

# **2020 POSTSEASON VOLLEYBALL**

## **ADJUSTMENTS TO NFHS RULES**

For this season, the following adjustments have been made to select NFHS Volleyball rules and procedures as a result of COVID-19. Enforcement of these rules/procedures will be put in place by the R1 and R2.

### **TEAM BENCH**

- The home team has the choice of picking the bench they would like to sit on.
- NOTE: The home team for a match is the higher seeded team.
- EXCEPTION: If there is a distinct disadvantage on one side compared to the other, as determined by the R1 and R2, the teams will be allowed to switch sides.

### **PRE-MATCH CONFERENCE**

- The pre-match conference will take place at the officials stand. Attending will be both head coaches and the R1 and R2. Captains DO NOT attend.

### **COIN TOSS**

- Matches with **teams not switching sides** of the court will have no coin toss. The visiting team will serve first in the first set and the home team will serve first in the second set. If the match goes to a third set, the visiting team will serve first.
- Matches with **teams switching sides of the court** (as determined by the R1 and R2) – The visitor will serve first in set #1; the home team will serve first in set #2. There will be a coin toss should the match go to a third set. Should this happen, the team captains will meet the R2 and the officials stand. The home team will call the toss. The winner of the toss has a choice of serve/receive or side. The loser will get the remaining choice.

### **PRE AND POST MATCH PROTOCOL**

- Pre-match: The R1 will sound their whistle twice:
  - ☐ 1<sup>st</sup> whistle = 6 starting players move to their end line
  - ☐ 2<sup>nd</sup> whistle = players wave to their opponent as they take their positions on the court.
- Post-match: The R1 will sound their whistle 3 times:
  - ☐ 1<sup>st</sup> whistle = Ball dead – signal which team receives the point and the infraction.
  - ☐ 2<sup>nd</sup> whistle = End of set signal #21.
  - ☐ 3<sup>rd</sup> whistle = R1 directs players on court to their attack line at which time they can wave & give a sporting comment to their opponent.

### **TEAM ROSTERS AND LINE-UPS**

- Instead of handing their rosters to the R2 at the pre-match conference, the head coach will take their roster to the official table no less than 10 minutes remaining on the pre-match clock.
- Instead of handing the team line-up to the R2, the coach will take their line-up to the official table no later than 1 minute remaining on the timed interval between sets.

### **SUBSTITUTION PROCEDURE**

- Players are to stand near the attack line when subbing in/out of a set. The R2 will be on their side near the center line.