

KANSAS STATE HIGH SCHOOL ACTIVITIES



# JOURNAL

December 2019 | Volume 82



### The Rhythm of the Season

Each year at this time, we enter a season which often brings tradition and celebration. For many, the end of a semester and the holiday season bring a pace unlike most other months. As you adjust to the rhythm of this season, I know you will finish the semester with intentionality, maintaining a focus on student success. And, my hope is that you will set aside time for professional and personal reflection and celebration. Don't let the rush of a hectic holiday season compromise your time for needed restoration.

As we reflect upon this past calendar year, it certainly has been one to celebrate. The staff of the KSHSAA is proud to work alongside you and be able to develop new activities, revised protocols and rules modifications which will improve the interscholastic activity program in each member school. We do recognize that our work is in progress and look forward to taking the next steps to address the opportunities regarding student leadership, coaching education, risk minimization, sportsmanship, specialization, officiating, championship protocols, public/private school issues, leadership training and the many other areas which command our attention. As we work together, we will grow and solutions will be realized. The significance of this work is the impact on each student, school and community, and the very thought provides adrenaline to the rhythm of our efforts.

While this is truly a season to reflect and celebrate, we know the best is yet to come. The accomplishments of the KSHSAA will not be measured in rules revised or policies passed. Rather, the success of our work is measured in the growth realized by each student, coach, administrator and community which grow from this work. While we love championships, we celebrate growth and preparation for future success from the lessons learned through the championship pursuit.

It is my hope that you will be blessed this season with the humble satisfaction of recognizing the growth for those in your sphere of influence as you have encouraged, corrected, coached and held accountable those you work alongside. Certainly, that is worth celebrating, and will accelerate the rhythm for the work ahead.

Blessings this holiday season and beyond,

Bill Faflick  
Executive Director

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***Holiday Non-Practice Dates: December 22-26, 2019***

**REMINDER: The KSHSAA office will be closed  
December 23 - January 1**

#### Notice of Non-Discrimination

The Kansas State High School Activities Association does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. Questions regarding this policy should be directed to the Executive Director, Bill Faflick



**KANSAS STATE HIGH SCHOOL ACTIVITIES ASSOCIATION**

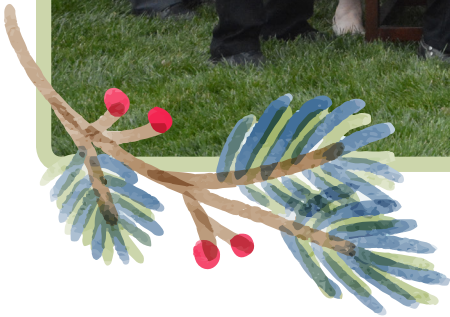
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# KANSAS STATE HIGH SCHOOL ACTIVITIES JOURNAL

Happy holidays



From our team to yours

*The Executive Board and the staff of the Kansas State High School Activities Association wish you a safe and happy holiday season. We appreciate each of you, the administrators, teachers, coaches / sponsors, support staff, Board of Education members and community stakeholders who work tirelessly in support of your students. We believe you are the best teammates, and this holiday season, we say thank you and wish you blessings in abundance. Happy Holidays from the KSHSAA.*

## Spotlight on Officials: Warriors 2 Whistles

Officials know that many good stories start with, “Our crew was driving to our game on Friday...” What follows obviously could cover an array of topics and events, but it typically leads to a good story worth telling. The beginnings of an organization that looks to be impactful on two fronts, for veterans and for member schools, began with a drive to a Friday night game.

“Four out of the five people on our crew are retired military,” said Steve Milton. “One afternoon while driving to our Friday night football game the crew began talking about the recent news stories and discussion at meetings and clinics about the shortage of officials. We each wanted to brainstorm how we could help.”

Like all good military personnel, the call to action was, “What can we do to help recruit and retain officials?” Milton explained that there was something obvious right in front of them with their background. “What better demographic than military folks to help with the situation?”

Accompanying the news stories are several reasons for the shortage of officials, but one being prominent is the negative criticism new officials experience with coaches and fans.

“If you’ve been through basic training in any branch of the military then you can handle any coach or fan that gets irate at you,” Milton explained. “Veterans would have the appropriate demeanor to be good officials. When I officiate games, even at the fifth and sixth grade level, I call the kids ‘sir’ and ‘ma’am.’ By the end of the game it is reciprocated by the kids back to us.”

In addition to appropriate demeanor, military personnel are accustomed to upholding rules, policy and procedure. All are good characteristics for officiating.

Milton, retired Army and currently chief of housing at Fort Riley, works with several non-profits, so the idea of starting an organization wouldn’t be farfetched. In the car that night after the game, Tim Morgan put the idea out there of *Warriors 2 Whistles*. They thought that would be a great name to start things off; now it was time to figure out what they were going to do to help.

“We created a board of directors, bylaws and created a mission statement. We want to be value based and empower our members to give back to the community by being service oriented,” said Milton.

*Warriors 2 Whistles* is aimed at connecting veterans of the military to sports officiating. The organization is set to provide mentorships, financial assistance and training to individuals across the state. The group believes there are several military veterans out there who want to be, or would make good officials but might not know the avenue through which to become one.

The organization is now part of Soldier for Life Transition Assistance Program (SFLTAP) briefings on Fort Riley. What that does for the organization is allows them to market and talk to all the transitioning soldiers about officiating. And this is where we get in the second benefit of *Warriors 2 Whistles*. The transition from active duty to civilian life, for whatever reason, has the potential to come with an array of struggles. The organization believes this could be an avenue to make it easier for some. Becoming an official can provide support from likeminded people while doing something they will enjoy.

Milton and the board of directors would like to express that one need of theirs will be officiating uniforms. If you are a current official or retired from officiating and have access to uniforms for any sport, they would love for you to donate to their organization so they can assist new officials getting started.

In addition to uniforms, the organization is already setting up camps, clinics and meetings to train new officials while connecting them with mentors who have been officiating for some time, and are also veterans.

Veterans or officials who wish to get connected with *Warriors 2 Whistles* are encouraged to visit their Facebook page, *Warriors 2 Whistles*. Kansas has a strong military presence across the state. The *Warriors 2 Whistles* organization wants people to know this group is for all veterans, no matter their home base.

Anytime you have an idea that benefits two sides equally, that is a story worth telling.



*Warriors 2 Whistle board of directors (from left to right): Matt Krause, Todd Hokanson, Tim Morgan, Steve Milton, Joel Maldonado, Ron Kabat & Jason Lafasciano*

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Warriors 2 Whistles is comprised of Active Duty, Guard, Reserves, Retired and honorably discharged Veterans. The association exists to bring together people who share the two loves of “military service and sports officiating.”

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*The KSHSAA supports the Warriors 2 Whistles organization and their efforts to recruit military veterans into the officiating avocation. Registration scholarships, mentors and training are available upon recommendation from the Warriors 2 Whistles organization.*

# SCHOOL ADMINISTRATORS

## Student Eligibility Reporting

### Form C-1 Required\*

Schools MUST file Form C-1 whether or not they have ineligible students. If a school does not have ineligible students, simply write "NONE" and mail, email or fax the report to the Association office. This is a companion form to the online eligibility entry system and likewise, requires a 100% response. To obtain a Form C-1, go to [www.kshsaa.org](http://www.kshsaa.org)>Schools>Login>Entry Forms>January.

\* If you are a middle/junior high school tracking KSHSAA eligibility quarterly, use form C-M/JQ2. Otherwise all middle/junior high schools should use form C-M/J-1.

### Ten School Days

It is important to remember that Form C-1 is due within TEN SCHOOL DAYS after the completion of the first semester. Since schools end their first semester at various times, a policy of TEN SCHOOL DAYS after the end of the first semester treats all schools equally.

### Cooperative Agreements

When two member schools form a cooperative agreement program in an activity, each school is responsible for the eligibility of its own student participants. Therefore, each school should enter participating students in the online eligibility system, and at semester report students becoming ineligible on Form C-1. At the end of the school year, Form C-2 should be used to report students who lost eligibility during the just completed school year and/or are becoming ineligible for the following year. Remember, your students are your responsibility and the appropriate eligibility forms must be filed.

### Incomplete Grades

Students with incomplete grades at the end of the first semester are subject to KSHSAA Handbook Rule 14-1-5: "A student shall not be permitted to make up work after the close of the semester for the purpose of becoming eligible. A 'condition' or an 'incomplete' shall count as a failure. However, should a student have an excused absence for day(s) missed, completing such work per school policy would not be considered as 'make-up' per se." A student whose grades are in question should not be allowed to participate in interschool activities to avoid possible contest forfeitures. It is important to remember that the school's policy on an "incomplete" grade should be the same as adopted by its Board of Education.

### Reminder - Online Eligibility Entry

Please refer to page 8 of the September *Activities Journal* for information concerning KSHSAA online eligibility which documents the student's physical examination, parental consent, and acknowledges eligibility by the member school. Students beginning their activity participation during the second semester, whose names have not been previously processed, must be registered with the KSHSAA by online entry prior to the first event for that activity.

## Loss of Instructional Time Survey-Due This Year!

ALL MEMBER SCHOOLS are responsible to submit their loss of instructional time data to the KSHSAA this year! There is a link to the survey (LITS) at the top of each month's list of entry forms.

Simply enter the requested information for each activity and date in which instructional time is missed during the school year. **Be sure to save each episode you enter. We strongly recommend schools maintain this survey throughout the course of the school year rather than wait to enter everything at the end of the year.** All data must be entered online by June 15, 2020. Please direct any questions regarding the survey to Brent Unruh ([bunruh@kshsaa.org](mailto:bunruh@kshsaa.org) or 785-273-5329).

## Certificates for Long-Time Service in Activities

An attractive certificate is available at no cost from the KSHSAA to honor individuals who have been actively involved in the leadership of KSHSAA-sponsored activities for at least 25 years.

Please notify Mindy Nichol ([mnichol@kshsaa.org](mailto:mnichol@kshsaa.org)), Assistant to the KSHSAA Executive Director, if you have an individual on your faculty who qualifies for this honor. The Association will need the name, school and the years of service in the activity or activities in which the individual has been involved.

Certificates are available for administrators, activities directors, student council advisors, KAY sponsors, music, speech and drama instructors, athletic and debate coaches. The 25 years of service need not be in one field, but may be accumulative from several fields.

## Scholastic Achievement Certificates Available

The KSHSAA will again recognize the members of activity groups which maintain a collective grade point average of 3.00 (on a 4.00 scale) while representing their school in an interscholastic activity regulated by the KSHSAA.

Schools are reminded teams/squads/groups are to be **nominated at the conclusion of first semester for fall activities and at the conclusion of second semester for spring activities.** Fall activities include: football, volleyball, boys and girls cross country, girls golf, girls tennis, girls gymnastics, debate, music and boys soccer. Spring activities include: boys and girls basketball, boys and girls bowling, boys and girls wrestling, scholars bowl, boys and girls swimming and diving, music, speech and drama, boys golf, boys tennis, softball, baseball, boys and girls track and field, and girls soccer.

*Student Council, KAY, cheerleader/spirit groups and drill/dance teams may be nominated either semester, but only once during the school year.*

**The KSHSAA makes available the following two awards:**

- **Distinguished Scholastic Achievement Certificate:** to a team/activity that achieves a collective GPA of 3.25 (on a 4.00 scale) during the semester of their specific season. The semester GPA of each member of the squad/team/activity will be combined to determine the group's GPA.

- **Outstanding Scholastic Achievement Certificate:** to a team/activity that achieves a collective GPA of 3.00-3.24 (on a 4.00 scale) during the semester of their specific season. This award is computed as above.

Schools with more than one team per activity may nominate each team. Students are considered as part of only one team per activity. For instance: 1) a student who participates in both novice and experienced debate is considered a member of the experienced team, or 2) a basketball player who participates in both junior varsity and varsity is considered a member of the varsity team.

Music ensembles with ten (10) or more participants which meet the criteria may be nominated.

The school receives a certificate to be displayed for each team/squad/activity that is recognized for academic achievement.

**Each individual on the team (regardless of their personal GPA) receives a certificate indicating they were a member of the team/squad/activity receiving academic recognition.**

Special Education students are not included in the team's collective GPA, but may be award recipients. They must be verified as progressing in their individual program at an acceptable rate.

Certificate order forms are located online at [www.kshsaa.org](http://www.kshsaa.org)>Entry Forms. Use **Form ADM-10** or **ADMJ-10** for fall activities and **Form ADM-14** or **ADMJ-14** for spring activities.

**Please list and send all numbers for your activities on one (1) form if possible.**

## Non-Practice Dates for Athletics and Activities

The Executive Board has established a consecutive five-day period (including December 25) where there shall be no school practice of interscholastic contests or activities. The Executive Board has set **December 22-26, 2019 as the five-day moratorium for this school year.**

- There shall be no interschool activities.
- There shall be no staff members present for any interscholastic activities.
- There shall be no staff members present for any interscholastic activity practice in activities under jurisdiction of the KSHSAA.
- There shall be no group interscholastic activity practice either on or outside school premises under supervision of school employees.

Music groups may perform, provided there is no practice in the school facilities and their performance is local and on a volunteer basis only.

Trips by school activity students or groups are permissible, provided the students do not physically participate in any activity related to interschool activities.

**Students in grades 7-12 may not be in member school owned or operated facilities during the Winter Moratorium, for involvement in activities under the jurisdiction of the KSHSAA. Weight rooms may not be open for students in grades 7-12.**

**Medical rehabilitation in school athletic training rooms is permissible if approved by the administration of the member school. Member schools may elect to completely close their athletic training facilities to all activities and groups if they so choose.**

## Prohibition of Aerial Drones for KSHSAA Postseason Contests and Events Remains in Effect

Given the increasing number of inquiries staff is receiving regarding unmanned aerial drones, it was felt that adoption of a policy for KSHSAA events was appropriate. Accordingly, the Executive Board voted to adopt the following policy prohibiting use of aerial drones at all KSHSAA postseason events, effective immediately.

### *Prohibiting the Use of Drones (Unmanned Aircraft Systems or UAS)*

*Unless granted special permission by the KSHSAA Executive Director, the use of drones (UAS), for any purpose, is not permitted at any KSHSAA state tournament or postseason game or event. This prohibition applies to all fields of play, courts, arena, mats, gym floor or pool, and includes a ban on the entire facility being used as part of the KSHSAA event, including the spectator areas and parking areas.*

(Excerpt from the March 24-25, 2015 KSHSAA Executive Board minutes)

## Wireless Microphones and FCC Bandwidth Information for Schools

There will be an upcoming change in the FCC bandwidth that could affect school wireless microphone systems. By 2020, wireless microphones in the 600 MHz and 700 MHz bands will be reduced due to the sale of these frequencies to wireless service providers. Below you will find a link with the FCC information, and it will also be posted on the KSHSAA website homepage under NEW TOPICS and can also be found on the NFHS performing arts pages for your reference.

Some microphone companies are offering rebates to upgrade microphone systems that will be affected.

For more information see <https://www.fcc.gov/wireless/bureau-divisions/mobility-division/wireless-microphones>.

## AED Checklist

Sudden Cardiac Arrest (SCA) is the number one cause of sudden death in student-athletes during activity. In the event of a sudden cardiac arrest episode an automated external defibrillator (AED) can save a life. Each minute defibrillation is delayed, the chance of survival decreases 10%. The following can serve as an AED checklist to be sure you are prepared.

- The AED is easily accessible at every practice/game location and available for use within 2-3 minutes (ideally it is onsite). The device is NOT in a locked or secured area where retrieval could be a challenge.
- Personnel are always available onsite who are trained in CPR and AED use.

- The AED is checked regularly to ensure it is working and the pads and battery are not expired.
- The Emergency Action Plan has been rehearsed PRIOR to the beginning of the season with everyone potentially involved in the emergency response.
- Someone has been designated to retrieve the AED if needed. This person knows the exact location of the device at all times.

## Faxing or Emailing the KSHSAA

When faxing or emailing scanned documents to the KSHSAA, please remember the transmission is considered a legal document. You need not send the original document by mail.

## National Athletic Directors Conference

The National Federation's Conference for High School Athletic Directors will be held in National Harbor, MD on December 13-17, 2019, at the Gaylord National Resort and Convention Center. The conference is again designated as the site of the annual meeting of the National Interscholastic Athletic Administrators Association. This well-attended annual conference has an excellent reputation for outstanding educational inservice programs featuring nationally known speakers, as well as authoritative athletic administrators who willingly share their ideas on topics of great interest to their professional peers.

## KIAAA Annual Convention

The 2020 Kansas Interscholastic Athletic Administrators Association Convention will be held April 4-6, 2020. This association is organized specifically for middle/junior high school and senior high school activities/athletic directors and deals with their specific issues. For more information go to [www.kiaaa.org](http://www.kiaaa.org) or contact Executive Director Marc Haught; President, Penny Lane, Topeka-Washburn Rural HS; 1st Vice President, Matt Johnson, Olathe South HS; 2nd Vice President, Jason Menard, Douglass HS; Secretary Matt Westerhaus, Junction City HS; or Treasurer Chris Asmussen, Wichita-Southeast HS.

## Varsity Games Require Registered Officials

School administrators are reminded per **Rule 11, Section 2:** "Member high schools shall use officials registered with the KSHSAA in the following varsity sports: boys soccer, girls soccer, girls volleyball, boys football, girls gymnastics, girls and boys wrestling, girls and boys basketball, boys baseball and girls softball." It is strongly recommended registered officials be used for non-varsity competition as well.

While some schools hire league commissioners/assigners to identify the officials who will be used in their contests, the final responsibility for determining whether the officials assigned are registered with the KSHSAA rests with the school administrator. Before varsity contests, administrators must check the Officials Directory or online to make sure officials employed are listed with the KSHSAA. The most up-to-date official registration information is located in the online Officials Directory. If you have a question about whether an official is registered, you may contact the KSHSAA for confirmation.

## Greeting and Hosting Officials

The KSHSAA Officials Policy Review Committee developed guidelines for school administrators when working with officials.

1. Prior to the contest it is the responsibility of the officials and administration of the host school to make contact at least one week in advance of the scheduled event to confirm:
  - The contest date
  - Arrival time for officials
  - Location where officials are to report
  - Names of officials assigned to contest
  - Emergency contact information and adverse weather procedure
2. The host school administrator or designee should meet with the officials upon their arrival to:
  - Review the game time/location
  - Show officials to dressing facilities
  - Confirm half-time length and whether refreshments will be provided
  - Introduce officials to the adult who will escort them to the locker room and court or field, and control access to their dressing room
  - Provide contest fee payment or explain payment process
  - Review special activities that may occur during the contest
  - Review procedures for inclement weather
  - Confirm procedures for emergency action
3. The host school administrator should make arrangements for officials to meet with the scorer, clock operator and public address announcer prior to the contest.
4. When schools host events off the school site, officials should be made aware of the following prior to arrival at the contest:
  - Dressing accommodations
  - Location of off-school sites
  - Contact person at the host site/facility
  - Emergency contact information and action plans

## Officiating Contracts

Schools should issue contracts to officials with specific information concerning date and location of the contest, level of contest (JV, varsity, 7th, etc), game fee, whether mileage is paid and starting time. Officials should return contracts to schools and keep a copy for their records. Sample contracts (Form I) are available for administrators on the KSHSAA website.

\* Note: Games assigned through Arbiter are official contracts.

## Pre-Activity Time-Outs and Card D

As you prepare for the upcoming winter season, please remember the importance of communication with the administrative leadership of the schools you host, as well as those schools where you compete. To facilitate a focused communication, schools have two tools designed to share pertinent information.

First, schools can exchange Form D in order to share basic event information (schedule, locker rooms, parking, officials, etc.). And new this year is a second communication tool, the Pre-Activity Time-Out. This “time-out” is intended to be a proactive communication measure, as schools are expected to designate a time prior to the start of any interscholastic contest to share event critical information with stakeholders. The following information should be shared/reviewed prior to the first contest at each location:

1. Introduction of home and visiting administration on duty (identify primary point of contact).
2. Identify the location of athletic trainer(s) or other qualified medical professionals.
3. Identify the location of the AED(s).
4. Identify emergency entrance/exits for the facility.
5. Identify the storm shelter location and communication plan for evacuation.
6. Identify the rapid body cooling plan (location of cold water immersion tub).
7. Identify the communication plan for leadership.
8. Identify the communication plan for respective groups (students, coaches, fans).
9. Identify any special events or concerns relative to the event.

These nine items are to be reviewed prior to the event by the ranking school leader of every school involved in the contest. Each participating school is to be represented in this pregame meeting. If an administrative representative is not in attendance, this responsibility belongs to the head coach. These cards were distributed via USPS to member schools this past August and are available online at [www.kshsaa.org/Public/SportsMedicine/Pre-ActivityTimeOut](http://www.kshsaa.org/Public/SportsMedicine/Pre-ActivityTimeOut).

## Advise Athletes on Outside Competition Rule 22

Administrators and coaches should make the effort to instruct their athletes concerning participation in non-school athletic contests, interschool competition and their eligibility. These topics have been thoroughly discussed on pages 6-7 of the September issue of the *Activities Journal*. Please review these articles again as you prepare for winter activities.

## Game Contracts Binding When Forming New Leagues

When new conferences or leagues are formed and schedules completed, it must be with the understanding that **member schools are bound to any contracts previously signed, unless dissolved by mutual agreement.**

In some cases, newly formed leagues have agreed to select a league winner based upon percentages of wins and losses in the event all schools cannot play a complete schedule of league contests the first year or two.

## Officials Recommendations

### Football

**Total number of schools participating: 323**  
**Number of schools returning recommendation form: 294**  
**Overall percentage of return: 91%**

**Class 6A** (30 of 32 - 94%)

**Class 5A** (25 of 32 - 78%)

**Class 4A** (29 of 32 - 91%)

**Class 3A** (46 of 48 - 96%)

**Class 2A** (44 of 48 - 92%)

**Class 1A** (29 of 31 - 94%)

**8-Player DI** (43 of 48 - 90%)

**8-Player DII** (48 of 52 - 92%)

### Gymnastics

**Total number of schools participating: 15**  
**Number of schools returning recommendation form: 15**  
**Overall percentage of return: 100%**

**Class 6-5-4-3-2-1A** (15 of 15 - 100%)

### Soccer

**Total number of schools participating: 107**  
**Number of schools returning recommendation form: 103**  
**Overall percentage of return: 97%**

**Class 6A** (35 of 36 - 97%)

**Class 5A** (36 of 36 - 100%)

**Class 4-3-2-1A** (32 of 35 - 91%)

### Volleyball

**Total number of schools participating: 344**  
**Number of schools returning recommendation form: 323**  
**Overall percentage of return: 94%**

**Class 6A** (32 of 36 - 89%)

**Class 5A** (32 of 36 - 89%)

**Class 4A** (34 of 36 - 94%)

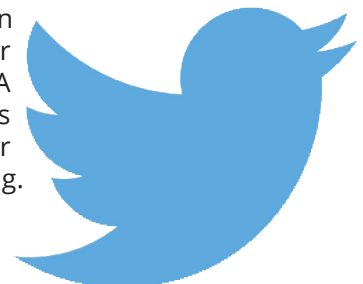
**Class 3A** (62 of 64 - 97%)

**Class 2A** (61 of 65 - 94%)

**Class 1A** (102 of 107 - 95%)

## Stay Connected to KSHSAA!

For all coaches, athletic directors and teams that are active on Twitter, please follow @KSHSAA for news and updates on *Twitter.com/kshsaa*. Statewide news, association announcements and playoff information are posted for your convenience. KSHSAA followers and fans have reached over 32,000 and growing. #KSHSAA





## Basketball Bench Conduct and Sportsmanship

Each basketball season the KSHSAA office receives many questions on acceptable bench conduct by head basketball coaches. The questions stem from what is interpreted as acceptable behavior. This material is intended to offer some insight and guidance.

Officials should permit certain behavior by the head coach who engages in spontaneous reactions to officiating calls and non-calls provided the coach remains in the coaching box and the reaction is not prolonged, profane, vulgar or threatening.

Coaches and bench personnel are expected to adhere to the specific rules set forth in NFHS Rule 10. Repeated or prolonged violations of these rules should result in a technical foul being assessed against the coach or other bench personnel. **More egregious conduct violations, while inside or outside the coaching box, should be properly and consistently penalized with a technical foul without warning.**



Examples of egregious conduct violations which should be penalized include, but are not limited to, the following:

1. Comments directed at or referring to any game official that question the integrity of an official. (Repeated references to the foul count against each team; suggesting an official is “cheating” or “homer” a team, etc.)
2. A negative response to a call/no-call including, but not limited to, approaching/charging an official in a hostile, aggressive or otherwise threatening manner, emphatically removing one’s coat in response to a call/no-call, or throwing equipment or clothing, thrashing the arms in disgust, running or jumping in disbelief, or other actions deemed to incite undesirable crowd reactions.

**Coaching Box:** Make sure there is a designated coaching box as prescribed in the NFHS rules book. Failure to comply with the rules results in a distinct advantage that is not within the spirit and intent of the rules. The rule is clear and concise. The head coach or any other bench personnel may not be outside the prescribed coaching box except when otherwise permitted by rule. When a coach is out of the coaching box instructing their players, officials must remind the coach to return to the coaching box. This can be done with a couple of sentences in a **relaxed tone** and the coaching box issue has been addressed. This is preventive officiating and can go a long way toward avoiding further problems.

Regardless of the situation, it is in everyone’s best interest for coaches and officials to work together to bring about the best possible event for our student-athletes. One key way to achieve this:

**Coaches:** wait until an official makes his way toward you in the normal course of the game or during dead ball periods to make your point in a civil manner in close proximity.

**Officials:** when you know the coach wants to speak to you, make your way toward the coach so that they can make their point in a timely and less boisterous manner.

**Cooperation from both parties in this manner will result in greater understanding and a better atmosphere for all.**

***Supported by the Kansas Basketball Coaches Association and KSHSAA***

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# SPORTS MEDICINE

## Concussion Return to Learn Resource for Schools

Recently the KSHSAA, through the work of the KSHSAA Sports Medicine Advisory Committee, created a resource for schools in creating effective return to learn plans for students recovering from a concussion. The information can be found at <http://www.kshsaa.org/Public/SportsMedicine/pdf/ReturnToLearnInfo.pdf>.

Educators who are not part of the school's athletic/activity program may not be as familiar with sport concussions as those who also coach. But it is imperative all faculty members are aware of students who are recovering from a concussion and have a basic understanding of the recovery process. Schools need to have a return to learn plan in place to provide students recovering from a concussion an optimal recovery environment. Academic demands such as concentration, information processing, memory and focus require the brain to be working at optimal levels. Forcing the brain to handle these academic stresses too early after a concussion may slow down and interfere with the brain's healing and recovery. Therefore, all educators must understand what academic accommodations may be necessary for the recovering student. Not all students will need modifications after a concussion, but for those that do, a plan needs to be in place so educators can respond appropriately.

Establishing and carrying out an effective return to learn plan in a school involves many different people. Schools should designate a Concussion Management Team (CMT), which depending on the size of school, may consist of the athletic director, teachers, school nurse, school counselor, athletic trainer, physician, coaches and obviously the concussed student and his/her parents. The role of this team is to establish an organized and collaborative approach to help the student safely and comfortably reintegrate back into the classroom setting. **No consideration should ever be given to return to play until the student is fully functioning in the classroom.** Everyone involved in the student's education must be aware of the student's status and what school and classroom triggers need to be avoided. All members of this team need to be trained in understanding the signs and symptoms of concussions, recognizing triggers that negatively impact students recovering from a concussion, understanding appropriate and effective accommodations, a review of everyone's role on the concussion management team and a review of the different phases of the return to learn progression.

Academic accommodations that may need to be considered for a student recovering from a concussion:

- No school or a limited school schedule for the first few days post-injury.
- Excused from certain classes that trigger symptoms (e.g., noise in shop class).
- No homework while the student is still recovering.
- Minimize or eliminate catch-up work requirements. Ensure any catch-up work is reasonable and doesn't create more stress for the student.
- Allowing the student to work in an isolated/quiet environment while at school.
- Limiting reading requirements.

- Allowing the student to do light academic work in the library during a more difficult class.
- Sitting further away from a bright window.
- Avoiding computer screens.
- Providing assistance with note taking.
- Postponing exams until the student has recovered.

As schools work to develop effective return to learn plans, we encourage you to use this new resource. Creating a well-rounded concussion management team and understanding effective academic accommodations are key steps in building and implementing an effective plan. A good return to learn plan will minimize setbacks for students, enhance their recovery process and prioritize academics throughout their recovery.

## BASKETBALL

### Basketball Court Marking

Administrators are responsible for making sure that all basketball courts are properly marked. This includes the coaching box in front of each team bench.

- A division line two inches wide shall divide the court into two equal parts. Shadow border lines are permissible.
- A restraining circle shall be drawn at the center of the court with a radius of six feet measured to the outside edge. The edge of the circle shall be designated with a minimum of  $\frac{1}{4}$  inch wide single line but no wider than two inches.
- The 28-foot coaching box is to be marked from the endline toward half court 28 feet. **The coaching box lines at the endline and 28 foot line are to be visible off the court.** Officials indicate that schools not having the 28-foot coaching box properly marked makes it more difficult to properly enforce the coaching box rule. If your basketball court is less than 84 feet, the coaching box is marked 14 feet back from the division line. The box will extend to the end line.
- The NFHS recommends that schools have their basket rings inspected for rules compliance.

### Pregame Activities

- Teams entering the gym prior to the contest should not run through the area occupied by the opposing team or under the basket where opponents are warming up.
- Teams should only enter, jog or warm up on their own half of the court when possible.
- If during the pregame or halftime warm-up period one team leaves the floor, the other team should not use the entire court; teams should only warm up on their half of the court.
- Only authorized personnel should be permitted on the floor. No fans may be on the floor.
- After introductions team huddles must be at the free throw line area, not toward or at the center court circle.
- Teams should be introduced in alternating fashion beginning with a visiting team starter, then a home team starter. Players should proceed to center court and shake hands as a show of sportsmanship. If players choose to shake hands

with the officials or other coach, that should take place after meeting the opponent at the center circle.

- Players are not to leave the floor to “slap hands” with spectators.
- After all team members have been introduced the head coaches should be introduced.

## Outside Competition Rules

The KSHSAA frequently gets questions about what students are permitted to do after the school season is completed. Since some middle/junior high schools have a split season with the boys (or girls) playing before the holiday break and the other gender playing after the break, some kids want to play on outside teams. Here are a few reminders.

- School year is defined as the Tuesday after Labor Day until the Saturday before Memorial Day.
- School squad is defined as varsity, JV, 9th, A-team, B-team, etc. Any amount of time played in a contest (one minute, one quarter, etc.) constitutes team membership.
- While a member of the school team, a player may not participate on a non-school team in that same sport. They may participate in other activities, but should inform the school coach.
- School coaches (head or assistants) may not coach these non-school teams during the school year, outside the season of sport.
- Middle School/Junior High - There are no restrictions on the number of students from the same school who may participate on a non-school team from SCW #17 (October 27, 2019) through SCW #35 (March 1, 2020). This exception to the outside competition rule was passed by the Board of Directors at the spring 2015 meeting.
- High school students and MS/JH students (other than the exception period) during the school year outside the season of sport shall not have more than three members of the same school squad playing or practicing on the same non-school team.
- An outside team may not rotate players on and off the roster so that they have no more than three from the same school squad but it is a different three each tournament. No more than three may be on the outside team roster.

## Reporting Basketball Game Scores

In order to help with seeding of postseason tournaments, all schools must report the scores of varsity boys and girls basketball games on the KSHSAA website. Scores need to be recorded after each game played to keep the standings up to date for seeding purposes.

Only games played against varsity competition can be used for seeding. If your school plays a JV team in a tournament, that game will not count on your postseason record. If a tournament did not have a full bracket and you received a BYE, that game does not count for postseason seeding. Games not played because of weather or other unforeseen circumstances do not count as a win or a loss for either team (see *KSHSAA Basketball Manual* for more information).

Administrators are able to log in with the administrator user name and password and list the season schedule and then add scores after each game. Once logged in go to “Activities” at the top of the page. You will see basketball listed and under that you can enter your girls win/loss and boys win/loss scores.

Coaches also can use their coach password and log in to submit information. Coaches can put their schedule in and update scores by using the “coach/sponsor” user name and password on the KSHSAA website and going to “Activities” at the top of the page. Next to the basketball heading it says, “boys win/loss report” or “girls win/loss report”. Coaches in their gender can put their schedule in and update scores as the season goes along. The scores entered will automatically go onto the opponent’s win/loss record form, so schools need to check for accuracy.

The names of schools are in a drop down menu with the “town” listed first. For example, if you are looking for East High School in Wichita, you need to look for Wichita-East HS. Approved schools and out-of-state schools are listed at the bottom of the drop down menu. All Kansas member schools are already listed. Many out-of-state schools are listed at the bottom of the drop down list.

**If you are putting in your schedule ahead of time and going to a tournament and don’t know your opponent yet – DO NOT LIST THE HOST SCHOOL. At the bottom of the drop down list of schools it gives the option of listing games as Tournament #1, Tournament #2, Tournament #3 until you know the name of the school you are playing. Once you have played the game you can change it to the name of the school and record the score.** If you list the host school of the tournament as the opponent, it will list that as one of their games on their schedule also.

It is very important schools start entering schedules now so schools can keep up on the current standings. If information is correct it will help seeding managers get this task completed in a timely manner.

Information on seeding criteria can be found in the *KSHSAA Basketball Manual*. We will send reminders on a regular basis so we can keep up on scores and standings. As we get closer to seeding day all schools will be able to see the standings. We believe this will be easier to keep records up to date and correct and allow all schools in a group to know where they might be seeded.

## KSHSAA Rules Review

### Coaches Tests -

Administrators, coaches and officials can see test results and print answer sheets by logging on to the KSHSAA website, going to the coach/sponsor requirements tab and selecting the sport. Exam scores are posted here.

### Rule 33 -

Coaches have been reminded that middle/junior high school students may participate in 16 games; there is no limit on the number of tournaments scheduled within the 16 games. High school students may participate in a maximum of 20 games, not including postseason competition.

### Tournaments -

Schools having JV and varsity teams (or two other levels) in tournaments the same week may not allow players to play six (6) quarters in one day in two different tournament brackets. The six (6) quarter rule is applied only during

regular season game nights – not tournaments. A player may play in two games in one day in the SAME tournament only. This has traditionally been done in sub-level tournaments.

#### **Games Not Played -**

Games not played because of weather challenges do not count as a win or loss for either team; it is simply no game played. This applies to both regular season and tournament games (see *KSHSAA Basketball Manual* page 20 for further information).

#### **Postseason Officials -**

School recommendations for officials must be submitted online by the school administration between February 5-12, 2020.

#### **Postseason Basketball -**

The KSHSAA has adopted the Spalding TF-1000 Legacy as the official postseason basketball. Other balls with the NFHS authenticating mark may be used during the regular season, but this ball must be used for postseason.

#### **Team Introductions -**

During team introductions only authorized cheerleaders, team members and bench personnel are allowed on the court. Spectators must stay outside of the court and may only be lined up on the half of the court where their team is being introduced. Once team members are introduced they are not to go to center court for their pregame rituals. These should take place at the free throw line circle. Players are to proceed to center court and shake hands with the opponent and then go shake hands with officials or opposing coaches before going to their free throw line area.

## **Sportsmanship**

Sporting behavior is always a point of emphasis from the NFHS and KSHSAA.

The following areas are specifically being addressed:

1. **Uniforms:** A technical foul will be assessed for a player removing their jersey within the confines of the playing area. Uniforms must be worn as intended and the rule must be enforced. The player jersey must be tucked in and the shorts must be worn above the hips. When a player is in violation of the rule, the player is directed to leave the game. While an untucked jersey during the normal course of play is understandable until it can be corrected, too often there are multiple warnings for clear violations. Coaches bear a great responsibility in ensuring uniforms stay on team members and are worn properly. Officials must enforce the rule.
2. **Time-outs:** Coaches must make sure that bench personnel remain in the team bench area after a time-out is called. Players running onto the court and confronting opposing team members leads to unsporting behavior.
3. **Spectators:** Fan behavior remains a critical concern. Fans are using abusive language toward coaches, players and officials. Game administrators must create and follow security procedures and support efforts to have offending fans removed from the premises. Proactive policies lead to fewer problems. It is the game administrator's ultimate responsibility to provide a safe environment for players, coaches and officials. Do not wait for the official to point out the problem. Officials should never directly confront fans. Find the game administrator to take care of the problem. Coaches' sideline actions often have an impact on fan behavior – positively or negatively.

4. **Coaching Box:** Coaches may stand but must stay in the 28-foot coaching box. It is a distinct advantage to the coach who is permitted to be out of the box because the coach has a better chance to communicate with his/her team. The coach can also influence play by being out on the court. The fact that the coach is not directing comments to the officials or is "coaching the team" has no bearing on rule enforcement. Head coaches have the responsibility to remain in the box. School administrators must support that by demanding their coaches do so. When violated, the official must enforce the rule with a technical foul. Assistant coaches must be seated at all times, except during time-outs, to attend to an injured player after being beckoned, and to spontaneously react to a play.
5. **No Dunking** is permitted during warm-up periods. This includes pregame and halftime of the game before. Dunking during these warm-up periods results in a technical foul.

## **Weekly Newsletters**

Each Monday on the basketball page of the KSHSAA website, rule interpretations and other pertinent information is provided for coaches, administrators and officials. It is highly recommended that administrators, coaches and officials check the website weekly for important information. Go to [www.kshsaa.org](http://www.kshsaa.org)>Athletic>Basketball to find this information.

## **Selection of Basketball Bench Officials is Important**

Schools should make sure they secure knowledgeable personnel to work at the scorers table during basketball games. The scorer and timer are considered assistant officials and should be properly trained. It is also important that a professional, knowledgeable and impartial public address announcer be secured.

#### **Selection of Scorers and Timers**

1. The official scorer must wear a black and white vertically striped garment.
2. Choose adults; a high school senior or a recent graduate may have interest and enthusiasm but may lack maturity, poise, impartiality and judgment.
3. Choose someone who has had some playing, coaching or officiating experience.
4. Choose officials who can and will be present at every home game; this provides consistency and experience.
5. Choose a knowledgeable person for the position. Many times these are faculty members who have an interest in the kids.
6. Choose someone with plenty of maturity, poise, good judgment, a sense of impartiality and one who you are sure will be able to forget the score and concentrate instead on the job.

#### **Training Scorers and Timers**

1. Provide the scorers and timers with a rules book and case book in addition to the information that is sent to each school from the KSHSAA concerning timer and scorer instructions and responsibilities. Make sure they are made aware of rule changes that pertain to their positions.

2. Before the first game, arrange for an intrasquad scrimmage, conducted under actual game conditions, with your timer and scorer at the bench.

#### Public Address Announcer

1. Choose someone with a clear voice who is impartial.
2. Make sure they have copies of sportsmanship announcements that can be read periodically.
3. The PA announcer should not do a “play by play” or color commentary of the contest.
4. Comments about coaching or officials' calls are NOT to be made by the PA announcer.
5. Only announcements approved by the school administration should be made during the contest.

### Six Quarter Rule 33-2-5 & Rule 33-3-2

HEAD COACHES are solely responsible to ensure no violations.

No player shall participate in more than six game quarters a day. Overtime periods are considered part of the fourth quarter. EXCEPTION:

- In tournaments, a player may participate in two games a day.
- Participation in a game for any length of time constitutes one game of the 20 (or 16 for middle/junior high) allowed.

Should a non-varsity contest be played in four quarters of four minutes (three minutes for middle/junior high) each or less, participation in one or two four (three)-minute quarters would be considered identical to that of one eight-minute quarter (or six) as it relates to the Six-Quarter Rule. Participation in any part of three or four of the four-minute quarters would count as two quarters toward the six-quarter limit.

**NOTE:** A player who participates in more than the limit (six quarters in one day) shall be charged with playing in two of the total games that student is allowed during one season, is disqualified for further play that day, and is ineligible for further participation until reinstated.

The school administrator must immediately report the violation and the player is ineligible until reinstated.

## BOWLING

### Tryout Guidelines

Tryouts for high school bowling may be conducted using the following guidelines:

1. Tryouts may begin on Monday following Thanksgiving (December 2, 2019).
2. Tryouts may be one week in length.
3. Tryouts may not be conducted during the KSHSAA holiday non-practice dates of December 22-26, 2019.
4. Students must have a physical examination in order to try out. They will need a PPE (physical exam) and a concussion head injury form on file in the school office prior to their first day of school tryouts.

## Regular Season Competition

No student representing a KSHSAA member high school shall participate in more than 10 days of competition during a season, exclusive of the regional and state tournaments.

## Regional Tournaments

Regional tournaments will be conducted during the week of February 24-29, 2020. There will be three regional tournaments in Class 6A and four regional tournaments in Class 5-1A. During regional competition, three regular games of American Tenpins will be bowled using the top four scores per game to determine the total pin count. Four additional games will be bowled in Baker format. The total for the three regular Tenpin games plus the total from the four Baker games will be added together. The highest pin count wins.

Invitations have been extended to select schools to host a regional tournament. Regional assignments and tournament sites will be posted on the KSHSAA website no later than January 1, 2020.

## KSHSAA Bowling Manual

All schools participating in interscholastic bowling were mailed several copies of the *2019-2020 Bowling Manual*. Schools are encouraged to read the manual carefully and thoroughly.

## SWIMMING & DIVING

### Guidelines for Meet Warm-Up, Boys and Girls

Although the number of injuries to competitive swimmers at a competition is small, the majority of them occur during the warm-up period. There shall be a designated, official supervisor on the deck during the entire warm-up period. The following safety guidelines are recommended for warm-up periods at all meets:

1. Swimmers shall enter the water feet-first except for starts which are limited to specified lanes. Specify lanes 2 and 5 (six-lane pool) or lanes 2 and 7 (eight-lane pool) as one-way sprint lanes with racing starts permitted at the starting end of the pool.
2. Place a cone marker or similar item on starting platforms in lanes not specified as one-way sprint lanes.
3. Specify center lanes for circle swimming (two lengths of the pool beginning at the starting end of the pool).
4. Specify the outside lanes as pace lanes (swimmers swim one or two lengths from an in-water push-off position from the starting end of the pool).
5. May specify lanes for relay practice during the last 15 minutes of the warm-up.
6. Coaches should stand at the starting end of the pool and verbally start swimmers for sprint or pace work.
7. Swimmers should not be allowed on a starting platform when a backstroker is executing a start in the same sprint lane.

Officials and/or the meet director may remove a swimmer, coach and/or team from the deck for violations of these safety recommendations. In facilities that have a warm-up and/or warm-down area, management shall provide supervision of the area(s) at all times.

## Boys Standards Set for Two Class State Meets in February

The Boys State Swimming and Diving Meet will be held on February 20-22, 2020, at Capitol Federal Natatorium, Hummer Sports Park, Topeka. The meet will be conducted in two classes. The preliminaries in diving (all classes) will begin at noon on Thursday, with semifinals (all classes) beginning at 6:30 p.m. on Friday. Preliminaries in swimming events will begin Friday at 10 a.m. for Class 5-1A and at 2:30 p.m. for Class 6A. Finals for swimming and diving will begin on Saturday at 10 a.m. for Class 5-1A and 3 p.m. for Class 6A.

Those schools that have cooperative agreements are reminded that all students shall represent their own schools at the state championship meet. RELAY EVENT state qualifications must be achieved during the regular season by individual schools.

It is recommended that league meets be held one week prior to the state meet.

The preliminary heats and lanes for the boys state meet will be drawn at the KSHSAA. Coaches will be requested to place the best meet time for each entrant listed on the **Team Manager (TM) II Lite computer software**. They should keep a record of each boy's performance time so this information will be available when entering boys in the state meet.

Additional information will be made available when instructions are sent to participating schools.

"Championship Scoring," as explained in **Rule 7-1-3**, will be used. Each school may enter ONE TEAM only in each relay. A competitor shall be permitted to enter a maximum of two individual and/or two relay events.

Entries in individual events will be limited to those who are capable of the following minimum performances. The order of events and yard times are as follows:

Event	6A Qualifying	6A Consider
200 medley relay	1:50.97	1:56.52
200 freestyle	1:55.17	2:00.92
200 IM	2:09.70	2:16.19
50 freestyle	23.29	24.46
100 butterfly	57.63	1:00.51
100 freestyle	51.22	53.78
500 freestyle	5:18.77	5:34.70
200 freestyle relay	1:36.84	1:41.69
100 backstroke	59.96	1:02.96
100 breaststroke	1:06.13	1:09.44
400 freestyle relay	3:38.19	3:49.10

Event	5-1A Qualifying	5-1A Consider
200 medley relay	1:52.91	1:58.55
200 freestyle	1:58.71	2:04.65
200 IM	2:15.20	2:21.96
50 freestyle	23.52	24.70
100 butterfly	58.84	1:01.78
100 freestyle	52.61	55.24
500 freestyle	5:30.65	5:47.18

200 freestyle relay	1:38.72	1:43.66
100 backstroke	1:01.14	1:04.20
100 breaststroke	1:07.78	1:11.17
400 freestyle relay	3:41.46	3:52.54

Meter conversions are to be made by using the *National Interscholastic Swimming Coaches Conversion Formula*.

All 2020 yard and meter qualifying and consideration time standards are posted on the KSHSAA Swimming and Diving website.

## Swimming and Diving Rules Apply to Both Girls and Boys

All swimming meets, including the KSHSAA State Swimming and Diving Meet, will be conducted according to the current official Swimming and Diving Rules Book as published by the National Federation of State High School Associations.

This rules book includes the events which apply to both girls and boys. It is available from the KSHSAA by sending \$7 per book with your request.

## NFHS Learn Swim and Dive Courses Available

The National Federation of State High School Associations (NFHS) has added courses for swimming and diving coaches to its lineup of sport-specific online courses available through the NFHS Learning Center at [www.nfhslearn.com](http://www.nfhslearn.com).

"Coaching Swimming" was developed with assistance from Kansas' own Arvel McElroy, retired high school teacher and swim coach and former president of the National Interscholastic Swim Coaches Association. The course focuses on how to administer a student-first swimming program.

Topics covered in "Coaching Swimming" include recruitment, pre-event management, interscholastic coaching philosophy, differences in club and high school teams, communication and risk management. The course also teaches the basics of the four competitive swimming strokes, start variations and flip turns, and it highlights information from the NFHS Swimming and Diving Rules Book.

The "Coaching Diving" course is NEW and FREE. It is highly recommended for both novice and veteran coaches. Many other courses are available at [nfhslearn.com](http://nfhslearn.com) including "Officiating Swimming & Diving" (\$20) and "Mental Training for Performance" (\$30). Other FREE courses include: "Engaging Effectively with Parents," "Concussion in Sports," "Captains Course," "Social Media," "Sports Nutrition," and several "Learning Pro" courses for study and test taking skills. Be sure to check out all the learning opportunities available at [nfhslearn.com](http://nfhslearn.com).

## Early Season Reminders & Notes

Schools need to make sure they submit Olympic Development Program (ODP) Meet requests for any participating athletes. A complete list of 2019-20 USA Swimming sanctioned meets and more information regarding ODP (KSHSAA **Rule 4**) may be found on the KSHSAA Swimming & Diving webpage.

KSHSAA **Rule 40** (Section 2, Article 4) – "No student representing a member school shall participate in more than 10 meets during a season, exclusive of the state meet."

**KSHSAA Rule 30** (Section 2, Article 2) – “A student who is enrolled at the start of a season of sport must be a member of the squad for the majority of the scheduled varsity contests, in order to be eligible for postseason competition.” Majority means over half.

**NFHS Rule 5** (Section 1, Article 1) – Order and Length of Events. If your school hosts a meet that does not follow the normal order and length of events, such as a Relay Meet or Pentathlon Meet, be sure to request permission from the KSHSAA in writing providing meet details such as meet name, location, date, events and participating schools. Requests can be emailed to [rgarman@kshsaa.org](mailto:rgarman@kshsaa.org).

**NFHS Rule 4** (Section 2, Article 1d) – “The referee shall conduct a pre-meet conference with the starter, the coach, and the captain of each team for all non-championship meets.”

**NFHS Rule 2** (Section 4, Article 5) – “The 16.4 yard/15 meter marks must be visible on both sides of the pool deck.”

## 2019-20 Diving Weeks for Boys

Week 1 - forward group - December 2-7

Week 2 - back group - December 9-14

Week 3 - inward group - December 16-21

Week 4 - twisting group - December 23 - January 4

Week 5 - reverse group, etc. - January 6-11

(reference - **Rule 9-4-6**)

### REPEAT

Week 1 - forward group - January 13-18

Week 2 - back group - January 20-25

Week 3 - inward group - January 27 - February 1

Week 4 - twisting group - February 3-8

Week 5 - reverse group, etc. - February 10-15

(reference - **Rule 9-4-6**)

## Girls State Meet will be in May

The Girls State Swimming and Diving Meet will be held at the Hummer Sports Park, Topeka, on May 21-23, 2020.

The beginning practice date for girls is March 2 and competition may commence on March 16. Qualifying standards can be found on [www.kshsaa.org](http://www.kshsaa.org).

# VOLLEYBALL

## Offseason Rules & Regulations

Schools are reminded of the following rules and regulations regarding outside competition in the sport of volleyball. This information is located at [www.kshsaa.org](http://www.kshsaa.org)>Athletics>Volleyball>Other Information>Offseason Rules & Regulations. **Please help direct players and parents to this information.**

## During the School Year, Outside the Season of Sport...

**No more than four girls from the same school squad may be on the same roster, practice, or compete together on an outside school team.**

(Exception: Seniors who have completed their final year of eligibility are exempt from this rule.)

Participation by more than four (4) squad members on the same team shall make them ineligible for the remainder of the school year, and any further middle/junior or senior high school volleyball, unless reinstated by the Executive Board.

## Definitions to Know...

- **Squad** = Varsity, JV (junior varsity), Sophomore, Freshman, 8th, 7th, A & B teams
- **Squad membership** = Any amount of actual playing time with a squad during the school season. NOTE: A JV player sitting on a varsity bench but never playing in a contest would not be a member of the varsity squad.
- **Squad membership is determined from the season just completed.** We cannot predict the future.
- **School year** = First day of practice through the Saturday before Memorial Day
- **Summer** = Opposite of school year (May 23 - August 17, 2020)

## Player Q & A

- Q: Can 4 girls from the same school who played nothing but varsity volleyball play on an outside team with 4 girls from their school who played nothing but junior varsity volleyball?  
A: YES. In fact, an outside team could be comprised of as many as 16 players from a high school (4 seniors, 4 varsity players, 4 JV players, 4 freshman players) as long as they only played on one squad each.
- Q: What about senior players once their senior season is over? How do they factor into this?  
A: Senior players do not count when considering squad numbers for outside teams. 4 senior varsity players can play with 4 other varsity players on an outside team.
- Q: What about players who play on multiple squads? How do these numbers calculate?  
A: It is still the “4 on an outside team” rule. If Mary played JV volleyball and varsity volleyball for her school team, then Mary may play with no more than 3 JV teammates and 3 varsity teammates on an outside team.
- Q: What about junior high players? Do these rules apply to them?  
A: YES, if their school is a member of the KSHSAA. (KSHSAA rules apply to students in grades 7-12.)
- Q: Can a team with 4 varsity players from America HS, playing together on an outside team, share a gym with a team with 4 teammates who play on another outside team?  
A: Yes, as long as the 2 practices are run completely separate. There may be no joining together for group drills and there may be no scrimmage.
- Q: Can an outside team roster change from week to week?  
A: No. When the roster is set, it may not include more than 4 players from the same school squad.
- Q: Can a roster have more than 4 players from the same school squad as long as no more than 4 are on the court playing at the same time?  
A: NO.

8. Q: Can a high school volleyball coach work with middle school players during the school year, outside their season of sport?
- A: YES. However, when 8th graders graduate in the spring, they are then considered high school students, therefore, the high school coach contact must stop until the "KSHSAA first day of summer."
9. Q: Can a volleyball coach play on a team against their players?
- A: **School year = NO.** A volleyball coach may not play with or against their players and may not officiate a contest their players are participating in. A coach may coach against their players. **Summer = YES,** until July 19, 2020.

## WRESTLING

### Wrestling Manual

The *KSHSAA Wrestling Manual*, mailed to wrestling coaches and officials, contains rules, regulations and procedures for conducting a wrestling program in your school, including suggestions for the operation of a wrestling tournament hosted by your school.

### 2019-20 State Wrestling Tournament Series

#### Regional Tournament Dates:

Girls - Saturday, February 15, 2020

Boys - Friday and Saturday, February 21-22, 2020

#### State Tournament Dates:

Girls - Thursday, February 27, 2020

All Classes - Salina-Tony's Pizza Events Center

Boys - Friday and Saturday, February 28-29, 2020

Class 6A - Park City-Hartman Arena

Class 5A - Park City-Hartman Arena

Class 4A - Salina-Tony's Pizza Events Center

Class 3-2-1A - Fort Hays State University-Gross Memorial Coliseum

The general format, time schedule and assignments for regional and state tournaments will be posted on the KSHSAA website.

### High Standards Expressed

#### The Wrestler's Creed

In the name of all competitors I promise that we will take part in these state tournament matches respecting and abiding by the rules which govern them, in the true spirit of sportsmanship, for the glory of the sport and the honor of our schools.

We encourage you to remember we are high school athletes. We are friendly rivals, not enemies. Cheer for us, but treat our opponents with courtesy and respect, realizing that our individual struggle is as much within ourselves as it is with our opponents. Support us all, no matter who the victor, knowing that in honorable competition we are all winners, that all of us are involved in the greater game of life.

Remember, the officials are men who are assigned to administer the rules of the sport. Their experience and their integrity qualify them for their part in this competition. We, the competitors, ask you to reflect this attitude of sportsmanship no matter what your personal feelings or loyalty may be. Interscholastic athletics are for sportsmen, both on the mat and in the stands.

*By Robert Hottman, Anthony / Harper-Chaparral HS. Used in 1987 as part of the introduction during the "Parade of Champions" at the state championship tournament.*

## DEBATE, SPEECH & DRAMA

### Speech Championship Events

The following events will be used during the 2019-20 school year. Please refer to the *KSHSAA Speech & Drama Manual* for championship regulations.

#### Class 1A, 2A

- Original Oration
- Informative Speech
- Oral Interpretation of Poetry
- Oral Interpretation of Prose
- Duet Acting
- Serious Solo Acting
- Humorous Solo Acting
- Improvised Duet Acting
- Extemporaneous Speech
- Impromptu Speech

#### Class 4A

- Original Oration
- Informative Speech
- Oral Interpretation of Poetry
- Oral Interpretation of Prose
- Duet Acting
- Serious Solo Acting
- Humorous Solo Acting
- Improvised Duet Acting
- Extemporaneous Speech
- Impromptu Speech
- Duo Interpretation

#### Class 3A

- Original Oration
- Informative Speech
- Oral Interpretation of Poetry
- Oral Interpretation of Prose
- Duet Acting
- Serious Solo Acting
- Humorous Solo Acting
- Improvised Duet Acting
- Extemporaneous Speech
- Impromptu Speech
- Program of Oral Interpretation

#### Class 5A, 6A

- Original Oration
- Informative 10
- Oral Interpretation of Poetry
- Oral Interpretation of Prose
- Program of Oral Interpretation
- Dramatic Interpretation (Solo)
- Humorous Interpretation (Solo)
- Impromptu Speech
- Domestic Extemporaneous Speech
- Foreign Extemporaneous Speech
- Duo Interpretation



## Speech Festival Events

Regional and state festival events will be the same for all six classes. Each school may enter the following 12 events in any combination: Original Oratory, Informative Speech, Extemporaneous Speech, Humorous Solo Acting, Serious Solo Acting, Duet Acting, Oral Interpretation of Prose, Oral Interpretation of Poetry, Improvised Duet Acting, Impromptu Speech, Program of Oral Interpretation and One-Act Play.

## Regional (4-Speaker) Debate Tournaments

**Regional Debate Tournaments** will be held throughout the state on December 20-21. Schools returning Regional Debate Tournament **Entry Card DE-2** to the KSHSAA have been assigned to sites. **SITE ASSIGNMENTS ARE LISTED ON THE KSHSAA WEBSITE, [www.kshsaa.org](http://www.kshsaa.org).**

Coaches are urged to read pages 11-13 in the *2019-20 Debate, Speech & Drama Manual* concerning regional debate tournaments for specific regulations which apply. Section 15, page 13 specifically deals with late entries for the regional tournament. Schools who enter late will risk being assigned to a location further from their school than one to which they might otherwise have gone. An assignment to a regional site was not made unless **Card DE-2** was received by the KSHSAA. Please notify the KSHSAA immediately if you must cancel your entry in the regional tournament. No refunds will be made in the event of a cancellation.

All classes must provide two (2) judges to serve in an alternate school classification. Each judge must meet *KSHSAA Debate, Speech & Drama Manual* criteria (see page 18).

Schools not providing the required number of qualified debate judges shall be disqualified from regional competition (page 12, section 11).

## State (4-Speaker) Debate Tournaments

**State (4-Speaker) Debate Tournaments** will be held January 17-18, with 6A and 5A at **Hutchinson High School** and 4A and 3-2-1A at **Fort Scott High School**.

All classes (6A, 5A, 4A and 3-2-1A) shall use panels of three judges in each round at **state (4-speaker) debate tournaments**. All classes must provide two (2) judges to serve in an alternate school classification. Each judge must meet *KSHSAA Debate, Speech & Drama Manual* criteria (see page 18).

Schools not providing the required number of qualified debate judges shall be disqualified from state competition (page 12, section 11).

## State (2-Speaker) Debate Tournaments

**State (2-Speaker) Debate Tournaments** will be held January 17-18, with 6A and 5A at **Hutchinson High School** and 4A and 3-2-1A at **Fort Scott High School**. Regulations, scheduling procedures and judging information are printed in the *KSHSAA Debate, Speech & Drama Manual*, pages 13-18. Debate schools should note the following important criteria:

1. Students who debate at a regional (4-speaker) debate tournament, but do not qualify for the state (4-speaker) debate tournament may debate in the state (2-speaker) debate tournament providing all (2-speaker) qualifying debate regulations are met. Students who participate in and qualify for the state (4-speaker) debate tournament may **NOT** enter the state (2-speaker) debate tournament.
2. Schools may enter a maximum of four 2-speaker teams (**Entry Card DE-3 due on or before December 23**).
3. Each school is required to provide one or more debate judge(s) who have met KSHSAA standards (see page 14, sections 10 & 11).

## KANSAS ASSOCIATION FOR YOUTH

### KAY Citizenship Week 2019 December 8-14

Governor Laura Kelly and mayors of several cities across the state have proclaimed the week of December 8-14 as KAY Citizenship Week.

KAY Citizenship Week is a week-long celebration of the organization's heritage. This week is a designated time to serve our family, school, community, nation, world, club and home. KAY student leaders and their sponsors may choose to celebrate KAY Citizenship Week in the following ways:

#### SUNDAY, DECEMBER 8 - SERVE MY FAMILY

- Spend time with your family, as you choose.
- Plan, prepare, serve and clean up after a family meal.

#### MONDAY, DECEMBER 9 - SERVE MY SCHOOL

- Host an all-school breakfast (juice and rolls in the commons area along with music, etc.).
- Sponsor an all-school sportsmanship assembly (ask winter sports coaches to cover rules, especially the new ones; ask principal to address school expectations on sportsmanship; ask cheerleaders to teach new cheers).

#### TUESDAY, DECEMBER 10 - SERVE MY COMMUNITY

- Provide poinsettia for City Hall, local chamber of commerce, law enforcement center, etc.
- Offer an "errand service" for senior citizens.

#### WEDNESDAY, DECEMBER 11 - SERVE MY NATION

- Provide assistance or sponsor an American Red Cross blood drive.
- Write a letter to someone who has done a great deal for his/her country. Ask all members to sign the letter.

#### THURSDAY, DECEMBER 12 - SERVE MY WORLD

- Provide a special gift to your foreign exchange student—pay for a phone call to their family.
- Conduct a bake sale for your favorite world service program.

## FRIDAY, DECEMBER 13 - SERVE MY CLUB

- Organize a club breakfast buffet, a time for food, fun and fellowship.
- Recognize your sponsor for his/her dedication and leadership to your club.

## SATURDAY, DECEMBER 14 - SERVE MY HOME

- Clean your closet.
- Rake fall leaves, work in the yard.
- Polish all the leather shoes in the house.
- Sit down together and update family history/genealogy.

## Regional Conference Hosts

A special thanks to Regional Conference host clubs for helping delegates and sponsors continue to experience the excitement of "SUPERFANTASTIC HEROES" by hosting a memorable event for their area KAY Clubs. Your planning, preparation, teamwork and enthusiasm are very much appreciated. Regional Conference host sponsors and presidents are:

**Area 1 Olathe West HS** – Tonya Monhollon, Sponsor; Stone El-Attrache & Tom Wiley, Presidents

**Area 2 Emporia HS** – Amanda Mendoza, Sponsor; Hibah Yaseen, President

**Area 3 Wamego HS** – Lori Scoggins, Sponsor; Madee McKee, President

**Area 4 Logan HS** – Savannah Goscha, Sponsor; Khloee Braun, President

**Area 5 Holcomb HS & MS** – Steven Miller & Christine Neeb, Sponsors; Lauren Jones & Korryn Johnson, President

**Area 6 Maize South HS & MS** – Megan Fowler, Robbye Herrington, Erin Loyd, Sponsors; Emma Heide & Madelyn Fellows, Presidents

## Goal Award Reminders

As a reminder, in order to be eligible for the Blue Award, a club must have been represented at KAY Leadership Camp at least once in the past three years. The Gold Award requires camp attendance during the current year (July 2019). If you are uncertain about your KAY Leadership Camp attendance and/or if you would like to schedule a visit with the state director, please contact Cheryl Gleason at the KSHSAA KAY office: PO Box 495, Topeka, 66601-0495; phone: 785-273-5329; [cgleason@kshsaa.org](mailto:cgleason@kshsaa.org)

## Outstanding Clubs Receive KAY Awards

One of the highlights of each of the six 2019 Regional Conferences held this fall was the presentation of awards to outstanding clubs during the Recognition Service. Awards are given to clubs that have earned 1,000 points during the previous year, and have fulfilled specific requirements for an intended award. Earning the points through service to school, community, nation and world, the awards are based in part on service rendered as well as on the percentage of club-member participation in the project.

Sixty-six KAY clubs earned the Gold Award, the highest award a club can attain. Twenty-nine clubs earned the Blue Award, 38 clubs earned the Red Award, and one club earned the 1,000 point award.

### Area 1 – Olathe West

**Gold Award:** Atchison MS, Carbondale-Santa Fe Trail, Lenexa-St. James Academy, Olathe East, Olathe North, Olathe Northwest, Overland Park-Blue Valley North, Overland Park-Blue Valley Northwest, Overland Park-Blue Valley Southwest, Topeka West

**Blue Award:** Bonner Springs, Lansing, Leavenworth, Olathe-Mission Trail, Olathe-Pioneer Trail, Olathe-Prairie Trail, Paola MS

**Red Award:** Carbondale-Santa Fe Trail MS, Horton, Hoyt-Royal Valley, Leavenworth-Warren MS, Olathe West, Olathe-California Trail, Olathe-Chisholm Trail, Olathe-Frontier Trail, Olathe-Indian Trail, Overland Park-Blue Valley

### Area 2 – Emporia

**Gold Award:** Cottonwood Falls-Chase County, Cottonwood Falls-Chase County JH, Emporia, Erie, Garnett-Anderson County, Independence-St. Andrew's MS, Moran-Marmaton Valley, Osawatomie, Yates Center

**Blue Award:** Altamont-Labette County, Arma-Northeast, Caney Valley, Girard, Independence, Independence MS, Yates Center MS

**Red Award:** Chanute-Royster MS, Oswego, Pomona-West Franklin MS

### Area 3 – Wamego

**Gold Award:** Alma-Wabaunsee, Belleville-Republic County, Blue Rapids-Valley Heights, Holton, Holton MS, Onaga, Scandia-Pike Valley, Seneca-Nemaha Central, Wamego

**Blue Award:** Centralia, Eskridge-Mission Valley, Highland-Doniphan West, Junction City, Junction City MS, Manhattan-Susan B. Anthony MS, Sabetha, Wetmore

**Red Award:** Axtell, Council Grove, Fort Riley MS, Hiawatha, Manhattan-Eisenhower MS

### Area 4 – Logan

**Gold Award:** Alma-Northern Valley, Ellis, Ellis-Washington, Hoisington, Hoisington MS, Kensington-Thunder Ridge, Logan, Norton Community, Norton Community JH, Osborne, Phillipsburg, Quinter, Stockton, WaKeeney-Trego Community, WaKeeney-Trego Community JH

**Blue Award:** Sylvan-Lucas Unified, Winona-Triplains

**Red Award:** Hill City, Hoxie JH, Lincoln

### Area 5 – Holcomb HS & MS

**Gold Award:** Holcomb, Ingalls, Jetmore-Hodgeman County, Meade, Otis-Bison, Ransom-Western Plains

**Blue Award:** Holcomb MS, Kismet-Southwestern Heights, Montezuma-South Gray, Ness City

**Red Award:** Cimarron, Cimarron JH, Kinsley, Leoti-Wichita County, Pratt, Satanta, St. John-Hudson Kays, St. John-Hudson Kayettes

## Area 6 – Maize South HS & MS

**Gold Award:** Arkansas City, Arkansas City MS, Burrton, Clearwater, Derby, Derby MS, Douglass, El Dorado, Ellinwood, Goddard, Goddard-Eisenhower, Great Bend Kayettes, Great Bend Kays, Halstead, Maize, Maize MS, Maize South, Maize South MS, McPherson, Norwich, Rose Hill, Whitewater-Remington, Wichita-Gordon Parks Academy

**Blue Award:** Argonia, Haven, Lindsborg-Smoky Valley, Mulvane, Wichita-Kapaun Mt. Carmel

**Red Award:** Garden Plain, Wichita-South

## 2020 Area Leaders Elected at Fall Regional Conferences

Area leaders for 2020 are listed below. These individuals are your representatives for state and regional activities.

### Area 1

Area Sponsor: Stephanie Affield – Atchison MS  
Area President: Raabia Qureshi, Overland Park-Blue Valley Northwest HS

### Area 2

Area Sponsor: Stephanie Stark, Erie HS  
Area President: Owen Eidman, Cottonwood Falls-Chase County HS

### Area 3

Area Sponsor: Chris Castillo, Sabetha HS  
Area President: Ross Latta, Marysville HS

### Area 4

Area Sponsor: Allison Polifka, Quinter HS  
Area President: Emma Day, WaKeeney-Trego Community HS

### Area 5

Area Sponsor: Tanya Marceau, Meade HS  
Area President: Yessenia Hernandez, Holcomb HS

### Area 6

Area Sponsor: Tessa Boesker, McPherson HS  
Area President: Jennifer Ankerholz, Clearwater HS

## 2020 KAY Unit Conferences

Host sites, dates and school assignments for 2020 KAY Unit Conferences have been set:

Wednesday, January 22	Ingalls HS
Thursday, January 23	Olathe-Summit Trail MS
Wednesday, January 29	Burrton HS
Monday, February 3	Wetmore HS
Tuesday, February 4	Ellinwood HS
Wednesday, February 5	Almena-Northern Valley HS
Friday, February 7	Manhattan-Eisenhower & Anthony MS
Monday, February 10	Chanute HS & Royster MS
Wednesday, February 12	Argonia HS
Monday, February 17	Rozel-Pawnee Heights HS
Friday, February 21	Olathe Northwest HS

## Check Out Our Webpage

[www.kshsaa.org](http://www.kshsaa.org)>Activities>KAY

Sections include:

- What is KAY?
- KAY Clubs
- News and Information
- Service Project Ideas
- Conferences
- Leadership Camp
- Vinson Scholarship
- Elected Leaders
- Other Information
- KAY 101
- Social Media

We trust clubs will use this site often during the year to keep themselves informed of KAY items.

## MUSIC/PIANO

### 2019-20 Classifications

6A - 32; 5A - 32; 4A - 56; 3A - 64; 2A - 64; 1A - 105

### Rules for Accompanists

#### Sec. 8

#### - Accompanists

- The same accompanist may not be used at two different music festival sites on the same day.
- It is strongly recommended that accompanists limit their events to less than 20.
- No accompanist may play for more than 30 events.
- There is no charge for piano or non-piano accompanists of vocal or instrumental entries.
- Important to accurately list your accompanists' names.
- Eliminating schedule conflicts depends on accuracy.

### Intelligent Accompaniments (e.g., SmartMusic)

SmartMusic is transitioning from their "Classic" version to a web-based version. Page 12 of the *2019-20 KSHSAA Music Manual* states the following about the use of Intelligent Accompaniments.

Intelligent accompaniments (e.g., SmartMusic) will be allowed for solo performances only when a qualified accompanist is not available. Schools shall bring their own equipment to be used at the festivals, and the scheduled performance time limit must include setting up and taking down equipment. **The intelligent accompaniment unit must be set on the interactive mode for all performances and the intelligent accompaniment must follow the performer.** It must be used as piano accompaniment only and is not to be used in orchestral or any other accompaniment modes. Non-interactive accompaniment recording, such as CD or MIDI, etc., will not be allowed. Intelligent accompaniments should only be utilized as a last option when a qualified accompanist is not available. **KMEA and their affiliate organizations will assist directors by offering clinic sessions on intelligent accompaniments at their in-service workshop and summer conventions.**

**IMPORTANT:** Please pay very close attention to the bold portion of the rule. SmartMusic's "Classic" version currently has the interactive mode (Follow Me) available. This must be turned on for Intelligent Accompaniments to be used for KSHSAA music festivals.

This new web-based version currently does not have the interactive mode (Follow Me) available. SmartMusic representatives have assured me that they will always have the interactive mode available, but as they transition from "Classic" to web-based, teachers using SmartMusic for KSHSAA music festival accompaniments will need to make sure they are purchasing the correct version that includes the interactive mode (Follow Me).

If you have any questions concerning SmartMusic please contact them directly at 866-240-4041.

If you have any questions about the rule or its interpretation, please contact Craig Manteuffel at [cmanteuffel@kshsaa.org](mailto:cmanteuffel@kshsaa.org) or 785-273-5329.

## Music Festival Assignments

Assignments have been made to the KSHSAA regional music festivals for solos and small ensembles and state festivals for large groups. All sites and managers for the regional and state music festivals have been established. **INFORMATION CONCERNING SITES, MANAGERS AND ASSIGNMENTS IS LISTED ON THE KSHSAA WEBSITE: [www.kshsaa.org](http://www.kshsaa.org).**

### Regional Music Festival Assignments

#### Solos & Small Ensembles, March 28 or April 4

**KSHSAA website: [www.kshsaa.org](http://www.kshsaa.org)** lists the regional site and manager to which your school has been assigned. You are reminded regionals will be held for solos and small ensembles only. Most southern festivals are scheduled for March 28 and northern festivals are set for April 4. **If your school is not listed on the website, notify the KSHSAA immediately!** Deadline for online entries for March 28 regionals is March 6. Deadline for April 4 online entries is March 13.

### State Music Festival Assignments

#### Large Groups, April 15-16

**KSHSAA website: [www.kshsaa.org](http://www.kshsaa.org)** lists large groups assignments to state festivals on April 15-16 (bands, orchestras, mixed choruses, treble choirs and tenor/bass choirs). **If your school is not listed, notify the KSHSAA immediately!** Deadline for online entries is March 24.

#### State Solos and Small Ensembles, April 25

State music festivals for solos and small ensembles will be held on April 25 at six sites. Only those soloists and small ensembles receiving a First Division rating at regional will participate in the state festival. Deadline for online entries is March 31 or April 7 as determined by regional date.

**Schools are to attend the site assigned as listed below:**

#### Class 6A - Topeka-Washburn Rural High School

Michael Mills, Manager  
5900 SW 61st St., Topeka, KS 66619  
Phone: 785-339-4161; [millsmic@usd437.net](mailto:millsmic@usd437.net)

#### Class 5A - Emporia High School

Bob Haselhuhn, Manager  
3302 W 18th Ave., Emporia, KS 66801  
Phone: 620-341-2365; [bob.haselhuhn@usd253.net](mailto:bob.haselhuhn@usd253.net)

#### Class 4A - Andover Central High School

Bryan Kirk, Manager  
603 E Central, Andover, KS 67002  
Phone: 316-218-4700; [kirkb@usd385.org](mailto:kirkb@usd385.org)

#### Class 3A - Gypsum-Southeast of Saline High School

Sean Keasling, Manager  
5056 E. Highway K4, Gypsum, KS 67448  
Phone: 785-536-4286; [skeasling@usd306.com](mailto:skeasling@usd306.com)

#### Class 2A - Kansas Wesleyan University

Steve Lueth, Manager  
100 E Clafin, Salina, KS 67401  
Phone: 785-282-0232; [steve.lueth@kww.edu](mailto:steve.lueth@kww.edu)

#### Class 1A - Hesston College

Russell Adrian, Manager  
301 S Main St, Hesston, KS 67062  
Phone: 620-327-8143; [russell.adrian@hesston.edu](mailto:russell.adrian@hesston.edu)

## Piano Festivals Offer a Challenge to Young Musicians, Accompanists

Music instructors are reminded separate regional and state festivals for piano soloists will be held on **Saturday, February 8 and Saturday, February 22**. Schools are to enter their nearest regional festival. Deadline for regional **online** entries is January 21. State entries are due by February 11. Following is a list of festival sites, managers, their addresses and telephone numbers or visit the KSHSAA website: [www.kshsaa.org](http://www.kshsaa.org).

### REGIONAL FESTIVALS - FEBRUARY 8

*Schools may attend the regional of their choice.*

#### Baker University

Dr. Trilla Lyerla, Manager  
PO Box 65, Baldwin City 66006  
Phone: 785-594-8478; [trilla.lyerla@bakeru.edu](mailto:trilla.lyerla@bakeru.edu)

#### Bethany College

Taylor Deutscher, Manager  
335 E. Swensson St., Lindsborg 67456  
Phone: 785-227-3380 x8235; [deutscherta@bethanylb.edu](mailto:deutscherta@bethanylb.edu)

#### Friends University

James Knight, Manager  
2100 W University, Wichita, 67213  
Phone: 316-295-5532; [knightjh@friends.edu](mailto:knightjh@friends.edu)

#### Dodge City Community College

Fran Durant, Manager  
2501 N. 14th Ave., Dodge City 67801  
Phone: 620-227-9384; [fdurant@dc3.edu](mailto:fdurant@dc3.edu)

#### Fort Hays State University

Irena Ravitskaya, Manager  
600 Park St., Hays 67601  
Phone: 785-628-5362; [iaravitskaya@fhsu.edu](mailto:iaravitskaya@fhsu.edu)

### STATE FESTIVAL - FEBRUARY 22

#### Wichita State University

Andrew Trechak  
WSU Box 53, 1845 Fairmount St., Wichita 67260  
Phone: 316-978-6235; [andrew.trechak@wichita.edu](mailto:andrew.trechak@wichita.edu)

**Piano entrants qualify to represent their school in the regional and state piano festivals when the following requirements are met:**

1. The student meets all eligibility requirements of the KSHSAA for individual participation.
2. The student has contributed to the musical program of the school. Interpretation: the word "contribution" shall be interpreted to mean the student participates in the music program and/or plays the piano as an accompanist or as a performer for any phase of the school program.

Students not participating in or contributing to the school music program are not eligible for these festivals. Students' qualifications are approved by the local principal. It is the principal who makes the final determination if the student is to represent the school as one of the allotted entrants.

3. Students must receive a First Division Rating at the regional piano festival to participate at the state piano festival.

Soloists not memorizing their music will receive "comments only." **Entries will be scheduled seven minutes apart and limited to six minutes playing time.** Students will announce the title of their composition.

**Schools may have unlimited entries. Soloists only will participate. If possible, the managers will provide grand pianos for performances and warm-up rooms with pianos.**

It has come to the attention of the KSHSAA that an official school representative has not always accompanied students to regional or state piano festivals. Non-school personnel have been allowed to receive certificates, medals, ballots, etc., on behalf of the school following the festival. The policy of the KSHSAA, imposed for the protection of the school, is **always** to have a school representative in attendance with students from that school. This is the **only** individual who should be given the above-mentioned materials for that school. Non-school personnel must present a letter from the school's administration to be allowed to receive certificates, medals, ballots, etc., on behalf of the school. Schools should provide their participants with adult supervision and transportation.

Instructors or official school representatives are responsible for collecting all critiques and music for their schools before leaving the festival sites. **Managers are not responsible for sending critiques or music to individual schools.**

## State Basketball *Star Spangled Banner* Performance

**Request procedure:** School performances of the *Star Spangled Banner* are welcome at the **KSHSAA STATE BASKETBALL TOURNAMENTS. ON OR AFTER JANUARY 1** preceding the tournament, the high school principal should send a letter or fax to the attention of Craig Manteuffel at the KSHSAA, requesting the opportunity to perform. **Vocal performing groups should be music festival quality** and will be considered and assigned, regardless of their school's team qualifying for the tournament. Letters of request will be accepted until noon on Friday, preceding state basketball tournament week.

The *Star Spangled Banner* will be performed before the first game of each session on each of the four days. Performance times not assigned by the KSHSAA will be scheduled by tournament management during state basketball tournament week. *Only bands of participating teams will be permitted to play if requested by tournament management.*

# SPiRiT

## Halftime Performances/ Spirit Squads

### Request Procedure

Schools are welcome to provide halftime entertainment at **KSHSAA STATE BASKETBALL TOURNAMENTS.** Letters of request for performance from the high school principal shall be postmarked or faxed **on or after January 1**, preceding the state basketball tournament. Dance teams or other spirit groups will be considered and assigned, regardless of their schools having qualified a team for the state tournament.

**Spirit groups will perform only at the halftime of the last game played on each of the four days.** This policy is necessary since participating basketball teams normally practice at the halftime of the game preceding their contest in order to adjust to the new surroundings of the state tournament site.

A maximum of two groups may be allowed to perform at the halftime of the last game, which may necessitate extending the halftime period. Each spirit group will be limited to a maximum 5-minute performance, which includes the time necessary for getting on and off the floor.

## Summer 2020 Cheer/Dance Camps

The KSHSAA and UCA/UDA have teamed to provide high quality summer cheer/dance camps and one-day "Spirit Spreader" clinics. Seventh through twelfth grade teams are encouraged to attend any of these camps or clinics. Spirit groups serve as support groups for the interscholastic activities within your schools and communities. UCA/UDA is committed to promoting and preserving the sound traditions of spirit groups and the safety of participants.

To meet the changing needs of our member schools, the following camp dates and sites have been established for summer 2020:

### Traditional Summer Cheer Camps

June 2-5	Salina-Kansas Wesleyan University (Tue-Fri)
June 8-11	Salina-Kansas Wesleyan University (Mon-Thu)
June 9-12	El Dorado-Butler Community College (Tue-Fri)
June 15-18	El Dorado-Butler Community College (Mon-Thu)
June 22-25	Salina-Kansas Wesleyan University (Mon-Thu)
July 7-10	El Dorado-Butler Community College (Tue-Fri)
July 13-16	Coffeyville Community College (Mon-Thu)

### Summer Dance Camps

June 2-5	Salina-Kansas Wesleyan University (Tue-Fri)
June 8-11	Salina-Kansas Wesleyan University (Mon-Thu)
June 22-25	Salina-Kansas Wesleyan University (Mon-Thu)
July 13-16	Coffeyville Community College (Mon-Thu)

All dance and cheer practice sites will be air conditioned.

Each camp will provide the same quality and number of hours of instruction.

Make plans NOW to attend the camp of your choice with an exciting program provided by UCA/UDA.

## Traditional Cheer Camp Description

At all KSHSAA/UCA overnight summer camp locations, a variety of stunt classes will be offered based on the skill level of the participants in attendance. UCA will continue to offer Game Day training where cheerleaders will learn new sidelines and cheers to become the ultimate crowd leaders at their school! You will also be able to take your crowd leading skills to the next level with the interactive Game Day Traditions Class. We will continue to incorporate the Rally Routine private coaching where the UCA staff helps create an eleven 8-count performance customized to your squad's unique strengths and abilities! You are able to incorporate stunts, jumps, pyramids and more into this personalized routine.

## No Jewelry or Glitter

**CHEERLEADERS, DRILL TEAMS, POMPON AND DANCE SQUADS** are reminded to follow the official rules of the **National Federation of State High School Associations**. A *Spirit Rules Book* can be obtained from the **KSHSAA**.

**NO "jewelry shall be worn."** **NO "glitter that does not readily adhere on the hair, face, uniform or the BODY" shall be worn.** **No spray glitter allowed in building or gyms.** **If the glitter can fall off, it is illegal.** **All glitter is discouraged.**

Basket tosses and the building of pyramids more than two persons high are prohibited by **KSHSAA Rule 48** in the *KSHSAA Handbook*. Remind your squad that accidents do happen, even to the best cheerleaders in the nation.

A vital part of each basketball game is the role of cheerleaders. Remind cheerleaders of their responsibility toward good sportsmanship and crowd control. **Cheerleaders and mascots are NOT to be on the court while the basketball game is in progress. Non-cheerleaders must stay off the playing floor at all times.** Serious injuries have occurred when players or officials have collided with cheerleaders who were not off the court during playing action.



# STUDENT COUNCIL

## JC Letters Requested

It is time for applications to be submitted for the coveted position of Junior Counselors for the 2020 Summer Student Council Workshop. The Junior Counselors are an invaluable part of the summer program. Often the JCs, more than any other single individual at camp, influence the delegates in attendance at the workshop. The KSHSAA encourages individuals who have previously attended the workshop AND are in their **senior** year to submit a letter requesting an official application. Applications for Junior Counselor positions will be distributed in January and are **due February 19**, so interested persons should send their request as soon as possible to Rod Garman, KSHSAA, PO Box 495, Topeka, KS 66601-0495 or email [rgarman@kshsaa.org](mailto:rgarman@kshsaa.org). Applicants with letters on file will be given high consideration when selecting the JCs for 2020.



## Advisor Recognition

The National Association of Student Councils offers "Lifetime Achievement Awards" to student council advisors for extended length of service. If you have been a student council advisor for 15, 20 or 25 years and have not received a recognition award, please contact Rod Garman at the KSHSAA office to find out how to receive a Lifetime Achievement Award.

## Council of Excellence Awards

The National Association of Student Councils has implemented high school and middle school National Council of Excellence Awards. These awards provide national recognition for student councils that consistently provide quality leadership activities and service to their schools and communities and provide broader recognition for the most worthy efforts of NASC member schools. All current NASC member schools that were also members during the 2018-2019 school year are eligible for the award and are encouraged to apply. All schools found to meet the criteria will be recognized.

There are two levels of recognition to the National Council of Excellence Awards. The base level is the National Council of Excellence that is awarded to student councils that meet the minimum number of criteria. The National Gold Council of Excellence is awarded to the student councils that demonstrate

the highest levels of leadership and activities as illustrated by the greater number of criteria they meet.

To demonstrate that a school's student council is strong from year to year, the award documentation dates run from January 1, 2019 to December 31, 2019. Application postmark deadline will be **February 18, 2020**. To learn more visit [www.natstuco.org](http://www.natstuco.org).

## Student Council Advisors Workshop

Sixty-five STUCO Advisors from across the state came together at the KSHSAA Offices in Topeka on November 13 to collaborate, have fun and learn effective strategies to prepare student leaders. Topics and presenters throughout the day included: "Mental Health: What's on Your Plate?" – Lori Kiblinger, "Youth Suicide Prevention" – Annie Diederich, and "Vaping: No Juul in School" – Debbie Harshaw. In addition to learning sessions, advisors had opportunities for networking in both small and large group settings and getting interactive with some team building activities. **LEADERSHIP: IT STARTS WITH US!**



## VISION Conference 2020

Centennial High School in Las Cruces, New Mexico will be hosting VISION Conference 2020 on June 19-21. It would be amazing to have a large delegation of KANSAS high school and middle school student councils participating in Las Cruces this summer. The VISION Conference was created and established by the six states from Region VI (Arizona, Arkansas, Colorado, Kansas, Missouri and New Mexico) to provide a national caliber, economical conference opportunity closer to home. The purpose of the conference is to meet and network with the other leaders from across the U.S., obtain new ideas from informative speakers and workshops, and ascertain innovative ideas about service learning. For more information and to learn more about VISION Conference 2020, please visit the KSHSAA STUCO website ([www.kshsaa.org](http://www.kshsaa.org)) and/or the New Mexico STUCO website ([www.hmasc.org](http://www.hmasc.org)).

Any Kansas high school and/or middle school with students and/or advisors interested in attending the Region VI VISION Conference 2020, please contact Rod Garman, KSHSAA Assistant Executive Director, via email ([rgarman@kshsaa.org](mailto:rgarman@kshsaa.org)) or phone (785-273-5329) by February 19.



Have fun! Belong to something special.  
Participate in sports and activities in high school.

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## P.A. Announcing – A Lost Art?

### *A guest essay*

By Jeff Kurtz, CPAA of Kent State University, P.A. Announcer, Kent, OH and reprinted with permission of NASPAA, Brad Rumble, Executive Director

Sports Public Address Announcers have been honing their craft for more than 100 years. Their job has remained virtually unchanged for most of that time – deliver timely and pertinent information about the game without editorializing, doing play-by-play or becoming overly emotional.

The booming voice that has been heard delivering starting lineups and substitutions, yards gained and tackles made, fouls committed and free throws awarded, who's hitting and who's pitching, locations of restrooms and first aid stations, the calm voice in crisis situations at literally hundreds of thousands of sporting events has, in many current instances, been required to do the very things the NASPAA Code of Conduct says it should not do.

**In the words of the immortal Bob Sheppard, “A public address announcer is not a cheerleader or a circus barker or a hometown screecher, he is a reporter.” This simple description has been one of the accepted and practiced cornerstones of the professional public address announcer.**

However, in today's rapid-fire, speaker-busting, sensory-overloading world of professional and collegiate sports, the P.A. Announcer is often called upon to be a “cheerleader,” and a “circus barker,” and a “hometown screecher.” Somewhere along the line the professional “standards” of the public address announcer have taken a back seat to what is commonly known in the industry as “the fan experience.” The idea is that everyone who attends any kind of a sporting event (at least at the college and professional levels) is expecting to be bombarded with noise, lights, fireworks, mascots, dancers and a cacophony of “entertaining” activities from the moment they enter the stadium/gymnasium until they leave. It has become the way of the world.

Somewhere amidst all of that mind-bending, ear-splitting, flame throwing, fog rolling, lights flashing, air-raid sirens sound and action, an actual game is being played and the basic role of the public address announcer is what it has always been – deliver pertinent information in a timely manner.

Has the “art” of announcing or the “professional standard” as described by Bob Sheppard gone the way of the dinosaur? Most likely, if you were to ask veteran P.A. Announcers how they approach their job, they would tell you that they work hard to be professional and sportsmanlike when it comes to describing the game action. However, because of the aforementioned “fan experience” mentality that is driven, not by the P.A. Announcer but by the marketing, promotions, sales side of things, the lines can often become blurred. Separation is key. The P.A. Announcer must be able to separate the requirements of the delivery of game action and the “commercials” or ancillary announcements that are also a part of the job. The influences of marketing, promotions and sales departments are more noticeable at the college and professional levels than at the middle school, high school and youth sports levels. It is interesting to note that more attention is devoted to sportsmanship at these levels than at the college and professional levels.

The idea of a public address announcer screaming at the top of his/her lungs to incite the crowd is counter to everything NASPAA stands for. But hearing an NBA announcer exhorting the defense or an NFL announcer unabashedly screaming that it is third down as if that information will encourage the home team to play harder or make the fans to suddenly come to life and create a “hostile” environment, is as commonplace as a \$6 hot dog and unfortunately for many announcers has also become an expectation of their responsibilities.

So, the question remains, “Is P.A. Announcing a lost art?” I don't believe so, and I don't think that most NASPAA members do either. However, I would submit that there are concerns, especially as they relate to respecting the position. If that is ever lost, so will be the art of P.A. announcing.

The basic requirements and expectations of the announcer regarding the action on the field or the court remain essentially unchanged. As Bob Sheppard once said, “A public address announcer should be clear, concise, and correct. He should not be colorful, cute or comic.”

The “other duties as assigned” part of the job have most definitely changed over the years, and despite the fact that those requirements may be counter to some of the professional standards that exist for announcers, their delivery is only one of the responsibilities announcers assume when they take the job. So for most announcers who love what they do and take it seriously (which is to say – most every P.A. Announcer), the job is still the job. Deliver pertinent information in a timely and professional manner.

Again, the “art” of Public Address Announcing is not dying and it won't, provided P.A. Announcers seek to respect and uphold the high standards of the position.

Kurtz has served as the primary public address announcer at Kent State University (his alma mater) since 1981. His announcing credentials include 35 years of NCAA Division I basketball (both men and women), gymnastics, wrestling, volleyball and football. At the high school level, he has announced football, gymnastics, baseball, wrestling, and volleyball, including Ohio High School State Championships. His work at the professional level includes the Cleveland Indians, Browns and Cavaliers. He has announced more than 35 Mid-American Conference Tournament events in baseball, men's and women's basketball, cross country, field hockey, gymnastics, soccer, softball, track and field and wrestling, along with NCAA and NIT tournament events in basketball. In 2001 he announced the NCAA Field Hockey Final Four.

*Jeff is an NASPAA Board Member and was the 2009-10 NASPAA NCAA P.A. Announcer of the Year.*



# 2020 State Activities

Kansas State High School Activities Association



## Debate - January 17-18

6A, 5A ..... Hutchinson Public Schools  
4A, 3-2-1A ..... Fort Scott High School

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## Scholars Bowl - February 15

6A ..... Wichita-North High School  
5A ..... Topeka-Seaman High School  
4A ..... Wellington High School  
3A ..... Wichita Collegiate High School  
2A ..... Inman High School  
1A ..... Goessel High School

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## Piano - February 22

All Classes ..... Wichita State University

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## Music

### Large Group - April 15-16

All Classes ..... see [www.kshsaa.org](http://www.kshsaa.org)

### Solo/Small Ensemble - April 25

6A ..... Topeka-Washburn Rural High School  
5A ..... Emporia High School  
4A ..... Andover Central High School  
3A ..... Gypsum-Southeast of Saline High School  
2A ..... Salina-Kansas Wesleyan University  
1A ..... Hesston College

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## Speech and Drama - May 2

### Championship

6A ..... Olathe East High School  
5A ..... Salina-South High School  
4A ..... Topeka-Washburn Rural High School  
3A ..... Wichita-East High School  
2A ..... Wichita-Bishop Carroll High School  
1A ..... Salina-Kansas Wesleyan University

### Festival

All Classes ..... Salina-Kansas Wesleyan University  
All Classes ..... Kansas City Kansas Community College  
All Classes ..... Wichita-East High School

# 2020 Winter State Events



## Kansas State High School Activities Association

### Boys Swimming & Diving - February 20-22

6A..... Topeka-Capitol Federal Natatorium  
 5-4-3-2-1A..... Topeka-Capitol Federal Natatorium

### Girls Wrestling - February 27

All Classes..... Salina-Tony's Pizza Events Center

### Boys Wrestling - February 28-29

6A, 5A ..... Park City-Hartman Arena  
 4A..... Salina-Tony's Pizza Events Center  
 3-2-1A..... Fort Hays State University-Gross Memorial Coliseum

### Boys & Girls Bowling - March 5-6

6A (March 5) ..... Wichita-Northrock Lanes  
 5-4-3-2-1A (March 6) ..... Wichita-Northrock Lanes

### Boys & Girls Basketball - March 11-14

6A..... Wichita State University-Koch Arena  
 5A..... Emporia-White Auditorium  
 4A..... Salina-Tony's Pizza Events Center  
 3A..... Hutchinson Sports Arena  
 2A..... Kansas State University-Bramlage Coliseum  
 1A..... Dodge City-United Wireless Arena



## ROUTING REPORT

This routing report is provided to assist principals in ensuring the KSHSAA *Activities Journal* is seen by all appropriate school personnel. Each individual should check the appropriate box after having read this bulletin and pass it to the next individual on the list or return it to the principal.

- Superintendent
- Principal
- Activities Director
- Athletic Director
- School Counselor
- Baseball Coach
- Girls Basketball Coach
- Boys Basketball Coach
- Boys Bowling Coach
- Girls Bowling Coach
- Girls Cross Country Coach
- Boys Cross Country Coach
- Football Coach
- Girls Golf Coach
- Boys Golf Coach
- Gymnastics Coach
- Girls Soccer Coach
- Boys Soccer Coach
- Softball Coach
- Girls Swimming Coach
- Boys Swimming Coach
- Girls Tennis Coach
- Boys Tennis Coach
- Girls Track & Field Coach
- Boys Track & Field Coach
- Volleyball Coach
- Wrestling Coach
- Band Director
- Cheerleader Advisor
- Choral Director
- Debate Coach
- Drill/Dance Team Coach
- KAY Sponsor
- Orchestra Director
- Scholars Bowl Coach
- Speech Coach
- Student Council Advisor
- Other: \_\_\_\_\_



Printing Department

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