



NATIONAL YOUTH HEALTH AWARENESS DAY

National High School Activities Week
October 9 - 15, 2011

Schools across the United States will once again focus attention on the issue of chemical health—tobacco, alcohol and other drug abuse by designating Wednesday, as Youth Health Awareness Day.

The Kansas State High School Activities Association has developed a program of support services to all member middle/junior high and senior high schools in Kansas. Wellness KANSAS reaches in excess of 100,000 Kansas students (grades 7-12) with messages of chemical health annually through their involvement in school activities.

This year's Youth Health Awareness Day activities throughout Kansas and the nation will include:

1. Parental and community support for students through symbolic acts and sponsorship of activities for students
2. Coaches setting aside a portion of practice time to discuss chemical health issues with athletes
3. Student panel discussions and forums
4. Guest speakers and school assemblies
5. Audio visual media presentations
6. Patches and insignias worn by students and athletes
7. Senior high school athletes visiting younger students and teaching refusal and decision-making skills
8. Special banners, posters and team run-throughs for interscholastic contests
9. Resolutions and proclamations in support of students' efforts by boards of education and city governments
10. Special public address announcements made at activity events and media promotions.