



Girls Standards-2023

5-1A Schools

<u>Event</u>	<u>5-1A Qualifying</u>	<u>5-1A Qualifying</u>	<u>5-1A Consideration</u>	<u>5-1A Consideration</u>
	<u>Yards</u>	<u>Meters</u>	<u>Yards</u>	<u>Meters</u>
200 medley relay	2:07.73	2:22.55	2:14.12	2:29.68
200 freestyle	2:11.66	2:25.87	2:18.24	2:33.17
200 IM	2:31.60	2:48.27	2:39.18	2:56.69
50 freestyle	26.83	29.92	28.17	31.41
100 butterfly	1:07.61	1:15.11	1:10.99	1:18.87
100 freestyle	59.44	1:06.09	1:02.41	1:09.40
500 freestyle	5:57.96	5:14.00 (400 meters)	6:15.85	5:29.70 (400 meters)
200 freestyle relay	1:52.95	2:06.16	1:58.59	2:12.43
100 backstroke	1:07.56	1:15.06	1:10.94	1:18.81
100 breaststroke	1:17.93	1:26.66	1:21.83	1:31.00
400 freestyle relay	4:11.12	4:39.75	4:23.68	4:53.74

Diving:

6-Dive Meet 10.2 DD on 5 Optional AND 180 Score - at the same meet

11-Dive Meet 12.2 DD on 6 Optional AND 275 Score - at the same meet

The State Meet is an 11-dive meet. Divers must complete the minimum 11-dive degree of difficulty requirement.