2022 KSHSAA STUCO ADVISOR WORKSHOP

Wednesday, November 9, 2022- KSHSAA Office

Tuesday, November 15, 2022- Derby North Middle School

2022 KSHSAA STUDENT COUNCIL ADVISOR WORKSHOPS

Wednesday, November 9 @ KSHSAA Office (601 SW Commerce Place; Topeka, KS 66615) Tuesday, November 15 @ Derby North Middle School (3100 N Rock Road; Derby, KS 67037)

ONLINE REGISTRATION

Login on the KSHSAA site and click on the STU-ADV entry form or go under "Activities" and click on "Advisor Workshop". An \$85 registration fee will be invoiced via email to the school activities director.

DRESS = Casual, Comfortable – Wear Your School's STUCO T-Shirt or KS STUCO Attire!

ITINERARY OVERVIEW

- 8:45 ARRIVAL: Check-In, Mixer Activity, Merchandise Sales, Continental Breakfast Provided
- 9:15 WELCOME: Rod Garman, KSHSAA Student Council Director
- 9:30 OPENING SESSION: Damon Parker Executive Director, The Jones Project, Inc.

His Story of Mental Health, Healing, and Hope

Championship wrestling coach Damon Parker knows what it's like to win on the mat, but he now knows winning isn't everything. He's spent the last 18 months fighting his own well-documented battles with mental health so he can help local students with theirs. He is helping students through the newly formed charitable nonprofit, The Jones Project. The goal of The Jones Project is to change how we talk about, treat and ultimately triumph over mental health issues, with a focus on the teen mental health crisis. The organization's goal is to bring a message of hope, help and healing to Kansas middle and high schools, organizations, and associations through inspirational and entertaining presentations. Beyond inspiration and understanding, The Jones Project aims to give students actionable steps on mental health and emotional regulation that helps people manage their mental health before it reaches "crisis mode."

- 10:30 Transition Break
- 10:40 BREAKOUT SESSIONS:

Topics = STUCO 101-Contitution Basics, Social Media/Event Promotion, Middle Schoolers Only

- 11:40 LUNCH & ROUND TABLE DISCUSSIONS
- 12:40 BREAKOUT SESSIONS:

Topics = STUCO 101-Contitution Basics, Community Engagement/Fundraising & Service, Leadership Academy

- 1:40 Transition Break
- 1:50 CLOSING SESSION: Q&A Panel Summer Leadership Opportunities
- 2:30 DISMISS: Go Explore the Possibilities!



DAMON PARKER
Executive Director
The Jones Project, Inc.
www.TheJonesProject.org



Bring your Principal for FREE to Damon's opening session!



The Jones Project

"What mental health needs is more sunlight, more candor, and more unashamed conversation."

-Glen Close



CRITICAL STEP #1: If you are struggling, you are not alone in the way you are feeling.

CRITICAL STEP #2: If you are struggling, you are not alone in the fight.

CRITICAL STEP #3: There is hope. Things can, and will, get better! But you have to put in the work.



OUR MISSION

The Jones Project is a charitable nonprofit committed to changing the way we address the teen mental health crisis in the state of Kansas.

Based out of Topeka, Kansas, our organization provides <u>free</u> motivational keynote presentations to Kansas secondary students.

We give actionable steps to students who are struggling while emphasizing the importance of the mental health interventions already in place at your school.



"Best speaker we've ever had at AE and he's from our own backyard! A lot of people talk about making an impact; few follow through with it. Can't wait to see all the lives impacted through The Jones Project!"

Drew Porter, VP of Sales, Advisors Excel

"Our students and staff are still talking about Coach Parker's presentation. We are also hearing positive reviews from parents and community members."

Jay Dornbos, Principal, Council Grove High School



FOR BOOKINGS OR ADDITIONAL INFORMATION: <u>DAMON@THEJONESPROJECT.ORG</u>

WWW.THEJONESPROJECT.ORG