

# Week #6 – September 16, 2024

Please read through this information as this is important information coaches and officials need to be aware of this season. These newsletters will be sent weekly throughout the season. If you are aware of an unusual situation or rules/protocols that should be addressed, please email <u>ssmith@kshsaa.org</u>. Thank you for all you do for Kansas athletes!

# CENTER LINE - VIOLATION OR NO VIOLATION?

Volleyball

NFHS Rule 9-5-7: A player may touch the floor across the center line with one or both feet/hands provided a part of the foot/feet or hand(s) remains on or above the center line contacting the floor across the central line with any other part of the body is illegal.

NFHS Rule 9-5-8: A player may cross the extension of the center line outside the court at any time provided the player does not interfere with play by the opposing team. While across the center line extension outside the court, any player may play a ball that has not completely crossed the vertical plane have the net extended.

PENALTY: Loss of rally/point is awarded to the opponent for an illegal hit or center line violation.

Note that if a player lands on the center line and it interferes with the other team playing the ball, a center line violation may be called.



VIOLATION

## NOT A VIOLATION



## WARM UP CLARIFICATION

During the regular season, teams and/or league may adopt their own warm-up sequence and time frame. During KSHSAA postseason contests, the KSHSAA postseason warmup must be used (20 minute warmup, five 4 minute intervals) – see pg 30 in the KSHSAA Volleyball Manual.

During the regular season, as is the policy during postseason warmup, if a team has exclusive use of the court, <u>the team not on</u> <u>the court should not be handling balls or working on skill work outside of the court</u>. A team not on the court may go to an auxiliary gym if allowed by the host site.

# DAITH PIERCINGS

Daith piercings are allowed as the new NFHS volleyball rules allow for small studs and/or posts above the chin line. Daith piercings <u>may not be hoop earrings or anything other than a stud or post</u> – only studs or posts may be worn.

# ATTIRE

Clarification on Towels: Towels are not automatically illegal. Towels may be worn tucked into a uniform but should be secure and not fall onto the floor. If a towel falls on the floor and becomes a safety hazard for athletes, the towel is to be removed and the referee may assess an unnecessary delay and prohibit the use of the towel while the ball is live for the remainder of the set or match.

# **BEADS ON SHOES/SHOELACES**

Beads are not allowed to be worn by athletes, except for beads being worn in the hair. If beads are worn in hair, the hair must be secured and not loose. Beads on shoes or threaded through shoelaces are NOT legal and should be removed.

# REMINDER(S):

## VOLLEYBALL ARM SLEEVES

Arm sleeves/sliding sleeves are not considered part of the volleyball uniform and are not regulated by NFHS volleyball uniform requirements. Arm sleeves are like knee pads/shoes/socks – they may be different colors from athlete to athlete and a different color than the uniform.

## **JEWELRY**

NO jewelry is allowed below the chin. The only exceptions to this are medical alerts which must be secured to the body or a religious medal/item that must be taped to the body under the uniform. <u>PERMANENT JEWELRY BELOW THE CHIN IS</u> <u>JEWELRY AND IS NOT ALLOWED – PERMANENT HOOP EARRINGS ARE NOT ALLOWED AND MUST BE REMOVED</u>. Coaches – **Prease the** tes know this so they are eligible to play.

## Looking Ahead:

-Don't forget a team picture for postseason!

-October 2-9, 2024: Postseason Officials Recommendations Window for Schools (must recommend 7; may recommend up to 12)

- -October 9, 2024: Official's Postseason Applications due
- -October 13, 2024: 3-1A Records must be updated on the KSHSAA website by 8:00 AM
- -October 21, 2024: 4-6A Records must be updated on the KSHSAA website by 8:00 AM

## **Useful Websites/Links**

KSHSAA Volleyball Website: <u>Volleyball (kshsaa.org)</u> KSHSAA Volleyball Manual: <u>Volleyball.pdf (kshsaa.org)</u> NFHS Volleyball Website: <u>Volleyball (nfhs.org)</u> NFHS Learn: <u>NFHS Learn | Interscholastic Education, Made Easy</u> KSHSAA Officials Apparel Info: <u>OfficialApparel.pdf (kshsaa.org)</u>