

CATCH UP WITH CAROLINE!

AREA 1 NEWSLETTER: SEPTEMBER 2022

BY CAROLINE CHIDDIX

KLC RECAP

Hi Area 1, I hope you've had a great start to the school year! At KLC this summer, we learned how to serve with a purpose. Find your purpose, and use it to help your club and others! Remember to use all the incredible skills you learned at camp and grow yourself and your club!



AREA PROJECT

At camp this summer, Area 1 decided on the area project which is "To Give Myself To A Cause." This project consists of making care packages to give to those in need in your community. Recipients of these care packages can include the elderly, healthcare workers, patients at hospitals, and the homeless.

AREA PRESIDENT

At the Area 1 Regional Conference, we will elect the new Area 1 President! I highly encourage anyone interested to reach out to me, Annie, or look on the KAY page, to learn more information! Being an area president is an amazing experience, I'm so glad I got to serve as your Area 1 President!

CONTACT ME!

- carolinechiddix@usd434.us
- *Instagram:*
 - [caroline_chiddix](#)
- *Link to the KAY page*
 - <https://www.kshsaa.org/Public/KAY/Main.cfm>

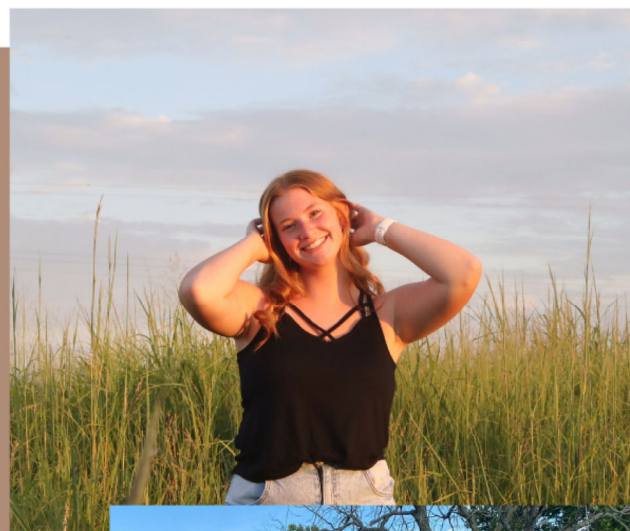
**REGIONAL
CONFERENCE:** Monday, November 7
@ Hoyt-Royal Valley High
School

"Believe you can
and you're half
way there"

-Theodore Roosevelt

AREA 2

C R E W



Our Area Project

This year we are “Giving ourselves to a cause” Each club needs to decide on what cause they want to support and do something to help them out!

Some ideas

- Hold a car wash and donate the money
- Host a food drive
- Host a toy drive
- Do a penny war
- Do a pancake feed and donate the money

Regional Area Conference

It's almost that time! This year our conference is held at Yates Center Highschool on Thursday, November 3.

Leadership Camp

KLC never fails to amaze me. This year was incredible. It's amazing to see how a group of students can come together and get so close to each other within less than a week. I encourage everyone to sign up for next summer, you won't regret it!!



Making connections

These amazing Area Presidents hold a special place in my heart. They are fantastic at what they do. They have become some of my closest friends and I love the bonds we have made through this organization.



Thank you, Area 2

I have absolutely loved spending this year with you as your president. You have all my love and my support. Area 2, you are simply the best!!



Kyra's Key to KAY

September 2022

Fall KAY Events

KAY Leadership Camp Recap:

KAY camp was held at Rock Springs 4-H Center July 25 through July 29. Over 200 campers attended along with 27 staff members. The week was filled with activities that build leadership skills and communication! Many posts have been shared by different clubs, and I look forward to seeing your club share what campers have brought back for the new school year!

Area 3 Project:

What: An area project is chosen at camp by area members and specific to each area's needs based on what campers have observed in their communities.

Area 3's Theme: To enjoy fun and laughter – Recreation Reconnection: connecting communities through recreational activities

Ideas: Drive-In Movie Night, Cruise Night, 5K race/walk, Carnival, etc.

Remember: Take pictures, have fun, and create a slide because our goal is to complete these projects by Regional Conference.

Regional Conference:

This year's Area 3 Regional Conference will be hosted by Council Grove High School on Friday, November 11th. This will be a day packed full of activities, learning, and time for your club to bounce ideas off of others. As tradition, Area President nominees will be asked to present a speech prior to voting, and I will be passing on my duties to our next president.

- Officers, board members, and sponsors are asked to attend.

What to Do 1st Semester:

- **Gather Your Club!** Hold a membership drive if you haven't already and start planning meetings to get members together.
- **Complete Your Area Project!** Plan, create committees, and have fun hosting your club's project event.
- **Get Registered!** Membership & club goal forms are due Oct. 15th. Regional Conference registration is due by Oct. 28th.



About Me:

Kyra Bergman

I have been your KAY 2022 Area 3 President since November of 2021. I just started my senior year at Centralia High School as well as my second year as our KAY Club President. This past summer, I was busy being a lifeguard, attending summer camps, going to volleyball practice and weights, and enjoying my time with friends, family, and dance teammates. My family and I live on a small farm about 15 minutes from school, and I enjoy traveling anywhere I can be outdoors. I am here for you and your club until my term ends in November; however, I would love to help you anytime with anything you may need.

For any help or questions your club may have, feel free to contact me here:
Email: bergmank@usd380.com
Text: 785-294-1363

Or visit the KAY section of the KSHSAA website at
<https://www.kshsaa.org/Public/KAY/Main.cfm>

FALL 2022

HARLIES HEADLINES

KAY NEWSLETTER - SERVICE WITH A PURPOSE



"This is Goodnight and not Goodbye" -

BY HARLIE BITTEL

I have had many leadership roles in my life, but honestly this has been my favorite. Getting to lead over 40 awesome high school students at KAY camp and seeing us represent Northwest Kansas so well brought me so much joy. You do not have to be the President or officer in your club to make a profound difference. Go out there and seek the world and find that purpose we have been looking for all year long. We need you all to shine so bright in this dark world right now. I believe in you all so extremally much, and I am so proud of each and every one of you and I cannot wait to see what you all do in this wonderful world!



Deadlines:

- October: Check to make sure you get your online registration done for regional conference
- October 15: Membership/Goal Sheet and \$2 per student member to KSHSAA
- November 13-19: KAY Citizenship week

Advice for future KAY Members:

- DO NOT be afraid to be yourself
- Love each other the way you want to be loved
- Be a leader through your school, community, nation, and world
- Find your purpose in the world

SERVICE PROJECT IDEAS:

- RAKE AND RUN
- BLOCK THE TEACHER
- SOLES4SOULS
- TRUNK OR TREAT
- SOCKTOBER
- SLEEP IN HEAVENLY PEACE

NeVAEH'S NIFTY NEWSLETTER

WELCOME BACK



Hello, KAY members of Area 5! I hope everyone is enjoying the start of their school year. If you are new to your KAY club, my name is Nevaeh McVey, I am a junior attending Otis-Bison Highschool and I am currently the Area 5 President! To find out more about me you can go to the KSHSAA website, and under KAY you can read my first newsletter with almost anything you would want to know.

AREA PROJECT

Health! Something we said at camp was "Living healthy and having fun". Some ideas would be; a mental/physical health week, a water balloon fight, raising money for different foundations, etc.



IMPORTANT DATES

Regional Conference-
November 9th, Meade High School.
This is when the new Area president will be elected so be sure to get your applications in soon!

Citizenship Week- November 13th - 19th



KAY CAMP

KAY Leadership camp was a blast this past summer! When I asked the members in my club to describe KLC after their first time going they said that it was fun, exciting, and full of leadership learning opportunities. My personal favorite moment would be the general session with the Hall of Fame inductees. One of the people who went with me said their favorite part was recreation periods, especially mountain biking, and the other said it was a tie between leadership labs and color groups. Thank you to all who went and everyone I met! I hope to see many many more faces next year!

The Area 6 Mix

September 2022

By Emmalynn Kohl

Area Project

At camp we talked about what we wanted our Area Project to be and we decided that we wanted to focus on the physical and mental health of students. Ideas could include: running a hygiene drive, bringing in a guest speaker on mental health, or taking time out of your school day to be active.

Remember you will present what your club did at the Regional Conference!

Contact Me!

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Welcome Back!

I hope everyone is having a great start to their school year and that all of your clubs are off to a superfantastic start! Remember if someone from your club went to camp this year, they are a great resource to go to for new service project ideas or energizers that you could do with your club. **What happens at camp doesn't stay at camp!**

Regional Conference

I hope all of you are planning to attend this year's Regional Conference, which will be held **November 1 at the Maize Performing Arts and Aquatic Center.** We will be voting on a new Area President during the conference, so if you are interested in running please talk to your sponsor or email me for more information.

