

## **VOLLEYBALL OFF-SEASON RULES & REGULATIONS**

### **Definitions to know...**

- Squad - Varsity, JV (junior varsity), Sophomore, Freshman, 8<sup>th</sup> grade team, 7<sup>th</sup> grade team, A team, B team
- Squad Membership - any amount of actual play time with a squad during the school season.
  - *NOTE: A JV player sitting on a varsity bench but never playing in a varsity contest would not be a member of the varsity squad.*
  - Squad membership is determined from the season just completed. We cannot predict the future.
- School Year - Tuesday following Labor Day through the Saturday before Memorial Day
- Summer - Opposite of school year

### **During the school year, outside the season of sport...**

- No more than 4 girls from the same school squad may be on the same roster, practice, or compete together on an outside school team.
  - *Exception: seniors who have completed their final year of eligibility are exempt from this rule*
- Participation by more than four (4) squad members on the same team shall make them ineligible for the remainder of the school year, and any further middle school or high school volleyball, unless reinstated by the Executive Board.

### **During the summer, there are no player limitations...**

Students MAY be on a roster, practice, or compete on an outside team with no limitations on the number of players from the same school squad.



# Volleyball FAQs

1. **Q: Can 4 girls from the same school who played nothing but varsity volleyball play on an outside team with 4 girls from their school who played nothing but jr. varsity volleyball?**

A: YES. In fact, an outside team could be comprised of as many as 16 players from a high school (4 seniors, 4 varsity players, 4 JV players, 4 freshman players) if they only played on one squad.

2. **Q: What about senior players once their senior season is over. How do they factor into this?**

A: Senior players do not count when considering squad numbers for outside teams. Four (4) senior varsity players can play with 4 other varsity players on an outside team.

3. **Q: What about players who play on multiple squads. How do these numbers calculate?**

A: It is still the "4 on an outside team" rule. If Mary played junior varsity volleyball AND varsity Volleyball for her school team, then Mary may play with no more than 3 junior varsity teammates and 3 varsity teammates on an outside team.

4. **Q: What about middle school players? Do these rules apply to them?**

A: YES, if their school is a member of the KSHSAA. KSHSAA rules apply to students in grades 7-12.

5. **Q: Can a team with 4 varsity players from America HS, playing together on an outside team, share a gym with a team with 4 teammates from America HS who play on another outside team?**

A: Yes, if the 2 practices are run completely separate. The teams may NOT join together for group drills and no scrimmaging may take place between the two teams.

6. **Q: Can an outside team roster change from week to week?**

A: No. When the roster is set, it may not include more than 4 players from the same school squad.

7. **Q: Can a roster have more than 4 players from the same school squad as long as no more than 4 are on the court playing at the same time?**

A: NO.

8. **Q: Can a HS volleyball coach work with MS players during the school year, outside their season of sport?**

A: YES. However, when 8<sup>th</sup> graders graduate in the spring, they are then considered high school students; therefore, the HS coach contact must stop contact until the "KSHSAA first day of summer".

9. **Q: Can a volleyball coach play on a team against their players?**

A: **School year = NO.** A volleyball coach may not play with or against their players and may not officiate a contest their players are participating in. A coach may coach against their players. **Summer = YES, until July 14, 2018.**

10. **Q: Are the players on an outside team determined from past squad membership or future squad membership?**

A: During the school year "Outside the school season squad membership" is based on the season that just ended. We cannot predict the future.