

# SWIMMING & DIVING

## ANNOUNCEMENTS – April 8



### KSHSAA COVERED

Check out recent articles previewing the girls swimming and diving regular season and athletes to watch.

### IMPORTANT DATES

Sunday, May 18	<b>5:00 PM</b> Swimming & Diving State Entries DUE to the KSHSAA
Tuesday, May 20	<b>10:00 AM</b> Swimming & Diving State Pass Gate Info DUE to the KSHSAA
Wednesday, May 21	<b>6:00 PM</b> Zoom Meeting with 6A Participating Schools (Head Coaches)
	<b>7:30 PM</b> Zoom Meeting with 5-1A Participating Schools (Head Coaches)
<b>May 22-24</b>	<b><u>GIRLS STATE MEET</u></b>
June 30-July 6	KSHSAA Summer Moratorium

### SCHOOLS WITH COOPERATIVE AGREEMENTS

The KSHSAA policy requires that cooperative agreement teams in quasi-team/individual sports (including swimming & diving) compete separately at postseason (state) competition. Leagues have the option of requiring cooperative teams to separate for league championship events. RELAY EVENT state qualifications must be achieved during the regular season by individual schools. In other words, if 3 students from School A and 1 student from School B swim together and earn a state qualifying time in a relay event, it cannot be used as an entry qualifying time for either school. For more information, review carefully the K- Form signed and agreed to by each school involved in a cooperative agreement.

### 2025 DIVING WEEKS – GIRLS (Reference NFHS Rule 9-4-6)

Week 4 (April 7-12) = Twisting Group	Week 7 (April 28-May 3) = Back Group
Week 5 (April 14-19) = Reverse Group	Week 8 (May 5-10) = Inward Group
Week 6 (April 21-26) = Forward Group	Week 9 (May 12-17) = Twisting Group
	Week 10 (May 19-24) = Reverse Group

### DIVING EDUCATION RESOURCES

#### NFHS One Meter Diving Table with Video Links & Scoring Examples

<https://www.nfhs.org/media/1020355/nfhs-one-meter-diving-table-with-video-clips.pdf>

#### NFHS Diving Officials' Guidelines Manual (includes guidelines for judging diving)

<https://www.kshsaa.org/Public/Swimming/PDF/Diving%20Officials%20Guidelines%20Manual%202024-25.pdf>

#### Diving Judge & Diving Referee Calls (one page document)

<https://www.nfhs.org/media/7212416/nfhs-diving-referee-and-diving-judge-calls.pdf>

#### Diving Silhouettes

<https://www.nfhs.org/media/1018474/2023-24-diving-silhouettesnew.pdf>

#### FREE Courses on NFHS Learn: Coaching Diving and Judging Springboard Diving

<https://nfhslearn.com/courses/coaching-diving>

<https://nfhslearn.com/courses/judging-springboard-diving-introduction>

## 2024-25 NFHS SWIMMING & DIVING RULE INTERPRETATIONS

**SITUATION:** At the request of several local club coaches, the host of a major high school invitational provides backstroke starting ledges for all lanes for the 200-yard medley relay and 100-yard backstroke events. **RULING:** Rule 2-7-2b prohibits use of such devices in NFHS-regulated competition, and currently state associations DO NOT have discretion to permit such use due to concerns about athlete safety. Until athlete safety studies currently underway have been concluded and data-driven rules decisions made, these devices may NOT be used in high school swimming competition.

**SITUATION:** Following completion of the third round of diving in a dual meet, a diver informs the diving referee that she is taking a declared false start for the dive she has listed for the fourth round.

**RULING:** Incorrect procedure. Use of the DFS in the diving event is only for the purpose of removing the diver from that specific competition without being further penalized for non-participation. It is NOT to be used to avoid performing a specific dive on the dive list. A diver using the DFS procedure is charged with the event against the total events permitted under Rule 3-2-1. (3-2-3)

**SITUATION:** In the consolation finals of the 100-yard freestyle, the backplate starting wedge detached from the platform at the start, is clearly affecting the start of the swimmer in that lane. The referee determines that sufficient unfairness occurred and orders all competitors in that heat to re-swim the race at a later point in the competition. **RULING:** Correct procedure (4-2-2p). In the championship round, it would NOT be appropriate to have only the affected swimmer re-swim and then insert that swimmer's time into the final array; at that point, head-to-head competition is essential. However, if this incident had occurred during qualifying rounds, some other type or re-swim could be appropriate. Of course, all swimmers must be given ample rest time (25 minutes minimum) on either side of a re-swim.

**SITUATION:** Three swimmers have identical times at the completion of prelims in the 200-yard individual medley, causing a three-way tie for eighth place in a championship meet where 16 places are scored. The referee must conduct a swim-off to resolve the tie, per Rule 5-4-3. In order to save time, the swimmers and coaches agree with the referee that the swim-off will consist of a 50-yard butterfly race for the three swimmers. **RULING:** Illegal. NFHS rules define a swim-off as an extension of the qualifying process for a specific event; this would require that the swim-off stroke/distance must be the same as the specific event being contested.

**SITUATION:** A swimmer's suit has the manufacturer's name printed on the upper portion and the manufacturer's logo printed on the lower portion of the leg. This is considered to be two logos and thus a violation of Rule 3-3-3c. In order to avoid disqualification, the swimmer has used a marking pen of the same color as the suit to cover the logo on the leg. **RULING:** Permissible per the logic of NFHS Rule 3.3.3 SITUATION C, i.e., the logo is "invisible" because it is now the same color as the suit.

**SITUATION:** The starter mumbles or does not clearly enunciate the word "marks" as part of the starting command. **RULING:** Provided a fair start is achieved, clear enunciation of the starting command is not required. Indeed, starters who over-emphasize the harsh "KS" sound of the word "marks" may cause starting problems, as swimmers may react to that sound or to microphone static created thereby and commence movement prior to the starting signal.