



KSHSAA VOLLEYBALL OFF-SEASON RULES & REGULATIONS



DEFINITIONS TO KNOW...

Squad = Varsity, JV (junior varsity), Sophomore, Freshman, 8th, 7th, A & B team

Squad membership = any amount of actual play time with a squad during the school season.

NOTE: A JV player sitting on a varsity bench but never playing in a contest would not be a member of the varsity squad.

Squad membership is determined from the season just completed. We cannot predict the future.

School year = Tuesday following Labor Day through the Saturday before Memorial Day

Summer = Opposite of school year

DURING THE SCHOOL YEAR, OUTSIDE THE SEASON OF SPORT...

No more than 4 girls from the same school squad may be on the same roster, practice, or compete together on an outside school team.

(Exception: seniors who have completed their final year of eligibility are exempt from this rule).

Participation by more than four (4) squad members on the same team shall make them ineligible for the remainder of the school year, and any further middle/junior or senior high school volleyball, unless reinstated by the Executive Board.

DURING THE SUMMER, THERE ARE NO PLAYER LIMITATIONS

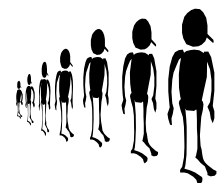


Students **MAY** be on a roster, practice or compete on an outside team with no limitations on the number of players from the same school squad.

PLAYER Q & A



1. Q: Can 4 girls from the same school who played nothing but varsity volleyball play on an outside team with 4 girls from their school who played nothing but jr. varsity volleyball?
A: YES. In fact, an outside team could be comprised of as many as 16 players from a high school (4 seniors, 4 varsity players, 4 JV players, 4 freshman players) as long as they only played on one squad.
2. Q: What about senior players once their senior season is over. How do they factor in to this?
A: Senior players do not count when considering squad numbers for outside teams. 4 senior varsity players can play with 4 other varsity players on an outside team.
3. Q: What about players who play on multiple squads. How do these numbers calculate?
A: It is still the “4 on an outside team” rule. If Mary played Jr. varsity Volleyball and Varsity Volleyball for her school team, then Mary may play with no more than 3 jr. varsity teammates and 3 varsity teammates on an outside team.
4. Q: What about junior high players? Do these rules apply to them?
A: YES, if their school is a member of the KSHSAA. KSHSAA rules apply to students in grades 7-12)
5. Q: Can a team with 4 varsity players from America HS, playing together on an outside team, share a gym with a team with 4 teammates who play on another outside team?
A: Yes, as long as the 2 practices are run completely separate. There may be no joining together for group drills and there may be no scrimmage.
6. Q: Can an outside team roster change from week to week?
A: No. When the roster is set, it may not include more than 4 players from the same school squad.
7. Q: Can a roster have more than 4 players from the same school squad as long as no more than 4 are on the court playing at the same time?
A: NO.
8. Q: Can a HS volleyball coach work with MS players during the school year, outside their season of sport?
A: YES. However, when 8th graders graduate in the spring, they are then considered high school students, therefore, the HS coach contact must stop.
9. Q: Can a volleyball coach play on a team against their players?
A: NO. A volleyball coach may not play with or against their players and may not officiate a contest their players are participating in. A coach may coach against their players.



THE COACH

NOTE: A High School coach is a “High School Coach”, regardless of the squad they coach. Therefore, a freshman coach CAN NOT coach varsity players on an outside team, etc. The same applies to KSHSAA members schools at the Middle School/Jr. High level.



During the School Year, Outside the Season of Sport...

- ▶ A school coach may not be involved with his/her athletes in that sport during the school year outside the season of sport.

During the School Year, Prior to or After the Season...

- ▶ A school coach may check out equipment, distribute physical exam forms, & assign lockers
- ▶ A school coach may be involved in one organizational meeting for a non-school league to ensure no more than 4 players from a school squad are on the same team

During the summer, a volleyball coach may:

- Supervise use of indoor/outdoor facilities (no sport specific instruction may be given).
- Work with individual students or a single group (no more than 4 students) provided instruction is on a voluntary basis and requested by the student.
NOTE: At their 4/11 mtg., the KSHSAA Board of Directors changed the above number from 3 to 4 (one more than half of the players in competition).
- Conduct a one week team camp for members of their squad (camp may be held after the school year ends and must be concluded before Sunday of SCW #5 – 2008 = Aug. 2).
- Coach against their players.
- Transport their athletes to non-school competitions in that sport
- Transport their athletes to camps or clinics.

NOTE: Coaches may not use school transportation and may not be reimbursed for personal mileage.

FOR ADDITIONAL INFORMATION, PLEASE GO TO
www.kshsaa.org (click on coaches, click on FAQ-frequently asked questions)