



Volume 22 Number 1

2

2

3

3

4

Newsletter Date: September, 2017

Inside this issue:

Regional	Conferences,	1, 4
Dates/Si	tes	

Summer Workshop	
Review	

Advisors Workshop—			
"Let The FORCE Be			
With You"			

Council of Excellence 10 Leadership Lessons from Star Wars Advisor of the Year



The KSHSAA Activities Journal is a monthly publication that includes a student council section for monthly updates. Be sure to ask your administration to share a copy with you so you can keep up on all pertinent information related to KS Student Councils!



Kansas is pleased to welcome Adrianne Bulinski to present at the Fall Regional Student Council Conferences this September 2017.

Award-winning motivational speaker. Author. Entertainer. Miss Kansas 2005.

Adrienne Rosel Bulinski is known to challenge audiences to Think Big, Dream Big, and Achieve Big. For more than ten years, Adrienne's passion has been motivating the minds of audiences around the country to 1) to believe in themselves and their self-worth (attitude) 2) to believe in their passions and their goals (dream) and 3) to believe in their capabilities of reaching many great achievements in their lifetime (persevere).

CONFERENCES TO

FEATURE ADRIANNE BULINSKI

REGIONAL STUDENT COUNCIL

Through her messages and writing Adrienne talks about success and failure, depression and attitude, life's obstacles, and how good financial decisions really does create opportunity. Adrienne puts it all out there, helping teens and adults make the right decisions not based on peer pressure, but based on their personal expectations of themselves.

Adrienne holds a Bachelor of Science in Journalism and Mass Communications as well as a Minor in Theatre from the University of Kansas. She has lived in Kansas, Oklahoma, Texas, New York, and Spain before she settled in Colorado with her husband. In her spare time, Adrienne enjoys ski biking, mountain biking, reading, and cooking.

Adrienne will be providing a special discount to Kansas

schools during the same period she will be presenting the 2017 Fall Regional Student Council Conferences. At a terrific savings off her regular rate, Adrienne can come to your school for an assembly. To schedule, contact Adrienne directly:

ab@adriennebulinski.com



Don't Forget... National Activities Week October 8-154

JUNIOR HIGH AND MIDDLE SCHOOL STUDENTS ARE WELCOME AT THE FALL REGIONAL CONFERENCES! COME JOIN US FOR THE DAY AND START YOUR YEAR OFF WITH ELEMENTS OF LEADERSHIP!

STUDENT COUNCIL NEWS AND INFORMATION SUMMER LEADERSHIP WORKSHOP REVIEW

2018 JUNIOR COUNSELOR **APPLICANTS** NEEDED

Any student who attended the summer workshop is eligible to serve as a junior counselor in the summer following his/her graduation. **Encourage your** students to apply to be a JC.

"WE ARE ONE A Leadership Story" was the theme for the summer Student Council Leadership Workshop, held July 16-21 at Emporia State University. Over three hundred and sixty students, advisors and staff attended the annual workshop. Delegates in attendance spent a week learning and discovering for themselves what it takes to be good student leaders. Students learned goal setting, problem solving, team building, communication skills, and many other valuable lessons in leadership.



to have Ted Wiese from Indianapolis, IN as our key-note speaker this summer!

In the words of one student, "First of all, I want to say the Student Council Leadership Workshop is an awesome opportunity for everyone involved. I wish more kids could have the chance to attend. Student Council is a chance for all

kids to make decisions and make a difference in their school. It is a group that when you talk, you are heard, and that is something many kids feel is close to priceless. The STUCO Workshop helps you create and develop those skills to make STUCO a great organization at your school."



A special thank you to all student council advisors who attended the summer workshop. We had a great group of twenty-five student council advisors who learned the best ways to motivate, organize and work with their home school student councils. Advisors in attendance were: Rachael Neibling, Andover HS; Karen Graham, Chanute Lyndie Glidewell, HS; Douglass HS; Kendra Ploutz, Ellsworth HS; Laura Schwinn, Emporia HS; Bert

Lewis, Fort Scott HS; Nicole Stevenson, Garnett-Anderson County HS; Mary Fleck, Goddard HS; Rebecca Vandorn, Goodland HS; Beth Smith, Independence HS; Dianne Kauth, Iola HS; Joseph Rix, Junction City HS; Jasmine Lowe, Kansas City-Wyandotte HS: Kelsev Kronawitter. Liberal HS: Daniel Dawson, Lyons HS: Abigail Crane, Olathe West HS; Judy Heward, Osage City MS; Lisa Braun, Oskaloosa HS; Toni Bristow, Palco HS; Hayley Brown, Plainville HS; Michelle Popovich, Pratt HS; Amelia Bristow, Wellington HS; Wrvlie Finkle, Wichita-Haysville Campus HS; Lauren Kliewer, Wichita-Haysville Campus HS; Kim McWilliams, Wichita-Havsville Campus HS:



"As far as I am concerned, Student **Council Workshop is** the greatest place in the entire world to be. I only wish everyone had the privilege, or would take the opportunity to experience the magic for themselves."

- Workshop delegate

NATIONAL ASSOCIATION OF STUDENT COUNCILS

National Association of Student Councils (NASC) is the official umbrella organization for student councils throughout the US. As a sub-organization for the NASSP (National Association of Secondary School Principals), NASC offers opportunities for many schools who are members.

NASC promotes and provides leadership development opportunities to prepare and empower student leaders to serve their schools and their communities.

As part of the school's leadership team, NASC helps student councils advance the school's educational mission and provide practical training in the democratic process through

their LEAD program.

Benefits:

Leadership training is essential for student leaders. Through • Providing monthly issues its programs and services, NASC helps students achieve success and recognizes them • Access to the NASC webfor their contributions to their and community. school NASC also provides valuable information, resources, and networking opportunities to assist advisors in being more effective in managing the student council activities at their school, including:

• providing opportunities for skill development and forums for student council representatives to meet and share ideas through regional and national conferences

- recognizing students and advisors for their accomplishments in leadership and scholarship
- of Leadership for Student Activities magazine
- site www.nasc.us
- Discounts on leadership resources.



KSHSAA STUDENT COUNCIL ADVISORS WORKSHOP WEDNESDAY, NOVEMBER 9th



WE ARE ONE

A LEADERSHIP STORY

The Kansas State High School Activities Association is pleased to provide Kansas Student Council Advisors an educational opportunity for professional development. This workshop is designed for ALL Student Council Advisors who are "Building Your Major League Leadership Team" at their school throughout the whole school year. "Rookies" as well as seasoned advisors will benefit by attending.

Session Presenters

Eugene Allyn - Valley Center, HS - Eugene Allyn has been the Chemistry teacher at Valley Center High school. Eugene has been a senior counselor at KSHSAA Summer leadership camp for the last 3 years. Eugene's session was on tips and tricks for pulling off a great dance, and how to run an engaging pep rally.

Heather Bergmann - Minneapolis, HS - Heather Bergmann is in her 4th year as a Chemistry and Physical Science teacher at Minneapolis High School. Heather has been a senior counselor at the KSHSAA Summer Leadership Workshop for the past 4 years and served as a Junior Counselor in 2009. Heather's session was on using Google for communication or keeping and motivating members.

Lori Kiblinger - Chanute, KS - Lori has served on the KSHSAA Student Council Workshop staff as a senior counselor for 36 years. Currently, she is the principal at Royster Middle School in Chanute. Lori's session was on School Culture 101, and the goal is to give advisors positive ways to improve the culture in their buildings.

Sara Wilson - Derby, KS - Sara Wilson has been the Chemistry Teacher at her alma mater for fourteen years and the Student Council Advisor at Derby High School in Derby, Kansas, KSHSAA Regional Conferences and has been a huge support of the KSHSAA Summer Leadership Workshop by sending students each and every year, with many of them returning as Junior Councilors

PLEASE COME JOIN US

KANSAS COUNCILS AWARDED SEAL OF EXCELLENCE

Congratulations again go to Haysville-Campus High School and Garnett-Anderson County High School on their achievements as National Councils of Excellence.

The NASC National Councils of Excellence Award provides national recognition for student councils that consistently provide quality leadership activities and service to their schools and communities. This award provides broader recognition for the most worthy efforts of NASC member schools A11 schools found to meet the criteria will be recognized.

There are two levels of recognition to the National Council of Excellence Awards. The base level is the National Council of Excellence that is awarded to student councils that meet the minimum number of criteria. The National Gold Council of Excellence is awarded to the student councils that demonstrate the highest levels of leadership and activities as illustrated by the greater number of criteria they meet.

Student councils that earn a National Council of Excellence Award receive:

• National Council of Excellence Certificate proclaiming their achievement

•An official letter from NASC recognizing and congratulating your student leaders and school

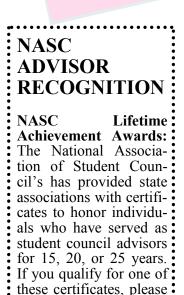
•A press release that can

the National Council of be customized for their Excellence that is awarded local news media

•Inclusion of their school name in the winners' list that is published on the NASC website

•Recognition during the NASC National Conference (Names of winning schools are on display during the conference and delegates from winning schools will receive official Council of Excellence ribbons).

2017-18 Applications NOW available online at www.NASC.us.



submit the

form.

enclosed •



Page 4

Kansas Student Council

KSHSAA PO Box 495 Topeka, KS 66601-0495

Phone: (785) 273-5329 Fax: (785) 271-0236 Email: dcherry@kshsaa.org

Visit

www.kshsaa.org Go to: Activities→Non Athletic Click on: Student Council

REGIONAL CONFERENCE DATES

Monday	September 18:	Emporia HS	
Tuesday	September 19:	Shawnee Mission-West HS	
Wednesday	September 20:	Winfield HS	
Thursday	September 21:	Iola HS	
Monday	September 25:	Beloit HS	
Tuesday	September 26:	Ellis HS	
Wednesday	September 27:	Dodge City HS	
Thursday	September 28:	Kingman HS	
Conference registration is at 8:30 AM; Each conference will end by 12:00 PM			

Please Pre-Register

10 THINGS WE LEARNED FROM STAR WARS

1. Embrace the traits that make you stand apart.

Even if you're genetically identical to hundreds of others (which you're probably not), you are unique. Your beliefs, personality, and struggles aren't exactly like anyone else's. Celebrate what makes you special rather than bemoaning being different.

2. Be loyal to your friends.

The best friends stand by you through thick and thin, happiness and sadness, success and failure. Maintaining friendships involves work, but they are so worth every ounce of sweat and every second of time invested. Ask yourself: Would you risk your life to help your friends destroy a Death Star?

3. Realize others see the world differently than you do.

Our individual perspective affects the way we interpret the world around us. No one else will see things as you do, and that's OK. It's for the best, really. Remember: Just because someone has a certain of point of view that differs from yours doesn't necessarily mean they're being dishonest.

4. It's never too late to turn things around.

You should always strive to be the best, kindest person you can be, but if you slip, know you can always



redeem yourself. Making a change won't erase the mistakes you've made in the past, but you have the power to make a difference moving forward.

5. Overcome the fear within yourself.

Inner demons are the hardest kind to battle because they never go away. You'll always carry fear and worry with you, but you can control how the emotions affect you. Pro tip: Don't let them drive you to becoming a Sith Lord.

6. Never say "I have a bad feeling about this."

Dangerous situations often make the hairs on the back of your neck raise and set off mental alarms. If you find yourself in one of these situations, do not under any circumstances comment on it. Saying "I have a bad feeling about this" is like saying, "It can't get any worse." Trust us, it can.

7. Every life has value.

Jar Jar Binks was exiled from his home for the silliest of reasons. He was sent away, more or less, because of his clumsiness. But, he managed to find his way and play a part in shaping the future of the entire galaxy. Every being from Gungans, to Ewoks, to the tauntaun whose warm guts saved Luke is important, as is every being in our universe. **OF THE YEAR** Nominations for the Kansas Advisor of the Year are being accepted from now until October 6

8. Always repay your debts.

First of all, if you need to borrow money, turn to a more reputable source than a crime lord like Jabba the Hutt. Next, regardless of who lends you the funds, repay them in a timely manner. Payment due dates aren't suggestions. You don't want to end up frozen in carbonite, right? Right.

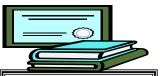
9. Keep your mind open to new possibilities.

Whether it's tasting Brussels sprouts or joining a group of scrappy rebels, trying new things is good for your soul. All we experience from the mundane to the grand adds to who we are and what we believe, so keep an open mind and experience as much as you can.

10. A little hope goes a long way. Hope is contagious. If you remain optimistic, share your hope with others, and put your feelings into action, you can change the world. Remember to be patient and to not give up — progress happens slowly and may not be immediately visible.

KS ADVISOR OF THE YEAR

Nominations for the Kansas Advisor of the from now until October 6, 2017. Any student advisor or school administrator can write a letter nominating an advisor. An application will then be sent to the advisor to Applications complete. are kept active for two years. The Kansas Advisor of the Year will be identified in early December. Once identified, this person will then represent Kansas in competition for the Warren E. Shull Region VI and National Advisor of the Year Award. Applications are also available online.



KS Student Council News & Information is published three times each year by the Kansas Student Council Association (KSCA). KSCA is a program of the KSHSAA.