Gymnastics

KSHSAA

Week #1 – August 25, 2025

Welcome back to school and to the 2025-2026 season of Kansas gymnastics! Please read through this information as this is important information coaches and judges need to be aware of this season. These newsletters will be sent weekly throughout the season. If you are aware of an unusual situation or rules/protocols that should be addressed, please email ssmith@kshsaa.org. Thank you for all you do for Kansas athletes!

If you are no longer a coach, please remind your school AD to update the KSHSAA Directory.

Gymnastics Rules Exam

All head coaches and registered judges are required to complete the Gymnastics exam. The due date for the completed exam is September 2, 2025. Coaches and judges will have two attempts to pass the exam with a score of 90% or better.

Emergency Action Planning – August 27, 2025

The Emergency Action Plan (EAP) Rehearsal Day for gymnastics is set for August 27, 2025. This is the opportunity for your school's administration, coaching staff, athletes, local EMT, etc., to practice the school's established EAP procedures at all facilities used for practices and games. It is imperative that all parties know where an AED is located and that one is close.

If your school needs an EAP, don't delay! A template is available on the KSHSAA website: KSHSAA Student Health and Safety

Competition

The first official day for competition is Friday, September 5, 2025. Competition scores must be updated on the KSHSAA gymnastics website.

Looking Ahead:

-Take a team pic ASAP!
-Aug 27: EAP Rehearsal Day for gymnastics
-Sept 2: Rules Exam is due
-Sept 5: First competition date

Useful Websites/Links

KSHSAA Gymnastics Website: Gymnastics (kshsaa.org)
KSHSAA Gymnastics Manual: GymnasticsAnnoucements.pdf (kshsaa.org)