



Kansas State High School Activities Association

601 SW Commerce Place, Box 495 • Topeka, KS 66601-0495 • Phone: 785-273-5329, Fax: 785-271-0236 • kshsaa@kshsaa.org • www.kshsaa.org
GARY P. MUSSELMAN, EXECUTIVE DIRECTOR

Assistant Executive Directors: Cheryl Gleason, David Cherry, Francine Martin, Mark Lentz, Jeremy Holaday, Craig Manteuffel
Member of the National Federation of State High School Associations

August, 2015

TO: KAY Sponsors, Presidents and Club Members
FROM: Cheryl Gleason, KAY State Director
RE: **2015 “KAY AREA PROJECTS”**



Once again this fall, an exciting activity will be taking place in the 6 KAY areas across the state.

The “**AREA PROJECT**” is an outcome of the area president meetings conducted at KAY Leadership Camp this summer. Camp delegates met with their area president and selected one of the KAY objectives or privileges to focus on. Discussion then took place on numerous service projects with the group then identifying an activity which they would challenge all clubs in their KAY area to participate in locally before the fall regional conference.

The specific “**AREA PROJECTS**” for the fall of 2015 are:

- | |
|--|
| <p>Area 1 – LIFE A HEALTHY LIFESTYLE: Promoting a healthy lifestyle for all.
Area 2 – GIVE MYSELF TO A CAUSE: Helping foster children & those with special needs.
Area 3 – STRIVE TO BE A GOOD CITIZEN: Focus on cleaning up our communities.
Area 4 – TO LOVE & BE LOVED: Working with Nursing Homes & Shut-Ins.
Area 5 – SERVICE: Random Acts of Kindness in our communities
Area 6 – APPRECIATION: Acts of appreciation for those who serve us.</p> |
|--|

There are many possibilities for each area project. Clubs are encouraged to identify an activity of their choosing that goes along with the area of service identified above. Please see the back side of this page for ideas provided by campers.

A list of the KAY schools and their areas can be found on the KAY Web site (www.kshsaa.org). Area project information is also located on the KAY website.

The September area president newsletter (specific to your area) will provide additional information about your area project. All clubs are encouraged to participate locally in some way before your fall regional conference. As you will note in the September 15 regional conference materials, each club will be asked to make a poster to bring to the regional conference, showing how your club participated in this exciting activity.

As a KAY area **TEAM** you will truly make a difference. Best wishes in your endeavors. Remember: **Together Everyone Achieves More!**



Kansas State High School Activities Association

601 SW Commerce Place, Box 495 • Topeka, KS 66601-0495 • Phone: 785-273-5329, Fax: 785-271-0236 • kshsaa@kshsaa.org • www.kshsaa.org

GARY P. MUSSELMAN, EXECUTIVE DIRECTOR

Assistant Executive Directors: Cheryl Gleason, David Cherry, Francine Martin, Mark Lentz, Jeremy Holaday, Craig Manteuffel

Member of the National Federation of State High School Associations

2015 KAY AREA PROJECTS

AREA 1 – LIVE A HEALTHY LIFESTYLE

Focus on activities to promote a healthy lifestyle; promotion through reminders, education, etc. Possible activities include passing out healthy snacks (fruit, etc.); sharing healthy lifestyle tips, etc.

AREA 2 – TO GIVE MYSELF TO A CAUSE

Focus intended for helping foster children or those with special needs. Clubs are encouraged to raise money or volunteer time to benefit foster children and/or those with special needs in their communities.

AREA 3 – TO STRIVE TO BE A GOOD CITIZEN

Focus is on cleaning up our communities. Consider organizing a “Community Clean-up Day” – plant trees, clean-up/pick-up parks & community areas; participate in “Rake & Run” events; help local businesses clean-out store rooms, etc.

AREA 4 – TO LOVE & BE LOVED

Focus on working with Nursing/Care Homes and shut-in/senior citizens. Possible activities include playing games, providing care packages, adopting a grand friend, etc.

AREA 5 – SERVICE

Focus on Acts of Random Acts of Kindness based on community needs. Possible activities might include: Family Fun Night (food/clothing as admission for local food bank); Toiletries & necessities drive for Military Bases in Kansas; Donating supplies to the Humane Society; Volunteering a HS; Donating stuffed animals/coloring books for kids in hospitals, etc.

AREA 6 – APPRECIATION

Focus on project that show appreciation to those in our communities who provide a service to others (EMT; Law Enforcement Personnel; Civic Leaders; School Custodians, Secretaries, Cooks, etc.)



Kansas State High School Activities Association

601 SW Commerce Place, Box 495 • Topeka, KS 66601-0495 • Phone: 785-273-5329, Fax: 785-271-0236 • kshsaa@kshsaa.org • www.kshsaa.org
GARY P. MUSSELMAN, EXECUTIVE DIRECTOR

Assistant Executive Directors: Cheryl Gleason, David Cherry, Francine Martin, Mark Lentz, Jeremy Holaday, Craig Manteuffel
Member of the National Federation of State High School Associations

EXECUTIVE BOARD: President: Juan Perez, Ulysses-Kepley; Vice President: Monte Stewart, Belle Plaine; Secretary/Treasurer: Rod Wittmer, Holton; Barbara Bollier, Mission Hills; Mike Crouch, Emporia USD 253; Tom Flax, Ness City; Annette Gonzales, Shawnee Mission North; Britton Hart, Emporia; Pam McComas, Topeka; Terry Ostmeyer, Grainfield-Wheatland/Grinnell; Carolyn Wims-Campbell, Topeka