Gymnastics

KSHSAA

Week #5 – September 22, 2025

Please read through this information as this is important information coaches and judges need to be aware of this season. These newsletters will be sent weekly throughout the season. If you are aware of an unusual situation or rules/protocols that should be addressed, please email ssmith@kshsaa.org. Thank you for all you do for Kansas athletes!

TWISTING ON VAULT

This is just a reminder that when a ½ ½ vault is called, the judge needs to see the body turn halfway, not just a quarter of the way with maybe the legs making it close to a half.

Judges, when judging vault and you see a ¼ ¼ vault, call it and let the coaches know that is what you are seeing. The start value is different between the two.

It is known that when a ½ ½ is called and the gymnasts does a ¼ ¾, the start value is the same. Judges just change the vault and let the coach know what you saw.

This has not been a major issue. This is just a reminder to ensure everyone is on the same page regarding twisting on a vault.

ENTERING MEET AND INDIVIDUAL RESULTS

Thank you for working diligently to keep results updated! Just as a reminder or refresher, all schools hosting a gymnastics event will be required to send the KSHSAA and other attending schools their meet results no later than 24 hours after the meet has concluded. School coaches are responsible for entering results for their athletes using their login and passwords. If you need assistance, please let Kathleen know at kswatson@kshsaa.org.

Here is a link to the directions for entering this information. This is no longer completed at the KSHSAA office, it is the responsibility of the coach.

https://docs.google.com/presentation/d/10-3xBM5y5dp4E72bykr3kcZWxD2q-pAl5CbHKQUTEi8/edit?usp=sharing

REPEAT: KSHSAA Gymnastics Facebook Page

A Facebook group has been created to help communicate with current and former athletes, coaches, judges, school administrators, etc. who may be interested in information regarding the final state gymnastics meet as well as information that may be shared throughout the 2025 season. The group is called "KSHSAA Gymnastics" and you must request permission to join the group. If you scan the QR code below with the camera on your phone or a QR code reader app, it will take you directly to the Group page to request permission to join.

Looking Ahead:

-Take a team pic ASAP!
-Sept 30: Team picture due to kswatson@kshsaa.org
-Oct 1-8: School judge recommendations
-Oct 8: State Judges' Applications due
-Oct 17: State Entry Form due to KSHSAA (kswatson@kshsaa.org)
-Oct 20: State qualifiers (teams and individuals) announced and state meet rotation published

Useful Websites/Links

KSHSAA Gymnastics Website: Gymnastics (kshsaa.org)
KSHSAA Gymnastics Manual: GymnasticsAnnoucements.pdf (kshsaa.org)