

## 2023-24 SWIMMING & DIVING

### ANNOUNCEMENTS – January 17

#### 2024 BOYS STATE CHAMPIONSHIPS

The Boys State Championships will take place February 15-17 at the Capitol Federal Natatorium in Hummer Sports Park-Topeka. Click [HERE](#) to access information including a link to the schedule.



#### IMPORTANT MEETING & DUE DATES

- Sunday, February 11 – 6:00 PM** Swimming & Diving State Entries DUE to the KSHSAA
- Tuesday, February 13 – **NOON** Swimming & Diving State Pass Gate Info (SW-1 Form) DUE to the KSHSAA
- Wednesday, February 14 – **NOON** Championship Merchandise Team Presale Online Orders DUE
- Wednesday, February 14 – **6:00 PM** Zoom Meeting with 5-1A Participating Schools (Head Coaches)
- Wednesday, February 14 – **7:30 PM** Zoom Meeting with 6A Participating Schools (Head Coaches)

[KSHSAA COVERED](#) Check out KSHSAA Covered swimming and diving articles.

#### TRUE BLUE KSHSAA SCHOLARSHIP

In partnership with Capitol Federal Foundation, the KSHSAA will award True Blue Scholarships intended to support Kansas High School graduates in postsecondary efforts. This one-time scholarship is for students graduating during the 2023-24 school year. These funds will be made payable to a two-year or four-year accredited college, university, or technical school in the name of the selected student. Awards are non-renewable, one-time scholarships in the amount of \$2000 provided for a student in each activity administered by the KSHSAA **(INCLUDING BOYS & GIRLS SWIMMING & DIVING)**. Applications are due **March 1**. Funds for these scholarships are possible through the partnership between Capitol Federal Foundation and the Kansas State High School Activities Association. [CLICK HERE FOR SCHOLARSHIP APPLICATION](#)

#### SPORTSMANSHIP

#StartsWithMe



The KSHSAA places top priority on sportsmanship! It is imperative that coaches, officials, and spectators willingly accept the responsibility of being positive role models. The ethics, integrity, and sportsmanship exhibited by adults have a profound effect on the young people who participate. **#STARTSWITHME**

#### 2023-24 NFHS SWIMMING & DIVING POINT OF EMPHASIS

##### Participant and Spectator Unsporting Conduct

The 2023 NFHS Swimming and Diving Questionnaire revealed a dramatic increase of profanity on the deck. Coaches and competitors are reminded of rule provisions prohibiting this kind of behavior. Under Rule 3-6-1, unsporting conduct includes, but is not limited to, making insulting or derogatory remarks, gestures or acts including taunting, trying to influence, showing disgust, or interfering with an official. The meet referee always retains the authority under Rule 3-6-1 to disqualify a competitor for any act the referee deems as unsporting conduct. Per Rule 3-6-2, unacceptable conduct includes, but is not limited to, the use of profanity whether or not it is directed at another person, or any action which could discredit the individual or the individual's high school. Team personnel shall be disqualified from that event or the next event in which the competitor is entered, whichever is appropriate.

## **NFHSLEARN.COM – NEW FREE COURSE = Judging Spring Board Diving**

Check out all the online courses available from [NFHSLEARN.COM](https://www.nfhslearn.com). A new, free course added this month is Judging Spring Board Diving. What an informative course for anyone who may judge diving! Some other FREE courses include: **Implicit Bias**, Social Media, **Coaching Diving**, Engaging Effectively with Parents, **Sports Nutrition**, NCAA Eligibility, Concussions, **Officiating Swimming & Diving**, Understanding Vaping & E-Cigarettes, **Captains Course**, Student Mental Health and Suicide Prevention, and **The Collapsed Athlete**. A couple of FREE videos that are great to share with parents are Beyond the Scoreboard and The Parent Seat.

## **REGULAR SEASON MEET RESULTS & TOP TWENTY-FIVE LINKS**

There is a link on the KSHSAA Swim & Dive Website for this season's meet results from around the state. **Please submit final meet results throughout the season by emailing PDF copies to [rgarman@kshsaa.org](mailto:rgarman@kshsaa.org).**

From the Regular Season Meet Results submitted to the KSHSAA, "Top Twenty-Five" Performance Lists are compiled for each event in class 6A and 5-1A. These lists are updated periodically throughout the season, so be sure to send in all regular season meet results. A link to the "Top Twenty-Five" lists is also on the KSHSAA site.

## **SCHOOLS WITH COOPERATIVE AGREEMENTS**

The KSHSAA policy requires that cooperative agreement teams in quasi-team/individual sports (including swimming & diving) compete separately at postseason (state) competition. Leagues have the option of requiring cooperative teams to separate for league championship events. RELAY EVENT state qualifications must be achieved during the regular season by individual schools. In other words, if 3 students from School A and 1 student from School B swim together and earn a state qualifying time in a relay event, it cannot be used as an entry qualifying time for either school. For more info regarding cooperative agreements, review carefully the K-W (Winter Activities) Form signed and agreed to by each school in a coop agreement for boys swimming & diving.

## **2023-24 DIVING WEEKS – BOYS** (Reference NFHS Rule 9-4-6)

Week 7 (Jan. 15-20) = Back Group

Week 8 (Jan. 22-27) = Inward Group

Week 9 (Jan. 29 – Feb. 3) = Twisting Group

Week 10 (Feb. 5-10) = Reverse Group

## **BOYS DIVING STATE QUALIFYING STANDARDS**

**6-Dive Meet:** 10.7 DD on 5 Optional AND 190 Score - at the same meet

**NEW:** *Must include all 5 dive categories: forward, back, inward, twisting, and reverse in a 6-dive meet.*

**11-Dive Meet:** 12.8 DD on 6 Optional AND 280 Score - at the same meet

**THE STATE MEET IS AN 11-DIVE MEET.** Divers must complete the minimum 11-dive degree of difficulty requirement.

## **DIVING QUALIFICATION DOCUMENTATION**

Schools will be required to submit a copy of a state qualifying dive sheet with the meet referee's signature for state meet diving entries, so coaches, be sure to keep those qualifying diving sheets throughout the season.