

KLC 2014 "SERVICE WITH A SMILE"

(HOUSING SERVICE PROJECTS @ KAY LEADERSHIP CAMP)

On Monday evening of KAY Leadership Camp, all campers and staff participated in a 20 minute service project. This activity was conducted by housing areas and was under the direction of the assigned staff. The objectives of this activity were not limited to the following: Communication Skills; Teamwork in Action; Organizational Skills; Awareness of activity ideas; Time Management Skills; Understanding personal talents.

Following is information on the activities and a brief evaluation.

HOMEMADE FLEECE BLANKETS FOR HUMANE SOCIETY

Asa Payne Cottage – 20 Participants

Project Description: 8 Fleece blankets of various sizes. Participants worked in a small groups to cut strips along borders of fleece. They then tied the strips in knots to create blankets from the material.

Items Needed: 3x5 recipe cards (for cutting evens strips); scissors; fleece (cut into 1 or 1.5 yd. lengths)

Would you do this project again? YES

Explain: I would do this project again, except allow more time for the campers to complete it or have all the strips cut before it begins. They could do it throughout the week when they have down time at the cottage (if they want). I would also probably make the blankets a little smaller. Other alterations to the project could include asking for old blankets to be donated as admission to a school event or club meeting.

What will you do with the finished product? They will be donated to the Humane Society in Wichita

FLEECE LAP BLANKETS

Bankers Cottage - 20 Participants

Project Description: 2 Lap Blankets for nursing home residents. Laid the 2 – ½ yards on top of each other and cut the strips together and tied the corners to keep the strips matched up.

Items Needed: 1 yard Plain fleece; 1 yard patterned fleece; scissors

Would you do this project again? YES

Explain: We would like to make shawls for the residents next year!

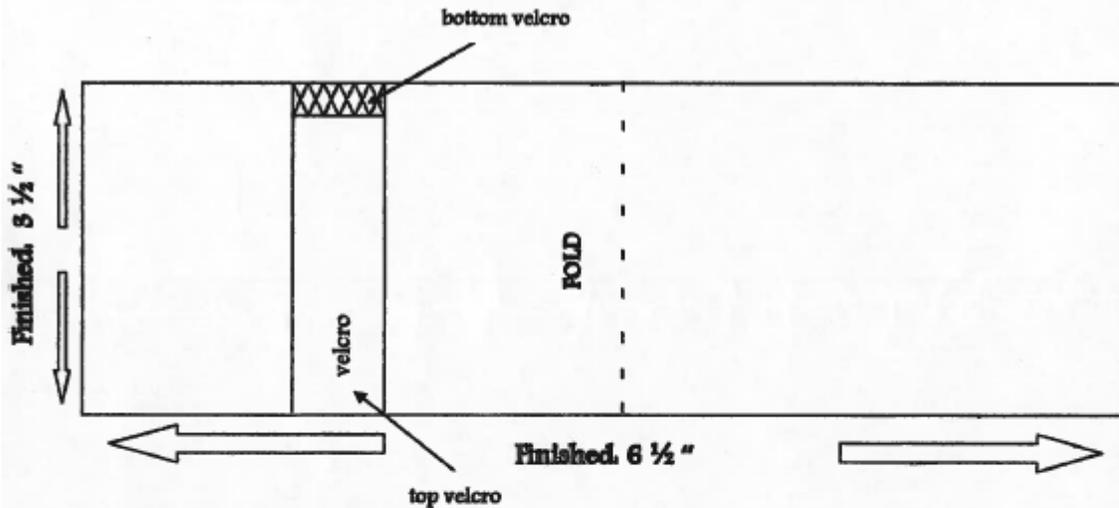
What will you do with the finished product? Give to nursing home residents at one of the staff's job.

PORTACATH PILLOWS FOR VICTORY IN THE VALLEY

Co-op Cottage - 20 Participants

Project Description: Made portacath pillows for Breast Cancer patients. Staff members did prep work and had 3 sides sewn. The items were ready for campers to turn inside cut, stuff and stitch closed.

PORTACATH PILLOW PATTERN



Materials.

Fabric, thread, batting/stuffing, Velcro

Instructions.

- STEP 1. Cut fabric
- STEP 2. Turn under and press the end left open for stuffing (step 6)
- STEP 3. With right side up (1 piece), center one end of Velcro. Pin so it will be inside side seam
- STEP 4. Center other side of Velcro so it will be in the right seam
- STEP 5. Place other piece of fabric on top, right sides together. Stitch both sides and bottom.
- STEP 6. Turn out and stuff. Think fluffy (down comforter). Do not overstuff. Keep it soft and fluffy. Sew open end

Use Velcro that is 1"-2" wide and center it in the fabric (one strap).

Since the finished pillow is about as wide as a seatbelt it stays in place.

Items Needed: Fabric; thread; batting/stuffing; velcro

Would you do this project again? YES/NO

Explain: This project will not work in one 20 minute session with no prep work. But it could be done in many 20 minutes sessions.

What will you do with the finished product? Deliver items to Victory in the Valley so the Breast Cancer patients may use them.

BOOKMARKS

Finnup Cottage – 55 Participants

Project Description: Colored bookmarks and made yarn tassels for them

Items Needed: Cardstock; yarn; markers/colored pencils

Would you do this project again? YES

Explain: It was easy, pretty quick and students could work on them in the evening at the cottage.

What will you do with the finished product? Take to after school program at Sunset & Oakdale schools in Salina.

RICE SOCKS FOR CARE HOMES

Hansen Cottage – 51 Participants

Project Description: Filling socks with rice to warm for arthritis relief

Items Needed: Rice, socks, elastic bands, ribbon. Put 1 cup of rice in sock, put elastic band around end of sock, then cover with ribbon.

Would you do this project again? YES

Explain: Project is inexpensive, easy to complete, and allows many to participate.

What will you do with the finished product? Give to youth and adults to be distributed at the Jingle Bell Run for arthritis.

DOG CHEW TOYS

Preston Cottage – 51 Participants

Project Description: Dog chew toys made of fleece. Use (3) 18"-20" strips of fleece. A knot is tied at top and then the three strips are braided. A knot is tied at the bottom. The strips are roughly 3" wide.

Items Needed: Fleece (as described above); Scissors

Would you do this project again? YES

Explain: It was easy. The Humane Society said that they can never get enough of them.

What will you do with the finished product? Given to the Kansas Humane Society in Wichita to distribute

CAPES FOR CHILDREN WITH ILLNESSES

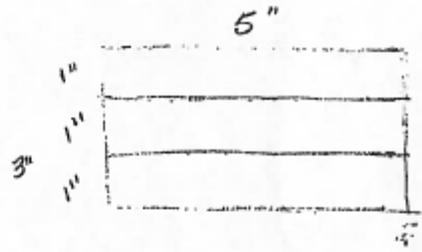
Weatherwax Cottage – 18 Participants

Project Description: Made 50 fabric capes for small kids, suffering from illness and/or cancer

Directions for capes

supplies needed: 3 x 5 index cards, needles, ribbon for ties (I suggest no more than 3/4 inch wide, grograin will last the longest but any kind will do), safety pins, thread (I suggest navy or a dark blue, white, red and dark pink), scissors

Cut 1 inch wide stripes from a 3 x 5 index card. Cut ribbon for ties into strips at least 48 inches long.



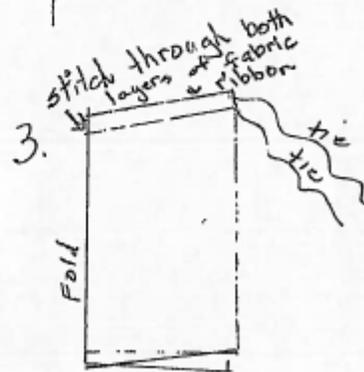
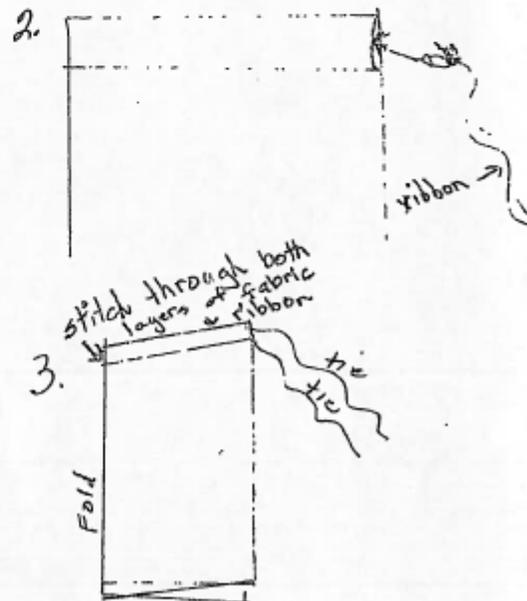
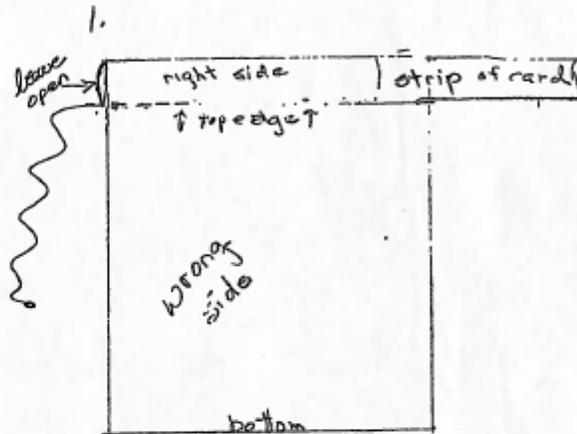
Assemble sandwich size zip lock bags with one piece of fabric, a needle, a medium sized safety pin, a strip of the index card, tie. If you want you could also include thread piece (even thread the needle if you like). Thread piece should be at least 1.5 times the width of the fabric.

1. Using the piece of index card as a measure, fold the top edge of the fabric to the back and finger press. Knot the end of the thread. Using the threaded needle make a running stitch inside the serged edge through both pieces of fabric to form a casing for the tie. Leave both ends of casing open.

2. Take the tie and form an overhand knot as close to each end as possible. Insert the safety pin through the knot and close and work the tie through the casing. Remove pin when tie has gone completely through the casing and extends several inches.

3. Fold fabric in half lengthwise to find the center back. Adjust the tie length so that the same amount extends on either side. Using the threaded, knotted needle make several running stitches from top to bottom of the casing to secure the tie in place.

4. At this point if you want you could gather the fabric along the tie and secure the tie to the end of the casing to make more of a permanent sized cape or leave as is.



Items Needed: 3 x5 index cards; Needles; Ribbon; Safety pins; Thread; Scissors

Would you do this project again? YES

Explain: Fabric was donated, pressed, cut and surged. Campers were able to simply choose their fabric, ribbon and thread.

What will you do with the finished product? Delivered to Via Christi Hospital