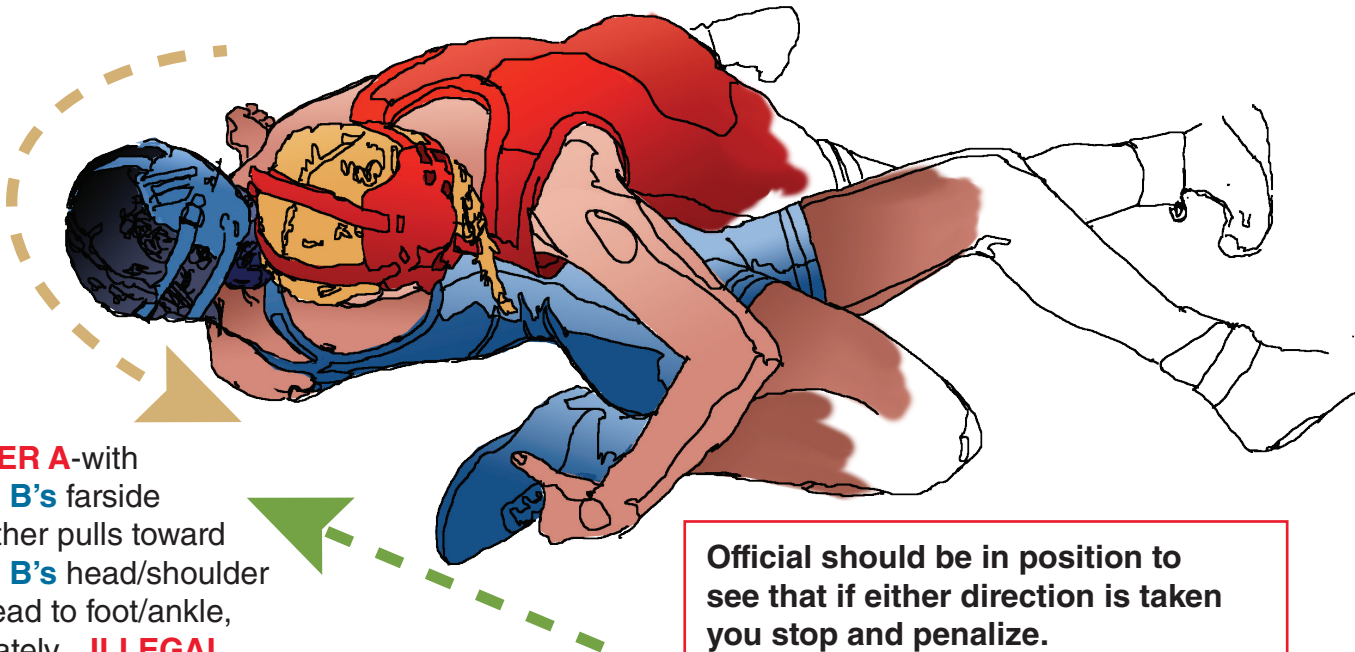
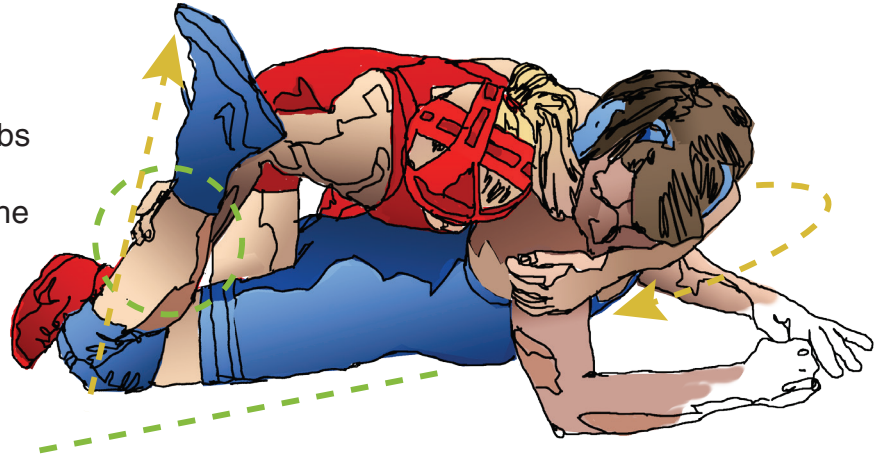


Farside Back Bow



#1 Set-up **WRESTLER A**-straddling **WRESTLER B**'s nearside hip & thigh is **LEGAL**.

#2 **WRESTLER A**-reaches back grabs **WRESTLER B**'s farside foot/ankle. Grabbing foot/ankle not illegal, but the lifting of foot/ankle is **ILLEGAL**.



#3 **WRESTLER A**-with **WRESTLER B**'s farside foot/ankle either pulls toward **WRESTLER B**'s head/shoulder or pushes head to foot/ankle, stop immediately... **ILLEGAL Back Bow**.

Official should be in position to see that if either direction is taken you stop and penalize. This maneuver should not get this far.