

# 2020-21 BOYS SWIMMING & DIVING ANNOUNCEMENTS – December 2



## 2020-21 IMPORTANT DATES & COVID INFORMATION

REVISED AFTER THE NOVEMBER 24 KSHSAA BOARD OF DIRECTORS MEETING

Boys Earliest Possible Competition	November 30
Winter Moratorium (NO PRACTICE OR COMPETITION)	December 23 – January 3
Practice May Resume	January 4
Competition May Resume	January 8

- ✓ Participants may compete in a maximum of 10 regular season competitions.
- ✓ All participants must wear face coverings at all times except when actually swimming and diving.
- ✓ No spectators will be permitted at contests December 1 – January 28.

Each of the following links can be accessed on the KSHSAA Website at [www.kshsaa.org](http://www.kshsaa.org).

[COVID-19 RESOURCES](#) – Includes [RETURN TO PARTICIPATION GUIDELINES](#)

[ELIGIBILITY FAQS](#)

[GENERAL CONSIDERATIONS FOR ALL ACTIVITIES](#)

[ACTIVITY SPECIFIC CONSIDERATIONS \(SWIMMING & DIVING\)](#) – Page 5 explains Virtual Competitions.

A quick checklist:

- ✓ Practice in pods/small groups; keep practice lane assignments the same.
- ✓ No shared equipment; sanitize regularly.
- ✓ Locker rooms/restrooms – limit numbers.
- ✓ Re-visit meet schedules – decrease participation numbers and reduce travel distance.

It is up to everyone to implement and follow COVID-19 Risk Mitigation Strategies included in the [KSHSAA BOYS SWIMMING & DIVING CONSIDERATIONS](#) and address appropriately with local county health departments any positive COVID occurrences and contact quarantine protocols. Remember, page 5 of the KSHSAA Boys Swimming & Diving Considerations does address the option of virtual competitions, and if schools need or choose to utilize this option, they must request from the KSHSAA virtual meet approval before doing so just like any regular season meet that doesn't follow the NFHS approved event order such as an all Relay Meet.

## COACH RULES EXAM

All (boys and girls) senior high varsity head coaches were required to successfully complete an NFHS Swimming & Diving Rules Exam and score 90% or better. This online exam was accessible through **November 25**. Schools and coaches will be notified if an exam was not completed (\$100 fine) or a passing score (90%) was not achieved and a KSHSAA Rules Exam #2 is required. Rules exam results/scores for coaches are now available. Login to the KSHSAA website at [www.kshsaa.org](http://www.kshsaa.org) and simply click on your exam score to view answers. Once on the screen showing your answers, there is also a link to the NFHS Rules References for each question.

## REGULAR SEASON MEET OFFICIALS

Host schools of regular season meets are strongly encouraged to utilize USA Swimming & Diving Certified Officials and have a minimum of two officials on deck during swimming competitions. Utilizing officials who are knowledgeable of current rules and practices ensures a safe competition environment and prepares participants consistently across the state for how the KSHSAA State Swimming & Diving Championships will be officiated.

## REGULAR SEASON MEET RESULTS & TOP THIRTY LINKS

There is a link on the KSHSAA Swim & Dive Website "" where you can find this season's meet results from around the state. **Please submit final meet results throughout the season by emailing PDF copies to [rgarman@kshsaa.org](mailto:rgarman@kshsaa.org).** All meet results submitted will be posted. Be sure to include **diving results** and notate if it was a six-dive or eleven-dive competition.

From the Regular Season Meet Results submitted to the KSHSAA, a "Top Thirty" Performance List will be compiled weekly for each event. A link to the "Top Thirty" list can be found on the KSHSAA Swimming & Diving Website.

## 2020-21 BOYS DIVING WEEKS – REFERENCE NFHS RULE 9-4-6

Week 1 (Nov. 30 – Dec. 5) = Forward Group

Week 2 (Dec. 7-12) = Back Group

Week 3 (Dec. 14-19) = Inward Group

Week 4 (Dec. 21 – Jan. 2) = Twisting Group

Week 5 (Jan. 4-9) = Reverse Group

Week 6 (Jan. 11-16) = Forward Group

Week 7 (Jan. 18-23) = Back Group

Week 8 (Jan. 25-30) = Inward Group

Week 9 (Feb. 1-6) = Twisting Group

Week 10 (Feb. 8-13) = Reverse Group

## DIVING RESOURCES

There is an incredible diving resource available on the [www.nfhs.org](http://www.nfhs.org) site under the activity of swimming & diving. It is titled [ONE METER DIVING TABLE](#). Within this table there are links to video clips of actual divers performing the different dives with stated score ranges. Thus, you can view various dives and see what they should be scored. Also, click [HERE](#) to access the 2020-21 Diving Officials' Manual. Very helpful information for diving judges can be found on pages 12-20 of the manual.

## SWIMMING & DIVING NFHS RULES CHANGES FOR 2020-21

See the KSHSAA Website for a link to this year's NFHS Rules Changes or click [HERE](#).

## OLYMPIC DEVELOPMENT PROGRAM (ODP) – KSHSAA RULE #4

Member schools may apply per KSHSAA Rule #4 – ODP for their athletes to compete in sanctioned USA Swimming & Diving Meets. For a complete list of the 2020-21 approved meets click [HERE](#). KSHSAA Member Schools must apply by writing a letter on school letterhead, 30 days prior to the event, requesting approval for their athletes to compete in the USA Swimming & Diving Meet. The letter must be signed by: Principal, Athletic Director, Scholastic Swim Coach, & Athlete. These meets will count towards the limit of 10 meets for a season.

## NFHS RULE #5 (SECTION 1, ARTICLE 1) – ORDER & LENGTH OF EVENTS AND VIRTUAL COMPETITIONS

If your school hosts a meet that does not follow the normal order and length of events such as a Relay Meet or Pentathlon Meet, be sure to request permission from the KSHSAA in writing providing meet details such as meet name, location, date, events, and participating schools. Any Virtual Competitions need approval as well and must include all host sites/locations. Requests can be emailed to [rgarman@kshsaa.org](mailto:rgarman@kshsaa.org).

## SCHOOLS WITH COOPERATIVE AGREEMENTS

The KSHSAA policy requires that cooperative agreement teams in quasi-team/individual sports (including swimming & diving) compete separately at postseason (state) competition. Leagues have the option of requiring cooperative teams to separate for league championship events. **RELAY EVENT state qualifications** must be achieved during the regular season by individual schools. In other words, if 3 students from School A and 1 student from School B swim together and earn a state qualifying time in a relay event, it cannot be used as an entry qualifying time for either school. For more information regarding cooperative agreements, be sure to review carefully the K-W (Winter Activities) Form signed and agreed to by each school in a cooperative agreement for boys swimming & diving and the K-S (Spring Activities) Form for girls swimming & diving.