## CORRECTIONS TO RULES BOOK:

Page 20 - SITUATION A should read as follows:

**3.3.5 SITUATION A:** The top person in a braced flip is assisted by: (a) one bracer in a double-base prep and one person on the floor; (b) two bracers, one on the side and the other behind the top person; (d) two bracers in double-base preps. RULING: (a) and (b) illegal; (c) and (d) legal (a), (c) and (d) legal; (b) illegal.

Page 72 - Top pictures should say

**ILLEGAL** LEGAL

## Illustrations

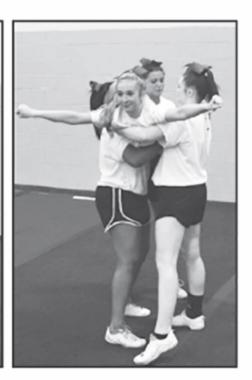
## 2016-17 NFHS Spirit Rules

Page 72

## Rules 3-5-5b and 4-5-3 RELEASE STUNTS/TRANSITIONS







LEGAL ILLEGAL (Swan Dive)

A top person in a cradle position may be released to prep level or below.