



KSHSAA SPORTS MEDICINE ADVISORY COMMITTEE

September 25, 2023

MEETING SUMMARY

Committee members in attendance:

Paul Cleland, MD - Committee Chairperson
Weston Bucher, LAT, ATC
Will Burton, CAA (School admin rep)
Justin Clark, LAT, ATC
Tara Harmon-Moore, BSN, RN, BA (School Nurse rep)
Brian Harvey, DO
Jessica Koch (Coach rep)
Tim Lackey, DC
Ryan LaSota, MD
Mark Padfield, LAT, ATC
Abbey Rupe, MD
Madison Silva, LAT, ATC
Wally Walstrom, DO
Anne Weese, PhD

KSHSAA staff in attendance:

Bill Faflick, KSHSAA Executive Director
Brent Unruh, KSHSAA Liaison to SMAC

1. Committee update items

Brent provided the committee updates on various items related to student health and safety including rule and policy changes approved by KSHSAA governing boards since the committee last met in April 2023.

2. Organization reports

- KS Athletic Trainers Society (KATS)
Justin Clark shared information on a new sports waiver requirement enacted by the state of Kansas requiring out of state medical providers to complete a waiver form through the KS Board of Healing Arts, before practicing in Kansas. This became effective July 1, 2023. This may impact medical providers traveling with out of state teams competing in Kansas. Justin also shared he does not anticipate concussion legislation updates being introduced by KATS in the upcoming
- KS Interscholastic Athletic Administrators Association (KIAAA)
Will Burton shared feedback he collected from athletic directors related to the KSHSAA recommended heat policy and the most recent changes to the PPE form.
- KS School Nurses Organization (KSNO)
Tara Harmon-Moore reported medicine administration guidelines for school nurses are currently being updated and will include specifics regarding Narcan administration and administration of drugs containing THC.

3. Concussion guidelines review

The committee discussed the current KSHSAA concussion guidelines and return to learn guidelines and recommend an update to this information based on updated information coming from the 6th International Conference on Concussion in Sport. A sub-group of committee members will be put together to address these updates and bring a draft to the spring meeting for the full committee to review.

The committee provided input on a recently released CTE study and noted the need to continue to monitor the research in this area.

The completed 2022-23 concussion reporting data was shared with the committee for their review.

4. Environmental policies/guidelines review

Opportunity was provided for committee members to provide feedback on how schools have been handling their heat policies and activity modification during recent periods of extreme heat. Some members noted they felt like schools were not using the same criteria for contests as they were for practices. Even though the



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KSHSAA heat policy is recommended and not required, the committee would like to see stronger language in the guidelines and replace “should” with “will” in the bullet points at the top of the policy. The committee also advised that the “degrees F” references on the zone chart be removed as that is confusing for the general public in understanding the difference between the WBGT temperature level and the ambient air temperature.

5. Mental health items

Brent provided an update to the committee on a recent meeting with the KS Suicide Prevention HQ group and their desire to work with the KSHSAA in promoting the 988 crisis number.

Dr. Weese suggested using the Student Advisory Team to create some additional promotional videos highlighting the Mental Health Matters videos and other mental health topics.

6. PPE form & confidentiality

Committee members had a chance to review recent correspondence from a parent with concerns about the confidentiality of her child’s PPE record at the school. They also reviewed correspondence from State Senator Dinah Sykes with similar concerns. The recommendation from the group at this time is to continue allowing parents/students to only turn in the medical clearance page of the PPE if they have privacy concerns. The committee is also recommending the content of the medical clearance page be updated to include more “red flag” conditions to help schools be aware of student health issues that could become serious or life-threatening for the school to deal with during athletic participation.

7. Air quality guidelines

The committee discussed providing air quality guidelines for schools to determine the overall risk of outdoor athletic participation. The NCAA guidelines were reviewed, and it was suggested that these be compared to any KDHE guidelines. If they are similar, the committee supports adopting the NCAA guidelines for KSHSAA schools.

8. Potential emergency action planning legislation

Staff shared potential state legislation that would require schools have written EAPs for all venues, AEDs accessible at all venues, and required CPR/AED certification for all coaches. Staff will continue to monitor, and keep the committee informed.

9. New NFHSLearn CPR/AED course

Staff shared information regarding a new online course offered by NFHSLearn that addresses CPR and AED training.

10. Topics from the floor

With the recent increase in COVID-19 cases, the committee reviewed the current return to participation guidelines on the KSHSAA website. The committee determined these guidelines are still appropriate and adequate at this time.

The next scheduled meeting is Monday, April 8, 2024.