

# COACHES - IMPORTANT INFO/REMINDERS

In the absence of a Volleyball Announcement Sheet, please be reminded of the following:

## PRESEASON MEETINGS IMPORTANT FOR PLAYERS & PARENTS

Topics not limited to:

- School policies (attendance, transportation, lettering, substance abuse, etc.)
- Player expectations/team rules
- Sporting conduct expectations for all
- KSHSAA rules/regulations
- NFHS playing rules – new and review
- No piercings, body paint, glitter, etc.
- No removing uniform in playing area/gym

## KSHSAA – WHAT’S NEW FOR 2020 (see VB Manual, pg. 3)

1. 7 classifications (1A split - 2 Div.)
2. No 1A regional tournaments
3. New state site - Emporia (1A DII)
4. 3A, 2A sub-state tournaments played on 2 courts
5. Pre-match warm-up (switch visitor/home)
6. State: Saturday start 1 hour earlier

## ASSISTANT OFFICIAL PREP

Host schools are to provide all assistant officials (scorer, timer, libero tracker and line judges). These important individuals must be trained in their duties. Assist your AD in scheduling these helpers for your home events. And help train them – your players will benefit from your efforts.

## PLAYER/TEAM MATCH PTS. (see VB Manual, pg. 13)

**HS** team/squad or player may have no more than 36 points (40 matches).  
**MS** team/squad or player may have no more than 30 points (34 matches).  
**COACHES MUST TRACK PLAYERS & SQUADS TO AVOID VIOLATIONS.**  
See sample chart/spreadsheet – VB Manual, pg. 41.

## VOLLEYBALL NEWSLETTER

The KSHSAA will continue to post a VB newsletter each Monday during the season. We will email this to all head coaches as well. Please share with your coaching staff.

**THE KSHSAA INTERSCHOLASTIC VOLLEYBALL PROGRAM IS DESIGNED FOR GIRLS IN GRADES 7-12.**

## PRE-MATCH WARM-UP – NEW FOR 2020

(see VB Manual, pg. 20-21)

Warm-up remains at 4-4-4-4. **NEW:** visiting team warm-up first, then home team. **RATIONALE:** Since the home team typically provides balls for warm-up, change will allow home team to secure balls when done in a non-playable area.

**REGULAR SEASON:** In the absence of a defined warm-up procedure by the host school and in the interest of safety, it is strongly recommended that the KSHSAA warm-up be followed all season.



## TEACH THE GAME

- Work with your coaching staff on the rules of the game.
- Have asst. coaches watch rules meeting with you.
- Give your assistant coaches a copy of the rule exam.
- Work with players on the rules and protocol procedures.
- Share expectations for squads.

## PRACTICE & HEAT ACCLIMATIZATION RULE (VB Manual, pg. 16)

As you think about your first few days of practice, see early season practice guidelines.

## CPR/AED TRAINING REQUIRED FOR ALL COACHES (VB Manual, pg. 11)

Visit with AD about the hands-on component this year.

## LETTERS OF PERMISSION NEEDED

Letters of permission required for players with cochlear implant, prosthetic limb, helmet/wear gear, religious attire (see VB Manual, pg. 17).

## IMPORTANT VB DATES –

See page 4 of this booklet.



## 50 YEAR VOLLEYBALL TRIVIA

Watch for exciting Volleyball Trivia each week/Monday in the KSHSAA Volleyball Newsletter.

## LEGAL UNIFORM & EQUIPMENT

Coaches must remember that it is their responsibility to make sure all players are attired and equipped per the NFHS rules.

## POSTSEASON INFO

See Volleyball Manual for seeding, forms, deadlines, times, format, state sites, etc.

## COVID-19 “BEST PRACTICES”

The KSHSAA will release some Best Practice Guidelines for the volleyball season approximately one month prior to the August 17 first day of practice. Information from the NFHS as well as USA Volleyball and our Sports Medicine Advisory Committee is being gathered to provide information for our member schools. Please understand that just as the phases of social gathering, etc. seem to change, so will these guidelines.

## VOLLEYBALLS (Manual, pg. 20)

Postseason = Baden VX5EC-220  
Other = school choice

**WISHING YOU  
A SAFE,  
HEALTHY &  
INJURY FREE  
SEASON!**

