# KAY LEADERSHIP CAMP <br> sponsored by the Kansas State High School Activities Association EMERORLRMEREDEDD <br> PLEASE PRINT (INK) OR TYPE-ALL INFORMATION IS REQUIRED. 

## DELEGATE INFORMATION:

Camper First Name: $\qquad$ Camper Last Name: $\qquad$ Gender: MF

GRADE NEXT SCHOOL YR (2024-2025) $\qquad$ KAY Position (2023-2024): President/ Board Member/ Club Member circle one
KAY Area $\qquad$ Camper Cell Phone:( $\qquad$ ) $\qquad$ - $\qquad$ Camper Email:

Date of Birth: $\qquad$ Adult T-Shirt Size: $\quad$ S M L XL XXL

## PARENT/GUARDIAN INFORMATION:

Name(s): $\qquad$
Address: $\qquad$ City: $\qquad$ State: $\qquad$ Zip: $\qquad$
Email: $\qquad$ Cell Phone: $\qquad$

## RECREATION ENROLLMENT:

Campers will participate in organized recreational activities three times at KLC. On the back is a list of the 15 available activities. You may only choose two activities that have "*" by it. These activities are also limited on how many delegates may participate in them each day.

## 1st Choice: <br> 2nd Choice: (only to be used if your prior choice is filled)

Tuesday: $\qquad$
Wednesday: $\qquad$
$\qquad$
Thursday:

## CHORUS ENROLLMENT (OPTIONAL):

An optional activity during the week is chorus. This group will sing special songs at the Thursday Evening and Friday Closing General Sessions. If you wish to sign up, please check the box: $\qquad$ (limited to 100 campers)

## STATEMENT OF UNDERSTANDING:

We have read the contents of the KAY Camp Brochure carefully. We understand the no-refund policy and the importance of campers remaining at camp the entire session. We also understand that a completed/signed Health/ participation form must be presented upon check-in at camp (July 22-26, 2024).

CAMPER $\qquad$ DATE $\qquad$ signature
PARENT/GUARDIAN $\qquad$ DATE $\qquad$ signature
PLEASE FILL THIS FORM OUT COMPLETELY AND RETURN TO YOUR SPONSOR. REGISTRATION FOR KLC WILL BE ONLINE FEBRUARY 19th - MAY 1st.

NOTE: REGISTRATION LIMITED

QUESTIONS - PLEASE EMAIL kswatson@kshsaa.org

## KAY LEADERSHIP CAMP

sponsored by the Kansas State High School Activities Association RECREATIONAL ACTIVITIES

## At KAY Leadership Camp (KLC), 15 organized Recreational Activities take place 3 times Tuesday, Wednesday \& Thursday

ALL RECREATION ACTIVITIES HAVE QUALIFIED INSTRUCTORS. THE SAFETY AND WELL BEING OF CAMPERS IS A TOP PRIORITY.
*ARCHERY - This activity involves a short walk to the target range where campers learn the fundamentals of archery and shoot at a standard archery target.
BASKETBALL - This activity involves "knock out", "horse" and other shooting games.
*CANOEING - Campers learn how to control and steer a canoe. 2-3 campers are in a canoe as they navigate Lake Bluestem (a small lake with no rapid water). Life jackets required/provided.
CRAFTS - Exciting activities are provided/instructed that allow for camper creativity
DANCE - Campers have the opportunity to participate and learn various line dances.
GA-GA BALL - Gaga is a variant of dodgeball that is played in a ga-ga "pit". The game combines dodging, striking, running, and jumping, with the objective of being the last person standing.
GAMES (BOARD/CARD) - This indoor activity allows campers to participate in numerous board and card games.
*HORSEBACK RIDING - Campers have the opportunity to ride a horse (helmet provided, jeans and closed-toed shoes encouraged). After instruction, campers will take a short trail ride in a pasture.
*MOUNTAIN BIKING - Campers are given the opportunity to ride trail bikes on a marked trail under the direction of the RS staff. Helmets are provided/required.
*RIFLE RANGE - This activity involves a short walk to the target range. Campers will learn to shoot a rifle lying in a prone position on a mat.
*ROCKWALL CLIMBING - This activity allows participants to climb up, down or across artificial rock walls. Campers will have a harness for safety purposes.
SWIMMING - The spring-feed pool at Rock Springs provides a refreshing break to a hot summer day and includes diving boards, a water slide, sun deck, etc.

WHIFFLE BALL - This activity is a variation of baseball and is played with a plastic ball and perforated plastic ball.
YOGA - The main goal of Yoga is physical and mental health. Yoga uses breathing techniques, exercise and meditation. It helps to improve health and happiness.
9-SQUARE IN THE AIR - 9 Square in the Air is a fun and addicting group game that combines volleyball with 9 square on the ground. Each player must defend their square, and they only get one hit to get the ball out of their square and into another square.

## REMINDER: YOU MAY ONLY HAVE 2 "*" ACTIVITIES FOR THE WEEK.

## GO TO http://www.kshsaa.org/KAY/KLC TO GET: <br> HEALTH FORM <br> EARLY DEPARTURE CARD \& MORE

