

Week #1 – October 7, 2024

Welcome to the 2024-2025 season of Unified Bowling! Please read through this information as this is important information coaches need to be aware of this season. These newsletters will be sent weekly throughout the season. If you are aware of an unusual situation or rules/protocols that should be addressed, please email ssmith@kshsaa.org. Thank you for all you do for Kansas athletes!

**If you are no longer a coach, please remind your school AD to update the KSHSAA Directory.*

REMINDERS FOR THE 24-25 UB SEASON

- No student may participate in more than four (4) Unified competition days during the season exclusive of regional/ state.
- Members of the Unified Bowling team are not subject to the limitations detailed in Buffer Week.
- All competition will follow Baker format with 1st, 4th, 7th, and 10th frames bowled by the partner(s) and 2nd, 3rd, 5th, 6th, 8th, 9th frames bowled by the two athletes.
- Teams may be co-ed.
- Athlete 1 must bowl frames 2, 5, and 8; Athlete 2 must bowl frames 3, 6, 9. The remaining third rotation may be bowled by a partner(s) – frames 1, 4, 7, and 10. Rotations must be balanced.
 - Trio Team: Two (2) Athletes; One (1) Partner; Two (2) subs
Trio Team Example Rotation: P1, A1, A2, P1, A1, A2, P1, A1, A2, P1
 - Quad Team: Two (2) athletes; Two (2) partners; One (1) sub
Quad Team Example Rotation: P1, A1, A2, P2, A1, A2, P1, A1, A2, P2

SUBSTITUTIONS: There are many variations of a Unified Bowling team with substitutions. An athlete must sub for an athlete or partner; a partner must sub for a partner. Substitutions may be made at any time during the game. Once an athlete subs out during a game, they may not reenter that game. The athlete may be in the lineup for the next game.

-See page 19 of the [KSHSAA Unified Bowling Manual](#) for a Baker Worksheet to help with rotations.

EMERGENCY ACTION PLANNING (EAP) – MONDAY, OCTOBER 7, 2024

Monday, October 7, 2024, is Unified Bowling Emergency Action Planning (EAP) day. It is meant to be an opportunity for coaches and centers to work together to review the EAP for an emergency. Where is an AED if it is needed? How do athletes and coaches properly exit the building due to fire? These are just a few examples of what should be reviewed. If you are not able to practice on October 7, 2024, be sure to plan for another date.

KSHSAA EAP Resources: [KSHSAA Student Health and Safety](#)

OUTSIDE COMPETITION – RULE 22

Per Executive Board action, Unified Bowling is a different activity from interscholastic bowling, so students may participate in competitions (leagues and tournaments) while on the school Unified Bowling team without violating Rule 22, Outside Competition.

COMPETITION POINTS

During the regular season, a school determines how many teams they will maintain. During postseason (regional/state) only **ONE TEAM** may represent the school at Regionals and State (this includes schools in a cooperative agreement). No student may participate in more than four (4) Unified competition days during the regular season, exclusive of regional/state.

Looking Ahead:

- Don't forget a team picture for postseason!
- October 14: First competition date
- November 5: UB Regional Entry and Pass Gate Form due to Regional Manager
- November 11-16: Regional UB
- November 19: State Tournament at Topeka West Ridge Lanes (hosted by Washburn Rural)

USEFUL LINKS :

KSHSAA Unified Bowling Page: [UnifiedBowling \(kshsaa.org\)](http://UnifiedBowling(kshsaa.org))
KSHSAA Unified Bowling Manual: [UnifiedBowling.pdf \(kshsaa.org\)](http://UnifiedBowling.pdf(kshsaa.org))
Special Olympics: [About \(specialolympics.org\)](http://About(specialolympics.org))