

Girls Qualifying Standards (M)

EVENT	<u>4A</u>	<u>3A</u>	<u>2A</u>	<u>1A</u>
100M (100-yd) Dash	13.3	13.3	13.5	13.5
200M (220-yd) Dash	27.8	28.3	28.7	28.5
400M (440-yd) Dash	01:03.8	01:05.4	01:06.6	01:05.9
800M (880-yd) Dash	02:34.6	02:37.9	02:44.1	02:39.6
1600M (one-mile) Run	05:58.5	06:07.8	06:12.8	06:08.6
3200M (two-mile) Run	12:58.5	13:32.5	13:34.3	13:46.8
100M (110-yard) H. Hurdles	16.9	17.7	17.9	17.7
300M (330-yard) L. Hurdles	50.7	51.6	52.9	52.7
High Jump	4'09"	4'08"	4'08"	4'08"
Long Jump	15'01"	15'02"	14'10"	15'04.5"
Triple Jump	32'08"	32'00"	30'01"	32'03"
Pole Vault	8'03"	7'04"	7'00"	7'00"
Shot Put	34'05"	32'10"	32'02"	32'06.5"
Discus	97'01"	97'06"	97'01"	93'05"
Javelin	101'11"	99'09"	100'01"	106'07"

Boys Qualifying Standards (M)

EVENT	<u>4A</u>	<u>3A</u>	<u>2A</u>	<u>1A</u>
100M (100-yd) Dash	11.5	11.5	11.7	11.9
200M (220-yd) Dash	23.7	24.1	24.1	24.3
400M (440-yd) Dash	53.7	53.8	54.4	54.6
800M (880-yd) Dash	02:07.1	02:09.7	02:11.1	02:10.2
1600M (one-mile) Run	04:52.2	04:59.8	05:03.3	05:03.6
3200M (two-mile) Run	10:43.2	11:03.4	11:09.2	11:10.9
100M (110-yard) H. Hurdles	16.5	17.1	16.9	17.5
300M (330-yard) I. Hurdles	43.1	43.3	43.9	44.4
High Jump	5'10"	5'07"	5'07"	5'08"
Long Jump	19'09"	19'05"	19'01"	19'05"
Triple Jump	40'04"	39'11"	39'02"	38'10"
Pole Vault	11'07"	11'03"	9'09"	10'03"
Shot Put	45'07"	44'09"	42'07"	43'05"
Discus	131'04"	127'04"	120'01"	122'05"
Javelin	153'08"	147'03"	145'01"	150'10"