# **KLC Packing Suggestions**

As you prepare for camp, we would like to make the following suggestions to make your experience more enjoyable.

## Luggage

\_\_ Tag all pieces of luggage, sleeping bag, pillow with name, street address and town

## **Packing List**

- Bedding (sheets, blankets, pillow, sleeping bag)
- Personal Care Items towel, washcloth, shampoo, soap (deodorant, toothbrush, toothpaste, feminine protection)
- \_ Swimsuit, cover up and an extra towel
- Durable shoes campers are asked to always wear shoes outside to protect feet from cuts and bruises (some paths are gravel/rock)
- Closed-toe shoes (if horseback riding)
- Casual wear (appropriate attire t-shirts (best), shorts, jeans), most camp sessions will be held in air-conditioned buildings
- \_ Sweater, sweatshirt or jacket
- One dressy outfit for the banquet (dress, skirt, nice slacks, dress shirt)
- \_\_ Flashlight
- \_ Insect repellent, sunscreen
- \_\_ Watch, phones
- Contacts, contact solution, second pair of glasses

### Items to consider

- Pens, pencils, notebook paper, highlighter
- Book-bag (for camp folder, handouts)
- \_ Plastic sack (for dirty/wet clothes)
- \_\_ Umbrella or raincoat
- \_ Water bottle, container

## **Prescription Medicine**

For campers taking medications: All medications should come to camp in their original containers (DO NOT SEND loose pills in a plastic bag, pills in a weekly pill organizer or medications not prescribed to the student). Have labeled medications available to show camp nurse at check in.

#### Money

Campers are discouraged from bringing a large amount of money to camp. Campers will have three opportunities (all optional) for needing/using money:

- 1. Donation to the Vinson Scholarship Fund
- 2. Purchase of KAY items (t-shirts, folders, lapel pin, book bags)
- 3. Rock Springs concession stand (soft drinks, snacks, ice cream, candy)

## **Please Do Not Bring**

- · Computers, video games, valuable items
- Clothes with inappropriate designs or verbiage

