

BRAINSTORMING IDEAS 2015 KAY UNIT CONFERENCES

"SUNSHINE YELLOW"

During January and February 2015, 12 KAY Unit Conferences were conducted across Kansas. At each conference, student delegates participated in a 15 minute activity entitled "Sunshine Yellow".

In "Sunshine Yellow", KAY delegates were divided into 8 groups (by name tag color). Each small group was asked to brainstorm activity ideas based on APPRECIATION – specifically, 1. Who can you show appreciation to; 2. How can you show appreciation; 3. Why is it important to show appreciation to others. After 10 minutes the group leaders asked each small group to share a couple of their ideas with the entire color group.

At the end of the activity, the group leaders collected the pages of ideas which were in turn given to the state director. The following information is a product of this activity.

I hope you will find this information useful and a means to propel you into a strong finish for the 2014-15 school year.

WHO ARE THE PEOPLE &/OR WHAT ARE THE THINGS YOU APPRECIATE?

FAMILY
GOOD FRIENDS
TEACHERS/HS STAFF

LAW ENFORCEMENT
LOCAL BUSINESSES
ELDERS
NEIGHBORS
PRINCIPALS
PARENTS
VETERANS
SPONSORS/COACHES
COMMUNITY
GRANDPARENTS
CLUB MEMBERS

HOW CAN YOU SPREAD "SUNSHINE YELLOW" & SHOW APPRECIATION TO THOSE LISTED?

SAY "HI", HELP WITH CHORES, LISTEN
SMILE, MAKE AN EFFORT TO BE THERE
BAKE COOKIES, CARDS, LISTEN
PICK UP TRASH, MAKE COOKIES, LISTEN TO LAWS,
VOLUNTEER
CLEAN, PICK UP TRASH
SAY "THANKS", WRITE LETTERS
COMMUNICATE, HELP WITH TRASH CANS
THANK YOU, LISTEN, RESPECT
BEING NICE, COMPLIMENTS, CLEAN ROOM
WRITE LETTERS, THANK YOU
BE INVOLVED, LISTEN TO WHAT THEY SAY
VOLUNTEER MORE
OFFER TO HELP THEM, BAKE COOKIES, VISIT THEM
RESPECT, THANK YOU

WHY IS IT IMPORTANT TO SHOW APPRECIATION TO OTHERS?

MAKES OTHERS APPRECIATE YOU

PEOPLE RESPECT YOU

TO BRIGHTEN PEOPLES DAY

WE HELP, THEY SUPPORT

OTHERS FEEL GOOD

EFFORTS DIDN'T GO TO WASTE

FEED EQUAL

TO SUPPORT FOR SELF CONFIDENCE

SO THEY KNOW THEY ARE IMPORTANT

THE GOLDEN RULE

BOOST SELF ESTEEM

TO GET APPRECIATION IN RETURN

SHOW YOU CARE

BUILD BETTER RELATIONSHIPS

BUILD TRUST

RESPECTUL

DEVELOP GOOD CHARACTER

SPREAD GOOD BEHAVIOR

CREATE FRIENDS

BONDING

MAKE SOMEONES DAY

THEY MAY PASS IT ON

SET THE EXAMPLE

GIVES PEOPLE CHARACTER

STRENGTHEN RELATIONSHIPS

TO EMPOWER THEM