

KANSAS STATE HIGH SCHOOL ACTIVITIES

JOURNAL

September 2019 | Volume 82



Photo by Rex Wolf

Be Intentional!

With September upon us, competitions and performances soon will be taking place across our great state as the school year is just underway. Activities will feature student participants that have prepared and earned the right to represent our respective schools and communities. The lessons they learn through the process are the direct result of the philosophy you maintain as a school administrator. We are ready to support your intentional efforts with a focus on student growth.

When you are intentional, your focused efforts will include students as well as those seeking to influence students. Such intentionality may require courageous conversations with coaches who need to focus their efforts on students that are part of your school community; coaching conversations with parents who want their kids to take shortcuts or specialize in just one activity; and certainly personal responsibility and corporate accountability conversations with students who need to be reminded that academic achievement is the ticket to play as well as the ticket to more opportunities in life. Conversations like these are not always easy but are always the right ones to have with students, parents, and coaches.

As an administrator, you have the opportunity and obligation to establish expectations that will allow those intentional efforts of your coaches and sponsors be significant for students. The leadership you provide will yield experiences that will allow students to succeed every day in life, starting now. Be intentional with your philosophy, your expectations, your presence, and your support. Our students will grow because of it.

As you work, work intentionally to make every day significant for our students!



Bill Faflick
Executive Director

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Notice of Non-Discrimination

The Kansas State High School Activities Association does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. Questions regarding this policy should be directed to the Executive Director, Bill Faflick



KANSAS STATE HIGH SCHOOL ACTIVITIES ASSOCIATION

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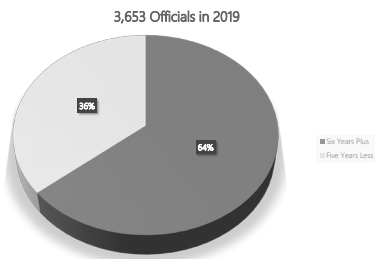
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KANSAS STATE HIGH SCHOOL ACTIVITIES JOURNAL

Spotlight on Officials

Here is a snapshot of what our numbers have looked like the last two years for registered officials with the KSHSAA. It is no secret our overall numbers continue to drop in nearly every sport. The second chart shows the postseason numbers for last school year. For example, only 37% of the total registered volleyball officials were eligible to work postseason.



2018-19 Postseason Figures



Average Age	
Baseball	48
Basketball	45
Football	46
Gymnastics	56
Soccer (Girls Only)	65
Softball	53
Track & Field	61
Volleyball	51
Wrestling	40
Overall	46

Five years ago, schools and league commissioners began submitting names for our scholarship and mentorship program. The first year 11 ended up registering and numbers have improved since then. Once the official is registered they are partnered up with a mentor in that sport to help them along the way.



New School Year Opens with Emphasis on Risk Minimization

As we begin another year of interscholastic activity participation, the focus remains—minimize risks for student participants. In order to do so, activity administrators and coaches/sponsors are reminded of the following:

1. Handbook Rule 10 was modified by the BOD and beginning this year, all head/assistant coaches and sponsors shall be certified or trained in CPR/AED administration.
2. Pre-Activity Time-Outs are to be utilized as host and visitor administrators meet prior to any competition in order to share relevant safety protocols.
3. Annual concussion training/education should take place for all coaches, students and administrators. Note: This is not just a KSHSAA Handbook rule, but also Kansas law which specifies all students participating in athletics (including spirit) must sign the school's concussion information consent form, along with their parent or guardian.
4. Annual heat illness training/education should take place for all fall sport coaches and sponsors or band and spirit, and all acclimatization and practice progressions should be followed.
5. Emergency action plans should be in place for every venue utilized for practice and competition.

For more specific information, please refer to the Sports Medicine & Safety section at www.kshsaa.org. All schools are encouraged to provide information to staff, participating students, parents and medical personnel who serve their school.

Kansas 87th Coaching School

The 87th annual KSHSAA Coaching School was held at the Capitol Plaza Hotel in Topeka on August 4-6 and attracted more than 800 registrants. The conference was successful in programming, participation and involvement. Mitch Holthus, Voice of the Kansas City Chiefs, was the opening keynote speaker and provided an inspirational message for coaches about leaving a lasting footprint.

The dates for the 2020 Coaching School are August 3-5, 2020.

Hall of Fame Nominations Due November 1

Individuals wishing to submit a name for the KSHSAA Hall of Fame should have all information sent to the Association office no later than November 1. Information on the Hall of Fame is located at www.kshsaa.org. Nomination forms are available through the KSHSAA, 785-273-5329; cgleason@kshsaa.org. See additional information on page 28.

Media Information Available on Website

The KSHSAA provides a media information page on the KSHSAA website (www.kshsaa.org>Media). This page includes the complete "Media Relations Guide" which may be downloaded or printed. There is also a media listings page that includes news, radio and TV affiliates with current contact information.

2019 National Athletic Directors Conference

National Harbor, Maryland will be the site of the 50th National Conference of High School Directors of Athletics, December 13-17, 2019, sponsored by the National Federation of State High School Associations. The National Interscholastic Athletic Administrators Association will hold its 43rd annual meeting in conjunction with the conference.

The National Federation will NOT mail registration materials this year. To register for the conference, please go to the NIAAA website (www.adconference.org).

Inquiries regarding any phase of the event should be addressed to Michael Blackburn, National Interscholastic Athletic Administrators Association; 9100 Keystone Crossing, Suite 650; Indianapolis, IN 46240; phone: 317-587-1450; mblackburn@niaaa.org.

National Activities Week October 13-19, 2019

Mark Your Calendars Now!

October 13: Be A Sport Day

October 14: Fine Arts Activities Day

October 15: Officials/Judges Day

October 16: Youth Health Awareness Day

October 17: Coaches/Sponsors/Advisors Day

October 18: Fan Appreciation Day

October 19: Community Service/Participation Day

Help celebrate the KSHSAA National Activities Week by honoring those who give of time and talent developing boys and girls physically, mentally and emotionally through high school activities. More information will soon be coming!

Loss of Instructional Time Survey-Due This Year!

ALL MEMBER SCHOOLS are responsible to submit their loss of instructional time data to the KSHSAA this year! There is a link to the survey (LITS) at the top of each month's list of entry forms.

Simply enter the requested information for each activity and date in which instructional time is missed during the school year. **Be sure to save each episode you enter. We strongly recommend schools maintain this survey throughout the course of the school year rather than wait to enter everything at the end of the year.** All data must be entered online by June 15, 2020. Please direct any questions regarding the survey to Brent Unruh (bunruh@kshsaa.org or 785-273-5329).

SCHOOL ADMINISTRATORS

Classification Reminder: Sept. 20

Senior high school **classification counts** shall be submitted online at www.kshsaa.org on **September 20**. The KSHSAA plans to post this year's annual classifications by noon, September 25 on the KSHSAA website (www.kshsaa.org).

Rule 5, Section 2, Article 4 reads:

Any student, including special education, enrolled in five or more subjects of unit weight, shall be counted for classification purposes.

High school principals, please watch for a memo from the KSHSAA regarding special factors affecting classification counts.

Executive Board Meeting September 17-18, 2019

The KSHSAA Executive Board will hold its meeting on Tuesday, September 17 and Wednesday, September 18 at the KSHSAA office.

KSHSAA Budget Hearing

The Executive Board will hold a budget hearing on Wednesday, September 18, 2019 at 11:30 a.m. in the KSHSAA office, 601 SW Commerce Place, Topeka, Kansas. The Association budget for the 2019-20 school year will be finalized at that time. All interested parties are welcome to attend.

Regional Administrator Meetings

KSHSAA Regional Administrator and Board of Education Meetings are designed to provide a better understanding of the interscholastic activities programs on the middle/junior and senior high school levels. They serve as an invaluable aid in directing, planning and administering the school's program of activities, and as a forum to discuss emerging issues.

School administrators, board of education members and all other personnel who direct school activities programs are encouraged to attend any of the seven meetings sponsored by the KSHSAA across the state. **Bring Attendance Card ADM-5. Locations are as follows:**

Monday, October 21	KSHSAA Office
Tuesday, October 22	Salina-Smoky Hill Education Service Center
Wednesday, October 23	Oakley HS
Thursday, October 24	Garden City HS
Monday, October 28	Blue Valley-USD 229 Hilltop Facility
Tuesday, October 29	Maize HS
Wednesday, October 30	Fort Scott HS

Schedule

12:30—Registration 1:15 - 4:00—Meeting

(All schools expected to be represented. Pre-registration is not required.)

Winter Moratorium Dates

As per **Rule 9-1-1**, the following specific dates designate when there shall be no school practice or interscholastic activities for a consecutive five-day period (including December 25).

2019—December 22-26 (Sunday-Thursday)

2020—December 23-27 (Wednesday-Sunday)

2021—December 23-27 (Thursday-Monday)

2022—December 24-28 (Saturday-Wednesday) (*Tentative*)

2023—December 24-28 (Sunday-Thursday) (*Tentative*)

AED Checklist

Sudden Cardiac Arrest (SCA) is the number one cause of sudden death in student-athletes during activity. In the event of a sudden cardiac arrest episode an automated external defibrillator (AED) can save a life. Each minute defibrillation is delayed, the chance of survival decreases 10%. The following can serve as an AED checklist to be sure you are prepared.

- The AED is easily accessible at every practice/game location and available for use within 2-3 minutes (ideally it is onsite). The device is NOT in a locked or secured area where retrieval could be a challenge.
- Personnel are always available onsite who are trained in CPR and AED use.
- The AED is checked regularly to ensure it is working and the pads and battery are not expired.
- The Emergency Action Plan has been rehearsed PRIOR to the beginning of the season with everyone potentially involved in the emergency response.
- Someone has been designated to retrieve the AED if needed. This person knows the exact location of the device at all times.

Wireless Microphones and FCC Bandwidth Information for Schools

There will be an upcoming change in the FCC bandwidth that could affect school wireless microphone systems. By 2020, wireless microphones in the 600 MHz and 700 MHz bands will be reduced due to the sale of these frequencies to wireless service providers. Below you will find a link with the FCC information. It will also be posted on the KSHSAA website homepage under NEW TOPICS and can also be found on the NFHS performing arts pages for your reference.

Some microphone companies are offering rebates to upgrade microphone systems that will be affected.

For more information see <https://www.fcc.gov/wireless/bureau-divisions/mobility-division/wireless-microphones>.

Form ADM-2 is DUE September 12.

(High School Fall Student Activity Participation Survey)

This form should be filled out and submitted online.
Avoid the \$25 late fee and submit
on or before September 12th!

Non-Member School Sponsorship Must Be Approved, Bylaw Article XIV

Administrators must verify all conferences and other events sponsored by non-member schools for middle/junior and senior high school students are approved by the KSHSAA Executive Board. A continuously updated list of Approved Events is published on the KSHSAA website on the homepage under "KSHSAA Links." If an activity is not listed, or if in doubt, administrators should contact the Association regarding such approved conferences and activities. See the *August Activities Journal* for approval criteria.

Assignment Criteria for Regional and/or Sub-State Competition

On June 9-10, 1981, the KSHSAA Executive Board approved the following criteria for making assignments to regional and/or sub-state competition for all athletic activities (except football) and debate:

1. After determining the number of schools participating in a given activity and the number of sites (regional and/or sub-states), there shall be an equal number of member schools competing at each site insofar as possible.
2. Select the best available site to conduct the activity, taking into consideration the facility, location and personnel to be involved.
3. Assign schools in a cluster geographically around the host sites, taking into consideration travel (distance and/or time) insofar as possible.
4. If a cluster of schools does not have a best available site, a letter may be sent to the principals of all schools in the cluster seeking possible host sites. From these responses, the Association will select the host site for the cluster.

NOTE: Final assignments are made in the best interest of all schools involved.

No Seasons of Activities for Middle/Junior High, Rule 30

Member middle/junior high schools do not have any specific seasons, other than that all practices and competition are confined between Monday of Standardized Calendar Week #7 and their last day of school. A member junior high school is defined as a grade school, middle school or junior high school and the "no season of activities" concept provides each school total flexibility in establishing its own season to better accommodate its facilities. **The "fall buffer week" does not pertain to junior high schools.**

Interschool Scrimmages Not Allowed

Schools may not hold interschool scrimmages (practices) in athletics, debate and scholars bowl. (See **Rule 30-1-5** and **Football Rule 35** for EXCEPTION.) Interschool is defined as middle/junior high school with another middle/junior high school and senior high school with another senior high school. Member schools may not scrimmage junior college or college squads. This does not eliminate scrimmages between alumni and the school teams where score and time is not kept.

Guidelines for Schools, Coaches and Athletes Outside the Season of Sport

During the school year, coaches may coach their athletes only during the season of sport. Football, volleyball and basketball coaches may coach their athletes in competition during the summer. (See **Rule 10-1-6** for summer instruction opportunities.)

The Executive Board has approved the following interpretations per **Rule 30, Seasons of Activity**:

1. **During the school year**, but outside of the season of sport, any athletic coach **may** transport his or her student-athletes to non-school competitions in their sport.
2. **During the summer**, an athletic coach **may** transport his or her student-athletes to non-school competitions in their sport.
3. **During the school year**, but outside of the season of sport, any athletic coach **may not** transport his or her student-athletes to camps and/or clinics in their sport.
4. **During the summer**, an athletic coach **may** transport his or her student-athletes to camps and/or clinics. School owned transportation may be used.
5. **Schools may not be involved directly or indirectly with providing facilities, equipment or finances.**

Violation: Same Sport Participation During School Season

Principals, athletic directors and athletic coaches should advise all athletes to check with school officials prior to participation in outside athletic contests, especially in the same sport in which they are participating for their school. This regulation (**Rule 22**) becomes **effective the Tuesday following Labor Day with the first day of practice for a student through the last day he or she is a member of the school squad.** **Outside Competition Rule 22** states:

OUTSIDE COMPETITION

Violation of this rule shall make a student ineligible for the remainder of that sport, scholars bowl or debate season, unless he or she is reinstated by the Executive Board.

Section 1: General Regulations (apply to grades 7-12)

Art. 1: A student who is a member of a school athletic, scholars bowl or debate squad, effective Tuesday following Labor Day through Friday preceding Memorial Day, may not participate as a member of an outside team or as an independent competitor in the same sport, scholars bowl or debate activity. (See **Rule 4** for exception.)

Editor's Note: The following illustrations were agreed upon by the Executive Board to identify **same sport** and what would or would not be a violation of **Rule 22-1-1**.

Not violations: (since they are **not the same sport**) softball vs. baseball; donkey basketball vs. basketball; Pass, Punt & Kick vs. football; dribble, shoot and pass, vs. basketball; free throw contests vs. basketball; mixed

team volleyball vs. girls volleyball; mud volleyball vs. girls volleyball; triathlons vs. track and field or swimming; “color runs” or run-a-thons (*based on laps, miles, etc.—no common starting or finish line*) vs. track and field.

Violations: Slow-pitch softball vs. fast-pitch softball; 1 on 1, 2 on 2, 3 on 3, 4 on 4 basketball vs. basketball; 101-yard dash vs. track and field; 10,000-meter run vs. track and field; Fun Run (*winners are recognized—common starting and finish line*) vs. track and field; girls sand volleyball vs. girls volleyball; mixed tennis matches (B & G) vs. girls tennis; mixed tennis matches (B & G) vs. boys tennis; mixed golf teams (B & G) vs. girls golf; mixed golf teams (B & G) vs. boys golf.

Art. 2: A student shall not be prohibited from competing on a special team within his or her own school such as an FFA team, etc. All members of such teams must be bona fide students, however, and eligible under the rules of the Association.

Art. 3: A student becomes a member of a school’s athletic squad, scholars bowl or debate team when he or she first participates in a practice session.

The student ceases to be a squad member after his or her last contest for the school’s athletic squad, scholars bowl or debate team or when the membership on a squad is terminated. (*See Rule 14-1-1, Bona Fide Student; and Rule 30-2-2, Seasons of Activities.*)

Voluntary Offseason Conditioning Defined

Students throughout the school year, who are not participating in a school’s athletic program, may **voluntarily** participate in an offseason conditioning program. Students throughout the summer months may voluntarily participate in an offseason conditioning program. Such a format is defined as follows: Running, weight training, flexibility exercise, calisthenics and agility drills may be used; also any individual or group training and fitness drills that do not require specific equipment for that sport are permissible as long as the following conditions are met:

1. **Participants will furnish their own clothing** (sweat suits, shorts, shoes, etc.)
2. **Specific equipment pertaining to a given sport may not be used.** (Items such as footballs, basketballs, volleyballs, wrestling mats, hurdles, shot put, discus, pole vaulting and high jumping standards or landing pits, blocking or tackling dummies, charging sleds, high-bar, horizontal bar for gymnastics, still rings, parallel bar, horse, free exercise mats and other equipment used specifically for or in a sports activity.) *NOTE: This does not exclude a school from loaning athletes a piece of equipment. It only excludes the use of the equipment while the coach is present.*
3. Students who are members of a school sponsored sports activity team shall not, during the season, participate in an offseason conditioning program under the direction or supervision of personnel from his or her school. A student may attend an early morning lifting session while a member of a school team, provided the session is not part of an offseason conditioning program.

4. **The physical education program shall not enroll a group of athletes for the purpose of getting them ready for any given interschool sports season.** The P.E. program may include instruction in a given sport as part of its yearly program, but the different periods in the daily schedule must offer like or similar programs in its curriculum.
5. All offseason sports conditioning programs must be **open to anyone enrolled** in that particular school, and must be on a **voluntary** basis.
6. **No conditioning may take place during fall buffer week for senior high**, nor during the five-day Christmas moratorium dates for both middle/junior and senior high. (*See Rule 9.*)
7. A school may **not have more than one** offseason conditioning program.

Out-of-Season Competition

Rules 20 and 22

STUDENTS NEED TO KNOW: Students who participate in non-school competition, outside their season of sport, must do so as individuals, not representing their schools, and **shall not wear school uniforms, including school team warm-ups.**

Many “**Road Races**” which are being sponsored by various outside agencies offer cash or merchandise prizes, such as shoes, warm-up suits, etc.

Awards Rule 20-1-3 (a): “Students who participate in athletic activities, outside of interscholastic competition, shall not accept awards of cash or merchandise. Medals, trophies and T-shirts shall not be considered merchandise.”

“Any student who violates this rule shall be ineligible in that activity for a period of one year from the date of the violation, unless reinstated by the Executive Board.”

Awards Rule 20

The facts about medals and trophies

Question: May individuals receive trophies or plaques for individual achievement in interscholastic competition?

Answer: Students may receive medals, recognition certificates or ribbons for individual achievement in interscholastic competition, but they **may not personally receive and keep trophies or plaques for their achievements. If an individual wins a trophy, the trophy becomes the property of the school.** The student could receive a medal as a remembrance for that achievement.

Often the Association has been asked if small trophies could be presented to individuals in lieu of medals. This is not permissible. **Remember, medals for individuals; trophies for teams.**

Question: What is the limit for school provided awards given to students?

Answer: The limit for awards given to students is \$50 per student per activity per season.

Open Gyms Defined

Schools may provide an open gym for students during the **summer months and/or school year** provided the following criteria is met:

1. The time and day(s) of the open gym shall be made known to the **entire student body** by the administration through announcements, bulletin board postings, school paper articles, etc.
2. The gym must be **open to anyone** enrolled in the school, and must be on a **voluntary basis**.
3. **A school, during the summer or during the school year, may not have an open gym at the same time as “offseason conditioning.”**
4. **During the school year, no coach can be present** in any open gym if there is participation in his/her out-of-season sport.
5. **The person in charge of supervising** the open gym **may not coach, organize or instruct** students in any sport not in season.
6. Participants will **furnish their own clothing** (sweat suits, shorts, shoes, etc.).
7. **Schools may furnish** basketballs, volleyballs, basketball standards, volleyball standards, floor mats and wrestling mats, etc.

EXAMPLES OF VIOLATIONS:

1. Making the open gym available only to specific sport participants.
2. During the school year, the basketball coach (or any other coach) in the gym or vicinity when his/her sport is being played during open gym, except during the season of the sport.
3. The supervisor of the open gym helping a student work on their jump shot, etc., when the sport is not in season.
4. Select group of students working out in the gym at times other than the open gym period.

“Eighteen Weeks” Defined in Bylaws

KSHSAA Bylaws, Article XIII, Eighteen-Week Semesters, reads as follows:

Section 1: Each member school must divide the school year into two semesters, each of which is not less than eighteen weeks in length, or its equivalency, as far as the eligibility of its students for interschool activities is concerned (*see Transfer Rule*).

All Kansas schools utilizing K.S.A. 72-1106 minimum number of hours of instruction in conjunction with a corresponding adopted calendar, shall interpret not less than one half of the minimum number of hours of instructional time as being equivalent to **eighteen weeks** in all instances referred to throughout the *KSHSAA Handbook*.

NOTE: It is not permissible to shorten one semester and lengthen the other for the purpose of gaining an advantage in the matter of eligibility of students. A partial week of school (*which includes at least three days’ attendance*) caused by holidays, teachers’ meetings, or any emergency, may count as one full week of school toward the eighteen weeks attendance requirement. Two or three partial weeks of school with a total accumulation of three days may be counted as one week’s attendance.

Eligibility Lists Must Be Filed for Participants

In 2019-20 Eligibility lists MUST be entered online. Login to the KSHSAA website and go to the Eligibility Section.

All students who represent a school in any interscholastic athletic, spirit and/or spirit group competition must be reported online through the KSHSAA website, on the KSHSAA **Eligibility** list, **prior to the first event for that activity**. The **Eligibility** listing documents the student’s physical examination and parental consent, and acknowledges eligibility by the member school. Continuing with the 2019-20 season, **Form CW**, a non-athletic activity eligibility worksheet, can be found online **for school internal use only**.

Any student representing a member middle/junior or senior high school in any interscholastic activity must meet eligibility standards outlined in the *KSHSAA Handbook*. All activities (*other than athletic or spirit / performing groups*) have a statement of eligibility on the entry card or form which must be signed by the principal or superintendent.

FOR INSTRUCTIONS ON HOW TO ENTER ONLINE ELIGIBILITY, PLEASE LOGIN TO THE ELIGIBILITY SECTION OF THE WEBSITE

Non-Varsity Eligibility

Students representing junior varsity, B-teams, sophomore teams, etc., must meet all eligibility standards required of those students who represent schools in varsity competition, and **MUST** be reported on the **Eligibility** list, online.

Physical Examination/Consent Must be Documented

Please note on the **Eligibility** list and indicate the school has a Student Physical Examination and Parental Consent Report on file for each participant (indicated by date of examination and “yes” or “no”).

The physical examination rule applies to any student who participates as a spirit and/or spirit competition group or as an athlete. Principals and coaches should check carefully to be sure no pupil participates in any type of interscholastic athletics until his or her physical examination form is completed properly and signed by the examining physician and the student’s parents.

No Physical = No Practice

Coach/Adult Supervisor Must Always Accompany Students

Some KSHSAA schools have programs in an activity with only one or two participants, and it is possible KSHSAA policy dealing with coach/faculty supervision may be overlooked.

No team (or student) shall represent his or her school at any time in connection with interscholastic competition unless accompanied by a coach or another appointed member of the school faculty.

EXCEPTION: A non-certified person may serve as the adult supervisor of activity students when appointed by the administrator, in areas where no coaching/directing takes place. **The “adult supervisors” may not coach/direct as outlined in Rule 10.** They may simply provide the transportation to and from the activity and be responsible for supervision. Activities which might be included in this area are debate, forensics, cross country, music soloists, tennis. . . . If coaching is permitted to take place in these activities, the “adult supervisor” would not be privileged to provide that service.

Scholarship Requirements Rule 13 “Subject of Unit Weight” Defined

Scholarship Requirements Rule 13-1-3 requires a student to have passed at least five new subjects (those not previously passed) of unit weight, or its equivalency, the previous semester or the last semester of attendance. Member schools are reminded of the following interpretation, authorized by the Executive Board, relating to “subject of unit weight”:

Only those courses offered by a school where “credit” is given may be counted toward the above rule. Whether or not the credit is counted toward graduation does not nullify the course offering from counting, since a school may provide opportunities for “electives” for which they give credit, but do not apply them toward graduation.

A KSHSAA **subject of unit weight** is synonymous to the Kansas State Department of Education (KSDE) definition of **one half unit of credit**.

The KSDE accreditation regulations define a unit of credit per 91-31-1(t) as follows:

A **unit of credit** means one unit of credit earned for satisfactory completion of any approved subject taught for a minimum of 40 minutes daily, five periods a week for 36 weeks, or 120 clock hours.

One half unit of credit is earned for approved subjects taught for a minimum of 40 minutes daily, five periods a week for 18 weeks, or 60 clock hours.

The KSHSAA, in establishing eligibility, will only recognize those courses which are recognized by the KSDE.

General Fire and Life Safety Guidelines for School Events

The Fire Prevention Division of the Kansas State Fire Marshal Department requires the following:

1. PRE-EVENT

A. Verify that all doors leading to exits are operable and in good working order. All emergency exit doors shall be equipped with panic hardware. No other type of lock, latch or bolt shall be used on any emergency door at any time.

- B. Verify that all access corridors leading to exits are kept clear of storage. Verify that exits are properly lighted and exit signs are functional.
- C. Verify that the building fire alarm system is on and operable. Test emergency backup generator and/or battery emergency lighting to ensure it is functional.
- D. Verify the fire extinguishers in the vicinity of the event are in place and operable.
- E. Verify that brief written instructions are available for any public address announcer outlining fire, emergency and severe weather (in season) exiting or shelter procedures.

2. EVENT

- A. At no time shall more than the set maximum number of occupants be admitted to the event. Properly maintain aisles by ensuring they are not blocked by chairs, tables, or spectators.
- B. Ensure that proper fire safety and crowd control procedures are utilized.
- C. If more than 300 people are in attendance at an indoor public event (not necessary for school-only assemblies, etc.), an audible announcement shall be made prior to the start of each program to notify the occupants of the locations of exits to use in case of fire or other emergency. The public address announcement should be similar to the following: “In accordance with the Kansas State Fire Marshal Regulations, we request that you take a moment to identify the emergency exits closest to you. We have checked these exits and other emergency equipment in this building and verify that they are operable in case of emergency.”
- D. In events where more than 1,000 people are in attendance, crowd managers/ushers shall be provided at a ratio of one crowd manager/usher for every 250 people. For events where less than 1,000 people are in attendance, provide sufficient staff/ushers to adequately cover the event.
- E. Any crowd manager/usher used at any event shall be knowledgeable on the duties they are to perform in case fire, emergency or severe weather exiting is necessary. Additionally, employees or attendants shall have received instruction in the proper use of portable fire extinguishers and/or other manual fire suppression equipment (if provided).
- F. Vehicles shall not be parked in any manner which will block the safe exiting of occupants from any emergency exit door.
- G. In situations where severe weather is possible, staff/ushers shall ensure available access to any shelters.

For additional information on these requirements, please contact:

Fire Prevention Division
Kansas State Fire Marshal Department
700 S.W. Jackson, Suite 600 | Topeka, KS 66603-3714
Phone: 785-296-3401 | Fax: 785-296-0151

Administrators: ATTENTION!

“Who’s Who,” “Distinguished,” “Outstanding” — call for careful evaluation before returning the nomination forms!

Editor’s Note: The following paragraphs are reprinted from a section of the publication, “*NASSP Advisory List of National Contests and Activities*.” This material is prepared by a committee of the National Association of Secondary School Principals after exhaustive research and interviews with organizations, individuals and groups involved with national competition and national recognition of high school students.

Our school administrators are constantly flooded with materials of a “questionable” nature in the form of recognition for “Outstanding Athlete,” “Who’s Who Honor Students,” “Distinguished High School Musicians,” etc.

Administrators are encouraged to read the following excerpt from the “Advisory List”:

Commercial Recognition Programs

The NASSP Committee on Student Contests and Activities (www.principals.org) does not list organizations or programs which claim to honor outstanding students through publication of student names in volumes usually titled “who’s who,” “outstanding,” “distinguished,” etc., and which derive their revenue from the sale of these publications to students. The committee views any recognition accorded to students through mere inclusion in such a publication as of little or no tangible value. Furthermore, such recognition is unlikely to provide any future educational or personal benefit for students.

The selection criteria used by most commercial recognition programs are often ambiguous and flimsy. Even when stated the organization is unlikely to be able to verify that students actually measure up to the selection criteria, since nominations ordinarily come from a number of sources. These may include individual staff members associated with a school or individuals in the community at large.

Most of the organizations sponsoring these programs and known to the committee are profit motivated and are not related to educational, philanthropic or professional associations. The organizations often solicit students and their families to purchase the publication or some other type of “award.” The source of the income is usually the recognition program itself. That is, recognition is being sold at a profit in the form of publications which list student names.

Coaches Education Questions and Answers

- Q:** If hired by School A to coach volleyball for a second school year, would the identical aide qualify as an unsupervised coach aide in junior high track and field?
- A:** Yes, but only if the aide has passed both NFHS or Human Kinetics Coaching Courses and First Aid courses and was approved by the KSHSAA on a Form A. The aide may coach any sport and level within that same school district.
- Q:** Can School B hire a coaches aide from School A, who has been approved to be an unsupervised aide, as an unsupervised aide?

A: Yes, a coaches aide may be unsupervised in their initial year at a new school, if they have passed both NFHS or Human Kinetics Coaching Courses and First Aid courses. If the aide was unsupervised at School A, School B could hire them as a coach aide in their first year at that school as unsupervised.

Q: Can School B employ a coach who teaches in another school district?

A: Yes, a school may employ a teacher as a coach even if they teach in another district. If they were a Kansas certified teacher, no Form A would be necessary, only a supplemental contract to coach.

Q: Do all coaches, even cheer/dance and bowling, have to be put on a Form A?

A: Yes. All non-certified coaches (those without a valid teaching license) must be on Form A.

OFFICIALS

Unusual Situations Report

Officials are asked to report any unusual situations (both positive and negative) to the KSHSAA through the submission of an “Officials Report Of Unusual Situations.” This form is available to all KSHSAA registered officials on the individual officials page from the KSHSAA website. Log on to the officials’ side of the KSHSAA website using your officials number and password.

By submitting the form online, it significantly speeds up the process through which schools and the KSHSAA can address the issues. Additional information concerning these reports can be found in the *KSHSAA Officials Handbook*.

Coaches Can Help in Recruiting Officials

Recruitment and retention of officials continues to be a priority for the KSHSAA. Coaches can help in the recruitment of new officials by encouraging players or former players they feel have a good understanding of the game to become an official. Coaches have a major impact on whether former players consider becoming an official based on the way they treat officials during contests. If someone is interested in becoming an official, more information can be found at www.kshsaa.org>Officials.

Hosting Officials

A key part of the success of any athletic contest is the quality of the officiating. Officials help set an atmosphere for a positive experience for players, coaches and fans. As the host school, it is your responsibility to make the officials feel welcome and comfortable when they arrive at your school and throughout the contest.

Remember, these individuals are working as officials because of their love for the sport and enjoyment they receive from working with the middle/high school athlete. The athletic department’s responsibility is to provide the officials (prior to the contest) any necessary information that will assist them before and after the contest.

Good game management will often go unnoticed by those attending the game. Poor game management will always be observed. Proactive administrators are prepared for all situations. Schools were provided the pamphlet “Hosting Officials: A School’s Responsibilities” in the summer mailing, which can be used for review. Officials should also be told of information that is shared by administrators at the “Pre-Activity Time-Out” meeting.

KSHSAA Registers 3,662 Sports Officials in 2018-2019

The KSHSAA saw a drop of 104 registered officials during the 2018-2019 school year. There were 3,662 officials registered in 5,328 sports last year. Recruiting and retaining officials continues to be a priority for the KSHSAA. The KSHSAA has developed several initiatives to try to increase the number of officials including: free registrations for officials recommended by league commissioners, mentors for “scholarship officials,” communication with college intramural and recreation departments. The average age of officials in all sports is over 50. Officials continue to age, but the players are all still 14-18 years old.

Principals, athletic directors and coaches should actively recruit persons, young and old, to get involved in officiating. High school seniors should be given information on officiating to keep them involved in athletics after graduation. Officiating is a great part-time job for college students. In addition, parents who no longer have children participating in interscholastic athletics are a group we are targeting to recruit new officials.

The KSHSAA “Official Advisory Committee” discussed reasons given for not registering include: lack of sportsmanship and respect shown by coaches, players and fans; poor pay for the time given; not getting enough game assignments; and not being able to get off work from their primary job. As schools move game times earlier in the day it is not possible for some officials to get off work to arrive on time to officiate contests. This is something that needs to be considered as schedules are developed. Schools must continue efforts to educate coaches, players and fans that without officials there will be no game, and while not all “calls” will go your team’s way, negative behavior has no place in interscholastic athletics. Schools should be proactive in dealing with situations in which fans become unruly. During any contest everyone has a role to play, coaches – coach; players – play; officials – adjudicate rules; and fans support their team. There is no place in interscholastic athletics for negative comments toward opponents or the officials. In addition, concern about school administrators not being visible and supportive of officials at the game site is given as reasons officials are leaving the profession.

All officials who work senior high varsity events in volleyball, football, soccer, basketball, wrestling, baseball, softball, girls gymnastics and track & field/cross country must be registered. All registered officials must attend a KSHSAA rules meeting and complete an examination over the rules.

Registrations for the 2019-2020 school year are currently being received. Interested persons may also register at the various officials meetings. The registration fee is **\$55 for one sport and \$25 for each additional sport.**

Listed below are officials registration numbers in the last three school years. Football saw the largest decrease in registration, losing 49 officials from the previous year.

SPORT	16-17	17-18	18-19	DIF.
Basketball (B & G)	1788	1804	1770	-34
Football	1305	1290	1241	-49
Volleyball	833	842	814	-28
Wrestling	289	258	258	0
Baseball	453	460	429	-31
Girls Gymnastics	15	16	12	-4
Soccer (B & G)	309	329	323	-6
Softball	403	406	374	-32
Track & Field/ Cross Country	104	119	107	-12
TOTAL	5,499	5,524	5,328	-196

Officials Contracts

Many schools have league commissioners assigning officials for varsity games and most are using Arbiter as the assignment notification method. When officials accept games in Arbiter they are accepting a contract indicating when and where the game will be played and the schools involved. This electronic contract is binding to both parties. Schools not using Arbiter for assigning purposes should provide a written contract for officials so there is no confusion on dates and locations of contests. Written or electronic contracts are important when there is a question about the failure of a party to fulfill a contract.

Arbiter Information

The KSHSAA began providing Arbiter as an assigning tool for schools and league commissioners in 2010. At this time all but one league is using Arbiter as their primary form of assigning officials. Arbiter allows officials to have their game schedule in one place and allows assigners to know if officials are available before assigning them to a date. In addition, school administrators are able to view the officials assigned through their Arbiter account. Each league is provided an Arbiter account for assigning at no charge. This account can be used by the employed league commissioner. Individual schools can also use Arbiter to assign officials to contests at no cost. All officials listed in the KSHSAA Arbiter account must be registered in order to be assigned. If a school administrator would like more information on using Arbiter to assign officials to their contests they may contact Francine Martin at the KSHSAA office.

ArbiterPay

After hearing of the success of other states and our own schools using ArbiterPay, the KSHSAA is utilizing the service to pay officials for postseason. We found ArbiterPay to be a cost and time saving process, as well as the preferred method of payment by the officials. As a result, we’re now supporting the use of this service to schools and believe you and officials will realize the benefits.

What is ArbiterPay?

ArbiterPay is a direct deposit pay service where your district establishes and funds an online account, managed by the Bank of Utah, that then allows for electronic payments to be made to officials directly from your Arbiter login. After the games are worked, you simply login to the Arbiter site and release payments. Having served a number of districts in the state over the past few years, the ArbiterPay team is familiar with Kansas schools’ needs and nuances.

What are the benefits?

- ArbiterPay collects all W-9s and issues all 1099s for your district. The 1099s are sent using ArbiterPay’s Tax ID Number. Not only does this remove a costly and painful task from your district, this method also protects officials’ personal information because it no longer needs to be provided at the game site.
- Direct cost savings in postage, checks, envelopes, stop payment fees and all other expenses associated with issuing paper checks.
- More timely payments to officials.
- Elimination of calls and questions from officials related to payments.

What’s the cost?

For each payment made to an official there’s a transaction fee of \$1.80. The fee is charged at the time of payment so there are no invoices. Schools report that total costs (time, mailing, materials) for cutting checks is significantly higher.

How do I get started?

Your district can get started by visiting www.arbiterpay.com and clicking the Sign Up link. If you have any questions along the way please contact Abel Tenorio (abel.tenorio@arbitersports.com). We can also provide a list of Kansas schools already using the service if your district would like a referral.

School Report on Officials

School administrators and coaches who have concerns relevant to an official are to submit a *School Report on Officials*. This form is found online at www.kshsaa.org in the Yearly Letter Forms section (Form S). The online form will be sent to the KSHSAA administrator for the sport and the officials involved. This form should be used to report incorrect rules interpretations or unprofessional behavior by an official at any time during the season. The report should include an explanation detailing the specific situation in which a misapplication or interpretation of a playing rule was made or the specific allegations of inappropriate behavior by the official. Officials have also been provided with a form entitled *Official’s Report of Unusual Situations*. They have been advised to use this form to report any unusual situations involving parents, coaches or school team players. It is also recommended that these reports be used to recognize and report positive situations and to pay tribute to outstanding sportsmanship and professional behavior.

All reports sent to the KSHSAA are followed up by an appropriate staff administrator, whether it is a school report on the officials or an officials report of an unusual situation. School administrators/coaches filing a report or an official filing a report should receive a response from the KSHSAA acknowledging receipt of the report. Specific sanctions or steps taken by the KSHSAA or member schools relevant to the reports may not be shared with the reporting parties. However, it is important to stress that all reports that reach the KSHSAA are followed up on by KSHSAA staff. Hopefully, concerns are addressed and improvements made before the next contest—at least during the season.

Use of this reporting method, coupled with the system through which schools recommend those officials they believe are capable of working postseason events, is a better system of improving officiating than an end-of-season “rating” system

for officials. There are several leagues that have developed additional evaluation systems that are used to evaluate officials for hiring and rehiring purposes.

2019-20 Rules Book Prices

Rules books are available through the Association office. To order use form PUB in *Entry Forms>Yearly Letter Forms*.

High School Spirit Rules.....	\$7.00
High School Football (11-Man & 8-Man) Rules.....	7.00
High School Football Case Book	7.00
High School Football Officials Manual	7.00
High School Football Handbook.....	7.00
High School Volleyball Rules.....	7.00
High School Volleyball Case Book & Manual.....	7.00
High School Basketball Rules	7.00
High School Basketball Case Book	7.00
High School Basketball Officials Manual	7.00
High School Basketball Handbook.....	7.00
Gymnastics Rules & Judging Manual	7.00
High School Swimming & Diving Rules	7.00
High School Wrestling Rules.....	7.00
High School Wrestling Case Book & Manual	7.00
High School Track & Field/Cross Country Rules	7.00
High School Track & Field Case Book	7.00
High School Track & Field Officials Manual	7.00
High School Softball Rules	7.00
High School Softball Case Book.....	7.00
High School Softball Umpires Manual	7.00
High School Baseball Rules.....	7.00
High School Baseball Case Book.....	7.00
High School Baseball Umpires Manual.....	7.00
High School Soccer Rules	7.00
Girls & Boys USTA Tennis Rules	7.00
Girls & Boys USGA Golf Rules (S&H only).....	2.00

(shipping and handling included in price)

**NEW TEAM.
NEW UNIFORM.**



To learn more about becoming an official contact the Kansas State High School Activities Association: 785-273-5329 | kshsaa@kshsaa.org

or scan here 

BECOME AN OFFICIAL

2018-2019 Concussion Reporting Summary

The 2018-2019 school year marked the first year member schools were required to report concussions to the KSHSAA. Over 2,100 concussions were reported across grades 7-12. Table 1 provides a summary of the concussions reported by activity. Total participants in each activity was divided by the total number of concussions reported to get the incidence for each activity. The three sports with the highest incidence of reported concussions were Football (6.16%), Girls Soccer (3.63%) and Wrestling (2.98%). The number of days missed was also collected for each reported case and the average by activity is shown in the table. Interestingly, the top three sports with the highest incidence of concussions in Kansas also have the highest concussion injury rate nationally according to the High School RIO study.

Table 2 compares the incidence of concussion by gender looking at high school sports and spirit activities only. When football is included in the gender comparison, boys obviously have a higher incidence. But when looking at comparable sports (B&G Basketball, B&G Soccer, Softball/Baseball, etc.) as well as when comparing all sports except football, females have a higher incidence of concussion. This is also consistent with national data trends showing females with higher concussion rates than males in comparable sports.

Of the reported concussions, 60.5% were reported to be the student's first ever concussion, 17.5% of the cases were reported as not being the student's first concussion and 22% of the cases were reported as not knowing. Thirty-seven percent of the reported concussions were incurred at a practice versus 63% in a competition setting. When considering the higher number of practice exposures versus competition exposures throughout a season, this difference illustrates a much higher risk of concussion incidence in a competition setting.

The ongoing High School RIO study taking place through the Colorado School of Public Health is considered the preeminent high school injury tracking study in the nation. This study collects the number of athlete exposures which enables the researchers to obtain an injury rate by sport. The KSHSAA concussion tracking does not track athlete exposures, so it is not possible to compare Kansas concussion injury rates to the national average. But in comparing the overall incidence by sport in Kansas to national data, some very similar trends have been observed over this first year of reporting.

The KSHSAA is extremely appreciative of the effort of all member schools to report every concussion to the Activities Association. This requirement continues to be in effect for the 2019-2020 school year. **Any concussion sustained by a student participating in a KSHSAA sponsored activity shall be reported to the KSHSAA through the online reporting system.** By collecting this type of incidence data on an annual basis, better informed decisions can be made regarding risk minimization in our activities.

TABLE 1 – SUMMARY BY ACTIVITY

HIGH SCHOOLS

Activity	Reported Conc.	Total Part.	Incidence	Avg. Days Missed
Football (Overall)	903	14,661	6.16%	18.72
Football (11-Player)	806	12,605	6.39%	17.28
Football (8-Player)	93	1,921	4.84%	16.83
Football (6-Player)	4	135	2.96%	24.00
Soccer (G)	128	3,524	3.63%	15.15
Wrestling	149	5,000	2.98%	23.60
Wrestling (G)	10	276	3.62%	18.78
Wrestling (B)	139	4,724	2.94%	23.97
Cheer	105	4,807	2.18%	26.79
Basketball (G)	137	6,530	2.10%	18.98
Boys Soccer	89	4,342	2.05%	21.43
Gymnastics	3	153	1.96%	15.50
Volleyball	115	8,278	1.39%	18.89
Softball	49	5,160	0.95%	15.89
Basketball (B)	66	8,788	0.75%	14.56
Dance	12	2,192	0.55%	31.50
Swim/Dive (G)	10	2,178	0.46%	15.29
Baseball	27	6,502	0.42%	12.76
Girls Golf	4	1,171	0.34%	27.00
Swim/Dive (B)	3	1,695	0.18%	38.50
Track & Field (G)	6	7,304	0.08%	16.60
Golf (B)	2	2,633	0.08%	14.50
Track & Field (B)	5	10,048	0.05%	15.33
Band	4	17,417	0.02%	7.00
Cross Country	1	6,673	0.01%	11.00
TOTAL	1818			

MIDDLE SCHOOLS

Football	155	9,508	1.63%	16.14
Volleyball	27	8,726	0.31%	18.52
Cross Country	1	4,880	0.02%	5.00
Boys Soccer	2	559	0.36%	21.00
Basketball (G)	52	7,532	0.69%	18.71
Basketball (B)	21	8,681	0.24%	11.78
Cheer	12	3,269	0.37%	21.82
Wrestling	22	3,668	0.60%	26.82
Track & Field (G)	5	10,208	0.05%	10.25
Track & Field (B)	7	10,232	0.07%	6.50
Soccer (G)	5	448	1.12%	13.80
TOTAL	309			

TABLE 2 – SUMMARY BY GENDER
(high school sports only)

ALL SPORTS & SPIRIT

	Reported Conc.	Total Part.	Incidence
Boys	1,235	60,775	2.03%
Girls	579	48,092	1.20%

COMPARABLE SPORTS

Boys	332	46,114	0.72%
Girls	344	32,662	1.05%

ALL SPORTS EXCEPT FOOTBALL

Boys	332	46,114	0.72%
Girls	579	48,092	1.20%

BOWLING

Sign Up by August 22

Schools interested in participating in KSHSAA interscholastic bowling are reminded that August 22 was the deadline to sign up for participation during the 2019-20 school year. Interested schools should have marked bowling on Form ADM-1. Bowling Manuals and rules exams will be mailed to participating schools in late October.

CROSS COUNTRY

Regional Meet Information

Regional meets will be held Saturday, October 26, for all classes in boys and girls cross country. Cooperative teams must be separated for postseason meets and those individuals must compete for their own school. Participating schools returning **Fall Sports Entry Fee Form ADM-1** will be assigned to a regional. Class 6A, 5A, 4A, 3A, 2A will be allowed to run seven runners and the top five will be used for team scoring purposes. Class 1A may run seven runners and the top four will be used for team scoring purposes.

Schools will enter up to 10 names of potential runners for boys and girls online by logging onto the KSHSAA website and entering runners on form CC-1 (girls) and CC-2 (boys) by noon on October 21. Regional groupings of schools will be posted on the KSHSAA website after September 27.

Classes 6A, 5A and 4A will have four regionals with nine schools (if all schools participate) assigned to each regional site. Classes 2A and 3A will have four regional sites with up to 16 schools assigned to each regional if all schools have a cross country program. Class 1A will have three regional sites with the number of schools participating divided up evenly between the three sites. Twelve teams from each classification will qualify for the state meet. Additional individual qualifiers will also be included based on the procedure outlined in the cross country announcement sheet.

The cross country announcement sheet can be found on the KSHSAA website by going to the cross country page and clicking on announcement sheet.

Race Distances

At regional and state meets both boys and girls will run a 5K. During the regular season host schools may determine race distances. Students in 7th and 8th grade may run up to two (2) miles (3200m).

ACT Test Date Conflict

The date for the state cross country meets is Saturday, November 2, 2019. State meets will start in the morning. This is an ACT testing date so students should be aware there will be a conflict and select another testing date.

ACT testing dates for this school year are:

September 14, 2019	October 26, 2019
December 14, 2019	February 8, 2020
April 4, 2020	June 13, 2020

Regional cross country sites and hosts will not be known until September 27 after classifications are released by noon on September 25.

State Meet Information

6A, 5A, 3A site and schedule: The 6A, 5A and 3A state meets are Saturday, November 2, at Lawrence, Rim Rock Farm (five miles northwest of Lawrence). Steve Heffernan, Lawrence-Free State HS, is the meet manager.

10:00 a.m. - 3A Girls	11:45 a.m. - 3A Boys
10:35 a.m. - 6A Boys	12:20 p.m. - 6A Girls
11:10 a.m. - 5A Girls	12:55 p.m. - 5A Boys

NOTE: It is imperative that participating schools inform students, parents and interested fans of the importance of arriving early and following the instructions which will be sent to schools. For member schools to continue to have access to this excellent cross country course, the outlined traffic pattern and procedure for admission will need to be followed.

Ticket prices: Due to a parking charge required by Kansas Athletics, the prices at Lawrence will be \$10 for adults and \$7 for students grades K-12. The additional dollar on KSHSAA ticket prices goes directly to Kansas Athletics. The KSHSAA generates no additional revenue from this surcharge for parking.

4A, 2A, 1A site and schedule: The 4A, 2A, 1A state meets are Saturday, November 2, at Wamego Country Club; Dennis Charbonneau, Wamego HS, meet manager.

10:00 a.m. - 1A Girls	11:45 a.m. - 1A Boys
10:35 a.m. - 4A Boys	12:20 p.m. - 4A Girls
11:10 a.m. - 2A Girls	12:55 p.m. - 2A Boys

Ticket prices: Adult tickets will be \$9; student tickets will be \$6.

Pass Gate Information

Forms CC-3 (girls) and CC-4 (boys) are to be emailed to the state cross country meet manager by October 28. This list will be used to admit competitors. Two coaches and one manager will be admitted free of charge. The KSHSAA will provide a pass gate list to each state site listing the superintendent, principal and athletic director who will be admitted free. It is important the KSHSAA online directory is accurate as it is used to generate the administrative pass gate list.

State Entry Fee Payment

The KSHSAA will invoice qualifying schools for state cross country fees owed after the event. Please do not send payment until the invoice is received.

No Road Races During Season

Principals and coaches should ensure their athletes are instructed to not participate in any outside competition while they are members of their school cross country or track squad. **Outside Competition Rule 22** states: "A student who is a member of a school athletic squad effective Tuesday following Labor Day through Friday preceding Memorial Day may not participate as a member of an outside team or as an independent competitor in the same sport."

Thus, it is possible for a cross country participant to run in a 'road race' until the Tuesday after Labor Day, even though they started practicing with the high school team on Monday of SCW #7 (August 19, 2019). Students choosing to participate in such events may do so as long as they do not represent their school and provided they abide by the **Awards and Amateur Rules (Rules 20 & 21)** found in the *KSHSAA Handbook*. Since many 'road races' offer cash or merchandise prizes such as shoes, caps, gift certificates for meals, movies, etc., a review of **Awards Rule 20-1-3 (a)** may be helpful.

"Students who participate in athletic activities, outside of interscholastic competition, shall not accept awards of cash or merchandise. Medals, trophies and t-shirts shall not be considered merchandise."

REMINDER: No individual may participate in a meet until they have completed nine (9) days of practice. No member school shall participate in a meet until it has had fourteen (14) days of training.

Mixed Competition: Member schools that compete as mixed teams should be aware of the guidelines in the *KSHSAA Handbook*, **Rule 23**.

FOOTBALL

Certification to NOCSAE Standards and Add-On Helmet Products

OVERLAND PARK, Kan. (May 8, 2018) – The National Operating Committee on Standards for Athletic Equipment (NOCSAE) has released the following statement regarding equipment certified to NOCSAE standards and add-on helmet products.

Products designed to be added to previously certified helmets for baseball, softball, football, lacrosse and other sports are being marketed and sold to consumers. Whether intended to be general improvements or expansions of the helmet's protective coverage or ability, or to collect impact data, the addition of such products to a helmet previously certified as meeting the appropriate NOCSAE® standard will make the certification voidable by the helmet manufacturer. Such additions to the helmet create a new and untested model, as defined in the NOCSAE standards.

For many years NOCSAE standards have defined a helmet model as a helmet "intended to be identical in every way, except for size." Any changes, additions or alterations of the model, except for size or color or graphics, even if made by the original manufacturer, requires that a new model name be created, and a separate certification testing data for that new model. This concept of limiting certification to a specific model is commonly found in national and international helmet standards established by other standards organizations including the U.S. Consumer Product Safety Commission, the U.S. Department of Transportation and the Snell Foundation.

- NOCSAE, itself, does not certify any product, it does not "approve" or "disapprove" of any product, and has no authority to grant exemptions or waivers to the requirements imposed by the standards it writes.
- The addition of an item(s) to a helmet previously certified without the item(s) creates a new untested model. Whether the add-on product improves the performance or not, the helmet model with the add-on product is no longer "identical in every aspect" to the one originally certified by the manufacturer.
- When this happens, the helmet manufacturer has the right, under the NOCSAE standards, to declare its certification void. It may elect to allow the certification to remain unaffected, or it may also decide to engage in additional certification testing of the new model and certify the new model with the add-on product, but it is not required to do so.
- Products such as skull caps, headbands, mouth guards, ear inserts or other items that are not attached or incorporated in some way into the helmet are not the types of products that create a new model as defined in the NOCSAE standards, and are not items which change the model definition.

More information on all NOCSAE standards is available at www.nocsa.org.

Mark Football Fields Properly

Principals and coaches should see that football fields are marked according to the diagram on pages 8-10 of the *NFHS Football Rules Book and Rule 1-2-3*. The rules require that they be marked with lines **FIVE** yards apart. Poorly marked fields often create arguments and game administration difficulties that can be eliminated by proper marking. They are also found on page 33 of the *KSHSAA Football Manual*.

The field must be marked properly and every possible hazard removed in compliance with the provisions of the rules. Unless the turf is in good condition, the players are subjected to unnecessary injury hazards. Extreme care should be taken to provide every protection possible.

Sidelines and Team Box

During a game, the team box may be occupied by the eligible substitutes, coach, assistant coaches, faculty representative, bona fide team managers, bona fide team statisticians, bona fide team athletic trainer or physician, and any disqualified players unless they have been instructed to remove themselves from the team box. This is important for the safety of officials and players.

Restraining Line - Very Important

Outside the sidelines the rules require a "Team Box" be marked. Restraining lines shall be placed around the outside of the field on both sides of the field. They shall extend between the **25-yard lines**. If both team boxes are on the same side, each shall extend from the 20-yard line to 45-yard line. These boxes shall be at least 2 yards from the sidelines. Substitutes and coaches must remain within these boxes when the ball is live.

Youth Football to be Used for Middle/Junior High School

All middle/junior high football games involving 7th and/or 8th graders only, shall be played using the "Youth Football." This eliminates misunderstandings which have occurred in the past on which ball to use.

The ball may have a long axis of 10" to 11" and a long circumference of 26" to 27" and a short circumference of 19" to 20". Weight may be 12 to 14 ounces. (See Rule 1-3-1 table in the *Football Rules Book*.) Youth footballs do NOT have the NFHS authenticating mark.

Line-to-Gain Crew

In order for the Linesman to serve efficiently as a football official, he must have the assistance of good help in the person of a Boxman and two Chainmen. They should wear white jackets or other distinctive type of uniform so they can be easily identified. In addition, they need to be very attentive with the new 40/25 ready for play rule.

Football coaches and school administrators should select these assistants with care. They should have some knowledge of the game and, if possible, the same assistants should be used in each game. They must assume the attitude of an official and perform their duties according to the instructions of the Linesman. They should report to the officials' dressing room approximately 30 minutes before game time to receive instructions.

Field Logo

If the field of play has a logo in the center or at any other part of the field of play, that logo shall not obstruct the visibility of the required marks every five yards. A field with an illegal logo should be reported to the KSHSAA after the game (**Rule 1-2-3b**).

A solid shadow-bordered 4-inch wide line is permissible. A shadow line is a line that designates the required 4-inch width by use of a border or outline lines at least ¼-inch wide, which shall lie within the 4-inch width. Shadow lines that are the natural color of the field of play are permissible. The area within these lines need not be one color, but the continuous 4-inch wide outline must be clearly visible to the game officials (**Rule 1-2-3b**).

Field Advertisement

Advertising or commercial markings are permitted on the field of play. (These advertisements should not obstruct the visibility of the required marks on the field).

Helmet/NOCSAE Test Standard

All players shall wear helmets that carry a warning label regarding the risk of injury and a manufacturer's or reconditioned certification indicating satisfaction of NOCSAE test standards. All such reconditioned helmets shall show recertification to indicate satisfaction with NOCSAE test standard. The coach's pregame verification to the referee and umpire that all players are properly equipped in compliance with the rules includes the exterior warning label. No stickers can be placed over the warning labels.

GOLF

Etiquette

It is recommended that coaches spend some time at the beginning of the season teaching golf etiquette. Golf is an exciting sport that pits the individual against the golf course. Some players don't like to face the reality of shooting a poor score. Accepting failure is pretty important in the game of golf. It is a game of honor and if a young athlete cannot accept having a bad day and doing poorly, it defeats the purpose of the game. Courtesy on the course includes safety, honor, quietness, stillness, playing without delay, allowing players in front to clear and leaving the green quickly.

Pace of Play

When we talk pace of play with golf there are many layers to uncover, more than one article can really attempt to address. However, we can look at it from three fronts when it comes to high school golf:

1. The Coach
 - a. In all high school activities there are going to be different levels of not just skill but familiarity with the sport. Hopefully, you as the coach have been hired to adjust and teach the spectrum on the roster. The point is, we must teach pace of play. We cannot assume students come into golf knowing how to effectively move around the course.
 - b. It is not enough to teach it, enforce it.
2. The Player
 - a. Be ready to play when it becomes your turn. Figure the lie, yardage and club selection during your playing partner's turn.
 - b. Limit practice swings.
 - c. Golf is a sport; walk to your ball with an athletic pace.
3. The Rules
 - a. Time to search for a ball is three minutes.
 - b. Forty seconds to take your stroke. Again, limit practice swings.
 - c. The rules are in place to help the player. A firm understanding of course markings and the adjudication of the rules when presented can help limit anxiety and pace of play.

Focusing on pace of play should not take away from a good round of golf, but they go hand in hand. If we all work on this across the state hopefully we can produce great competition and an enjoyable experience.

SOCCER

Boys and Girls Soccer Manual

The *2019-20 Soccer Manual* has been mailed to all member schools. This manual was written for use in the administration of soccer contests and to provide general information for all interested persons.

We feel certain that many of your questions will be answered by thoroughly reviewing the contents of the manual. It contains details covering the state tournament series, regulations and administration of all contests, ticket information, regional and state tournament pairings, state tournament sites, locations, assignments, managers and dates.

Uniforms and Special Event Nights

Home teams wear dark colored jerseys and socks (clear contrast to white), and visiting teams wear all-white jerseys and socks. Read carefully *Rule 4-1* in the *2019-20 NFHS Soccer Rules Book* regarding uniforms including undergarments.

Schools do **NOT** need to contact KSHSAA regarding special jersey nights such as “Pink Out” Nights where the home team wears a different color jersey and/or socks as long as the jersey and/or socks are a clear contrast to white being worn by the visiting team. Common courtesy would be to notify both the officials and the visiting team of these special nights.

Prepare for Postseason Tournament Action

As KSHSAA sponsored postseason tournaments rapidly approach, we remind you of the numerous entry forms, squad lists, photographs and pass gate forms required to organize and administer these tournaments.

2019-20 NFHS & KSHSAA Points of Emphasis for School Administration

1. Pre-game communication between the school administration and game officials: An authorized representative of the host school shall greet the officials upon their arrival. The host school principal, principal’s designee or game administrator must indicate to the head official or center referee his/her location should a situation develop where his/her assistance is needed during a contest. The contest coaches should not serve as the principal’s designee or game administrator. The expectation is that the principal’s designee or game administrator will take positive action to maintain an atmosphere of good sportsmanship within the spectator seating area.

Be present, be visible, be an outstanding host! Not only are you being proactive in providing a positive atmosphere of safety and sportsmanship, but it is also wonderful for school administrators to get to know the officials since schools will provide recommendations for postseason officials.

2. Form S (School Report on Officials): Schools may complete and submit a Form S – School Report on Officials

any time to provide positive and/or negative information regarding an official(s). Form S is located within “Entry Forms” under “Yearly-Letter Forms” on the KSHSAA website. Feedback is appreciated and documented.

3. Reporting Game Scores: Regular season game scores are to be reported at the conclusion of each contest. To do so, log in as a coach or administrator on the KSHSAA website. Click on “Activities.” Under the Soccer tab, click on the “Boys Win/Loss Report” and enter your game score. This information is needed for postseason tournament seeding purposes. Schools can follow current standings by going to the KSHSAA Soccer website and clicking on “Boys and/or Girls Standings” located on the right-hand side.

#1 Team in High School Soccer: Officials, Coaches and Administrators

The current soccer season is underway and the KSHSAA reminds those involved of the policies concerning the ethical relationship between coaches and officials during and immediately following a contest. (*See the Code of Ethics for Coaches and Officials in the Soccer Manual.*)

KSHSAA Rule 11-1-4 states: “Host school administrators and coaches are not authorized to employ officials without the approval of their opponents.” Coaches must support the assigned officials. Under no circumstances should a coach attempt to publicly criticize, berate or intimidate an official.

Officials are expected to honor contracts, arrive on time and be neatly dressed in their designated uniforms. They are expected to call each play as they see it without fear or favor, regardless of the score. Judgment calls are not subject to question or discussion.

Officials should not discuss judgment calls with coaches, players or spectators.

Any violation of this policy should be called to the attention of the KSHSAA as soon after the contest as possible by using the proper report forms supplied by the KSHSAA.

TENNIS

Important Dates for 2019 Season

Please make note of the following important dates for the season:

- Monday, August 19 – First day of practice
- Friday, August 23 – First day of competition
- Friday & Saturday, October 11-12 – Regional Tournaments (Classes 6A, 3-2-1A)
- Saturday, October 12 – Regional Tournaments (Classes 5A, 4A)
- Friday & Saturday, October 18-19 – State Tournaments (All Classes)

Please refer to the *2019-2020 KSHSAA Tennis Manual* for important information regarding rules and regulations.

NOTE: Regional assignments will be posted online the last week of September.

VOLLEYBALL

30 & 36 Point Chart Available Online for Coaches

Middle school volleyball scheduling is based on a 30 point system, and high school volleyball scheduling is based on a 36 point system. Coaches were reminded at the rules meeting of the importance of tracking all players on their points. A sample chart is located in the *KSHSAA Volleyball Manual* on page 41.

As a reminder, it is possible that not every player who attends an evening of competition (example: quadrangular = 4 teams, 3 matches) will play in all matches. In addition, on evenings where the junior varsity and varsity or 8th grade A and B teams are playing in the same facility, a JV/B team player may also play in a varsity/A team match and still have the same point value as the evening scheduled.

Please see the *Volleyball Manual*, page 13 for additional information.

Line Judges Will Use Red Flags Starting with the 2019-20 Season

Line judges are an essential and important part of the volleyball officiating team. A valuable part of the team of assistant officials, line judges serve and provide needed assistance to the primary officials in order to give our student participants the best officiated match possible.

Beginning with the 2019-2020 school year/season, line judges at all KSHSAA high school regular season and postseason volleyball contests will use red flags as they fulfill their duties. The red flags are being used by high school line judges across the country as a means to better communicate with the primary officials during play. The flags will help encourage the line judges to work hard and stay attentive to provide the needed communication for a match.

Flag Details - KSHSAA member high schools will be responsible to provide a set of flags for each court being used for play. A set = 2 flags - one flag for each of the 2 line judges required to work. If a school typically uses 2 courts in an evening/tournament, they will need to secure 2 sets of flags (i.e., 4 flags for 4 line judges).

Securing Flags - The line judge flags should be solid red in color and approximately 12"x12" to 16"x16". The flag and hand grip should be securely affixed to a pole/rod. There are numerous resources for securing these officiating flag sets. By googling "red officiating flags" schools can locate numerous options for these flags. The cost ranges anywhere from \$8 to \$40 a set.

How To Use Flags - It is the host school's responsibility to secure, instruct and train line judges (preferably adults). Information is available on the KSHSAA website. In addition, there is specific information from the NFHS Volleyball Rules Book for line judges.

**ALONE WE CAN DO SO LITTLE.
TOGETHER WE CAN DO SO MUCH.**

Q & A - Volleyball Line Judge Flags

Q1: Do most sporting goods stores have a set of flags?

A1: Many do, however they may not be available in their store. Online may be the only way to secure them.

Q2: What about stores like Walmart, Target, etc.?

A2: Available only online.

Q3: Where can I have the largest access to obtaining a set of flags?

A3: Amazon

Q4: Can a school make their own set of flags?

A4: Yes. The size of the red flag is a square 12"x12" to "16x16". The cloth will need to be securely attached to a dowel rod 18"-20" in length.

Q5: Which is the best – a manufacturer's red flag or a home-made flag?

A5: Both will serve the intended purpose. Most manufactured red flags will have a grip at the end of the stick which provides for comfort and control.

Q6: Is the flag to be used at all volleyball contests?

A6: The flags are required for line judges at all high school varsity matches. Use at sub-varsity and middle school matches is optional.

Q7: How many sets of flags will our school need?

A7: Each court will need a set (2 flags). Schools will need to have multiple sets for tournaments or varsity events where more than one court is in use.

Q8: What about training opportunities for line judges?

A8: The KSHSAA provides online information for the use of flags: www.kshsaa.org>Volleyball>Line Judge Flags>Use of Flags. It is also recommended that your line judges work a preseason scrimmage.

Competition Volleyballs May Be White or Have Color Panels

The Baden model VX5EC-220 is the official postseason volleyball for the 2019-20 school year. This is a color panel ball and the official colors required for postseason play will be **model 220-light blue, grey and white**.

As in the past, member schools will be permitted to utilize any brand of volleyball in their regular season competitions provided it complies with NFHS playing rules and carries the NFHS authenticating mark.

POTENTIAL QUESTIONS

Q1: Can a KSHSAA member school continue to use an all-white volleyball during regular season competition?

A1: YES, as long as the competition volleyball has an NFHS authenticating mark.

Q2: When hosting a regular season match, may a KSHSAA member school use a color panel ball in their school colors?

A2: YES, as long as NFHS Rule 3-2-1 is observed: **All panels of the ball shall be solid white or a maximum**

combination of three colors (with each panel being a solid color) and of which at least one-third (1/3) of the panels shall be solid white.

NOTE: NFHS Volleyball Rule 3-2-2: The home (host) team shall provide the competition volleyball.

Q3: If a member school is identified with three (3) school colors (example: red, black, grey), may they play with a ball using these three (3) colors?

A3: NO. See A2 above. At least one-third (1/3) of the panels shall be solid white.

Q4: Can a school play with a competition volleyball that is half white and half one other color?

A4: YES.

NOTE:

1. During the regular season the host school will provide the competition volleyball(s).
2. Schools selected to host KSHSAA postseason regional and sub-state tournaments will be shipped two (2) Baden VX5EC-220 color panel volleyballs for competition.

The KSHSAA has a contract with Baden Sports to remain the KSHSAA official volleyball for all postseason competitions through December 31, 2023.

One Logo Per Uniform

NFHS playing rules allow only one manufacturer's logo on each piece of the player's uniform. This logo rule applies to the uniform top and shorts. The logo may not be any larger than 2¼ square inches and may not interfere with the visibility of the player's number.

During past seasons there have been numerous violations of the logo rule on player shorts (manufacturer's name on the waistband plus an additional manufacturer's logo).

To avoid illegal player uniforms, school athletic directors and coaches are encouraged to work together when ordering uniforms.

Host Schools to Secure All Officials

A volleyball match is administered by the first referee and the second referee. Assistant officials include scorer, libero tracker, timer and two (2) line judges. **All authorized officials shall be secured by the host school (NFHS Rule 5-1-1).**

Many first and second referees are assigned by a league commissioner. However, the host school is responsible for securing and training the assistant officials. One person could assume the duties as timer and libero tracker; however, these duties are not to be done by the scorer in addition to their duties. Line judges play a key role in the officiating of a match. The KSHSAA Executive Board strongly recommends that schools provide line judges for volleyball matches at all levels. Adult line judges are strongly recommended for all high school varsity matches.

For information on the responsibilities and duties of assistant officials, see the *2019-2020 KSHSAA Volleyball Manual*, pages 39-40.

DEBATE, SPEECH & DRAMA

Debate, Speech & Drama Rules Meetings are Required

Coaches are required to attend one of seven debate and speech rules meetings conducted throughout the state during the months of August and September, or complete the requirement online. The online meeting will be available for credit from August 15 until October 7. Instructions for how to login and view the online meeting were mailed to athletic directors along with the *Debate, Speech & Drama Manuals*. Coaches attending a face-to-face meeting should bring the appropriate rules meeting form (DE-1 for debate and/or SP-1 for speech). The form is available online at www.kshsaa.org (see principal/AD for school's code and coach's password). Items to be reviewed during meetings include: *Debate, Speech & Drama Manual* changes, concerns, state tournaments, and policy and rule changes. Schools with coaches failing to attend a face-to-face meeting or complete the online meeting by October 7 will be subject to a \$100 fine, and their school will be listed in the *Activities Journal*. Face-to-face meetings will begin at 7 p.m. (See page 30 of the *August Activities Journal* for sites and dates.)

National Debate Proposition Announced for 2019-20

The high school debate proposition chosen by the majority of states, including the majority of Kansas coaches, to be used for the 2019-20 school year is: Arm Sales

RESOLVED: The United States federal government should substantially reduce Direct Commercial Sales and/or Foreign Military Sales of Arms from the United States.

2019-20 Speech Festival and Championship Dates

- April 18 — Regional Festival
- May 2 — State Festival
- May 2 — State Championship

2019-20 Debate Rule Changes

Changes adopted by the KSHSAA Executive Board and published in the *2019-20 Debate, Speech & Drama Manual*:

Sec. 10. Speakers are allowed to give a "road map" of the order of their speeches before their speech time begins. A road map is NOT an introduction or an overview of the content of the arguments, it is simply the order of the debate for organizational purposes.

Sec. 13. Prep Time—At regional and state debate tournaments, each team shall be given a total of eight (8) minutes per round for preparation time before their speeches. The timekeeper shall record this time. If a team exceeds the eight (8) minutes, the additional time shall be subtracted from that team's next speech.

2019-20 Speech and Drama Rule Changes

Changes adopted by the KSHSAA Executive Board and published in the 2019-20 Debate, Speech & Drama Manual:

Entry Fees

The SP-2 card will continue to be used for regional speech festival assignments, but the \$10 fee with the card was eliminated. The following are new speech fees:

Ballots - \$.40 each

Regional Festival, State Festival & State Championship individual event fees - \$12 each

One-Act Play - remains \$10 per student, maximum of \$50

Regional & State Festivals

Added Program Oral Interpretation to festival events

Speech Events

Added rules that were established after last year's *Debate, Speech & Drama Manual* was printed for Informative 10 and Program Oral Interpretation.

Invitational Debate Tournaments Report Form

Invitational debate tournament code of ethics report **MUST BE COMPLETED** by the host manager immediately following the contest and submitted online to the KSHSAA. The report form can be found online by accessing the KSHSAA website. Hover over the "schools" tab and click "login." Enter your User ID and password. (Please see your school administrator if you do not know the user ID and password.) Once logged in, click on the "Activities" link at the top of the page, scroll until you find the debate section, and click on "Host Tournament Report." This is an online entry report. Complete the needed information (email address is required) and click "submit" button. You will receive a confirmation email when the report is received by KSHSAA. Print and save this confirmation for your records. Failure to file the report may cause disqualification to regional and/or state competition.

KANSAS ASSOCIATION FOR YOUTH

The 2019 KAY Leadership Camp Staff was "SUPER-FANTASTIC"

All KAY campers and Cheryl Gleason, KAY Camp Director, wish to extend a big THANK YOU to the 33 staff members who helped make this year's camp the best ever! Thanks for your enthusiasm and teamwork!

Senior Staff:

Saige Baalman, Maize; Mason Bandré, Stockton, CA; Trish Bandré, Salina; Megan Beiker, Hoxie; Russell Brown, Tacoma, WA; Katlin Bryan, Topeka; Luke Bryan, Topeka; Marlene Cailteux, Lenexa; Angie Etheredge, Park City; Chris Fantasky, Grove, OK; Lydia Fuqua, Kansas City, MO; Hannah Gabel, Wichita; Kelly Garcia, Edmond, OK; Jolene Goodheart-Peterson, Clay Center; Tyler Henning, Wichita; Jessica Herlinger, Lawrence; Linda Janzen, Burrton; Carol Lutz, Richmond; Stacey Merando,

Shawnee; Kim Oatney, Waterville; Abraham Pfannenstiel, WaKeeney; Kelsey Pinkerton, Logan; Angel Romero, Topeka; Jenny White, Wilson, OK

Junior Staff

Blakely Bittel, Ellis; Ashleigh Boyd, Topeka; Quinn Johnson, Arkansas City; Haley Reiter, Ellis; Thomas Smith, McPherson; Kinsey Stuewe, Wabaunsee; Liza Ward, Hoisington; Olivia Worden, Clearwater

"SUPERFANTASTIC HEROES" at KAY Regional Conferences

Exciting times await KAY officers, board members and sponsors attending the fall regional conferences. The conference schedule will provide participation for all clubs attending with select clubs giving presentations. The conference schedule will continue to provide group interaction and an outstanding motivational speaker at the opening general session. In addition, delegates will elect a new area president, receive KAY awards earned during the 2018-19 school year and get fired up for a season of leadership and service. Regional conference information is located in the *KAY Handbook*, Section 3. You will find a copy of the conference program, an area map, the number of delegates your club may take to the conference and other essential information. Please send registration form KAY-2 and/or KAYJ-2 found online at www.kshsaa.org to your host school no later than two weeks prior to the conference. Please include your conference fees in that mailing.

2019 Regional Conferences

Area 1 Olathe West HS, Tuesday, November 12

Host Sponsor: Tonya Monhollon

Address: 2200 W Santa Fe St, Olathe, KS 66061

Phone: 913-780-7180

Area Sponsor: Mary Burgett,

Carbondale-Santa Fe Trail HS

Area President: Sophie Hoff,

Carbondale-Santa Fe Trail HS

Area 2 Emporia HS, Thursday, November 7

Host Sponsor: Amanda Mendoza

Address: 3302 W 18th Ave., Emporia, KS 66801

Phone: 620-341-2365

Area Sponsor: Stephanie Stark, Erie HS

Area President: Taygan Claar, Independence HS

Area 3 Wamego HS, Friday, November 8

Host Sponsor: Lori Scoggins

Address: 801 Lincoln Street, Wamego, KS 66547

Phone: 785-456-2214

Area Sponsor: Sharon Meyer,

Seneca-Nemaha Central HS

Area President: Olivia Mulenga, Holton HS

Area 4 Logan HS, Monday, November 4

Host Sponsor: Savannah Goscha

Address: 305 N Sherman, Logan, KS 67646

Phone: 785-689-7574

Area Sponsor: Allison Polifka, Quinter HS

Area President: Cooper Desormiers,
WaKeeney-Trego Community HS

Area 5 Holcomb HS & MS, Wednesday, November 6

Host Sponsor: Steven Miller
Address: 600 N Jones, Holcomb, KS 67581
Phone: 620-277-2063
Area Sponsor: Tonya Marceau, Meade HS
Area President: Maddie Wiltse, Otis-Bison HS

Area 6 Maize South HS & MS, Tuesday, November 5

Host Sponsors: Megan Fowler, Robbye Herrington & Erin Loyd
Address: 3701 N Tyler Road, Wichita, KS 67205
Phone: 316-462-8001
Area Sponsor: Jennifer Ankerholz, Clearwater HS
Area President: Hope Casner, Argonia HS

2020 KAY Unit Conferences

Host sites, dates and school assignments for 2020 KAY Unit Conferences have been set. Listed below are conference sites and dates:

Wednesday, January 22 Ingalls HS
Thursday, January 23 Olathe-Summit Trail MS
Wednesday, January 29 Burrton HS
Monday, February 3 Wetmore HS
Tuesday, February 4 Ellinwood HS
Wednesday, February 5 Almena-Northern Valley HS
Friday, February 7 ... Manhattan-Eisenhower & Anthony MS
Monday, February 10 Chanute HS & Royster MS
Wednesday, February 12 Argonia HS
Monday, February 17 Rozel-Pawnee Heights HS
Friday, February 21 Olathe Northwest HS

The KAY Handbook

All KAY clubs are in possession of two *KAY Handbooks* (one for the sponsor, one for the president). Upon receipt of form KAY-1, clubs were mailed information about accessing the handbook and updated materials online. Additional handbooks may be purchased from the KSHSAA for \$25 each. The *KAY Handbook* is designed as an aid for club officers and leaders for club evaluation, project planning and club activities. Service project suggestions are contained in this publication along with the constitution, point system and historical background of the Kansas Association for Youth. The *KAY Handbook* is the property of the local KAY Club and school. In addition to utilizing the online handbook information, clubs are encouraged to maintain their hard copies of the handbook.

Wanda May Vinson Scholarships

A scholarship program was established in 1957 by and for the Kansas Association for Youth in honor of Wanda May Vinson, KAY founder and longtime director. For 36 years Miss Vinson directed the Kansas Association for Youth. Through her guidance the KAY program became a nationally acclaimed organization which has provided thousands of Kansas youth the opportunity to receive leadership training and to assume citizenship responsibility by serving their school, community, nation and world.

Five hundred fifty-six students have received these scholarships over the past 62 years, this year reaching a total of \$127,000 to further their education.

September 2019

Online Merchandise

Start the year off by utilizing some of the KAY online merchandise for your officers and/or members.

Possible ideas include:

- Folders for all members (\$1 each or 12 for \$10)
- KAY Lapel Pins - \$2.50
- T-Shirts
 - Short Sleeve - \$10 (various designs available)
 - Long Sleeve - \$14 (various designs available)
 - KAY Cinch Bag (Red, Blue or Green) - \$6.00

Go to www.kshsaa.org>Activities>KAY

Students Speak Out on KAY

“Joining the (KAY) Club was one of the best things I have ever done! Through our (KAY) organization our school has learned the importance of working together, communicating and that helping others is a very important part of life.”

“A good and effective organization touches many individuals, not only its members. Volunteering time in the community peaks an awareness of what needs there are. In KAY I’ve learned that nothing speaks louder than action.”

“The KAY Club is a very important part of our school for many reasons. Not everyone can play sports or play an instrument, but everyone has the opportunity to join KAY! KAY teaches leadership skills, responsibility and the importance of helping others. Without clubs such as KAY, students wouldn’t acquire skills to prepare them for their futures.”

“I believe KAY has prepared me for a bright future, no matter what path my life may take. The KAY slogan, motto and objectives are simple, but they are the basics for living a fulfilling life. I have learned valuable teamwork and leadership skills and the importance of service to and appreciation of others.”

“What I most enjoy through my experience in KAY is seeing the development of my own personal character. I see a positive change in myself I know stems largely in part through my interaction with this club. I have come into contact with so many youths and adults who have helped me realize the person I want to be. The example given by these leaders is a true gift and one I hope to pass on.”

“KAY Leadership Camp is awesome! Not only do I now have friends all over the state, I am confident I can return to my club and be an effective leader.”

“In KAY we have a great opportunity to be the change we wish to see in the world.”

Participation in KAY leadership and service activities helps build and strengthen members’ self-confidence. The more confident they become, the more they want to do. When you ask a KAY member to do a task, expect the answer “YES I CAN.”

**LEADERS BECOME GREAT
NOT BECAUSE OF THEIR POWER
BUT BECAUSE OF THEIR ABILITY
TO EMPOWER OTHERS.**

MUSIC

All Music Directors – Deadline September 1, 2019

If you plan to enter any KSHSAA music festivals in the spring of 2020, you must turn to page 5 of the 2019-20 *KSHSAA Music Manual* (teal spine) and follow the applicable set of directions to register and/or update your “Festival Manager” database. Three or four current music manuals were sent to your athletic director at the end of July. If you don’t have a new manual, see your athletic director immediately. All directors who are new and any director who has moved and switched teaching jobs must complete these important instructions prior to September 1, 2019. If you know of a music director who has retired and is no longer teaching, please email us so we can remove them from our list. You must be registered with your current school in order to receive communications from KSHSAA regarding notifications of deadlines, changes of venue, or other music announcements throughout the school year. Annual updates to your profile are essential.

2019-20 Music Festival Dates

- March 28 — Regionals (first weekend)
- April 4 — Regionals (second weekend)
- April 15-16 — State, Large Groups
- April 25 — State, Solo & Small Ensembles

2019-20 Music Classifications

6A-32, 5A-32, 4A-56, 3A-64, 2A-64, 1A-106

Sec. 8 Accompanists (*New 2019-20)

- **The same accompanist may not be used at two different sites on the same day.**
- * It is strongly recommended that accompanists limit their events to less than 12.
- * No accompanist may play for more than 22 events.
- There is no charge for piano or non-piano accompanists of vocal or instrumental entries.
- It is important to accurately list your accompanists’ names and email addresses.
- Eliminating schedule conflicts depends on accuracy.

Online Music Adjudicator Training Videos

The KSHSAA and KMEA Online Music Adjudicator Training Videos are available for viewing by contacting Kathy or Craig.

Who should participate?

- All music adjudicators
- Current adjudicators looking to improve their skills
- Potential new adjudicators
- Current music directors
- Directors who would like to become an adjudicator
- Directors who would like to know what adjudicators are listening for at State Large Group Music Festivals!

This is an awesome tool for educating your students about State Large Groups!

Understanding Copyright and Compliance Course

The National Federation of High Schools (NFHS) is doing a great job of reaching out to music teachers and music adjudicators in our nation. I want to make you aware of four free online music courses that are available at www.nfhslearn.com.

This course should be taken by ALL K-12 and college/university music teachers! Not complying with music copyright laws could potentially cost you and/or your school district \$30,000 per infraction. You need to educate yourself on all copyright laws and what is legal and not legal. This course was written in partnership by the NFHS and NAFME.

Music Director Online Rules Meeting is Required

All high school music head directors are **required to complete** the KSHSAA online rules meeting each year. The online meeting will be available for credit from August 31 until October 31. Instructions for how to login and view the online meeting were mailed to athletic directors the first of August along with the *Music Manual*. Please check with your administration for your password. Schools with directors failing to complete the online meeting by October 31 will be subject to a \$100 fine and their school will be listed in the *Activities Journal*.

Marching/Pep Bands at Football Contests

Part of the excitement at many of our **interscholastic football games** involves the spirited music supplied by marching/pep bands. The performances of the musical group are enjoyed by all attending the game. (See page 24 of the *KSHSAA Music Manual* for further details.)

To ensure full appreciation of the groups’ performances, certain guidelines indicating when to play should be followed. Band directors are reminded that as a courtesy to the teams and cheerleaders of both schools, performances by the band should be limited to certain times. The guidelines listed below indicate appropriate playing times for the band.

1. Bands may play before the game begins, allowing for time to introduce team members.
2. Bands may march or play at halftime of the game.
3. Bands may play at the end of the game if desired.
4. Bands may play during time-outs or the break between quarters. However, cheerleaders need an opportunity to lead cheers.
5. Musical instruments may not be used as noise makers while the game is in progress. This includes any time clock is running or ball is marked for play.

Marching bands will be permitted to attend **postseason football games** at no charge, provided they perform on the field during the halftime of their school’s game. In the absence of a marching band at postseason football games, pep bands, not to exceed 50 members plus two directors, are to be admitted free for the game during which their school participates. If more than 50 members are used as a pep band, those in addition to the 50 must pay the regular student admission price.

SCHOLARS BOWL

Scholars Bowl Coaches Rules Meeting Required for 2019-20

All **high school** scholars bowl coaches will be required to take an online rules meeting over the rules and regulations for scholars bowl. All participating scholars bowl high schools may take the online rules meeting between the dates of September 16 - October 21. Coaches will need to login to the KSHSAA website with their coach/sponsor user ID and password. Please check with your principal and/or athletic director to obtain this information.

Regional Entries

Schools wishing to participate in postseason scholars bowl competition must have submitted form ADM-1 along with the appropriate entry fee to the KSHSAA by August 22. Questions are due in the KSHSAA office on Friday, October 25, 2019.

IT IS IMPORTANT FOR SCHOOLS TO NOTE, ENTRIES FOR REGIONAL COMPETITION WILL NOT BE CONSIDERED FOR AN ASSIGNMENT UNTIL FORM ADM-1, ENTRY FEE AND QUESTIONS HAVE BEEN SUBMITTED TO THE KSHSAA.

Regional Scholars Bowl Tournaments for all classes will be held on Thursday, February 6, 2020. State championships for all classes are scheduled for Saturday, February 15, 2020. Sites for all regional and state scholars bowl tournaments will be released in December.

Submit Questions Online for Scholars Bowl Competition

After submitting Form ADM-1, schools must submit five (5) questions **ONLINE** in each of the following categories: Social Sciences, Language Arts, Mathematics, Science/Health, Fine Arts, World Language and Year in Review.

Scholars bowl questions MUST be submitted online. Coaches will be required to submit 35 questions by October 25, 2019. You will need to go to our website at www.kshsaa.org and login under 'Schools' with your name (as the scholars bowl coach) and enter your school user ID and password. Once you login, you will click on the 'Activities' tab, then scroll down to click on 'Scholars Bowl Question Submission'.

Questions are due to KSHSAA October 25. SCHOOLS WILL NOT BE GIVEN A REGIONAL ASSIGNMENT IF THEY HAVE NOT FULFILLED THIS REQUIREMENT. Complete information on how to write questions is published in the *Scholars Bowl Manual*. Some important considerations are:

1. All questions must be submitted **ONLINE**.
2. TYPE all questions clearly. Spelling, calculations and answers **MUST** be accurate.
3. Quality and level of difficulty should be appropriate for regional and state level competition.
4. Coaches should avoid submitting the same questions they will use during the regular season competitions.

Remember, the quality of regional and state Scholars Bowl Championships are affected by the quality of questions submitted.

September 2019

Academic Contests Rule 51

Academic Contests Rule 51-2-2 restricts the number of competitions only for scholars bowl. "No student may participate in more than eight scholars bowl competitions per year. On those days when school time is used, only two competitions may start prior to 3 p.m. (C.T.)"

Rule 51-2-2 also sets limits for the scholars bowl season. "Competition shall not begin prior to Standardized Calendar Week #16 . . ." and ". . . shall culminate with the State Scholars Bowl Championship."

SPIRIT GROUPS

Spirit Spreader Clinics August 26 - September 6

Cheerleaders, dancers, drill teams/pompon squads and sponsors are invited to attend one of nine Fall Spirit Spreader Clinics held throughout the state in August and September. Cheers, chants, stunts and dance routines are taught, along with important subjects such as sportsmanship, leadership and developing unity. Special sessions are planned for spirit group sponsors. The KSHSAA-sponsored clinics are staffed by professionals in the field of school "spirit" groups. The day's activities begin at 8:30 a.m. with registration and will dismiss at 2:20 p.m. Additional information is available at www.kshsaa.org. Dates and sites can be found on page 34 of the August *Activities Journal*. Form SPR-1 must be sent to the host school at least one week prior to date of clinic.

2019 KSHSAA Game Day Spirit Showcase Competition

We are very excited that preparations for the 2019 KSHSAA Game Day Spirit Showcase Competition are progressing nicely. The KSHSAA website has important Game Day information and registration request details on the Spirit Activities page (www.kshsaa.org>Spirit).

Varsity Spirit has been contracted to run this event on November 23, 2019 in Topeka at the Stormont Vail Events Center's (formerly the Expocentre) Landon Arena. All registration requests, future participation emails and waiting list emails will be sent from Varsity Spirit. Please remember that a maximum of 94 teams total may participate.

We hope your school will fill out a registration request, which will begin on Thursday, September 26, 2019 at 8 a.m. from a link on the "countdown box" located on the Spirit Activities page at www.kshsaa.org>Spirit.

Thank you for your support and interest in this new KSHSAA event!

Required Annual KSHSAA Spirit Safety Meetings - All Head Coaches

- **Head** spirit coaches/advisors (**grades 7-12**) shall attend a **mandatory** meeting, intended to promote and provide fundamentals of the activity and participant safety.

continued → 23

- Spirit rules meetings will be conducted at all **KSHSAA Fall Spirit Spreader Clinics from 9:15 a.m.-11:15 a.m.**
- Spirit coaches/advisors **shall** complete a test with information provided and discussed at the spirit safety meeting.
- Head spirit coaches/advisors assuming positions after the scheduled meetings are concluded, or who have been granted special permission by their administration, may meet the above requirement by taking an online meeting which will be available beginning August 15.
- **Schools failing to submit the mandatory spirit safety test will be listed in the *Activities Journal* and subject to a \$100 penalty.**

NFHS Spirit Rules Books

The 2019-20 edition of the *Spirit Rules Book* includes definitions, safety, rationale for rule revisions, points of emphasis, a case book, coaches manual and cheer and dance guidelines.

The *NFHS Spirit Rules Book* (\$7.00) may be purchased by contacting the KSHSAA. Requests for spirit rules interpretations or explanations should be directed to the KSHSAA.

2019-20 NFHS Spirit Rule Changes

1-Definitions: Dive Roll – An airborne forward roll where the feet of the performer are at or above the performer’s waist prior to the hands making contact with the performing surface.

Rationale: Allows a slight point during a forward roll where the top person’s hands and feet are off of the ground at the same time. The requirement that the feet remain at or below the waist remove the ability to do a swan dive type of roll.

1-Definitions: Switch Up Liberty – A top person starts with one foot in a load, is tossed A stunt in which a top person starts with one foot on the ground, is released, and lands in a Liberty on the other foot vertical stunt on one foot or both feet. **Rationale:** A switch up skill can be performed to positions other than a liberty. Changing the label and the definition reflects the different body positions in which the top person can land.

2-1-5: ART. 5. Performing surfaces and areas must be suitable for spirit activities. a. Surfaces and areas must be reasonably free from objects and/or impediments. b. Stunts and tumbling must be modified to be appropriate for the surface and/or area and in relation to other participants. c. When discarding props that are made of hard material, or have corners or sharp edges, team members must gently toss or place the props. c. When using props that are made of hard material or have sharp corners or edges: 1. A top person may not release the props to the ground. 2. A person on the ground must gently toss or place the props. **Rationale:** Clarifies the disposal of signs and reduces risk by not having hard signs released from top persons in stunts.

3-1-8: ART. 8. Supports, braces, soft casts, etc., that are unaltered from the manufacturer’s original design/production do not require any additional padding. Supports/braces that have been altered from the manufacturer’s original design/production must be padded with a closed-cell, slow-recovery foam padding no less than one-half-inch thick if the participant is involved in partner stunts, pyramids or tosses. A participant wearing a plaster cast or a walking boot must not be involved in partner stunts, pyramids, or tosses, jumps, or tumbling. **Rationale:** Aligns with requirements for proper footwear.

3-2-7; 4-2-7: (P)ART 7. A spotter is required for extended stunts or transitions that stop in an extended position except for the following: a. Chair. b. Russian lift. c. Torch c. d. Double-base split catch. d. e. Double-base vertical T-lift.e. f. Triple-base stunts in which the top person is horizontal. f. g. Triple-base suspended splits. g. h. Triple-base straddle sit provided the top person has both hands in contact with a post. **Rationale:** A torch is a prep level skill in which the top person’s foot is in the hands of the base, which requires a spotter. Having torch in this list of exceptions contradicts rules 3-2-8 and 4-2-8. Allowing a triple-base straddle sit without the criteria for a post or a spotter is just as safe as a triple-base suspended split without a spotter and should not require additional stunt personnel for this skill as it does not cause an increased risk.

3-2-8; 4-2-8: (P) ART. 8. A spotter is required for tosses to single-base shoulder stands and single-base prep-level stunts in which the foot/feet of the top person are in the hands of the base and tosses to single-base shoulder stands. **Rationale:** Reworded for clarification. The previous wording was unclear as to whether the spotter was required for these two skills or for “tosses to single based shoulder stands and tosses to stunts where the feet were in the hands”. This clarifies that it is any time the feet are in the hands and also tosses to shoulders.

3-3-3: (P) ART. 3. Braced inversions in a pyramid that do not flip or roll are permitted provided the following conditions are met: a. The inverted top person shall have at least two bases or a base and a spotter. b. If the inverted top person is released the following conditions shall be met: 1. The skills/stunts before and after the release are permitted. 2. Each bracer is at prep level or below. If in a prep or shoulder stand, the bracer(s) shall have two bases or a base and a spotter. 3. The bracers do not provide primary support for the top person. 4. The top person and base(s) make no more than a ¼ turn around the bracer in a continuous movement. 5. The top person is caught by original base(s). When the catchers are not the original bases, the new catchers are in place when the transition is initiated, remain close to the original bases and are not part of any other skill. 6. The top person does not land in an inverted position. c. The top person must maintain hand-to-hand/arm contact with a bracer and at least one bracer maintains hand-to-hand/arm contact. **Rationale:** Allows the inversion to be caught by new catchers becoming consistent with other braced inversion rules that were changed in 2018. This rule was inadvertently overlooked when the revision occurred last year. The criteria states the new catchers have to remain close to the original bases and must be in place prior to the initiation of the inversion and does not increase the safety risk to the top person. The revision in Rule 3-3-3c helps clarify the intent of the rule and more accurately describes the connection required between the bracer and the top person.

3-3-5: (P) ART. 5. Braced flips in a pyramid are permitted provided all the following conditions are met: a. The top person maintains continuous hand-to-hand/arm contact with two bracers who are in multi-base preps with a spotter. Each arm is connected to/by a separate bracer. The top person is not behind the bracers. Both of the top person’s hands/arms are in continuous contact with a bracer. b. Each bracer must be in a multi-base prep with a spotter. c. The top person must be to the side of or in front of the bracer(s). f. The bases/catchers remain stationary except as necessary for safety adjustments. **Rationale:** Safely allows similar visuals for smaller teams. This change allows a braced front flip performed just as it is on the ground, using one bracer behind the top person holding both hands (commonly called a “Baja”.) This can currently

be performed if another bracer is holding the wrist of the top person. That bracer is not necessary for this skill. Splitting out a, b, and c are editorial for clarity. (f) This rule is unnecessary with the change allowing the top person to change bases during the flip.

3-3-6; 4-3-6: (P) ART. 6. In all other inversions: a. Inversions may release to the following provided there is a spotter: 1. Non-inverted dismounts with no more than a ½ turn. 2. Loading position with no more than ½ turn. 3. A stunt at prep level or below any level with no twists. b. In inversions where the base of support begins and remains below prep level, at least one person shall maintain contact with the top person until the top person is no longer inverted or his/her hands are on the performing surface. c. In inversions where the base of support begins at or passes through prep level: 1. At least two people on the performing surface shall be in a position to protect the head/neck of the top person., one of whom must maintain contact with the top person's upper body (waist and above, which may include arms/hands) until the top person is no longer inverted or his/her hands are on the performing surface. The contact must be sufficient to stabilize/control the top person's position. 2. Contact must be maintained between at least one base and the top person's upper body, (waist and above, which may include arms/hands) until the top person is no longer inverted or their hands are on the performing surface. The contact must be sufficient to stabilize/control the top person's position.

EXCEPTION: A foldover that begins at or below prep level and does not stop in an extended position is allowed. When the catchers are not the original bases, the new catchers shall be in place when the inversion is initiated, remain close to the original bases and are not part of any other skill.

Renumber current 2 and 3

Rationale: (a) Inversions releasing to extended level pose no additional risk than to prep level. When landing in a prep level skill, proper technique is to catch the skill in an extended position and bring it to prep level while balancing. (c) A top person can be in an inverted position while in contact with one person as long as two people are in a position to protect the head, neck, and shoulder area.

3-3-7; 4-3-7: ART. 7. An inverted top person must not hold objects (poms, signs, etc.) in his/her hands, except during a transition from an inverted position on the performing surface to a non-inverted stunt or from a prone position below prep level to a forward roll dismount. **Rationale:** Allows the top person to hold objects while transitioning through an inverted position including from a prone position below prep level.

3-4-4: (P) ART. 7. A top person may be moved from a vertical position to a horizontal position (straight body) or cradle position provided all the following conditions are met:

- The top person maintains contact with at least one original base, post or spotter.
- At least two catchers and/or bases catch the upper body of the top person.
- The catchers must be to the side or front of the person(s) moving the top person.
- c. When the catchers are not the original bases, they remain close to the original bases and are in place prior to the movement to the horizontal position.

e d. When the catchers are not the original bases and the top person begins or passes through an extended overhead position, there are three catchers.

Delete 3-4-8, 3-4-9, 4-4-9, 4-4-10

Rationale: Both horizontal and straight body are redundant. C should be removed as pendulum type skills from an extended position have been allowed since 2015-16. Determining what is the side and front is sometimes difficult depending on the type of transition. This rule already includes criteria that new catchers must remain close to the original bases and are in place prior to the movement to the horizontal position, therefore making sure the top person is not transitioned to a horizontal position prior to the catchers being in place. We currently allow dismounts to new catchers and do not specify that the new catchers are to the side or front.

3-4-12; 4-4-5: (P) ART. 12. A flip from the performing surface that lands in a partner stunt or cradle is not permitted. **Rationale:** Redundant rule; it is a duplicate from the Tumbling rule 3-8-4 and 4-8-4.

3-5-4: (P) ART. 4. A switch liberty caught by the original bases is permitted as an exception to Articles 3-5-2 and 3-5-3. **Rationale:** This change in terms from "switch liberty" allows the top person to land on both feet instead of just one. This clarification of the intent of the previous rule is that switch ups cannot be caught by new bases, but must be caught by the original bases.

3-5-5: (P) ART. 5. Release transitions are permitted provided all of the following conditions are met throughout the transition:
a. The skills/stunts before and after the release are permitted.
B. The top person maintains hand-to-hand/arm contact with at least one bracer and at least one bracer maintains hand-to-hand/arm contact except for the following skills, in which the top person may not change bases: 1. A non-braced top person in a vertical position at prep level or above may be released to a stunt at any level provided the top person remains vertical in a position where the upper body remains vertical and the legs are not in a seated/piked position. Vertical releases from an extended position to an extended position may not perform more than a ¼ twist. 2. A non-braced top person in a cradle position or horizontal position at prep level or below may be released to a loading position or stunt prep level or below. c. Each bracer is at prep level or below. If in a prep or shoulder stand, the bracer(s) shall have two bases or a base and a spotter. d. The bracers do not provide primary support for the top person. e. The released top person and base(s) make no more than a ¼ turn around the bracer in a continuous movement in which the top person remains vertical over the base(s). f. When the catchers are not the original bases, the new catchers are in place when the transition is initiated, remain close to the original bases and are not part of any other skill. **Rationale:** (b) The revision helps clarify the intent of the rule and more accurately describes the connection required between the bracer and the top person. This does not change the intent of the rule. (b1) Clarifies what positions the top person can be in when performing the release. Allowing vertical releases to begin at prep or above allows more skills without increasing risk. The high to high release is further limited to only a ¼ rotation to allow a small pop to arabesque, but not a fully released high to high full around. (e) Is now aligned with rule 3-5-5 allowing a change of bases, but not requiring the top person to remain vertical over their original bases.

3-6-2; 4-6-2: (P) ART. 2. Non-braced suspended splits that originate from or pass through prep level or above are permitted provided all the following conditions are met: b. The top person has both hands in contact with a base(s) once she reaches the full split position.

EXCEPTION: Top person may release one hand to grasp the hand of another base, post, or bracer to adjust his/her position.

Rationale: Allows a top person in a suspended split to release a base or a post in order to connect to a bracer.

3-6-3; 4-6-3: (P) ART. 3. Braced suspended splits are permitted provided all the following conditions are met: a. The top person has at least two bases. b. The top person has both hands in contact with the bracer(s) and at least one bracer maintains continuous hand-to-hand/arm contact. c. The top person and bracer(s) each have a separate spotter with the exception of bracers in shoulder sits or thigh stands. d. The bracer(s) maintain hand/arm contact with the top person until he/she is no longer in a split position. **Rationale:** The connection wording change in (b) is in keeping with others submitted. (c) is unnecessary for a braced connection that doesn't release and is not required elsewhere in the rules. (d) Is unnecessary wording. The skill is performed with and without this requirement without issue and follows proper technique.

3-7-9: ART. 9. In cradle dismounts where a bracer is involved after the bases release the top person, all the following conditions must be met: c. Each top person and bracer has a separate spotter with the exception of bracers in double based preps, shoulder sits or thigh stands. d. The bracers do not provide primary support for the top person and remain in place during the dismount. e. The release is a continuous vertical up-and-down movement in which the top person remains over the original base(s). The top person makes no more ¼ around the bracer in a continuous movement. f. When the top person is not released to new catchers, the catchers must be in place prior to the initiation of the release and are not part of any other skill. g. Bases and remain in place during the dismount. **Rationale:** (c) Allowing bracers to be in a double base prep without a spotter is safe. Currently, braced transitions are allowed with a bracer in a prep without a spotter. This would further a line releases and dismounts that involve a bracer. (e) This allows for a ¼ turn around the bracer to a cradle dismount, much like a release transition to a stunt. (f) Allowing the top person to be caught by new catcher who are in place and not involved in any other skill prior to the initiation of the dismount does not increase safety risk for the top person, as this is allowed to a stunt in rule 3-5-5.

4-3-3: (P) ART. 3. Braced inversions in a pyramid that do not flip or roll are permitted provided the following conditions are met: c. The top person must maintain head-to-hand/arm contact with a bracer. c. The top person and at least one bracer maintain a hand-to-hand/arm contact. **Rationale:** The revision helps clarify the intent of the rule and more accurately describes the connection required between the bracer and the top person.

4-4-3: (P) ART. 3. A participant must not move over or be under a partner stunt or pyramid except when helping build, stabilize or dismount that partner stunt or pyramid. Partner stunts and pyramids may not pass over, under or through other partner stunts or pyramids. **Rationale:** Dance only change, which allows a dancer to walk under a pyramid connection or a stunt provided they are not the required spotter and does not increase safety risk.

4-4-4: (P) ART. 4. A top person may be moved from a vertical position to a horizontal or cradle position provided all the following conditions are met: d. The catchers are to the side or front of the person(s) moving the top person. d. e. When the catchers are not the original bases, they remain close to the original bases and are in place prior to the movement to the horizontal position. **Rationale:** Pendulum type skills from an extended position have been allowed since 2015-16. Determining what is the side and front is sometimes difficult depending on the type of transition. This rule already includes criteria that new catcher have to remain close to the original bases and are in place prior to the movement to the horizontal position, therefore making sure the top person is not transitioned to an horizontal position prior to the catchers being in place. We currently allow dismounts to new catchers and do not specify where the new catcher have to be.

4-5-3: (P) ART. 3. Non-braced release stunts and transitions are permitted: a. The top person must begin and end at prep level or below. The top person may begin and end in a vertical or horizontal position or a cradle. **Rationale:** The current rule contradicts Rule 4-4-4b, a top person cannot be released to a horizontal position from prep level. This change removes the contradiction.

STUDENT COUNCIL

2019 STUCO Workshop

"It Starts With Us" was the theme of the 56th annual KSHSAA Student Council Workshop held on the campus of Emporia State University. A staff of 40 enthused Kansas student council leaders helped guide more than 380 delegates and advisors through a fantastic week of learning and fun. In the words of a delegate, in a letter to her principal:



"Thank you so much for allowing me to come to STUCO Workshop to work and learn with so many great minds. I've learned so much about leadership that I can't wait to try some of these ideas at our school. STUCO plays an important role in schools. It's important that all students in the entire student body feel a sense of pride and belonging. Together we can make a difference in our school if we stay focused. This was awesome! I wouldn't trade this experience for anything in the world."

2019 STUCO Regional Conferences

Regional Conference Sites | 8:30 a.m. - Noon

Monday, September 23	Topeka-Seaman HS
Tuesday, September 24	Goddard-Eisenhower HS
Wednesday, September 25	Winfield HS
Thursday, September 26	Chanute HS
Monday, September 30	Lyons HS
Tuesday, October 1	Hays HS
Wednesday, October 2	Garden City HS
Thursday, October 3	Olathe South HS

Separate sessions for students and adults will be held at each site. Last year's conferences were attended by more than 250 schools and 3,400 students. **PLAN TO ATTEND! REGISTER EARLY!**

For more information, see **Form STU-1 (STUJ-1) from the online *Entry Forms*. Each school is allowed 15 delegates. (Additional space may be available by contacting the conference manager.) Register and pay fees directly to the host site. NOTE:** All students attending regional conferences are reminded to bring pencils/pens and notepaper to use during the conference.

Middle/Junior High School Councils Welcome!

Each fall, a few middle school and junior high students attend Fall Regional Conferences. The KSHSAA wishes to extend a genuine **"WELCOME"** to any and all junior high and middle school councils who might wish to attend.

Plan now to attend. Have your principal submit **Form STUJ-1** found online at www.kshsaa.org to register directly with the conference site of your choice.

Student Council Advisors Workshop: "Leadership—It Starts With Us," Time to Collaborate, Learn and Grow

On Wednesday, November 13, 2019, the Kansas State High School Activities Association will be conducting a statewide Student Council Advisors Workshop at the KSHSAA office

in Topeka. The workshop is designed for ALL STUDENT COUNCIL ADVISORS, regardless of the number of years he/she has served. Advisors and administrators are constantly searching to discover new designs on leadership or discover amazing leadership opportunities for their students. The Student Council Advisors Workshop will help advisors discover new ideas, new ways to motivate students, more ways of getting students involved, and new ways to improve and upgrade student council in their schools. The goal of the advisors workshop in November is to network and gain new ideas for the amazing opportunities for student councils throughout Kansas.

Additional information and registration materials will be mailed to student council advisors and principals in September. Hope to see you in Topeka on November 13!

Send Us Your Constitution

The KSHSAA receives numerous requests for sample bylaws and constitutions. We believe this to be a good indication that councils are giving serious consideration to the examination, revision and updating of their constitution.

This office would appreciate receiving a copy of the constitution from your school. Sending us the information will allow us to have model constitutions available for use by other schools and enable advisors to discover if a constitution for their council really exists. Please send a copy to: Rod Garman, KSHSAA, PO Box 495, Topeka 66601 or email rgarman@kshsaa.org.

Did You Know...

The following information is available at www.kshsaa.org:

KSHSAA/NFHS "Minimizing Risk: A Shared Responsibility"

It is suggested this four-minute video, located in the Sports Medicine & Safety menu, be shared with parent groups, coaches and students regarding the risks associated with school activities/participation.

Sports Medicine and Safety Information

A host of resources are available including information on heat illness prevention, concussion guidelines and emergency action planning.

Tutorials

By signing in with the school user ID and administrator password, you can watch a five-minute tutorial on Submitting Financial & Ticket Reports, Online Eligibility and Track & Field Meet Manager. It's a great way to learn or review these procedures.

KSHSAA Media Information

Information includes audio PSAs written by the KSHSAA Student Advisory Team addressing everything from sportsmanship to the importance of school activities. Suggested use: school announcements, PA announcements at games, text for programs, signs, etc.

PDFs of KSHSAA Activities Journals & Sport/Activity Manuals

If you've lost your copy or need extra copies, just click and print.



KSHSAA HALL OF FAME

Do you know someone associated with Kansas high school activities who possesses the criteria listed below and is deserving of Hall of Fame recognition?

HALL OF FAME CATEGORIES

Administrator ... Principal, Superintendent, Athletic Director, Activities Director

Faculty Coach, Sponsor, Director of an activity

Official KSHSAA Registered Official/Judge, Adjudicator in interscholastic activities

Student..... Student achievement in interscholastic activities; must be graduated from high school 5+ years.

Contributor..... One who has contributed to interscholastic activity programs in some capacity other than the previously mentioned categories. Nominee may still be active and must have made outstanding contributions for at least 30 years.

HALL OF FAME CRITERIA

- Nominee must exemplify highest standards of sportsmanship, citizenship, ethical conduct and moral character.
- Nominee must have demonstrated OUTSTANDING and exceptional abilities in nominated category.
- Nominee must have made a contribution in Kansas high schools in the nominated category.
- Nominee will be judged on their significant and/or long-term contributions in interscholastic activities. (NOTE: Longevity, without meaningful impact, does not constitute appropriate credentials for HOF consideration.)
- Nominee may not be currently active in nominated category (exception = contributor with 30+ years).
- Nominee may not nominate himself/herself.

HOW TO NOMINATE A CANDIDATE

1. Secure a Hall of Fame brochure from the KSHSAA (www.kshsaa.org – login on the school site and go to entry forms/special forms OR email cgleason@kshsaa.org). Complete information on page 3.
2. Provide information about your nominee specific to the category nominated (see brochure for info).
3. Request a maximum of six letters of recommendation for your nominee. One letter must be from the nominator. Letters should be from varied sources and should speak to the nominee's moral character, achievements, leadership and citizenship.
4. Provide a small photo of nominee. Provide newspaper articles (optional).
- 5. DEADLINE FOR NOMINATION MATERIALS TO REACH THE KSHSAA IS THE FIRST BUSINESS DAY OF NOVEMBER.** In order to insure that all materials are secured, it is suggested that the nominator collect all items and mail in one envelope.

Direct questions to Cheryl Gleason at cgleason@kshsaa.org.

NOTE: Please see the KSHSAA website for a complete list of Hall of Fame members.



KSHSAA GALLERY OF CHAMPIONS

www.kshsaachamps.org

- The KSHSAA Gallery of Champions website continues to grow! This past summer the KSHSAA welcomed Erica Shults (St. Marys HS, 2019), Mary Broxterman (Hoyt-Royal Valley HS, 2019) and Calvin Heit (Topeka HS, 2020) on board as summer assistants. Thanks to their efforts and the continued efforts of many KSHSAA staff, the Gallery of Champions is getting closer to housing a complete historical database of KSHSAA championship events. We encourage you to not only visit the site but also share the site with your community patrons who will undoubtedly find a lot of interesting information.
- This site recognizes all of the phenomenal accomplishments and contributions of Kansas students and educators throughout the history of the KSHSAA in a digital format that is accessible to anyone, anywhere with an internet connection.
- Users going to this site can virtually tour the KSHSAA Hall of Fame, view state championship team photos and rosters as well as find detailed results of KSHSAA postseason competition throughout the history of each sport and activity.
- Visitors to this site can find official KSHSAA sport records, Kansas members of the NFHS Hall of Fame, Spirit of Sport and Heart of the Arts Award recipients, Governor's Award recipients and Oscar Stauffer Award recipients.
- As schools, if you find information you believe is inaccurate, please let us know so we can ensure the correct information is available. Also, if you notice missing photographs from your school's state championship teams or have additional photos, newspaper articles or other media items you would like to share, please send them to us so we can display them through this site.
- Kansas kids and educators are doing tremendous things every day. The Gallery of Champions gives us all another way to recognize and reflect upon some of the tremendous people who have made such an impact in their schools and communities through the years. We hope you enjoy this unique site!





2019-2020 KSHSAA State Activities Sites and Dates

EVENT	DATE	CLASS	HOST or LOCATION	EVENT	DATE	CLASS	HOST or LOCATION
Girls Tennis	10/18-19	6A	Topeka-Harold Kossover Tennis Facility	Boys & Girls Basketball	3/11-14	6A	Wichita State University-Koch Arena
		5A	Pittsburg High School			5A	Emporia-White Auditorium
		4A	Winfield-T.H. Vaughan Tennis Center			4A	Salina-Tony's Pizza Events Center
		3-2-1A	Prairie Village-Harmon Park			3A	Hutchinson Sports Arena
Girls Golf	10/21-22	6A	Hutchinson-Carey Park Golf Course	Music Large Group	4/15-16	All Classes	Kansas State University-Bramlage Coliseum
		5A	Emporia Municipal Golf Course			1A	Dodge City-United Wireless Arena
		4A	Hesston Golf Course			see www.kshsaa.org	
		3-2-1A	Salina Municipal Golf Course			6A	Topeka-Washburn Rural High School
Gymnastics	10/26	All Classes	Olathe South High School	Small Ensemble	4/25	5A	Emporia High School
		6A	Salina-Tony's Pizza Events Center			4A	Andover Central High School
		5A	Salina-Tony's Pizza Events Center			3A	Gypsum-Southeast of Saline High School
		4A	Hutchinson Sports Arena			2A	Salina-Kansas Wesleyan University
Volleyball	11/1-2	3A	Hutchinson Sports Arena	Speech Championship	5/2	1A	Hesston College
		2A	Hutchinson Sports Arena			6A	Olathe East High School
		1A	Dodge City-United Wireless Arena			5A	Salina-South High School
						4A	Topeka-Washburn Rural High School
Cross Country	11/2	6A, 5A, 3A	Lawrence-Rim Rock Farm	Speech Festival	5/2	3A	Wichita-East High School
		4A, 2A, 1A	Wamego Country Club			2A	Wichita-Bishop Carroll High School
Boys Soccer	11/8-9	6A	Topeka-Hummer Sports Park	Boys Tennis	5/15-16	1A	Salina-Kansas Wesleyan University
		5A	Spring Hill High School			All Classes	Salina-Kansas Wesleyan University
		4-3-2-1A	Wichita-Stryker Complex			All Classes	Kansas City Kansas Community College
Game Day Spirit Showcase	11/23	All Classes	Topeka-Stormont Vail Events Center	Girls Swimming & Diving	5/21-23	All Classes	Wichita-East High School
						6A, 5-4-3-2-1A	Topeka-Capitol Federal Natatorium
Football	11/30	6A	Emporia State University-Welch Stadium	Boys Golf	5/26-27	6A	Winfield-Quail Ridge Golf Course
		5A	Pittsburg State University-Carmie Smith Stadium			5A	Newton-Sand Creek Station Golf Course
		4A	Topeka-Hummer Sports Park			4A	Dodge City-Mariah Hills Golf Course
		3A	Hutchinson Community College-Gowans Stadium			3A	Hesston Golf Park
Debate-4 Speaker	1/17-18	2A	Salina-USD 305 District Stadium	Baseball	5/28-29	2A	Salina Municipal Golf Course
		1A	Fort Hays State University-Lewis Field			1A	Emporia Municipal Golf Course
Debate-2 Speaker	1/17-18	8 Player DI & II	Newton-Fischer Field	Softball	5/28-29	SAND	Tipton Oaks Golf Course
		6A, 5A	Hutchinson Public Schools			6A	
		4A, 3-2-1A	Fort Scott High School			5A	
		6A, 5A	Hutchinson High School			4A	
Scholars Bowl	2/15	4A, 3-2-1A	Fort Scott High School	Girls Soccer	5/29-30	3A	Topeka-Hummer Sports Park
		1A				5A	Spring Hill High School
Boys Swimming & Diving	2/20-22	6A, 5-4-3-2-1A	Topeka-Capitol Federal Natatorium	Boys & Girls Track & Field	5/29-30	4-3-2-1A	Wichita-Stryker Complex
		All Classes	Wichita State University			All Classes	Wichita State University-Cessna Stadium
Piano	2/22	All Classes	Wichita State University				
Girls Wrestling	2/27	All Classes	Salina-Tony's Pizza Events Center				
Boys Wrestling	2/28-29	6A, 5A	Park City-Hartman Arena				
		4A	Salina-Tony's Pizza Events Center				
Boys & Girls Bowling	3/5	3-2-1A	Fort Hays State University-Gross Memorial Coliseum				
		6A	Wichita-Northrock Lanes				
	3/6	5-4-3-2-1A	Wichita-Northrock Lanes				

September 2019

SCW = Standard Calendar Week

SCW	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1		2 LABOR DAY	3	4	5	6	7
9	Membership dues and insurance premiums DUE to KSHSAA	KSHSAA Office Closed	Spirit Spreader—Rossville HS SPRM—Chanule HS	1st day of competition for Football and Cross Country after 14 days of practice Spirit Spreader—Chanute HS SPRM—Topeka-KSHSAA Office	Spirit Spreader—Eudora HS	1st day of competition for Gymnastics Spirit Spreader—Highland Community College	
8		9	10	11	12	13	14
10			Boys Early-Season Soccer Invitationals - September 9-14				
15		FB/DIST Playoff Structure Request DUE—submit online			ADM-2 Fall Student Activity Participation Survey DUE to KSHSAA		SPRM—KSCA Convention, Lawrence-KU, 9:45 a.m.
11		16	17	18	19	20	21
12			EXECUTIVE BOARD MEETING	EXECUTIVE BOARD MEETING BOARD OF DIRECTORS MEETING	BOARD OF DIRECTORS MEETING (TENTATIVE)	1st day of competition for Debate Submit online to KSHSAA. ADM-3 Senior High Classification Form	
22		23	24	25	26	27	28
13		STUCO Regional Conf.—Topeka-Seaman HS	STUCO Regional Conf.—Goddard-Eisenhower HS	Spirit Game Day Registration open—online at 8 a.m. STUCO Regional Conf.—Winfield HS	STUCO Regional Conf.—Chanule HS		
29		30					
13			September 1: Cooperative Agreement Applications for Winter Activities DUE to KSHSAA				
			LEGEND: SPRM = Speech and Debate Rules Meeting				
			STUCO Regional Conf.—Lyons HS				

ROUTING REPORT

This routing report is provided to assist principals in ensuring the KSHSAA *Activities Journal* is seen by all appropriate school personnel. Each individual should check the appropriate box after having read this bulletin and pass it to the next individual on the list or return it to the principal.

- Superintendent
- Principal
- Activities Director
- Athletic Director
- School Counselor
- Baseball Coach
- Girls Basketball Coach
- Boys Basketball Coach
- Boys Bowling Coach
- Girls Bowling Coach
- Girls Cross Country Coach
- Boys Cross Country Coach
- Football Coach
- Girls Golf Coach
- Boys Golf Coach
- Gymnastics Coach
- Girls Soccer Coach
- Boys Soccer Coach
- Softball Coach
- Girls Swimming Coach
- Boys Swimming Coach
- Girls Tennis Coach
- Boys Tennis Coach
- Girls Track & Field Coach
- Boys Track & Field Coach
- Volleyball Coach
- Wrestling Coach
- Band Director
- Cheerleader Advisor
- Choral Director
- Debate Coach
- Drill/Dance Team Coach
- KAY Sponsor
- Orchestra Director
- Scholars Bowl Coach
- Speech Coach
- Student Council Advisor
- Other: _____



Printing Department

PERIODICALS