

Cross Country

**SPORTSMANSHIP & LEGAL UNIFORM VERIFICATION**

The NFHS Track and Field Rules Book states "Prior to the meet, the referee shall, either by a meeting or written communication, address the following with all head coaches and team captains: (Rule 3-4-8)

- a. All team members are expected to exhibit good sporting conduct.
- b. The head coach shall verify verbally, or in writing, that all of his/her competitors are properly equipped (uniform and equipment) in compliance with these rules.
- c. Any special circumstances, procedures and information pertaining to the meet.

**Therefore, the Executive Board has approved and recommended that all coaches will verify, in writing, that their contestants are legally equipped and uniformed according to NFHS rules and will compete in a sportsmanlike manner.**

Printed Coach Name: \_\_\_\_\_

School: \_\_\_\_\_

Coach Signature: \_\_\_\_\_

Event: \_\_\_\_\_ Date: \_\_\_\_\_

Cross Country

**SPORTSMANSHIP & LEGAL UNIFORM VERIFICATION**

The NFHS Track and Field Rules Book states "Prior to the meet, the referee shall, either by a meeting or written communication, address the following with all head coaches and team captains: (Rule 3-4-8)

- a. All team members are expected to exhibit good sporting conduct.
- b. The head coach shall verify verbally, or in writing, that all of his/her competitors are properly equipped (uniform and equipment) in compliance with these rules.
- c. Any special circumstances, procedures and information pertaining to the meet.

**Therefore, the Executive Board has approved and recommended that all coaches will verify, in writing, that their contestants are legally equipped and uniformed according to NFHS rules and will compete in a sportsmanlike manner.**

Printed Coach Name: \_\_\_\_\_

School: \_\_\_\_\_

Coach Signature: \_\_\_\_\_

Event: \_\_\_\_\_ Date: \_\_\_\_\_