. It is essential to set the tone at the beginning and involve all members. Members are more likely to become active participants in your activities if you involve them in as many things as possible.

- When members are involved in team decisions, they will support those decisions and work hard to implement them.
- When members are involved in setting team goals, they will do whatever it takes to see that they are accomplished.
- When members are involved in defining their job on the team, they will be motivated to do their work with skill and efficiency.
- When members are involved in developing the work plan, they will do the work to complete the plan.
2021 Regional Conferences
Conference information will be mailed to all sponsors on September 15 (tentative schedule/locations):

Area 1  Carbondale-Santa Fe Trail HS
Thursday, November 11
Host Sponsor – Mary Burgett

Area 2  Yates Center HS
Wednesday, November 3
Host Sponsor – Tasha Steele

Area 3  Seneca-Nemaha Central HS
Friday, November 5
Host Sponsor – Sharon Meyers

Area 4  Ellis JH/HS
Monday, November 8
Host Sponsors – Nicole Carroll & Kristi Bittel

Area 5  Sublette HS
Thursday, November 4
Host Sponsor – Ashley Winger

Area 6  Goddard HS
Tuesday, November 9
Host Sponsor – Susan Perkins

Area 6  Arkansas City MS
Wednesday, November 10
Host Sponsors – Sarah O’Donnell & Jeff Shaw

2022 KAY Unit Conferences
Host sites, dates and school assignments for 2022 KAY Unit Conferences have been set:

Wednesday, January 19  El Dorado HS
Monday, January 24  Blue Rapids-Valley Heights HS
Wednesday, January 26  Meade HS
Friday, January 28  Paola MS
Wednesday, February 2  Quinter HS
Monday, February 7  Sylvan-Lucas Unified HS
Tuesday, February 8  Carbondale-Santa Fe Trail HS
Friday, February 11  Otis-Bison HS
Wednesday, February 16  Holton MS/HS
Friday, February 18  Cherryvale MS/HS
Monday, February 21  Oxford HS

KAY Handbook Online
Once the KSHSAA receives form KAY-1 (due August 20), club sponsors will be mailed a packet including, but not limited to: membership cards, posters and brochures, a letter of information and information on how to access the online handbook. Once accessing the appropriate site, sponsors may choose to download the entire handbook on their computer or they may print new materials only and continue to keep a hard copy of the handbook. (NOTE: It is suggested that sponsors continue to keep materials organized in their KAY Handbook).

The KAY Membership List & Club Goal Form (combined) will be interactive (i.e., the form will be submitted to the KSHSAA electronically). Once received, the KSHSAA will send the sender a confirmation and bill for the amount of membership dues.

All other forms will be available to print, fill out and mail or fax to the KSHSAA. In the future, all KAY forms will have the capacity to be completed online and printed for submission to the appropriate site (KSHSAA, host site, newspaper, etc.).

Please direct questions to the KAY State Office.

Check Out Our Webpage
(www.kshsaa.org>Non-Athletic>KAY)
Sections Include:
- What is KAY?
- KAY Clubs (list of clubs, how to start a new club)
- News (KAY Klips, Area Project, etc.)
- Conferences (Regional & Unit)
- Leadership Camp
- Vinson Scholarship (2021 Recipients)
- Elected Leaders

We trust clubs will use this site often during the year to keep themselves informed of KAY items.

Send us your website link for your KAY page so others may learn of the great things you’re doing.

Don’t miss KAY 101 - Helpful Tutorials for various tasks throughout the year.

Wanda May Vinson Scholarships
A scholarship program was established in 1957 by and for the Kansas Association for Youth in honor of Wanda May Vinson, KAY founder and longtime director. For 36 years Miss Vinson directed the Kansas Association for Youth. Through her guidance the KAY program became a nationally acclaimed organization which has provided thousands of Kansas youth the opportunity to receive leadership training and to assume citizenship responsibility by serving their school, community, nation and world.

Five hundred eighty-five students have received these scholarships over the past 64 years, this year reaching a total of $137,000 to further their education.

Online Merchandise
Start the year off by utilizing some of the KAY online merchandise for your officers and/or members. Go to www.kshsaa.org>Activities>KAY.

Students Speak Out on KAY
“Joining the (KAY) Club was one of the best things I have ever done! Through our (KAY) organization our school has learned the importance of working together, communicating and that helping others is a very important part of life.”

“A good and effective organization touches many individuals, not only its members. Volunteering time in the community peaks an awareness of what needs there are. In KAY I’ve learned that nothing speaks louder than action.”
“The KAY Club is a very important part of our school for many reasons. Not everyone can play sports or play an instrument, but everyone has the opportunity to join KAY! KAY teaches leadership skills, responsibility and the importance of helping others. Without clubs such as KAY, students wouldn’t acquire skills to prepare them for their futures.”

“I believe KAY has prepared me for a bright future, no matter what path my life may take. The KAY slogan, motto and objectives are simple, but they are the basics for living a fulfilling life. I have learned valuable teamwork and leadership skills and the importance of service to and appreciation of others.”

“What I most enjoy through my experience in KAY is seeing the development of my own personal character. I see a positive change in myself I know stems largely in part through my interaction with this club. I have come into contact with so many youths and adults who have helped me realize the person I want to be. The example given by these leaders is a true gift and one I hope to pass on.”

“In KAY we have a great opportunity to be the change we wish to see in the world.”

Participation in KAY leadership and service activities helps build and strengthen members’ self-confidence. The more confident they become, the more they want to do. When you ask a KAY member to do a task, expect the answer “YES I CAN.”

**SPIRIT**

**Spirit Activities**


**Spirit Coaches**

Continue to check the spirit page on our website for updates and announcements [http://www.kshsaa.org/Public/Spirit/Main.cfm](http://www.kshsaa.org/Public/Spirit/Main.cfm)

**2021-22 KSHSAA Handbook**

**Rule 48, Article 6(a)** Spirit competition groups attending in-state festivals, workshops, or clinics during the school year may be ranked and receive oral and/or written critiques, but shall not be ranked. Exception: Participating school teams may be ranked in KSHSAA designated statewide event for respective spirit activities.

**Spirit and Spirit Competition Groups Regulations in Rule 48**

Regulations concerning clinics, workshops, competitions and festivals for cheerleaders, pompon squads, drill teams or flag teams are given in Rule 48 (KSHSAA Handbook). Please note the rules before committing your team or squad to participate in any competition, festival, workshop or clinic. Most importantly, Rule 48 prohibits the building of three-high pyramids and basket tosses by spirit or spirit competition groups to minimize the possibility of serious accident and/or injury.

**All pyramids** and/or mounts are limited to two persons high, meaning the top person receives primary support from a base(s) which is in direct, weight-bearing contact with the cheering surface. The limitations are designed to minimize the possibility of serious accidents and/or injuries. Basket tosses (tosses initiated from the waist level immediately followed by a cradle catch) are prohibited to minimize the possibility of a serious accident and/or injury.

All spirit and/or spirit competition group activities shall be conducted under the official rules of the National Federation of State High School Associations and those approved by the KSHSAA. It is strongly recommended for all head coaches to purchase a copy of the most recent NFHS Spirit Rules Book. Knowing the safety rules must be the number one goal for all cheer and dance coaches.

**KSHSAA No Toss Rule for Cheer**

(Worded by Jim Lord, AACCA; November 8, 2017)

All tosses, including basket, elevator and single-leg tosses that are initiated from waist level and directly release to a cradle catch are prohibited to minimize the possibility of a serious accident and/or injury. A release to a cradle is legal in Kansas as long as the upward momentum stops or changes direction at shoulder level or above immediately prior to the release, and the release does not exceed 3 feet in height above the tosser’s extended hands. The “no tosses” rule applies at all times and at all places, including in Kansas and outside of the Kansas borders.

**Spirit Safety Meetings are Required for all Head Coaches**

- Head spirit coaches (grades 7-12) shall attend a mandatory meeting annually, intended to promote and provide fundamentals of the activity and participant safety.
- Face-to-face spirit rules meetings will be conducted at KSHSAA Summer Cheer/Dance Camps and Fall Spirit Spreader Clinics.
- Spirit coaches shall complete a test with information provided and discussed at the spirit safety meeting.
- The KSHSAA strongly recommends head spirit coaches attend a face-to-face safety rules meeting if their team performs stunts during the school year.
- Head spirit coaches assuming positions after the scheduled meetings are concluded or who cannot attend a face-to-face meeting may meet the above requirement by taking an online meeting which will be available August 16 until October 3.
- Schools failing to attend the mandatory spirit safety meeting and complete the exam will be listed in the Activities Journal and subject to a $200 penalty.

**In-person Spirit Safety Meetings (start time: 9:15 a.m.)**

- Monday, August 30: Salina-Kansas Wesleyan University
- Tuesday, August 31: Haysville-Campus High School
- Wednesday, September 1: Dodge City Civic Center (hosted by Dodge City High School)
Spirit Safety Meeting Agenda

- KSHSAA student eligibility rules (Rules 12-18)
- KSHSAA Rule 7 - Physical Examination
  Rule 48 - Spirit
  Rule 52 - Citizenship/Sportsmanship
  KSHSAA Bylaw, Article XIV - Approval of Events
- NFHS Spirit Rules: Definitions and Terms
- Address current school year major rule changes
- Discuss spirit group’s role in school activity program
- Share ideas/challenges to advance spirit activities

Stunting Not Allowed on Hard Surfaces

National Federation Spirit Rule 2-1-5 states: “Stunts must be modified to be appropriate to the performing surface area.” At football games, stunting would NOT be allowed on gravel/chat rock or cinder tracks. Stunting would be allowed on asphalt, synthetic, rubberized “all-weather” and dirt tracks. Concrete surfaces are NEVER allowed.

It should be noted that stunting is not allowed on any surface if it is wet. Cheer coaches must carefully consider the cheering surface in regard to safety, as even an all-weather track would be considered unsafe if it were wet.

2021 KSHSAA Game Day Spirit Showcase Competition

We are very excited that preparations for the 2021 KSHSAA Game Day Spirit Showcase Competition are progressing nicely. The KSHSAA website will have important Game Day information and registration request details on the Spirit Activities page, www.kshsaa.org>Spirit.

Varsity Spirit has been contracted to run this event in Topeka at the Stormont Vail Events Center’s (formerly the Expocentre) Landon Arena. The Dance Showcase will be held on Friday, November 19 and the Cheer Showcase will be Saturday, November 20. All registration requests, future participation emails and waiting list emails will be sent from Varsity Spirit. Please remember that a maximum of 94 cheer teams and 45 dance teams may participate.

We hope your school will fill out a registration request, which will begin on Wednesday, September 28, 2021 at 8 a.m. from a link on the “countdown box” located on the Spirit Activities page at www.kshsaa.org>Spirit.

Thank you for your support and interest in this KSHSAA event! See page 44 for more information.

Hosting a Spirit Competition

The requirements to host a spirit competition (cheer, dance, drill team) in Kansas are:

1. Only member schools may host a spirit competition during the school year. Corporations or outside agencies may only serve as co-hosts.

2. Host member school must design and distribute all advertising flyers, enrollment forms, liability forms, etc. The advertising flyers must be pre-approved by KSHSAA before distribution.

3. Host member school must collect all fees.

4. Host member school coach or activity director must be the contact person(s) who deals with any questions concerning the competition.

5. Host member school is responsible to assure all KSHSAA and NFHS rules are followed on the day of the event. (No rankings are allowed, only judge’s critiques and/or ratings.)

6. Host member school must provide supervision throughout the entire school competition.

7. Only KSHSAA member schools or other state association member schools may compete at any competition or festival. If non-member schools, private club teams, all star teams, etc., are invited they must compete at a separate time and in a separate category, apart from the interscholastic competition. The school competition should be scheduled first, immediately followed by any awards assembly, then at least a 20-minute break must be taken. After such a break, a separate competition may be held which is not part of the interscholastic competition.

8. If out-of-state member association schools are invited, the host school must complete a KSHSAA G1 sanction form and file with the KSHSAA at least 30 days prior to the event. Sixty days is highly recommended. This form must be approved in advance or out-of-state schools may NOT attend.

9. Host member school may contract outside instructors, corporations and judges in order to run a quality event. Hiring judges who are qualified and familiar with KSHSAA and NFHS safety regulations should be a top priority.

Contact KSHSAA if you have any questions regarding getting your spirit competition approved by the KSHSAA.

Sixth Grade Cheerleaders

Reminder: It is KSHSAA policy that sixth graders may NOT stunt with seventh and eighth grade cheer squad members. Therefore, the KSDE does NOT allow stunting of any kind for sixth grade students. The local USD may, however, allow sixth graders to participate as middle school cheerleaders, but they may NEVER be involved in partner stunting of any kind.

NFHS Spirit Rules Books

The 2021-22 edition of the Spirit Rules Book includes definitions, safety, rationale for rule revisions, points of emphasis, a case book, coaches manual and cheer and dance guidelines.
The *NFHS Spirit Rules Book* ($7.00) may be purchased online, www.khsaa.org>Schools>Login>Entry Forms>Rules Books Ordering. Requests for spirit rules interpretations or explanations should be directed to the KSHSAA.

### 2021-22 NFHS Spirit Rules Changes

**2-1-21:** Head coverings worn for religious reasons so as not to expose ones uncovered head may be worn and must be attached in such a way that it is unlikely to come off during performance. It must be made of non-abrasive, soft materials; must fit securely and not pose a danger to any other participant.

**3-2-1, 4-2-1: Apparel/Accessories:**

**ART. 1 ... b.** Hold objects in a hand that is supporting a top person.

**Exception:** A base and top person may share a pom during a dismount from a thigh stand, shoulder sit/straddle, shoulder stand, or prep.

**Rationale:** The exemption clarifies the current interpretation of rules 3-2-1 and 4-2-1.

**3-3-3: Inversions:**

**ART. 3...** Braced inversions in a pyramid that do not flip or roll are permitted provided the following conditions are met:

- c. The top person and at least one bracer maintain hand-to-hand/arm contact.

**Rationale:** Requiring hand-to-hand/arm contact may put the top person in a less than ideal position by having to force a connection with an arm instead of using the same technique they would if there were no bracer. This change would allow for common methods to be taught for common skills and lower the risk of injury.

**3-3-6d: Suspended Stunts**

**ART. 6...**

| d. When the stunt begins in an inversion and transitions to a non-inverted position, the upper body contact may be released before the top person is no longer inverted. |

**Rationale:** No longer needed after 2020 rule changes discontinued the requirement for upper body contact.

**3-5-5c: Release Stunts/Tosses**

**ART. 5...** Release transitions are permitted provided all of the following conditions are met throughout the transition:

- c. The top person and at least one bracer maintain hand-to-hand/arm contact except for the following skills:

  1. If the release is to a cradle position, the contact may be hand-to-foot and the bracer must be in a double-based prep with a spotter.

  2. A non-braced top person in a vertical position at prep level or above may be released to the original bases to a stunt at any level provided the top person remains in a position where the upper body remains vertical and the legs are not in a seated/pike position. Vertical releases from an extended position to an extended position may not perform more than a ¼ turn.

  3. A non-braced top person in a cradle position or horizontal position at prep level or below may be released to the original bases in a loading position or stunt at any level with no more than a 1/4 turn.

**Rationale:** Allows the hand-to-foot release to land back in a skill or other position besides a cradle. This will allow for a cleaner rule and interpretation without increasing the risk of injury and eliminates the type of connection determining what is required.

**4-2-8:** Stunting Personnel

**ART. 8...** A spotter is required for tosses to single-base prep-level stunts in which the foot/feet of the top person is in the hands of the base and for tosses to single-base shoulder stands.

**Rationale:** Clarifies that a spotter is required anytime the feet of the top person are in the hands of a base or during the toss portion of a toss to shoulder stand. Mirrors the language in 3-2-8.

### STUDENT COUNCIL

**Regional Conferences**

Hope to see many of our schools' student leaders and advisors at one of the eight regional STUCO conferences across the state in late September. These half-day (8:30-11:45 a.m.) leadership conferences are for both high school and middle school students and advisors. Login at www.khsaa.org to register using the STU-1 entry form. The registration fee is $10 per student; advisors are free. Thank you to our fabulous host schools:

- September 20 - Lyons HS
- September 21 - Kingman HS
- September 22 - Plainville HS
- September 23 - Chanute HS
- September 27 - Topeka-Seaman HS
- September 28 - Spring Hill HS
- September 29 - Dodge City HS (Dodge City Civic Center)
- September 30 - Haysville-Campus HS

Students will have the opportunity to network and share through interactive Swap Shops and Parades of Ideas, and everyone in attendance will walk away with new knowledge about using social media for good and the mental health pitfalls it entails thanks to this year's speaker, Kim Karr. Kim is the executive director and co-founder of #ICANHELP – DIGITAL4GOOD, and both her keynote and advisor presentations will delight and provide helpful information regarding the digital world, student innovation and leadership, cyberbullying/harassment, and mental health tools/resources. To learn more visit www.icanhelp.net. Be sure to bring your leadership to a regional STUCO conference near you!
Advisor Workshops

The Kansas State High School Activities Association will be conducting statewide Student Council Advisors Workshops on November 10 at the KSHSAA office in Topeka and at Derby North Middle School on November 16. The workshops are designed for ALL STUDENT COUNCIL ADVISORS (High School and Middle School) regardless of the number of years they have served. Advisors and administrators are constantly searching for new designs on leadership and/or amazing leadership opportunities for their students. The Student Council Advisors Workshops will help advisors discover new ideas, new ways to motivate students, more ways of getting students involved, and methods for improving and upgrading student council in their schools. The goal of the advisors workshops in November is to network and gain new ideas for student councils throughout Kansas. Mark your calendars and plan to attend! Additional information and registration instructions will be shared with student council advisors and principals by early October.

Save the Dates – June 24-26, 2022

A national leadership conference offering is happening this summer in Kansas! The Shawnee-Mill Valley High School Student Council is super excited to announce they are hosting next year’s Region VI VISION Conference June 24-26 with a pre-party the evening of June 23. The purpose of VISION (Value, Inspire, Share, Insight, Opportunity, Network) is to bring together young leaders from around the country, obtain new ideas through speakers and workshops, and come away with a renewed enthusiasm for the Student Council. VISION prides itself on being student based and is primarily led by students. There are advisor sessions as well. The registration fee for this conference is $175 per participant (students and adults) plus an optional pre-party fee. It is for both high school and middle school student leaders. Stay tuned for more information coming soon including hotel block rates, learning sessions, speakers, service opportunities, and activities, but for now, check out this promotional invite video: https://www.kshsaa.org/Public/StuCo/Images/VisionConferenceInviteVideo.mp4.

STUCO Summer Workshop

What an incredible week with student leaders and advisors from across the state during the 58th KSHSAA STUCO Leadership Workshop at ESU July 18-23! To see what your students and advisors experienced, please visit “Kansas Student Council Workshop” on Facebook. Leadership was definitely brought by all who participated!
KSHSAA HALL OF FAME

Do you know someone associated with Kansas high school activities who possesses the criteria listed below and is deserving of Hall of Fame recognition?

HALL OF FAME CATEGORIES

Administrator - Principal, Superintendent, Athletic Director, Activities Director
Faculty - Coach, Sponsor, Director of an activity
Official - KSHSAA Registered Official/Judge, Adjudicator in interscholastic activities
Student - Student achievement in interscholastic activities; must be graduated from high school 5+ years.
Contributor - One who has contributed to interscholastic activity programs in some capacity other than the previously mentioned categories. Nominee may still be active and must have made outstanding contributions for at least 30 years.

HALL OF FAME CRITERIA

- Nominee must exemplify highest standards of sportsmanship, citizenship, ethical conduct and moral character.
- Nominee must have demonstrated OUTSTANDING and exceptional abilities in nominated category.
- Nominee must have made a contribution in Kansas high schools in the nominated category.
- Nominee will be judged on their significant and/or long-term contributions in interscholastic activities. (NOTE: Longevity, without meaningful impact, does not constitute appropriate credentials for HOF consideration.)
- Nominee may not be currently active in nominated category (exception = contributor with 30+ years).
- Nominee may not nominate himself/herself.

HOW TO NOMINATE A CANDIDATE

1. Secure a Hall of Fame brochure from the KSHSAA (www.kshsaa.org – login on the school site and go to entry forms/special forms OR email adiederich@kshsaa.org). Complete information on page 3.
2. Provide information about your nominee specific to the category nominated (see brochure for info).
3. Request a maximum of six letters of recommendation for your nominee. One letter must be from the nominator. Letters should be from varied sources and should speak to the nominee’s moral character, achievements, leadership and citizenship.
4. Provide a small photo of nominee. Provide newspaper articles (optional).
5. DEADLINE FOR NOMINATION MATERIALS TO REACH THE KSHSAA IS THE FIRST BUSINESS DAY OF NOVEMBER. In order to insure that all materials are secured, it is suggested that the nominator collect all items and mail in one envelope.

Direct questions to Annie Diederich at adiederich@kshsaa.org.

A complete list of Hall of Fame members is available on the KSHSAA website.
### 2021-2022 Election Results and Boards

#### BOARD OF DIRECTORS

**Board of Education candidates listed by Congressional Districts (CD)**

*NOTE: School districts with enrollments (grades 7-12) of 1,001 and above are listed in Division I. Those with enrollments of 1,000 and below are in Division II.*

** Denotes Write-In Vote

<table>
<thead>
<tr>
<th>CD</th>
<th>Division</th>
<th>Term</th>
<th>Name</th>
<th>School District</th>
<th>Votes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>I</td>
<td>2 yr.</td>
<td>Matt McCabe</td>
<td>USD 313, Buhler</td>
<td>4</td>
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<tr>
<td></td>
<td>II</td>
<td>2 yr.</td>
<td>Bob Dietz</td>
<td>USD 237, Smith Center</td>
<td>39</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>**Michael Bretz</td>
<td>USD 412, Hoxie</td>
<td>1</td>
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<td></td>
<td></td>
<td>**Jared Schiel</td>
<td>USD 388, Ellis</td>
<td>1</td>
</tr>
<tr>
<td>3</td>
<td>I</td>
<td>2 yr.</td>
<td>Brian Geary</td>
<td>USD 233, Olathe</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>II</td>
<td>2 yr.</td>
<td>Rob Vohs</td>
<td>USD 416, Louisburg</td>
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**Middle school principal or superintendent candidates listed by Congressional District (CD)**

<table>
<thead>
<tr>
<th>CD</th>
<th>Div.</th>
<th>Term</th>
<th>Name</th>
<th>School District</th>
<th>VOTES</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2 yr.</td>
<td></td>
<td>Prin. Steve Oliver</td>
<td>Wabaunsee</td>
<td>28</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Supt. John Whetzal</td>
<td>USD 223, Barnes</td>
<td>Position Change</td>
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<td></td>
<td></td>
<td></td>
<td>**Supt. Kurt Brown</td>
<td>USD 293, Quinter</td>
<td>1</td>
</tr>
<tr>
<td>3</td>
<td>2 yr.</td>
<td></td>
<td>**Prin. Travis Helm</td>
<td>Kansas City-Rosedale</td>
<td>1 (2 tie-breaker)</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>**Prin. Justin Howe</td>
<td>Olathe-Oregon Trail</td>
<td>1 (3 tie-breaker)</td>
</tr>
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#### APPEAL BOARD

**Board of Education candidates listed by Congressional Districts (CD)**

** Denotes Write-In Vote

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<tr>
<th>CD</th>
<th>Term</th>
<th>Name</th>
<th>School District</th>
<th>VOTES</th>
<th>TIE BREAK</th>
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<td>1</td>
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<td>Jeff Koelzer</td>
<td>USD 322, Onaga</td>
<td>45</td>
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<td>3</td>
<td>2 yr.</td>
<td>Tom Mitchell</td>
<td>USD 229, Blue Valley</td>
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**Principal or superintendent candidates**

**Class 6-5A**

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<th>VOTES</th>
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<tbody>
<tr>
<td>2 yr.</td>
<td>Prin. David Morford</td>
<td>Haysville-Campus</td>
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**Class 2-1A**

<table>
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<th>Term</th>
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<th>VOTES</th>
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</thead>
<tbody>
<tr>
<td>2 yr.</td>
<td><strong>Supt. Jason Cline</strong></td>
<td>USD 430, South Brown County</td>
<td>3</td>
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<tr>
<td></td>
<td><strong>Supt. Art Baker</strong></td>
<td>USD 224, Clifton Clyde</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td><strong>Prin. Mark Cook</strong></td>
<td>Ellinwood</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td><strong>Supt. Justin Coup</strong></td>
<td>USD 393, Solomon</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td><strong>Supt. Tyson Eslinger</strong></td>
<td>USD 216, Deerfield</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td><strong>Prin. Tom Flax</strong></td>
<td>Ness City</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td><strong>Supt. Lisa Gehring</strong></td>
<td>USD 270, Plainville</td>
<td>1</td>
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<tr>
<td></td>
<td><strong>Prin. Sam Meyer</strong></td>
<td>Mankato-Rock Hills</td>
<td>1</td>
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<tr>
<td></td>
<td><strong>Prin. Greg Morgan</strong></td>
<td>Valley Falls</td>
<td>1</td>
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<td></td>
<td><strong>HofS. Tad Nuce</strong></td>
<td>Elbing-Berean Academy</td>
<td>1</td>
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<tr>
<td></td>
<td><strong>Supt. Rex Richardson</strong></td>
<td>USD 218, Elkhart</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td><strong>Prin. Brandie Waldschmidt</strong></td>
<td>Attica</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td><strong>Prin. John West</strong></td>
<td>Healy</td>
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</tbody>
</table>
STATE BOARD OF EDUCATION REPRESENTATIVES
Deena Horst, Salina
Jim McNiece, Wichita

GOVERNOR’S AT-LARGE APPOINTEES
CD 1 - Rev. Delvin Strecker, Salina
CD 2 - Dr. Linda Wiley, Silver Lake
CD 3 - Catherine Smith, Olathe
CD 4 - David Abel, Wichita

BOARD OF EDUCATION REPRESENTATIVES BY CONGRESSIONAL DISTRICT AND DIVISION
CD| DIV | NAME
---|-----|-----
1 | I   | Matt McCabe, Buhler, USD 313
   | II  | Bob Dietz, Smith Center, USD 237
2 | I   | Keith Griffin, Topeka-Seaman, USD 345
   | II  | Mike Kastle, Parsons, USD 503
3 | I   | Brian Geary, Olathe, USD 233
   | II  | Rob Vohs, Louisburg, USD 416
4 | I   | Mark Richards, Goddard, USD 265
   | II  | Craig Nelson, Andale, USD 267

MIDDLE SCHOOL REPRESENTATIVES BY CONGRESSIONAL DISTRICT (CD)
CD | NAME
---|-----
1 | Prin. Steve Oliver, Wabaunsee
2 | Prin. Matthew Garber, Sabetha
3 | Prin. Justin Howe, Olathe-Oregon Trail
4 | Prin. Cort Haynes, Maize South

At-Large
At-Large Ath. Dir. Justin Briggs, Dodge City-Comanche
At-Large Prin. Brandon Simmelink, McPherson

ORGANIZATIONAL REPRESENTATIVES
KASBC Ryan Burrows, Satanta
KCA Stan Boggs, Dodge City
KIAAA Shawn Steiner, Dodge City
KMEA Mark Gard, Coffeyville-Field Kindley
KSCA TBD
SENIOR HIGH SCHOOL LEAGUE REPRESENTATIVES

Ark Valley/Chisholm Trail (12,000+)
  Prin. Shannon Haydock, Rose Hill
  Asst. Prin. Amanda Grier, Andover-Central
  Ath. Dir. Curtis Klein, Maize South
  Ath. Dir. Justin Seuser, Buhler

Big Seven
  Prin. Rod Wittmer, Holton

Centennial (8,000+)
  Prin. Rebecca Morrisey, Topeka
  Ath. Dir. Bobby Taul, Topeka-Hayden
  Ath. Dir. Matt Westerhaus, Junction City

Central Kansas
  Prin. Dustin Wilson, Larned

Central Plains
  Prin. Greg Rosenhagen, Cheney

Central Prairie
  Prin. Jon Webster, La Crosse

CNC
  Prin. Toby VanCleve, Galena

Eastern Kansas (4,000+)
  Prin. Brian Schenck, Overland Park-St. Thomas Aquinas
  Ath. Dir. Kelli Kurle, Overland Park-Blue Valley North

Flint Hills
  Prin. Kelly McDifftett, Council Grove

Frontier (4,000+)
  Prin. Jeff Hines, Paola
  Prin. Kelly Whittaker, Ottawa

Great West Activities Conf.
  Prin. David Blochlinger, Goodland

Greater Wichita (8,000+)
  Prin. Eric Hofer-Holdeman, Wichita Northwest
  Prin. Sara Richardson, Wichita East
  Prin. Ben Mitchell, Wichita Southeast

Heart of America
  Prin. Tim Bumgarner, Whitewater-Remington

Heart of the Plains
  Prin. Brent Shaffer, Kiowa-South Barber

Hi-Plains
  Prin. Paul Zuzelski, Syracuse

Kansas City-Atchison (4,000+)
  Prin. Mary Stewart, Kansas City-Wyandotte
  Dist. Ath. Dir. Tammie Romstad, Kansas City USD

Kaw Valley Conference
  Prin. David Schenk, Olathe-Heritage Christian

Lyon County
  Prin. Douglas Hes, Hartford

Mid-Continent
  Prin. Greg Koelsch, Smith Center

Mid-East
  Prin. Jan Hutley, Alma-Wabaunsee

North Central A. A.
  Prin. Casey Seyfort, Beloit

North Central Kansas
  Prin. Darren Schroeder, Marysville

Northeast Kansas
  Supt. Roger Perkins, Miltonvale-Southern Cloud

Northwest Kansas
  Prin. David Morrow, St. Francis

Pioneer
  Prin. Stacey Reed, Burlington

Santa Fe Trail
  Prin. Shane Burns, Deerfield

South Central Border
  Prin. Ron Levan, South Haven

Southeast Kansas
  Prin. Travis Stalford, Coffeyville-Field Kindley

SPAA-Iroquois A. A.
  Prin. Travis Powell, Greensburg-Kiowa County

Sunflower (12,000+)
  Supt. Michelle Hubbard, Shawnee Mission, USD 512
  Prin. Jay Novacek, Olathe West
  Prin. Myron Graber, Lawrence-Free State
  Act. Dir. Marilyn Chrisler, Shawnee-Mill Valley

Three Rivers
  Prin. Rob Schneeberger, Oswego

Tri-Valley
  Prin. Sean Spoons, Eureka

Twin Valley
  Prin. Jayson Tynon, Axtell

United Kansas Conference (4,000+)
  Prin. Alan Penrose, Kansas City-Turner
  TBD

Western Ath. Conf. (4,000+)
  Prin. Ashley Kappelmann, Liberal
  Ath. Dir. Drew Thon, Garden City

Western Kansas-Liberty
  Prin. Todd Flinn, Grainfield-Wheatland/Grinnell

Wheat State League
  Prin. Nick Owen, Solomon HS

Independent Schools
  Prin. Kenny Waddell, Wichita Central Christian Academy
**2021-22 KSHSAA APPEAL BOARD**

**BOARD OF EDUCATION REPRESENTATIVES BY CONGRESSIONAL DISTRICT (CD)**

1. Jeff Koelzer, USD 322, Onaga
2. Sonya Martin, USD 365, Garnett
3. Tom Mitchell, USD 229, Blue Valley
4. Lori Barnes, USD 470, Arkansas City

**SENIOR HIGH & MIDDLE SCHOOL REPRESENTATIVES**

Class 6-5A  Prin. David Morford, Wichita-Haysville-Campus
Class 4-3A  Supt. Bill Day, USD 405, Lyons
Class 2-1A  Supt. Jason Cline, USD 430, South Brown County
Middle       Prin. Jason Walker, Baxter Springs

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**Functions of the KSHSAA Board of Directors**

The Kansas State High School Activities Association Board of Directors is made up of members representing the State Department of Education, local boards of education, each league, the independent schools and the middle/junior high schools. It meets in September and April each year.

This Board is the legislative body responsible for writing the Articles of Incorporation, Bylaws, and rules and regulations as published in the *KSHSAA Handbook*.

Individuals or schools desiring clarification, revisions or changes in the *KSHSAA Handbook* should contact their elected representative who, in turn, can propose such revisions and see that they are placed on the meeting agendas.

Agenda items must be presented in writing to the Association Executive Director 40 days in advance of the September and April meetings. Only those items submitted by the following will be recognized:

1. Board of Directors members.
2. Executive Board, provided the item received a majority vote of those present.
3. Superintendents, principals and board of education members of member schools.
4. Board of Directors may add items, which were not previously published on the agenda, at the time of the meeting, provided it is done by three-fourths vote of those present.

Should any individual representing a member school desire to present information in person to the Board of Directors, they should contact the Executive Director advising him of their desire to meet with the Board of Directors for the purpose of reviewing their recommendations.
Powers & Duties of the Executive Board & Executive Director

Bylaw Article VI — Powers and Duties of the Executive Board reads as follows:

Section 1. The Executive Board shall have the following powers and duties:

a. It shall have general control over all activities and contests between schools which are members of this Association.

b. It shall have exclusive control over all state meets.

c. It shall have authority to approve or disapprove invitation meets and contests in all type of activities.

d. It shall give interpretations of the rules of this Association.

e. It shall determine penalties for violations when they are not otherwise expressly provided.

f. It shall have power to make investigations relative to the violation of the rules of the Association. If charges are brought against any school for violation of the rules of the Association, or violation of the spirit of fair play and good sportsmanship, or violation of its contracts, the Executive Board shall consider such charges and determine and assess penalties in case of conviction. Any school which is charged with a violation of the rules and bylaws of this Association shall be given an opportunity to be represented at the hearing of its case before the Executive Board. Any investigation or hearing which involves the school with which any member of the Executive Board is connected, shall not be held in his or her presence. He or she may appear as plaintiff or defendant. He or she shall not be granted any privilege not accorded the other party or parties involved in the investigation, and he or she shall not vote on the final consideration. Interpretation: The provisions of this Article relating to violation of the spirit of fair play and good sportsmanship shall be applied in the consideration of cases involving undue influence or pressure to obtain the transfer of students from one school to another.

g. It shall contract for the services of an Executive Director and staff who shall be paid salaries from the funds of the Association. The qualifications, terms of contract, and the amount of salary to be paid each employee shall be determined by the Executive Board.

h. It shall designate the duties of the Executive Director and shall adopt regulations necessary for the effective operation of the office.

i. It shall make, when necessary, special rules for carrying into effect the spirit of the rules of this Association.

j. It may divide the state into districts for the purpose of administration and for tournaments and meets, and may arrange contests or festivals for schools winning places in the various districts.

k. It shall have authority to appoint special committees to assist in the arrangement and supervision of various activities and contests.

The Executive Board has established the following duties of the Executive Director and directed this information be published in the September issue of this publication. They include the following:

1. Shall personally, or through staff members under his or her direction and control, carry on the day-to-day operations of the Association between meetings of the Executive Board, including the obtaining of services and materials necessary thereto, in accordance with, where applicable, any Purchase Policy adopted by the Executive Board.

2. Shall personally, or through staff members under his or her direction and control, carry out the directions and decisions of the Executive Board and Board of Directors.

3. Shall personally, or through staff members under his or her direction and control, receive requests for appeals to the Executive Board or Appeal Board and make necessary arrangements for such appeals.

4. Shall personally, or through staff members under his or her direction and control, represent the Association at functions, meetings, legal matters and the like, as well as at appeals to the Executive Board and the Appeal Board.

5. Shall, on those occasions where it would not be reasonable or practical to hold a meeting of the Executive Board for that purpose, personally, or through staff members under his or her direction and control, interpret and enforce the rules and policies of the Association, including acceptance of self-imposed penalties.

6. Shall personally, or through staff members under his or her direction and control, conduct investigations and inquiries regarding the rules and policies of the Association or their violation and all other functions incidental thereto.

7. Shall, in situations where it would not be reasonable or practical to hold a meeting of the Executive Board, personally, or through staff members under his or her direction and control, conduct hearings to determine violations of the rules and policies of the Association and assess penalties.

8. In emergency situations, when it would not be reasonable or practical to hold a meeting of the Executive Board to do so, shall make, when necessary, special rules for carrying into effect the spirit of the rules of the Association.

9. Shall personally, or through staff members under his or her direction and control, have such other authorities, duties and responsibilities as are incidental to these enumerated or as the Executive Board shall direct or approve.

10. Shall be responsible for, within any monetary guidelines established by the Executive Board, the employment and termination, as well as related matters, of non-administrative employees.
KSHSAA PURPOSE

To contribute to the education of high school boys and girls of Kansas by:

Administering a program of interscholastic activities, festivals, clinics and contests among member schools; elevating the standards of good sportsmanship and encouraging the growth of good citizenship, not only for high school boys and girls, but also of adults and all others who come into contact with school activities; protecting member schools from exploitation by special interest groups; encouraging pride in scholastic achievement as a fundamental basis for a well-balanced activity program; serving the best interests of all member schools by influencing the proper type of legislation or any other desirable means.

Member Middle/Junior and Senior High Schools

State Board of Education

Originally approved Association Bylaws and Articles of Incorporation and must approve any changes in Bylaws or Articles of Incorporation before they can become effective. An annual report of KSHSAA must be submitted to the State Board.

Appeal Board

Member school boards of education elect four positions; four school administrators (three senior high and one middle/junior high school) elected by member schools. (Note: No member of the Board of Directors or Executive Board may serve on the Appeal Board.)

Board of Directors

Members of the State Board of Education; at-large appointees of the State Board of Education and Governor; Board of Education members elected by local boards of education; superintendents, principals and educators elected by member schools, representing senior high leagues; independent schools; middle/junior high school principals or superintendents and allied professional organizations; which guarantees gender and minority/ethnic representation.

Executive Board

Principals, superintendents and certified educators elected by each senior high school classification group; a middle/junior high school principal or superintendent; two appointees of the Governor; a member representing the Kansas State Board of Education; and a member representing a local Board of Education. Executive Board composition ensures gender, minority/ethnic and geographical representation.

Executive Director

Selected by the Executive Board

Association Staff

Regional Administrator and Board of Education Meetings

Kansas Coaches Association

Kansas Interscholastic Athletic Administrators Association

Student Advisory Team

Kansas Association for Youth Sponsors

Kansas Music Educators Association

Kansas Speech Communication Association

Kansas Association of Scholars Bowl Coaches
### August 2021

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<td>FBRM—Grand HS</td>
<td>Administrator Seminar—Parsons HS, 9 a.m.-Noon</td>
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<td>SCRM—Kansas City Area Officials Clinic, Shawnee Mission South HS, 9 a.m.</td>
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<td>VBRM—Larnang HS</td>
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<td>VBRM—Seneca-Nemaha Central HS</td>
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<td>Administrator Seminar for NEW STAFF—Topeka-KSHSAA Office, 9 a.m.-3 p.m.</td>
<td>FBRM—Wichita Heights HS</td>
<td>FBRM—Garden City HS</td>
<td>FBRM—Hays HS</td>
<td>FBRM—Manhattan HS</td>
<td>SCRM—Wichita Area Officials Clinic, Wichita East HS, 9 a.m.</td>
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<td>VBRM—Hays HS</td>
<td>VBRM—Ulysses HS</td>
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<td>VBRM—Topkea-Washburn Rural HS</td>
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<td>SCRM—Godard-Eisenhower HS</td>
<td>SCRM—Topeka-KSHSAA Office</td>
<td>SCRM—Godard-Eisenhower HS</td>
<td>SCRM—Olathe East HS</td>
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<td>1st day of practice for Scholars Bowl, Debate, Girls Cross Country, Volleyball, Girls Golf, Girls Tennis, Gymnastics, Boys Cross Country, Boys Soccer, Football (contact limitation plan begins)</td>
<td>FBRM—Topkea-Washburn Rural HS</td>
<td>FBRM—Shawnee Mission Northwest HS</td>
<td>FBRM—Hutchinson Community College</td>
<td>ADM-1 Fall/Winter Activity Entry Fee Form DUE</td>
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<td>VBRM—Hutchinson HS</td>
<td>VBRM—Olathe-NW K Educ. Service Ctr.</td>
<td>VBRM—Gronron HS</td>
<td>FBRM—Balat HS</td>
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<td>SCRM—Salina-Smoky Hill Service Ctr.</td>
<td>SCRM—Salina-Smoky Hill Service Ctr.</td>
<td>SCRM—Dodge City HS</td>
<td>VBRM—Salina-Smoky Hill Service Ctr.</td>
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<td>1st day of competition for Girls Golf, Girls Tennis</td>
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<td>FBRM—Dodge City HS</td>
<td>FBRM—Derby HS</td>
<td>FBRM—Salina-Smoky Hill Service Ctr.</td>
<td>GYMRM—Shawnee Mission North HS, 9 a.m.</td>
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<td>VBRM—Parsons HS</td>
<td>VBRM—Derby North HS</td>
<td>VBRM—Topkea-KSHSAA Office</td>
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<td>SCRM—Salina-Kansas Wesleyan Univ.</td>
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<td>Reminders: Update online Directory information. Submit online eligibility information to KSHSAA.</td>
<td>September 1: Cooperative Agreement Applications for Winter Activities DUE to KSHSAA</td>
<td>August 1-15: Football, Volleyball and Basketball coaches may only participate with their athletes in weight lifting and non-sport specific conditioning programs open to the entire student body. During this two-week period, no other coaching or instruction is permitted by Football, Volleyball and Basketball coaches.</td>
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<td>Spirit Spreader—Salina-Kansas Wesleyan University</td>
<td>FBRM—Chanute HS</td>
<td>FBRM—Chanute HS</td>
<td>FBRM = Football Rules Meeting</td>
<td>GYMRM = Gymnastics Rules Meeting</td>
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<td>SPRM—Valley Center HS</td>
<td>FBRM—Sublette HS</td>
<td>SPRM = Speech and Debate Rules Meeting</td>
<td>VBRM = Volleyball Rules Meeting</td>
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<td>SPRM—Garden City HS</td>
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<td>SCRM = Soccer Rules Meeting</td>
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# September 2021

**SCW = Standard Calendar Week**

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<td>Labor Day</td>
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<td>1st day of competition for Football and Cross Country after 14 days of team practice</td>
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<td>BOARD OF DIRECTORS MEETING (Tentative)</td>
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**September 1:** Cooperative Agreement Applications for Winter Activities DUE to KSHSAA

**LEGEND:**
- FBRM = Football Rules Meeting
- SPRM = Speech and Debate Rules Meeting

- Spirit Spreader
  - Dodge City Civic Center
  - Topeka-KSHSAA Office
  - Colby Community Building
  - Hays HS

- ADM-2 Fall Student Activity Participation Survey DUE to KSHSAA

- STUCO Regional Conf.
  - Lyons HS
  - Kingman HS
  - Plainville HS
  - Chanute HS

- KSHSAA Office Closed

- FB-DIST Form DUE

- Boys Early-Season Soccer Invitationals - September 6-11
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<td>November 1: Hall of Fame nominations DUE to KSHSAA</td>
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<td>LEGEND: BBRM = Basketball Rules Meeting WRM = Wrestling Rules Meeting</td>
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**October 2021**

SCW = Standard Calendar Week

**November 1:** Hall of Fame nominations DUE to KSHSAA

**Middle schools reporting quarterly:** Form C-MUQ1 due 10 school days after end of first quarter

**Legend:**
- BBRM = Basketball Rules Meeting
- WRM = Wrestling Rules Meeting

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This routing report is provided to assist principals in ensuring the KSHSAA Activities Journal is seen by all appropriate school personnel.

- Superintendent
- Principal
- Activities Director
- Athletic Director
- School Counselor
- Baseball Coach
- Girls Basketball Coach
- Boys Basketball Coach
- Boys Bowling Coach
- Girls Bowling Coach
- Girls Cross Country Coach
- Boys Cross Country Coach
- Football Coach
- Girls Golf Coach
- Boys Golf Coach
- Gymnastics Coach
- Girls Soccer Coach
- Boys Soccer Coach
- Softball Coach
- Girls Swimming Coach
- Boys Swimming Coach
- Girls Tennis Coach
- Boys Tennis Coach
- Girls Track & Field Coach
- Boys Track & Field Coach
- Volleyball Coach
- Girls Wrestling Coach
- Boys Wrestling Coach
- Band Director
- Cheerleader Advisor
- Choral Director
- Debate Coach
- Drill/Dance Team Coach
- KAY Sponsor
- Orchestra Director
- Scholars Bowl Coach
- Speech Coach
- Student Council Advisor
- Other: