

Week 1 – August 23, 2023

Welcome to the 2022 Gymnastics Season

I look forward to working with you this year! Please do not hesitate to reach out to me for assistance. My email is ssmith@kshsaa.org. Have a wonderful season!

Gymnastics Rules Meeting

The Girls Gymnastics Rules Meeting will be conducted on Saturday, August 26, 2023, at 10:00 am at Shawnee Mission North High School. Head coaches are required to attend, and assistant coaches are strongly encouraged to attend.

Gymnastics Rules Exam

All head coaches and registered judges are required to complete a written exam of the rules of gymnastics. The due date for the completed exam is August 30, 2023.

Competition

The first official day of competition is Friday, September 1, 2023. The first meets are scheduled for Tuesday, September 5, 2023, at Shawnee Mission Northwest, followed by two meets on Thursday, September 7, 2023, at Newton and Mill Creek.

Thank you for all you do for our student-athletes participating in gymnastics throughout the state of Kansas!