

Week #1 – December 11, 2023

Winter Moratorium

The KSHSAA winter moratorium is scheduled for December 24-28, 2023. No practices are allowed during this time. Enjoy the time with family and friends!

First Day of Practice/Competition

January 1, 2024, is the first day of high school bowling practice and/or the first day of high school bowling competition.

Working with Centers

Please ensure that you are communicating with centers regarding practice times and EAP procedures. Coaches and/or ADs should review EAP procedures at the centers in which they practice and host events. In particular, is an AED on site?

Rule 22 Outside Competition

Article 1: A student who is a member of a school athletic, scholars bowl, or debate squad effective Monday SCW #7 through Friday preceding Memorial Day may not participate as a member of an outside team or as an independent competitor in the same sport, scholars bowl or debate activity.

Article 3: A student becomes a member of a school's athletic squad, scholars bowl, or debate team when he or she first participates in a practice session. For bowling, this is any first day of practice on or after January 1.

Rule 45 – Bowling

Rule 45 – Section 1 - Article 3: No high school student representing a member school shall participate in more than 10 days of competition during a season, exclusive of regional and state tournaments.

Rule 45 – Section 3 - Article 1: No middle school student representing a member school shall participate in more than 8 days of competition during a season.

United States Bowling Congress

If you would like to improve your coaching skills and have yet to take the United States Bowling Congress Coaching Level 1, use the link below.

Coaching Level 1: https://www.bowl.com/Coaching/Resource_Center/Level_I_program/

Additional HS Coaching Resources: [BOWL.com | Materials](#)

Clarification on Jewelry

Bowlers are allowed to wear jewelry (earrings, necklaces, bracelets, watches, rings) during competition. For additional information regarding bowling attire/jewelry, use the link below.

KSHSAA Bowling Attire/Jewelry: [ATTIRE.pdf \(kshsaa.org\)](#)

2024 State Bowling Tournament

Wednesday, February 28 – Class 4-1A: Hosted by Towanda-Circle at Bowlero Wichita. The boy's tournament will be held in the morning followed by the girl's tournament in the afternoon.

Thursday, February 29 – Class 6A: Hosted by Derby HS & Haysville-Campus HS at Wichita-Northrock Lanes. The boy's tournament will be held in the morning followed by the girl's tournament in the afternoon.

Friday, March 1 – Class 5A: Hosted by Wichita-Bishop Carroll HS at Wichita-Northrock Lanes. The boy's tournament will be held in the morning followed by the girl's tournament in the afternoon.

Useful links:

KSHSAA Bowling page: [Bowling \(kshsaa.org\)](https://www.kshsaa.org/bowling)

KSHSAA Bowling Attire/Jewelry: [ATTIRE.pdf \(kshsaa.org\)](https://www.kshsaa.org/attire)

HS Coaching Resources: [BOWL.com](https://www.bowl.com) | [Materials](#)

NFHS Learn: [NFHS Learn](https://www.nfhslearn.org) | [Interscholastic Education, Made Easy](#)