

KANSAS STATE HIGH SCHOOL ACTIVITIES



# JOURNAL

February 2020 | Volume 82

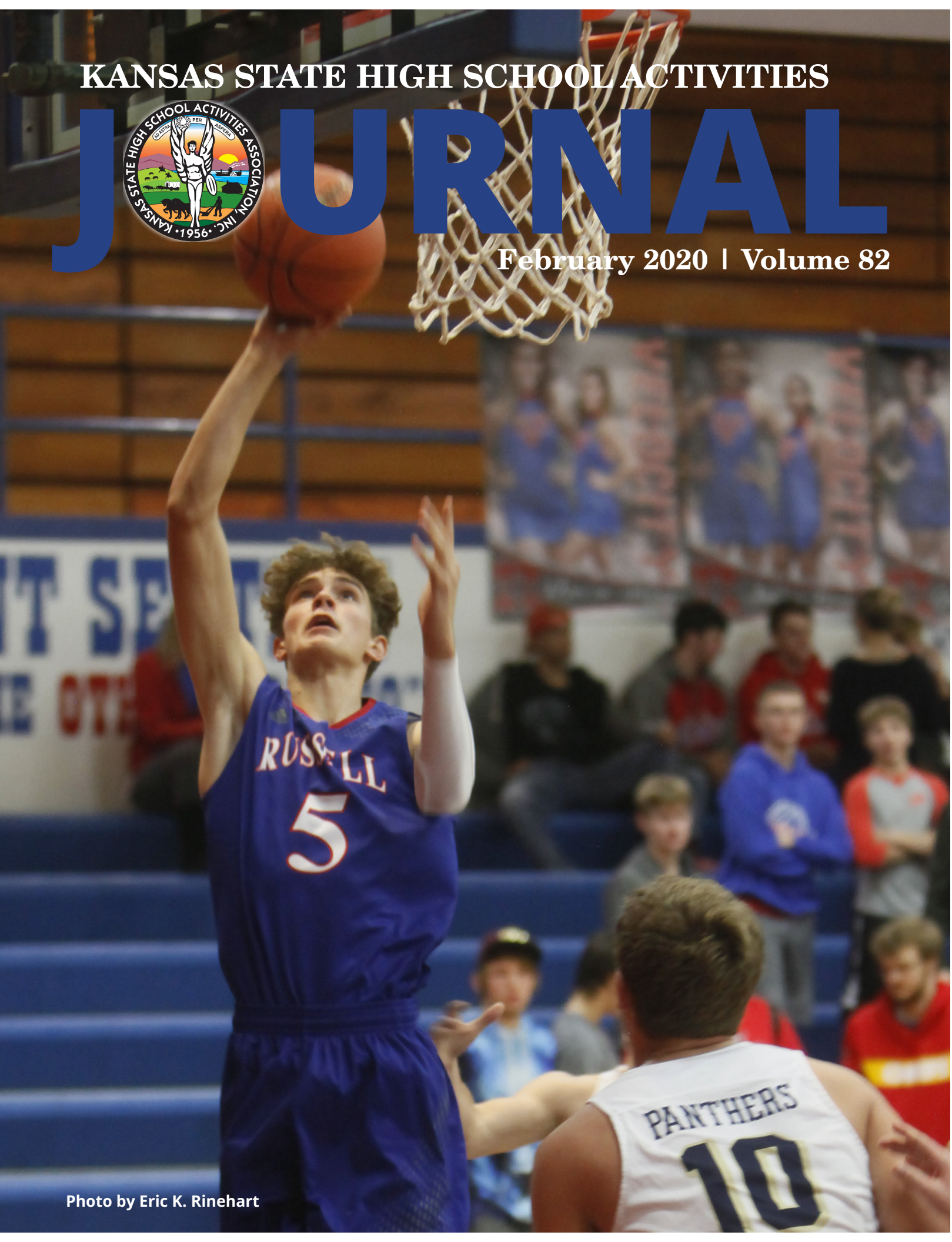


Photo by Eric K. Rinehart



## On the Shoulders of Giants

The member schools of the KSHSAA, the students in our schools, and the staff of the KSHSAA are fortunate to participate in an interscholastic activity program that is student focused, develops the skill and abilities of each stakeholder, and teaches valuable lessons well beyond that which is reflected in a final score. The systems implemented over the years have been intentionally developed by those school and Association leaders with focus and tenacity. We benefit today because of those that have come before us.

This past month, we lost one of those visionary leaders who helped build the KSHSAA and the NFHS into the respected educational agencies. As a teacher, coach, and administrator, Mr. Brice Durbin was intent on providing quality educational opportunities beyond the classroom. Durbin was the third Executive Director of the KSHSAA (1962-1976) and the fifth Executive Director of the NFHS (1977-1993).

During his tenure at the KSHSAA, Durbin was instrumental with the launch of interscholastic sports for girls, revamping the football overtime procedure, and implementing the playoff format for football. During his tenure, Kansas implemented eight championship sports for girls. While the initial efforts have been refined, the philosophies remain consistent – allow all students to have quality championship experiences, just like we expect for the participants in the first ever Kansas girl's wrestling championship participants later this month.

By the time Durbin retired from the NFHS, he was responsible for 44 new programs. Those included speech, debate, music services for state associations; and developing national organizations for high school coaches and officials, an equipment center for officials, the National High School Sports Record Book, the National High School Hall of Fame, the "Be A Sport" national sportsmanship program and a chemical-health awareness program.

While Mr. Durbin passed away in early January, his legacy lives on in the work of the KSHSAA and in each of our member schools. We are the beneficiaries of his work as we stand on the shoulders of this outstanding leader.

*Bill Faflick*

Bill Faflick, Executive Director

## CONTENTS

Administrators .....	3, 7-9
Awards .....	11
Baseball .....	12-13
Basketball.....	13, 21
Board Election.....	Center Fold
Bowling .....	13-14
Boys Swimming & Diving.....	15-21
Cross Country .....	14
Financial Reports.....	28-32
Guest Essays .....	33-34
Hall of Fame Inductees.....	4-6
KAY .....	23-24
Music.....	24-25
Softball.....	15
Speech & Drama .....	25-26
Spirit Groups.....	26-27
Sports Medicine.....	11-12
Spring Soccer.....	14
Student Council.....	27
Tennis .....	15-16
Track and Field .....	16
Volleyball .....	21-22
Winter Participation Survey .....	10
Wrestling .....	22-23

### Notice of Non-Discrimination

The Kansas State High School Activities Association does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. Questions regarding this policy should be directed to the Executive Director, Bill Faflick



## KANSAS STATE HIGH SCHOOL ACTIVITIES ASSOCIATION

601 SW Commerce Place | PO Box 495 | Topeka, KS 66601-0495 | Phone: 785-273-5329 | Fax: 785-271-0236

[www.kshsaa.org](http://www.kshsaa.org) | [kshsaa@kshsaa.org](mailto:kshsaa@kshsaa.org)



# KANSAS STATE HIGH SCHOOL ACTIVITIES JOURNAL

## Encourage Multi-Sport Participation in Your School

*Executive Director's Note: This page reprinted by permission of the Michigan High School Athletic Association.*

High school sport specialization has received a lot of attention recently. School sport participants are pressured into choosing one sport over other sport opportunities that are available. When athletes play a single sport year-round they lack enrichment and experience in participation in other co-curricular activities. Many times single sport-focused athletes find that participation is no longer fun and drop out because of the actions of overzealous coaches and pushy parents.

School sport offers more than what most see, kids playing a game. For families, sport offers a physical place to be together away from work or school. Often – at critical times in their lives – sport offers kids a way to connect with each other and work toward common goals.

For most of us, school sports became a collection of personal moments, a mental album of boys and girls growing into men and women.

*Educational athletics help kids find the heroes within and the adults of tomorrow.*

### DID YOU KNOW?

- High school athletes have higher grades and lower dropout rates and attend college more than non-athletes.

- Minnesota State High School League

- By a 2 to 1 margin for males and a 3 to 1 margin for females, student-athletes do better in school, do not drop out and have a better chance to get through college.

- University of Chicago

- The one yardstick to predict “success” in later life (self-satisfaction and participation in a variety of community activities two years after college) is achievement in school activities. Not useful as predictors are high grades in high school or college or high ACT scores.

- College Testing Service

- Nearly 7 in 10 Americans say high school sports teach students lessons about life they can't learn in a classroom; 9 in 10 believe sports contribute to health and fitness.

- USA TODAY

- 95 percent of Fortune 500 executives in 1987 participated in school athletics (only 47 percent were National Honor Society members).

- FORTUNE MAGAZINE

## TOP 10

### LIST FOR MULTI-SPORT PARTICIPATION

10. Meet new people...
9. Benefit from improved time management skills...
8. Develop different muscle groups...
7. Develop lasting relationships...
6. You will be less likely to become involved in drug, tobacco and alcohol abuse...
5. Studies show that participation in a variety of activities as a school's best predictor of an adult's success...
4. You will be recognized as a leader by administrators, teachers and peers...
3. The values of sportsmanship, teamwork, fair play, sacrifice and commitment will serve you well in your daily lives...
2. Athletics helps you to achieve excellence in academics...

...And, the **No. 1** reason for multi-sport participation...**To Have Fun; Because You Can!**

Opportunities exist for you right now in interscholastic athletics that will never exist in such abundance later in life. There should be no penalty for playing other sports, and there should be no reward for being persuaded to play one sport year-round. If you are feeling pressured by coaches or booster groups to limit yourself to one sport, consult with your principal, athletic director or guidance counselor.

**Enjoy all the opportunities your school has to offer.**

## Kansas State High School Activities Association

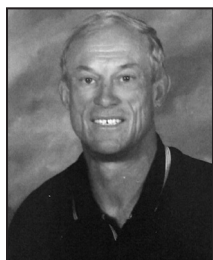
# Hall of Fame

Each year the KSHSAA recognizes OUTSTANDING KANSANS who have made outstanding contributions in interschool activities, either as a student with exceptional talent, or as an adult working with youth (such as an activity coach, director or sponsor, an administrator, an official or a contributor). Hall of Fame inductees are no longer active in the field for which they are nominated (exception: contributors with 30+ years of outstanding service may be nominated). Each individual/family is honored and presented their Hall of Fame plaque at various KSHSAA state functions, championship activities, or at a function of the individual's choosing.

Each year schools and communities across Kansas submit nominations of individuals who have made tremendous contributions in the field of interscholastic activities. This year, five award recipients have been announced.

## 2020 KSHSAA Hall of Fame Inductees Honored

The following individuals were chosen from nominations sent to the selection committee. Additional information and statistics regarding the recipients are available at the Hall of Fame. The Hall of Fame is housed at 601 SW Commerce Place, Topeka, KS and is open weekdays during business hours. The entire KSHSAA Hall of Fame is now available in digital format at the KSHSAA Gallery of Champions website ([www.kshsaachamps.org](http://www.kshsaachamps.org)).



**Gary Cornelsen**  
*Faculty*



**Charlotte Davis**  
*Administrator*



**Jack Sock**  
*Student*



**Kimbrook Tennel**  
*Faculty*



**Renee Wilson**  
*Student*

### GARY CORNELSEN

*Award Presentation: Saturday, May 30, 2020  
KSHSAA State Track & Field Meet  
Wichita State University-Cessna Stadium*

"A coach will impact more young people in a year than the average person does in a lifetime." Coach Gary Cornelsen's influence in the lives of student-athletes is immeasurable.

Gary Cornelsen (Coach "C") was the architect of not one, not two, but three of the most longstanding and successful high school athletic programs in Kansas. At Liberal High School, with an overall football record of 118-17 (.874), Cornelsen took the Redskins to seven consecutive appearances in the Class 5A football championship games, winning four state titles (1992, 1994, 1995, 1997) and runner-up finishes in 1991, 1993 and 1996.

In Boys Track & Field, Liberal won an amazing 14 KSHSAA Class 5A state titles in a row (1991-2004) along with 13 consecutive regional titles, 16 successive WAC titles and 79 uninterrupted meet wins (1996-2003). From 1978-1982 and 1988-2003, the boys track team had a 151-36 meet record (.807%).

And not to be outdone, the Girls Track & Field team turned in amazing achievements, capturing 10 out of 11 Class 5A state titles (eight consecutive, 1994-2001), winning 13 WAC titles and 85 consecutive track meets (1996-2003). In 1982 and 1993-2003, the girls track team posted a 100-4 meet record (.962%).

Cornelsen received numerous honors during his coaching career: selected as the head coach for the 1993 Kansas Shrine Bowl; named the 1995 Associated Press Football Coach of the Year; identified as the Hutchinson News Football Coach of

the Year five times; named National Track Coach of the Year (girls, 1995; boys, 1996). In honor of Coach C, Liberal High School named the Redskin football field, track, practice field and weight room "The Gary Cornelsen Sports Complex."

### CHARLOTTE DAVIS

*Award Presentation: Friday, February 7, 2020  
Halftime of Boys Basketball Game  
Kansas City-Wyandotte High School*

Charlotte Davis set the gold standard in Kansas as a pioneering female athletic director in a male-dominated position. She faithfully blazed the trail for other women to serve in athletic administration across the state and was a woman of unquestionable integrity.

Charlotte spent her educational career in the Kansas City Kansas Public Schools (KCKPS) as a coach, activities coordinator, assistant principal, athletic director and district athletic director. She started her career as an elementary and secondary physical education instructor and coached Girls Volleyball, Basketball and Track & Field at J.C. Harmon High School. Following five years as the activities coordinator at Washington High School, she returned to her alma mater, Wyandotte High School, where she served as an assistant principal and athletic director. In 2007 she served the final two years of her career as the KCKPS district athletic director.

When it came to athletics, Charlotte was definitely the go-to person in the KCKPS. She always shouldered tremendous responsibility for her athletes and coaches and exemplified the highest standards of sportsmanship. She believed that



all students who participated in athletics would grow in self-confidence, cooperation and self-advocacy.

Charlotte was a well-respected athletic director in Kansas as is evidenced by her numerous awards and leadership positions: first woman in Kansas to serve as a district athletic administrator, Kansas Interscholastic Athletic Administrators Association (KIAAA) AD of the Year, first woman president of the KIAAA, first and only female from Kansas to receive the NFHS Citation Award from the NIAAA. Charlotte served in numerous leadership positions for the KSHSAA including the Board of Directors, Executive Board, Strategic Planning Committee, Public-Private Study Committee and Classification Study Committee.

## **JACK SOCK**

*Award Presentation: TBD*

When it comes to high school tennis, Jack Sock did what few high school players in Kansas were able to accomplish. As a student-athlete at Blue Valley North High School from 2008-2011, he was a four-time KSHSAA Class 6A singles champion, posting a 80-0 record during his high school career.

Jack was a gifted tennis player and could have easily attended numerous tennis academies, but he wanted to be part of a high school team and be as “normal” as possible for a top-ranked junior tennis player in America.

Jack’s tennis talents continued to be in the news after high school. In 2011 he played in the finals of the mixed doubles at the US Open and in 2014 he won the Wimbledon Doubles Championship. In 2015, at the age of 22, he became the youngest American since 1993 to reach the round of 16 in the French Open. The following year he won the Gold medal in mixed doubles and a Bronze medal in doubles at the 2016 Olympics. These wins placed him as the top-ranked American in the world.

After key tournament wins the following year, in 2018 Jack won the doubles title at Wimbledon, the US Open and the ATP World Tour with Mike Bryan. Additional wins that year included doubles titles in the Delray Open, BNP Paribas Open and the Laver Cup. He ended the year ranked number 17 in the world.

While in high school Jack took advantage of opportunities to grow academically while developing leadership skills and enjoying everyday teenage activities. He was a phenomenal tennis player who easily won high school matches and at the same time was a great teammate. During high school matches you would find him cheering on every member of the team. He was an amazing tennis player, but more importantly a great person who worked hard to share his talents with those around him.

## **KIMBROOK TENNAL**

*Award Presentation: Saturday, March 14, 2020  
Class 5A KSHSAA State Basketball Tournament  
Emporia-White Auditorium*

Coach Kimbrook Tennal’s coaching records and accomplishments are absolutely mind-boggling. In 20 years as a head volleyball coach at Nemaha Valley High School (3A) and Centralia High School (1A), his teams posted a combined record of 791-49 (.941). In 19 trips to the state tournament, his teams captured 11 state titles (twice winning back-to-back-to-back titles), along with five runner-up and three third place finishes. He coached six undefeated seasons which included a state record 137-match winning streak and other streaks of 80, 78, 76 and 52 consecutive wins. He finished his volleyball career winning five of the last six 1A titles and posted a 100-1 record in his last two years.

February 2020

Tennal also experienced success in his 14 years of coaching high school girls basketball. His incredible record of 307-48 (.865) produced three state championships, two runner-up titles and two third place finishes. As a middle school girls basketball coach, his teams produced 10 undefeated seasons.

In 16 years of coaching track and field, Tennal coached 14 gold medal athletes in pole vault, javelin and discus. He also coached a three-year state wrestling champion.

Tennal received numerous recognitions: KCA (Kansas Coaches Association) Coach of the Year in All Classes – 1988, 2017; KVA (Kansas Volleyball Association) Coach of the Year – four times in Class 1A, four times in Class 3A; NFHS Section 5 Volleyball Coach of the Year – 2018; KVA Hall of Fame – 2017; Southwestern College Sports Hall of Fame – 2019.

It has been said that a good coach will make his players see what they can be rather than what they are. Coach Kimbrook Tennal knew how to win and instilled confidence and character in each of his players beginning with the opening day of practice. Every second in his practice counted. He made his players want to work hard and he made working hard fun. The results of his work ethic and passion for his student-athletes will not be forgotten.

## **RENE (ZIMMERMAN) WILSON**

*Award Presentation: Saturday, May 30, 2020  
KSHSAA State Track & Field Meet  
Wichita State University-Cessna Stadium*

Rene (Zimmerman) Wilson was an outstanding example of not only a student-athlete but also an all-around student. From 1988-1991, Rene rewrote the track and field record book at Sterling High School and at the KSHSAA State Track & Field Meet. She led the Black Bears girls track team to three state championships (two in 3A and one in 2A) while earning nine individual gold medals – three in high jump, two in triple jump, two in long jump and two in 100M hurdles. Her state records in 2A triple jump (1990) and 3A long jump and triple jump (1991) have yet to be broken. She was named to the state track honor roll from 1988-1991.

Rene was a standout basketball player, helping the Sterling High School girls team to fourth (3A), second (2A) and third (3A) place finishes at the KSHSAA state tournament. She served as the team co-captain and was named an All-CPL honorable mention in 1991.

Rene also excelled in high school fine arts and other activity programs: KMEA District Honor Band; State clarinet soloist, trio and quartet; drum majorette; Forensics (key part of the state runner-up and championship teams); SHS Outstanding Senior in Theatre award; Quiz Bowl co-captain; cheerleader (NCA All-American finalist, UCA All-Star Team). Academically, she was on the school honor roll (four years) and a member of National Honor Society.

Rene attended Sterling College, where she was a seven-time NAIA All-American in track. She was the conference champion in 1992-1994 in high jump, long jump, triple jump and 100M hurdles and named Outstanding Conference Female Athlete (1992-1994). She holds three school records. In 1994 and 1995 she was a NAIA scholar athlete.

Rene was a team player and quick to highlight the performances of those around her. The sportsmanship and level of respect shown by Rene for her competitors, her teammates and all of the officials working events was second to none.

*continued → 5*

The KSHSAA Hall of Fame includes five categories: Administrator, Faculty, Official, Student and Contributor.

#### Hall of Fame Member Statistics:

Administrator - 46 (17%)

Contributor - 9 (3%)

Faculty - 125 (47%)

Officials - 25 (9%)

Student - 60 (23%)

2020 = 265 Inductees [217 Men (82%), 48 Women (18%)]

Nominations for the KSHSAA Hall of Fame Class of 2021 must be received at the KSHSAA no later than the first business day of November. Please see online information for more details.



**Check out the  
KSHSAA Gallery of Champions website  
at [www.kshsaachamps.org](http://www.kshsaachamps.org)!**

What you can find here:

- KSHSAA Hall of Fame
- State Championship Team Photos & Rosters
- Historical Archive of KSHSAA Postseason Results
- State Records

And..... many more accomplishments of amazing Kansas educators and students who have made significant impacts through the years in high school sports and activities.

## Nominations for the Hall of Fame

*Do you know someone associated with Kansas high school activities who possesses the criteria listed below and is deserving of Hall of Fame recognition?*

### Hall of Fame Categories

Administrator	Principal, Superintendent, Athletic Director, Activities Director
Faculty	Coach, Sponsor, Director of an Activity
Official	KSHSAA Registered Official/Judge, Adjudicator in interscholastic activities
Student	Student achievement in interscholastic activities; must be graduated from high school 5+ years
Contributor	One who has contributed to interscholastic activity programs in some capacity other than the previously mentioned categories.

### Hall of Fame Criteria

- Nominee must exemplify highest standards of sportsmanship, citizenship, ethical conduct and moral character.
- Nominee must have demonstrated OUTSTANDING and exceptional abilities in nominated category.
- Nominee must have made a contribution in Kansas high schools in the nominated category.
- Nominee will be judged on their significant and/or long term contributions in interscholastic activities.  
(NOTE: Longevity, without meaningful impact, does not constitute appropriate credentials for Hall of Fame consideration.)
- Nominee may not be currently active in nominated category (exception = contributor with 30+ years).
- Nominee may not nominate himself/herself.

### How to Nominate A Candidate

1. Secure a Hall of Fame brochure from the KSHSAA ([www.kshsaa.org](http://www.kshsaa.org) – login on the school site and go to entry forms/special forms) OR email [cgleason@kshsaa.org](mailto:cgleason@kshsaa.org). Complete information on page three of the brochure.
2. Provide information about your nominee specific to the category nominated (see brochure for info).
3. Request a maximum of 6 letters of recommendation for your nominee. One letter must be from the nominator. Letters should be from varied sources and speak to the nominee's moral character, achievements, leadership and citizenship.
4. Provide a small photo of nominee. Provide newspaper articles (optional).
5. DEADLINE FOR NOMINATION MATERIALS TO REACH THE KSHSAA IS THE FIRST BUSINESS DAY OF NOVEMBER. In order to insure that all materials are secured, it is suggested that the nominator collect all items and mail in one envelope.

***Please see the KSHSAA website for a complete list of Hall of Fame members.***

# SCHOOL ADMINISTRATORS

## Individual Achievement Awards in School Competitions

**Question:** *May individuals receive trophies or plaques for individual achievement in interscholastic competition?*

Answer: Students may receive medals, recognition certificates or ribbons for individual achievement in interscholastic competition, but **they may not personally receive and keep trophies or plaques for their achievements.** If an individual wins a trophy, the trophy becomes the property of the school. The student could receive a medal as a remembrance for that achievement.

**It is not permissible to present small event trophies to individuals in lieu of medals.**

**Question:** Are award rules different when students compete in *non-school competitions*?

Answer: Yes. **Awards Rule 20-1-3** allows students in non-school events to accept medals, trophies, plaques or T-shirts, but not other items having cash and merchandise value.

## FALL Scholastic Achievement Awards

The deadline date for first semester application is February 10. For more information see the article on pages 5-6 of the December issue of the *Activities Journal* or Form ADM-10.

## Loss of Instructional Time Survey-Due This Year!

ALL MEMBER SCHOOLS are responsible to submit their loss of instructional time data to the KSHSAA this year! There is a link to the survey (LITS) at the top of each month's list of entry forms.

Simply enter the requested information for each activity and date in which instructional time is missed during the school year. **Be sure to save each episode you enter.** We strongly recommend schools maintain this survey throughout the course of the school year rather than wait to enter everything at the end of the year. All data must be entered online by June 15, 2020. Please direct any questions regarding the survey to Brent Unruh ([bunruh@kshsaa.org](mailto:bunruh@kshsaa.org) or 785-273-5329).

## Wireless Microphones and FCC Bandwidth Information for Schools

There will be an upcoming change in the FCC bandwidth that could affect school wireless microphone systems. By 2020, wireless microphones in the 600 MHz and 700 MHz bands will be reduced due to the sale of these frequencies to wireless service providers. Below you will find a link with the FCC information, and it will also be posted on the KSHSAA website homepage under NEW TOPICS and can also be found on the NFHS performing arts pages for your reference.

Some microphone companies are offering rebates to upgrade microphone systems that will be affected.

For more information see <https://www.fcc.gov/wireless/bureau-divisions/mobility-division/wireless-microphones>.

## AED Checklist

Sudden Cardiac Arrest (SCA) is the number one cause of sudden death in student-athletes during activity. In the event of a sudden cardiac arrest episode an automated external defibrillator (AED) can save a life. Each minute defibrillation is delayed, the chance of survival decreases 10%. The following can serve as an AED checklist to be sure you are prepared.

- ☐ The AED is easily accessible at every practice/game location and available for use within 2-3 minutes (ideally it is onsite). The device is NOT in a locked or secured area where retrieval could be a challenge.
- ☐ Personnel are always available onsite who are trained in CPR and AED use.
- ☐ The AED is checked regularly to ensure it is working and the pads and battery are not expired.
- ☐ The Emergency Action Plan has been rehearsed PRIOR to the beginning of the season with everyone potentially involved in the emergency response.
- ☐ Someone has been designated to retrieve the AED if needed. This person knows the exact location of the device at all times.

## Basketball Spring League Information

At this time of the year we get many questions about players and coaches participating in spring league basketball teams. Below are some important guidelines:

1. Coaches employed by the school to coach basketball CANNOT coach the spring league team. This includes head, assistant and Rule 10 coaches aides for grades 9-12 for high school teams and head, assistant and Rule 10 coaches aides for grades 7-8 for middle/junior high school teams.
2. No more than three (3) members of the same school squad the previous season can play or practice on a non-school team during the school year outside the season of sport.
3. School squad is defined as A-team, B-team, 9th grade, C-team, JV, varsity, etc. – these are all different squads.
4. Any amount of time played (even a few seconds) constitutes team membership.
5. If a player played on two levels the previous season (JV and varsity) they would count as one of the three possible JV players and one of the three possible varsity players.
6. Players may not be rotated in from week-to-week or game-to-game. The roster established for the non-school team may have no more than three (3) from the same school squad the previous season.
7. School transportation cannot be used to take students to spring league games.
8. A school coach could transport the players to the spring league but not in school vehicles and cannot coach them.



9. School year is defined as the Tuesday after Labor Day (September 1, 2019) through the Saturday before Memorial Day (May 23, 2020).
10. Once the school season/practices start, players may not play or practice on a non-school team until their membership on the school team ends (see Rule 22: Outside Competition).
11. After the season, players are restricted to no more than three (3) students from the same school squad playing or practicing on the same non-school team. That restriction remains in effect through the Saturday before Memorial Day (May 23, 2020).

## Guidelines for Coaches and Athletes – Outside the Season of Sport

During the school year, coaches may coach their athletes only during the season of sport (see **Rule 10-1-6** and the KSHSAA website for summer regulations). These rules apply to athletes and coaches grades 7-12. The Executive Board has approved the following interpretations per **Rule 30 Seasons of Activities**.

### During the school year outside the season of sport/activity:

1. A school coach may not coach their athletes in the same sport.
2. A school coach may coach senior athletes in the same sport following the conclusion of the school season.
3. A school coach may not check out player uniform equipment to students (team jersey, pants, etc.). Schools are permitted to have an organizational meeting prior to practices beginning to check out uniforms, lockers, equipment, etc.
4. Each KSHSAA member school will need to establish their own policy as to whether any school-owned helmets and protective player equipment (pads/shoulder pads, etc.) may be used in All-Star events or full contact camps. The management of the full contact camp or the All-Star event will need to communicate with each KSHSAA member school regarding the use of school-owned helmets and protective player equipment and liability insurance for their use.
5. A school coach may check out team equipment to students (balls, implements, etc.).
6. A school coach may attend camps or clinics.
7. A school coach may not attend camps or clinics with their athletes.
8. Students may attend camps or clinics but may not attend camps with their coach(es).
9. A school coach may transport (but not in school vehicles) students to non-school competitions in their sport.
10. A school coach may not be reimbursed transportation costs by the school or school booster club.
11. A school coach may not transport students to camps or clinics in their sport.
12. Students may play on non-school teams but there are restrictions on the number of same school squad teammates which may be rostered, practice or play together on non-school teams.

Limits are: 3 for basketball; 4 for volleyball; 5 for 8-man football, baseball and softball; 6 for 11-man football and soccer (MS basketball, see exception **Rule 33**).

13. A school coach may supervise an offseason conditioning program for students not currently on a school team.
14. School conditioning programs may not be sport-specific and shall only include weights, running, conditioning and general skill development (not a sport-specific skill).
15. Sport-specific equipment may not be used in conditioning programs.
16. Offseason conditioning programs must be open to the entire student body, and participants must provide their own clothing. A school may not offer more than one off-season conditioning program at any given time. Offseason conditioning is limited to weight training, general agility drills, general running conditioning and should not include sport-specific drills.
17. A camp/clinic (not organized by school coaches) held during the school year outside the season of sport must be advertised and open to anyone, not just a specific group of students. Camps/clinics may not be longer than one calendar week in length. The same group of students may not attend more than two camps/clinics organized for the purposes of skill development.

## Outside Competition Rule 22 - Triathlons and Team Triathlons

The KSHSAA receives questions regarding student-athletes who are members of school cross country, track and field, and swimming and diving teams participating in triathlons outside the school setting.

The Executive Board has established policy relative to these situations. The following defines the events:

**Triathlon:** A single competitor participates in all three phases (running, swimming and bicycling) of the event.

**Team Triathlon:** Three competitors each participate in a single phase of the event. It is a three athlete (relay style) event.

Given the above, Executive Board policy permits a student (grades 7-12) to participate in a triathlon and not be in violation of KSHSAA **Outside Competition Rule 22**. The rationale for this policy is based on the triathlon event differing significantly from the school sport in which the athlete is currently in season.

School athletes may also participate in team triathlons during a school season of sport. In order to avoid violation of Rule 22, school athletes must be careful to not participate in the triathlon phase identical to their school sport. They may only compete in a different phase of the event and not violate the Outside Competition Rule. For example, a swimmer may run or bike, but not compete in the swim phase of the team triathlon. A track and field athlete could bike or swim, but not compete in the running phase.

All athletes should be reminded that KSHSAA Amateur Rule 21 and Awards Rule 20 are in effect as it relates to their desire to protect their interscholastic eligibility.



## Basketball Sportsmanship Awards

The Kansas State High School Activities Association acknowledges outstanding sportsmanship each year by presenting sportsmanship certificates, plaques and medals. Sportsmanship Awards will be presented in the girls and boys divisions following the State Championship Basketball Tournaments, if the sportsmanship committee determines schools to be worthy of the honor. The eight schools participating in each tournament may qualify for an award. A "rating" system will be used allowing schools to compete against a "standard of excellence," rather than competing against one another.

Schools whose teams do not advance to the semifinal rounds will be eligible to receive a certificate if they meet the qualifying standards of sportsmanship.

The four teams participating in all three days of the tournament and achieving qualifying standards will receive a plaque for the school and medals for the cheerleaders.

A special committee appointed by the KSHSAA will evaluate and rate the cheerleaders, cheering section, adult and non-high school followers, team and coach of each school using a rubric sportsmanship ballot. If a school does not have cheerleaders, the sportsmanship committee will adjust the point system accordingly.

The rubric sportsmanship ballot is available at [www.kshsaa.org](http://www.kshsaa.org)>Activities>Sportsmanship>State Basketball Sportsmanship Ballot.

**Announcement of the Sportsmanship Awards will be made from the KSHSAA office on Friday following the state basketball tournament.**

### Sportsmanship award criteria

#### Coaches/Teams

1. Set a good example for opponents, players and spectators to follow.
2. Respect the integrity and judgment of game officials, and accept their decisions graciously.
3. Respect the integrity and personality of the individual athlete.
4. Display modesty in victory and graciousness in defeat.
5. Encourage players and fans to "Sport a Winning Attitude!"

#### Cheerleaders/Students/Fans

1. Show respect for opposing players, coaches, spectators and support groups.
2. Recognize and show appreciation for outstanding plays by either team.
3. Use only cheers that are positive in support of their team.
4. Encourage coaches, players and other fans to "Sport a Winning Attitude!"

## Sportsmanship Webpage

The KSHSAA is featuring "Sportsmanship/Citizenship" on the KSHSAA "LINKS" website with its own page. You can access sportsmanship rules, interpretations, a brochure, a poster and the *Sportsmanship Manual* by going to the "Sportsmanship" menu found under "KSHSAA Links" on the right-hand side of the front page. All items may be printed as needed.

February 2020

## Scrimmage Rule Defined

Schools may **not** hold **interschool** scrimmages (practices in athletics, debate or scholars bowl). (*See Rule 30-1-5.*) Interschool is defined as junior high school with another junior high school and senior high school with another senior high school. Additionally, member schools are not permitted to scrimmage junior college or college teams, or "Approved School" list teams. This does not eliminate **scrimmages** between alumni and the school team. The only exception to the scrimmage prohibition is the newly adopted Football Jamboree. Please see the August Journal for details.

During an alumni **scrimmage** there can be **no score kept and no clock used**. Should score and/or time be involved, it is no longer a scrimmage; instead, it would be a **game** and must count toward the number of contests allowed during the season.

**Intrasquad scrimmages**, games among teammates, even with score, time and/or officials **are not considered a game**.

## Gimmicks Can Deceive Students

At this time of year many high school students, particularly seniors who are involved in athletics, receive literature about various awards programs for which the student might have been nominated. Many times these programs request information about the student-athlete and promise services, and also offer to include the student's name in publications which will be disseminated to colleges throughout the United States. Although some of these programs may be sponsored by legitimate businesses, many others exploit students and families. The KSHSAA advises administrators, coaches and/or counselors examine all information carefully if a student is contacted. It is wise to ask for and check references.

## Team Photos

Schools are reminded, as tournament time approaches for various activities, to make arrangements for team photos. **The KSHSAA requests schools' team photos to be in .jpeg format.**

#### Programs:

Schools are reminded to make arrangements for team photos to be used in postseason event programs, including KSHSAA state championship programs. Due to short program production turnaround times, schools are asked to submit their team photos to the KSHSAA immediately after qualifying for the state event. Digital team photos (.jpeg format) should be emailed to [jholaday@kshsaa.org](mailto:jholaday@kshsaa.org) immediately after qualifying for a state championship event.

#### State Champions:

All state championship teams are requested to send a 5x7 digital team photo to the KSHSAA which will be displayed on the NEW KSHSAA Gallery of Champions website ([kshsaachamps.org](http://kshsaachamps.org)) and in the KSHSAA Kopelk Memorial. These digital pictures can be emailed directly to [mshehi@kshsaa.org](mailto:mshehi@kshsaa.org) in .jpeg format as soon as possible after the championship event.

## KSHSAA 2018-19 PARTICIPATION INFORMATION

### FACTS & FIGURES:

- Kansas ranks 33rd nationally in population, and 29th nationally in high school athletics participation.
  - Kansas has a lower population, but more student participants than Oregon, Oklahoma, South Carolina and Arkansas.
- **Kansas Total Participants in 2018-19: 103,363**
  - 1.8% increase in participants from 2017-18
- **Kansas Total Girl Participants in 2018-19: 42,647, ranking 28th nationally**
  - 4.8% increase in participants from 2017-18
- **Kansas Total Boy Participants in 2018-19: 60,716 ranking 27th nationally**
  - 0.2% decrease in participants from 2017-18

### KANSAS MOST POPULAR GIRLS SPORTS (based on number of participating students)

1. Volleyball: 8,278
2. Track & Field: 7,304
3. Basketball: 6,530
4. Softball: 5,160
5. Soccer: 3,524

#### Most Popular Girls Sports Nationally (based on number of participating students reported by the NFHS)

1. Track & Field
2. Volleyball
3. Basketball
4. Soccer
5. Softball

### KANSAS MOST POPULAR BOYS SPORTS (based on number of participating students)

1. Football: 14,718
2. Track & Field: 10,048
3. Basketball: 8,788
4. Baseball: 6,493
5. Wrestling: 4,724\*

#### Most Popular Boys Sports Nationally (based on number of participating students reported by the NFHS)

1. Football
2. Track & Field
3. Basketball
4. Baseball
5. Soccer

\*(Wrestling was 7th nationally)

## 2019-2020 Winter High School Student Activity Participation Survey

The following table indicates the activities sponsored, the number of high schools participating and the number of students taking part in interscholastic competition based on a survey of member senior high schools. The response rate for this survey was 100%.

ENROLLMENT				
9	10	11	12	TOTAL
38,479	37,574	36,240	34,148	146,441

ATHLETIC	BOY PARTICIPANTS						GIRL PARTICIPANTS						GRAND TOTAL
	# Schools	9	10	11	12	TOTAL	# Schools	9	10	11	12	TOTAL	
Basketball	351	2,868	2,346	1,853	1,558	8,625	350	2,259	1,694	1,372	1,124	6,449	15,074
Wrestling	216	1,687	1,343	1,088	803	4,921	148	312	257	197	160	926	5,847
Boys's Swim/Dive	89	418	439	459	398	1,714	0	0	0	0	0	0	1,714
Bowling	82	216	292	269	232	1,009	87	182	234	251	232	899	1,908
<b>NON-ATHLETIC</b>													
Cheer	81	19	25	44	52	140	346	1,280	1,268	1,169	1,053	4,770	4,910
Dance/Drill/Pom	11	1	6	6	3	16	183	564	574	579	556	2,273	2,289
KAY	107	354	352	371	299	1,376	111	879	899	933	798	3,509	4,885
Scholars Bowl	325	602	637	710	621	2,570	324	550	626	641	529	2,346	4,916
		6,165	5,440	4,800	3,966	20,371		6,026	5,552	5,142	4,452	21,172	41,543

## AWARDS

### 2020 NFHS State Award for Outstanding Service

Please join the KSHSAA in recognizing and congratulating Rod Franz of Manhattan as the recipient of the prestigious 2020 NFHS State Award for Outstanding Service.



Mr. Franz is a dedicated leader and community volunteer who has provided years of support for KSHSAA Championship events conducted in Manhattan, Kansas. He has been a leader on the host team for 29 years of Class 2A Boys and Girls State Championship Basketball Tournaments played in Bramlage Coliseum, Kansas State University. As a volunteer, Rod has coordinated all of the game staff (table workers, scorekeepers, scoreboard operators, the team hosts) and personally hosted the game officials.

Mr. Franz is a 48-year registered official for the KSHSAA, so he understands what it takes to conduct a first-class event, and what is needed for a tournament to be run efficiently and successfully for all stakeholders. From dressing room assignments for teams, to scoreboard orientation for event staff, Rod will patiently train and execute the plan. He works with kindness, and focus, and according to KSHSAA Assistant Executive Director Fran Martin (basketball administrator), "Rod cares so much about kids and wants each student-athlete to have a great experience, whether they win or lose on the floor." Rod also makes sure that the officials selected to work the 2A state tournament have a memorable experience. He prepares sandwiches and snacks for the day and makes sure to have reservations for the evening meal. Rod is extremely organized and has great attention to detail while never wavering from the big picture mission of the event.

Rod has also served for over 20 years as the host for the Class 3A state baseball tournaments conducted in Manhattan. Rod has championed these events in the community and at home, as his entire family participates in the hosting experience. He and his wife will make sandwiches for the umpires and guests, his kids help with tickets and the hospitality room, and his grandkids help sell (and wear) the commemorative merchandise. According to Karen Hibbard, Executive Director of the Manhattan Convention and Visitors Bureau, "Rod is a guy you always want on your team", and we are certainly grateful that Rod Franz has been a faithful member of Team KSHSAA as a volunteer host for these championship events.

Franz will be publicly honored as part of a ceremony in conjunction with the 2A Championship Basketball tournament in Bramlage on Saturday, March 14, 2020.

#### Previous Award Winners:

- 2014 – Mike Kastle, Parsons
- 2015 – John Summervill, Hutchinson
- 2016 – Dwight Goering, Moundridge
- 2017 – Ginny Honomichl, Baldwin City
- 2018 – Nancy Weishaar, Valley Falls
- 2019 – Carol Swenson, McPherson
- 2020 – Rod Franz, Manhattan

## 2020 Columbus Sports Hall of Fame Inductee

Cheryl Gleason attended Columbus High School from 1968 to 1972 where she played tennis for the Titans. Cheryl competed as a one sport athlete in this pre-Title IX era when there were limited opportunities for females in athletics. She was very successful in the lone high school sport available, finishing 1st as a junior in doubles at the Regionals, 2nd in singles at Regionals as a senior, and capped off her high school tennis career by finishing 3rd in singles at the KSHSAA Class 3-1A state tournament. Cheryl also played for the Columbus Rockette's softball team. After high school she attended Southwestern College in Winfield, KS. As a Mound-builder, Cheryl played volleyball and tennis for four years and basketball for three years. She had a very successful collegiate career in basketball, holding the college's free throw record for numerous years. She also played on the KCAC championship tennis team in 1975. Cheryl's athletic accomplishments as a talented multi-sport athlete were recognized in 2018 by her induction into the Southwestern College Sports Hall of Fame. As a contributor, Cheryl's dedication and talent matched her athletic accomplishments. Her longtime association and service to volleyball in Kansas earned her induction in 2015 into the Kansas Volleyball Association Hall of Fame, as well as earning her USA Volleyball's Robert L. Lindsay Meritorious Achievement Award in 2016. Cheryl served on the National Federation of High Schools (NFHS) volleyball rules writing committee for 8 years (4 as the committee chair). She was awarded the NFHS Citation in 2015. Cheryl has served the student-athletes of Kansas as Assistant Executive Director of the Kansas High School Activities Association since 1989. She has been dedicated to student leadership since age 18 with her continuous service and now State Director of the program of the Kays and Kayettes. Cheryl earned a bachelor of science degree from Southwestern College in 1976, and a master degree from Pittsburg State University in 1986. She resides in Topeka, KS.



## SPORTS MEDICINE

### What's in the Bag: What to Eat Before and After Training

Rebecca McConville MS, RD, LD, CSSD, CEDRD

*"Athletes don't diet and exercise, they fuel and train."*  
- Author unknown.

This has always been one of my favorite quotes, as it stresses the importance of proper fueling, not just on game day but throughout an entire season. Athletes should include proper fueling choices as part of their before and after practice routine just the same as they do for their practice warm-up and cool down routines.

It is important for athletes to know that pre and post practice fuel serves a different function than the snacks they may consume throughout the day. These planned out fueling opportunities give the body the necessary energy for the purpose



of maximizing their training, helping their bodies recover from a tough training session and better prepare them to do it all over again the next day. Instilling this as a consistent part of their daily routine ensures that they have valuable nutrients to help their brain stay focused and their muscles stay powerful. The post training fuel is critical to help the body stop any damage from training and start the body's repair process so that they can become faster, stronger and healthier athletes.

Recommendations for the amount of fuel needed varies according to energy needs of the athlete, type of sport (endurance vs. short burst activity) and the duration of practice/competition. Generally speaking if a practice is less than one hour or an easier day like a walkthrough, then a fueling snack prior to practice may not be needed. It is key to plan out and have on hand snacks/foods for both pre and post training/competition, as again each serve important roles.

### **Pre-practice/competition -**

Coaches and athletic trainers echo the words of "showing up to practice on empty is like showing up to practice with one shoe."

The further out from practice or competition time the more you can consume. If the fueling opportunity is three to four hours prior to the activity, then the athlete should be consuming a meal. If it is within one to two hours of the activity, then the student should be aiming for a snack containing 30-60 grams carbohydrate and 10-20 grams protein. The carbohydrate provides readily available fuel for not only the muscles but the brain as well, saving the stored carbohydrates (glycogen) for the kick at the end when they need it the most. The protein is optional for pre-practice/competition as it can help provide nutrients already in the body to better assist recovery. Generally, foods high in fiber and fat are not as well tolerated as they tend to slow digestion.

Be sure to encourage experimenting with the amount and type of food that helps sustain energy without leaving them heavy and bogged down. Once they feel like they have this down, tell them to leave it alone and definitely not change their food choices on game day! This is why LeBron James continually goes to his PB&J Uncrustable.

### **Post-practice/competition - "Half an hour to repower"**

Research supports that post-activity fueling is most important for those athletes who are training twice a day or will have a competition within eight hours of the last training/competition. I firmly believe in keeping things simple and routine for athletes. Therefore I use a saying, "half an hour to repower," teaching them to get in their recovery nutrition right away before they are distracted, heading home or waiting too long and then becoming overly hungry. The post-activity fuel needs to include both carbohydrate and protein. A general rule of thumb is to have 30-60 grams of carbohydrate with 10-20 grams protein, again all dependent on the energy needs of the athlete and the length of time until the next meal.

### **Here are some suggestions for pre/post activity fuel:**

- The gold standard for recovery fuel is chocolate milk.
- LeBron James' go to pre-fuel are Uncrustables.
- My personal favorites are fig bars, mini blueberry bagels with almond butter and energy bites (be sure to check out <https://www.pinterest.com/beccamconville/nutritious-yet-delicious-sports-nuts/>).
- Laura Moretti, a sports registered dietician and triathlete loves her peanut butter filled pretzels for recovery!

- Shawn Pitcher, a sports registered dietician at Ole Miss likes to create a well-rounded snack bag!
  - Main: PB&J, PB&J banana, PB&J honey or PB&J nutella
  - Salty Snack: pretzels, goldfish, cheezits or peanut butter crackers
  - Fruit: fresh bananas, grapes, peaches, pears; or dried fruits such as mangos, kiwis, cranberries, dates or figs
  - Bars: Nature Valley, Nutri-Grain, Fig Newtons
- Meg Steffey Schrier, a sports registered dietician likes 1-2 pieces of whole wheat bread and peanut butter, new KIND protein bar (12 grams of protein!) and a banana, and fruited Greek yogurt with whole grain cereal.

Help your athletes plan for all barriers that could keep them from consistently getting these valuable fueling opportunities whether it be time, money or habit. Encourage your students to keep a snack everywhere such as lockers, backpacks, or glove compartments in the car. School administrators, coaches and athletic trainers can encourage booster clubs to sponsor a training table or a recovery table with snacks for the athletes. Be creative and look for every opportunity to help your athletes properly fuel their bodies. Be sure to check out my free handout with more ideas at <http://www.beccamconville.com>.

*Rebecca McConville is a board certified sports nutrition specialist as well as a former high school and collegiate student-athlete. She can be reached at [beccamconville1014@gmail.com](mailto:beccamconville1014@gmail.com).*

## **Free Concussion Information for High Schools**

Don't forget to check out the Center for Disease Control and Prevention's (CDC) Heads Up website. This concussion awareness and management site contains practical, easy to use information for coaches and other school personnel. Heads Up: Concussion in High School Sports can be found at [www.cdc.gov/HeadsUp/highschoolsports/index.html](http://www.cdc.gov/HeadsUp/highschoolsports/index.html)

## **BASEBALL**

### **Baseball Notes**

Baseball coaches, please take note of the following dates for the 2020 season. The 2020 regionals will be held the week of May 18 through 21 and the state tournaments will be held May 28-29. **Please note the dates are Thursday and Friday. Saturday is the rain date.**

Regional sites and groupings will be posted on the KSHSAA website by April 1, 2020. Locations of state sites are posted on the KSHSAA website. Remember, schools are to use registered baseball umpires for all varsity competition. Coaches and umpires are encouraged to recruit new umpires for the youth of our state.

Head coaches are required to complete the online rules meeting and submit answers to NFHS Test I online. Test answers are due March 18, 2020. Instructions on how to complete the online meeting, NFHS Test I and the 2020 *Baseball/Softball Manual* were mailed to athletic directors on January 13. Athletic directors should distribute this information to the appropriate coaches. The online meeting will be available for credit until March 18, 2020.

## Bat Rule

All bats not made of a single piece of wood shall meet the Batted Ball Coefficient of Restitution (BBCOR) performance standard, and such bats shall be labeled with a silkscreen or other permanent certification mark. The certification mark shall be rectangular, a minimum of one-half-inch on each side and located on the barrel of the bat in any contrasting color. Aluminum and composite bats shall be labeled as approved tamper evident, and be marked as to being aluminum or composite. This marking shall be silkscreen or other permanent certification mark, a minimum of one-half-inch on each side and located on the barrel of the bat in any contrasting color.

**A bat without the BBCOR marking is illegal for use in games or practices. Coaches are responsible for making sure all bats meet the NFHS standard.**

Bats that are altered from the manufacturer's original design and production, or that do not meet the rule specifications, are illegal (*see 7-4-1a*). No foreign substance may be inserted into the bat. Bats that are broken, cracked or dented or that deface the ball, i.e., tear the ball, shall be removed without penalty. A bat that continually discolors the ball may be removed from the game with no penalty at the discretion of the umpire.

**Rationale:** Recent bat products have circumvented the intent and spirit of the current rule. Improvements in science and technology now allow this change that will require bats to be within performance limits during the life of the bat. In addition, this change will minimize the ability for the bat to be tampered with or altered.

The following bats were originally deemed legal, but after performance the NFHS has found that the bats do not meet the BBCOR specifications. Do not allow these bats to be used in practice or contests for safety reasons. Schools will be notified of any additional bats that are decertified via email to athletic directors, coaches and umpires.

### Decertified bats to date:

Reebok Vector TLS 32" length

Reebok Vector TLS 33" length

Marucci CAT5 33" length

## BASKETBALL

### Game Score Reporting

Coaches or administrators are to report the score of each varsity game by logging onto the KSHSAA website as a coach or administrator and going to "Activities." Under the basketball heading, schools are to report the date of the game, the opponent (from a drop-down list) and the final score for both boys and girls teams. This information is then posted on the KSHSAA basketball page by sub-state group under "boys standings" or "girls standings." By recording scores after each game, schools will be able to see the seedings for each sub-state group. This will also help the sub-state managers when they begin the seeding process in February. If schools complete this after each game the BB-1 and BB-2 forms will be completed by the February 29 deadline as the information is being stored.

## Forms Due

As the basketball season comes to a close, coaches and administrators are reminded the following forms are due to the KSHSAA. Forms are located in the Entry Forms section behind the administrative password on the KSHSAA website.

- School administrators must login and submit names of officials between February 5, 2020 and February 12, 2020. Only officials who meet the requirements to be eligible for assignment will be listed for schools to recommend. Select a minimum of 12 and a maximum of 15 officials you have observed in the last two years you feel should be considered for postseason competition at the sub-state or state level.
- 1A Regional Roster and Pass Gate List (BB-5-Girls; BB-6-Boys) must be submitted to the regional manager by February 20.
- 2A-6A Sub-State Roster and Pass Gate List (BB-7-Girls; BB-8-Boys) must be submitted to the sub-state manager by February 27.
- State Roster and Pass Gate Information (BB-9-Girls; BB-10-Boys) must be submitted online by March 4. Information submitted on BB-7 and BB-8 will be carried over to these forms so schools just have to make corrections.
- Game Scores form (BB-1-Girls; BB-2-Boys) must be completed online by February 29. Schools may enter games as they are played during the year and submit. This will keep an ongoing list of games played, opponents and scores so you don't have to complete all at the end of the season.

## Roster & Pass Gate Procedure

Rosters and pass gate information will be stored in an online database allowing schools to make corrections at any time so schools do not have to retype this information. Forms BB-7 (girls) and BB-8 (boys) generate the sub-state roster and pass gate lists. Once the information has been submitted click continue at the bottom of the form. This will allow schools to print a roster and pass gate form to fax or email to the sub-state manager. Schools must submit state roster, picture and pass gate information by March 4, 2020 on forms BB-9 (girls) and BB-10 (boys). If a school qualifies for the state tournament and has not submitted BB-9 or BB-10 the KSHSAA will take the information stored in the database from the sub-state roster/pass gate form and use it for the state program. Schools may update pass gate information until noon March 9. The KSHSAA will provide pass gate information to the state sites on March 10 based on the list provided.

## BOWLING

### Bowling Season

The KSHSAA interscholastic bowling season is underway across the state with 89 schools participating. Several copies of the *KSHSAA Bowling Manual* were mailed to participating schools this fall. A thorough study of this manual should answer many questions that might come up during the season.

### Postseason Oil Pattern

Based on concerns expressed with past oil patterns used at postseason tournaments, the KSHSAA has authorized the use of a modified oil pattern at each tournament/house center.

Please disregard the use of a Kegel Navigational Pattern as stated on page 22 of the 2019-20 KSHSAA *Bowling Manual*.

## Regional Tournaments

Regional bowling tournaments will be conducted across the state the week of **February 24-29**. Working with the bowling center, the tournament manager will establish the time schedule. **Regional tournament assignments** will be posted on the KSHSAA website ([www.kshsaa.org](http://www.kshsaa.org)) as soon as all regional sites are secured. Schools will compete in two classifications (6A; 5-4-3-2-1A). There will be three regional sites in class 6A. Competition will consist of American Tenpins (three games) and Baker (four games). Team scores will be a result of the top four scores in the American Tenpins portion plus the score of the four Baker games. Individual qualifiers will be determined from their scores in the three American Tenpins games. The top three teams and the next six highest individual scores that are not members of a qualifying team will advance to the state tournament. In classes 5-1A there will be four regional sites, with the top three teams and the next six highest individual scores that are not members of a qualifying team advancing to state competition.

Participating schools must submit **Regional Entry Card (BWL-1, Boys; BWL-2, Girls)** to their regional manager by **February 21**. **Regional Pass Gate Forms (BWL-3, Boys; BWL-4, Girls)** are also due to the manager on **February 21**. School teams may enter a maximum of six players and must attend the regional tournament to which they are assigned. Tournament managers will mail information to participating schools prior to the tournament. Please see the *Bowling Manual* for additional information.

## State Tournaments

The 2020 state bowling tournaments will be conducted on **Thursday, March 5** (6A) and **Friday, March 6** (5-4-3-2-1A). See bowling page at [www.kshsaa.org](http://www.kshsaa.org) for the time schedules.

All four state tournaments will be conducted at **Northrock Lanes**, 3232 N. Rock Road, Wichita, KS 67226, 316-636-5444. Derby High School and Haysville-Campus High School will host the 6A tournament with Russell Baldwin and Josh Godwin serving as managers. The 5-4-3-2-1A state tournament will be hosted by Wichita-Bishop Carroll High School with Tyler Fraizer serving as manager.

Qualifying schools must submit the **State Entry Fee Card (BWL-7, Boys; BWL-8, Girls)** and \$8 per bowler to the KSHSAA by **Friday, March 13**. The **State Pass Gate Form (BWL-5, Boys; BWL-6, Girls)** is due to the KSHSAA on **Monday, March 2**.

State qualifiers will be posted on the KSHSAA website Tuesday, March 3. In even numbered years (2020), the even numbered classifications will compete first (6A) and the boys will compete first followed by the girls.

## CROSS COUNTRY

### Cross Country Sites

#### Classes 3A, 5A, 6A

Lawrence-Free State High School will host the 2020 Class 3A, 5A and 6A State Cross Country Meet at the outstanding Rim Rock course north of Lawrence. There will be an additional

\$1 surcharge on all tickets, with the proceeds going to KU Athletics for parking. The schedule will be as follows:

#### Saturday, October 31, 2020

10:00 a.m. – 6A Boys  
10:35 a.m. – 5A Girls  
11:10 a.m. – 3A Boys  
11:45 a.m. – 6A Girls  
12:20 p.m. – 5A Boys  
12:55 p.m. – 3A Girls

#### Classes 1A, 2A, 4A

Wamego High School will again host the 2020 Class 1A, 2A, 4A meet at the beautiful course located at the Wamego Country Club golf course.

#### Saturday, October 31, 2020

10:00 a.m. – 4A Boys  
10:35 a.m. – 2A Girls  
11:10 a.m. – 1A Boys  
11:45 a.m. – 4A Girls  
12:20 p.m. – 2A Boys  
12:55 p.m. – 1A Girls

## SPRING SOCCER

### Girls State Tournament

The KSHSAA is planning for the 28th annual Girls State Soccer Championship Tournament, Friday and Saturday, May 29-30.

#### State Sites:

Class 6A - Topeka-Hummer Sports Park  
Class 5A - Spring Hill High School  
Class 4-1A - Wichita-Stryker Sports Complex

If your school is fielding a girls soccer team this spring, your **Spring Sports Entry Form ADM-8 was due online January 24**. Seeding meetings will be held on Saturday, May 16, at sites listed in the *KSHSAA Soccer Manual*.

Regional tournament games are scheduled for Monday or Tuesday (prelims) and Thursday (finals) of SCW #46. State quarterfinal games will be played Tuesday, May 26. Four teams will qualify to the state semifinals, Friday, May 29. Consolation and championship games will be played Saturday, May 30.

Schools competing in regular spring soccer are reminded **KSHSAA Rule 11 REQUIRES** the use of registered officials. Participating schools are reminded that the **KSHSAA Soccer Rule 38** and the National Federation Soccer Rules are in effect throughout regular season competition and tournaments.

Consult your *KSHSAA Soccer Manual* for more information.

### Additional Girls Soccer Test & Rules Meeting Dates

PLEASE NOTE: Girls soccer coaches ONLY who were unable to take the online rules exam and rules meeting in the fall can complete both the online rules exam and the online rules meeting **now through March 18, 2020**.

Schools whose head girls coach does not submit a completed test and rules meeting online to the KSHSAA by the deadline (March 18, 2020) will pay a penalty of \$100.



# SOFTBALL

## Softball Notes

Softball coaches, please take note of the following dates for the 2020 spring season. The 2020 regionals will be held the week of May 18 through 21 and the state tournaments will be held **May 28-29. Please note the dates are Thursday and Friday. Saturday is the rain date.**

Regional sites and groupings will be posted on the KSHSAA website by April 1, 2020. Locations of state sites are posted on the KSHSAA website. Remember, schools are to use registered softball and baseball umpires for all varsity competition. Coaches and umpires are encouraged to recruit new umpires for the youth of our state.

Head coaches are required to complete the online rules meeting and submit answers to NFHS Test I online. Test answers are due March 18, 2020. Instructions on how to complete the online meeting, NFHS Test I and the *2020 Baseball/Softball Manual* were mailed to athletic directors on January 13. Athletic directors should distribute this information to the appropriate coaches. The online meeting for coaches will be available for credit until March 18, 2020.

## Softball Bat Lists

The following policy was adopted by the KSHSAA Executive Board and applies to all interscholastic softball games. NFHS Rule 1-5-4 states "All bats must be either the 2000 or 2004 certification mark and not be listed on the USA softball non-approved bat list with ASA certification found on [www.teamusa.org/usa-softball/play-usa-softball/certified-usa-softball-equipment](http://www.teamusa.org/usa-softball/play-usa-softball/certified-usa-softball-equipment)."

Coaches must provide the non-approved bat list for umpires to review prior to the contest. Umpires should bring a copy of the non-approved bat list to contests they umpire. The KSHSAA website ([www.kshsaa.org](http://www.kshsaa.org)) is linked to the USA website on the softball page.

# BOYS SWIMMING & DIVING

## Boys State Meet February 20-22

The Boys State Swimming and Diving Meet will be held on February 20-22, 2020 at The Capitol Federal Natatorium at Hummer Sports Park, Topeka. The meet will be conducted in two classes, 6A and 5-4-3-2-1A.

Diving preliminaries for all classes will be Thursday, February 20 beginning at noon. Preliminaries in swimming events will begin Friday at 10 a.m. for Class 5-1A and at 2:30 p.m. for Class 6A. Diving semifinals for all classes will be Friday at 6:30 p.m. Finals for swimming and diving will begin on Saturday at 10:00 a.m. for Class 5-1A and 3:00 p.m. for Class 6A. It is recommended league meets be held one week prior to the state meet. A complete time schedule for the Boys State Swimming and Diving Championships may be accessed and viewed on the KSHSAA website ([www.kshsaa.org](http://www.kshsaa.org)).

Preliminary heats and lanes for the boys state meet will be drawn at the KSHSAA office. **Coaches will be requested to place the best meet time for each entrant listed on**

**the state meet entry form using Hy-Tek Team Manager.** They should keep a record of each boy's performance time so this information will be available when entering boys in the state meet.

Please refer to the KSHSAA *Swimming & Diving Manual* and the December *Activities Journal*, pages 14-15, for order of events and minimum performance requirements.

# TENNIS

## Reminders for 2020 Boys Season

**Classifications** - As a reminder the 2019-20 school year will use the following classification procedure: 6A=36 schools; 5A=36 schools; 4A=36 schools; 3A=64 schools; 2A=64 schools; 1A=117 schools. In the sport of tennis, there are four classifications: 6A, 5A, 4A and 3-2-1A. Per the new classification procedure, all of the schools in 4A and 3-2-1A will continue to be grouped by enrollment. The top 40% of the schools will compete in class 4A and the remaining 60% will compete in 3-2-1A.

**Regional Competition Playing Days** - Based on projections for the new classification procedure and the number of schools that participate in tennis, Classes 6A and 3-2-1A will have a two day regional tournament. Classes 5A and 4A will play their regional tournaments in one day. (NOTE: In classifications of 33 or more participating schools, a two day tournament will be conducted).

**Written Records Online** - Records for all players participating at a school must be entered online. This will include all regular season and postseason competition. See page 17 of the Tennis Manual for complete details.

### Manual Information

Please be aware of some new information in the 2019-20 *KSHSAA Tennis Manual*: Request for Line Judges (page 18). **NOTE:** Please disregard information on ties. New information for the season is forth coming.

## Frequently Asked Questions

**Q 1: When does a student become a member of their school tennis team?**

A 1: The first day they attend a school practice.

**Q 2: What defines the KSHSAA school year and summer season?**

A 2: The KSHSAA defines Summer as the Saturday before Memorial Day through Labor Day. School Year is the opposite – Labor Day through Saturday before Memorial Day.

**Q 3: After a girl attends her school team practice on August 19, can she play in outside event that is not a school scheduled event?**

A 3: YES. Per the definition in #2, as long as the competition takes place before Labor Day, it would not be a violation.

**Q 4: After a girl attends her school team practice on August 19, can she participate in group training sessions at a tennis club or take private lessons?**

A 4: NO. She may not participate in group instruction outside of her school team practice.

YES. A student may always take a private lesson as defined in Rule 26 (page 7).

**Q 5: For the boys season, a school chooses to start practice on the first possible day – March 2. Can a boy from America HS who has not yet attended a practice at America HS play in an outside tournament over spring break?**

A 5: YES. This would not be a violation. See Q1.

**Q 6: A student does not attend their first school team practice until midway through the season. Will they be eligible for postseason play?**

A 6: YES, if they are a member of their school team for a majority of the scheduled varsity events. NOTE: Majority = 1 more than half; maximum number of player matches = 8; Majority = 5.

**Q 7: Rule 41-2-5a. (Tennis – pg. 9) – If a player plays in one match on one day, can they play in one match the next day and count that as one day of competition?**

A 7: YES, only if it follows Rule 41-2-5a. Two dual meets may be substituted for one day of competition provided no loss of instructional time would be missed for travel or competition.

NOTE: A player attending a tournament and only playing one match one day cannot attend a tournament, play one match and count it as one day of competition.

## 2020 Boys Regional Dates

Based on action by the KSHSAA Executive Board, the date for the 2020 Boys Regional Tennis Tournaments will be Saturday, May 9 (5A, 4A) and Friday/Saturday, May 8-9 (6A, 3-2-1A).

NOTE: In classifications of 33 or more participating schools, a two day tournament will be conducted.

# TRACK & FIELD

## Rules Meeting

The KSHSAA track and field rules meeting for coaches and officials will be held online in 2020. The online meeting will be up and running from February 17 - March 23. All head coaches and all starters are required to attend this meeting.

Head coaches should login for the meeting using the user ID and password sent to your athletic director or principal.

## Rules Exam

Persons registering as starters and head coaches are required to successfully complete the 2020 Track & Field Rules Examination, Part I. Examinations will be online from February 17- March 23, 2020. You will be mailed a 100 question practice exam to help you with the 50 question online exam.

## Track & Field Manual

Member senior high schools will receive copies of the 2020 *Track and Field Manual* in February.

Per **Handbook Rule 42-2-5 and 6**, regional assignments will be posted on the KSHSAA website. **A reminder: regional sites must have the capabilities of correctly and successfully running the regional computer program.** Regional track and field entries will again be made online at [www.kshsaa.org](http://www.kshsaa.org).

Specifics on how to access your school site to complete entries will be available in the KSHSAA manual.

The KSHSAA State Track and Field Meet for all classes will be held in Wichita at Cessna Stadium on the campus of Wichita State University, May 29-30, 2020. The official order of running events will be published in the March issue of the *Activities Journal*, in addition to being in the manual. On Friday, May 29, classes 4A, 5A and 6A preliminaries will begin at 7:45 a.m. Classes 1A, 2A and 3A preliminaries will begin at 2:00 p.m.

## KSHSAA Handbook, Rule 42

**42-2-4** No student representing a member school shall participate in more than eight (8) track meets during a season, exclusive of regional and state meets. NFHS Track and Field Rule 4—Participation and Entry Limitations.

**4-2-1 . . . A competitor shall not compete in more than four events, including relays.**

**4-2-2 . . . A contestant shall not be entered in more than four events, excluding relays.**

**42-3-1** No student (middle/junior high) shall participate in more than seven (7) days of competition during a season. Exception: ninth grade students in junior high schools shall be permitted to compete in the same number of athletic competitions as ninth graders in senior high schools.

**42-3-2** Seventh and eighth grade students shall be limited to four (4) events per day (track and/or field.) Any number of these may be relays.

- Seventh and eighth grade students are limited to no more than two races of 800m or more in one day.
- Junior high ninth graders follow senior high regulations.
- The longest race any grade level shall run is:  
7th grade—3200m  
8th grade—3200m  
9th grade—same as senior high school

**42-3-3** The recommended order of events in invitational meets will be listed in the March issue of the *KSHSAA Activities Journal*. **NOTE:** The host school shall notify invited schools one week in advance of the meet if the order of events is to be different from that recommended

**Note: NFHS Rules Books for 2020 may be ordered from the KSHSAA for \$7.**

# Notice of KSHSAA Elections

The information provided in this brochure is regarding the 2020 election cycle for representation on the KSHSAA Board of Directors and Appeal Board beginning with the 2020-2021 school year cycle. Positions listed below are currently held by the names listed beside them. These representatives will end their current term on June 30, 2020.

## Board of Directors

### Current Board of Education Representatives

CD	DIV.	NAME & USD
2	I	*Tom Bruno, Auburn-Washburn, USD 437
	II	*Mike Kastle, Parsons, USD 503
3	II	Unfilled
4	I	Scott Crawford, Maize, USD 266
	II	Jamie Kaiser, Winfield, USD 465

\* Eligible for re-election.

All interested and qualified candidates must submit their intention in writing to the KSHSAA with their signature, co-signed by their board of education president or clerk by **FEBRUARY 15**, in the following categories:

CD	DIV.	TERM
2	I	(Two-year term)
	II	(Two-year term)
3	II	(One-year unexpired term)
4	I	(Two-year term)
	II	(Two-year term)

### Current Middle/Junior High School Representatives

CD	NAME
2	*Prin. Matthew Garber, Sabetha
4	*Supt. Mindy Bruce, Andale-Renwick, USD 267

\* Eligible for re-election.

All interested and qualified candidates must submit their intention in writing to the KSHSAA with their signature, co-signed by their board of education president by **FEBRUARY 15**, in the following categories: (See USD and Board of Education listing for Congressional District identification and/or the CD map below.)

CD	TERM
2	(Two-year term)
4	(Two-year term)

For more information on the KSHSAA Board of Directors election for Board of Education and Middle/Junior High School representatives, please see page two.

## Appeal Board

### Current Board of Education Representatives

CD	NAME
2	*Sonya Martin, Garnett, USD 365
4	*Brian Fitch, Argonia, USD 359

\* Eligible for re-election.

All interested and qualified candidates must submit their intention in writing to the KSHSAA with their signature, co-signed by their board of education president or clerk by **FEBRUARY 15**, in the following categories:

CD	TERM
2	(Two-year term)
4	(Two-year term)

### Current Senior High & Middle/Junior High School Representatives

CLASS	NAME
4-3A	*Supt. Loren Feldkamp, Tonganoxie, USD 464
MS/JH	*Prin. Jason Walker, Baxter Springs

\* Eligible for re-election.

All interested and qualified candidates must submit their intention in writing to the KSHSAA with their signature, co-signed by their board of education president by **FEBRUARY 15**, in the following categories:

CLASS	TERM
4-3A	(Two-year term)
MS/JH	(Two-year term)

For more information on the KSHSAA Appeal Board election, please see page two.

**Congressional district placement is based on the location of the school district office at the time of the Kansas census report. Divisions are determined by annual enrollment for district grades 7-12. For a listing of current congressional district and division placement for KSHSAA member USDs, please see pages three and four.**

Information on the KSHSAA Board of Directors representatives that are appointed by the State Board of Education, Governor, organizational entities and high school leagues may be found on page four.



# Board of Directors Election

## KSHSAA Bylaw IV

All KSHSAA Board of Director representatives are limited to **six consecutive years** of service. The KSHSAA Board of Director member's term of office shall run concurrent with school years **(July 1-June 30)**.

The State Board of Education, high school leagues and organizational representatives shall identify their representatives to the KSHSAA by **APRIL 15**. Thereafter, in the event of a vacancy, each league shall be responsible for identifying their replacement within sixty (60) days.

## Board of Education and Middle/Junior High School Representatives

Board of education and middle/junior high school representatives are elected by congressional districts (CD).

Board of education and middle/junior high school **candidates' names shall be identified and presented to the KSHSAA by FEBRUARY 15.**

- a. **Board of education elections:** qualified persons may have their names placed on the ballot by submitting their intention in writing, with their signature co-signed by their board of education president or clerk by **FEBRUARY 15**.
- b. **Middle/Junior High school elections:** qualified persons may have their names placed on the ballot by submitting their intention in writing, with their signature co-signed by their board of education president by **FEBRUARY 15**.

The KSHSAA shall mail (postmark) election ballots to the school district president for board of education elections and the middle/junior high school principal for middle/junior high school election, on or before **MARCH 1**. They shall be returned by **APRIL 15**. In the event no candidate receives a plurality and a tie vote exists, other members on the Board of Directors, in their respective category (a or b), shall determine which candidate shall be elected.

## Board of Education Representatives

Eight (8) of such directors shall be members of a board of education. Two (2) from each congressional district, shall be elected from the four (4) congressional districts. USD's with enrollments (grades 7-12) of 1,001 and above (Division I) shall have a representative in each congressional district. USD's with enrollments (grades 7-12) of 1,000 and below (Division II) shall have a representative in each congressional district.

Even-numbered congressional districts shall elect in even-numbered years. Odd-numbered congressional districts shall elect in odd-numbered years. All elected representatives shall serve a two-year term.

## Middle/Junior High School Representatives

Four (4) middle/junior high school principal/superintendent representatives, one (1) from each congressional district shall be elected. In even-numbered years, elections shall be held in the even-numbered congressional districts. In odd-numbered years, elections shall be held in the odd-numbered congressional districts. In addition, the Executive Board shall appoint two (2) at-large representatives one of which must be a middle/junior high school principal, one each year. All elected and/or appointed representatives shall serve two-year terms. Insofar as possible, gender, minority and ethnic representation is encouraged.

# Appeal Board Election

## KSHSAA Bylaw VII

Appeal Board representatives, in the categories listed, are elected to two-year terms. Each category shall elect their own representative(s).

**Four (4)** board of education representatives shall be elected, one (1) each from the four congressional districts. In the even-numbered years, elections shall be held in the even-numbered congressional districts. In the odd-numbered years, elections shall be held in the odd-numbered congressional districts. **4**

**Three (3)** senior high school principals or superintendents, one (1) from each as listed below, shall be elected from the following combined classifications:

a. Class 6-5A in odd years	<b>1</b>
b. Class 4-3A in even years	<b>1</b>
c. Class 2-1A in odd years	<b>1</b>
One (1) middle/junior high school principal or superintendent in even years	<b>1</b>
<b>TOTAL</b>	<b>8</b>

No member of the Board of Directors shall be eligible for election to membership on the Appeal Board.

All Appeal Board members are limited to six consecutive years of service.

The Appeal Board members term of office shall run concurrent with school years **(July 1-June 30)**.

Board of Education, senior high and middle/junior high **candidates' names shall be identified and presented to the KSHSAA by FEBRUARY 15.**

- a. **Board of education elections:** qualified persons may have their names placed on the ballot by submitting their intention in writing with their signature, co-signed by their board of education president or clerk by **FEBRUARY 15**.
- b. **Senior high and middle/junior high school elections:** qualified persons may have their names placed on the ballot by submitting their intention in writing with their signature, co-signed by their board of education president by **FEBRUARY 15**.

The KSHSAA shall mail (postmark) election ballots to the school district president for board of education elections and the senior high and middle/junior high school principal for their elections, on or before **MARCH 1**. They shall be returned by **APRIL 15**.

# USD's in DIVISION I & II by Congressional District (CD)

## Division I (1,001 and more)

### DIVISION I Congressional District 1

USD	NAME	USD	NAME
253	Emporia	428	Great Bend
305	Salina	443	Dodge City
308	Hutchinson	457	Garden City
313	Buhler	475	Junction City
383	Manhattan	480	Liberal
418	McPherson	489	Hays

### DIVISION I Congressional District 2

USD	NAME	USD	NAME
250	Pittsburg	453	Leavenworth
290	Ottawa	458	Basehor-Linwood
345	Seaman	469	Lansing
437	Auburn-Washburn	497	Lawrence
450	Shawnee Heights	501	Topeka

### DIVISION I Congressional District 3

USD	NAME	USD	NAME
202	Turner-Kansas City	232	De Soto
204	Bonner Springs	233	Olathe
229	Blue Valley	500	Kansas City
230	Spring Hill	512	Shawnee Mission
231	Gardner-Edgerton	Par.	Kansas City

### DIVISION I Congressional District 4

USD	NAME	USD	NAME
259	Wichita	373	Newton
260	Derby	385	Andover
261	Haysville	470	Arkansas City
262	Valley Center	Par.	Wichita
265	Goddard		
266	Maize		

## Division II (1,000 and less)

### DIVISION II Congressional District 1

USD	NAME	USD	NAME
102	Cimarron-Ensign	223	Barnes
103	Cheylin	224	Clifton-Clyde
105	Rawlins County	225	Fowler
106	Western Plains	226	Meade
107	Rock Hills	227	Jetmore-Hodgeman Co.
108	Washington Co.	237	Smith Center
109	Republic Co.	239	North Ottawa Co.
110	Thunder Ridge	240	Twin Valley
112	Central Plains	241	Wallace County
200	Greeley County	242	Weskan
208	WaKeeney	251	North Lyon Co.
209	Moscow	252	Southern Lyon Co.
210	Hugoton	269	Palco
211	Norton Comm.	270	Plainville
212	Northern Valley	271	Stockton
214	Ulysses	272	Waconda
215	Lakin	273	Beloit
216	Deerfield	274	Oakley
217	Rolla	275	Triplains
218	Elkhart	281	Graham County
219	Minneola	284	Chase County
220	Ashland	291	Grinnell

USD	NAME	USD	NAME
292	Wheatland	399	Paradise
293	Quinter	400	Smoky Valley
294	Oberlin	401	Chase
297	St. Francis Comm.	403	Otis-Bison
298	Lincoln	405	Lyons
299	Sylvan Grove	407	Russell
303	Ness City	408	Marion
306	Southeast of Saline	410	Durham-Hillsboro-Lehigh
307	Ell-Saline	411	Goessel
309	Nickerson	412	Hoxie
310	Fairfield	417	Morris County
311	Pretty Prairie	419	Canton-Galva
312	Haven	423	Moundridge
314	Brewster	426	Pike Valley
315	Colby	431	Hoisington
316	Golden Plains	432	Victoria
320	Wamego	435	Abilene
321	Kaw Valley	444	Little River
322	Onaga-Havensville-Wheaton	448	Inman
323	Rock Creek	452	Stanton County
325	Phillipsburg	459	Bucklin
326	Logan	466	Scott County
327	Ellsworth	467	Leoti
329	Mill Creek Valley	468	Healy
330	Mission Valley	473	Chapman
333	Concordia	476	Copeland
334	Southern Cloud	477	Ingalls
352	Goodland	481	Rural Vista
355	Ellinwood	482	Dighton
363	Holcomb	483	Kismet-Plains
364	Marysville	487	Herington
371	Montezuma	494	Syracuse
374	Sublette	495	Ft. Larned
376	Sterling	496	Pawnee Heights
378	Riley County	507	Satanta
379	Clay Center	Par.	Beloit-St. John's
381	Spearville	Par.	Hays-TMP-M
384	Blue Valley	Par.	Hutchinson-CC
388	Ellis	Par.	Hutchinson-Trinity
392	Osborne County	Par.	JC-St. Xavier
393	Solomon	Par.	McPherson-Elyria
395	LaCrosse	Par.	Salina-Sacred Hrt.
397	Centre	Par.	Tipton
398	Peabody-Burns	Priv.	Salina-St. John's MA

### DIVISION II Congressional District 2

USD	NAME	USD	NAME
101	Erie	339	Jefferson Co. North
111	Doniphan West	340	Jefferson West
113	Prairie Hills	341	Oskaloosa
114	Riverside	342	McLouth
115	Nemaha Central	343	Perry
234	Fort Scott	344	Pleasanton
235	Uniontown	346	Jayhawk
243	Lebo-Waverly	348	Baldwin City
244	Burlington	362	Prairie View
245	LeRoy-Gridley	365	Garnett
246	Northeast	366	Woodson
247	Cherokee	367	Osawatomie
248	Girard	368	Paola
249	Frontenac	372	Silver Lake
256	Marmaton Valley	377	Atchison Co. Comm.
257	Iola	380	Vermillion
258	Humboldt	387	Altoona-Midway
287	West Franklin	404	Riverton
288	Central Heights	409	Atchison
289	Wellsville	413	Chanute
335	North Jackson	415	Hiawatha
336	Holton	420	Osage City
337	Royal Valley	421	Lyndon
338	Valley Falls	429	Troy

## DIVISION II Congressional District 2 (cont.)

USD	NAME	USD	NAME
430	South Brown County	493	Columbus
434	Santa Fe Trail	498	Valley Heights
436	Caney Valley	499	Galena
445	Coffeyville	503	Parsons
446	Independence	504	Oswego
447	Cherryvale	505	Chetopa-St. Paul
449	Easton	506	Labette County
454	Burlingame	508	Baxter Springs
456	Marais des Cygnes Vly	Par.	Atchison
461	Neodesha	Par.	Leavenworth-Immac.
464	Tonganoxie	Par.	Pittsburg-St. Marys C.
479	Crest	Par.	Topeka-Hayden
484	Fredonia	Priv.	Atchison-Riverbend
491	Eudora		

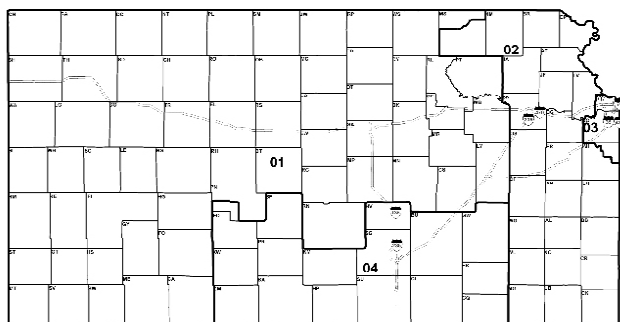
## DIVISION II Congressional District 3

USD	NAME	USD	NAME
203	Piper-Kansas City	Priv.	Prairie Village-KC
416	Louisburg		Christian
Priv.	Lawrence-Bishop Seab.	Priv.	Shawnee-
Priv.	Olathe-Heritage		Maranatha Acad.

## DIVISION II Congressional District 4

USD	NAME	USD	NAME
205	Bluestem	369	Burrton
206	Remington-Whitewater	375	Circle
254	Barber Co. North	382	Pratt
255	South Barber	386	Madison-Virgil
263	Mulvane	389	Eureka
264	Clearwater	390	Hamilton
267	Andale-Renwick	394	Rose Hill
268	Cheney	396	Douglass
282	West Elk	402	Augusta
283	Elk Valley	422	Greensburg-Kiowa Co.
285	Cedar Vale	438	Skyline
286	Chautauqua Co. Comm.	439	Sedgwick
300	Comanche County	440	Halstead
331	Kingman-Norwich	460	Hesston
332	Cunningham	462	Central
347	Kinsley-Offerle	463	Udall
349	Stafford	465	Winfield
350	St. John-Hudson	471	Dexter
351	Macksville	490	El Dorado
353	Wellington	492	Flinthills
356	Conway Springs	509	South Haven
357	Belle Plaine	511	Attica
358	Oxford	Priv.	Elbing-Berean Acad.
359	Argonia	Priv.	Wichita-Collegiate
360	Caldwell	Priv.	Wichita-Trinity Acad.
361	Anthony-Harper	Priv.	Wichita-Independent

## KANSAS CONGRESSIONAL DISTRICTS as of 2012 redistricting



## Board of Directors Appointments

### State Board of Education Representatives

Two (2) of such directors shall be representatives of the State Board of Education, appointed by the State Board of Education.

### Governor's At-Large Appointees

The Governor shall make additional appointments of no more than four (4) directors to attain, when necessary, and in so far as possible, representation of ethnic minority groups and both genders on the Board of Directors and to ensure that a resident from each congressional district is appointed to the Board of Directors, as provided by law. Any person appointed by the Governor shall neither be employed by any school affiliated with a league comprised of KSHSAA member schools nor be a member of the State Board of Education.

### Organizational Representatives

One (1) representative from each of the following organizations shall serve on the Board of Directors.

- Kansas Association of Scholars' Bowl Coaches (KASBC)
- Kansas Coaches Association (KCA)
- Kansas Interscholastic Athletic Administrators Association (KIAAA)
- Kansas Music Educators Association (KMEA)
- Kansas Speech Communication Association (KSCA)

NOTE: The representative shall be a certified educator employee of a member school, actively participating in the activity, and a member of the organization represented.

### Senior High School League Representatives

Representatives from member senior high schools shall be selected as follows: (Insofar as possible, gender, minority, and ethnic representation is encouraged.)

- Each league that exists during the 1992-93 school year shall elect one principal or superintendent representative to the Board of Directors. If a league disbands, they shall forfeit their representation. New leagues that form after the 1992-93 school year, which have six (6) or more member schools, shall elect one representative. Anytime any league's membership of KSHSAA member schools drop to three (3) or less, the league will lose the right to representation on the Board of Directors.
- Each league with 4,000 or more students in grades 10-12 may elect one additional representative provided one of the two is a female or a minority. The second representative may be any certified educator employed by a league, KSHSAA member school.
- Each league with 8,000 or more students in grades 10-12 may elect one additional representative provided one of the three is a female or a minority. The two additional representatives may be any certified educator employed by a league, KSHSAA member school.
- Each league with 12,000 or more students in grades 10-12 may elect one additional representative provided one of the four is a female or a minority. The three additional representatives may be any certified educator employed by a league, KSHSAA member school.
- One principal or superintendent representative shall be appointed from the independent schools by the Executive Board to a two-year term.



## 2019-20 Basketball

### Schools who did not complete Rules Meeting

**High School Boys:** None

**High School Girls:** None

**Middle School/Junior High Boys:** Claflin-Central Plains, Kansas City-Northwest, Shawnee Mission-Westridge

**Middle School/Junior High Girls:** Kansas City-Summer Academy

### No Test Submitted by Deadline

**High School Boys:** None

**High School Girls:** None

**Middle School/Junior High Girls:** None

**Middle School/Junior High Boys:** Dodge City-Sacred Heart

### Coaches who failed to receive 90% on NFHS Test 1

**High School Boys:** Junction-St. Xavier, Kansas City-Summer Academy, Wichita-Southeast

**High School Girls:** Kansas City-Washington, Lawrence-Bishop Seabury

**Middle School/Junior High Boys:** Bartlett Elementary, Colby-Heartland Christian, Fowler, Junction City-St. Xavier, Leavenworth-Warren Osborne, Randolph-Blue Valley, Wichita-Jardine Technology

**Middle School/Junior High Girls:** Bartlett Elementary, Colby-Heartland Christian, Colwich Elementary, Fowler, Wichita-Coleman, Wichita-Trinity Academy, Wichita-Truesdell

## 2019-20 Swimming and Diving

### Coaches who did not submit a NFHS Test 1 by the deadline

**Boys:** None

**Girls:** None

### Coaches who did not score 90% or better on NFHS Test 1 & Pass the KSHSAA Test II:

**Boys:** Topeka-Washburn Rural

**Girls:** Andover, Tecumseh-Shawnee Heights

**NEW TEAM.  
NEW UNIFORM.**



To learn more about becoming an official contact the Kansas State High School Activities Association:  
785-273-5329 | [kshsaa@kshsaa.org](mailto:kshsaa@kshsaa.org)

or scan here

**BECOME AN OFFICIAL**

# VOLLEYBALL

## Reminders for the 2020-2021 KSHSAA Volleyball Season

Even though the 2020 volleyball season is months away, it is always important to look ahead in anticipation and preparation.

### SUMMER COACH/PLAYER CONTACT

**May 23 - July 19** = coaches may coach players and conduct workouts/practices.

**May 24 - July 19** = coaches may have a "coaches one-week team camp". Only students enrolled in that school may attend the "coaches one-week team camp". No coaches one-week team camp may take place after July 19 in any sport. See Summer Moratorium.

**July 2 - July 8** = Summer Moratorium – No school related athletic activities may take place. All member school athletic facilities will be closed during this period to school personnel and students grades 7-12.

**July 9 - August 1** = Volleyball coaches restricted to working with no more than 4 students when students initiate request for individual help/coaching instruction from their coach. Volleyball coaches may no longer coach their players in tournaments.

**August 2-16** = volleyball coaches may only participate with their athletes in weight-lifting and non-sport specific conditioning programs open to the entire student body. During this 2-week period no other coaching is permitted by the volleyball coach.

### NEW – OUTSIDE COMPETITION RULE 22

*A student who is a member of a school athletic, scholars bowl or debate squad effective Monday, SCW#7 through Friday preceding Memorial Day may not participate as a member of an outside team or as an independent competitor in the same sport, scholars bowl or debate activity.*

Please make sure volleyball coaches and players understand this change – i.e., players may no longer participate in outside events up through Labor Day.

### CLASSIFICATIONS FOR 2020-2021 SEASON

The 2020-2021 school year will have 7 classifications/divisions for high school postseason volleyball. Classification numbers will include the following:

6A = 36 schools; 5A = 36 schools; 4A = 36 schools; 3A = 64 schools; 2A = 64 schools; 1ADI = approximately 54 schools; 1ADII = approximately 53 schools. (1A NOTE: this number of schools is based on anticipated Cooperative Agreements). Also NOTE: regional tournaments will no longer be conducted.

### COURTS FOR SUB-STATE TOURNAMENTS

At their November, 2019 meeting, the Executive Board approved a recommendation that sub-state volleyball sites with eight or more participating schools must utilize a two-court format.

### VOLLEYBALL

Baden is the official volleyball for all KSHSAA postseason tournaments through December, 2024. Schools may use a volleyball brand of their choosing as long as the ball has an NFHS authenticating mark.

## IMPORTANT DATES

**August 3, 4, 5** – KSHSAA Coaching School, Topeka (Numerous volleyball sessions all 3 days)

**August 4** – Volleyball Rules Meeting at Coaching School

**August 17** – First day of practice for the season

**August 28** – First day of competition for HS

**October 24** – Sub-State Volleyball Tournaments (All Classes)

**October 30-31** – State Volleyball Tournaments (7 Classes/ Divisions)

## Markings on Court

From time to time, schools have the opportunity to refinish and remark their gymnasium floor. If that rotation cycle is coming up for your school, please be aware of the markings for your volleyball courts. NOTE: A diagram and specific information regarding the volleyball court and its markings is located at [www.kshsaa.org/Athletics/Volleyball/Other Information](http://www.kshsaa.org/Athletics/Volleyball/Other Information)

NFHS rules for marking your court:

- It is recommended all boundary lines be of one clearly visible color contrasting to the color of the floor and other lines on the floor.
- Boundary line will be 2 inches (2").
- A continuous line, 2" wide, parallel to the end lines, shall separate the court into two playing areas. NOTE: This is the center line, under the net.
- A solid or shadow-bordered line is permissible.
- A shadow line is a line that designates the required 2" width of the border or outline lines at least ¼" wide, which shall be within the 2" width.
- Border lines that are natural color of the court are permitted.
- The area within these lines need not be one color but the continuous 2" wide outline must be clearly visible to the officials.
- If the floor has a logo in the center of the court, that logo should not distract from the visibility of the center line.
- The serving area (30' wide) is provided behind the end line. It shall be laterally limited by 2 short lines (2"x6") placed 8" behind and perpendicular to the end line, as extensions of the sideline.

Please plan ahead to have your volleyball court properly marked for the upcoming season.

## Tape on the Court

All lines should be continuous. If there is a very small break in the line, it is not necessary to place floor tape in this area. If the volleyball court passes through the basketball free throw lane, a wide basketball end line, etc., tape must be applied to make the line continuous. To tape or not to tape? A good way to judge this is to place the ball in the area in question. If there is no line underneath the ball to judge whether the ball is in or out of bounds, then tape is needed. Please see your local sporting goods store for floor tape (2").

## Officials Always Needed

School administrators and coaches are encouraged to visit with their senior players about becoming a KSHSAA registered volleyball official for the 2020 season and beyond. There is no one better to serve as an official than someone who has played the game and understands the rules. Please direct your players to [www.kshsaa.org](http://www.kshsaa.org) for more information.

## WRESTLING

### 2019-20 Postseason Wrestling Tournaments

The wrestling tournament format for the 2019-20 season has all boy's classifications participating in two-day regional and state tournaments. Girl's regional tournaments will be held on one or two days, depending on numbers, and the state tournament will be held on one day this inaugural year. The top four (4) wrestlers from each regional will qualify for state tournaments in classes 4A, 3-2-1A and the girl's classification. The top eight (8) wrestlers from each regional will qualify for the state tournament in classes 6A and 5A.

### State Wrestling Dates, Locations and Managers

#### February 27, 2020

##### Inaugural Girls Championship

Salina-Tony's Pizza Events Center  
800 the Midway, Salina, KS  
Manager: David Brown

#### February 28-29, 2020

##### Boys Class 3-2-1A

Fort Hays State University-Gross Memorial Coliseum  
Hwy 183 Bypass, Hays, KS  
Manager: Brad Haynes

##### Boys Class 4A

Salina-Tony's Pizza Events Center  
800 The Midway, Salina, KS  
Manager: David Brown

##### Boys Class 6A and 5A

Park City-Hartman Arena  
8151 N. Harman Arena Drive, Park City, KS  
Manager: Mike Church, J. Means and Mark Lentz

### State Wrestling Schedules

#### Girls

##### Thursday, February 27, 2020

- 7:30 a.m. – Weigh-ins
- 9:30 a.m. – Line up for opening ceremonies
- 9:45 a.m. – Opening ceremonies
- 10:00 a.m. – 1st round begins on 4 mats

We will continue through brackets and take a break for lunch and one to set up for the finals.

**The bracket will be posted on the KSHSAA Website.**

## Boys

### Friday, February 28, 2020

7:30 a.m. – Weigh-in for all wrestlers

9:30 a.m. – Line up for opening ceremonies

9:45 a.m. – Opening ceremonies

10:00 a.m. – 1st Round (4 mats)

*Break (30 minutes)*

- 2nd Round – Championship Quarterfinals (4 mats)

- 3rd Round – 1st Round Consolations (4 mats)

*Break (10 minutes)*

- 4th Round – Championship Semifinals (2 mats)

### Saturday, February 29, 2020

7:00 a.m. – Weigh-in for all wrestlers

9:00 a.m. – 5th Round – Consolation Wrestle Backs (4 mats)

- 6th Round – Consolation Quarterfinals (4 mats)

*Break (30 minutes)*

- 7th Round – Consolation Semifinals (4 mats)

*Break (5-10 minutes)*

- 8th Round – 3rd place matches (inside 2 mats)

5th place matches (outside 2 mats)

*Break (approximately 45 minutes)*

- Parade of Champions

- CHAMPIONSHIP FINALS (1 mat)

- Awards Presentations

# KANSAS ASSOCIATION FOR YOUTH

## TEAM KAY

Family, friends, school, work - our lives are filled with opportunities to come together with others as a team to achieve a common goal. A teamwork opportunity promotes an atmosphere that fosters friendship and devotion. These close-knit relationships motivate us to work harder, cooperate and be supportive of one another.

*You cannot do what I can do. I cannot do what you can do. Together we can do great things.*

Teamwork experiences provide people the chance to cooperate, using their individual skills and provide constructive feedback, despite any personal conflicts. When we combine teamwork strategies it provides great learning opportunities for improved efficiency, productivity and creativity. This is because it allows



the workload to be shared, reducing the pressure on individuals, and ensure tasks are completed within a set time frame. It also enables goals to be more attainable, enhances the task, improves job satisfaction and increases the work pace. A proper team environment allows individuals to brainstorm collectively, which in turn increases their success to problem solve and arrive at solutions more efficiently and effectively.

*Characteristics of effective teamwork include  
a shared sense of purpose, the ability to set aside  
personal prejudices and the willingness  
to take responsibility as a group.*

Good leaders are an essential component of a successful team. They are the ones that the team trusts and respects. The best teams are directed by leaders who are open to feedback and criticism, and who can communicate the team's vision and the organization's vision. Life experiences with leadership and service are equipping KAY members to become valuable team leaders.

*It's not the team with the best members that succeeds;  
it's the members with the best team that succeeds.*

"TEAM KAY" will theme the 2020-2021 KAY school year. Year 74 will continue our mission of empowering Kansas students with lifetime leadership skills and an attitude of service to others. In anticipation of the 75th year of our organization, members of KAY teams across the state will begin working together in preparation for celebrating the history and traditions of their KAY club.

*Coming together is a beginning; keeping together is  
progress; working together is success.*

The fun, excitement and preparations for a year of "TEAM KAY" will take place this summer at KLC (KAY Leadership Camp) July 27 – 31, 2020 at Rock Springs 4-H Center. An amazing "TEAM KAY STAFF" is being assembled and the plan for exciting activities and projects will fall in place that are sure to create memorable, lifetime experiences for all.

KAY clubs will receive camp posters, brochures, and detailed information at the winter Unit Conferences in addition to watching an exciting camp video presentation. Additional information about KLC is available at [www.kshsaa.org](http://www.kshsaa.org), in future Activity Journals, and via KAY social media.

## Clubs Encouraged to Attend Leadership Camp

In the next month or so KAY clubs will begin the process of selecting officers and board members for the 2020-21 school year. The KSHSAA offers an exciting leadership training activity for these student leaders that can truly "make a difference" – KLC!

Sponsors are encouraged to do the following:

- Promote camp attendance (especially officers; camp attendance is available to all members)
- Start securing delegates NOW (students have many activities from which to choose)
- Provide financial assistance (clubs encouraged to invest in their future leadership)
- Consider club size when selecting delegates (knowledge is power, the more the better)

Don't pass up this opportunity to get quality in-state training at a most reasonable cost.



## SUPERFANTASTIC HEROES Discovered at 2020 Unit Conferences

*"Group sharing, motivation and teamwork"* will highlight the 11 exciting KAY unit conferences this winter. KAY student leaders will have the opportunity to meet with neighboring Kays and Kayettes, hear special interest speakers, and learn from one another as they discuss service and leadership projects.

Focus at the 2020 conferences will center on "AMAZING"—a group service project identified by the host club.

Many KAY student leaders and their sponsors attended a conference hosted in January by the following clubs: Ingalls HS, Olathe-Summit Trail MS and Burton HS.

Throughout February, KAY Clubs will be gathering at conferences hosted by Wetmore HS, Ellinwood HS, Almena-Northern Valley HS, Manhattan-Eisenhower MS, Manhattan-Susan B. Anthony MS, Chanute HS & MS, Argonia HS, Rozel-Pawnee Heights HS and Olathe-Northwest HS.

Many, many thanks go out to the host schools who have devoted their time and energy organizing, planning and preparing to welcome their KAY colleagues for this half-day activity. Clubs are reminded to check **pages 7 and 8 of Section III** in the *KAY Handbook* and the December mailing for additional conference information. Conference hosts will mail invitations and information to clubs assigned to their conference. All clubs are reminded to send registration cards **KAY-3** and **KAYJ-3** along with fees (\$3.00 per delegate) to the host school at least two weeks prior to your conference. Clubs are limited to 25 delegates. **CLUBS UNABLE TO ATTEND, PLEASE NOTIFY YOUR HOST SCHOOL IMMEDIATELY.**

## Going for Blue or Gold Award?

Clubs earning the Blue or Gold Awards this year are reminded about the necessity of submitting newspaper articles, original programs and creative service projects. For the Blue Award, clubs must submit a newspaper article, an original program or a creative service project. The Gold Award requires a newspaper article **and** an original program, or a creative service project. Forms for Original Program or Creative Service Projects are located in **Section 8** of the *KAY Handbook*.

*NOTE: Clubs that do not have access to a local newspaper for publishing their club activities may submit a copy of their activity written up in a school district newsletter.*

## GOALS! GOALS! GOALS!

Clubs are reminded they have until **March 1** to make any changes in their Award Goal for 2019-20. Goals may be changed from Red to Blue, Blue to Gold, Gold to Blue, or Blue to Red. Please contact the KAY office at 785-273-5329 if your club wishes to make a change. If your club has not sent an award goal sheet by **March 1**, it will be assumed your club is not working toward an award this year.

## Semester Reports

The KSHSAA has received programs, projects and news articles which confirm service provided by Kays and Kayettes during the first semester. Thank you for your willingness to focus on the needs of others. Keep up the good work and remember: **Doing something is better than doing nothing at all!**

## Area Presidents Meet

On January 6, KAY Area Presidents met in Topeka with the KAY State Director. This meeting provided them with a better understanding of the KSHSAA, the KAY program and their responsibilities for the coming year. Excited about the opportunity to lead and motivate KAY members in their area, their newsletters will be emailed to clubs in mid-January, early April and mid-September.

### 2020 Area Presidents are:

Area 1 – Raabia Qureshi, OP-Blue Valley Northwest

Area 2 – Owen Eidman, Cottonwood Falls-Chase County

Area 3 – Ross Latta, Marysville

Area 4 – Emma Day, WaKeeney-Trego Community

Area 5 – Yessenia Hernandez, Holcomb

Area 6 – Tessa Boesker, McPherson

## MUSIC

### 2019-20 Classifications

6A - 32; 5A - 32; 4A - 56; 3A - 64; 2A - 64; 1A - 105

### Regional Piano Festivals - February 8

Regional Piano Festivals will be held on Saturday, February 8. Deadline date for entries was January 21.

### State Piano Festival - February 15

State Piano Festival will be held on Saturday, February 15. Entries must be made online. No paper forms or faxes will be honored. Entries are made by logging in to the "Festival Manager" found at [www.kshsaa.org](http://www.kshsaa.org)>Non-Athletic>Piano>Festival Manager. Any questions should be directed to Craig Manteuffel at the KSHSAA office. Deadline for entries to be submitted online is February 11. State piano will be held at Wichita State University.

### State Basketball Star-Spangled Banner Performance

School performances of the *Star-Spangled Banner* are welcomed at the KSHSAA state basketball tournaments. On or after **January 1**, the high school principal should request an opportunity to perform. **Vocal performing groups should be music festival ready** and will be considered and assigned, regardless of their school's team qualifying for the tournament. **Letters of request will be accepted until noon on Friday, preceding state basketball tournament week.** **Note:** Schools are welcome to apply to sites outside their classification in an effort to reduce travel costs.

The *Star-Spangled Banner* will be performed before the first game of each session on each of the four days. Performance times not assigned by the KSHSAA will be scheduled by tournament management during state basketball tournament week.

## Music Festival Reminders - Online Entry

Preparation has already begun in schools throughout the state as young musicians look forward to the opportunity to do their best at the KSHSAA Music Festivals.

Assignments have been made to regional music festivals for solos and small ensembles and state festivals for large groups. All sites and managers for the state music festival for solos and small ensembles have been established. Information concerning the sites, managers and assignments may be found at [www.kshsaa.org](http://www.kshsaa.org)>Non-Athletic>Music.

Please note the regional site and manager to which your school has been assigned. You are reminded regionals will be held for solos and small ensembles only. Most Southern festivals are scheduled for March 28 (entry deadline is March 6) and northern festivals are set for April 4 (entry deadline is March 13).

Your school's name should also appear on the state assignment list for large groups, April 15 or 16 (entry deadline is March 24). State music festivals for solos and small ensembles will be held at six sites on April 25 (entry deadline for all March 28 state qualifiers is March 31 and for all April 4 state qualifiers is April 7).

All regional and state entries must be made online. No paper forms or faxes will be honored. Entries are made by logging in to the "Festival Manager" found at [www.kshsaa.org](http://www.kshsaa.org)>Non-Athletic>Music>Festival Manager. Any questions need to be directed to Craig Manteuffel or the festival manager.

## Music Directors Must Register

Every high school band, orchestra and choral director must sign up by registering on the KSHSAA music "Festival Manager" site. Schools that plan to enter a regional or state music festival this spring must register and begin familiarizing themselves with this website. Instructions on how to complete this IMPORTANT registration process may be found on page 5 of the *KSHSAA Music Manual*. All music entries will be done online using "KSHSAA Music Festivals" Workshop sessions at the KMEA In-Service in Wichita will be presented to assist music directors in learning this process.

## Intelligent Accompaniment Rule

Intelligent accompaniments (e.g., SmartMusic) will be allowed for solo performances only when a qualified accompanist is not available. Schools shall bring their own equipment to be used at the festivals, and the scheduled performance time limit must include the setting up and taking down of equipment. The intelligent accompaniment unit must be set on the interactive mode for all performances and the intelligent accompaniment must follow the performer. It must be used as piano accompaniment only and is not to be used in orchestral or any other accompaniment modes. Non-interactive accompaniment recording, such as CD or MIDI, etc., will not be allowed. Intelligent accompaniments should only be utilized as a last option when a qualified accompanist is not available.

## Non-Piano Accompaniments Rule

Piano and other instrumental accompanists for vocal groups may be eligible students or adult musicians of the director's choice. Instrumental accompaniment shall not be considered

part of the ensemble and should not influence the judging of the choral performance.

Please note, piano is considered a member of string and percussion ensembles and therefore the pianist must be an eligible student.

## Rules for Accompanists

### Sec. 8 Accompanists (\*New)

- The same accompanist may not be used at two different music festival sites on the same day.
- \* It is strongly recommended that accompanists limit their events to less than 12.
- \* No accompanist may play for more than 22 events.
- There is no charge for piano or non-piano accompanists of vocal or instrumental entries.
- It is important to accurately list your accompanists' names.
- Eliminating schedule conflicts depends on accuracy.

## SPEECH & DRAMA

### 2019-20 Classifications

6A - 36; 5A - 36; 4A - 36; 3A - 64; 2A - 64; 1A - 117

### 2019-20 Manual Rules Changes

Changes adopted by the KSHSAA Executive Board and published in the *2019-20 Debate, Speech & Drama Manual*:

#### Entry Fees

The SP-2 card will continue to be used for regional speech festival assignments, but the \$10 fee with the card was eliminated. The following are new speech fees:

Ballots - \$.40 each

Regional Festival, State Festival & State Championship individual event fees - \$12 each

One-Act Play remains \$10 per student, maximum of \$50

#### Regional & State Festivals

Added Program Oral Interpretation to festival events

#### Speech Events

Added rules that were established after last year's Debate, Speech & Drama Manual was printed for Informative 10 and Program Oral Interpretation.

## Regional Speech & Drama Festival, April 18

The KSHSAA will sponsor six regional speech and drama festivals on Saturday, April 18.

Regional site assignments are listed at [www.kshsaa.org](http://www.kshsaa.org)>Non-Athletic>Speech & Drama>Regional Assignments. Schools have been assigned according to their geographical location, insofar as possible. Because of the number of one-act plays, it was also necessary to keep in mind the theatre facilities at each of the centers when assignments were made.

**Should the name of your school not appear on the assignment list, please contact the KSHSAA immediately.**

All entries for regional speech festivals will be completed and submitted online. No faxes will be necessary. Entry submission is required on or before April 2. Entry fee of \$12 for each student in each event, including duet acting. One-act play costs remain the same (\$30 minimum-\$50 maximum fee). Payments must be mailed to the regional manager. An invoice will be automatically generated for you to print and process for payment upon submission of your online entry.

Coaches are urged to read carefully the *Speech & Drama Manual* for procedures to be used at the regional and state festivals.

## Invitational Speech Tournaments Report Form

Invitational speech tournament results and a code of ethics report **MUST BE COMPLETED** by the host manager immediately following the contest and submitted online to the KSHSAA. The report form can be found online by accessing the KSHSAA webpage. Hover over the "schools" tab and click "log-in." Enter your user ID and password. Please see your school administrator if you do not know your user ID and password. Once logged in, click on the "Activities" link at the top of the page, scroll until you find the speech section, and click on "Host Tournament Report." This is an online entry report. Complete the needed information (email address is required) and click "submit." You will receive a confirmation email when the report is received by KSHSAA. Print and save this confirmation for your records. Failure to file the report may cause disqualification to regional and/or state competition.

## Speech Ballots Available

The KSHSAA prints ballots for each of the events sponsored in invitational festivals. **An order form is included in the back of the KSHSAA Speech and Drama Manual. All orders will be filled promptly upon request. Note: Price is 5 cents each.** Please specify the number of ballots needed for each event. There is a \$10 minimum order and no charge for postage.

## Coach or Adult Supervisor Must Always Accompany Students

Some KSHSAA schools have programs in an activity with only one or two participants and the following policy may be overlooked:

No team (or student) shall represent his or her school at any time in connection with interscholastic competition unless accompanied by a coach or another appointed member of the school faculty (*KSHSAA Speech & Drama Manual*, page 21).

**EXCEPTION:** A non-certified person may serve as an adult supervisor of an activity when appointed by the administrator, in areas where no coaching/directing takes place. **The adult supervisor may not coach/direct as outlined in Rule 10.** They may simply provide the transportation to and from the activity and be responsible for supervision during the activity.

# SPIRIT GROUPS

## State Basketball: Halftime Request Procedure

Schools are welcome to provide halftime entertainment at KSHSAA state basketball tournaments. Request for a performance time from the high school principal shall be made at least one week preceding the state basketball tournament. Spirit groups will be considered and assigned, regardless of their school's having qualified a team for the state tournament. Note: Schools are welcome to apply to sites outside of their classification in an effort to reduce travel costs.

Spirit groups will perform only at the halftime of the last game played on each of the four days. This policy is necessary since participating basketball teams normally practice at the halftime of the game preceding their contest in order to adjust to the new surroundings of the state tournament site.

A maximum of two spirit groups may be allowed to perform at the halftime of the last game, which may necessitate extending the halftime period. Each group will be limited to a maximum five-minute performance, which includes the time necessary for getting on and off the floor.

## Attendance at Spirit Group Festivals and Competition Events

During the school year, member school spirit groups (cheerleaders, dance/drill teams, pompon squads, etc.) may only participate in spirit group festivals, workshops, clinics or spirit competition events that are sponsored by Kansas member schools or approved by the KSHSAA Executive Board. Approved events are updated weekly on the front page of the KSHSAA website under the "Approved Events" link.

## Summer Spirit Camps

Because of the important leadership role cheerleaders and other spirit groups play in their schools, the KSHSAA has continually sought ways to meet the needs of these young people and their coaches/sponsors/advisors.

The KSHSAA and Universal Cheerleaders/Dance Association (UCA/UDA) provide high quality summer cheer/dance camps. Spirit groups serve as support groups for the interscholastic activities within your schools and communities. UCA/UDA is committed to promoting and preserving the sound traditions of spirit groups and the safety of participants.

Members of the nationally acclaimed UCA/UDA staff will conduct all of the summer spirit group camps for cheerleaders and drill teams/dance/pompon squads. These camps are sponsored by the KSHSAA as a service to member schools.

Seven cheer and four dance camp sites and dates are scheduled. Camps for drill teams, pompon squads and dance teams conducted simultaneously with cheerleader squads will be held in different areas of the college campuses.

Summer camp fees are \$300 per delegate or sponsor. (Schools bringing 10-19 delegates - 1 sponsor fee is 1/2 price.) (Schools bringing 20+ delegates - 1 sponsor fee is free.)



## Traditional Summer Cheer Camps

### \* Mascot Camp

June 2-5	Salina-Kansas Wesleyan University (Tue-Fri)
June 8-11	Salina-Kansas Wesleyan University (Mon-Thu)
June 9-12	El Dorado-Butler Community College (Tue-Fri)
June 15-18	El Dorado-Butler Community College (Mon-Thu)
*June 22-25	Salina-Kansas Wesleyan University (Mon-Thu)
July 7-10	El Dorado-Butler Community College (Tue-Fri)
July 13-16	Coffeyville Community College (Mon-Thu)

### Summer Dance Camps

June 2-5	Salina-Kansas Wesleyan University (Tue-Fri)
June 8-11	Salina-Kansas Wesleyan University (Mon-Thu)
June 22-25	Salina-Kansas Wesleyan University (Mon-Thu)
July 13-16	Coffeyville Community College (Mon-Thu)

Cheerleaders, drill teams, dance teams and pompon squads are invited to attend any of the camps (designed for their particular type of spirit group), but an effort has been made to consider travel distances. All camps include three nights, nine meals, insurance, outstanding instruction and supervision (\$300 per delegate).

Schools are strongly urged to send sponsors and/or chaperons with their students. Sponsors attending KSHSAA camps will also be able to attend the required KSHSAA spirit coaches rules meeting.

## STUDENT COUNCIL

### VISION Conference 2020

Centennial High School in Las Cruces, New Mexico, will be hosting VISION Conference 2020 on June 19-21. It would be amazing to have a large delegation of KANSAS high school and middle school student councils participating in Las Cruces this summer. The VISION Conference was created and established by the six states from Region VI (Arizona, Arkansas, Colorado, Kansas, Missouri and New Mexico) to provide a national caliber, economical conference opportunity closer to home. The purpose of the conference is to meet and network with the other leaders from across the U.S., obtain new ideas from informative speakers and workshops, and ascertain innovative ideas about service learning. For more information and to learn more about VISION Conference 2020, please visit the KSHSAA STUCO website ([www.khsaa.org](http://www.khsaa.org)) and/or the New Mexico STUCO website ([www.nmasc.org](http://www.nmasc.org)).

Any Kansas high school and/or middle school with students and/or advisors interested in attending the Region VI VISION Conference 2020, please contact Rod Garman, KSHSAA Assistant Executive Director, via email ([rgarman@khsaa.org](mailto:rgarman@khsaa.org)) or

phone (785-273-5329) by February 19. A block of hotel rooms has been reserved for Kansas delegates and travel arrangements are being explored. Let's rep Kansas!



### Conference Highlights:

#### Thursday, June 18, 2020

Pre-conference mixer/dinner and activity at White Sands National Monument: food and sand surfing while enjoying a magnificent sunset!

#### Friday, June 19 – Sunday, June 21, 2020

National Speakers, Service Projects, Swag Swap, State Delegation Caucus Rooms, Networking/Learning Opportunities for Both Students and Advisors, Activity Rotations at New Mexico State University, and Mingle/Exploration Time in Las Cruces.

*Immerse yourselves in the culture of New Mexico while growing your leadership knowledge and skills!*

### 57th Annual Student Council Workshop

Attention high school advisors and student council officers: the date is set, the staff is enthusiastic and the experience will last a lifetime! The 57th annual KSHSAA Student Council Workshop will take place **July 19-24, 2020** at Emporia State University. Join 400 students and advisors from across Kansas to receive some of the best leadership education opportunities available. The KSHSAA Student Council Workshop is a five-day experiential leadership program for high school student leaders. The program teaches goal-setting, problem solving, organization, team building, conflict resolution, appreciating diversity, evaluation, communication and self awareness. Annually, an exceptional staff is on hand to help train Kansas student leaders. The 2020 Student Council Workshop promises to be outstanding! Participants will surely experience one of the "single, most significant learning experiences" of their lives.

Registration fees for this year's workshop are **\$295 for student delegates and advisors**. All KSHSAA member senior high school principals will receive a registration brochure in the mail in late March and information will be posted on the KSHSAA website. Be on the lookout as more information is shared about the theme, speakers and activities/opportunities.

Schools wishing to reserve spaces for students and advisors must register online by May 29, 2020.

**Each school is eligible to send first time student delegates and/or advanced delegates returning for their second year.** There is no limit on the number of advisors who may attend, and **Middle/Junior High School advisors are welcome!**

## 2019 Volleyball Tournament Financial Results

Activity	Type	Class	Location	Net Receipts	Officials	Entry Fees	Host %	Awards
VB	Regional	1A	Attica	\$ 1,786.18	\$ 695.00	\$ 105.00	\$ 589.44	\$ 88.10
VB	Regional	1A	Axtell	\$ 1,150.70	\$ 702.96	\$ 105.00	\$ 379.73	\$ 88.10
VB	Regional	1A	Beloit-St Johns	\$ 1,253.46	\$ 653.28	\$ 105.00	\$ 413.64	\$ 88.10
VB	Regional	1A	Clafin-Central Plains	\$ 1,368.52	\$ 697.38	\$ 105.00	\$ 451.61	\$ 88.10
VB	Regional	1A	Frankfort	\$ 1,475.35	\$ 728.16	\$ 105.00	\$ 486.87	\$ 88.10
VB	Regional	1A	Goessel	\$ 1,655.81	\$ 681.36	\$ 105.00	\$ 546.42	\$ 88.10
VB	Regional	1A	Kinsley	\$ 1,147.90	\$ 600.80	\$ 105.00	\$ 378.80	\$ 88.10
VB	Regional	1A	Little River	\$ 1,415.67	\$ 623.12	\$ 90.00	\$ 467.17	\$ 88.10
VB	Regional	1A	Logan	\$ 1,365.74	\$ 731.76	\$ 105.00	\$ 450.69	\$ 88.10
VB	Regional	1A	Lost Springs-Centre	\$ 1,023.26	\$ 610.16	\$ 90.00	\$ 337.68	\$ 88.10
VB	Regional	1A	Madison	\$ 1,969.44	\$ 678.00	\$ 105.00	\$ 649.92	\$ 88.10
VB	Regional	1A	Moscow	\$ 1,317.21	\$ 748.46	\$ 105.00	\$ 434.68	\$ 88.10
VB	Regional	1A	Oswego	\$ 1,149.66	\$ 589.71	\$ 90.00	\$ 379.39	\$ 88.10
VB	Regional	1A	Oxford	\$ 1,214.75	\$ 708.72	\$ 105.00	\$ 400.87	\$ 88.10
VB	Regional	1A	Rexford-Golden Plains	\$ 1,311.11	\$ 610.16	\$ 90.00	\$ 432.67	\$ 88.10
VB	Regional	1A	Tribune-Greeley County	\$ 1,504.18	\$ 611.60	\$ 90.00	\$ 496.38	\$ 88.10
VB	Sub-State	6A	Derby	\$ 936.11	\$ 357.36	\$ 60.00	\$ 308.92	\$ 47.44
VB	Sub-State	6A	Garden City	\$ 1,342.82	\$ 440.00	\$ 75.00	\$ 443.13	\$ 47.44
VB	Sub-State	6A	Gardner-Edgerton	\$ 1,465.27	\$ 365.28	\$ 60.00	\$ 483.54	\$ 47.44
VB	Sub-State	6A	Overland Park-Blue Valley	\$ 1,788.25	\$ 461.60	\$ 75.00	\$ 590.12	\$ 47.44
VB	Sub-State	6A	Overland Park-Blue Valley North	\$ 1,731.44	\$ 470.96	\$ 90.00	\$ 571.38	\$ 47.44
VB	Sub-State	6A	Shawnee Mission Northwest	\$ 1,119.53	\$ 341.09	\$ 60.00	\$ 369.44	\$ 47.44
VB	Sub-State	6A	Topeka-Washburn Rural	\$ 998.61	\$ 529.28	\$ 75.00	\$ 329.54	\$ 47.44
VB	Sub-State	6A	Wichita-East	\$ 1,181.40	\$ 374.64	\$ 60.00	\$ 389.86	\$ 47.44
VB	Sub-State	5A	Andover	\$ 1,093.95	\$ 363.84	\$ 60.00	\$ 361.00	\$ 47.44
VB	Sub-State	5A	Basehor-Linwood	\$ 1,763.14	\$ 377.24	\$ 60.00	\$ 581.84	\$ 47.44
VB	Sub-State	5A	Great Bend	\$ 1,158.43	\$ 449.52	\$ 60.00	\$ 382.29	\$ 47.44
VB	Sub-State	5A	Lansing	\$ 1,355.67	\$ 402.98	\$ 60.00	\$ 447.37	\$ 47.44
VB	Sub-State	5A	Lenexa-St. James Academy	\$ 1,208.96	\$ 466.71	\$ 75.00	\$ 398.96	\$ 47.44
VB	Sub-State	5A	Maize South	\$ 1,676.28	\$ 507.68	\$ 75.00	\$ 553.17	\$ 47.44
VB	Sub-State	5A	Spring Hill	\$ 1,940.26	\$ 472.50	\$ 75.00	\$ 640.29	\$ 47.44
VB	Sub-State	5A	Wichita-Bishop Carroll	\$ 2,266.05	\$ 494.00	\$ 75.00	\$ 747.80	\$ 47.44
VB	Sub-State	4A	Andale	\$ 1,593.49	\$ 473.26	\$ 75.00	\$ 525.85	\$ 47.44
VB	Sub-State	4A	Atchison	\$ 961.84	\$ 540.73	\$ 90.00	\$ 317.41	\$ 47.44
VB	Sub-State	4A	Chapman	\$ 1,400.00	\$ 382.56	\$ 60.00	\$ 462.00	\$ 47.44
VB	Sub-State	4A	Eudora	\$ 1,570.77	\$ 357.36	\$ 60.00	\$ 518.35	\$ 47.44
VB	Sub-State	4A	Holton	\$ 1,650.25	\$ 421.44	\$ 60.00	\$ 544.58	\$ 47.44
VB	Sub-State	4A	Independence	\$ 1,535.16	\$ 549.44	\$ 75.00	\$ 506.60	\$ 47.44
VB	Sub-State	4A	Topeka-Hayden	\$ 857.54	\$ 395.52	\$ 60.00	\$ 282.99	\$ 47.44
VB	Sub-State	4A	Towanda-Circle	\$ 2,025.12	\$ 513.28	\$ 75.00	\$ 668.29	\$ 47.44
VB	Sub-State	3A	Colby	\$ 3,887.82	\$ 904.70	\$ 120.00	\$ 1,289.98	\$ 93.13
VB	Sub-State	3A	Council Grove	\$ 2,492.67	\$ 944.24	\$ 120.00	\$ 822.49	\$ 93.13
VB	Sub-State	3A	Fredonia	\$ 2,477.98	\$ 891.68	\$ 120.00	\$ 817.73	\$ 93.13
VB	Sub-State	3A	Frontenac	\$ 2,632.40	\$ 878.00	\$ 120.00	\$ 868.69	\$ 93.13
VB	Sub-State	3A	Haven	\$ 3,333.33	\$ 834.80	\$ 120.00	\$ 1,100.00	\$ 93.13
VB	Sub-State	3A	Hoisington	\$ 2,363.97	\$ 941.36	\$ 120.00	\$ 780.11	\$ 93.13
VB	Sub-State	3A	Perry-Lecompton	\$ 3,099.08	\$ 843.44	\$ 120.00	\$ 1,022.70	\$ 93.13
VB	Sub-State	3A	Seneca-Nemaha Central	\$ 3,011.93	\$ 893.84	\$ 120.00	\$ 993.94	\$ 93.13
VB	Sub-State	2A	Alma-Wabaunsee	\$ 1,638.54	\$ 822.99	\$ 120.00	\$ 540.72	\$ 93.13
VB	Sub-State	2A	Arma-Northeast	\$ 2,233.00	\$ 949.28	\$ 120.00	\$ 737.00	\$ 93.13
VB	Sub-State	2A	Brookville-El-Saline	\$ 2,813.95	\$ 874.04	\$ 120.00	\$ 928.60	\$ 93.13
VB	Sub-State	2A	Elkhart	\$ 1,905.07	\$ 907.64	\$ 120.00	\$ 628.67	\$ 93.13
VB	Sub-State	2A	Leon-Bluestem	\$ 2,324.65	\$ 1,041.28	\$ 135.00	\$ 767.13	\$ 93.13
VB	Sub-State	2A	Sterling	\$ 3,147.46	\$ 917.60	\$ 120.00	\$ 1,038.66	\$ 93.13
VB	Sub-State	2A	WaKeeney-Trego Community	\$ 2,231.19	\$ 924.80	\$ 120.00	\$ 736.29	\$ 93.13
VB	Sub-State	2A	Winchester-Jefferson County North	\$ 2,328.37	\$ 852.80	\$ 120.00	\$ 768.36	\$ 93.13
VB	Sub-State	1A	Centralia	\$ 3,102.78	\$ 730.70	\$ 120.00	\$ 1,023.92	\$ 93.13
VB	Sub-State	1A	Greensburg-Kiowa County	\$ 3,517.05	\$ 771.36	\$ 120.00	\$ 1,160.63	\$ 93.13
VB	Sub-State	1A	Ransom-Western Plains	\$ 2,989.72	\$ 836.36	\$ 135.00	\$ 986.61	\$ 93.13
VB	Sub-State	1A	Rosalia-Flinthills	\$ 2,283.57	\$ 792.48	\$ 120.00	\$ 753.58	\$ 93.13

## 2019 State Volleyball Tournament Financial Results

Class	Location	Net Receipts	Net Program		Host	Officials	Awards
			Receipts				
6A/5A	Salina-Tony's Pizza Events Center	18049.66	879.08		4353.61	6955.41	403.10
4A/3A	Hutchinson Community College	28748.62	1292.81		6909.52	7189.02	403.10
2A/1A	Dodge City-United Wireless Arena	25521.40	1097.10		6122.25	7859.33	403.10

## Financial Results - 2019 State Football Championships

Class	Location	Net Receipts	Net Program		Host Share %	Officials	Awards
6A	Emporia State Univ	\$ 22,833.18	\$ 892.17	\$4,745.07	\$ 814.56	\$ 554.60	
5A	Pittsburg State Univ	\$ 17,401.83	\$ 924.77	\$3,665.32	\$1,241.60	\$ 554.60	
4A	Topeka-Hummer	\$ 12,896.01	\$ 538.71	\$2,686.94	\$1,286.00	\$ 554.60	
3A	Hutchinson CC	\$ 14,895.51	\$ 707.18	\$3,588.62	\$1,203.14	\$ 554.60	
2A	Salina-USD 305	\$ 11,078.62	\$ 338.39	\$2,283.40	\$1,153.00	\$ 554.60	
1A	Fort Hays State	\$ 7,310.85	\$ 310.39	\$1,670.47	\$1,225.30	\$ 554.60	
8M DI & DII	Newton Recreation	\$ 16,921.66	\$ 834.10	\$3,551.15	\$1,353.36	\$ 773.20	



## 2019 Football Play-Offs Financial Results

Activity	Type	Class	Location	Net Receipts	Officials	Host %	Awards
FB	Regional	6A	Derby	\$ 7,577.78	\$ 470.76	\$ 2,500.67	\$ 37.60
FB	Regional	6A	Dodge City	\$ 5,306.03	\$ 433.32	\$ 1,750.99	\$ 37.60
FB	Regional	6A	Gardner-Edgerton	\$ 5,869.83	\$ 398.40	\$ 1,937.04	\$ 37.60
FB	Regional	6A	Manhattan	\$ 6,170.72	\$ 457.80	\$ 2,036.34	\$ 37.60
FB	Regional	6A	Olathe East	\$ 5,257.83	\$ 391.76	\$ 1,735.09	\$ 37.60
FB	Regional	6A	Olathe North	\$ 2,474.54	\$ 415.90	\$ 816.60	\$ 37.60
FB	Regional	6A	Shawnee Mission Northwest	\$ 4,918.80	\$ 383.14	\$ 1,623.20	\$ 37.60
FB	Regional	6A	Topeka	\$ 6,822.73	\$ 388.68	\$ 2,251.50	\$ 37.60
FB	Regional	5A	De Soto	\$ 3,666.44	\$ 385.08	\$ 1,209.93	\$ 37.60
FB	Regional	5A	Kansas City-FL Schlagle	\$ 1,522.11	\$ 473.79	\$ 502.30	\$ 37.60
FB	Regional	5A	Maize	\$ 4,152.56	\$ 470.76	\$ 1,370.34	\$ 37.60
FB	Regional	5A	Maize South	\$ 5,173.02	\$ 418.20	\$ 1,707.10	\$ 37.60
FB	Regional	5A	Overland Park-St Thomas Aquinas	\$ 9,139.32	\$ 399.91	\$ 3,015.98	\$ 37.60
FB	Regional	5A	Shawnee-Mill Valley	\$ 6,881.43	\$ 400.78	\$ 2,270.87	\$ 37.60
FB	Regional	5A	Wichita Northwest	\$ 2,986.98	\$ 419.57	\$ 985.70	\$ 37.60
FB	Regional	5A	Wichita-Bishop Carroll	\$ 5,114.42	\$ 407.04	\$ 1,687.76	\$ 37.60
FB	Regional	4A	Andover Central	\$ 4,235.35	\$ 404.52	\$ 1,397.67	\$ 37.60
FB	Regional	4A	Buhler	\$ 3,949.31	\$ 416.76	\$ 1,303.28	\$ 37.60
FB	Regional	4A	Chanute	\$ 4,083.10	\$ 410.64	\$ 1,347.42	\$ 37.60
FB	Regional	4A	McPherson	\$ 6,385.32	\$ 424.68	\$ 2,107.16	\$ 37.60
FB	Regional	4A	Paola	\$ 4,159.27	\$ 387.60	\$ 1,372.56	\$ 37.60
FB	Regional	4A	Shawnee Mission-Bishop Miege	\$ 4,552.00	\$ 390.84	\$ 1,502.16	\$ 37.60
FB	Regional	4A	Tonganoxie	\$ 4,126.32	\$ 395.45	\$ 1,361.69	\$ 37.60
FB	Regional	4A	Winfield	\$ 6,990.78	\$ 447.00	\$ 2,306.96	\$ 37.60
FB	Regional	3A	Andale	\$ 5,709.77	\$ 375.00	\$ 1,884.22	\$ 37.60
FB	Regional	3A	Cheney	\$ 3,911.63	\$ 390.48	\$ 1,290.84	\$ 37.60
FB	Regional	3A	Colby	\$ 4,220.69	\$ 500.28	\$ 1,392.83	\$ 37.60
FB	Regional	3A	Frontenac	\$ 2,959.25	\$ 425.40	\$ 976.55	\$ 37.60
FB	Regional	3A	Holton	\$ 4,095.72	\$ 400.92	\$ 1,351.58	\$ 37.60
FB	Regional	3A	LaCygne-Prairie View	\$ 4,293.95	\$ 408.12	\$ 1,417.00	\$ 37.60
FB	Regional	3A	Scott Community	\$ 3,573.39	\$ 435.00	\$ 1,179.22	\$ 37.60
FB	Regional	3A	Topeka-Hayden	\$ 6,115.44	\$ 398.00	\$ 2,018.10	\$ 37.60
FB	Regional	2A	Cimarron	\$ 2,888.89	\$ 475.80	\$ 953.33	\$ 37.60
FB	Regional	2A	Eureka	\$ 2,814.68	\$ 425.40	\$ 928.84	\$ 37.60
FB	Regional	2A	Garden Plain	\$ 3,504.19	\$ 418.20	\$ 1,156.38	\$ 37.60
FB	Regional	2A	Hoisington	\$ 3,593.53	\$ 404.88	\$ 1,185.86	\$ 37.60
FB	Regional	2A	Humboldt	\$ 2,000.00	\$ 405.60	\$ 660.00	\$ 37.60
FB	Regional	2A	Riley County	\$ 2,951.93	\$ 390.84	\$ 974.13	\$ 37.60
FB	Regional	2A	Seneca-Nemaha Central	\$ 2,963.30	\$ 429.00	\$ 977.89	\$ 37.60
FB	Regional	2A	Silver Lake	\$ 2,432.88	\$ 389.40	\$ 802.85	\$ 37.60
FB	Regional	1A	Centralia	\$ 1,774.07	\$ 426.70	\$ 585.44	\$ 37.60
FB	Regional	1A	Elkhart	\$ 1,560.37	\$ 454.20	\$ 514.92	\$ 37.60
FB	Regional	1A	Holton-Jackson Heights	\$ 1,988.88	\$ 403.80	\$ 656.33	\$ 37.60
FB	Regional	1A	Olpe	\$ 1,653.71	\$ 439.00	\$ 545.73	\$ 37.60
FB	Regional	1A	Pittsburg-St Mary's Colgan	\$ 2,044.95	\$ 407.40	\$ 674.83	\$ 37.60
FB	Regional	1A	Plainville	\$ 3,060.55	\$ 460.62	\$ 1,009.98	\$ 37.60
FB	Regional	1A	Sedgwick	\$ 2,290.32	\$ 428.00	\$ 755.81	\$ 37.60
FB	Regional	1A	Smith Center	\$ 3,052.97	\$ 399.85	\$ 1,007.48	\$ 37.60

## 2019 Football Play-Offs Financial Results

Activity	Type	Class	Location	Net Receipts	Officials	Host %	Awards
FB	Regional	8PD1	Canton-Galva	\$ 1,872.48	\$ 407.40	\$ 617.92	\$ 37.60
FB	Regional	8PD1	Clifton-Clyde	\$ 3,218.60	\$ 416.04	\$ 1,062.14	\$ 37.60
FB	Regional	8PD1	Coldwater-South Central	\$ 2,423.04	\$ 473.64	\$ 799.60	\$ 37.60
FB	Regional	8PD1	Jetmore-Hodgeman County	\$ 2,641.32	\$ 438.36	\$ 871.64	\$ 37.60
FB	Regional	8PD1	Little River	\$ 2,523.50	\$ 427.56	\$ 832.76	\$ 37.60
FB	Regional	8PD1	Madison	\$ 1,958.33	\$ 403.80	\$ 646.25	\$ 37.60
FB	Regional	8PD1	Medicine Lodge	\$ 2,768.59	\$ 462.60	\$ 913.63	\$ 37.60
FB	Regional	8PD1	St. Francis	\$ 2,157.60	\$ 453.00	\$ 712.01	\$ 37.60
FB	Regional	8PD2	Beloit-St John's Tipton	\$ 1,858.99	\$ 445.70	\$ 613.47	\$ 37.60
FB	Regional	8PD2	Grainfield-Wheatland/Grinnell	\$ 1,706.91	\$ 411.00	\$ 563.28	\$ 37.60
FB	Regional	8PD2	Hanover	\$ 3,722.79	\$ 421.08	\$ 1,228.52	\$ 37.60
FB	Regional	8PD2	Kiowa-South Barber	\$ 1,464.21	\$ 439.80	\$ 483.19	\$ 37.60
FB	Regional	8PD2	Lost Springs-Centre	\$ 1,594.70	\$ 402.36	\$ 526.25	\$ 37.60
FB	Regional	8PD2	Minneola	\$ 1,435.00	\$ 410.00	\$ 473.00	\$ 37.60
FB	Regional	8PD2	Osborne	\$ 2,189.81	\$ 425.40	\$ 722.64	\$ 37.60
FB	Regional	8PD2	St. Paul	\$ 1,431.58	\$ 414.60	\$ 472.42	\$ 37.60
FB	Sectional	6A	Derby	\$ 11,947.22	\$ 425.20	\$ 3,942.58	\$ 74.60
FB	Sectional	6A	Olathe North	\$ 5,895.41	\$ 462.70	\$ 1,945.49	\$ 74.60
FB	Sectional	6A	Overland Park-Blue Valley	\$ 8,866.18	\$ 404.86	\$ 2,925.84	\$ 74.60
FB	Sectional	6A	Topeka	\$ 10,584.52	\$ 441.76	\$ 3,492.90	\$ 74.60
FB	Sectional	5A	DeSoto	\$ 18,056.96	\$ 428.80	\$ 5,958.80	\$ 74.60
FB	Sectional	5A	Maize South	\$ 16,959.07	\$ 430.60	\$ 5,596.49	\$ 74.60
FB	Sectional	5A	Overland Park-St Thomas Aquinas	\$ 4,722.27	\$ 448.74	\$ 1,558.35	\$ 74.60
FB	Sectional	5A	Wichita Northwest	\$ 9,566.51	\$ 465.88	\$ 3,156.95	\$ 74.60
FB	Sectional	4A	Andover-Central	\$ 5,217.67	\$ 430.96	\$ 1,721.83	\$ 74.60
FB	Sectional	4A	McPherson	\$ 6,217.43	\$ 414.40	\$ 2,051.75	\$ 74.60
FB	Sectional	4A	Paola	\$ 6,521.74	\$ 426.28	\$ 2,152.17	\$ 74.60
FB	Sectional	4A	Tonganoxie	\$ 8,979.41	\$ 412.24	\$ 2,963.21	\$ 74.60
FB	Sectional	3A	Beloit	\$ 5,314.29	\$ 446.80	\$ 1,753.72	\$ 74.60
FB	Sectional	3A	Perry-Lecompton	\$ 6,007.41	\$ 433.48	\$ 1,982.45	\$ 74.60
FB	Sectional	3A	Scott City-Scott Community	\$ 5,198.17	\$ 460.00	\$ 1,715.40	\$ 74.60
FB	Sectional	3A	Topeka-Hayden	\$ 5,202.93	\$ 598.00	\$ 1,716.97	\$ 74.60
FB	Sectional	2A	Hoisington	\$ 6,029.56	\$ 427.00	\$ 1,989.75	\$ 74.60
FB	Sectional	2A	Norton Community	\$ 4,048.85	\$ 454.00	\$ 1,336.12	\$ 74.60
FB	Sectional	2A	Riley County	\$ 4,601.00	\$ 415.84	\$ 1,518.33	\$ 74.60
FB	Sectional	2A	Seneca-Nemaha Central	\$ 4,533.95	\$ 496.48	\$ 1,496.20	\$ 74.60
FB	Sectional	1A	Holton-Jackson Heights	\$ 3,116.77	\$ 442.26	\$ 1,028.53	\$ 74.60
FB	Sectional	1A	Inman	\$ 3,174.07	\$ 494.32	\$ 1,047.44	\$ 74.60
FB	Sectional	1A	Olpe	\$ 4,093.52	\$ 434.00	\$ 1,350.87	\$ 74.60
FB	Sectional	1A	Sedgwick	\$ 4,080.18	\$ 484.00	\$ 1,346.46	\$ 74.60

## 2019 Football Play-Offs Financial Results

Activity	Type	Class	Location	Net Receipts	Officials	Host %	Awards
FB	Sectional	8PD1	Caldwell	\$ 2,905.07	\$ 439.88	\$ 958.67	\$ 74.60
FB	Sectional	8PD1	Canton-Galva	\$ 3,360.55	\$ 439.60	\$ 1,108.98	\$ 74.60
FB	Sectional	8PD1	Jetmore-Hodgeman County	\$ 2,725.61	\$ 519.52	\$ 899.45	\$ 74.60
FB	Sectional	8PD1	Leoti-Wichita County	\$ 4,236.87	\$ 425.56	\$ 1,398.17	\$ 74.60
FB	Sectional	8PD2	Axtell	\$ 2,392.55	\$ 471.28	\$ 789.55	\$ 74.60
FB	Sectional	8PD2	Hutchinson-Central Christian	\$ 2,219.00	\$ 444.64	\$ 732.00	\$ 74.60
FB	Sectional	8PD2	Kiowa-South Barber	\$ 1,418.02	\$ 457.60	\$ 467.95	\$ 74.60
FB	Sectional	8PD2	St Paul	\$ 2,432.04	\$ 459.76	\$ 802.57	\$ 74.60
FB	Sub-state	6A	Derby	\$ 11,186.11	\$ 473.96	\$ 3,691.42	\$ 83.75
FB	Sub-state	6A	Olathe North	\$ 7,161.45	\$ 472.52	\$ 2,363.28	\$ 83.75
FB	Sub-state	5A	Overland Park-St Thomas Aquinas	\$ 10,615.03	\$ 545.96	\$ 3,502.96	\$ 83.75
FB	Sub-state	5A	Wichita Northwest	\$ 8,160.00	\$ 462.44	\$ 2,692.80	\$ 83.75
FB	Sub-state	4A	McPherson	\$ 7,193.58	\$ 528.68	\$ 2,373.88	\$ 83.75
FB	Sub-state	4A	Paola	\$ 8,729.52	\$ 459.20	\$ 2,880.74	\$ 83.75
FB	Sub-state	3A	Andale	\$ 10,277.21	\$ 479.00	\$ 3,391.48	\$ 83.75
FB	Sub-state	3A	Perry-Lecompton	\$ 7,692.60	\$ 545.24	\$ 2,538.56	\$ 83.75
FB	Sub-state	2A	Norton	\$ 4,221.20	\$ 479.00	\$ 1,393.00	\$ 83.75
FB	Sub-state	2A	Seneca-Nemaha Central	\$ 5,141.28	\$ 565.40	\$ 1,696.62	\$ 83.75
FB	Sub-state	1A	Centralia	\$ 5,215.74	\$ 548.84	\$ 1,721.19	\$ 83.75
FB	Sub-state	1A	Smith Center	\$ 4,243.84	\$ 522.90	\$ 1,400.47	\$ 83.75
FB	Sub-state	8PD1	Madison	\$ 3,974.07	\$ 501.32	\$ 1,311.44	\$ 83.75
FB	Sub-state	8PD1	St Francis	\$ 2,882.03	\$ 591.00	\$ 951.07	\$ 83.75
FB	Sub-state	8PD2	Hanover	\$ 3,443.72	\$ 556.04	\$ 1,136.43	\$ 83.75
FB	Sub-state	8PD2	Osborne	\$ 3,439.81	\$ 525.80	\$ 1,135.14	\$ 83.75



## **15 Traits of Natural Leaders: Find Them – Hire Them – Train Them – Empower Them**

### **Proactive Coaching**

*by Bruce Brown and reprinted with permission (www.proactivecoaching.info)*

At the end of successful seasons we often hear coaches attribute the success to “we had great team leadership and chemistry.” We also hear many coaches on unsuccessful teams mutter to themselves, “We just didn’t have any team leaders.” The best team cultures don’t leave leadership to chance – they teach it. The same is true of Athletic Directors hiring coaches as leaders. Not everyone can be a leader. But we do believe that if people have some natural leadership ability and you can provide them with a clear path and job description, they can become strong leaders and those teams will become more successful.

So whether you are trying to develop student leaders, hiring a coach or looking in the mirror here are a few indicators that someone has some natural leadership ability.

#### **1. Look for people with strong character.**

Character is the foundation for everything else. It allows you to be consistent in words and actions. It allows you to be depended upon, trusted and followed. When you find people with strong character they need to be encouraged to lead at every opportunity.



*Photo by Huey Counts (Salina-Central)*

#### **2. Look for people who have the courage to stand up for what they believe.**

These people are naturally strong enough to be more concerned with what is right than what is popular. Peer pressure isn’t their guiding force. They do not sit by quietly when something is wrong.

“In matters of taste, swim with the current; in matters of principle stand like a rock.” Thomas Jefferson

#### **3. Look for people who have a teachable spirit.**

They understand the importance of listening and learning. They are not afraid to be challenged with new ideas or concepts. They ask questions when they don’t understand. They are able to take correction as a compliment. Regardless of past successes or failures they have a growth mindset and are trying to get better every day.

#### **4. Look for people who are clear communicators.**

They speak in a way that others understand. They don’t have to be the only voice or even the first to speak. Look for people who listen intently, are willing and able to see things from different perspectives and then speak so clearly it cannot be misunderstood.

#### **5. Look for people who have a passion.**

Passion is the great motivator. It spreads throughout the team and can be seen in intensity, determination and enthusiasm. Look for kids who are excited to be there and energized by the game and team. Their eyes will tell you all you need to know. They will be there early. They love practice. They will arrive in the right frame of mind, mentally and physically prepared prior to competition.

#### **6. Look for fearlessness in competition.**

They are healthy risk takers who have the confidence to play through mistakes. They never quit, never pout, never slow down. They are persistent and relentless. They compete to win, not to avoid losing or making mistakes.

#### **7. Look for problem solvers.**

When there is a problem, natural leaders don’t look the other way or ignore it. They don’t avoid them or “hope” they go away. They take problems head on. They look for solutions, not excuses or who to blame. They spot small problems and face them before they become big and more difficult to solve. They are capable of working cooperatively within a team structure to find resolutions. When there are problems, they bring people together.

**8. Look for people who are in control of their emotions.**

They have strong emotions but they have learned how to control the emotions and channel them in a way that improves their personal performance and doesn't give their opponents an edge. They have ice in their veins. They are at their best when their best is needed. They are the face their team needs to see in good times and tough times.

**9. Look for people who place truth over popularity.**

Not all decisions that are popular are good for the team. There are times when worrying about being liked can actually inhibit team success. Do not confuse popularity with leadership. Decisions people make based on truth are always right and almost always take the team to a higher level. As our friend Nancy O'Neil says, "Easy wrong or hard right."

**10. Look for people who have a sense of humor.**

Humor adds a lot to any team. When leaders can laugh and make others laugh, they are easier to follow. Humor breaks tension, keeps teams loose and optimistic. If you love what you are doing, let it show, have fun, lead the league in smiles.

**11. Look for people who won't give up.**

One of the most important characteristics in leadership is perseverance. When teams are facing tough situations, they look to leadership to decide which path they will take. When leaders quit, teams quit. When leaders are relentlessly determined, the team will mirror their attitude.

**12. Look for people with athletic assuredness.**

Teams need individuals they can count on when the game is on the line. The best leaders are confident. Athletic assuredness is not arrogance but simply being comfortable in the most competitive situations. They are at their best when their best is needed. Even when they don't "make the play," they look forward to the next opportunity. They never get too far up or too far down but the look in their eyes says they are at ease and love these moments. The best leaders are both confident and humble.

**13. Look for people who can follow as well as lead.**

Natural leaders understand there are times when they need to be the one who listens and follows. Until someone has learned and demonstrated that they can be obedient they are not qualified to give directions or expect to be followed. "He who cannot obey, cannot command." Ben Franklin

**14. Look for people are doers, not complainers.**

Complaining is focusing on the problem without acknowledging or taking responsibility for the solution. Their focus is on what is wrong or difficult instead of what needs to get done. It brings others down and nothing changes. If you have leaders who are complainers or whiners, they may be leading, but not in a good direction. Real leaders do not waste the time or energy complaining – there are too many things to get accomplished and people are counting on them.

**15. Look for people who understand and appreciate all roles that help the team.**

In 1982 the Tarheels won their first national championship under legendary Coach Smith. The NCAA awarded them 22 national championship watches. Counting all the players, coaches and managers, they had 23 people. Manager Dave Hart said, "I was the youngest manager, so it was natural for me not to get a watch." Several days after the team arrived home, Coach Smith called Hart into his office. They talked about the championship for a few minutes and then Smith said, "I appreciate everything you did this season. You were as much a part of this team as anyone and I want you to have this." Coach Smith handed him a box. Inside was Coach Smith's own personal national championship watch.

**Proactive Coaching published materials designed to help define, build and empower leadership.**

***www.proactivecoaching.info***

- Proactive Leadership, Empowering Team Leaders (book)
- Captains, Seven Ways to Lead Your Team (booklet)
- Captains and Coaches Workshop (DVD)
- The Impact of Trust (DVD)

*Proactive Coaching works with schools to create character-based team cultures, provide a blueprint for team leadership, develop confident, tough-minded, fearless competitors and training coaches / teachers for excellence and significance. They speak and work with coaches, teachers, team members and team leaders as well as parents. For more information on Proactive Coaching coming to your school, contact Rob Miller at [rob@proactivecoaching.info](mailto:rob@proactivecoaching.info) or 913-449-3356.*

- - -

# February 2020

SCW = Standard Calendar Week

scw	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	<p>Send Contest Notification Card to opponents no later than one week prior to contest.</p> <p><b>LEGEND:</b> BSB/SFB RM = Baseball/Softball Rules Meeting</p>						<p><b>1</b></p> <p>Girls Basketball Invitationals Jan. 27-Feb. 1</p>
31	<p><b>2</b></p>	<p><b>3</b></p> <p>KAY Unit Conf.—Wetmore HS BSB/SFB RM—Chanute HS</p>	<p><b>4</b></p> <p>KAY Unit Conf.—Ellinwood HS</p>	<p><b>5</b></p> <p>1st day to submit Basketball Officials Recommendations KAY Unit Conf.—Almena-Northern Valley HS BSB/SFB RM—Hays HS</p>	<p><b>6</b></p> <p><b>Regional Scholars Bowl</b></p> <p>BSB/SFB RM—Salina-Smoky Hill Service Center</p>	<p><b>7</b></p> <p>Deadline to submit Wrestling Officials Recommendations KAY Unit Conf.—Manhattan-Eisenhower MS</p>	<p><b>8</b></p> <p><b>Regional Piano Festivals</b></p>
32	<p><b>9</b></p>	<p><b>10</b></p> <p>State Piano Festival Entries DUE—submit online ADM4-10 &amp; ADM4-10 Fall Scholastic Award Order Form DUE to KSHSAA State Scholars Bowl Tournament Form DUE to manager KAY Unit Conf.—Chanute HS</p>	<p><b>11</b></p> <p>State Scholars Bowl Tournament Entry Card &amp; Fees DUE to KSHSAA</p>	<p><b>12</b></p> <p>Deadline to submit Basketball Officials Recommendations Girls Regional Wrestling Entries &amp; Pass Gate Info DUE to manager <b>by Noon</b> KAY Unit Conf.—Argonia HS BSB/SFB RM—Maze South HS</p>	<p><b>13</b></p>	<p><b>14</b></p>	<p><b>15</b></p> <p><b>State Scholars Bowl</b> <b>Girls Regional Wrestling</b></p>
33	<p><b>16</b></p>	<p><b>17</b></p> <p>Boys State Swimming and Diving Entries DUE to KSHSAA Girls State Wrestling Entries &amp; Pass Gate Info DUE to KSHSAA KAY Unit Conf.—Rozel-Pawnee Heights HS BSB/SFB RM—Manhattan HS</p>	<p><b>18</b></p>	<p><b>19</b></p> <p>Boys Regional Wrestling Entries &amp; Pass Gate Info DUE to manager <b>by Noon</b> BSB/SFB RM—Bonner Springs HS</p>	<p><b>20</b></p> <p><b>Boys State Swimming and Diving - February 20-22</b></p> <p><b>Boys Regional Wrestling</b></p> <p><b>State Piano Festival</b></p> <p>Regional Bowling Entries &amp; Pass Gate Info DUE to manager KAY Unit Conf.—Olathe Northwest HS</p>	<p><b>21</b></p>	<p><b>22</b></p>
34	<p><b>23</b></p>	<p><b>24</b></p> <p>Boys State Wrestling Entries &amp; Pass Gate Info DUE to KSHSAA</p>	<p><b>25</b></p>	<p><b>26</b></p>	<p><b>27</b></p> <p><b>Regional Bowling - February 24-29</b></p> <p><b>Regional Basketball (Class 1A) - February 24-29</b></p> <p><b>Girls State Wrestling</b></p> <p>Sub-State Basketball Squad List &amp; Pass Gate Info DUE to manager (2A, 3A, 4A, 5A, 6A)</p>	<p><b>28</b></p>	<p><b>29</b></p>



## ROUTING REPORT

This routing report is provided to assist principals in ensuring the KSHSAA *Activities Journal* is seen by all appropriate school personnel.

- Superintendent
- Principal
- Activities Director
- Athletic Director
- School Counselor
- Baseball Coach
- Girls Basketball Coach
- Boys Basketball Coach
- Boys Bowling Coach
- Girls Bowling Coach
- Girls Cross Country Coach
- Boys Cross Country Coach
- Football Coach
- Girls Golf Coach
- Boys Golf Coach
- Gymnastics Coach
- Girls Soccer Coach
- Boys Soccer Coach
- Softball Coach
- Girls Swimming Coach
- Boys Swimming Coach
- Girls Tennis Coach
- Boys Tennis Coach
- Girls Track & Field Coach
- Boys Track & Field Coach
- Volleyball Coach
- Wrestling Coach
- Band Director
- Cheerleader Advisor
- Choral Director
- Debate Coach
- Drill/Dance Team Coach
- KAY Sponsor
- Orchestra Director
- Scholars Bowl Coach
- Speech Coach
- Student Council Advisor
- Other: \_\_\_\_\_

