



KSHSAA GUIDELINES FOR LIGHTNING SAFETY

1. IF LIGHTNING IS SEEN OR THUNDER IS HEARD, THE STORM IS CLOSE ENOUGH TO POSE A RISK OF A LIGHTNING STRIKE. SUSPEND PLAY AND TAKE SHELTER IMMEDIATELY.
2. ONCE PLAY HAS BEEN SUSPENDED, WAIT AT LEAST 30 MINUTES FROM THE LAST SOUND OF THUNDER HEARD OR LIGHTNING WITNESSED BEFORE RESUMING THE ACTIVITY.
3. ANY SUBSEQUENT THUNDER OR LIGHTNING DURING THE 30 MINUTE WAITING PERIOD RESETS THE CLOCK, AND A NEW 30 MINUTE WAITING PERIOD BEGINS.

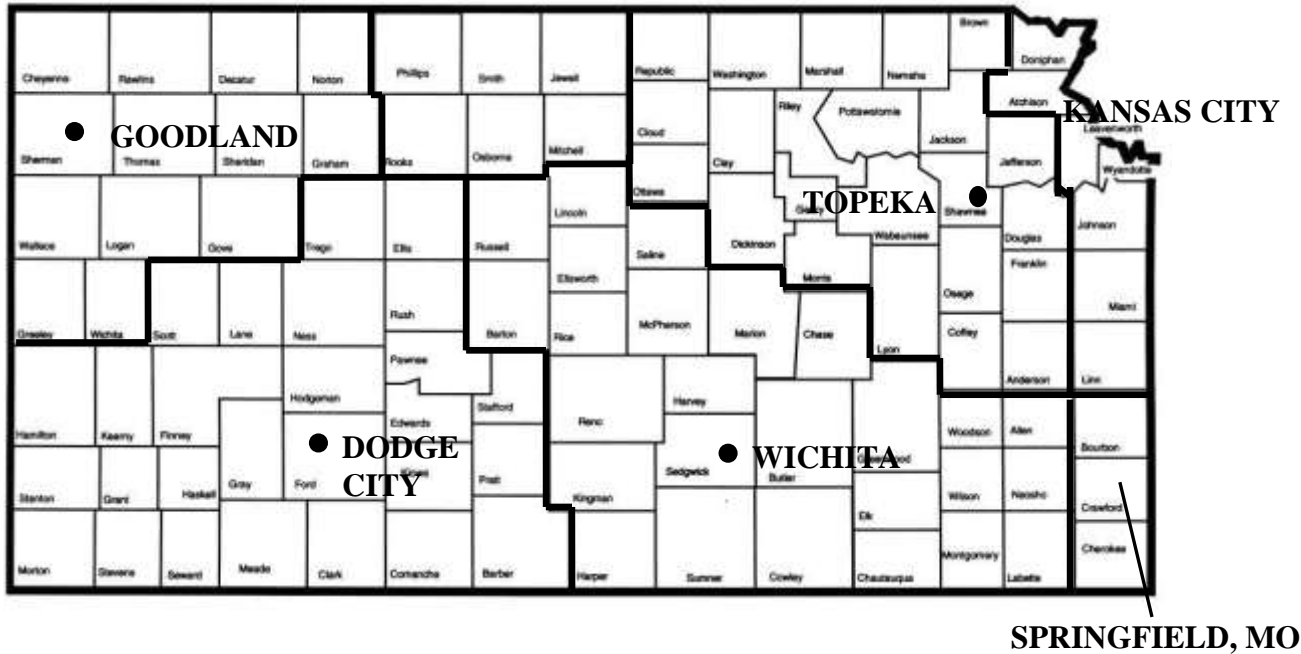
ANYTIME LIGHTNING CAN BE SEEN OR THUNDER HEARD, RISK IS PRESENT!

SCHOOL CONSIDERATIONS:

1. A documented plan for handling severe weather situations such as lightning should be in place.
2. The persons responsible for monitoring weather activity and determining when to suspend practice or competition should be identified.
 - * Ideally this person will **NOT** be a coach or an official involved in the game or practice, as they may be too involved with their other duties to monitor the weather.
3. There are many different methods of monitoring the weather. Weather radios are available through the National Oceanic and Atmospheric Administration (NOAA) and the National Weather Service. The Weather Channel can also provide good information on storm movement and strength. Each school will need to determine their most effective means of monitoring the weather.
National Weather Service contact information, areas of coverage, and weather radio frequencies are provided on the back of this document.
4. All personnel, athletes, and spectators should be clearly informed in advance of available safe structures or shelters in the event of severe weather.
5. The most ideal safe structure is a fully enclosed building with plumbing, electrical wiring, and telephone service which all aid in grounding the structure.
6. Fully enclosed automobiles with metal roofs, including school buses, provide adequate shelter as well.
7. Avoid using bathrooms as shelter areas as the plumbing pipelines provide a path for the lightning to enter the structure. Also avoid standing near utilities, corded telephones, or headsets during a thunderstorm.
8. If communication is necessary during the storm, cellular and cordless phones are considered reasonably safe.

**SEVERE WEATHER CONTACT INFORMATION
NATIONAL WEATHER SERVICE
GENERAL REGIONS OF COVERAGE**

HASTINGS, NE



REGION

Goodland
Hastings, NE
Dodge City
Kansas City, MO
Springfield, MO
Topeka
Wichita

PHONE

785.899.7119
402.462.4287
620.227.3311
816.540.6021
417.869.4491
785.234.2592
316.942.3102

WEBSITE

www.crh.noaa.gov/gld
www.crh.noaa.gov/gid
www.crh.noaa.gov/ddc
www.crh.noaa.gov/eax
www.crh.noaa.gov/sgf
www.crh.noaa.gov/top
www.crh.noaa.gov/ict

**NATIONAL WEATHER SERVICE
WEATHER RADIO FREQUENCIES**

| NWR TRANSMITTER | FREQ. | CALL SIGN | NWR TRANSMITTER | FREQ. | CALL SIGN |
|------------------------|--------------|------------------|------------------------|--------------|------------------|
| Abilene | 162.525 | WXL71 | Joplin, MO | 162.425 | WXJ61 |
| Bartlesville, OK | 162.425 | WNG644 | Kansas City, MO | 162.550 | KID77 |
| Beaumont | 162.500 | WWH22 | Kirwin | 162.500 | KWN59 |
| Belvidere | 162.525 | WNG534 | Lenora | 162.425 | WWF87 |
| Blue Rapids | 162.425 | KZZ67 | Meade | 162.425 | WNG555 |
| Cambridge, NE | 162.525 | KEC39 | Neosho, MO | 162.450 | KJY82 |
| Chanute | 162.400 | WXK95 | Parker | 162.525 | WZ2512 |
| Concordia | 162.550 | WXK94 | Ponca City, OK | 162.450 | WWF42 |
| Dighton | 162.525 | WNG535 | Saint Joseph, MO | 162.400 | KEC77 |
| Dodge City | 162.475 | WXK93 | Sharon | 162.400 | WZ2511 |
| El Dorado Springs, MO | 162.475 | KZZ30 | Shubert, NE | 162.500 | KWN41 |
| Ellsworth | 162.400 | WXK92 | Topeka | 162.475 | WXK91 |
| Gem | 162.400 | WXK96 | Tribune | 162.550 | WWG22 |
| Great Bend | 162.500 | KPS511 | Ulysses | 162.450 | WXN81 |
| Halls Summit | 162.425 | KGG98 | Wichita | 162.550 | KEC59 |
| Hays | 162.450 | WXM35 | Wray, CO | 162.475 | WXM87 |