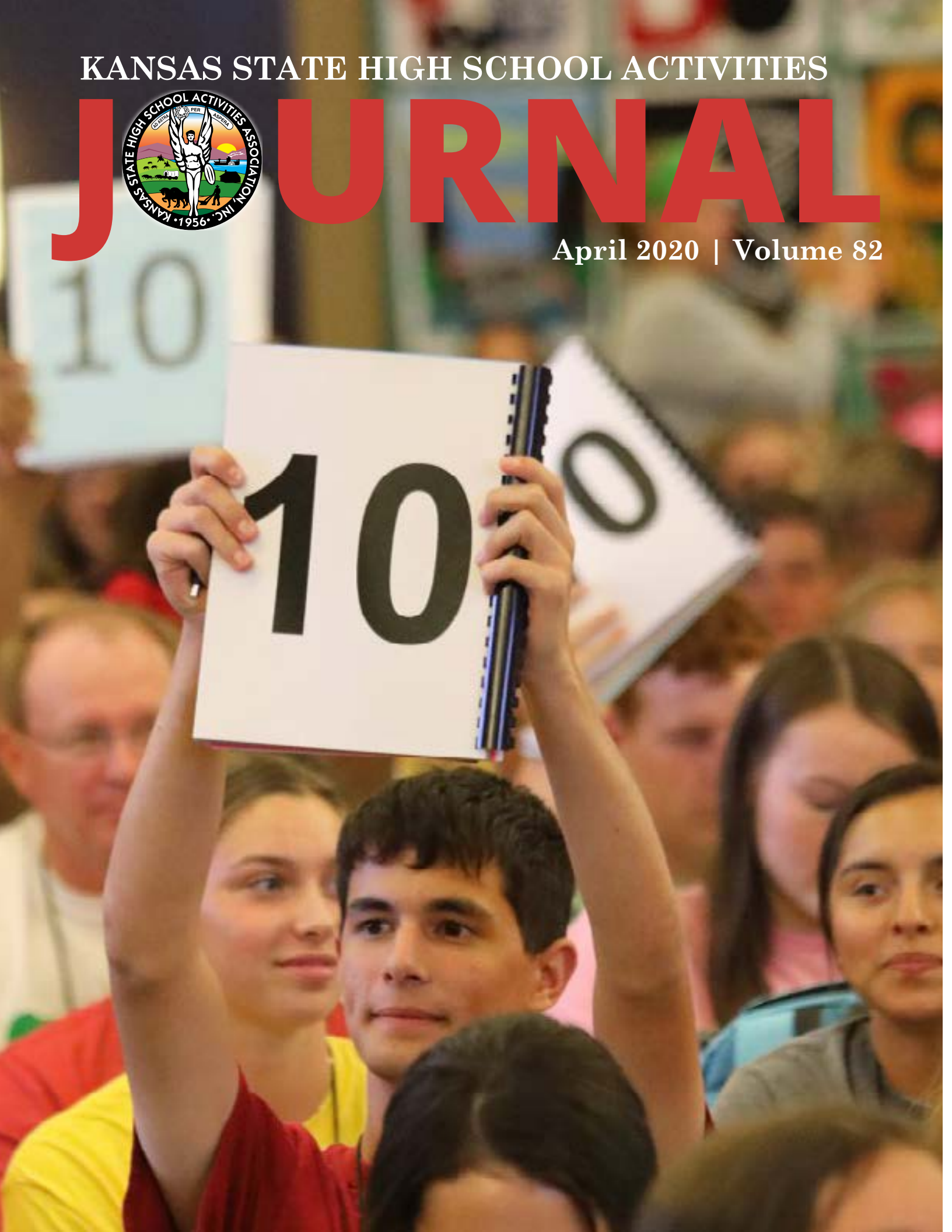


KANSAS STATE HIGH SCHOOL ACTIVITIES

JOURNAL

April 2020 | Volume 82



Gratitude and Grace

During the past few weeks, it has been necessary to just stop for a moment and express gratitude, as well as identify opportunities to extend and accept grace. The reasons for such gratitude and grace are plentiful, and it was certainly good to experience both blessings in the face of our recent adversity.

My heart is filled with gratitude for the students in our schools who competed with tenacity in our basketball tournaments until the very moment they had to be cancelled. They put all of their energy into performing at the highest level on the court. In the end, when the tourneys could not continue, these athletes and coaches realized the responsible action was to heed to the leadership of our governor and mitigate the risk of perpetuating community spread of COVID-19. Even when the personal cost of such a loss is so significant, the lessons learned are plentiful, starting with the recognition there are some things more important in life. I appreciate their efforts and admire their spirit.

The expressions of grace following the premature end of the winter season and non-existent spring season have been sincerely appreciated. The sincere blessings we wish for each of our athletes unable to represent their school are both deep and wide, especially for the seniors who cannot wear the uniform of their school in competition "one more time".

Finally, I am incredibly grateful for the team at the KSHSAA who have worked with tenacity and resiliency to provide every possible option for our students to benefit from participation in their school program. Their effort matched their passion which was up against a force greater than we have experienced, but each and every one provided input and perspective and focus on students and safety. Along the way, grace was exchanged as options and decisions were considered and made. I am incredibly grateful for our team and thank Lori, Linsey, Rod, Cheryl, Jeremy, Ed, Janet, Mark, Bob, Craig, Fran, Mindy, Nita, Mallory, Darlene, Melissa, Brent, Nancy, Kathy, and Erica for all of their efforts.

If you have not, please take a moment and to reflect on reasons we have to express gratitude and be willing to extend and receive grace as appropriate.



Bill Faflick, Executive Director

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Board of Directors Meeting - May 1

Notice of Non-Discrimination

The Kansas State High School Activities Association does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. Questions regarding this policy should be directed to the Executive Director, Bill Faflick.

Cover Photo:

As part of the annual summer Student Council Leadership Workshop students validate presentations and performances by posting score sheet from the Delegate Handbook



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KANSAS STATE HIGH SCHOOL ACTIVITIES JOURNAL

Dear Educators,

The recent few weeks have certainly been unique. Unprecedented measures to protect our public from a virus which to date has no inoculation. During these uncertain times, I would suggest instruction and guidance from our education based athletic and activity staffs may be no more important than the present. While our coaches and sponsors may not be meeting with students in traditional settings, their guidance and counsel has probably never been more needed.

Our students are hurting and confused about the world around them and its current offerings. Fear and uncertainty seem to be the mantra. Social interaction and the freedoms associated with attending traditional school have been removed for what seems like forever to our young students athletes and performers. This is where our coaches and sponsors need to SHINE!

We speak often about the lessons learned through participating in school-based activities. Themes such as perseverance, determination, grit, togetherness, compassion, loyalty and work ethic come to mind. By discussing these characteristics with our young people, our outstanding coaches may provide guidance, understanding and hope through these inexact times. The KSHSAA encourages this dialogue across the great state of Kansas from those individuals that our students look up to the most, their teachers and coaches. Leadership at the grass roots level is vitally necessary and what better individual to provide this than “Coach”?

Steve Jobs notes that “Everyone here has the sense that right now is one of those moments when we are influencing the future” and such is certainly true for the work of our coaches and sponsors with those who are looking to them for support and guidance. These interactions will certainly help define the opportunities realized by our students as they grow through this reality. This current adversity provides an unparalleled opportunity to teach, lead and grow character among our most prized possessions, the young people of our communities.

Thank you for your service. Blessings in abundance for you and your students. Be safe.

Bill Faflick

Bill Faflick, Executive Director

Resources available for School Leaders in Response to COVID-19 impact on interscholastic activities:

Frequently Asked Questions – visit <http://www.kshsaa.org/Public/PDF/CovidFAQ.pdf> or the home page of www.kshsaa.org

Recordings of March 20 School Closure Update and Q&A with school leaders (4A-5A-6A, 2A-3A, 1A); to access, login with your user ID and password and select the KSHSAA Meetings link at the top of the page.

Google Groups - we have created Google Groups to help facilitate conversation between the member schools and the KSHSAA. It is designed to answer your common questions and also allow you all to have a conversation amongst schools to help share ideas/ask questions; the different groups include:

- Athletic Topics
Within this group are topics related to various KSHSAA rules interpretations, administrative responsibilities and issues related to student health and wellness.
- KSHSAA Music
- KSHSAA Spirit
- KSHSAA STUCO

These groups are monitored by KSHSAA staff and currently active and available for you to post questions and comments. All school administrators were sent an invitation via email on March 20 to join these groups. If you need another email invitation, contact Jeremy Holaday at jholaday@kshsaa.org. You will need a Google account to join

KAY Facebook page with discussion of KAY best practices during school building closures

KSHSAA STUCO web page <http://www.kshsaa.org/Public/StuCo/Main.cfm>

SCHOOL ADMINISTRATORS

KSHSAA Protocol Changes

As we seek to support member school needs in the coming weeks/months, please note the following:

- The KSHSAA Office will be closed due to “Stay Safe at Home” mandate for Topeka and Shawnee County; the office will reopen Monday, April 27; in the interim, please contact any employee via e-mail or mobile phone;
- The KSHSAA will not be printing or mailing the April or May Journal; these publications will be sent to member schools and stakeholders in digital format only;
- The KSHSAA will conduct all meetings utilizing technology and in a virtual format during the period school buildings are closed and meeting participation is limited;
- The KSHSAA will conduct the March and April Executive Board meetings in virtual format;
- The KSHSAA will conduct the May 1 Board of Directors meeting in virtual format;
- Meeting minutes will be provided to member schools and stakeholders in digital format; they will not be printed and mailed;
- School leaders should continue to expect and read resources provided in digital format regarding the work of the KSHSAA, including but not limited to KSHSAA webpage, official KSHSAA social media, and specific e-mails and bulletins;
- The KSHSAA will review all protocols and benefit/cost as we seek to recover from significant reduction in major revenue sources (gate receipts and entry fees) diminished due to the impact of COVID-19

Forms Information

With the closing of school buildings and the cancellation of spring activities, please note the remaining administrative forms that are to be submitted to the KSHSAA this spring/summer:

High Schools

- **Spring Activity Participation Survey (ADM-12):** Please complete this survey based on the number of students participating in the indicated activities as of March 13, 2020.
Due April 3
- **KSHSAA Athletic Participation Form (ADM-13):** Please complete this form as it indicates what activities your school is planning to participate in next school year. This form is NOT a binding commitment to participate in these activities.
Due April 14
- **Loss of Instructional Time Survey:** This survey should be completed through the winter activities season. No data should be submitted for any spring activities.
Due June 15
- **Annual Eligibility Report (C2):** Please complete this form indicating any student who is listed on your online eligibility report for the 2019-20 school year who has lost academic eligibility for the first semester of the 2020-2021 school year.
Due June 15

Middle/Junior High Schools

- **Middle/Junior High School Annual Activity Participation Survey (ADMJ-7):** Please complete this survey in full for all activities in which the season is complete. For seasons that are incomplete, please indicate the number of students participating as of March 13, 2020.
Due April 3
- **Loss of Instructional Time Survey:** This survey should be completed through the winter activities season. No data should be submitted for any spring activities.
Due June 15
- **Annual Eligibility Report (CM-J2):** Please complete this form indicating any student who is listed on your online eligibility report for the 2019-20 school year who has lost academic eligibility for the first semester of the 2020-2021 school year.
Due June 15

Concussion Management Reminders

Concussion awareness, education and proper management continues to be a priority for the KSHSAA and its member schools. In the Sports Medicine & Safety section of the KSHSAA website there are links to the National Federation of State High School Association’s (NFHS) most recent recommendations on the management of concussions, as well as KSHSAA’s concussion management guidelines and recommendations. These guidelines will not only assist member schools in the prevention, awareness and proper management of concussions, but will also assist schools in complying with Kansas Statute 72-135, the School Sports Head Injury Prevention Act, which became law July 1, 2011. There are also several links to current educational resources including the Kansas Sports Concussion Partnership website (www.kansasconcussion.org).

Please remember, the School Sports Head Injury Prevention Act REQUIRES a Parent/Student Concussion Information Release Form be signed each year by the student and a parent/guardian. If schools choose to use the sample provided on the KSHSAA website, the form will be updated for the 2020-2021 school year by April 1.

Don’t forget, anyone can take the FREE online course at www.nfhslearn.com, “Concussion in Sports – What You Need to Know.” This is an excellent course for coaches to view, to meet their annual preseason concussion education training requirement.

The KSHSAA will continually keep its member schools informed with the most up-to-date information on this very important issue.

KSHSAA Citizenship Awards

Two Citizenship Certificates are mailed to each high school and middle/junior high school principal in mid-April. These KSHSAA awards are to be presented during commencement or an awards assembly to two students (typically one graduating girl and one graduating boy) who have proved to be the most outstanding citizens of their school. The criteria to be used for the selection of the recipients are as follows:

Respect:

1. Shows respect at all times for the Flag, our National Anthem and the Constitution.
2. Shows respect for the students and citizens of the school and community.
3. Respects both public and private property.
4. Shows respect for the student and adult leaders in school and community.
5. Demonstrates a tolerance and respect for the beliefs and convictions of others.

Responsibility:

1. Demonstrates the willingness to assume citizenship responsibilities in school and community.
2. Works to build school pride through active participation in those projects which publicize, honor or beautify the school.
3. Displays good sportsmanship whether as a participant or spectator.
4. Is friendly toward new students and encourages them to become involved in school activities.

Reverence:

1. Shows reverence, concern and respect for the well-being of others.

Game Contracts are Binding

Principals, athletic directors and coaches are reminded that game contracts between schools are binding and must be honored. Changes in school personnel or reorganization of leagues does not give any school the opportunity to unilaterally renege on a contract. All existing game contracts, including those signed by previous school administration, shall be honored unless both schools mutually agree to dissolve the contract. As a voluntary association of member schools, it is imperative this fundamental obligation be honored by all. To do otherwise undermines the very nature of our Association, and the activity programs offered to our students.

Host Families for Foreign Students Need to Know . . .

As school administrators and/or counselors talk with potential host families, the status of foreign students must be immediately established. A copy of KSHSAA's Form FES-J1 and/or FES-J2 should be available to the administrator and/or counselor AND the host family to answer interscholastic eligibility questions. Helping potential host families with their questions can help to avoid unpleasant situations due to a misunderstanding of KSHSAA **Rule 18-1-12**.

The following information may be helpful as you answer questions regarding foreign students and interscholastic activity participation:

1. A foreign student wanting to live with a community family who is not a part of a KSHSAA recognized program is not eligible to participate in interscholastic activities until the required 18 week period has elapsed. These students may be considered for non-varsity participation via the TE-P Form (see **Rule 18-1-12**).

2. A foreign exchange student sponsored by a recognized agency and approved on a KSHSAA Form FES is eligible to participate immediately in interscholastic activities for only that academic school year.
3. A foreign exchange student is permitted only one 18 week transfer eligibility waiver in their initial year, provided the program is on the approved CSIET list. A student returning for a second exchange year of attendance is not eligible for 18 weeks (see **Rule 18-1-12**).
4. A foreign exchange student who has graduated is not eligible.

KSHSAA member schools recognize only those agencies on the approved list of the Council on Standards for International Educational Travel (CSIET). They have complied with standards established for educational travel and exchange programs on behalf of schools, students, educational groups and the exchange community in the United States. This list is updated yearly and appears on page two of the KSHSAA Form FES.

AED Checklist

Sudden Cardiac Arrest (SCA) is the number one cause of sudden death in student-athletes during activity. In the event of a sudden cardiac arrest episode an automated external defibrillator (AED) can save a life. Each minute defibrillation is delayed, the chance of survival decreases 10%. The following can serve as an AED checklist to be sure you are prepared.

- The AED is easily accessible at every practice/game location and available for use within 2-3 minutes (ideally it is onsite). The device is NOT in a locked or secured area where retrieval could be a challenge.
- Personnel are always available onsite who are trained in CPR and AED use.
- The AED is checked regularly to ensure it is working and the pads and battery are not expired.
- The Emergency Action Plan has been rehearsed PRIOR to the beginning of the season with everyone potentially involved in the emergency response.
- Someone has been designated to retrieve the AED if needed. This person knows the exact location of the device at all times.

Wireless Microphones and FCC Bandwidth Information for Schools

There will be an upcoming change in the FCC bandwidth that could affect school wireless microphone systems. By 2020, wireless microphones in the 600 MHz and 700 MHz bands will be reduced due to the sale of these frequencies to wireless service providers. Below you will find a link with the FCC information. It will also be posted on the KSHSAA website homepage under NEW TOPICS and can also be found on the NFHS performing arts pages for your reference.

Some microphone companies are offering rebates to upgrade microphone systems that will be affected.

For more information see <https://www.fcc.gov/wireless/bureau-divisions/mobility-division/wireless-microphones>.

2020-2021 Rules Meetings

During the 2020-2021 school year coaches will have the opportunity to fulfill their rules meeting attendance requirements **either online or by attending one of the onsite officials rules meetings.** A complete list of in-person rules meetings in all sports will be available on the KSHSAA website later this summer. The dates for the coaches online rules meetings will also be provided on our website this summer. Track and field coaches will continue to have only the online rules meeting option. The only other exception is gymnastics coaches who are required to attend the in-person rules meeting.

Spirit/Dance, Debate, and Speech and Drama sponsors will still have the option to attend an in-person rules meeting or an online meeting to fulfill their requirements.

2020-2021 KSHSAA Spirit/Dance, Debate, Speech and Drama Rules Meetings

Debate, Speech & Drama - 7 p.m.

Tuesday, August 25..... Kansas Wesleyan University
Monday, August 31 Valley Center HS
Tuesday, September 1..... Garden City HS
Thursday, September 3..... Hays HS
Tuesday, September 8..... Chanute HS
Wednesday, September 9..... KSHSAA

Spirit Safety - 9:15 a.m.

Monday, August 31..... Kansas Wesleyan University
Tuesday, September 1..... Haysville-Campus HS
Wednesday, September 2..... Dodge City Civic Center
Thursday, September 3..... Colby Community Building
Friday, September 4..... Hoisington HS
Tuesday, September 8..... Rossville HS
Wednesday, September 9..... Chanute HS
Thursday, September 10..... Spring Hill HS
Friday, September 11..... Highland Community College

Officials Rules Meetings Required

The KSHSAA is committed to providing quality educational and training opportunities for registered officials. In the most recent KSHSAA strategic plan, member schools indicated recruiting, training and retaining officials is a top priority. The KSHSAA continues to add opportunities through summer clinics and camps for officials to improve their skills. On an every-other-year basis, officials in specific sports are required to attend an in-person rules meeting to fulfill their rules meeting requirement. Coaches are also welcome to attend the in-person meetings and receive rules meeting credit.

Sports in which an in-person rules meeting is required for registered officials in 2020-2021: **Baseball, Football, Gymnastics, Soccer.**

There is no online option for officials in the above sports during the 2020-2021 school year. A complete schedule of the 2020-2021 officials rules meetings will be sent to all currently registered officials in May with their registration materials.

The following sports will offer an online meeting for officials to fulfill their rules meeting requirements in 2020-2021: **Basketball, Softball, Volleyball, Wrestling.**

Since some officials prefer the in-person meeting format every year, the KSHSAA will be offering a limited number of in-person rules meetings in basketball, softball, volleyball and wrestling at select locations across Kansas. Officials may choose to fulfill their rules meeting requirement in these sports at one of these in-person meetings OR by using the online option.

Track and field starters must fulfill their rules meeting requirement online every year.

2020 Summer Coaching Rule Advisory

Currently many school facilities are closed and not available for coaches to work with their athletes due to the coronavirus pandemic. As we move closer to the summer period when coaches may work with their potential athletes below are the current rules for contact periods for coaches and athletes. If there are changes to the current guidelines, those will be posted on the KSHSAA website and communicated to school administrators.

Dates for 2020

Beginning May 23 until July 19 all coaches may coach teams and conduct workouts/practices. Beginning May 24, coaches may have a “coaches one-week team camp.” **Only students enrolled at the school may attend the “coaches one-week team camp.”** No “coaches one-week team camps” may take place after July 18 in any sport.

Beginning July 20 and ending August 1 basketball coaches are restricted to working with no more than three students who initiate a request for individual help/coaching instruction from their coach. Basketball coaches may no longer coach their players in leagues/tournaments.

Beginning July 20 and ending August 1 football coaches are restricted to working with no more than five for 8-man football and six for 11-man football when those students initiate a request for individual help/coaching instruction from their coach. Football coaches may no longer coach their players in leagues/tournaments.

Beginning July 20 and ending August 1 volleyball coaches are restricted to working with no more than four students who initiate a request for individual help/coaching instruction from their coach. Volleyball coaches may no longer coach their players in leagues/tournaments.

A Summer Moratorium Week will be held from July 2-8. During this period, coaches may not engage with student-athletes in any practice, training, weight lifting, conditioning, competition or travel for all activities except fine arts or spirit. School facilities will be closed during this time for all school teams and school sports.

August 2-16 volleyball, basketball and football coaches may only participate with their athletes in weight lifting and non-sport specific conditioning. During this two week period, no other coaching or instruction is permitted by volleyball, football and basketball coaches.

Communicate and Avoid Burnout

Administrators, coaches, parents and student-athletes should all be involved in the discussion concerning expectations for

the summer months. Contact during the summer is optional, but many students/parents feel if they don't participate they won't be given a chance during the school year. Remember, if kids get burned out during the summer trying to please two or three coaches, an employer, and then carve out time for family, they are quite likely not to be in your program when the season starts.

These regulations apply to all athletic activities sponsored by the KSHSAA.

Fundraising to Pay for Athletic Camps

If students wish to fundraise to pay for summer athletic camps, clinics or tournaments, they may not do so at school sponsored events. When soliciting money they must represent themselves as an individual(s), not as a school team. Any money collected for the purpose of paying for summer camps, clinics or tournament entries must not be deposited and run through a school account. Schools/booster clubs cannot be involved in funding these activities or distributing the money. Booster clubs are treated the same as member schools in this regard.

School Uniforms

School owned uniforms, practice gear, shoulder pads and other individual player equipment **cannot** be used for coaches' one-week summer camps, other camps, clinics, tournaments or gatherings of teams at schools to play games or scrimmages. Team equipment such as balls, blocking dummies and toss backs, etc., may be used provided use is approved by the school district.

Football Helmets & Shoulder Pads

Member school football coaches may not conduct a contact football camp. Shoulder pads may not be used during summer workouts/practices. **With approval by the school district, football helmets may be used during the school coach's one-week team camp.** The school district must approve the use of helmet/shoulder pads by players at college or other summer camps. (These camps may not be sponsored by the school employed coaches.)

School Facilities

School facilities may be used provided the school district has approved the use of the facility and the proper rental/lease agreements have been approved. Remember, these workouts, practices, camps and clinics are the "coaches' responsibility to administer"; they are not the school's responsibility.

Insurance Coverage

The KSHSAA catastrophic and liability insurance policy does not cover these summer activities. Each coach is responsible for securing insurance for their camps, clinics, workouts or practices. Coaches should visit with their school administration about whether the school's insurance policy extends to these activities as they are not "school programs" but rather coach programs.

Pick-up Games

May a coach invite other groups of kids from other schools to their facility to play "pick-up" games? Yes, but no school uniforms may be used, and facilities must be rented/leased per board policy.

2020 Game Day Spirit and Dance

*The KSHSAA will Offer Two New and Exciting *Dance Events for 2020 to be added to our Annual KSHSAA Game Day Spirit Showcase Competition for Cheer*

***2020 KSHSAA Coaching School for Dance Coaches**

What: Dance experts from Varsity Spirit will present sessions on Monday, August 3, 2020.

Sessions: 2020 KSHSAA Game Day Spirit Showcase Competition education and training, Copyright Compliance, Strength and Conditioning for dance squads and much, much more.

***2020 KSHSAA Game Day Spirit Showcase Competition for Dance**

When: Friday, November 20, 2020 (all day event)

Where: Kansas Expocentre-Landon Arena, Topeka

Who: KSHSAA Member High School Dance Squads

How: **Education and Training Opportunities for Game Day Coaches and Squads**

Join us for our KSHSAA Summer Spirit Camps, KSHSAA Fall Spirit Spreader Clinics, and 2020 KSHSAA Coaching School for Dance Coaches. KSHSAA summer camps are filling quickly, so make sure you sign up soon to prepare your squad for our exciting **2020 GAME DAY Dance** event!

Rules and Regulations:

Information packets will be passed out for the first time at all 2020 KSHSAA summer spirit camps!

Registration will begin at 8 a.m. September 29, 2020 and close at 11 p.m. October 2, 2020.

2020 KSHSAA Game Day Spirit Showcase Competition for Cheer (4th Annual)

When: Saturday, November 21, 2020 (all day event)

Where: Kansas Expocentre-Landon Arena, Topeka

Who: KSHSAA Member High School Cheer Squads

One Cheer Squad per member school may participate with a grand total of 94 squads accepted to compete in six classifications on a first entered first participate basis. Schools will be held on a waiting list and entries will be time stamped for acceptance if entries do not fill the allotted spots per classification. Example: If 4A fills its allotted number of teams but 2A does not, and an additional 4A school has the earliest time stamped entry, then that team will join the competition as a 4A squad.

Registration will begin at 8 a.m. September 30, 2020 and close at 11 p.m. October 6, 2020.

Number of Schools

1 squad per school allowed per classification

6A= 22 teams, 5A= 22 teams, 4A= 14 teams, 3A= 14 teams, 2A= 11 teams, 1A= 11 teams (94 Total Teams)

The KSHSAA reserves the right to combine classifications if needed.

What: The exciting Game Day format has three elements to the competition, which every squad will perform. Sideline practicality should be the highest priority in routine development.

1) Crowd Leading

2) School Fight Song

3) Band Chant

- Preliminary Round and Final Round
- Six teams from each class will advance to the final round
- The top six teams in the finals for each classification will medal, and the top three teams will receive trophies.
- **All NFHS and KSHSAA Rules for Spirit will be highly enforced.**
- **All music must be recorded marching band music and follow all U.S. music copyright licensing laws.**

The KSHSAA has again contracted with Varsity Spirit to manage our event. Varsity Spirit has the expertise and years of experience and administers many *Game Day* and similar events around the world. Varsity Spirit is the leader in the field nationally which ensures the *2020 KSHSAA Game Day Spirit Showcase Competition* will be professionally organized. We are pleased to continue offering our exciting showcase competition for our member schools, cheerleaders and coaches.

How: Education and Training Opportunities for Game Day Coaches and Squads

Join us for our KSHSAA Summer Spirit Camps, KSHSAA Fall Spirit Spreader Clinics, and 2020 KSHSAA Coaching School for Cheer Coaches. KSHSAA summer camps are filling quickly, so make sure you sign up soon to prepare your squad for our exciting **2020 GAME DAY Cheer** event!

2020 Coaching School Keynote Speaker - Joe Coles

The 88th Annual KSHSAA Coaching School will be held at the Capitol Plaza Hotel, Maner Conference Center in Topeka, August 3-5, 2020. The session at 10 a.m. on Monday, Joe Coles, will be the featured speaker. His topic will be "The Uncommon Leader". *"The Uncommon Leader"* process is centered around implementing a sustainable process of "intentional leadership" skills among staff, students and the community. It is centered on fostering a mindset that creates a culture of kindness and connectiveness. It will empower all to live the core values of an *Uncommon Leader*.



Joe Coles is a speaker, consultant and teacher. He has been a presenter at schools, in communities, and at many conferences all over the state of Kansas and in many parts of the Midwest. He has spoken to hundreds of thousands of students and staff. Joe has been a devoted educator for more than 40 years working as a teacher, counselor, coach, athletic director and administrator. For over the last 10 years, Joe has served as a vital consultant, presenting to teachers, students, and business professionals sharing his passion for making education and organizations better. Joe has also worked with Rachel's Challenge, Cal Ripken Sr. Foundation and Arnie's Army on Leadership and Character programs.

AWARDS

2020 KSHSAA Governor's Award Recipient Announced

Annually, the Kansas State High School Activities Association presents the KSHSAA Governor's Award recognizing one individual for outstanding contributions in the field of secondary education in Kansas. We are pleased to announce Ed Trimmer, Winfield, has been selected as the 2020 KSHSAA Governor's Award recipient.



The KSHSAA Governor's Award Selection Committee is comprised of the presidents of the Kansas National Education Association, Kansas Association of School Boards, United School Administrators, Kansas Association of Secondary School Principals and the Kansas School Superintendents' Association.

Kenneth Edward (Ed) Trimmer served in the Kansas House of Representatives from 2006-2018 where he was the Minority Whip from 2015 until the end of his tenure, as well as the ranking minority member for several committees. His assignments included Education, Education Budget Committee, education interim committees and KPERS interim study commissions among many other committees. Prior to serving in the legislature, Trimmer served 32 years as an award winning teacher and coach at Winfield High School. His main subject material involved debate/speech and other English/Language Arts courses. He was inducted into the both the Kansas Debate Coaches Hall of Fame and the Kansas Teachers' Hall of Fame after his retirement. Trimmer is currently serving on the Winfield Board of Education and teaches English at Burden-Central High School.

When informed of this recognition, Trimmer said, "I am honored to be included in the list of such dedicated people who have received this award. I have dedicated my life to public education because I believe it is the great equalizer. Any motivated student or athlete, who has the desire and work ethic, can achieve great things no matter what their background or economic status."

Congratulations to Ed Trimmer, a Kansan making a difference in his state.

2020 Oscar Stauffer Sportscaster of the Year

The **2020 KSHSAA Oscar Stauffer Sportscaster of the Year** award winner is Glen Grunwald of KWBW Eagle Radio in Hutchinson.



A central Kansas native who attended Pawnee Rock High School near the town of Albert, Grunwald started his life in a different direction. Graduating from Fort Hays State University with a BS in education in 1971 and a MS in school administration in 1977, he ended a 10 year career in education and began what would become a 30 year career in Pharmaceutical Sales. Grunwald spent 25 of those years with GlaxoSmithKline where he served as a Territory Representative before becoming a Therapeutic Specialist and eventually a District Manager.

His love for sports broadcasting began as a hobby in 1985 when college friend Dennis Franz asked him to help with some sports broadcasting for his station in Larned, Kansas. After working various high school broadcasts for various stations for a few years, Barton Community College came calling in 1990 and Grunwald moved to Junior College basketball and volleyball. Beginning in 1998, Grunwald joined Eagle Radio in Hutchinson to be the voice of the Hutchinson Blue Dragons for basketball and color commentator and sideline reporter for football. After his retirement in 2010 from Pharmaceutical Sales, Grunwald became more involved with Eagle Radio Hutchinson by assisting with Hutchinson High School athletics in addition to calling Hutchinson Community College football and basketball games. He was honored by the KAB in 2017 as the recipient of the Hod Humiston Award for Broadcast excellence.

In 2019 Grunwald was named Sports Director for Eagle Radio Hutchinson taking the place of long time Salthawk Sports voice Rusty Hilst. With this position came the responsibility of doing play-by-play for Hutchinson High School football, basketball and baseball games in addition to Hutchinson Community College football and men's basketball broadcasts. Grunwald still makes time to be active with Special Olympics Kansas where he was a member of the charter board of directors and has served two terms as the board chairman.

Congratulations to Glen Grunwald, the KSHSAA Oscar Stauffer Sportscaster of the Year!

2020 Oscar Stauffer Sportswriter of the Year

The **2020 KSHSAA Oscar Stauffer Sportswriter of the Year** award winner is Kasey McDowell with *mulvanesports.com*.



A 1996 graduate from Mulvane High School, Kasey McDowell participated in baseball, football and basketball before attending Kansas State University where he received a computer science degree in 2003. At the request of the Mulvane High School coach, McDowell created a website for Mulvane baseball in 2004. He then went on to develop and run sites for the high school football, basketball and softball teams within the next four years. In 2013, McDowell combined all the websites and included all other high school sports to become the owner/operator of Kmac Web Design and *mulvanesports.com*. During this time, he also developed a way to publish articles to the website is now the primary writer of sports news coverage. McDowell does all this in his spare time as he works for the Mulvane School District in the Technology department as his primary job.

Mulvanesports.com is in its 7th year of operation and covers all high school and middle school sports from the varsity level on down. Each activity section features the rosters, schedules, stats, awards, photos, alumni sections that display the rosters/team/results from years past (some back to early 1900s) and college trackers that covers all athletes that go on to compete at the collegiate level. McDowell also produces football highlight videos for each week that are in the football video gallery and has been doing so for over 10 years. The website features a "Virtual Wall of Fame" and "Virtual Wall of Honor" matching the physical wall of fame at Mulvane High School featuring athletes and teams that have won state titles, all state selections, and standout athletes throughout the history of Mulvane athletics. McDowell also developed a companion mobile app for apple and android products for *mulvanesports.com* which displays news articles, rosters, schedules, and pictures for the current season.

Congratulations to Kasey McDowell, this year's KSHSAA Oscar Stauffer Sportswriter of the Year!



2020 KSHSAA State Basketball Tournament Sportsmanship Awards

The Kansas State High School Activities Association, through its member schools, defines sportsmanship as those qualities of behavior which are characterized by generosity and genuine concern for others. Further, an awareness is expected of the impact of an individual's influence on the behavior of others.

The excitement of a basketball game can create concerns for fans, students and officials. Citizenship/Sportsmanship Rule 52 addresses this by stating: "Win with character and lose with dignity."

Outstanding sportsmanship is acknowledged each year by presenting sportsmanship certificates, plaques and medals. All 96 high school teams participating in KSHSAA State Basketball Tournaments may qualify for an award. A "rating" system is used allowing schools to compete against a "standard of excellence", rather than competing against one another.

Due to the tournament being canceled after the quarterfinal rounds, there were no plaques & medals awarded.

A special sportsmanship committee appointed by the KSHSAA evaluated and rated the cheerleaders, school cheer-ing section, adult and non-high school followers, team and coach of each school. The following schools qualified for sportsmanship awards at the KSHSAA State Basketball Tournaments:

CLASS 1A GIRLS

Certificate:

Ingalls: Joseph Meador, Principal
Olpe: Shane Clark, Principal
Otis-Bison: Brandon Rice, Principal

CLASS 1A BOYS

Certificate:

Little River: Audrey Herbst, Principal
St. Francis: David Morrow, Principal

CLASS 2A GIRLS

Certificate:

Bennington: Curtis Nightingale,
Principal

CLASS 2A BOYS

Certificate:

Hoxie: Mark Wildeman, Principal
Pratt-Skyline: Herb McPherson,
Principal

CLASS 3A GIRLS

Certificate:

Frontenac: Mike Copple, Principal
Halstead: Joe Gerber, Principal
Osage City: Tony Heward, Principal
Scott Community: Brad McCormick,
Principal

CLASS 3A BOYS

Certificate:

Beloit: Casey Seyfert, Principal
Colby: Dr. Stephanie McNemar,
Principal

CLASS 4A GIRLS

Certificate:

Baldwin: Brant Brittingham, Principal
Chapman: Kevin Suther, Principal
Clay Center Community: Bud Young,
Principal
Eudora: Ron Abel, Principal
Kansas City-Piper: John Nguyen,
Principal

CLASS 4A BOYS

Certificate:

Augusta: Donna Zerr, Principal
Buhler: Michael Ellegood, Principal
Kansas City-Piper: John Nguyen,
Principal
Shawnee Mission-Bishop Miege:
Maureen Engen, Principal

CLASS 5A GIRLS

Certificate:

Andover Central: Cheryl Hochhalter,
Principal

CLASS 5A BOYS

Certificate:

Andover: Dr. Kristen Kuhlmann

CLASS 6A GIRLS

Certificate:

NONE

CLASS 6A BOYS

Certificate:

Haysville-Campus: David Morford,
Principal

SPORTS MEDICINE

Be Well... Even (and especially) in a Crisis

Our students, teachers, coaches, administrators and all school staff are going through an unprecedented time. It is important we take care of ourselves both mentally and physically. Below are a few simple reminders about maintaining a healthy mind and body as we all work through this challenge. Take care of yourself and encourage your students to do the same!



FOOTBALL

2020 NFHS Football Rules Changes

DEFINING TEAM DESIGNATED REPRESENTATIVE FOR PENALTY DECISIONS:

{1-4-1, 1-4-4 (NEW), 2-32-5, 3-5-2, 10-1-1, 10-1-2, 10-2-4}

RATIONALE: Prior to the game, the head coach will notify the referee of the designated representative (coach or player) who will make decisions regarding penalty acceptance or declination.

HALFTIME INTERMISSION OPTION FOLLOWING WEATHER DELAY:

{Table 3-1 NOTES 2 (NEW)}

RATIONALE: The halftime intermission may be shortened by mutual agreement of opposing coaches if a weather delay occurs during the last three minutes of the second period.

40-SECOND PLAY CLOCK CLARIFICATION:

{3-6-1a (1) e EXCEPTIONS 2 AND 3 (NEW)}

RATIONALE: To eliminate a potential timing advantage gained by the defensive team, the rules committee approved the play clock being set to 40 seconds when an officials' timeout is taken for an injury to a defensive player or a defensive player has an equipment issue.

25-SECOND PLAY CLOCK CLARIFICATION:

{3-6-1a (1) f (NEW)}

RATIONALE: Following a legal kick when either team is awarded a new series, the play clock will be set to 25 seconds.

DISCONCERTING ACT PENALTY RECLASSIFIED:

{7-1-9 (NEW), 7-1-9 PENALTY (NEW), 9-5-1d}

RATIONALE: Disconcerting acts or words by the defense has been reclassified from a 15-yard unsportsmanlike foul to a 5-yard foul.

SPIKING THE BALL TO CONSERVE TIME:

{7-5-2 EXCEPTION}

RATIONALE: The exception to allow a player to conserve time by intentionally throwing the ball forward to the ground immediately after receiving the snap, has been expanded to include any player positioned directly behind the center. This exception now included snaps that are not hand-to-hand.

2020 Football Points of Emphasis

1. Sportsmanship
2. Intentional Grounding
3. Ineligible Downfield and Line of Scrimmage Formation

GYMNASTICS

August Rules Meeting

All high school varsity gymnastics coaches and KSHSAA registered gymnastics judges are required to attend a KSHSAA Gymnastics Rules Meeting prior to competition for the 2020-21 season.

A coaches and judges clinic/rules meeting is being planned for Saturday, August 29 at Shawnee Mission North High School from 10 a.m. - 12:30 p.m.

It is strongly recommended that schools send their assistant coaches to this meeting.

Confirmation on the rules meeting date and location will be in the *May Activities Journal* in addition to clinic information.

Qualifying for 2020-2021 Postseason

TEAMS: The top eight teams will qualify for the state meet, based on average of their top six meet scores. Results of non-invitational as well as invitational meets will be considered.

INDIVIDUALS: The top five gymnasts in each individual event who do not qualify as a member of a team will advance to state competition.

STATE MEET: The 2020 State Gymnastics Meet will be conducted on Saturday, October 24 at Newton High School, beginning at 11 a.m.

SOCCER

2020-21 Rules Meeting & Exam

COACHES – Annually, all KSHSAA head soccer coaches are required to attend a rules meeting and complete a rules exam prior to the season. In 2020-21, the rules meeting and the exam will be accessible online July 30 – August 27. For girls only coaches, there will also be online accessibility December 1 – March 16. Coaches may attend one of the in-person rules meetings listed below. Coaches will receive an announcement sheet and meeting information this summer in a mailing to school athletic directors.

OFFICIALS – Registered soccer officials are **REQUIRED** in 2020-21 to attend an in-person rules meeting prior to the season. The rules exam will be accessible online July 30 – August 27 and for girls only officials December 1 – March 16.

In-Person Rules Meeting (REQUIRED FOR OFFICIALS)

Saturday, August 8	Shawnee Mission South HS (9 a.m.) <i>(KC Area Officials Clinic)</i>
Monday, August 10	Pittsburg HS (7 p.m.)
Tuesday, August 11	Goddard-Eisenhower HS (7 p.m.)
Wednesday, August 12	Topeka (7 p.m.) <i>(KSHSAA Office, Board Room)</i>
Thursday, August 13	Olathe East HS (7 p.m.)
Saturday, August 15	Wichita-East HS (9 a.m.) <i>(Wichita Area Officials Clinic)</i>
Monday, August 17	Salina (7 p.m.) <i>(Smoky Hill Service Center) (605 E. Crawford)</i>
Tuesday, August 18	Hays HS (7 p.m.)
Wednesday, August 19	Dodge City (7 p.m.) <i>(The Learning Center) (2110 N. 1st Ave.)</i>
Thursday, August 20	Derby HS (7 p.m.)
Tuesday, August 25	Topeka (7 p.m.) <i>(KSHSAA Office, Board Room)</i>
Wednesday, August 26	Lansing HS (7 p.m.)

Monday, March 8
Wichita-Northwest HS
(7 p.m.)
(Girls Season Only)

Tuesday, March 9
Topeka (7 p.m.)
*(KSHSAA Office, Board Room)
(Girls Season Only)*

2020-21 NFHS Soccer Rules Changes

Go to www.kshsaa.org>Soccer>2020 Soccer Rules Changes PressRelease (on the right hand menu) to access the NFHS Press Release.

Go to www.kshsaa.org>Soccer>NFHS Soccer Rules Changes & Rationale 2020-21 (on the right hand menu) to access the NFHS Soccer Rules Changes and Rationale or visit <https://www.nfhs.org/sports-resource-content/soccer-rules-changes-2020-21/>.

VOLLEYBALL

Volleyball Website

Don't miss all of the information available on the KSHSAA volleyball website:

- Rules Meeting, Official Clinic Schedules
- Season Announcement Sheet
- Weekly Newsletter (posted every Monday)
- Uniform, Equipment, Court Information
- Assistant Official Duties, Mechanics
- Forms, Charts for the season
- Varsity Season Standings
- Official Information
- Coach/Athlete Dates, Info
- Off-season Rules, regulations
- Postseason Assignments, Results
- Championship Results, History

Important Dates for Coaches to Know

Volleyball coaches should be aware of the following dates regarding contact with their players this summer:

May 23 - July 19, 2020: During this period of time, a volleyball **coach may** have contact with their athletes and may coach their athletes. If a coach chooses to conduct a one-week camp with their athletes, it must be done between May 23 - July 19 (see KSHSAA Handbook, **Rule 30-1-6** and **Rule 10**).

July 20 - August 2, 2020: **Coaches may** supervise use of indoor/outdoor facilities (no sport specific instruction may be given); **may** work with individual students of a single group (no more than 4 students) provided instruction is on a voluntary basis and requested by the student; **may** coach against their players; **may** transport athletes to non-school

competitions in that sport; **may** transport their athletes to camps and clinics. (NOTE: **Coaches MAY NOT** use school transportation and may not be reimbursed for personal mileage.)

August 2-16, 2020: During this period of time, a volleyball coach **MAY NOT** have any contact with their players. Only voluntary weight training and conditioning is permitted for all athletes.

August 17, 2020: First day of practice for 2020 volleyball season for all KSHSAA high school and middle school programs.

Assistant Officials Important and Required

A volleyball match is administered by two referees (R1 and R2) and five assistant officials – a score keeper, a libero tracker, a timer and two line judges. **SCHOOLS ARE RESPONSIBLE FOR NOT ONLY SECURING THESE OFFICIALS BUT ALSO TRAINING THEM IN THEIR DUTIES.** Information regarding the responsibilities and duties of these key individuals is located at www.kshsaa.org/Athletics/Volleyball/Announcements.

START NOW! It is never too early to begin identifying the assistant officials for your fall volleyball matches.

Volleyball Line Judge Flag Q & A

Line judges at all KSHSAA high school varsity matches will be required to use a red flag when carrying out their duties.

The flags are to be solid red in color and of a recommended size of approximately 12 inch by 12 inch to approximately 16 inch by 16 inch. The flag and hand grip should be securely affixed to the pole.

Flags are sold in sets (2 flags). A set is needed for each court being used for competition.

1. Q: Do most sporting goods companies have these flags available?

A: Some do, however they may not be available in their brick and mortar store. Online is the best way to secure a set.

2. Q: What about stores like Walmart, etc.?

A: Available online only.

3. Q: Where can I have access to the largest selection of these flags?

A: Amazon. Prices range from \$13 - \$45.

4. Q: Can we make our own flags?

A: YES. The size of this square red flag is anywhere from 12"x12" (smallest size) to 16"x16" (largest size). This square material will need to be securely attached to a dowel rod 18"-22" in length.

5. Q: Which is the best – a manufacturer's set of flags or a homemade set of flags?

A: Both will serve the intended purpose. Most manufactured flags will have a grip at the end of the stick which provides for comfort and control.

6. Q: Are the line judge flags to be use at all interscholastic volleyball contests?

A: The flags are required for KSHSAA high school varsity matches. Use at sub-varsity matches is not required but recommended.

7. Q: How many sets of flags will our school need to have?

A: Each court will need a set (2 flags). Each court being used for competition will need a set.

8. Q: What are the training opportunities for our line judges?

A: The KSHSAA will provide online information for the use of these flags. It is recommended that your line judges watch this presentation prior to working a match. In addition, it is suggested that potential line judges work a pre-match scrimmage.

9. Q: What do we do if the varsity line judges do not have a red flag?

A: Play the match without flags. Officials will notify the KSHSAA following the match.

10. Q: Do registered officials need to have a set of flags for the matches they officiate?

A: NO. It is the school's responsibility to provide the flags for the line judges unless other arrangements have been made.

Modifications Allowed at Sub-Varsity and Middle School Level

While high school varsity squads must adhere to the NFHS playing rules, modifications are allowed at the sub-varsity level. Sub-varsity level is junior varsity, sophomore, freshman and all middle school squads. Those modifications may include:

Game/Match Length - may be shortened if needed, due to time constraints, facilities, etc. **NOTE:** Be sure to notify opponents of any modification to match length – by mutual agreement.

Uniform - appropriate uniforms are required per **NFHS Volleyball Rule 4-2**, however variances in style and number placement are allowed.

Starting a match with fewer than 6 players - permitted at high school sub-level and middle school matches, **Rule 6-4-5** must still be followed

August Rules Meetings

COACHES - All KSHSAA head volleyball coaches are required to attend a yearly rules meeting. In 2020, rules meetings will be conducted online during the month of August. Coaches also have the option of attending one of the in-person meetings listed below for credit. Coaches will receive an announcement sheet and meeting information this summer in a mailing to school athletic directors.

OFFICIALS - Registered officials may attend one of the seven face-to-face rules meetings or complete their meeting requirement online. On the following page is the schedule for the face-to-face meetings:

Tuesday, August 4	*Topeka (4 p.m.) (KSHSAA Coaching School)
Wednesday, August 5	Olathe West HS (7 p.m.) (Auditorium)
Thursday, August 6	Chanute HS (7 p.m.) (Auditorium)
Tuesday, August 11	Salina (7 p.m.) (Smoky Hill Service Center)
Wednesday, August 12	Cimarron HS (7 p.m.) (Auditorium)
Thursday, August 13	Maize HS (7 p.m.) (Auditorium)
Monday, August 17	Topeka (KSHSAA Office, HOF)

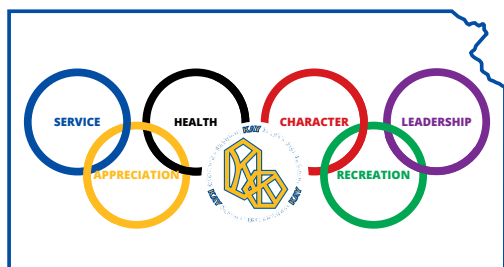
Volleyball Sessions at KSHSAA Coaching School

Don't forget to attend the 2020 KSHSAA Coaching School in Topeka, Monday-Wednesday, August 3-5. There will be 11 volleyball sessions. See your school athletic director for registration information.

KANSAS ASSOCIATION FOR YOUTH

KAY Leadership Camp

TEAM KAY



Preparations are underway for another exciting session of KAY Leadership Camp. The theme for this summer's session is **"Team KAY."** KAY student leaders from across Kansas will come together to discover and experience their many talents and unique qualities and how they and their KAY Club can make an impact on their school, community, nation and world. At KAY Leadership Camp students will see firsthand the rewards of planning and preparation, and that actions speak louder than words.

Camp begins on Monday, July 27 with registration from noon to 1:30 p.m. and will conclude at 11 a.m. on Friday, July 31. A wide variety of activities takes place during the week—team and mascot meetings, leadership labs, creative projects and special interest options. Each day will offer several recreational activities—archery, canoeing, dance, group/table games, horseback riding, lawn games, rifle range, scrapbooking, swimming, volleyball and wiffleball. An optional all-camp swim is available each day, as is free time.

The camp staff is made up of approximately 34 outstanding individuals, former KAY leaders. They are selected for their ability to work with people, their commitment to reach the highest goals and ideals, and for the enthusiasm, motivation and confidence they instill in young people.

KAY Leadership Camp brochures, along with posters promoting camp, were handed out to all sponsors at the winter unit conferences. Be sure to read all materials carefully.

As a reminder, all campers will be housed in air-conditioned cottages.

The camp fee is \$325 per delegate. **The deadline date for the \$325 fee and enrollment is May 1. Registration is limited to the first 285 students who register (sponsors must register their campers online). DON'T DELAY.**

Helpful Hints for KLC

- **Secure camp delegates as soon as possible.** Get your delegates committed before their summer schedules are filled.
- **Invest in your club's future leadership.** Through your club treasury or a special fundraiser, offer financial assistance to your camp delegates.
- **Please encourage your club president to attend camp.** The enthusiasm, new ideas, leadership skills and confidence gained at camp will definitely benefit your club.
- **Please consider your club size when selecting the number of delegates.** Knowledge is power! The more delegates you send, the more members you have who will be "in the know" to actively lead your club. **There is no limit to the number of delegates a club may send.**

A REMINDER: To earn the Gold Award during the 2020-21 school year, **your club must be represented at KAY Leadership Camp this summer, July 27-31, 2020.**

KAY Sponsors Session September 21

Sponsors, mark your calendar now for September 21 and make plans to attend the KAY Sponsor Session. This exciting and rewarding educational activity will be conducted at Rock Springs 4-H Center, site of KAY Leadership Camp. Registration will begin at 8:45 a.m. with Opening General Session starting at 9:30 a.m. and adjournment at 2:30 p.m. A variety of workshops will be conducted throughout the day, designed for all KAY sponsors (new and experienced) to discover the rewards of SERVICE.

The KSHSAA is pleased to offer this exciting activity. Schools activities are an important part of the educational process and will be as good as those sound as those who administer and support them. This educational workshop is intended to assist sponsors in the important roles they have of providing leadership and guidance in an activity for Kansas students that is educational, enjoyable and rewarding.

Sponsors and principals received information in mid March.

KAY Spring Information

In April, KAY Clubs will receive the following important information from the KAY state office:

1. Regional Conference Dates and Program/Schedule
2. Unit Conference Dates/Assignments and Program/Schedule

Important items KAY clubs should be aware of in April:

1. April 1 - Deadline for WMV Scholarship Application
2. April 1 - Sign up to sell programs at state track in Wichita (May 29-30) (*OPTIONAL*)
3. April 15 - Apply for KAYAN Camp Scholarship (*OPTIONAL*)
4. KAY Leadership Camp registration (online) - Deadline May 1. FYI, attendance is limited to the first 285 students to register. Don't wait - sign up now!

April Elections

Elections for KAY officers are to take place in the spring of the school year. **The months of March and April are suggested for the following reasons:**

- Provides opportunity to identify key leaders at completion of year's service activities
- Allows time for newly elected officers and appointed board members to make plans to attend KAY Leadership Camp
- Provides time for election process before a typically "busy" month of May
- Allows time for a late-month board retreat with outgoing and incoming officers and board members and the sponsor(s)
- Provides time to have Installation of Newly Elected Leadership at an end-of-the-year "Celebration, Appreciation and Recognition" event

The nominating committee shall begin the process by identifying the **Five "A's"**:

Assessment of needs: What positions are needed for our club?

Assets on hand: Who is available to serve?

Ability of candidates: Who is able to serve?

Attitude of candidates: Who is willing to serve?

Accomplishments of candidates: Who gets things done?

See the KAY website for more information.

You must select the right leaders in your organization.

- If you select well, the benefits are multiplied and seem nearly endless.
- If you select poorly, the problems are multiplied and seem endless.

MUSIC

Heat Acclimatization Recommendations for Marching Band and Spirit Activities

Per the KSHSAA Executive Board effective January 10, 2018, there is a new KSHSAA Heat Acclimatization Policy for marching band directors and spirit coaches. The 10 recommendations are printed in the 2019-20 *KSHSAA Music Manual* and there is currently a link on the KSHSAA website at www.kshsaa.org/Public/PDF/HeatPolicyMarchingBandAndSpirit.pdf.

Music Festival Dates 2021

Regional Festivals

- March 27, 2021 - Solos & Small Ensembles
- April 10, 2021 - Solos & Small Ensembles

State Festivals

- April 14-15, 2021 - Large Groups (All Classes)
- April 24, 2021 - Solos & Small Ensembles (All Classes)

Music Advisory Committee

The members of the KMEA Music Advisory Committee will meet with the KSHSAA Executive Board during the April meeting to present any changes and revisions in the music program. These proposals will then be presented to the Board of Directors of the KSHSAA. If directors or administrators have suggestions for altering any part of the KSHSAA sponsored program, they should contact one of the following committee members: John Taylor, Wichita, Executive Director, KMEA; Gae Phillips, Columbus, President; Mark Gard, Coffeyville, President-Elect; Gretchen Bixler, Goddard, Vice President; Dana Hamant, Wichita, Festivals Chair.

Performance Evaluation

KMEA has requested the following statement be adhered to by **adjudicators** in evaluating regional and state music festival performances:

1. Rate the performance you hear today on its merits, **not on potential**.
2. **Justify your ratings** with comments, regardless of the rating assigned.
3. Take this time to **review the justification paragraph and the ratings sheet** given to you. Please refer to the information sent to you by the Kansas State High School Activities Association.

Music Memorization

Instrumental soloists are not required to memorize their music for regional or state music festivals.

Vocal soloists will continue the music memorization policy as published in the *KSHSAA Music Manual*.

SPEECH & DRAMA

Debate - National Qualifiers

IMPORTANT - Debate season ended January 18, 2020 for Kansas students. Only National Tournament Qualifiers (students who qualify via competition standards to an approved national tournament) may participate in an additional three (3) debate activities beginning SCW#30. No student shall exceed a total of five (5) tournaments after SCW#30, including those national tournaments they attend. The national tournaments must be approved by the National Association of Secondary Principals (NASSP) as required by the KSHSAA Bylaw, Article XIV. Students who did not qualify may NOT participate.

SPIRIT

Heat Acclimatization Recommendations for Marching Band and Spirit Activities

Per the KSHSAA Executive Board effective January 10, 2018, there is a new KSHSAA Heat Acclimatization Policy for Spirit Coaches and Marching Band Directors. The 10 recommendations are posted on the KSHSAA website at www.kshsaa.org/Public/PDF/HeatPolicyMarchingBandAndSpirit.pdf.

2020 Summer Cheer/Dance Camps

Cheerleaders and other spirit groups play an important leadership role in the school community, and the KSHSAA sponsors summer spirit camps to meet the needs of young people and their coaches, sponsors and/or advisors. Seven cheer and four dance camps sites and dates are scheduled. Camps including cheer, drill teams, pompon squads and dance teams will be held in different locations on campus.

Traditional Summer Cheer Camps

* Mascot Camp

June 2-5	Salina-Kansas Wesleyan University (Tue-Fri)
June 8-11	Salina-Kansas Wesleyan University (Mon-Thu)
June 9-12	El Dorado-Butler Community College (Tue-Fri)
June 15-18	El Dorado-Butler Community College (Mon-Thu)
*June 22-25	Salina-Kansas Wesleyan University (Mon-Thu)
July 7-10	El Dorado-Butler Community College (Tue-Fri)
July 13-16	Coffeyville Community College (Mon-Thu)

Summer Dance Camps

June 2-5	Salina-Kansas Wesleyan University (Tue-Fri)
June 8-11	Salina-Kansas Wesleyan University (Mon-Thu)

June 22-25 Salina-Kansas Wesleyan University
(Mon-Thu)

July 13-16 Coffeyville Community College (Mon-Thu)

Cheerleaders, drill teams, dance teams and pompon squads are invited to attend any of the camps (*designed for their particular type of spirit group*), but an effort has been made to consider travel distances. Each camp provides quality facilities and the same length of time, number of hours of instruction and cost per delegate (**\$300 per delegate**). This fee includes accident/sickness insurance, three nights housing, nine meals, camp materials and quality UCA/UDA instructors.

We are offering a commuter camp option this year for schools who are in close proximity. The fee is \$230 per delegate/coach, which includes accident/sickness insurance, camp materials and quality UCA/UDA instructors.

Enrollment information: send card **SPR-3** (cheer) and/or card **SPR-4** (dance/pompon/drill team) found online, to KSHSAA. A \$40 deposit per person is DUE to KSHSAA by May 1.

Spirit Coaches/Advisors

Schools are strongly urged to send qualified adults who are serving as coaches/advisors with their students to summer spirit group camps. School coaches/advisors are responsible for their own students. Summer camp fees are **\$300 per delegate or coach/advisor**. To help defray conference tuition, **one adult** will be assessed tuition costs by the following formula:

20 students or more— - no tuition charged

10-19 students— - 1/2 tuition charged

0-9 students - —full tuition charged

Schools with coaches/advisors in attendance will develop friendships, learn professional techniques and discuss common concerns through sponsor seminars. Active advisors will take home many ideas that can be developed throughout the school year.

Why Attend KSHSAA Spirit Camps?

Why should you send your students to KSHSAA sponsored summer cheer and dance camps?

1. **KSHSAA catastrophic insurance only applies to KSHSAA camp students.**
2. All safety rules will be modeled by our cheer/dance teaching staff during our camps.
3. All safety rules will be enforced throughout the camp; this will get students in the habit of following the same rules their coaches must enforce during the school year.
4. KSHSAA provides a camp director 24 hours a day for added supervision and organization.
5. All practice facilities for both dance and cheer will be air-conditioned.
6. Students will only be taught stunts that are legal according to KSHSAA rules. Some camps follow NFHS safety rules which include basket tosses that are illegal in Kansas.
7. Our camps are the only camps which provide the mandatory coaches safety rules meetings.

8. Our camps are among the lowest priced non-commuter camps in the state.

KSHSAA Catastrophic Insurance is in effect at KSHSAA Summer Camps only.

STUDENT COUNCIL

57th Annual STUCO Workshop

"LEADERSHIP: It Starts With Us" is the theme for the summer 2020 Student Council Workshop to be held at Emporia State University, July 19-24.



Last year over 350 student leaders took advantage of the week's activities **to learn** more about student council, **to become involved** with workshop experience and **to strive** for a clearer understanding of student council and its place in today's schools.

The registration fee for the workshop is determined by the cost of housing, meals and materials. This year's fee will be **\$295 per delegate or advisor** for five nights, 14 meals, materials, instruction, insurance and a fabulous experience for everyone.

Online registration process continues for workshop. The online registration form is available behind the coach/sponsor login (*Activities>STUCO*) and administrator login (*Entry Forms>May*). The STU-2 will not be necessary as you and your AD will receive an invoice with each registration. Registration is available until May 29, 2020.

Schools are reminded that STUCO Workshop is designed for a student to attend **twice during their high school career for the basic and then advanced curriculum as a first year delegate or a second year advanced leader.** There is no limit on the number of advisors who may attend, and **middle/junior high school advisors are welcome!**

Headliners for Student Council Summer Leadership Workshop

Wahoo! Ted Wiese will be back as the Opening Keynote Speaker of the 2020 Student Council Leadership Workshop at Emporia State University on July 19. He will also be presenting interactive breakout sessions the following day, July 20.



Known as one of America's best youth leadership development speakers, Ted Wiese works with thousands of students every year to teach and enhance their leadership skills. Ted is in the business of making students believe they can make a difference - and he teaches them how to do it! From starting his career with Junior Achievement to establishing Wiese Training and Development, LLC, Ted's dynamic and engaging programs have gained him a strong reputation for delivering results.

For years, the students at Ted's presentations have laughed while they learned. His fun-filled keynotes contain contagious



laughter coupled with a strong message, while his activity-oriented workshops develop student leadership skills in an energetic, highly interactive, humorous and effective manner. With wit, wisdom, real-life stories and a whole lot of fun, his programs leave students with information and skills to take back to school,

ideas to put into action, and something good to talk about in the days and months ahead.

Joining Mr. Wiese in the interactive Breakout Sessions on July 20 and providing a Keynote Presentation on July 21 will be Bob Tryanski. Yes, one of Kansas STUCO Workshop's favorite past speakers will be back! Bob is an award-winning writer, speaker, and storyteller from Lawrence, Kansas. In June 2017, he was named the Director of Behavioral



Health Projects for Douglas County, but way before then Bob Tyranski was widely recognized as one of America's top youth speakers and honored for his outstanding and innovative contributions to the development of leadership, service, and civic engagement in America's youth. He has spoken at conferences and schools in forty-seven U.S. states and addressed audiences from Canada, France, Russia, Japan, and South Africa. His humorous, warm, autobiographical tales, coming of age stories and yarns about the quirky complexities of modern-day life have been delighting audiences for over twenty years.

Student Council Objectives

Before Student Council can have any degree of success, it must have definite purposes for existing, and its members, the student body and the faculty must be aware of these purposes.

While the objectives may vary from school to school, there are certain basic goals found in almost all constitutions. These basic objectives are:

General and Specific Purposes

General objectives are broad statements of purposes which are found in the student council's constitution. They are similar for all schools and do not change much from year to year. They are the main goals reached through choosing specific purposes and doing related projects.

General purposes might include:

- Developing character and other positive personal qualities among young people
- Teaching democratic procedures
- Fostering promotion and development of democracy as a way of life
- Providing for training and experience in the skills and techniques of good citizenship
- Contributing to the total educational growth of students
- Providing for learning experiences for youth through the solution of meaningful problems

- Helping each student reach maximum educational growth and development
- Developing positive attitudes regarding law, order and authority
- Promoting good human relations in the school community
- Promoting the general welfare of the school
- Providing a forum for student opinion and hearing the many other voices
- Providing organized services for students and faculty

Specific purposes include goals which are centered in particular project areas usually related directly to current problems obstructing general goal attainment.

Specific purposes might include promotion of harmonious student-faculty-community relations, and:

- Coordination of student activities
- Development of school spirit, pride and morale
- Keeping school buildings and grounds clean and neat
- Maintaining good conduct in the halls and lunchroom
- Sponsoring student fund campaigns
- Organizing and conducting school social and recreational activities
- Teaching intelligent respect for law and order
- Conducting student campaigns and elections
- Sponsoring assemblies
- Working with the faculty on school problems and projects
- Sponsoring service projects that are socially relevant to the school and community
- Providing direct channels of communication between the student body and the administration

Writing out the purposes helps to:

- Acquaint the students, faculty, administration and community with the objectives of the Student Council
- Clarify these goals for everyone
- Inform the members of the Student Council what areas of authority exist within the school
- Formulate beliefs and commitments concerning the Student Council
- Focus the attention of the student body and faculty on the real areas of Council influence
- Acquaint students with reasons for having a Council
- Aim activities in an appropriate direction
- Help Council with projects and activities
- Help students select Council members wisely
- Assist Council in evaluating its work
- Select and plan a suitable course of action using positive methods of involvement in purposeful projects

Attaining Purposes

In attaining the objectives of Student Council, the following suggestions should be kept in mind:

- Students should be given a clear definition and understanding of the duties and responsibilities and the available means for achieving goals.
- All methods of honest communication should be utilized between Council and its public groups (student body, faculty, community administration, etc.).
- An effective orientation program will make members of the school community aware of each individual's responsibilities.
- Information concerning Council should be given in the orientation of new students, through discussions, in assemblies, club meetings and classrooms.
- The objectives of Council should have the approval and support of the student body, faculty and administration.
- The schools should be aware of goals and be confident that Council will fulfill them.

Ideas & Activities

- Hold your student body elections in late April before exams, graduation and summer recess. It provides an opportunity for an orderly transition and time for attendance at summer leadership training workshops. Sponsor a special service project during the week.
- Honor leaders of student organizations and/or those especially active in co-curricular activities with recognition awards.
- Honor the faculty advisors and administrators who devote their time to working with student leaders.
- Reach out to those students who do not participate in co-curricular school activities. Discover their talents and ask them to help with an upcoming activity.
- Attempt to have someone from your state legislature speak at a community or school function during National Student Leadership Week (NSLW).
- Inform other student organizations about NSLW and coordinate program ideas.
- Meet with your mayor, city, town council or county board of supervisors to ask for official recognition of Student Leadership Week in your community.

April 2020

SCW = Standard Calendar Week

scw	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
39	June 15: Form C2 and CMI/J2 due			1	2	3	4
40	5	6	7	8	9	10 ADMJ-7 Student Activity Participation Survey (JHMS) DUE to KSHSAA ADM-12 Spring Activity Participation Survey (HS) DUE to KSHSAA	11 Spring Break - KSHSAA Office Closed
41	12 EASTER	13	14	15	16	17	18
42	19	20	21 ADM-13 2020-21 Athletic Participation Form DUE to KSHSAA	22	23	24	25
43	26	27	28	29	30 EXECUTIVE BOARD MEETING <i>(virtual)</i>		

ROUTING REPORT

This routing report is provided to assist principals in ensuring the KSHSAA *Activities Journal* is seen by all appropriate school personnel.

- Superintendent
- Principal
- Activities Director
- Athletic Director
- School Counselor
- Baseball Coach
- Girls Basketball Coach
- Boys Basketball Coach
- Boys Bowling Coach
- Girls Bowling Coach
- Girls Cross Country Coach
- Boys Cross Country Coach
- Football Coach
- Girls Golf Coach
- Boys Golf Coach
- Gymnastics Coach
- Girls Soccer Coach
- Boys Soccer Coach
- Softball Coach
- Girls Swimming Coach
- Boys Swimming Coach
- Girls Tennis Coach
- Boys Tennis Coach
- Girls Track & Field Coach
- Boys Track & Field Coach
- Volleyball Coach
- Wrestling Coach
- Band Director
- Cheerleader Advisor
- Choral Director
- Debate Coach
- Drill/Dance Team Coach
- KAY Sponsor
- Orchestra Director
- Scholars Bowl Coach
- Speech Coach
- Student Council Advisor
- Other: _____

