

# KLC 2016 "SERVICE WITH A SMILE"

(HOUSING SERVICE PROJECTS @ KAY LEADERSHIP CAMP)

On Monday evening of KAY Leadership Camp, all campers and staff participated in a 20 minute service project. This activity was conducted by housing areas and was under the direction of the assigned staff. The objectives of this activity were not limited to the following: Communication Skills; Teamwork in Action; Organizational Skills; Awareness of activity ideas; Time Management Skills; Understanding personal talents.

Following is information on the activities and a brief evaluation.

## SENSORY BOTTLES

Asa Payne Cottage – 20 Participants



**Project Description:** We took smaller water bottles and added different things to the water. Remove labels from bottles.

1. **Glitter Bottle** – 1 tube any color glitter, 1/2 tube of another color glitter. Pour all the glitter into the water and glue cap back on.
2. **Loom Band Bottle** – Put as many loom bands as you want into the water, and glue cap back on.
3. **Heart Pony Bead Bottle** - Pour a little water out of the bottle and add as many beads as you want. Add several drops/squirts of Karo Syrup (clear) and glue cap back on.
4. **Porcupine Ball Bottle** - Pour all the water into another bowl, use food coloring to tint the water and stir. Fill the water bottle 1/2 full with mineral oil and fill the other 1/2 with the colored water (discard the rest of the colored water). Push the porcupine ball into the bottle and glue cap back on.

**Items Needed:** Water Bottles, Glue, and items above depending on what kind you want to make.

**Would you do this project again?** YES

**Explain:** Very important to have supplies somewhat divided up to keep some bottles from getting too much in them.

**What will you do with the finished product?** Taking them to Children's Mercy in Kansas City.

## NO SEW T-SHIRT BAG

Bankers Cottage - 20 Participants

**Project Description:** We used t-shirts to make bags for people at shelters. Fold tee in half, cut off sleeves; cut the neckline area; determine how deep you want the bag; then draw a line; cut fringe up to the line; take 2 strips of fringe and tie into a knot; take the strands just tied and tie it to the next strand (this keeps the gaps closed); tie until all strands are tied; you may leave the bag as is with strands showing or turn bag inside out. Determine this before you tie so you'll know what will show.

**Items Needed:** T-shirts (all sizes); scissors

**Would you do this project again?** YES

**Explain:** However I would do more prep



**What will you do with the finished product?** Donate to various shelters and agencies who help people in need. Communities impacted will include Baldwin City and Lawrence.

## DOOR HANGINGS FOR NURSING HOME

**Co-op Cottage** - 19 Participants



**Project Description:** Every girl received 2 pieces of colored cardstock 6x11. They could choose various cutouts to glue on to their cardstock. They also drew and wrote positive messages, then they glued a popsicle stick to the top back and bottom for weight. A ribbon was added to the back to hand the decoration from.

**Items Needed:** Cardstock, markers, crayons, cutouts, ribbon and popsicle sticks.

**Would you do this project again?** YES

**Explain:** It was quick, easy and done with limited supplies and the girls enjoyed it.

**What will you do with the finished product?** The door hangings will be delivered to the Harrington nursing home.

## SENSORY BOTTLES FOR CALMING

**Finnup Cottage** – 51 Participants



**Project Description:** These are similar to homemade snow-globes for students with special needs as a calming and sensory tool at schools. Add 1-3 objects and optional glitter to bottle. Add a liquid of your choice & fill 1/3 full, add water via funnel until bottle is full. You can add food coloring and shake items to mix, open bottle and super glue inside of lid – close tight. Enjoy!!

**Items Needed:** Several donated empty water, soda bottles (clean, 20oz. or less, label off); (small objects) glitter, pom-poms, beads, loom bands, rice, small toys; Water; (Liquids) (cheap hair gel, conditioner, vegetable oil, original dish soap; funnels, super glue.

**Would you do this project again?** YES

**Explain:** I would not do it exactly the same, would only use the squeezeable liquids and not vegetable oil and would try to use only smaller bottles. I would bring towels, trash bags and table cloth for surfaces. We set up stations for each step and a staffer at each one. The girls loved the opportunity to make it their own.

**What will you do with the finished product?** Deliver to NCKSCC director of Special Education, where they will be distributed to special ed. Teachers to take back and use with students at schools throughout North Central Kansas.

## RED, WHITE & BLUE USA FLAG BEAD PINS

**Hansen Cottage** – 52 Participants

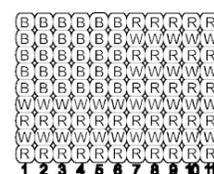
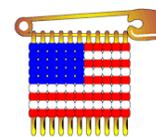
**Project Description:** see picture to right for pattern

**Items Needed:** Safety pins, red, white and blue beads.

**Would you do this project again?** No

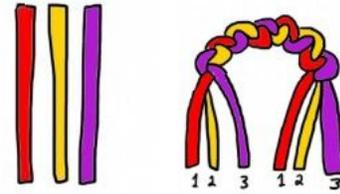
**Explain:** A little too time consuming for 20 minutes, small beads were difficult to finagle.

**What will you do with the finished product?** Give them to veterans in honor of their service and to promote voting!



## DOG CHEW TOYS FOR HUMANE SOCIETY

**Preston Cottage** – 45 Participants



**Project Description:** Dog chew toys made of fleece. Use (3) 18"-20" strips of fleece. A knot is tied at top and then the three strips are braided. A knot is tied at the bottom. The strips are roughly 3" wide.

**Items Needed:** Fleece (as described above); Scissors

**Would you do this project again?** YES

**Explain:** It was easy fast project that many people can do. Another great thing is they don't have to be perfect.

**What will you do with the finished product?** Given to the Kansas Humane Society for them to distribute throughout the state.

## UPLIFTING ROCKS

**Weatherwax Cottage** – 20 Participants



**Project Description:** Each participant chose some rocks, and wrote inspirational words to paint on the rocks.

**Items Needed:** Smooth flat "beach rocks" (bought bag of 70), flurescent paint pends, all colors of sharpies, and markers.

**Would you do this project again?** YES

**Explain:** Yes, plenty of time and a creative-positive project.

**What will you do with the finished product?** They will be given to those who need an uplifting moment in their life and to be given to those in a nursing home, military and military wives.