

SWIMMING & DIVING

ANNOUNCEMENTS – December 10

IMPORTANT DATES

Boys Earliest Possible Competition	December 2
Winter Moratorium (NO PRACTICE)	December 22-26
<u>BOYS STATE MEET</u>	February 20-22
Girls Beginning Practice Date	March 3
<u>GIRLS STATE MEET</u>	May 22-24

KSHSAA COVERED

Check out recent articles previewing the boys swimming and diving regular season and athletes to watch.



THE KSHSAA WINTER MORATORIUM = DECEMBER 22-26

Students in Grades 7-12 may not be in member school owned or operated facilities during the Winter Moratorium for involvement in activities under the jurisdiction of the KSHSAA. Weight rooms may not be open for students in Grades 7-12. There shall be no group interscholastic activity practice nor competition either on or outside school premises under supervision of school employees.

REGULAR SEASON MEET RESULTS & TOP TWENTY-FIVE LINKS

There is a link on the KSHSAA Swim & Dive Website for this season's meet results from around the state.

Please submit final meet results throughout the season by emailing PDF copies to rgarman@kshsaa.org. All meet results submitted will be posted. Be sure to include diving results and note if it was a six-dive or eleven-dive competition.

From the Regular Season Meet Results submitted to the KSHSAA, a *Top 25* Performance List will be compiled for each event in class 6A and 5-1A. These lists will be updated periodically throughout the season, so be sure to send in all regular season meet results. A link to the *Top 25* lists can be found on the KSHSAA Swimming & Diving Website and will go live once the first lists are posted.

2024-25 DIVING WEEKS – BOYS (Reference NFHS Rule 9-4-6)

Week 1 (Dec. 2-7) = Forward Group	Week 6 (Jan. 13-18) = Forward Group
Week 2 (Dec. 9-14) = Back Group	Week 7 (Jan. 20-25) = Back Group
Week 3 (Dec. 16-21) = Inward Group	Week 8 (Jan. 27 – Feb. 1) = Inward Group
Week 4 (Dec. 23 – Jan. 4) = Twisting Group	Week 9 (Feb. 3-8) = Twisting Group
Week 5 (Jan. 6-11) = Reverse Group	Week 10 (Feb. 10-15) = Reverse Group

OLYMPIC DEVELOPMENT PROGRAM (ODP) – KSHSAA RULE #4

Member schools may apply per KSHSAA Rule #4 – ODP for their athletes to compete in sanctioned USA Swimming & Diving Meets. For a complete list of the 2024-25 approved meets click [HERE](#). KSHSAA Member Schools must apply by writing a letter on school letterhead, 30 days prior to the event, requesting approval for their athletes to compete in the USA Swimming & Diving Meet. The letter must be signed by: Principal, Athletic Director, Scholastic Swim Coach, & Athlete. These meets will count towards the limit of 10 meets for a season.

VIOLATION – COMPETING IN NON-APPROVED ODP/USA MEETS – KSHSAA RULE #22

A member of a high school swimming & diving team may NOT compete in an outside USA/Club Meet that is NOT on the ODP Approved List during their high school season. If an athlete violates this KSHSAA rule, he/she is ineligible for the remainder of season (no more practice or competition with a high school team) unless he/she is reinstated by the KSHSAA Executive Board. Also, please remember any swimmer/diver wanting to compete in a USA/Club Meet on the ODP/USA Approved List during the regular season must first receive permission from the school. Then, the school must submit a request for approval to the KSHSAA and receive approval from KSHSAA prior to the event.

KSHSAA RULE 40-2-4: *No student representing a member school shall participate in more than 10 meets during a season exclusive of the state meet.*

KSHSAA RULE 30-2-2: *A student who is enrolled at the start of a season of sport must be a member of the squad for the majority of the scheduled varsity contests in order to be eligible for postseason competition.*

Majority means over half. Thus, for schools with a 10-meet schedule, a team member must participate in at least 6 of the 10 meets to be eligible to compete in the state meet.

2024-25 NFHS SWIMMING & DIVING POINT OF EMPHASIS

Athlete Well-Being

The NFHS Swimming and Diving Rules Committee is particularly conscious of athlete safety, physical and mental well-being, and overall good health of high school students. With that in mind, the committee discussed at length the issue of photography behind the blocks. Guidelines for photographer access should be clearly defined prior to the swimming and diving event. It is recommended that state associations and event hosts consider the areas, and specifically the angles, for photography of swimmers and divers, and that appropriate and reasonable guidelines are established. Due to swimmer attire and the starting positions in the sport, media access in the starting area may not be appropriate. The committee addressed Rule 3-2-2 by adding language ensuring continued involvement of health-care professionals. Rule 3-3 was also edited to align language with current national trends in reference to individuals with disabilities and continuing encouragement of participation of those individuals in swimming and diving. And finally, the committee codified consistent language for all NFHS rules books prohibiting the use of alcohol, tobacco, and controlled or illicit substances by participants, team personnel, and officials, beginning with arrival at the competition site until departure following the completion of the contest. State associations are encouraged to continue examining additional ways to ensure student well-being within the framework of swimming and diving.

2024-25 NFHS SWIMMING & DIVING RULE INTERPRETATION

SITUATION: The referee prohibits picture-taking, including phones, from the area behind the starting platforms. **RULING:** Permissible and indeed encouraged in order to avoid creation of uncomfortable situations for swimmers who might be concerned about what is going on behind them when in the starting position. Also, such photography may produce sounds that interfere with the starting signal and other distractions for swimmers preparing to compete. **COMMENT:** While the referee's authority in this area is broad, to protect the well-being of athletes, officials should concurrently endeavor to provide appropriate conditions for photographers at meets. Areas along the sides of the competition course and at the turning end can be utilized by photographers, and officials should make every effort to accommodate their needs while balancing the swimmers' needs as well.