

KAY LEADERSHIP CAMP ENROLLMENT CARD

KAY Administrator, Sarah Smith

**Please print or type—all information is required!*

DELEGATE (CAMPER) INFORMATION:

First Name: _____ Last Name: _____ Gender: _____

Cell Phone: _____ Email: _____

(this email must be accessible over the summer)

KAY Area: _____ 2024-25 KAY Position: _____

(President/Board Member/Club Member)

Date of Birth: _____ 2025-26 Grade Level: _____ Adult T-Shirt Size: _____

(Month/Day/Year)

(grade level for next yr)

(S / M / L / XL / XXL)

PARENT/GUARDIAN INFORMATION:

Name(s): _____

Address: _____ City _____ Zip: _____

Email: _____ Cell Phone: _____

RECREATION ENROLLMENT:

Campers will participate in organized recreational activities three (3) times at KLC. On the back is a list of the 15 available activities. You may only choose two activities that have a * by it. These activities are limited to how many delegates may participate in them each day.

1st Choice:

2nd Choice: *(only to be used if your prior choice is filled)*

Tuesday: _____

Wednesday: _____

Thursday: _____

CHORUS ENROLLMENT - An optional activity during the week is chorus. This group will sing special songs at the Thursday Evening and Friday Closing General Sessions. If you wish to sign up, please check the box. (limited to 100 campers)

STATEMENT OF UNDERSTANDING:

We have read the contents of the KAY Camp Brochure carefully. We understand the no-refund policy (no refunds after May 1) and the importance of campers remaining at camp for the entire session. We also understand that a Health/Participation Form and Rock Springs Participation/Dietary Needs Form must be completed online by July 14, 2025.

Camper Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

Please fill out this form and return it to your sponsor. **Registration for KLC will be online January 22 - May 1. Registration limited.** For questions, email kswatson@kshsaa.org.



KAY LEADERSHIP CAMP

RECREATIONAL ACTIVITIES

At KLC, organized recreational activities will take place 3 times during the week: Tuesday, Wednesday, and Thursday.

All recreation activities have qualified instructors. The safety and wellbeing of campers is a top priority!

***ARCHERY** - This activity involves a short walk to the target range where campers learn the fundamentals of archery and shoot at a standard archery target.

BASKETBALL - This activity involves “knock out”, “horse” and other shooting games.

***CANOEING** - Campers learn how to control and steer a canoe. 2-3 campers are in a canoe as they navigate Lake Bluestem (a small lake with no rapid water). Life jackets required/provided.

CORNHOLE TOSS – Participate in a competitive game of cornhole toss.

CRAFTS - Exciting activities are provided/instructed that allow for camper creativity

GA-GA BALL - Gaga is a variant of dodgeball that is played in a ga-ga "pit". The game combines dodging, striking, running, and jumping, with the objective of being the last person standing.

***HORSEBACK RIDING** - Campers can ride a horse (helmet provided, jeans and closed-toed shoes encouraged). After instruction, campers will take a short trail ride in a pasture.

KARAOKE - Campers can participate and perform various songs through karaoke!

***MOUNTAIN BIKING** - Campers are given the opportunity to ride trail bikes on a marked trail under the direction of the RS staff. Helmets are provided/required.

READING- Bring your favorite book and take some time to read in a quiet and cool space.

***RIFLE RANGE** - This activity involves a short walk to the target range. Campers will learn to shoot a rifle lying in a prone position on a mat.

***ROCKWALL CLIMBING** - This activity allows participants to climb up, down or across artificial rock walls. Campers will have a harness for safety purposes.

SWIMMING - The spring-feed pool at Rock Springs provides a refreshing break to a hot summer day and includes diving boards, a water slide, sun deck, etc.

VOLLEYBALL – Participate in sand volleyball.

YOGA - The main goal of Yoga is physical and mental health. Yoga uses breathing techniques, exercise and meditation. It helps to improve health and happiness.

9-SQUARE IN THE AIR - 9 Square in the Air is a fun and addicting group game that combines volleyball with 9-square on the ground. Each player must defend their square, and they only get one hit to get the ball out of their square and into another square.

REMINDER - you may only have 2 * activities for the week.

Visit <https://www.kshsaa.org/Public/KAY/LeadershipCamp.cfm> to fill out the **Health Form, Participation/Dietary Needs Form, Early Departure Card & more!**