

# KAY

**(Kansas Association for Youth)**

sponsored by the

**Kansas State High School Activities Association**



**Information for schools interested in starting a KAY program**

# KAY

## (Kansas Association for Youth)

*Sponsored by the Kansas State High School Activities Association*



On behalf of the KSHSAA and the KAY Clubs in Kansas we are excited that your school is interested in offering the KAY Program for the students in your school.

The information in this sample packet will provide a brief look at the KAY program:

- History of KAY and some Q & A's
- Declaration of Privileges
- Constitution
- Information on 3 Leadership Activities provided by the KSHSAA (2016-2017)
- Information on the Point System

Each KAY club receives 2 KAY Handbooks. Also available online, the Handbook is a valuable resource for clubs. Information is not limited to the following: Leadership Technique; Organization and scheduling materials; Sample Agendas; Resources for service projects (School, Community, Nation, World); Ideas and themes for Programs, Projects and Parties; News Release Forms; KAY Forms; and much more.

### TO ORGANIZE A KAY CLUB

1. Request a sample packet of KAY materials from the KSHSAA. KAY clubs are given 2 Handbooks of materials to assist them - one for the president and one for the sponsor(s).
2. KAY website provides a lot of information about KAY & it's activities <http://www.kshsaa.org/Public/KAY/Main.cfm>
3. Schedule a meeting for all the students and invite the KAY State Director to visit your school and explain the club program and answer questions.
4. Following the meeting, call a short session for all who are interested in organizing such a club. A nominating committee is identified. This committee shall be comprised of 2 representatives from each class and one representative at-large from the entire group. Ask all in attendance to sign the membership list.
5. The third meeting is for the purpose of electing officers. It is suggested that the ballots be prepared for the election.
6. The officers shall meet with the sponsors to select the board members. NOTE: A list of officers and board member positions is located in the KAY Handbook, Section 1 (Constitution).
7. The next meeting should follow the steps identified in GET THE YEAR IN GEAR (located in the KAY HANDBOOK) –Section 2
8. The programs and service projects a club will participate in are at the direction of the sponsor, officers and board members with input from the membership.

Please direct your questions to  
**CHERYL GLEASON**  
Assistant Executive Director & KAY State Director  
[cgleason@kshsaa.org](mailto:cgleason@kshsaa.org)  
W: 785-273-5329; C/T: 785-231-8895

# THE KAY ORGANIZATION

## What Is The Kansas Association For Youth?

The Kansas Association for Youth is a character-building, leadership-training, service organization directed by the Kansas State High School Activities Association. The local organization is under the direction of the high school principal, who, in turn appoints a sponsor(s) to lead and to guide the club program.

KAY is a nationally acclaimed organization which provides students an opportunity to learn to assume their citizenship responsibilities and to enrich their personalities through well-organized programs, projects and parties.

Programs educate, inspire and direct members into carefully planned service projects. These projects emphasize four areas of service—school, community, nation and world. Recreation can also be incorporated into service projects. Club parties are a means to celebrate accomplishments, as well as afford opportunities for recruitment and enjoyment. School administrators use many phases of the club program for group-guidance activities.

## How Did KAY Get Its Start?

The high school principals of Kansas for years realized the importance of a unified activities program. It is for that reason they formed the Kansas State High School Activities Association.

On October 13, 1945, after years of discussion, the Legislative Council passed a resolution to organize a character-building, leadership-training club program to be a part of the Association. On December 15, 1945, a committee appointed by the Board of Control, drew up twelve requirements for the club program. These requirements were approved by the Board of Control and E.A. Thomas, Commissioner of the KSHSAA. On June 7, 1946, Wanda May Vinson was employed by the Board of Control to direct the program of the Kansas Association for Youth, Kays and Kayettes. The Board of Control on February 22, 1947, employed Carl Kopelk to direct the Kays (boys).

In January, 1957, when E.A. Thomas retired, Carl Kopelk became the Executive Secretary of the KSHSAA and Brice B. Durbin was employed as his assistant. Durbin served as the director of the boys' program until Kopelk's death in October, 1962. Durbin then became the Executive Secretary, and in June, 1963, Nelson Hartman joined the staff as his assistant and to serve as director of the Kays. The continued growth of both the Kansas State High School Activities Association and the Kansas Association for Youth made it necessary in June, 1967, to add to the administrative staff. Keith Akins was hired to direct the Kays. Claire Casselman joined the staff in September, 1982, to serve as the Kansas Association for Youth (Kayettes) director, with the retirement of Wanda May Vinson.

The entire KAY program was brought under Claire Casselman's direction in 1988, with the retirement of Keith Akins. That same year, Kayette Leadership Camp became KAY Leadership Camp, making it a co-ed, leadership-training experience for the first time in its history. Claire Casselman resigned her position in 1989 and Cheryl Gleason joined the staff in November, 1989, to serve as director of the KAY program. The Kansas Association for Youth continues to grow and develop by seeking to fill the needs of current and future generations.

## Is There KAY For Middle School Students?

The Kansas Association for Youth is designed for both middle school and senior high boys and girls. Citizenship is learned at all ages. It is recommended, when there are clubs in both the senior high and middle schools within a school district, the sponsors from all clubs meet for planning sessions. Some of the programs, projects and parties suggested in this publication are more conducive to senior high, and discretion is advised in choosing suitable activities for your club which will be successfully carried through. For example, sponsors are urged to help middle school students select projects which do not require solicitation of money or night meetings. Projects which take little or no schooltime, outside of the scheduled club period, usually are much easier for middle school students.

## What Is KAY Based Upon?

Hundreds of educators and students have helped to write the Constitution, Bylaws and Point System for the Kansas Association for Youth. The Constitution and Bylaws may be found in this publication. The six objectives of KAY are character, health, service, appreciation, recreation and leadership. The six sides of the Insignia represent these objectives. Found in this section is the KAY Pledge, Motto and Slogan. Blue and Gold are the colors chosen for this organization by a majority student vote.

## How Is Achievement Recognized?

The Kansas Association for Youth stresses group involvement, and a "Point System" has been devised to award any worthwhile project. It is hoped that participation by a large percentage of members will develop an appreciation for their responsibilities as citizens in a democracy. Awards are given to clubs that have earned 1000 points during the year and have filed a summary of the year's projects, programs and parties with the principal. Clubs may elect to participate in the Point System; however, it is not

a requirement for membership.

## What Is The Key To A Successful Club?

All clubs are urged to PLAN their activities at least a semester in advance. (See the leadership and organization section of this handbook—**GET THE YEAR IN GEAR.**) Service, Recreation and Financial PROJECTS are discussed in this publication. Club parties, themes, ideas and project building blocks are suggested in this publication as well.

## Where Can I Learn About Leadership?

One of the most notable objectives of the Kansas Association for Youth is leadership training. An entire week of leadership training, group dynamics, brainstorming, and recreation kicks-off each school year at **KAY Leadership Camp!** Held in late summer, KLC offers Kansas students the unique opportunity to experience citizenship in action. This week also enables clubs to mold their plans for the coming school year. Six **Regional Conferences** are held the first two weeks of November, emphasizing personal inspiration and leadership development. Twelve **Unit Conferences** are held throughout the winter months for 25 members per club. They emphasize leadership on the local level.

## How Am I Represented In The Organization?

At each of six Regional Conferences, the sponsors elect one of their members to serve on a state advisory committee. This committee, meets each November with the KSHSAA staff, plans and makes recommendations for the improvement of the KAY program.

Students attending each of six Regional Conferences elect a president. These young people serve as an advisory committee to the KSHSAA and meet each January with KSHSAA staff. Students who attend KAY Leadership Camp as well as the Regional Conferences are asked to evaluate the "program." All evaluations are studied carefully by the KSHSAA.

## When And How May A School Organize A KAY Club?

1. The school is a member of the Kansas State High School Activities Association.
2. The administrator approves of the KAY club program.
3. The students in that school indicate an interest in the club program.
4. The administrator appoints a faculty member or members to plan a meeting for the purpose of explaining the projects, programs and parties.
5. Each new club shall receive a charter during the recognition program at the Regional Conference.

## To organize a new club

1. Request a sample packet of KAY materials from the KSHSAA. KAY Club are given 2 Handbooks of materials to assist them – one for the president and one for the sponsor(s).
2. KAY website provides a lot of information about KAY & it's activities <http://www.kshsaa.org/Public/KAY/Main.cfm>
3. Schedule a meeting for all the students and invite the KAY State Director to visit your school and explain the club program and answer questions.
4. Following the meeting, call a short session for all who are interested in organizing such a club. A nominating committee is identified. This committee shall be comprised of 2 representatives from each class and one representative at-large from the entire group. Ask all in attendance to sign the membership list.
5. The third meeting is for your purpose of electing officers. It is suggested that the ballots be prepared for the election.
6. The officers shall meet with the sponsors to select the board members. NOTE: A list of officers and board member positions is located in Section 1(Constitution).
7. The next meeting should follow the steps identified in GET THE YEAR IN GEAR (located in the KAY HANDBOOK) – Section 2.
8. The programs and service projects a club will participate in are at the direction of the sponsor, officers and board members with input from the membership.

# DECLARATION OF PRIVILEGES

## Privileges

As youth in the years of decision, I believe these rights and privileges are mine:

- To love and be loved
- To think creatively
- To seek the truth
- To appreciate and respect all races
- To enjoy fun and laughter
- To share with my family and friends
- To strive to be a good citizen
- To live a healthy life-style
- To give myself to a cause
- To take the long look



## Pledge

I will, as a member of the **Kansas Association for Youth**, endeavor to maintain the high ideals of my organization, to make my personality a positive influence in the life of my school and my community, and to pass on an association which will be a challenge and inspiration to future members.

## Motto

Today For Tomorrow

## Slogan

Laugh, Love, Lift

## Objectives

We, the youth of Kansas, interested in becoming adult citizens worthy of the democratic traditions of our country, will endeavor to fulfill the six objectives of the Kansas Association for Youth.

1. Character  
(Laugh, Love, Lift)
2. Health  
(Physical & Mental)
3. Service  
(School, Community, Nation, World)
4. Appreciation  
(Friends, All Races, Self)
5. Recreation  
(Relaxation, Rest, Re-creation)
6. Leadership (Citizenship  
& Caring)

## Colors

Colors used in KAY and what they represent are as follows:

Red	=	Character
White	=	Health
Blue	=	Service
Yellow	=	Appreciation
Green	=	Recreation
Purple	=	Leadership
Gold	=	Responsibility
Pink	=	Friendship
Orange	=	Enthusiasm

# CONSTITUTION



## Article 1 Name

This association shall be known as the **KANSAS ASSOCIATION FOR YOUTH.**

## Article 2 Membership

Active membership in this association shall be open to all students attending school which are members of the Kansas State High School Activities Association.

## Article 3 Officers

*Section 1.* The officers of the local association shall consist of president, vice president, secretary, and treasurer.

*Section 2.* The officers shall hold office for a term of one year.

*Section 3.* The president and vice president shall be upper-class members. The two other officers shall be chosen at large from any of the classes.

*Section 4.* The board of directors shall consist of the officers of the association, and the directors of regular programs, school service, community service, national service, world service, publicity, recreation, the point system, and technology.

*Section 5.* The local association may add or combine positions on the board of directors, and it may add assistants for each of the directors. See Constitution, Article 8, Section 4 for additional board member possibilities.

## Article 4 Meetings

*Section 1.* The regular meetings of the local association shall be scheduled by the board of directors, sponsors, and the principal of the school.

*Section 2.* Monthly and special meetings of the local board of directors shall be called by the president with the approval of the sponsor.

## Article 5 Sponsors

*Section 1.* The local association shall be sponsored by as many teachers as the principal and head sponsor deem advisable.

*Section 2.* The principal may designate one of the sponsors as head sponsor.

*Section 3.* The sponsors shall reserve the right to veto any motion passed by the officers and the board of directors.

## Article 6 Amendments

This constitution may be amended by a majority vote at any official meeting of the Board of Directors of the Kansas State High School Activities Association.

## Article 7 Membership

*Section 1.* New members shall be admitted to the local association only at the times designated by the local group. (A definite time should be set by each group.)

*Section 2.* The yearly state dues for the association shall be two dollars (\$2.00) a year for each member. The fees shall be paid to the Kansas State High School Activities Association not later than October 15.

## Article 8 Duties of Officers

*Section 1.* The officers shall, at the time of election, be students in good standing as interpreted by the rules and regulations of the Kansas State High School Activities Association, and shall conform to all local requirements for student officers.

*Section 2.* The government and direction of the local association and control of its property shall be vested in the officers and sponsors.

*Section 3.* The primary officers and board members shall have the following powers and duties:

- a. **President: It shall be the duty of the president to preside over all meetings of the local association; appoint all committees, not elected by the association, in an open meeting; act**

as an ex officio member of all committees; schedule an appointment every two weeks with the head sponsor to discuss plans for the meetings of both the local association and board of directors and all other plans for the association; and to get in touch with each member of the board of directors to discuss the work of their respective committees at least every two weeks.

- b. **Vice President:** It shall be the duty of the vice president to perform all duties of the president in his or her absence; and to act as chairperson of the membership committee.
- c. **Secretary:** It shall be the duty of the secretary to keep a record of the proceedings of the regular meetings of the local association; the meetings of the board of directors and of all committees; conduct all correspondence of the association, which shall include letters of appreciation to all individuals who aid in carrying on its work or programs; make semester reports to the state office.
- d. **Treasurer:** It shall be the duty of the treasurer to keep a record of all receipts and expenditures; write all checks or vouchers according to the rules and regulations of the local schools; and once a month, check accounts with the school treasurer.
- e. **Director of Regular Programs:** It shall be the duty of the director of regular programs to meet every two weeks with the head sponsor, director of special programs, director of music, and the president to give a written report on the programs for the next two meetings; and to use his or her own initiative and that of his or her committee to form a varied, interesting, and worthwhile program for the association.
- f. **Director of School Service:** It shall be the duty of the director of school service to take charge of all school projects of the association, and at all times to be aware of the needs of the school and of ways in which the association can meet those needs.
- g. **Director of Community Service:** It shall be the duty of the director of community service to take charge of all community service projects, make detailed plans with the sponsor and president for all committees, publicity and project procedure; and to clear dates for projects with the school administrators.
- h. **Director of National Service:** It shall be the duty of the director of national service to take charge of all national service projects, make detailed plans with the sponsor and president for all committees, publicity and project procedure; and to clear dates for projects with school administrators.
- i. **Director of World Service:** It shall be the duty of the director of world service to take charge of all world service projects, make detailed plans with the sponsor and president for all committees, and to clear dates for projects with the school administrators.
- j. **Director of Recreation:** It shall be the duty of the director of recreation to plan two after-school parties for each semester; to take charge each semester of one party during the regular meeting; and to sponsor one social event each year for parents and faculty members.
- k. **Director of the Point System:** It shall be the duty of the director of the point system to keep a complete record of the points earned by the local association for the state awards; to report points earned to the state office; to give the president, director of regular programs, director of special programs, head sponsor and principal a copy of the yearly report.
- l. **Director of Publicity:** It shall be the duty of the director of publicity to inform members of the local association of future meetings and activities by attractive posters; to assist the recreation committee with party decorations; and to report news for the school paper and local newspaper.
- m. **Director of Technology:** It shall be the duty of the director of technology to design /keep up to date a KAY website on the school website; to assist with taking pictures of KAY activities and file/ organize on computer; prepare power point presentations for new members (what is KAY), end of the year celebration (a look back at the year), etc.

*Section 4. Additional board members may include:*

- a. **Director of Special Programs:** It shall be the duty of the director of special programs to meet monthly with the head sponsor, director of regular programs, director of music, and the president to give a written report on the next special meeting of the association which shall be three weeks after the committee meeting; and assume responsibility for rehearsals and provide appropriate atmosphere.
- b. **Director of Music:** It shall be the duty of the director of music to attend all meetings of the regular and special program committees; plan with both program directors effective music and songs for



each meeting, and after each committee meeting notify and practice the music with the director of piano; keep a complete record of all music belonging to the association; take charge of the music at every regular meeting and at board of directors' meetings.

- c. **Director of Piano:** It shall be the duty of the director of piano to meet with the director of music at least one week before each program to plan and practice the music; keep a complete record of all association music; and to be responsible for music, which shall be appropriate for each program.
- d. **Director of Parliamentary Law:** It shall be the duty of the director of parliamentary law to prepare a paper for each member of the board of directors which shall include the procedure for a business meeting, the form for a main motion, amendment, point of order, appeal from the decision of the chair, call for a division, and adjournment. Members of the local association may add other motions if they deem it advisable. The director shall know the correct procedure for each motion given.
- e. **Director of Finance:** It shall be the duty of the director of finance to call a meeting at the beginning of the school year of the treasurer, president, vice president, director of recreation, and a sponsor to plan the budget for the year; to take charge of all projects of the local association to make money; and to give a complete report of the costs and receipts of every project to the treasurer.

## Article 9 Elections

*Section 1. Regulations governing elections for the high school and middle school shall be as follows:*

- a. **Four-Year High School:** The nominating committee shall consist of one senior, two juniors, one sophomore and one freshman appointed by the president from the association as a whole, and two other members who shall be elected from the board of directors, neither of whom may be the president.
- b. **Middle School:** The nominating committee shall consist of three eighth graders and two seventh graders, appointed from the association as a whole by the president, and two other members who shall be elected from the board of directors, neither of whom may be the president.

*Section 2. The president shall act as chairman of the nominating committee.*

*Section 3. The committee shall nominate two members for each of the four offices: president, vice president, secretary and treasurer.*

*Section 4. Members of the association shall elect their officers by a majority vote.*

*Section 5. Elections shall be held prior to the first of May.*

## Article 10 Appointments

*Section 1. All directors who are not elected by the association are appointed by the retiring president, retiring vice president, and the four newly elected officers.*

*Section 2. The appointments shall be approved by the sponsors.*

## Article 11 Parliamentary Authority

*Section 1. All business meetings of the association and the board of directors shall be governed by the parliamentary law as set forth in Robert's Rules of Order.*

## Article 12 Quorum

*Section 1. One half of the members of the local association shall constitute a quorum at any regular or special meeting.*

## Article 13 Amendments

*Section 1. These bylaws may be amended by a majority vote at any official meeting of the Board of Directors of the Kansas State High School Activities Association.*



# LEADERSHIP TRAINING THROUGH



# KAY



## KAY LEADERSHIP CAMP

KAY Leadership Camp provides students the opportunity to develop leadership potential, to enrich personalities, to create an awareness of citizenship responsibilities and to develop a desire to become involved in those programs and projects which help to build a better world in which to live.

**Background**—In the early years of KAY, two summer camps were held, one for boys and one for girls. The boys' camp was eventually discontinued leaving only Kayette Leadership Camp. Because of the increasing number of co-ed KAY Clubs, the KSHSAA again offered summer leadership training for **all** members of the Kansas Association for Youth with the 1988 co-ed session of KLC.

KAY camps have been rated by several national groups as one of the finest leadership-training programs in the nation. KLC is held at Rock Springs 4-H Center (south of Junction City). *Camp Brochures*, containing facts and instructions are provided in the winter/spring to each club and its delegates.

**IMPORTANT CAMP MATERIALS ARE GIVEN TO ALL KAY CLUBS IN JANUARY/FEBRUARY AT THE UNIT CONFERENCES.**

Sponsors are invited to attend any portion or the whole week of camp! Arrangements should be made in advance for over- night accommodations and meals. Sponsors picking up campers on the last day of camp (Friday) are strongly encouraged to attend the Closing General Session (approximately 9:45 AM).

## REGIONAL CONFERENCES

Regional Conferences, held in the fall, afford opportunities for student leaders and sponsors from neighboring clubs to share successes and challenges, and to exchange ideas. Highlights of each conference include a speech by an exciting, motivational and respected individual, Club Goal Recognition, Area Project Reports and a Message from the outgoing Area President. Clubs are encouraged to send their sponsor, president, and other officers/board members. These conferences inspire delegates to return to their clubs to challenge their members. Dates and information may be found in Section 3 of the *KAY Handbook*.

## UNIT CONFERENCES

Unit Conferences, held during the winter months, are designed to focus on club leadership on the local level. The half-day conference gives students the opportunity to share projects and program ideas, to develop leadership skills and to participate in time management activities. Clubs are encouraged to bring 25 members to this half day conference. Wearing KAY Club t-shirts is encouraged! Dates and detailed information are located in Section 3 of the *KAY Handbook*.



# **KAY LEADERSHIP CAMP**

**ROCK SPRINGS 4-H CENTER • JUNCTION CITY, KANSAS**

**July 29 – August 2, 2019**

Exciting plans are underway for KLC (KAY Leadership Camp), designed for students to have the opportunity to learn leadership techniques, methods of group guidance and ideas for programs, projects and parties. As you meet KAY members from across Kansas, you will have the opportunity to share ideas and have a great deal of fun!

KAY Leadership Camp is held at the Rock Springs 4-H Center south of Junction City. The five days of camp will bring together many caring people with skills, experience and insight to share with others. The spirit, confidence and enthusiasm generated at KLC is truly amazing!

KAY Leadership Camp 2018 begins on Monday, July 29 with registration from noon to 1:30 p.m. and will conclude at 11:00 a.m. on Friday, August 2. A wide variety of activities take place during the week—team and mascot meetings, leadership labs, creative projects and special interest options. Each day will offer several recreational activities—aerobics, archery, basketball, canoeing, crafts, dance, games, horseback riding, mountain biking, rock wall climbing, swimming, volleyball, and whiffleball. To avoid accidents, strict safety precautions are used. Capable instructors are provided for all recreational classes. An optional all-camp swim is available each day as is free time.

The finale of each day is an evening program presented by dynamic speakers and participation by campers. The last night of camp includes a banquet, special general session and traditional campfire.

The camp staff is made up of thirty plus outstanding individuals, carefully selected on the basis of character, ability to work with young people, for their commitment to reach the highest goals and ideals, and for their enthusiasm, motivation and confidence they instill in young people. They have all been former, outstanding leaders in their local KAY organizations and communities.

KAY Leadership Camp brochures, along with posters promoting camp are given to all KAY clubs in January/February at Unit Conference.

It is highly recommended that your KAY club have student representatives attend KLC. The leadership training, new ideas and confidence these campers receive will benefit your club and the new KAY school year, tremendously. Their motivation and enthusiasm will be quite contagious.

2018

# KAY REGIONAL CONFERENCES

“BUILDING DREAMS”

## CONFERENCE SCHEDULE



- 8:15-8:30 **Arrival/Check-In**
- 8:15-8:40 **Refreshments for Students**
- 8:15-8:40 **Refreshments for Sponsors** (sponsors room)
- 8:20-8:30 **Meeting for all Area President Candidates** (designated room)
- 8:30-8:40 **Meeting for all Sponsors & Students assigned to lead a Leadership Lab Session**
- 8:45-8:55 **“WE DIG IT”** (student activity)
- 8:45-8:55 **Meeting for all Sponsors** (sponsors room)
- 9:00-10:05 **Opening General Session** (*featured speaker, award recognition*)
- 10:15-10:35 **Leadership Labs** (*delegates divided by name tag color*)
- A. Presidents Lab - Orange
  - B. Leadership Lab - Red
  - C. Leadership Lab - White
  - D. Leadership Lab - Blue
  - E. Leadership Lab - Yellow
  - F. Leadership Lab - Green
  - G. Leadership Lab - Purple
- 10:45-11:15 **“BLUE PRINT CHECK”** (Club Time)
- 11:20-11:40 **New Sponsors meet with mentors** (sponsors room)
- 11:20-11:40 **“Laugh, Love & Lift” Session A** (*motivational, self-help skills; service agencies*)
- 11:45-12:05 **“Laugh, Love & Lift” Session B** (*motivational, self-help skills; service agencies*)
- 11:45-12:50 **Sponsors Meeting/Lite Lunch**(sponsors room)
- 12:10-12:35 **Student "Lunch Break"**
- 12:40-12:55 **"RAISE THE ROOF"** (student activity)
- 1:00-1:40 **Area President Election; Conference Evaluation; Area Project Report**
- 1:40-2:00 **Closing General Session** (*area president speech; celebration, recognition time*)
- 2:00 **Conference Adjourned**



All KAY clubs across the state are divided into six areas/regions.

(See Section 3-5)

For a complete listing of KAY clubs by area: [www.kshsaa.org](http://www.kshsaa.org)>Non-Athletic>KAY>Regional Conference

# Delegate Invitation

Delegates are apportioned to each club according to the 2017-2018 membership. New clubs will be notified of the number of delegates they are entitled. Please use the following chart to figure the number of delegates your club is entitled:

<b>Membership</b>	1-30	31-50	51-75	76-100	101-150	151-200	201+
<b>No. Delegates</b>	7	8	9	10	11	13	15

The September 15 club mailing will help schools to identify their allotted number of conference delegates. NOTE: If a club would like to bring 1-2 additional officers/board members, they must get permission from their host club sponsor before registering.

## Registration Form/Fees

**Form** – Regional Conference Registration Form (KAY-2/KAY-2J) is accessible via your school activities director. Please provide all information requested on the form.

**Fees** – **STUDENT DELEGATES & SPONSORS—\$10 each** (includes refreshments, “lite” lunch, speaker and materials)

Please send form and fees to your host school by due date listed below. **MAKE CHECK PAYABLE TO YOUR HOST SCHOOL.**

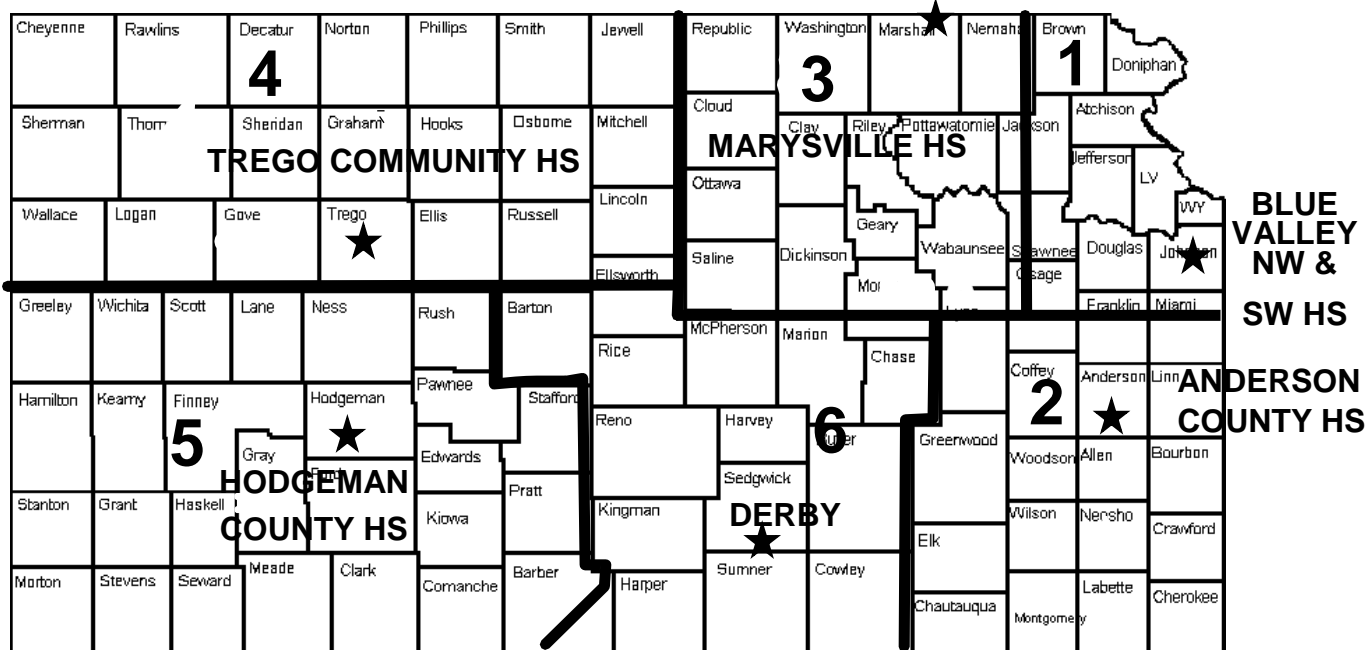
Forms may be mailed, emailed or faxed. Conference fees may follow, but are expected to be paid before attendance at the conference. Sponsors are asked to plan ahead, especially if your school district only writes checks once a month.

★ **PLEASE BE SURE TO NOTIFY YOUR HOST IF YOU ARE NOT ATTENDING.**

### 2018 CONFERENCES

AREA	HOST SCHOOL(S)	DATE	REGISTRATION/FEE DUE
1	Blue Valley NW & SW HS (OP)	November 12	October 29
2	Anderson County HS (Garnett)	November 2	October 19
3	Marysville HS	October 30	October 16
4	Trego Community HS (WaKeeney)	October 29	October 15
5	Hodgeman County HS (Jetmore)	November 8	October 25
6	Derby HS, MS & North MS	November 9	October 26

**YOUR CONFERENCE CENTER IS INDICATED ON THE MAP BELOW**



# KAY REGIONAL CONFERENCE INFO

## Conference Attire

- KAY Regional Conferences are always attended by the finest young leaders. The way students dress indicates pride in their school and club.
- Student leaders /sponsors will be asked to dress appropriately for the conference (slacks, dresses, etc.).
- Sponsors - this is a state conference and these student leaders are role models. PLEASE visit with your delegates about appropriate attire.

**CLUB T-SHIRTS, SWEATSHIRTS AND JEANS SHOULD BE RESERVED FOR SCHOOL, PARTICIPATION IN SERVICE PROJECTS & UNIT CONFERENCES.**

## Behavior/Respect

- Please be on time and show respect to student and adult speakers by giving attention. Your behavior reflects upon you, your club and your school.
- Encourage members to introduce themselves to other KAY members from other schools.

## Pre-Conference Preparation

- Have a brief meeting prior to the conference with all delegates. Explain what a regional conference is and show them the program schedule.
- Encourage your delegates to use the day wisely.

## Delegate Assignments

- Assign delegates to a different discussion group. This will allow clubs to take home many fine ideas.
- Prepare to participate. Review all of your projects, programs and parties. A successful conference is made by enthusiastic and responsive delegates. Remember—something old for you may be new for others!

## Leadership Labs

- The Leadership Lab is a valuable opportunity for leadership training and idea exchange.
- Sponsors are encouraged to review material with their conference delegates.

## Conference Collection - Vinson Scholarship & Camp Fund

- All clubs are encouraged to make a donation to the conference collection.
- Make checks payable to: VINSON SCHOLARSHIP FUND
- See page \_\_\_\_ of this section for giving amount ideas.

## Area Project/Club Poster

- Area project is product of Area President/Camper meeting at KLC.
- Clubs are asked to complete project prior to RC attendance.
- Clubs are asked to bring a poster about their project to share at the RC.
- Info on area projects located on KAY website and in September 15 mailing.

## Selection of Area Presidents

- Each area will elect a new Area President at the RC.
- See qualifications, responsibilities, duties on page 3-7
- Nomination information will be mailed to all KAY clubs September 15.

## CONFERENCE PREPARATION

### Our Conference Delegates

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

- Fees and Registration Card Mailed to host \_\_\_\_\_
- Request for transportation made \_\_\_\_\_
- Departure time \_\_\_\_\_
- Pre-conference meeting held for all delegates
- Special preparations completed (if presenting)
- Club Posters for "Area Project" report
- Donation for conference collection
- List of delegates turned into school office (for absences)

# 2018

## KAY REGIONAL/AREA PRESIDENTS

AREA 1



PRESIDENT

Emma Green  
OP-Blue  
Valley  
Southwest HS

AREA 2



PRESIDENT

William Miller  
Garnett  
County HS

AREA 3



PRESIDENT

Rose  
Blaske  
Valley  
Heights HS

AREA 4



PRESIDENT

Libby Frost  
Trego  
Community  
HS

AREA 5



PRESIDENT

Mallory Ediger  
Cimarron HS

AREA 6



PRESIDENT

Lauren Fuhrman  
Maize HS

## REGULATIONS FOR ELECTING AREA PRESIDENTS

### QUALIFICATIONS OF THE CANDIDATE

1. **SHALL BE** a student in high school, junior high or middle school during the 2018-2019 school year and shall have served or be serving as an officer or board member of his or her local club.
2. **SHALL BE** an active member of the Kansas Association for Youth. "Active Member" shall be interpreted to mean the nominee has assumed responsibility for projects or programs and has carried through with the ideas.
3. **SHALL BE** a respected and dependable person and a positive role model
4. **SHALL HAVE** the approval of his or her principal, sponsor and board members to run for this office.

### CANDIDATE RESPONSIBILITIES

1. **NOTIFY KSHSAA** - Send nominee's name to KSHSAA not later than TEN DAYS prior to the conference.
2. **NOTIFY AREA CLUBS** within the assigned area of his or her candidacy and qualifications. (OPTIONAL)
3. **NOMINATION @ CONFERENCE** - Arrange for a nominator to give a one and-a-half minute speech outlining the candidates qualifications. (TIME ENFORCED)
4. **SPEECH** -The candidate will give a 2 minute speech defining why they want to be an area president. Upon notification of their candidacy, the KSHSAA will send speech guidelines.
5. **RESPOND TO QUESTION** - Each candidate will respond to a question posed by the current area president. A list of those questions will be sent from the KSHSAA upon notification of candidacy.

### AREA PRESIDENT DUTIES

1. **SHALL ATTEND** KAY Leadership Camp and conduct 1-2 sessions for area clubs.
2. **SHALL ATTEND** a training meeting of all Area Presidents following the conclusion of all six Regional Conferences.
3. **SHALL WRITE** three bulletins containing ideas and news to each local president within his or her area. **(KSHSAA will mail)**.
4. **SHALL ANSWER** correspondence from local clubs and the KSHSAA office.
5. **SHALL ACTIVELY PROMOTE** attendance for KAY Leadership Camp and Conferences within their area and own club.
6. **SHALL GIVE** a ten minute speech during the KAY Regional Conference and preside at all general sessions of that conference.

# 2018

## KAY REGIONAL/AREA SPONSORS



AREA 1

**SPONSOR**

Mary Burgett  
Carbondale-Santa  
Fe Trail HS



AREA 2

**SPONSOR**

Julie Dunham  
Independence  
HS



AREA 3

**SPONSOR**

Sharon Meyer  
Seneca-Nemaha  
Central HS



AREA 4

**SPONSOR**

Kelsey Pinkerton  
Phillipsburg HS



AREA 5

**SPONSOR**

Eva Earnst  
Southwestern  
Heights HS



AREA 6

**SPONSOR**

Ginger Baerg  
Mulvane HS

### SERVING AS A KAY AREA SPONSORS

Each fall at KAY Regional Conferences across the state, 3 KAY Area Sponsors are selected by their peers to serve a 2 year term. This year (2018) Areas 2, 4, 6 will select a new area sponsor. Next fall (2019) Areas 1, 3, and 5 will make their selections.

#### WHY SERVE AS A KAY AREA SPONSOR

- **GREAT** way to get motivated for the year
- **EDUCATION/GAIN** a better understanding of the KAY program
- **DEVELOP** friendships with sponsors from other areas of the state
- **GENERATE** exciting ideas and techniques from networking together
- **REWARDING** opportunity to represent KAY clubs in your geographical area
- **EXCITING** way to spend a day away from the classroom (@ KSHSAA expense)
- **OUTSTANDING** opportunity to give back to the KAY program and your area clubs



#### QUALIFICATIONS OF THE CANDIDATE

1. Shall have sponsored an organization for at least two years.
2. Shall have attended at least two KAY Regional Conferences.
3. Clubs must have earned at least two awards under his or her leadership.

#### RESPONSIBILITIES OF THE SPONSOR

1. May serve a term of two years. (November-November)
2. Shall attend a fall meeting in Topeka to work with KSHSAA staff on the program for the coming year.  
NOTE: ALL TRAVEL EXPENSES ARE PAID BY THE KSHSAA.
3. May request and compile ideas and challenges from sponsors within the region.
4. Shall conduct sponsor's sessions at KAY Regional Conferences.
5. May communicate with other area sponsors, sharing ideas, challenges and concerns.
6. Shall assist with the KAY Sponsors Session as a Small Groups Session moderator (sponsor session conducted in September of even-numbered years)



# 2019 KAY UNIT CONFERENCES

## “BUILDING DREAMS”

### CONFERENCE SCHEDULE

8:00 - 8:30	Registration; Refreshments for delegates and sponsors
8:35 - 8:55	<b>Presidents Meeting with State Director</b>
8:40 - 8:55	<b>Student Activity</b>
9:00 - 9:35	<b>Opening General Session</b>
9:40 - 9:55	<b>“TEAM BUILDING”</b>
9:40 - 10:45	<b>Sponsors Meeting</b>
10:00 - 10:20	<b>Laugh, Love &amp; Lift Session A</b> (speakers)
10:25 - 10:45	<b>Laugh, Love &amp; Lift Session B</b> (speakers)
10:50 - 11:10	<b>“BUILDING FOR TOMORROW”</b> (group service project)
11:15 - 11:30	<b>Closing General Session</b>



### PARTICIPATION POINTERS

**PRESIDENTS MEETING @ 8:35 AM** with the State Director. NOTE: Presidents will be seated on stage for the Opening General Session to share information specific to their club with the delegation. Information will be discussed at the 8:35 a.m. meeting.

**EXCITING HOST CLUB ACTIVITY @ 8:35.** Activity will be directed by the host club.

**"TEAM BUILDING"** - focus on brainstorming ideas for simple effective ways for KAY members to make a difference.

**"LAUGH, LOVE & LIFT"** - designed to be interesting, informative and provide ideas for club programs. The host club will identify speakers for these sessions.

**"BUILDING FOR TOMORROW"** – involvement of all delegates and sponsors working together on a service project at the direction of the host club.

### FEES/REGISTRATION

- **Registration Form KAY-3** (submit to host club sponsor)
- **Registration Deadline** (2 weeks in advance of conference date)
- **Fee \$3.00 per student & sponsor** (payable to host KAY club)
- **PLEASE NOTIFY HOST SCHOOL** if unable to attend

### STUDENT DELEGATES/ATTIRE

- **Student Delegates** - clubs limited to 25 students. Additional students permitted with permission of host.
- **Attire**-clubs are encouraged to wear KAY club/camp t-shirts.

### PRE-CONFERENCE PREPARATION

- **Club Sponsors/Presidents-** have a brief meeting, prior to the conference, with all delegates to explain what a unit conference is all about
- **Discuss the program schedule** above; address conference attire.
- **Using the day wisely** and representing your school well should be strongly encouraged.

### DAY OF SERVICE

- Consider using the afternoon on your return trip for a service project/activity (schedule visit/activity at sr. citizen home; assist at soup kitchen; projects at Ronald McDonald House; etc.)
- Make contact in advance to schedule activity.

# 2019 KAY UNIT CONFERENCES

## "BUILDING DREAMS"

**NOTE:** Kays = ALL MALE CLUB. All other clubs listed are Kayette (GIRLS) or KAY (co-ed clubs).

**Thursday, January 17, HALSTEAD HS – Claire Clifford & Emily Heizelman, Host Sponsors**

Burton, Derby, Derby MS, Derby North MS, Douglass, Halstead, Haven, Lindsborg-Smoky Valley, Maize, Maize MS, Maize South, Maize South MS, McPherson, Rose Hill, Wichita-Gordon Parks Academy, Wichita-Kapaun Mt. Carmel

**Friday, January 18, GODDARD HS – Susan Perkins, Host Sponsor**

Argonia, Arkansas City, Arkansas City MS, Clearwater, Clearwater MS, Cunningham, Garden Plain, Goddard, Goddard-Eisenhower, Haysville Campus, Mulvane, Norwich, Oxford, Pratt

**Thursday, January 24, OSAWATOMIE HS – Patty Trull, Host Sponsor**

Bonner Springs, Garnett-Anderson County, Kansas City-Turner, Lansing, Lansing Kays, Leavenworth, Lenexa-St. James Academy, Olathe-East, Olathe-North, Olathe-Northwest, Olathe-South, Olathe-West, Osawatomie, Overland Park-Blue Valley, Overland Park-Blue Valley North, Overland Park-Blue Valley Northwest, Overland Park-Blue Valley Southwest, Paola

**Monday, January 28, MORAN-MARMATON VALLEY HS – Kelci Botts, Host Sponsor**

Altamont-Labette County, Arma-Northeast, Caney Valley, Chanute, Chanute-Royster MS, Cherokee-Southeast, Erie, Girard, Independence, Independence MS, Independence-St. Andrews, Moran-Marmaton Valley, Oswego Jr./Sr., Yates Center, Yates Center MS

**Tuesday, January 29, COTTONWOOD FALLS-CHASE COUNTY HS – Sam Cahoon, Host Sponsor**

Burlingame, Cottonwood Falls-Chase County, Cottonwood Falls-Chase County JH, Council Grove, El Dorado, El Dorado MS, Emporia, Eskridge-Mission Valley, Fort Riley MS, Junction City, Junction City MS, Manhattan-Anthony MS, Manhattan-Eisenhower MS, Topeka-West, Wabaunsee, Wamego

**Wednesday, January 30, MONTEZUMA-SOUTH GRAY HS– Kristie Gillespie, Host Sponsor**

Bucklin, Cimarron, Cimarron JH, Holcomb, Holcomb MS, Ingalls, Johnson-Stanton County MS, Kismet-Southwestern Heights, Leoti-Wichita County, Meade, Montezuma-South Gray, Satanta, Sublette

**Wednesday, February 6, NORTON COMMUNITY JH & HS – Erin Manning, Jill Lively, Ashley Smith-Maybon, & Sunshine McEwen, Host Sponsors**

Almena-Northern Valley, Ellis, Ellis JH, Hill City, Kensington-Thunder Ridge, Logan, Norton Community, Norton Community JH, Phillipsburg, Quinter, Stockton, WaKeeney-Trego Community, WaKeeney-Trego Community JH, Winona-Triplains

**Thursday, February 7, HIGHLAND-DONIPHAN WEST JH/HS – Sarah Smith & Bailey Lanter, Host Sponsors**

Effingham-Atchison County, Centralia, Hiawatha, Highland-Doniphan West JH/HS, Holton, Holton MS, Horton, Hoyt-Royal Valley, Sabetha, Seneca-Nemaha Central, Wetmore

**Monday, February 11, BELLEVILLE-REPUBLIC COUNTY – Michelle Hubert & Joelle Feight, Host Sponsors**

Axtell, Belleville-Republic County, Blue Rapids-Valley Heights, Lincoln, Marysville, Onaga, Osborne, Scandia-Pike Valley, Sylvan Grove-Sylvan-Lucas Unified

**Wednesday, February 13, HOISINGTON MS & HS – Tammy Steinert, Susan Lowry, & Teri Doze, Host Sponsors**

Claffin-Central Plains, Ellinwood, Great Bend Kayettes, Great Bend Hays, Hoisington, Hoisington MS, Jetmore-Hodgeman County, Kinsley JH/HS, Macksville Kayettes, Macksville Kays, Ness City, Otis-Bison, Ransom-Western Plains, Rozel-Pawnee Heights, St. John-Hudson Kayettes, St. John-Hudson Kays,

**Friday, February 15, ATCHISON MS – Stephanie Affield, Host Sponsor**

Atchison MS, Leavenworth-Warren MS, Olathe-California Trail MS, Olathe-Chisholm Trail MS, Olathe-Frontier Trail MS, Olathe-Indian Trail MS, Olathe-Mission Trail MS, Olathe-Oregon Trail MS, Olathe-Pioneer Trail MS, Olathe-Prairie Trail MS, Olathe-Santa Fe Trail MS, Paola MS, Pomona-West Franklin MS

### IMPORTANT NOTE TO SPONSORS:

- PLEASE SEND FEES AND FORM TO YOUR HOST SCHOOL AT LEAST TWO WEEKS IN ADVANCE OF THE CONFERENCE.
- IF YOUR CLUB IS UNABLE TO ATTEND, PLEASE BE SURE TO NOTIFY YOUR HOST SITE.

# POINT SYSTEM

## *The Point to the Point System*

### 1. WHAT IS THE POINT SYSTEM?

- A. It is a measuring stick for group involvement in a well-balanced program of citizenship projects for the school, community, nation and world.
- B. It is a system of awards honoring those clubs which have involved a large percentage of their members in worthwhile service projects, personality enrichment programs and enjoyable recreational activities.

### 2. WHY USE THE POINT SYSTEM?

- A. It encourages members to volunteer and to become involved.
- B. It challenges club members to work together to achieve club goals.

### 3. WHERE DOES A CLUB START?

- A. Awards are named Red, Blue and Gold.
- B. Clubs become eligible for an award each year by earning 1000 points, plus the specific requirements for the award they intend to earn.
- C. At the beginning of the school year, the club decides which award they intend to earn during the current year. (NOTE: School year begins with KAY Leadership Camp and ends in May/June.)
- D. The club declares their award goal by signing the **Goal Sheet** which is provided in this publication. **The GOAL SHEET, along with the MEMBERSHIP LIST and dues must reach the KSHSAA by OCTOBER 15.**

### 4. WHAT IF... ?

- A. — the club fails to meet its award goal, but still earns 1000 points? The club will receive a Service Award (a green dated bar for club plaque).
- B. — during the course of the year, the club, because of unforeseen or unusual circumstances, wishes to renegotiate its Goal Sheet? It may do so with the approval of the State Director. The club may change from RED to BLUE, or BLUE to GOLD, or a club may need to change from GOLD to BLUE, or BLUE to RED. **CHANGES MAY NOT BE MADE AFTER MARCH 1.**

### 5. CAMP ATTENDANCE

Camp attendance starts a new KAY school year, therefore attendance may not be applied as a goal requirement for the previous year.

## AWARDS

### 1. RED

#### Requirements

- A. **1ST SEMESTER PROGRAM:** A club shall complete a first-semester KAY membership program (See Section 7-8)
- B. **1000 POINTS:** A club shall earn 1000 points during the school year.
- C. **CAMP/CONFERENCE ATTENDANCE:** Attendance at Regional Conferences, Unit Conferences, and KAY Leadership Camp is **strongly recommended**.
- D. **SERVICE PROJECTS:** A club shall complete at least two service projects during the year.
- E. **The principal or superintendent shall receive a summary of the year's activities.**

### 2. BLUE

#### Requirements

- A. **1ST SEMESTER PROGRAM:** A club shall complete a first-semester KAY membership program (See Section 7-8)
- B. **1000 POINTS:** A club shall earn 1000 points during the school year.
- C. **CAMP ATTENDANCE:** A club shall have sent one or more delegates to KAY Leadership Camp during the current year or one of the two previous years (one out of three years).
- D. **CONFERENCE ATTENDANCE:** A club shall send one or more delegates to a Regional Conference or a Unit Conference during the current year.
- E. **SERVICE PROJECTS:** A club shall complete at least one service project in each service area (school, community, nation and world).
- F. **NEWS ARTICLE/PROJECT REPORT:** A club shall submit one of the following to the KSHSAA: a newspaper article, an original program or a creative service project. (See "Creative Service Project Report" or "Original Program Report" forms in Forms—Section 8.) **NOTE:** Regional and Unit Conference hosts may substitute hosting for the original program or creative service project. (See "Conference Host Evaluation" form in Forms—Section 8.)
- G. **The principal or superintendent shall receive a summary of the year's activities.**

### 3. GOLD

#### Requirements

- A. **1ST SEMESTER PROGRAM:** A club shall complete a first-semester KAY membership program (See Section 7-8)
- B. **1000 POINTS:** A club shall earn 1000 points during the school year.
- C. **GOLD PLAN:** A club may elect to meet the Gold Award requirements by selecting one of the following plans:

**PLAN A (Middle School and Senior High):**

Complete all requirements (1-14).

**PLAN B (Middle School):**

Four hundred of the 1000 points shall be earned in one of the four major areas of service (school, community, nation or world). Requirements 1, 8, 9,10,12, and 14 shall also be completed.

**PLAN C (Senior High):**

Six hundred of the 1000 points shall be earned in one of the major areas of service (school, community, nation or world) Requirements 1, 8, 9,10,11,12,13, and 14 shall also be completed.

**1. CAMP/CONFERENCES:** A club shall send one or more delegates to KAY Leadership Camp **AND** a Regional Conference or Unit Conference.

**2. SCHOOL SERVICE:** At least 50% of the members shall participate in school service projects during the school year.

**NOTE:** To meet the Gold Award requirements for 2, 3, 4, 5, 6, and 7, a club may utilize any number of projects. **EXAMPLE:** In a club of 100 members, when completing the school service project requirements, five different school service projects could be selected. Ten different members could participate in one of the five projects and meet the 50% requirement.

**3. COMMUNITY SERVICE:** At least 50% of the members shall participate in community service projects during the school year. (See **NOTE** and **EXAMPLE** under Requirement #2.)

**4. NATIONAL SERVICE:** At least 50% of the members shall participate in national service projects during the school year. (See **NOTE** and **EXAMPLE** under Requirement #2.)

**5. WORLD SERVICE:** At least 50% of the members shall participate in world service projects during the school year. (See **NOTE** and **EXAMPLE** under requirement #2.)

**6. FUND RAISER:** At least 35% of the members shall participate in raising money during the school year to carry out any of the club projects. (See **NOTE** and **EXAMPLE** under Requirement #2.)

**7. SOCIAL PROJECT:** At least 35% of the members shall participate in social projects during the school year. (See **NOTE** and **EXAMPLE** under Requirement #2.)

**8. CLUB PROGRAM:** A required percentage of the membership shall participate in at least one club program. Participation shall be based upon the following ratios:

a. In clubs with less than 50 members, 75% shall participate in at least one club program.

b. In clubs with 51 to 100 members, 65% shall participate in at least one club program.

c. In clubs with more than 100 members, 45% shall participate in at least one club program. (To meet this requirement see **NOTE** and **EXAMPLE** under Requirement #2.)

**9. PROJECT REPORT:** A club shall submit an **original** program **OR** a **creative service** project report. (See "Original Program Report" or "Creative Service Project Report" in Forms—Section 8.)

**NOTE: Regional and Unit Conference hosts may substitute hosting for the original program or creative service project, and they must complete the report.**

**10. NEWS ARTICLES:** A club shall submit to KSHSAA one or more newspaper articles which pertain to its projects, parties and programs. **NOTE:** School newspapers do not meet the requirement, unless unusual circumstances exist. *In such cases, the State Director should be contacted for approval. Radio announcements and/or television news coverage are acceptable if documented.*

**11. OFFICER/BOARD MEETINGS:** Members of the Board of Directors and officers (see Constitution) shall attend one or more planned meetings a month. (At least 75% of the regular board members and officers shall be present unless excused because of illness or death in the family.)

**12. WEEKLY MEETING WITH SPONSOR:** The president or a designated leader shall meet with the sponsor at least once a week to discuss club plans.

**13. CLUB RECORDS:** Officers shall keep a complete record of the club's activities in a file, scrapbook, or secretary's book. Records shall be ready at all times for review by sponsor, other officers, board and club members.

**14. The principal or superintendent shall receive a summary of the club's activities and accomplishments.**

# **DOES KAY MAKE A DIFFERENCE?**

**(Taken from 2017 graduating members of KAY Clubs)**

## **Quinn Johnson, Arkansas City High School**

Whether in a leadership role or just as a member, KAY has always pushed me to be my best and to always think of the good I can do in my school, community, nation and world. The KAY organization has taught me the role I can play to change the world even in my youth and has given me the resources to connect with others and build a strong team to complete tasks in the most effective way possible, playing to each member's personal strengths and interests. I've learned that I am a very blue person, meaning I'm compassionate and care about everyone else in my group. I know that this can be a valuable assist as I can make sure everyone is happy and in the role that best suits them, making the task at hand run smoothly. But I've also learned that this can create some issues too. For example, this lever of human attention can make things take far longer than they normally would and sometimes it's impossible to please everyone. Knowing my strengths and weakness has helped me realize that teams of diverse skill sets and personalities are important as everyone has a role to play. As I prepare to leave high school and begin my college career, I feel confident that I will be able to excel, strongly in-part to the strong work ethic and leadership skills that the Kansas Association for Youth has engrained in me.

## **Kendsey Johnson, Belleville-Republic County High School**

I have been involved in numerous organizations throughout my four years in high school. KAY is the organization that has helped me the most in preparing for my future. I have learned so much not only about myself but about my community. KAY has given me the opportunity to step up as a leader and build my character. I believe that KAY has allowed me to grow as a person and to be not only a leader in my school but my community as well. I would have never imagined myself being the president or even a leader in a club until I joined KAY. This club has allowed me to open up and has strengthened my ability to be a leader. This program has definitely prepared me for my future. It has shaped me into a leader that is not afraid to step up and take charge. It has shaped me into a person that is no longer afraid to speak in front of 70 members. I am so thankful to have been apart of this club because it has taught me so much and has prepared me for my future endeavors. The KAY Club is an important part of my school and community because if it were not for this organization, our school would have limited community activities and service projects. KAY not only allows its members to participate in service projects but allows the school and community members to participate as well. We not only do service projects but we do fun activities with the community. I will forever be thankful to have been apart of this club. This club is unlike any other club schools offer. KAY has not only allowed me unlimited opportunities to serve my school, my community, my nation and my world, but it has also given me the opportunity to make lifelong friends from the leadership camp and several conferences I have attended throughout my four year involvement in KAY.

## **Ashley Mattheyer, Ellis High School**

My best experience as a KAY was when I was given the opportunity to assist in planning our Unit Conference. I made programs, nametags for all the members attending, helped with decorations, and informed members of the events happening during the week to prepare. This helped prepare me for my future, as I want to be an event planner, it gave me the slight view to realize that I want to help people make there event special. It also helped with my leadership skills, I believe that I work well with others and I am a very good listener. It has shown me to always have an open mind that all people have great ideas. My organization has always had a lot of great ideas and at time it was hard, but we all came together and combined ideas and came to a compromise. I have definitely grown as a better person through my club with the involvement with other members, the school, community, and surrounding schools. To give back, to even just do the small things to make someone smile. For example when you look at the activities that our club does we always try to include the adults and kids of our community. Once a KAY always a KAY. It's beneficial to the students because it still allows everyone to get involved because when we have school events, such as dodge ball to raise money we invite every student member or not, it's just if you are a KAYs member you receive points for the event to help you later in the year during our snowball dance.

## **Trevor McDaniel, Garnett-Anderson County High School**

Being prepared for the future is what I'm most concerned about in my life. Being a part of KAY has taught me valuable lessons that I will be able to use. I do no regret anything I have completed as being a part of for KAY. I have learned leadership skills that I will be able to use in my everyday life. I have instituted all of the skills I have learned from KAY into my everyday life for high school and it has helped. Another skill that KAY taught me is being involved. Involvement in high school activities have been a great experience. KAY alone has taught me how important it is to be involved early and frequently. These reasons have helped ease concern for my future because I know KAY has prepared me.

## **Taylor Holte, Hoyt-Royal Valley High School**

I think, out of everything, what I have enjoyed most about KAY is the people I have gotten to know the others kids in my school, both in my grade and around it, as well as people in the community. I have gotten to know some great people with

similar values to mine that I never would have gotten to know if it weren't for KAY. KAY Leadership Camp has also been a massive bonus. It definitely helped with the people aspect, both the students and counselors. It also helped when I was appointed various leadership positions. I was able to get and bounce ideas off of the other students who were just as into KAY as I was, if not more. We had similar struggles in our club and school and were able to talk and help each other. Being a part of the KAY club at my school has helped me grow in confidence and leadership. It has helped me to see that service is not just the big projects, service can be little things too. I have learned that the most important thing about service is your attitude. The better your attitude about a project, the more likely it will succeed. Attitudes are contagious and if you get a group together that is just ready to serve, then there's almost nothing that group can't do.

**Eleni Earnst, Kismet-Southwestern Heights High School**

The effect the KAY has had on me in the past four years of high school pales in comparison to the impact it has had upon our school and surrounding community. When I joined KAY my freshman year, school spirit was low, involvement was weak and our school was heading down the path of apathy. However, throughout the past four years, with help from our KAY club, our school has changed from a dismal place for students to be, into a thriving place that students love to come! During the holidays, our club transforms the hallways into vibrant and festive scenes to boost school spirit. During sporting events, our club hosts projects and side events to help involve students that don't feel called to the athletic world. And in our surrounding community, people are thanking me and our club all the time for the projects that we do locally for people that need a helping hand. When there is a need in the community, it is the KAY club that is approached to help. All in all, I would say that my involvement in KAY throughout high school has not only shaped me into a better leader, it has shaped me into a better person to help contribute to society in ways I never thought possible.

**Faith Hofaker, Logan High School**

What started out as a simple interest in helping people has quickly manifested into a passionate desire to better my school, my community, my country and even the world. In elementary school, I looked up to my KAY Big Sister, a high school KAY member designated to two or three little kids for parties and other activities. She asked me how school was going, if I liked my teachers, what my favorite hobby was, and many other things. By paying attention to little kid like me, that KAY Big sister became my role model. As a result, when I got into high school, I knew that I wanted to be in this special organization that had such a positive influence on me as a kid. My goals were to help people make an impact. Looking back as I finish my last year of high school, I hope to motivate others to do the same.

**Taylor Gillespie, Macksville High School**

I enjoy exercising the leadership skills that I have learned from KAYs. Throughout my time in KAYs I have met some of the most encouraging people that I will never forget. KAY camp was an amazing experience that helped me get through tough times in my life. Knowing that I am bettering my community puts a smile on my face. I love that through KAYs I get to do a lot of activities such as my favorites, the annual "rake and run", the Thanksgiving time canned food drive, and the care packages to troops overseas. This is what makes KAYs enjoyable. KAYs has prepared me for my future by teaching me leadership skills. One skill I have improved has been communication. In order to make a club run successful, members have to know what is going on. In addition, I never imagined I would ever get up in front of hundreds of my peers to give a speech, and I did when I ran for Area President. I overcame any fear of public speaking on that day. In addition to communication skills, another leadership skill I have learned that is important is organization. Being able to take charge and have members follow is easier when one is well-organized. These skills have helped prepare me for my future career in nursing.

**Kaylee Swanson, Maize High School**

Being a part of KAY has prepared me for the future in several ways. As a member, it taught me how to be a part of a team, how to work with others, and how to put others first. As Vice President, Kay has taught me to be humble and how to be a leader. My involvement with KAY over the years has allowed me to go outside of my comfort zone. I have learned how to express myself clearer and become a better communicator as well as become a better listener to others. KAY has taught me responsibility, improved my organizational skills, and not to be judgmental but accepting to others opinions. My experiences with KAY have shown me there is a world outside of our own little bubble. KAY has prepared me for the future by realizing there is a need in our communities and it is our responsibility to make a difference; a little at a time. It would be impossible not to grow as a person while being in KAY. It's easy to live in our own little bubble and not really see what is truly going on around us. Sometimes it takes a push and that's exactly what KAY has done for me. KAY has made me open my eyes to the needs to others and realize the joy I can have when helping. Some of the best times were visiting the elderly at nursing homes and seeing the smiles we brought to their faces.

**Jena Risewick, Norton Community High School**

The Kansas Association for Youth empowers young people to chase their goals, lend a helping hand to others, and take the long look in life. These qualities make KAY a fun and worthwhile organization. At KAY a fun and worthwhile organization. At KAY leadership camp, staff members show each student that he or she is unique individual. They encourage campers to

think outside the box in order to create skits and decorations. The KLC staff has been a huge factor in my success in high school. They have equipped me with leadership tools that will follow me for the rest of my life. When I joined KAY in seventh grade I was just looking for a way to fit in with the crowd. I quickly learned this club was not a place to blending into the crowd. After having attending a few meetings and being elected as a board member, I realized this club is a big deal. As I continued to be involved in KAY, I understood more each meeting that it was not about me, it was about those who I was serving. This organization has given me many fantastic opportunities for which I am forever grateful.

**Kirsten Lee, OP-Blue Valley Southwest High School**

I enjoy being in KAY club because it lines up seamlessly with my faith and values without necessarily being a faith based organization. The club is a great example for young people to shape their lives around because it encourages a life of character, health, service, appreciation, recreation and leadership. I also really enjoyed going to KAY conferences and KLC. They were superfantastic events where I could go and learn new service ideas and games, and I'm able to connect with other students from all over Kansas. I made great friends at KLC and I always look forward to seeing them at conferences. We work on group projects and we build relationships and become stronger together because we are bonding through our motivation to help others.

**Bethany Shotton, Osawatomie High School**

KAY. To some people it's just another club in their school, not to me. KAY is an amazing organization that has helped shaped me into the loving, caring young lady I am. Before KAY I didn't get involved with group activities. Now those who know me and how I act would beg to differ, but it's true. I was a very closed off person, I didn't trust very many people. Now at the time I didn't know why I had joined KAY, a bunch of my older friends were telling me how cool it is, so I joined. I didn't know what I was getting myself into, all I knew is that I loved helping people. While being in KAY I've learned so many different things about helping people and the different ways to help people. KAY is an absolute amazing organization which has helped me through the toughest times here at Osawatomie High. KAY has taught me to stand up for what I believe in, and to help others because helping others can in turn make you feel like a better person. KAY has taught me to be patient, kind, loving, helpful, honest and responsible. AS the nine colors represent "Character, Health, Service, Appreciation, Responsibility, Recreations, Leadership, Friendship, and Enthusiasm." I have established all of these characteristics in myself by being in KAY.

**Kade Urban, Otis-Bison High School**

Over my years in KAY's, I enjoyed and appreciated the activities we did together as a KAY Club. One of my favorite activities we did, was when we had mentally handicap children come to our school to have a Christmas party. Couple weeks before they arrived, we picked our kid out and see what they wanted so we could go purchase a Christmas present for them. When the children arrived, we ate cookies and colored together. After that, Santa Claus came in and passed out the presents. The overall time we had together was not a whole lot, but the children make it amazing. To see their reactions and their happiness is truly a spectacular thing.

**Karlie Spielman, Sabetha High School**

KAY has prepared me for the future in more ways than I can express in words. One of the biggest things is that it showed me what I wanted to do for a career. I decided on a career in the medical field because I will always be helping people. I want to take everything I have learned from KAY and use it in my future schooling and career to not only better myself, but to help others around me. Without KAY, I would have never found my desire to help people. KAY taught me the basic skills needed for a successful life: teamwork, service, and leadership.

**Hannah Wildeman, Stockton High School**

I enjoy not only the service projects we take part in, but also all the fun we have doing it as a club. The thing I have enjoyed the most about KAY is going to KAY Leadership Camp. I had a lot of fun and through the years I grew not only as a leader, but also as a person. Without KAY and KLC I do not know if I would be the same person I am today. This organization transformed me from an extremely shy junior high kid to an outgoing and courageous young woman who is no longer afraid to take lead in groups or even to talk in front of a large crowd.

**Kacie Marie Dunn, WaKeeney-Trego Community High School**

I went to KAY camp the following year and made so many new friends! If you had met me before my first year at camp, you would have said that I was a very shy person. I realized at KAY camp that everyone matters, and you can make a difference. It was at this point that I decided I wanted to be a leader and not a follower. I soaked up as much information as I could that year at camp and went back to my club pumped and full of excitement to have a superfantastic year. I loved camp so much that I returned four more years after that, and continued to work on my leadership abilities. I love how at camp they say that everything we do at camp we do for a reason. It's such a true statement. Every little thing from learning to do a service project in 15-20 minutes, putting together a skit, or having a candle ceremony we did with a purpose. All these activities are super easy, but are helpful to both our clubs and communities.



# KAY

## KANSAS ASSOCIATION FOR YOUTH



### MISSION STATEMENT



*The KAY program empowers Kansas students with lifetime leadership skills and an attitude of service to others.*

### BELIEF STATEMENTS

- Membership in KAY is available to all students attending a KSHSAA member school.
- Participation in KAY builds character, promotes good citizenship and improves life skills.
- Participation in KAY allows students to develop lifetime leadership skills.
- KAY provides students the opportunity to develop a positive attitude of service for others.
- KAY provides a supervised opportunity for students to grow in character, leadership and selfless service.
- KAY focuses on service to a student's school, their community, nation and world.
- Participation in KAY contributes to school spirit and pride.
- KAY promotes positive school and community relations.
- Participation in school activities like KAY is a privilege.
- Participation in KAY promotes academic achievement and enriches each student's educational experience.
- Service to others benefits both the receiver and the giver.
- All KAY sponsors should be knowledgeable and properly trained.
- Attendance at KAY Leadership Camp, Regional and Unit Conferences provide a tremendous networking opportunity for both student members and sponsors.