To Give Myself to a Cause

Creating and distributing care packages to people in need

Atchison MS:

Made care packages for the NE Kansas Highway Patrol officers to use while out and about patrolling our state.

Bonner Springs HS:

Created 250 hygiene packages for Sunflower House in Shawnee, KS. Packages included, toothbrush, deodorant, bath soap, shampoo/conditioner, water bottle and stickers.

Carbondale-Santa Fe Trail HS:

Coat and hoodie collection for schools and county area agencies.

Carbondale-Santa Fe Trail JH:

Sold boo bags (small treat bags) and donated money to hurricane relief.

Effingham-Atchison County Community HS:

Purchased socks, chaptstick and candy to make care packages for residents at local nursing home. Gift bags were delivereed by our president, who works at the nursing home. Each bag included a hand written note from a KAY club member wishing them a happy holiday season.

Hoyt-Royal Valley HS:

Holding a sock drive during KAY week and donate them to the Rescue Mission in Topeka.

Lansing HS:

We are creating 6 different care package initiatives led by each board member. For example, students are creating packages for those experiencing homelessness, veterans, active military community librairies.

Lenexa-St. James Academy:

Collected a variety of items through a sign-up genius: handwarmers, chapsticks, gum, hand santizer, candy, bags, lotion. Made bags and cards and then delivered to local firestation.

Lexington Trail MS:

Hygiene-o-ween: We collected hygiene products for the non-profit. Give the Basics ran from October 31-November 4.

Mill Creek MS:

Created care packages for kids receiving treatment at Childrens Mercy Hospital.

Olathe East HS:

Heart to Heart International: Packed 400 hygiene kits to be sent to Ukraine.

Olathe North HS:

Donut fundraising event to raise money to support the human rights/women rights cause in Iran in response to the recent death and protests relating to the young woman jailed/beaten/died after beign arrested for improper females appearance in public (not wearing headwear).

Olathe West HS:

Care packages for the homeless.

Olathe-Indian Trail MS:

Noah's bandage project: Collected boxes of bandages and cash to help bring awareness and funds to support childhood cancer.

Olathe-Mission Trail MS:

Sock kits for the homeless - Collected socks, handwarmers, tissues, chapstick, snack packs, water bottles and deodorant. We packed these items in the socks and wrote inspiring messages to be given to the homeless in KC.

Overland Park-Blue Valley Northwest HS:

Work every third Tuesday packing back packs for students in the district who are food insecure.

Overland Park-Blue Valley Southwest HS:

Coordinating with local homeless shelters for winter supplies.

Paola HS:

Dodge Ball tourney for a person in the community who has cancer. All money will go towards treatment.

Paola MS:

Played Bingo with nursing home occupants. Provided artifical flowers and vases to nursing home residents to create a bouquet in their room.

Washburn Rural HS:

Made care packages for National First Responder's Day. With little bags and life saver mints, we added tags that said "You're a Lifesaver!". They were delivered to local sherrif departments and fire stations.

To Give Myself to a Cause

Fundraising/Donations to an organization of choosing

Arma-Northeast HS:

Doing fundraising for the IT director who has cancer. 50/50 at football games/ "Kiss the Pig" - money raised by students to the teacher to "Kiss the Pig."

Caney Valley HS:

Partnered with the Agape Caney Food Pantry for the "Trick or Treat for the Pantry." Collected nonperishable food items. We had 3 vans and 20 participants out in the community that night. We had a contest/prizes/ and cookies and hot cocoa at the end of the night. We will deliver our 400 items to the pantry and help them sort it.

Chanute HS:

Operation Christmas Child - Serve My World- The club gathers small items for children shoeboxes. Then get together and stuff the boxes and ship them off so children overseas can have Christmas.

Chanute-Royster MS:

We are in process of doing a fundraiser schoolwide to donate money/items to the local animal shelter.

Cottonwood Falls-Chase County HS:

We sold temporary tattoos at our home football games. We then donated the proceeds to a local family whose father is undergoing cancer treatments, so we hope the funds will help pay for transportation costs.

Cottonwood Falls-Chase County JH:

Paper goods drive for the local food pantry. Our principal allowed us to use his truck which we parked at the gate of the football game asking people to fill his truck. Goods collected included paper towels, toilet paper, diapers, facial tissue, etc.

Emporia HS:

Ran a 50/50 raffle at a football game, donated the money to Bloomhouse Youth Services for hygiene supplies.

Erie HS:

Helping our local food bank through the Federated Church: Trick or Treat so they eat, canned good donations at basketball game, advisory class competition to collect cans.

Garnett-Anderson County HS:

Donated our time to paint the community Knights Hall from top to bottom.

Girard HS:

We completed a book drive and are donating the books to our elementary school.

Independence HS:

Chose Tumaini Children's home in Kenya for their project. This home is sponsored by an area family and staff member in our district. We will be fundraising over the next few months to raise money to support medical, educational, and food needs of the orphans that reside in the home.

Moran-Marmaton Valley HS:

Hosting a toy drive to collect for our local law enforcement to use at Christmas and/or tragedy situations.

Osawatomie HS:

Placemats for nursing homes, food drives, clothing drives, boo grams, sell ice cream, made blankets to send a community church.

Oswego JH/HS:

Raising funds to donate to a former teacher who is battling cancer for the 3rd time.

Yates Center HS:

Helped our local "Friends for Life" cancer group. Set up for the auction and did the "walk" with them.

To Enjoy Fun and Laughter

Recreation Reconnection: Connecting Communities through Activities

Abilene HS:

District wide family connections. We partnered with K-5 buildings, mental health, PAT, Scouts, and park and rec for the Pre-K-5 back to school carnival. We backed up or led stations, helped oversee inflatables, face painting, bowling station, took photos at photo booth.

Belleville-Republic County HS:

Working on bringing Donkey Basketball to our school for the spring.

Council Grove HS:

Sponsored movie night encouraging students to bring younger siblings.

Highland-Doniphan West JH/HS:

Dodgeball tournament during the school's winter royalty activities.

Holton HS:

Hosting a movie on the lawn at our town square after the Spring Band/Choir Concert that is also in the square. Vendors with (popcorn & snow cones) will be available for sale/fundraising during the movie.

Holton MS:

Partnered with elementary PTO to host a color run for community members. We helped set up obstacles and helped to throw powder as participants ran by.

Manhattan-Eisenhower MS:

Hosted and organized an activity fair for all 750 students at the school.

Manhattan-Anthony MS:

Provided water for runners at the AMS Fun Run, helped pack packages and cheered on the runners.

Marysville HS:

As part of our citizenship week we are hosting a dodgeball tournment in between classes. Also charging \$1 entry fee and bids to have a "ringer" teacher to raise money for our world component to send to heifer international.

Scandia-Pike Valley HS:

Provided a booth at the grade school for Trick or Booth for Halloween.

Seneca-Nemaha Central HS:

Woof and Walk - Community members of all ages were invited to bring their dogs (with or without) costumes to walk the community loop on a Saturday morning. The KAY club provided a dog toy and treat to all participants. Also had a water station for humans and dogs at point halfway around the loop and provided a photo booth for all.

Wamego HS:

Senior Prom - Pairing with a local retirement home in town and the high school jazz band to provide live music. Decorate with roaring 20's theme, provide punch and drinks for the guests. Our members will mingle, dance and get to know the seniors.

Appreciation/Give Myself to a Cause

Appreciating a specific cause during citizenship week

Almena-Northern Valley HS:

Students are raising funds to purchase animals for families in other countries.

Ellis HS:

Stuffed animals for Wesley Medical School, Treats for first responders and staff at the school.

Ellis JH:

Provided after school daycare for K-5 on early release days. Students were engaged with crafts, games and snacks.

Hoisington HS:

Appreciating our teachers by bringing in snacks and decorating the teacher's lounge.

Kensington-Thunder Ridge HS:

Trick or treat so others can eat went door to door in the Kensington, Agra and Kirwin communities to collect items for the community food pantry. We had a great turnout of KAY members and community support.

Lincoln HS:

Logan HS:

Wrote letters thanking our local EMS for everything they do for our community. We also gave them a basket full of snacks to have at their monthly meeting.

Norton Community HS:

Selected a group to appreciate for everyday of citizenship week: janitors, nursing home, soles for souls, heifer international, games.

Norton Community JH:

Hosted a Halloween dance. Admission was \$1 or free will. Income was matched and \$300 donated to Wounded Warrior Project.

Osborne HS:

We helped out/hosted the Annual Blood Drive. Some members helped check donors in, some members helped donors after they donated with anything that they may of needed.

Phillipsburg HS:

Hosting a county-wide Veterans Day Program, including a free meal for the veterans and a program with music, readings, flag positing and a presentation to 10 vets for their Quilts of Honor. Donations will be collected at the door to go toward Homes for Disabled Veterans.

Quinter HS:

Halloween parade for the elementary students and costume contest. During citizenship week we also spent time cleaning up the gym areas during our annual Castle Rock Classic basketball tournament.

Stockton HS:

Collected items for shoe boxes of items for deployed persons for Christmas.

Sylvan-Lucas Unified:

Gave thank you cards to area first responders, volunteer fire department, city council, and school board with a box of homemade cookies.

WaKeeney-Trego Community HS:

Provided goodies along with medical themed sticky notes and pens that said thank you for all you do to medical staff at our hospital.

Winona-Triplains:

Collected water/sports drinks for two local FD and EMS. K-12 will be participating. K-8 with the most collected items will get a candy/pop party.

Health

To live healthy while having fun (mental or physical)

Cimarron HS:

Partnered with SADD to promote mental health awareness on Monday, October 3rd, National Bullying Prevention Day. We handed out cinnamon rolls to the student body, while encouraging students to be conscious of their mental health and to have a great day.

Cimarron JH:

Had a scavenger hunt. Split up in 9 groups and assigned each group a color and candy. Then we had to run around the school grounds and find the clues that matched our color. The first group to find all the clues and get back to the auditorium won. Lots of fun and movement.

Holcomb HS:

KAY is providing a free drink from Longhorn Café, in the school library, to all high school employees to "de-stress". We are also making positive notes to post of students lockers throughout the year.

Jetmore-Hodgeman County HS:

In an effort to get students to use our courtyard more, we purchased games and shade and are encouraging teachers to use the area for class outside and for students to use it to get sunshine and play some games.

Johnson-Stanton County MS:

Hosted a 7/8th grade Halloween party/dance.

Kinsley JH/HS:

5k color run or walk-a-thon.

Kismet-Southwestern Heights HS:

Pirate Day: Prek-2nd grade students had a variety of themed activities, games, and relays. Kids rotated through the stations, KAY members led stations and directed traffic. The building teachers were all in meetings at this time.

Otis-Bison HS:

Hosted a Wellness Week - each day had a theme and contest.

Ness City HS:

Made an obstacle course between the elementary schools and high school for the kids at lunch with sidewalk chalk. Also providing free female hygiene products to the main student bathroom.

Ransom-Western Plains HS:

Sharing information with elementary students about living healthy/making good health decisions. Teaching some dances to all of the kids using video and posting the entire school doing this dance.

Rozel-Pawnee Heights HS:

KAY "Bigs" members are matched with elementary students, "littles."

Satanta HS:

Ironman obstacle course to promote physical health. At each obstacle there are activities that either promote, encourages or teaches students about mental, physical and emotional health.

Sublette HS:

Host a mental health/fun day for the grade school students. They plan on having a dunk tank, races, yoga and other simple fun games to play.

Health

Focusing on physical and mental health of students

Andover Central HS:

Shred the Negativity - Kids can write something that is bothering them or weighing them down, then they shred the paper.

Arkansas City HS:

Members made Mindfulness Quiet Books to pass out to 3rd graders in our district. They use these at their desks to calm themselves and have a quiet activity.

Arkansas City MS:

Made mutiple positive statements and posted on every students locker.

Burrton HS:

Self Care Stations: During homeroom 4 rooms were set up as a self care station with different activities in each. Aromatherapy, meditation/yoga, coloring and DIY stress balls. Students were put into groups and rotated through the stations in 10 min increments. All high school students participated.

Clearwater HS:

Provided feminine products to all of the girls restrooms. We asked for donations from the community and the school.

Cunningham HS:

Sponsored free hygiene products to our JH and HS girls. They have access to a variety of soaps, deodorants, feminine products and hair care items.

Derby HS:

Placing post-it notes with positive messages around the school and writing positive notes with sidewalk chalk on the sidewalks around the buildings.

Derby MS:

Trick or Treat for the blessing box. Members went trick or treating for non-perishable goods to restock the local blessing boxes and the food pantry.

Derby North MS:

A scavenger hunt for studetns to complete at different stations at our outdoor classroom area. Show different zoo web cam feeds on TV's during lunch periods.

Douglass HS:

Mental Health Focus: Students asked our new counselor to share techniques for relaxation and how to handle stressful situations.

El Dorado HS:

Put up suicide prevention hotwire number on the back of all high school ID cards. Took a group of students to the walk, Suspenders 4 Hope, which supports suicide prevention. Students also wrote positive messages in chalk on the front sidewalk.

Garden Plain HS:

Making green ribbons for mental health awareness. The ribbons will be given to students at school.

Goddard-Eisenhower HS:

Focused on mental health by making positive notes on the lockers at school. Also hosting a color run and pancake feed with Goddard HS.

Goddard HS

Community Health: Daddy/Daughter dance, Color Run, Mother/Son Nerf War/ Trunk or Treat. We schedule one a month for the community health and building connections within our community.

Great Bend HS Kays:

Great Bend HS Kayettes:

Trick or Treat for Hope, All Star-Basketball, Mr. Perfect Panther.

Halstead MS:

Completing a Rake and Run. This will promote physical health from the physical activity it will require. It will promote mental health by instilling the value of community service and helping others.

Haven HS:

Focused on giving students an opportunity to express gratitude to their teachers and impacting the mental health of students and teachers. For November, poster boards will be hung outside teachers' doors and students will write why they are thankful for their teacher.

Lindsborg-Smoky Valley HS:

Sold pizza, pop and desserts at lunch in honor of all those fighting cancer in our district. With the money collected we organized care baskets that we thought each individual would appreciate, very individualised, not generic.

Maize HS:

3 Way food drive to benefit KS foodbank, Maslows closet, and Maize Caring Hearts.

Maize MS:

Held a charity hat day before school. Using the money raised to go to a health organization. After collecting donations we played a game of volleyball together as a club in the gym. Also went to a pumpkin patch and volunteered service picking up trash.

McPherson HS:

Students are going to elementary schools to talk to 4th/5th graders about the importance of mental and physical health. They will then play a game with them.

Mulvane HS:

At a home football game we had a "Pass the Bucket" event and collected donations that we will be donating to support veteran's mental health.

Norwich HS:

KAY Board members taught JH/HS students yoga poses to promote mental and physical health.

Oxford HS:

Focusing on mental health for students before finals week. Hosting a movie/relax night.

Rose Hill HS:

Members of our club were paired with second graders as an encouraging "Book Buddy" who can help those young readers gain confidence and promote postivity towards learning and especially reading. KAY members will write encouraging notes, make special crafts, and eventually read in person with their buddies throughout the year. To kick off the project, KAY members wrote personal notes to their buddies introducing themselves and made a special monster bookmark for their buddy. This project focuses on the mental health of both our KAY members and the second graders as mentor/mentee connections promotes positivity and confidence.

Whitewater-Remington MS:

Purchased GaGa ball pits to encourage physical health of our students and community. Socktober program to gather socks to be delivered to the local homeless shelter.

Wichita-Kapaun Mt. Carmel:

Teamed with another school club to make cupcakes for the students to show that they are loved and to celebrate them.