

## Week #10 – October 16, 2023

### Communication

As we enter the postseason, there will be many communications from the KSHSAA, host sites, and seeding managers. Please read and respond to these items as many of them will have time sensitive information. If there are any questions, please contact Sarah Smith at [ssmith@kshsaa.org](mailto:ssmith@kshsaa.org).

### Sub-State Information

All brackets for sub-states can be found at this link. Sub-state brackets for 6A, 5A, and 4A are available. The 3A, 2A, 1A DI and 1A DII classifications will be available after seeding takes place on Wednesday, October 18, 2023.

Link: <https://www.kshsaa.org/Public/Volleyball/SubStateAssignments.cfm>

### Coaches – VB-2 – Due October 17, 2023

The VB-2 form is due to your sub-state host manager by Tuesday, October 17, 2023. The form has changed a bit from previous years. Assistant coaches will automatically be added to your VB-2 form if they have completed the KSHSAA coaching requirements (concussion training, etc.). If your assistant coach(es) is/are not showing up, please ensure that the requirements have been met and the appropriate boxes have been checked.

<b>Superintendent</b>	<b>Independent District</b>	<b>Resource Officer</b> <i>(in uniform)</i>	<input type="text"/>
<b>Principal</b>	<input type="text"/>	<b>Cell Phone #</b>	<input type="text"/>
<b>Athletic Director</b>	<input type="text"/>	<b>Cell Phone #</b>	<input type="text"/>
<b>Head Coach</b>	<input type="text"/>	<b>Cell Phone #</b>	<input type="text"/>
<b>Assistant Coach(s):</b>	<input type="text"/>	<b>Assistant coaches are listed here if coaching requirements have been met (and checked off on the KSHSAA website).</b>	

*Requirements: (Completed CPR course within last two years; Completed heat training; Completed concussion training)*

### Required Postseason Warm-Up

The required warm-up for all KSHSAA postseason tournaments will be:

- 20 Minutes – 4 minutes shared court time for ball handling
- 4 minutes for visiting team to use the court (no home team skill work)
- 4 minutes for home team to use the court (no visiting team skill work)
- 4 minutes for visiting team to use the court (no home team skill work)
- 4 minutes for home team to use the court (no visiting team skill work)
- 10 Minutes - 2 minutes for shared ball handling
- 4 minutes for visiting team use of court (no home team skill work)
- 4 minutes for home team use of court (no visiting team skill work)

### Unsporting Conduct

Unsporting conduct includes actions which are unbecoming to an ethical, fair, and honorable individual. It consists of acts of deceit, disrespect, or vulgarity, and includes taunting. No player, coach, or fan shall act in an unsporting manner

while on or near the court before, during or between sets. (12-1; 12-2-1). Remember, any celebration by a team after a “good play” must be directed toward teammates and not the opponent.

### **Useful Websites**

KSHSAA Volleyball Website: [Volleyball \(kshsaa.org\)](http://Volleyball(kshsaa.org))

KSHSAA Volleyball Manual: [Volleyball.pdf \(kshsaa.org\)](http://Volleyball.pdf(kshsaa.org))

NFHS Volleyball Website: [Volleyball \(nfhs.org\)](http://Volleyball(nfhs.org))

NFHS Learn: [NFHS Learn | Interscholastic Education, Made Easy](http://NFHS Learn | Interscholastic Education, Made Easy)