In April 2019 the KSHSAA Board of Directors adopted a rule requiring any head or assistant coach/sponsor for any KSHSAA sanctioned activity be certified or trained in Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) administration. This rule goes into effect for the 2019-2020 activities year.

2019-2020 KSHSAA HANDBOOK LANGUAGE:

KSHSAA Handbook Rule 10-1-9 (New)

Art. 9: Any person serving in the role of a head or assistant sport coach/aide or a head or assistant activity sponsor/aide in a KSHSAA member school shall be certified or trained in Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) administration.

COMPONENTS OF THE RULE ARE AS FOLLOWS:
1. Following an initial 30-day grace period from the start of the season, personnel are not eligible to work as a coach or sponsor for their school until proof of completion of CPR/AED training is on file with their school.
2. Every coach/sponsor must complete CPR/AED training every 2 years.
3. The training shall be coordinated by a certified CPR instructor.
4. Online only training courses are not accepted.
5. There must be a hands-on educational component to the training process.
6. On an annual basis by activity, a school administrator must acknowledge through the KSHSAA website that each coach/sponsor is currently trained in CPR/AED administration.
   – To acknowledge rule compliance, a school administrator should login to the KSHSAA website and go to the Coach/Sponsor Requirements page. Select the activity and enter the date of CPR/AED training next to each coach/sponsor name. If you do not see the coach/sponsor listed, add that person through the Update Directory process online. All head and assistant coach/sponsors should be listed for every activity!

Training could be obtained from the following organizations:
– American Heart Association
– American Red Cross
– American Safety & Health Institute / Medic First Aid
– National Safety Council

Potential sources for locating a certified CPR instructor:
– School nurse
– School/community athletic trainer
– Local emergency personnel: EMTs, Firefighters, Police Officers
– Community hospital
– Contacting the organizations listed above