WHAT IS KSHSAA STUDENT COUNCIL WORKSHOP?

The KSHSAA Student Council Leadership Workshop is a five and a half day experiential program for student leaders and elected student leaders, as well as student council members and/or emerging leaders. This workshop provides students opportunities to meet and exchange ideas with other student council members, learn about student council issues, and discover their own leadership potential which will help to build a better world in which to live.

The Leadership Workshop also offers a special advisors' council for any advisor wishing to attend. Special sessions are held daily with the advisors' council to network with each other and share ideas, as well as learn new ones.

The STUCO Leadership Workshop has been rated as one of the best leadership training programs in the state. The curriculum focuses on the following leadership components: goal setting, organization, communication, meeting skills, leadership ideals, self awareness, group process, and many other issues leaning toward whole development of student leaders.

Energetic, talented leaders from Kansas high schools across the state having fun and making friends that last a lifetime, while working, learning and experiencing leadership activities! It is truly a once-in-a-lifetime experience.

WHY SHOULD I COME?

You'll grow personally by strengthening your leadership skills while your school benefits from investing in your development as a leader. This workshop also gives you the chance to network with students from other schools, build lasting friendships, and form meaningful connections through shared experiences and collaborative learning. You'll return to campus energized, confident, and ready to lead with new ideas and a strong support system.

IS IT FUN?

According to those who have come before, YES! We have a dance/open mic night, crazy indoor olympic games, and a formal banquet followed by our crowning event—achievement night and candle lighting. We think you'll love it!

STUDENT LEADERS ARE OUR PRIMARY FOCUS

The workshop is designed for senior high students; therefore, junior high students may not attend. **STUDENTS WHO HAVE PREVIOUSLY ATTENDED THIS WORKSHOP ARE INVITED TO RETURN ONE ADDITIONAL YEAR FOR ADVANCED LEADERSHIP TRAINING.**

Students should be prepared to attend a variety of sessions designed to enhance their leadership skills.

ALL ADVISORS ARE WELCOME!

Advisors from both middle/junior and senior high schools are welcome to attend! They will meet as a group of advisors led by an experienced student council sponsor. Advisors attend their own sessions and are not responsible for supervising students!

OUR STAFF

Our workshop is conducted by senior counselors whose combined years of service to student councils is over 250 years! They have firsthand knowledge of student council concerns which are unique to our state and are aware of what's happening in the nation. The staff is augmented by junior counselors chosen from high school graduates who have served on their school's council and have attended this workshop.

KEY POINTS TO KNOW . . .

The workshop will be conducted on the campus of Emporia State University. A map of the campus and additional details of the workshop **will be both mailed and emailed to each registered delegate and advisor in late June.** Most meetings will be scheduled in the Memorial Union.

Lodging for all delegates will be in the dormitories at Emporia State University. You will need to bring your own bed linens. Meals will be scheduled for you in the Student Union. Drink and snack vending machines and food orders/delivery in the evening are also available.

Activities, both academic and recreational, will be provided for all participants each day. There is so much to learn in a fun and friendly atmosphere.

Highlights include:

- Speakers, Breakout Sessions, Indoor Olympics, Idea Exchange, Dance, Open Mic, Formal Banquet

HOW DO I GET THERE?

Schools may provide transportation, parents may drop off, or students may drive themselves. Students driving their own car will be required to turn in their keys upon arrival.

I WANT TO ATTEND, SO...?

- Contact your STUCO advisor or principal right away! **The deadline for your online registration is May 29, 2026.**
- In late June, we will both mail and email you information including more specific details, a map, and the Participant Commitment and Medical Forms.
- Work with your advisor on your plans to attend the workshop.

WHAT ELSE?

Our food policy is all-you-can-eat. Our meeting rooms and residence hall rooms are air-conditioned. Student council merchandise is sold. Water, Gatorade and food orders/deliveries are available each evening to purchase. Most students bring cash and/or card for these optional purchases.

REQUIRED: REGISTRATION FEES AND FORMS

The workshop fee is $375 per delegate or advisor. This fee includes meals, room, health and accident insurance, a T-shirt and all workshop materials.

STUCO Advisors: Submit the online Student Delegates Only - Student Council Workshop Enrollment Form with names of delegates, located on the KSHSAA Student Council website by **Friday May 29, 2026.** This will "reserve" a place for your school's student representatives. The online Sponsors Only - Student Council Workshop Enrollment Form is for middle/junior high school, sponsor only. An invoice will be emailed to your school's athletic director.

Included on the Student Delegate Form are the workshop Participant Commitment and Medical Forms which must be signed by a parent or guardian. These forms must be brought to the workshop when students register on Sunday or emailed in advance to *abrucken@kshsaa.org;* (a reply email will confirm that your forms have been received and are complete). The Participant Commitment and Medical Forms ensure the safety of all delegates and inform parents and delegates of the expectations of the workshop. The Medical Form is a parental consent release form for treatment and a brief medical history. **A KSHSAA school physical is not necessary to attend the workshop.** The forms may be printed from the KSHSAA website, and they will also be mailed and emailed to registered delegates in late June.

CANCELLATIONS

In case of cancellations, **no refunds** can be made. Substitutions of the same gender may occur with permission of the KSHSAA. Should students find it necessary to send a substitute, the school advisor or principal should contact the KSHSAA. This avoids confusion and hard feelings.

REGISTRATION AND CHECK-IN

Registration and check-in will be Sunday afternoon between 12:30 - 2:30 p.m. on the ESU campus. Room assignments will be made and door keys will be checked out at the time of registration. Delegates from the same school will be assigned to different rooms, so please do not pack together!

PACKING CHECKLIST

- ☐ **Participant Commitment and Medical Forms** - ***signed by parent/guardian*** *(if not emailed ahead of time)*
- ☐ Bedding (sheets, pillow/pillowcase, blanket)
  Twin Extra Long (80-inch) Sheets
- ☐ Shorts, jeans, sports attire **(all shirts must have sleeves)**, tennis shoes and a sweatshirt or light jacket (air-conditioned rooms are cold) Please read the dress code printed on the Participant Commitment Form.
- ☐ **Banquet clothes** ***(suit, sport coat, or shirt and tie; formal or party dress)***
- ☐ Robe (dorm has community bathrooms)
- ☐ Alarm clock
- ☐ Personal toilet items (soap, shampoo, etc.)
- ☐ Towels and washcloths, shower shoes
- ☐ Cash and/or card for merchandise and optional food/beverages and delivery orders
- ☐ **Backpack/Bookbag (will use daily)**
- ☐ School supplies (notebook, pencils, pens, envelopes and stamps, scissors, markers, tape, glue, etc.)
- ☐ Your school's STUCO constitution and bylaws
- ☐ Medications (any prescription and over-the-counter medicine you may need for the week)
- ☐ **Water bottle (will use daily)**
- ☐ OPTIONAL: umbrella, hangers, musical instruments

WHAT NOT TO BRING:

- Valuable items *(iPads, tablets, laptops)*
- Hats (***please leave them at home***—*we have a tradition that only Junior Counselors wear hats)*

OUR EXPECTATIONS

The workshop is a closed campus. Students who drive cars to the workshop may park them in the parking lots adjacent to the dorms. **Car keys must be checked in during registration.** Schools have sole responsibility for delegates' travel to and from the conference. **Early arrivals are not permitted.**

Orientation and the first general session will be held Sunday afternoon and evening. Our first conference meal is Sunday evening dinner. **Please eat lunch prior to arrival for registration.** All delegates should be in attendance for an impressive opening to an unforgettable week!

The workshop concludes before the noon meal on Friday. **We expect students to be in attendance at the workshop for the entire period, Sunday afternoon until Friday noon.** Occasionally, students have felt called on to leave because of previous commitments. When this happens it causes disruption to the experience. Schools are encouraged to send those students who can commit themselves for the complete workshop. Under no circumstances are delegates released without parental contact and approval.

Sponsored by Kansas State High School Activities Association
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