

# KAY LEADERSHIP CAMP ENROLLMENT CARD

sponsored by the Kansas State High School Activities Association

**PLEASE PRINT (INK) OR TYPE—ALL INFORMATION IS REQUIRED.**

## **DELEGATE INFORMATION:**

Camper First Name: \_\_\_\_\_ Camper Last Name: \_\_\_\_\_

Gender:  Male  Female Grade in School (2023-2024): \_\_\_\_\_

KAY Position (2022-2023):  KAY President  Officer Board Member  KAY Member

KAY Area: \_\_\_\_\_ Camper Cell Phone: \_\_\_\_\_ Camper Email: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Adult T-Shirt Size:  S  M  L  XL  XXL

## **PARENT/GUARDIAN INFORMATION:**

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

## **RECREATION ENROLLMENT:**

Campers will participate in organized recreational activities three times at KLC. On the back is a list of the 15 available activities. You may only choose two activities that have "\*" by it. These activities are also limited on how many delegates may participate in them each day.

1st Choice:

2nd Choice: *(only to be used if your prior choice is filled)*

Tuesday: \_\_\_\_\_

Wednesday: \_\_\_\_\_

Thursday: \_\_\_\_\_

## **CHORUS ENROLLMENT (OPTIONAL):**

An optional activity during the week is chorus. This group will sing special songs at the Thursday Evening and Friday Closing General Sessions. If you wish to sign up, please check the box:  *(limited to 100 campers)*.

## **STATEMENT OF UNDERSTANDING:**

*We have read the contents of the KAY Camp Brochure carefully. We understand the **no-refund policy** and the importance of campers remaining at camp the entire session. We also understand that a completed/signed Health/participation form must be presented upon check-in at camp (July 24, 2023).*

Camper Signature \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date: \_\_\_\_\_

**Please fill this form out completely and return to your sponsor.**

**Registration for KLC will be online February 17th - May 1st.**

**Registration is limited.**

Questions - Please email [smilbert@kshsaa.org](mailto:smilbert@kshsaa.org)

# KAY LEADERSHIP CAMP RECREATIONAL ACTIVITIES

*sponsored by the Kansas State High School Activities Association*

**At KAY Leadership Camp (KLC), 15 organized Recreational Activities take place three (3) times Tuesday, Wednesday & Thursday**

**All recreation activities have qualified instructors. The safety and well being of campers is a top priority.**

**\*ARCHERY:** This activity involves a short walk to the target range where campers learn the fundamentals of archery and shoot at a standard archery target.

**BASKETBALL:** This activity involves knockout, horse and other shooting games.

**\*CANOEING:** Campers learn how to control and steer a canoe. 2-3 campers are in a canoe as they navigate Lake Bluestem (a small lake with no rapid water). Life jackets required/provided.

**CRAFTS:** Exciting activities are provided/instructed that allow for camper creativity.

**DANCE:** Campers have the opportunity to participate and learn various line dances.

**GA-GA BALL:** Gaga is a variant of dodgeball that is played in a ga-ga pit. The game combines dodging, striking, running, and jumping, with the objective of being the last person standing.

**GAMES (BOARD/CARD):** This indoor activity allows campers to participate in numerous board and card games.

**\*HORSEBACK RIDING:** Campers have the opportunity to ride a horse (helmet provided, jeans and closed-toed shoes encouraged). After instruction, campers will take a short trail ride in a pasture.

**\*MOUNTAIN BIKING:** Campers are given the opportunity to ride trail bikes on a marked trail under the direction of the Rock Springs staff. Helmets are provided/required.

**\*RIFLE RANGE:** This activity involves a short walk to the target range. Campers will learn to shoot a rifle lying in a prone position on a mat.

**\*ROCKWALL CLIMBING:** This activity allows participants to climb up, down or across artificial rock walls. Campers will have a harness for safety purposes.

**SWIMMING:** The spring-fed pool at Rock Springs provides a refreshing break to a hot summer day and includes diving boards, a water slide and sun deck.

**WHIFFLE BALL:** This activity is a variation of baseball and is played with a plastic bat and perforated plastic ball.

**YOGA:** The main goal of Yoga is physical and mental health. Yoga uses breathing techniques, exercise and meditation. It helps to improve health and happiness.

**9-SQUARE IN THE AIR:** 9 Square in the Air is a fun and addicting group game that combines volleyball with 9 square on the ground. Each player must defend their square, and they only get one hit to get the ball out of their square and into another square.

**Reminder: You may only have two (2) "\*" activities for the week.**

**Go to [www.kshsaa.org/kay/klc](http://www.kshsaa.org/kay/klc) to get: health form, early departure card & more.**