

4-8-24

Hidden Ball Trick

You might try to gain an edge but are you doing it within the rules?

NFHS Rule 6-2-5....It is also a balk if a runner or runners are on base and the pitcher, while the pitcher is not touching the pitcher's plate, make any movement naturally associated with the pitch, or the pitcher places the feet on or astride the pitcher's plate, or takes a position within approximately 5 feet of the pitcher's plate without the ball.

Third to First Move

The third to first pickoff move IS LEGAL in NFHS play. When the pitcher steps toward third base, it must be a clear step towards third before turning to throw to first base.

Set Position

If you determine the pitcher is in the set position the pitcher shall have the ball in either the gloved hand or the pitching hand. The pitching hand shall be down at the pitcher's side or behind the pitcher's back.

Suspended Game

We have had a few suspended games recently. Reminder - if lightning comes into the area and you deem it unsafe for play, suspend the game. Umpires and school administration should work together for a plan moving forward. Determine if there is an ability to wait it out and continue that night or decide together if you need to come back at a later date.

How does that effect pitch counts: The pitch count is a daily rule, therefore whatever amount of pitches thrown the days of rest shall follow. When you resume that suspended game every pitcher that is available to pitch based on days of rest if available and starts over at zero.

Wins and Losses

Coaches and ADs please be sure to keep your schedule up to date.